

# *UW-Marathon County Library Restroom Reader*

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## The UWMC Library has Expanded Hours for Finals!

Sat., Dec. 15—10:00am-3:00pm      Sun., Dec. 16—3:00am-9:00pm  
Mon., Dec. 17 - Thurs., Dec. 20—7:45am-9:00pm  
Fri., Dec. 21—7:45pm-4:00pm

Finals can be stressful but here are some tips from an article in the Huffington Post that may help you...

**Study in Chunks:** Cramming isn't the best way to study. Study in 20-50 minute increments and give yourself a 5-10 minute break between each session.

**Listen to Mozart:** Certain types of music have been shown to activate both the right and left sides of the brain, and stimulation of both sides is linked with increased recall.

**Alternate Study Spots:** Rather than sticking to one study spot, try to switch things up when reviewing.

**Form a Study Group:** Study groups can motivate you to get started when it's hard to motivate yourself. Plus, explaining concepts out loud will help you figure out what you understand and what you don't.

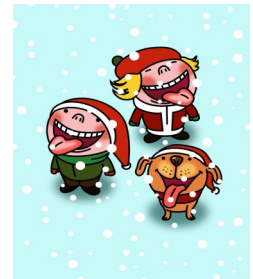
**Go for a Jog:** Just 20 minutes a day of cardio could help improve your memory.

**Manage Your Time:** Scheduling is essential during the weeks/days prior to exams. Make a realistic study schedule for yourself, leaving time for breaks and be sure to prioritize according to which classes you'll need to study for the most.

**Go to Office Hours:** Feedback from a professor might help you figure out what he/she thinks is most important, which could help you figure out what to focus on while studying.

See full article at the Huffington Post website, "Study Tips For Exams: 12 Ways To Ace Your Finals"

**REMEMBER:  
AVOID FINES &  
HOLDS AND  
RETURN YOUR  
LIBRARY BOOKS!**



## UWMC is offering 5 accelerated courses for Winterim!

Courses will run from Jan. 3 through Jan. 23. Please consider signing up for one before you leave for the semester.

- **GEO/GLG 170:** Disasters—Living on the Edge (3 cr.) with Jim McCluskey
- **HES 106:** Curling (at the new center!) (1 cr.) with Paula Inger
- **MUS 278:** History of Rock & Roll (3 cr.) with Ann Applegate
- **REL 101:** Intro to the Study of Religion (3 cr.) with James Powell
- **WOM 101:** Intro to Women's Studies (3 cr.) with Connie Sexauer

## December Weather in Wausau

Average High: 26.8

Record High: 61 (12/2/1982)

Average Low: 10.6

Record Low: -31 (12/31/1946)

Average snowfall: 13.6 inches

Source: WI State Climatology Office