



# Per- and polyfluoroalkyl substances (PFAS) in Wisconsin waters

Meghan Williams & Mike Shupryt  
Wisconsin Department of Natural Resources  
Bureau of Water Quality



March 3, 2020



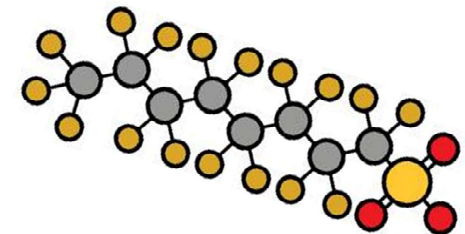
# Today's presentation

Introduction: what are PFAS, where did they come from, why should I care?

Monitoring for PFAS: protocols and 2019 results

Surface water quality standards for PFOS and PFOA

Discussion/questions





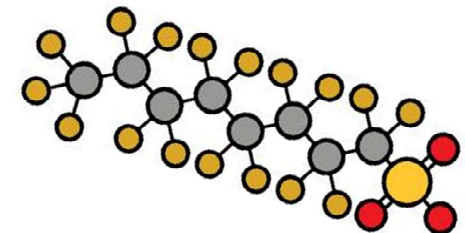
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# What are PFAS?

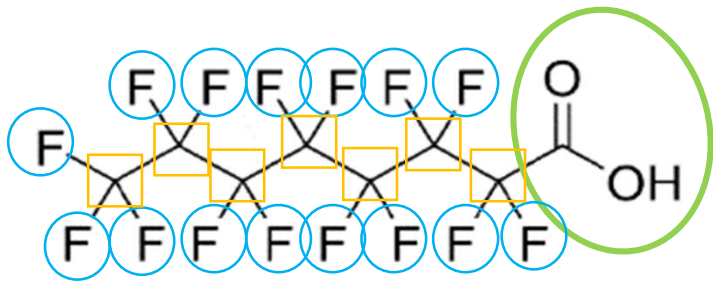
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# What are PFAS?

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**Perfluorinated** compounds:  
fully-fluorinated tail

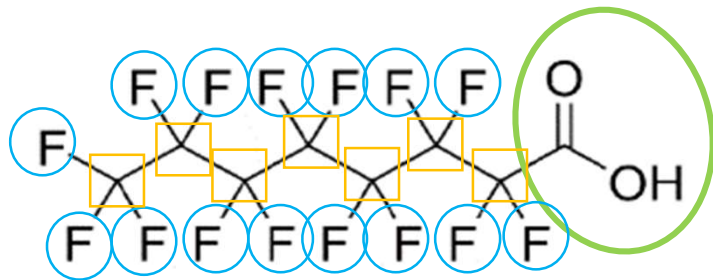


PFOA  
(perfluorooctanoic acid)

# What are PFAS?

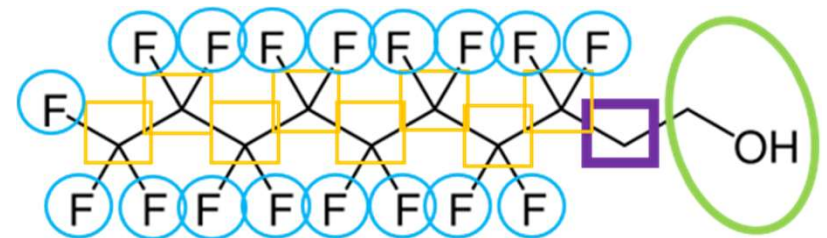
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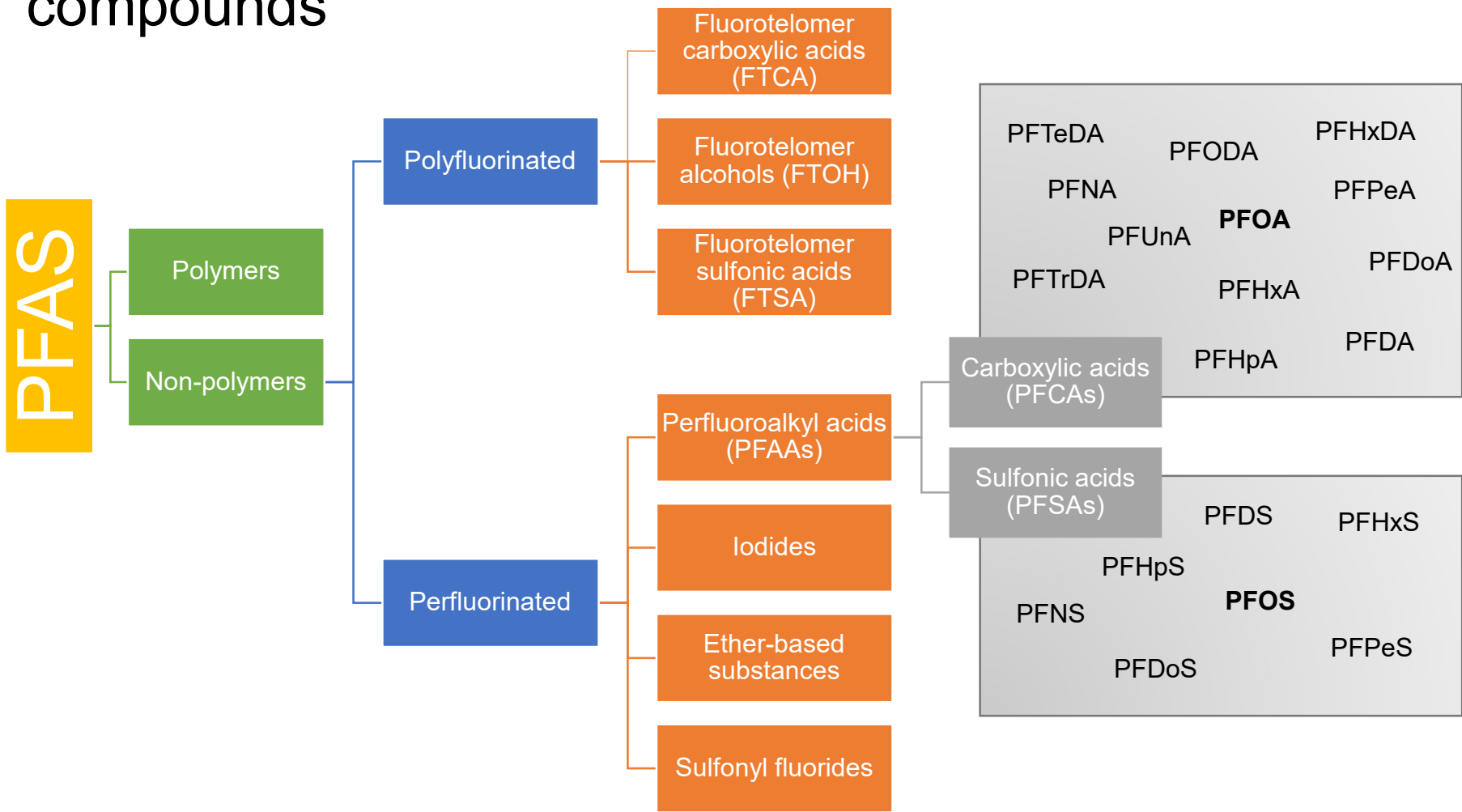
**Polyfluorinated** compounds:  
at least one carbon is **not attached** to a fluorine



8:2 FTOH  
(fluorotelomer alcohol)



# 4000+ human-made compounds



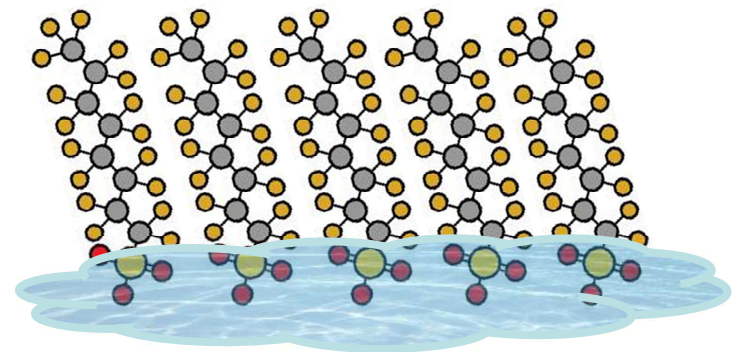


# Structure of PFAS imparts useful properties

Excellent water- and oil-repelling properties







Tail is hydrophobic and lipophobic, head is polar and hydrophilic

Readily form films at air-water interface





# What are PFAS used for?

PFAS <sup>1</sup>	Development Time Period								
	1930s	1940s	1950s	1960s	1970s	1980s	1990s	2000s	
PTFE	Invented	Non-Stick Coatings			Waterproof Fabrics				
PFOS		Initial Production	Stain & Water Resistant Products	Firefighting foam				U.S. Reduction of PFOS, PFOA, PFNA (and other select PFAS <sup>2</sup> )	
PFOA		Initial Production	Protective Coatings						
PFNA					Initial Production	Architectural Resins			
Fluoro-telomers					Initial Production	Firefighting Foams		Predominant form of firefighting foam	
Dominant Process <sup>3</sup>		Electrochemical Fluorination (ECF)							Fluoro-telomerization (shorter chain ECF)
Pre-Invention of Chemistry /			Initial Chemical Synthesis / Production			Commercial Products Introduced and Used			

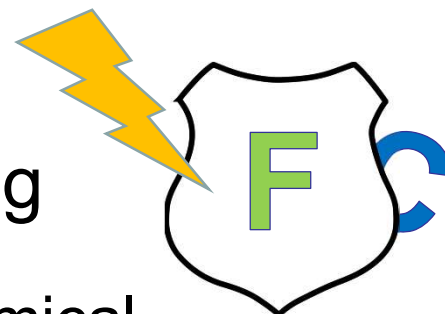
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# Why are PFAS a problem?

Carbon-fluorine bond is incredibly strong

- Fluorine atoms “shield” carbon from chemical reactions
- C-F does not undergo biotic or abiotic degradation
- C-F thermally degrades only at high temperatures



All PFAS are very persistent

Some PFAS are highly bioaccumulative

# Why are PFAS a problem?



Persistence + bioaccumulation = global distribution

- PFAS have been found in wildlife on all continents
- PFAS have been found in surface waters globally
- PFAS have been found in blood samples from humans across the world





# Why are PFAS a problem?

PFAS have documented toxicity

- Animal studies have shown negative effects on:
  - Liver
  - Immune system
  - Reproduction and development
  - Thyroid (endocrine system)
  - Cancers





# Why are PFAS a problem?

PFAS have documented toxicity

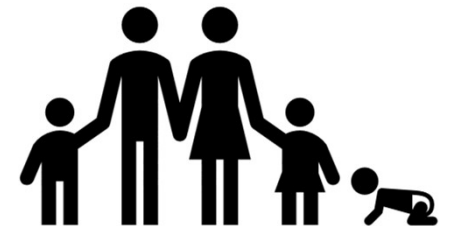
– Animal studies have shown negative effects on:

- Liver
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– Probable links to human health effects:

- Childhood growth and development
- Pregnancy-related hypertension
- Hormone regulation
- Increased cholesterol levels
- Immune system effects
- Cancer risk





# Summary

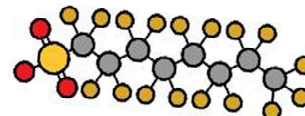
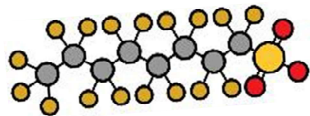
PFAS are a family of 4,000+ human-made compounds

Their unique chemical structure gives them useful properties

They are extremely resistant to degradation and some are highly bioaccumulative

PFAS have been found almost everywhere

PFAS cause adverse health effects in animals and humans





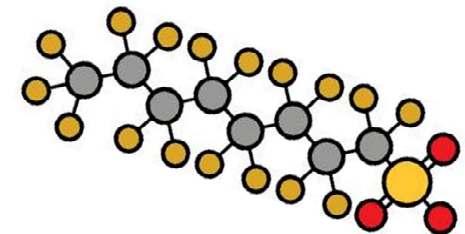
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# PFAS Detection at Low Levels

- Dissolved Oxygen – mg/l
  - ~7 mg/l Coldwater streams
  - 7,000,000 ng/l
- Total Phosphorus – mg or  $\mu\text{g/l}$ 
  - 75  $\mu\text{g/l}$  – streams
  - 75,000 ng/l
- PFOS– ng/l
  - 12 ng/l – Michigan’s surface water standard

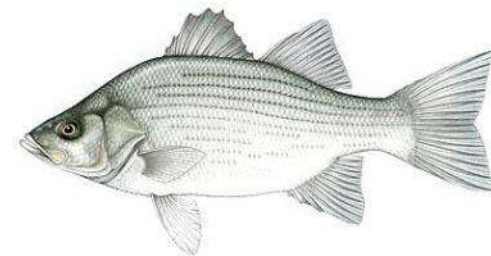
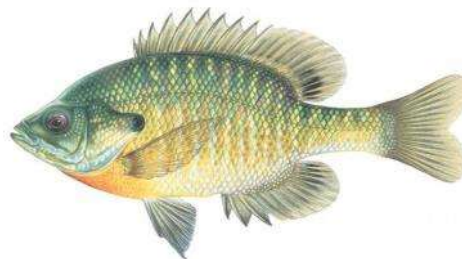






# Previous WDNR Monitoring

- 2006-2012 fish sampled from large rivers & Great Lakes with high industrial use
- PFOS found in >99% of samples
- PFOS Variation:
  - Species: highest in fillets of white bass, crappie, and bluegill



# WDNR PFAS Monitoring

- Wisconsin State Lab of Hygiene
  - Fish tissue and drinking water methods
  - Surface water method develop in 2019
- Surface water chemistry SOP
  - Adapting Michigan DEQ protocols
  - Approved materials & SOP



## PFAS Alternatives

Silicone  
Stainless Steel  
High-density polyethylene (HDPE)  
PVC or Neoprene



# PFAS "Sites" Explored in 2019 Monitoring



AFFF Training Grounds



Municipal & Industrial Waste

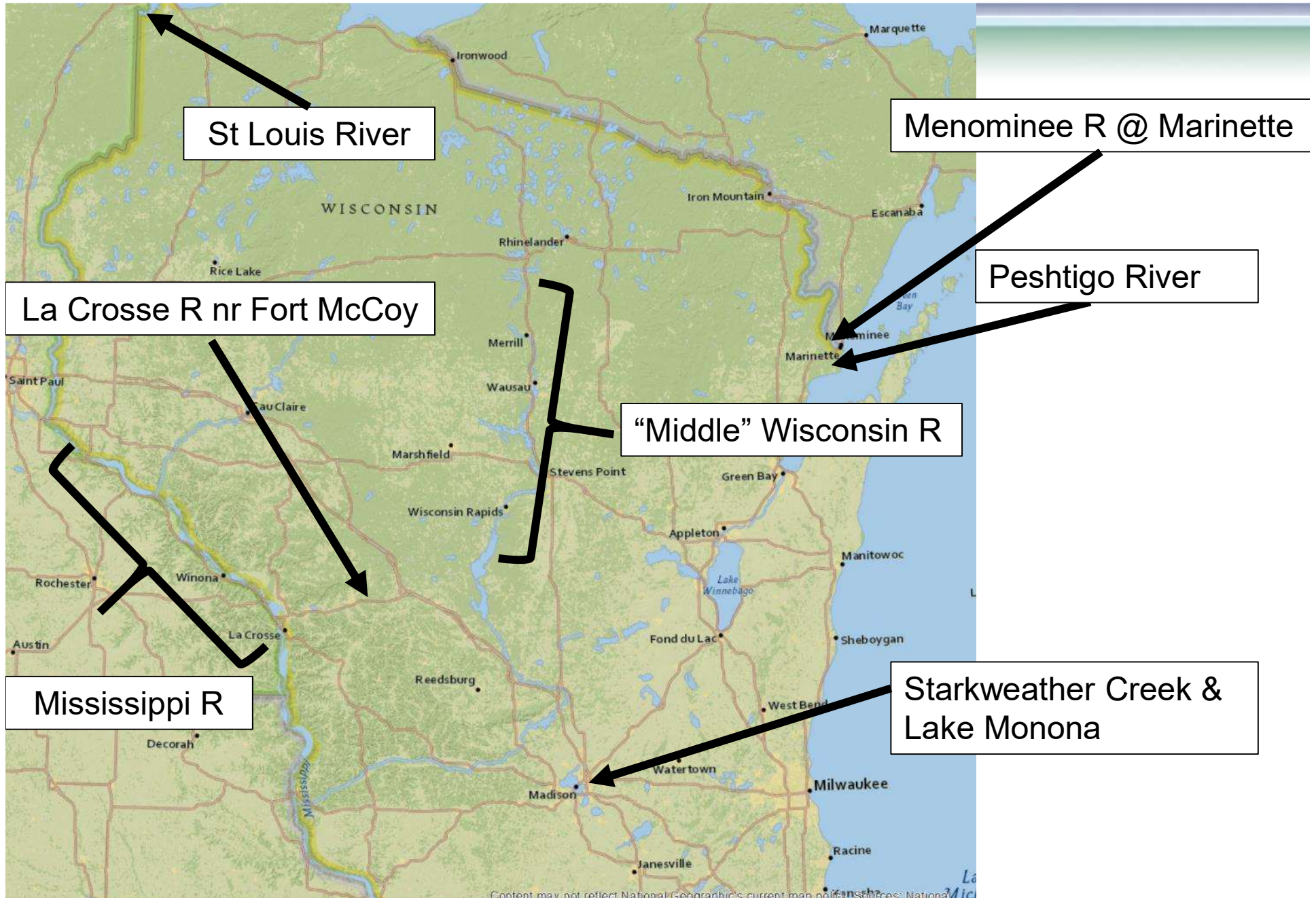


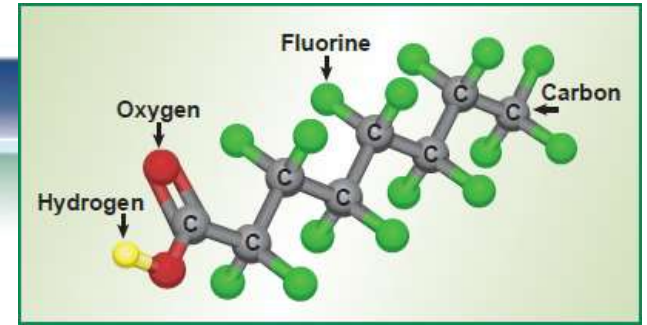
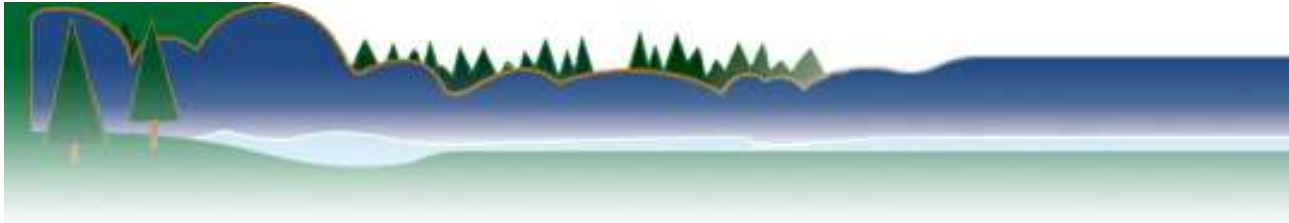
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Land Spreading Municipal Biosolids

# 2019 WR Surface Water and Fish Tissue Monitoring

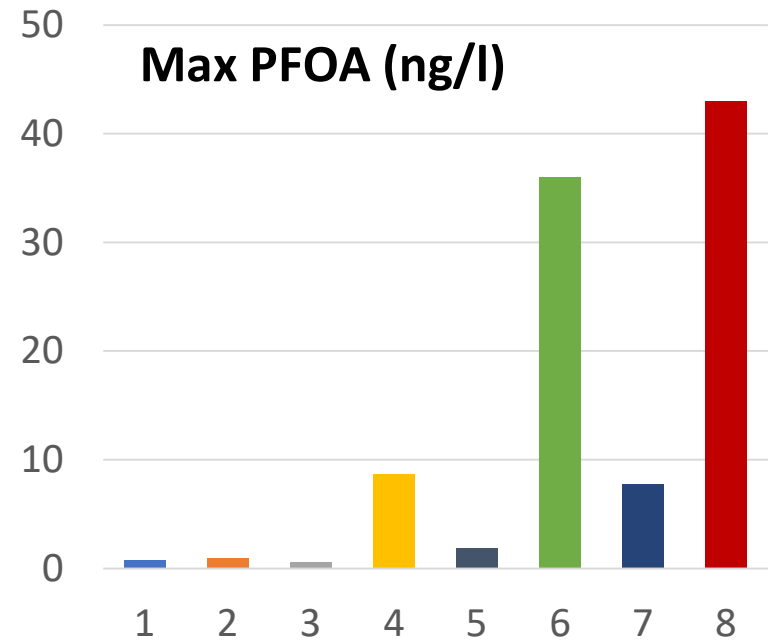
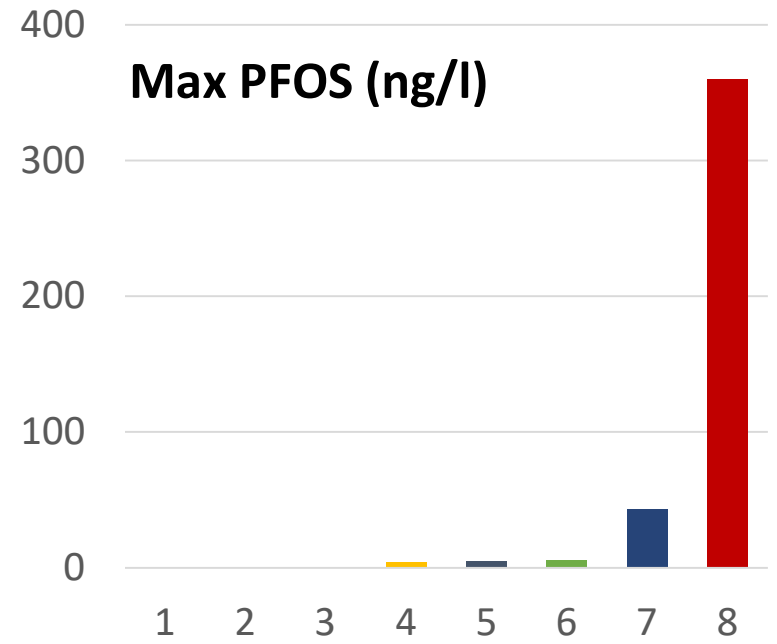
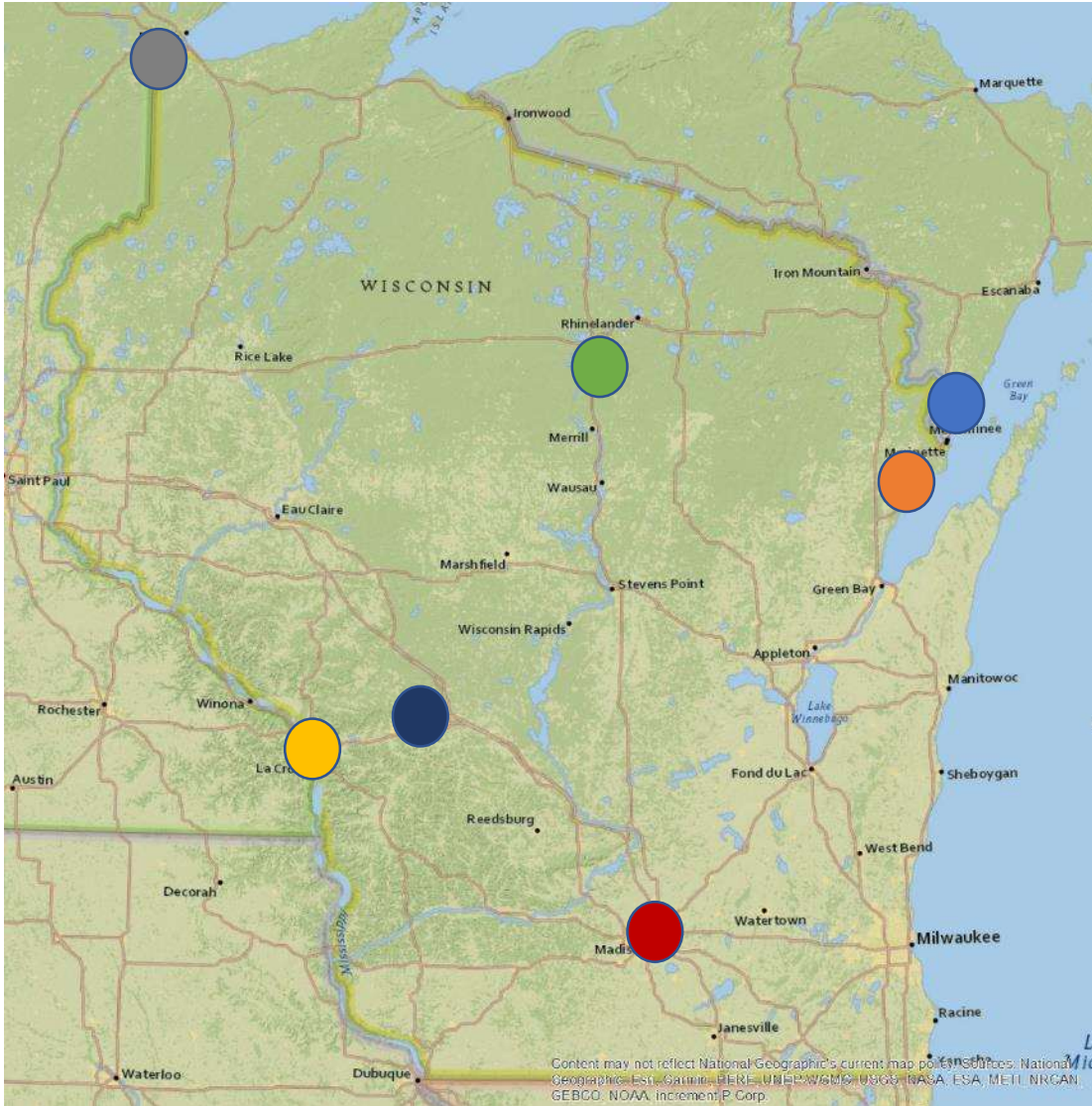




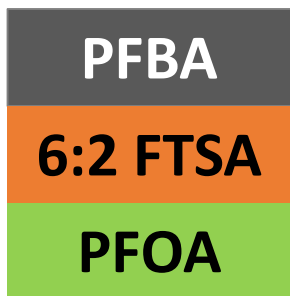
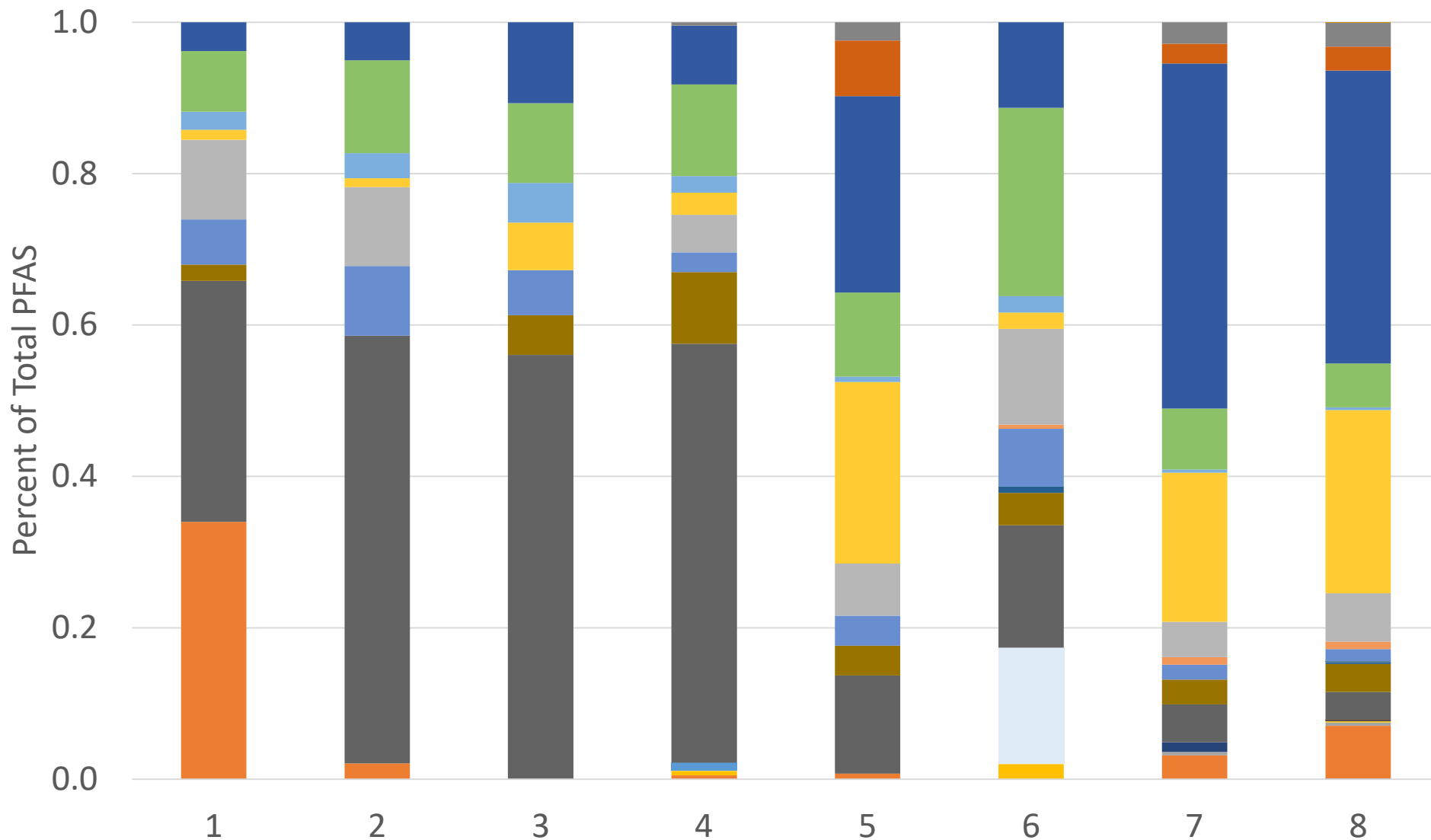
# 2019 Monitoring Results

## Surface Water:

- PFAS compounds were detected at all locations
  - Including “control” sites
  - Found at varying concentrations & compounds
  - 3 to 17 (out of 36) compounds per site
- Highest concentrations of PFOS at Starkweather Creek (Dane County)
- 2<sup>nd</sup> – Silver Creek (Monroe County)
  - Each are small streams near known sources



Content may not reflect National Geographic's current map policy. Sources: National Geographic, Esri, Garmin, HERE, UNEP/WGMO, USGS, NASA, ESA, METI, NRCAN, GEBCO, NOAA, increment, P Corp.

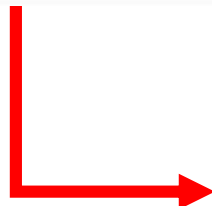




Business Licenses & Regulations Recreation Env. Protection Contact Join DNR

PFAS  [HELP](#)

Quick tasks



dnr.wi.gov/topic/Contaminants/WaterQuality.html

Business Licenses & Regulations Recreation Env. Protection Contact Join DNR Search or Keywords

### Sites in 2019 study

Information and results for each of the six sites in the 2019 study are available below.

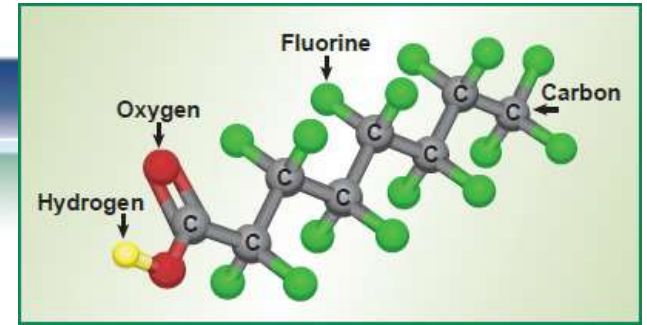
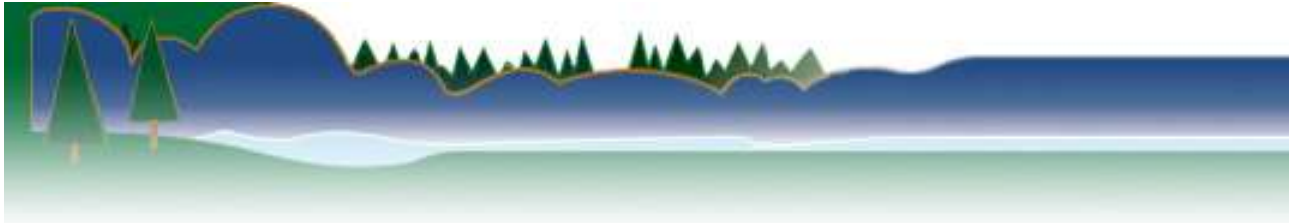
- [Printable version of study results \(with all analytes\).pdf](#)

- Starkweather Creek
- Wisconsin River
- Silver Creek and Suukjak Sep Creek
- Mississippi River
- Menominee River
- Peshtigo River and St. Louis River

### 3. Adoption of new surface water quality criteria

<https://dnr.wi.gov/topic/Contaminants/WaterQuality.html>





# 2019 Monitoring Results

## Fish Tissue:

- Starkweather Creek and Lake Monona
  - Generally, comparable concentrations for top predators and panfish
  - 2006-2012 higher in panfish
  - A comprehensive contaminants survey is planned for spring 2020 on Lake Monona
- Waiting for lab results for remaining fish
  - Mississippi River
  - Wisconsin River
  - Marinette River



# Updates to Fish Consumption Advice

Fishing Wisconsin

## Eating your catch - making healthy choices



Eating your catch can be part of a healthy, balanced diet. Fish are generally low in unhealthy saturated fats and high in protein. Fish contain vitamins and minerals and are the primary food source for healthy omega-3 fats. Studies suggest that omega-3 fats may be beneficial during fetal brain and eye development, and eating modest amounts of fish containing these healthy fats may lower the risk of heart disease in adults. Health experts recommend that fish be included as part of a healthy diet.

However, fish may take in pollutants from their environment and food. [Mercury and PCBs](#) are the contaminants of greatest concern in fish, prompting recommendations that people limit or avoid eating certain species of fish from many waters throughout the nation. You can get the health benefits of eating Wisconsin's fish while also reducing potential health risks from unwanted pollutants by following Wisconsin's fish consumption guidelines.

Compare the type of fish and where you caught your fish with the consumption advice. After consulting the recommendations, you may find that you do not have to change your eating habits, you may choose to eat different types of fish or eat some species less frequently.

### Fishing Wisconsin

**Got license?**  
Give yourself the license to relax and catch some memories while you're at it.

**Regulations**  
Know the regulations to make your fishing more enjoyable.

**Places to fish**  
Wisconsin offers a variety of fishing opportunities. Give them a try!







**Get started**  
Get the basic information you need to get on the water and try your luck.



[Healthy Dishes with Wisconsin fishes \(Flipbook version\)](#)

**Consumption advisories**

[Find advice](#)

Lake Monona		
Species	Up to 1 meal/week	Up to 1 meal/month
 Bluegill	All sizes	
 Common carp		All sizes
 Largemouth bass		All sizes
 Northern pike		All sizes
 Walleye		All sizes
 Yellow perch		All sizes



# Ways to reduce your PFAS exposure



Minimize ingestion of untreated surface water (skin contact is not a concern)



Do not touch foams or allow pets/children to play in foams



Wash your hands after wading or playing in surface waters



Follow fish consumption advisories



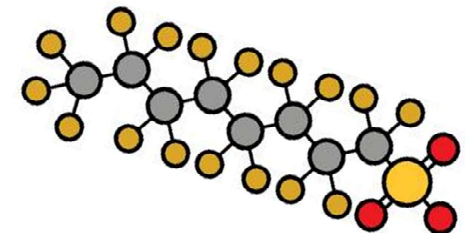
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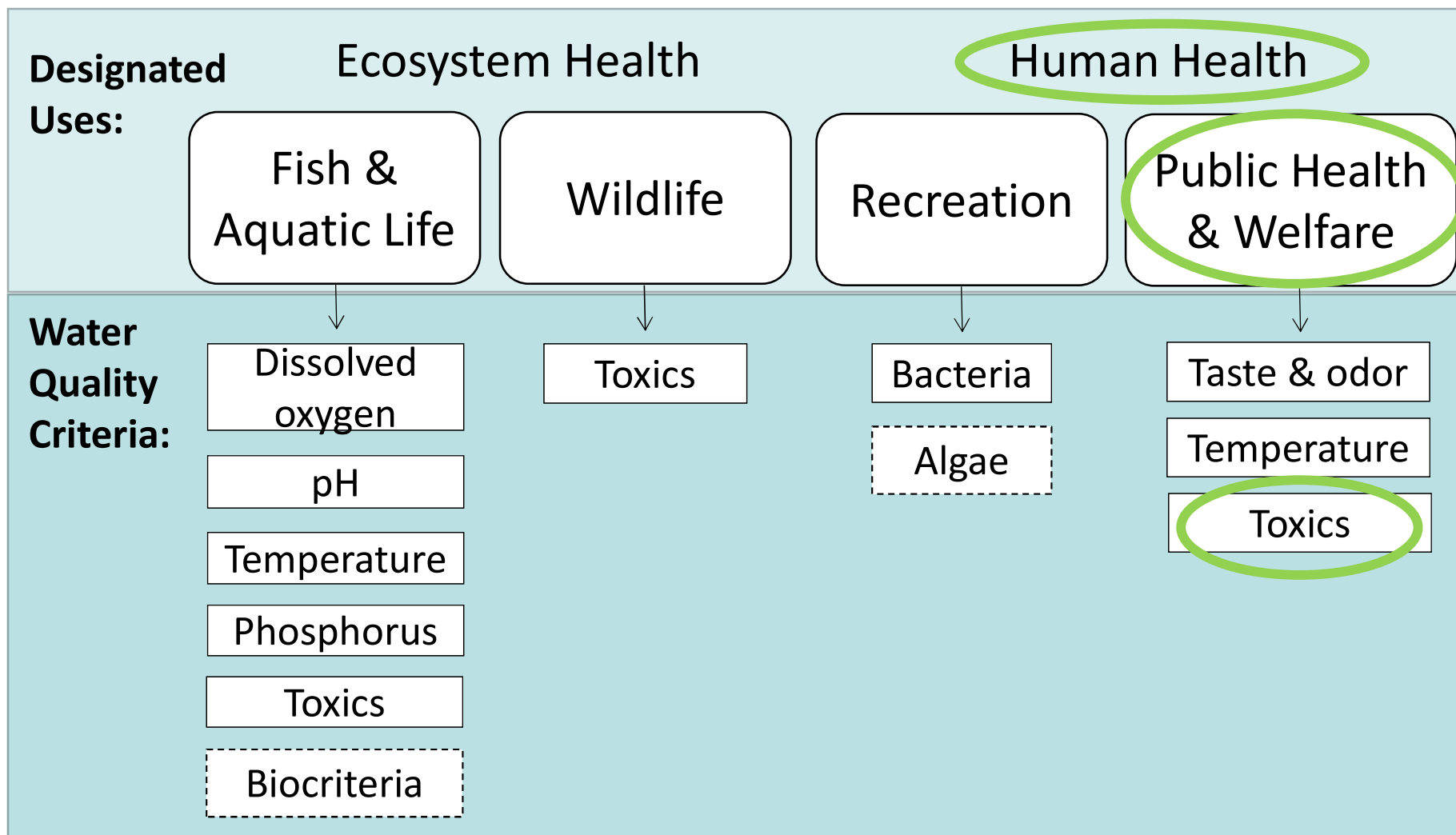


# Water Quality Standards “The Three Legged Stool”

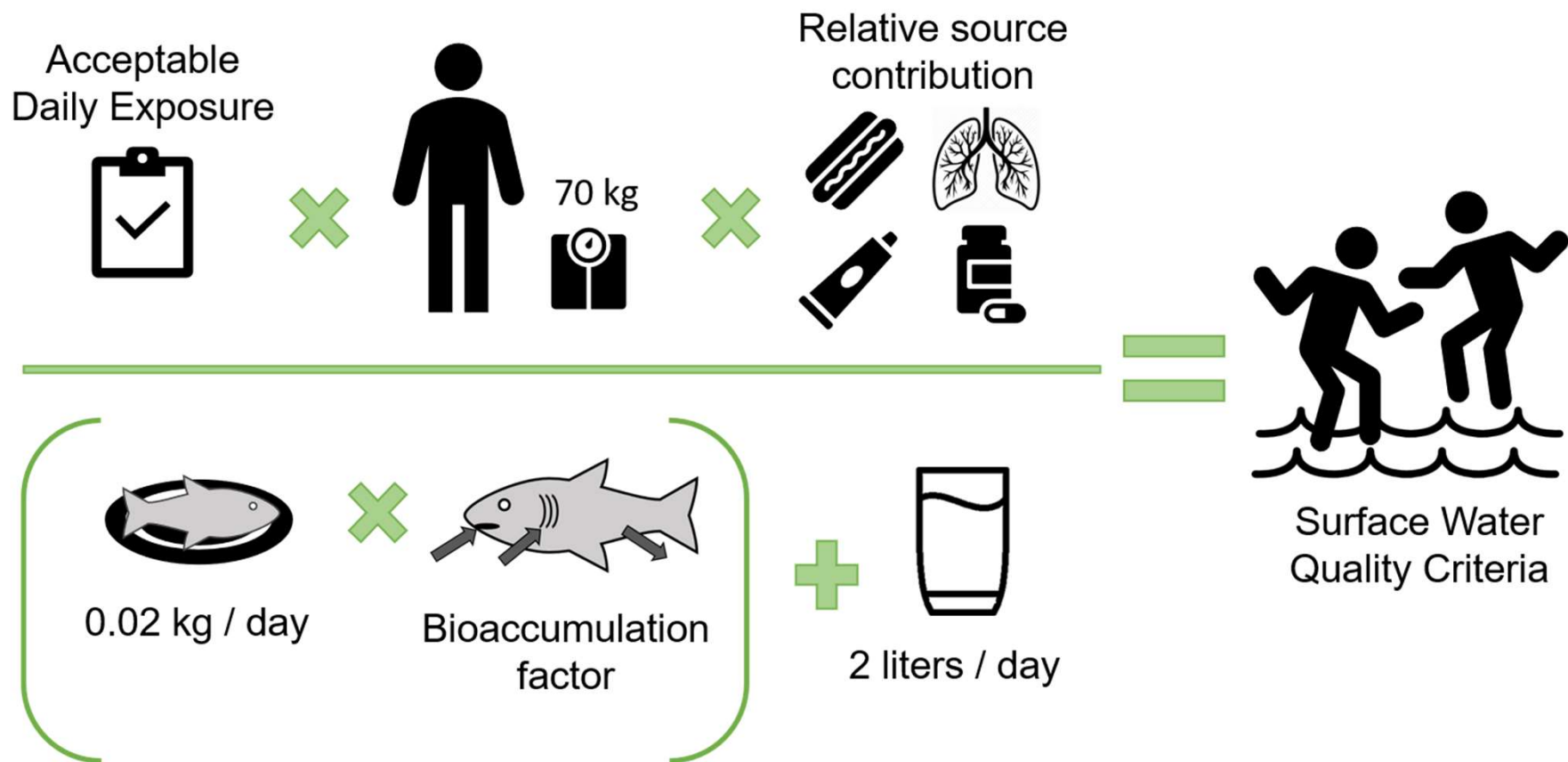




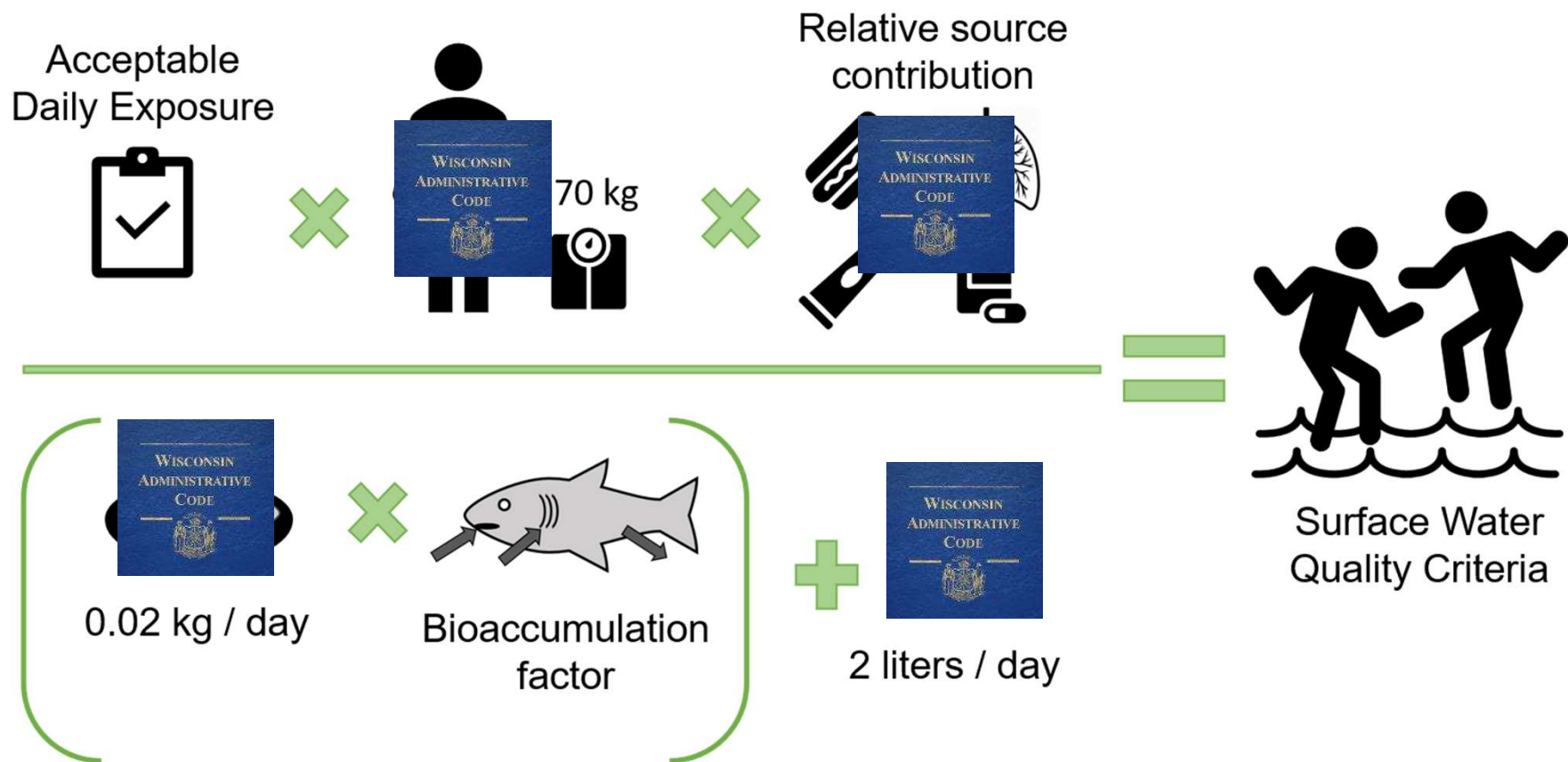
# Water Quality Standards



# Human Health Threshold Criteria

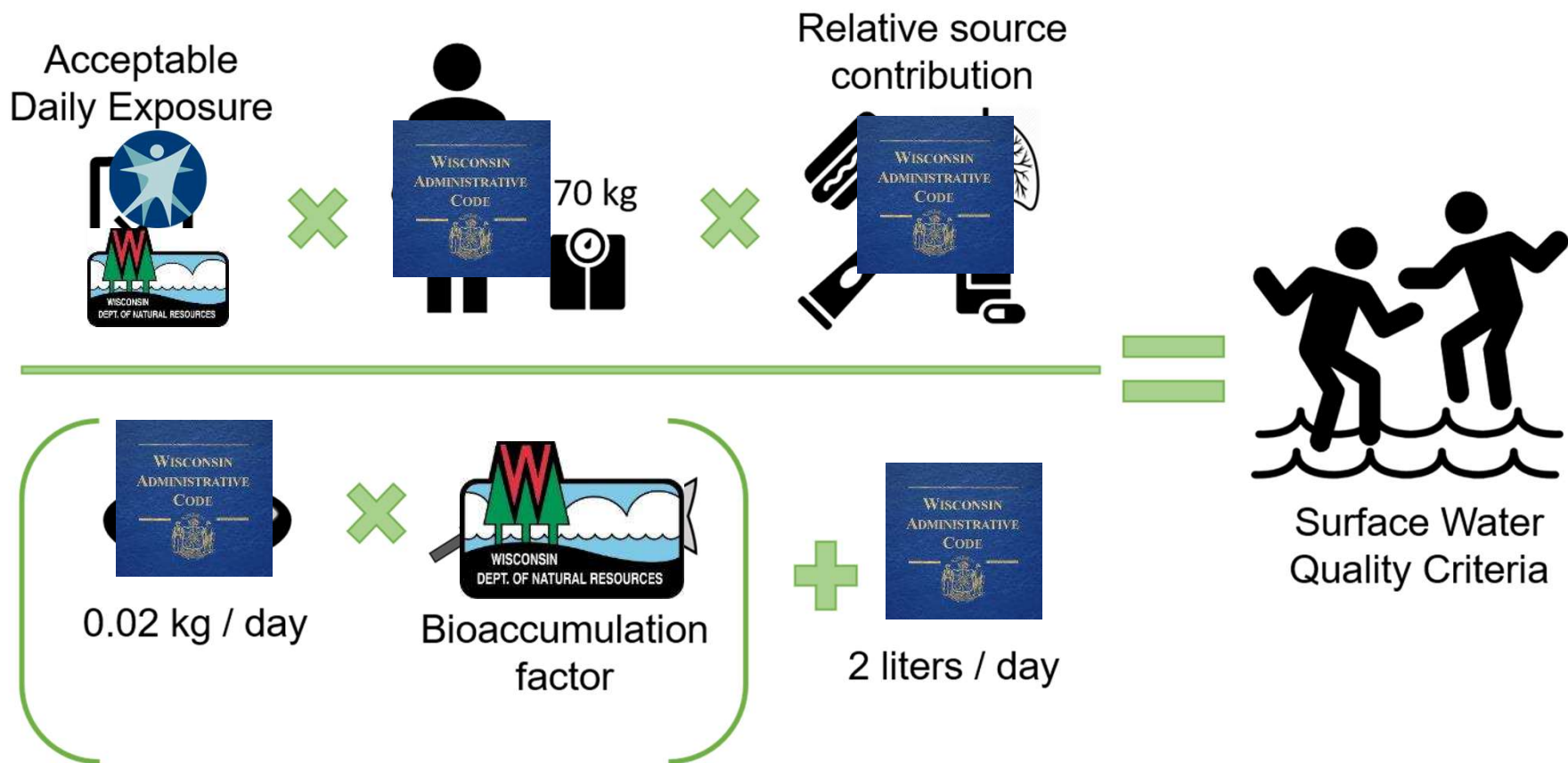


# Human Health Threshold Criteria





# Human Health Threshold Criteria





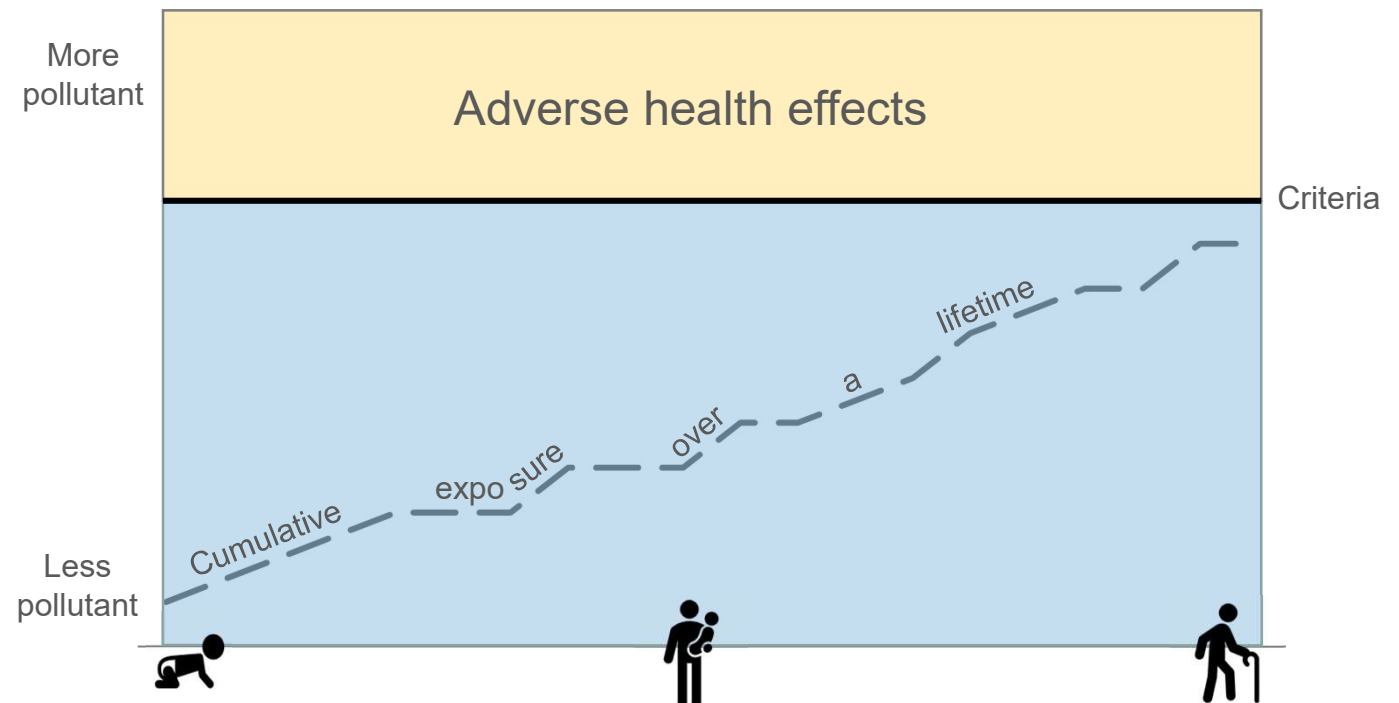
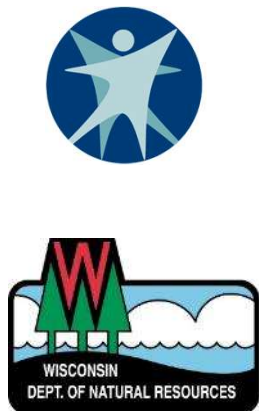
# Acceptable Daily Exposure

- Maximum amount of a substance which, if ingested daily for a lifetime, results in no adverse human health effects



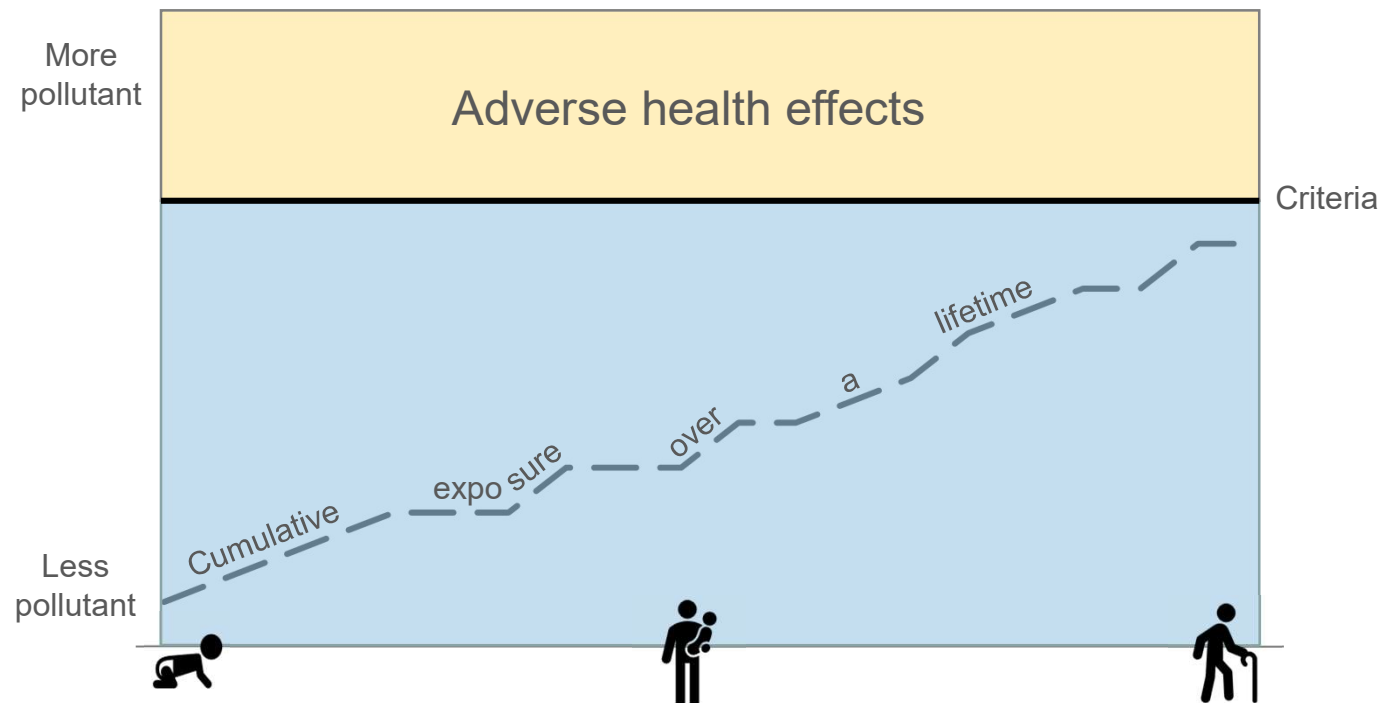
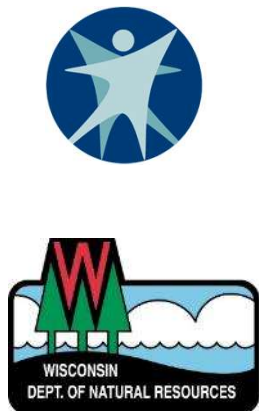
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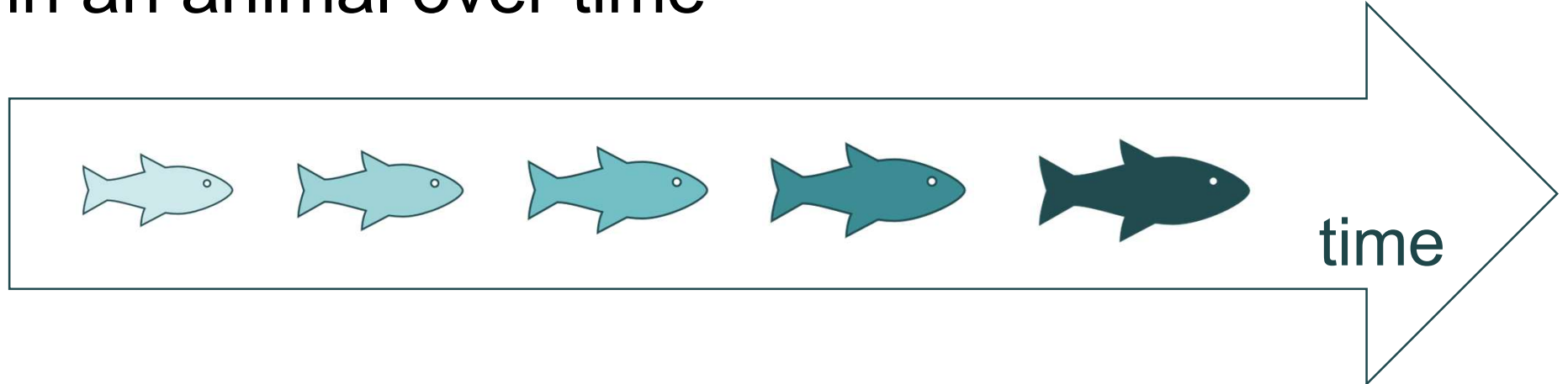
- **DHS and DNR recommend an ADE of 2 ng/kg-day for both PFOS and PFOA**



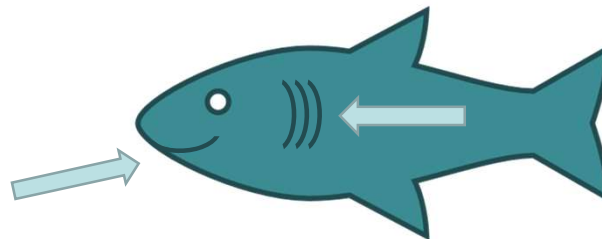


# What is bioaccumulation?

Increase in the concentration of a contaminant in an animal over time

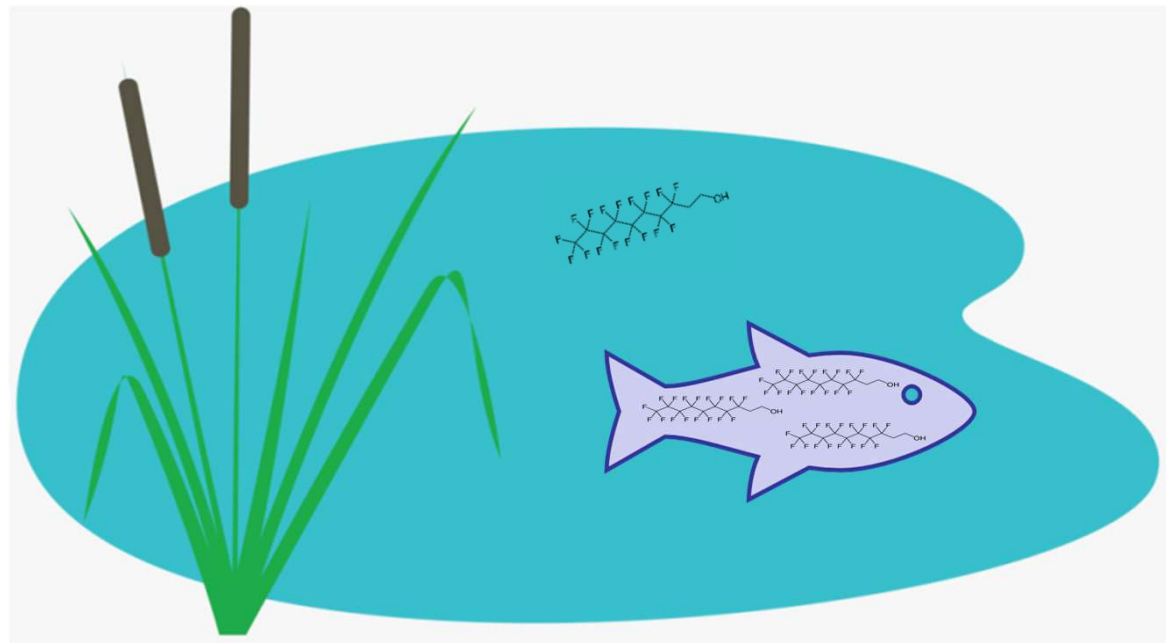


Incorporates uptake from diet and through gills

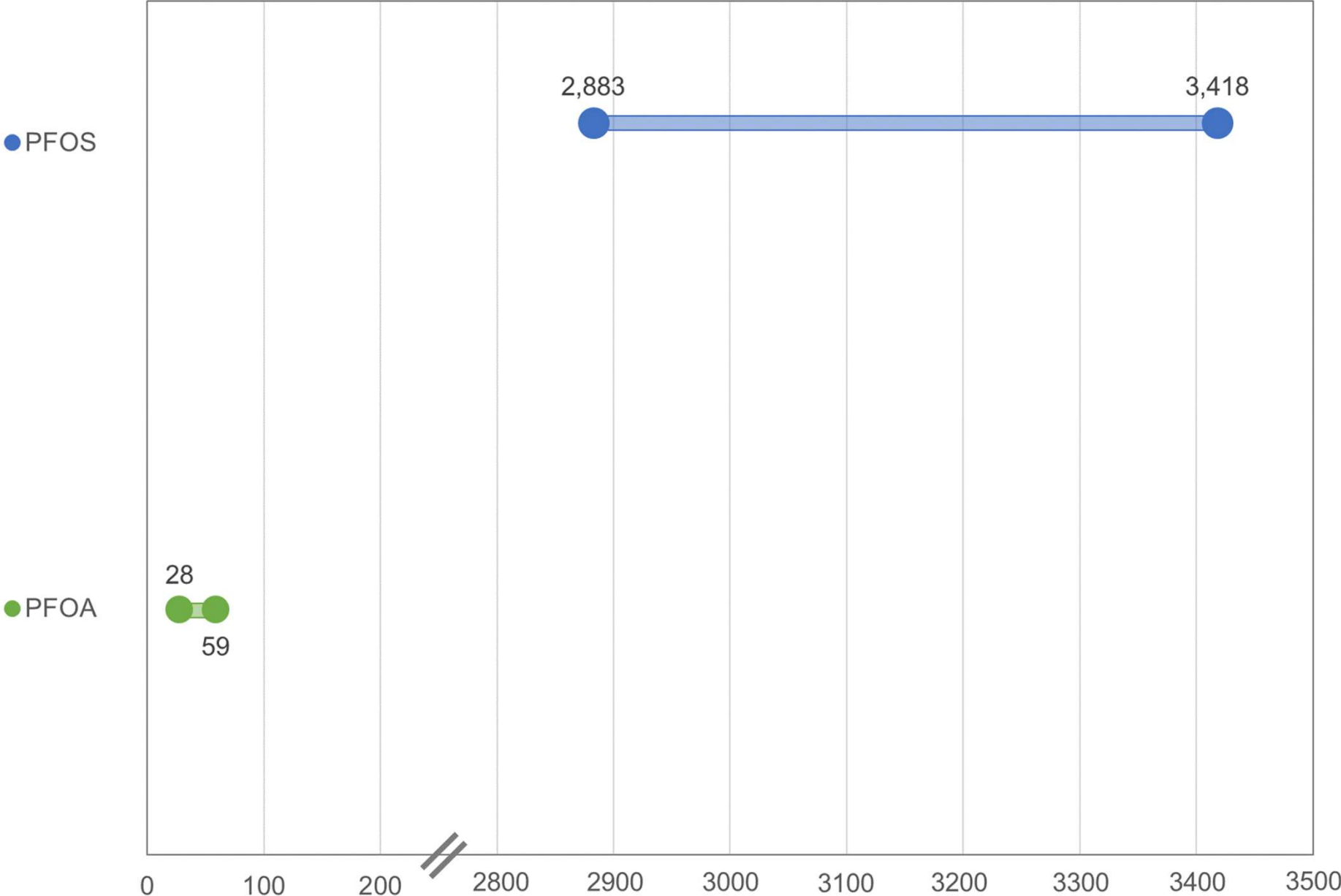


# Bioaccumulation Factor

- The ratio of the concentration of a substance in fish tissue to its concentration in the ambient water



Range of bioaccumulation factors using available data

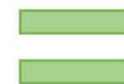


# Human Health Threshold Criteria

Acceptable  
Daily Exposure



Relative source  
contribution



Surface Water  
Quality Criteria

WISCONSIN  
ADMINISTRATIVE  
CODE  
0.02 kg / day



Bioaccumulation  
factor



WISCONSIN  
ADMINISTRATIVE  
CODE  
2 liters / day






# *Likely range of surface WQC to protect Human Health*

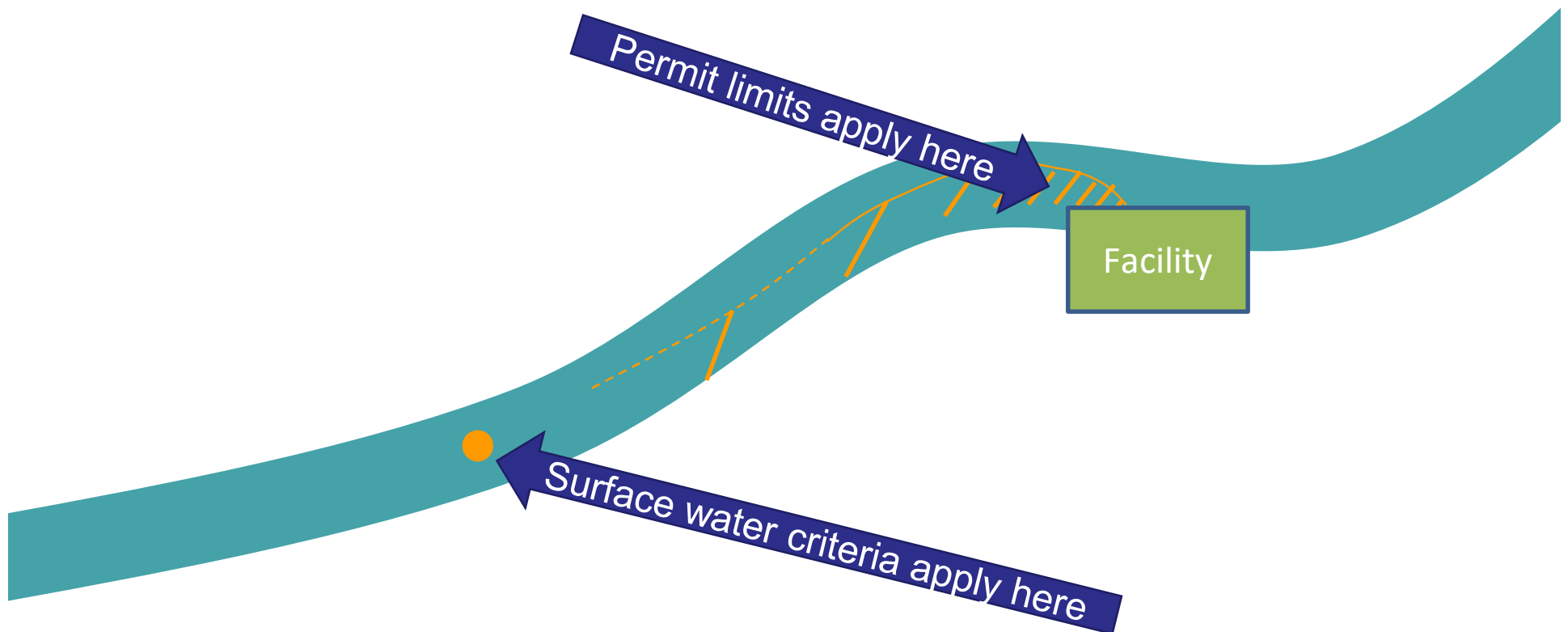
PFOS:  $\leq 2$  ng/L

PFOA: 35 – 45 ng/L



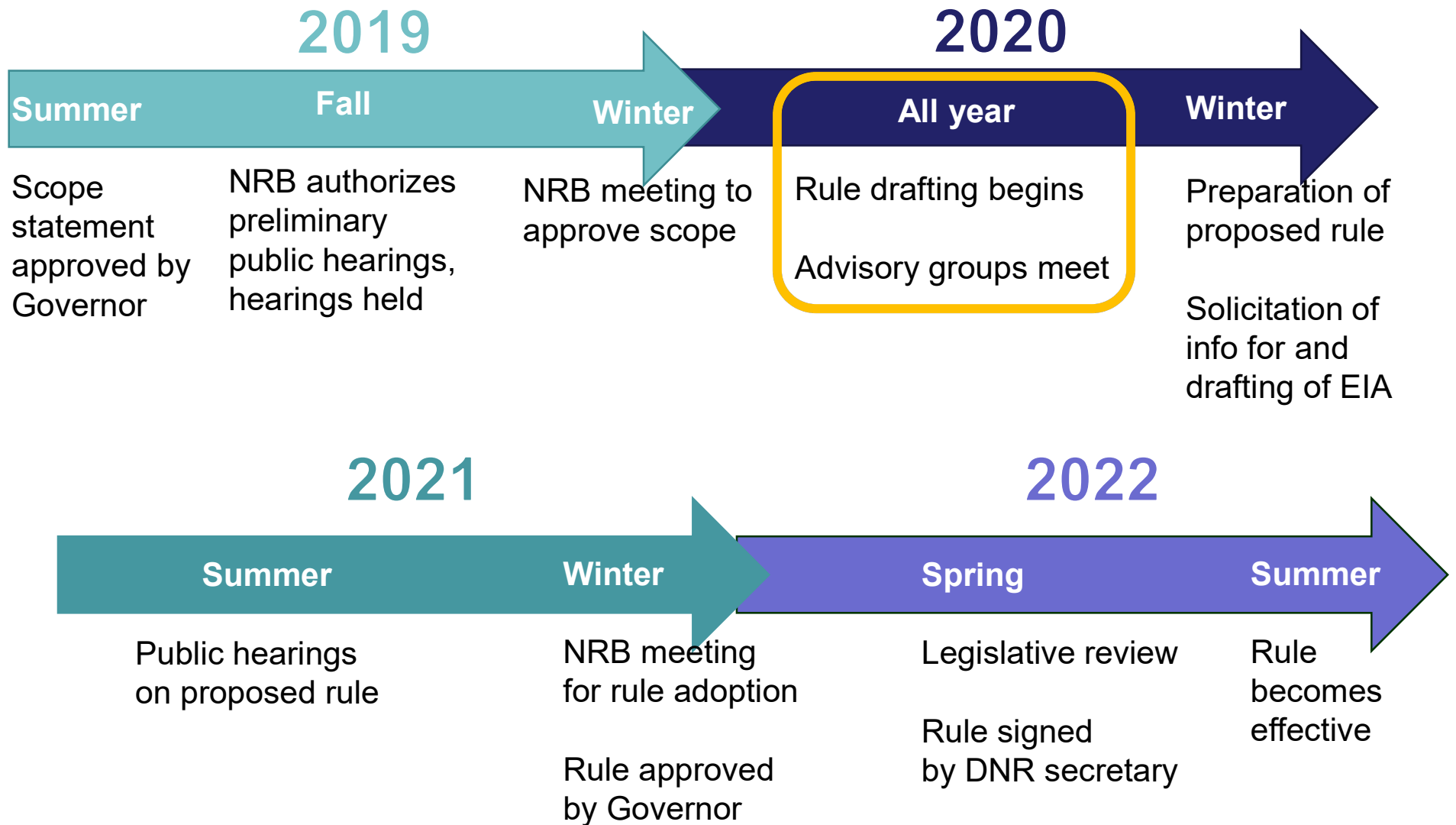


# Relationship between surface water criteria and wastewater permits





# Rulemaking timeline





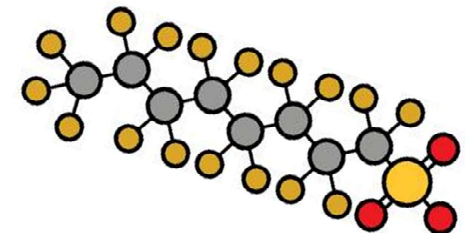
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# Thank you!

**Meghan Williams**

Water Quality Toxicologist

MeghanC3.Williams@wisconsin.gov

**Michael Shupryt**







Streams and Rivers Monitoring Lead

Michael.Shupryt@wisconsin.gov





# Current advice

Lake Monona		
Species	Up to 1 meal/week	Up to 1 meal/month
 Bluegill	All sizes	
 Common carp		All sizes
 Largemouth bass		All sizes
 Northern pike		All sizes
 Walleye		All sizes
 Yellow perch		All sizes

# Previous advice

Species	Sensitive populations	General population
Bluegill	1 meal/week	unrestricted
Common carp	1 meal/month	
Largemouth bass	1 meal/month	1 meal/week
Northern pike	1 meal/month	1 meal/week
Walleye	1 meal/month	1 meal/week
Yellow perch	1 meal/week	unrestricted