



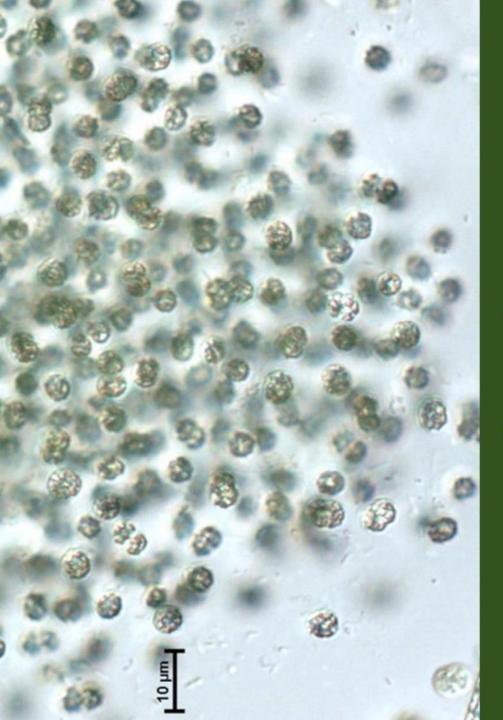
Wisconsin Lakes Partnership Convention
April 12, 2019
Presented by Amanda Koch, MPH,
Waterborne Diseases Epidemiologist



Wisconsin Department of Health Services
Division of Public Health
Bureau of Environmental

and Occupational Health

Human and Animal Health Effects



Not all cyanobacteria are harmful.

- Helped create the Earth's atmosphere
- Over 2,600 described species
 - Estimated >6,000 species
 - About 50 are known to be toxin-producers

Cyanobacterial Toxins

Various toxin types

Hepatotoxins

 (e.g., microcystin-LR, cylindrospermopsin)

Neurotoxins

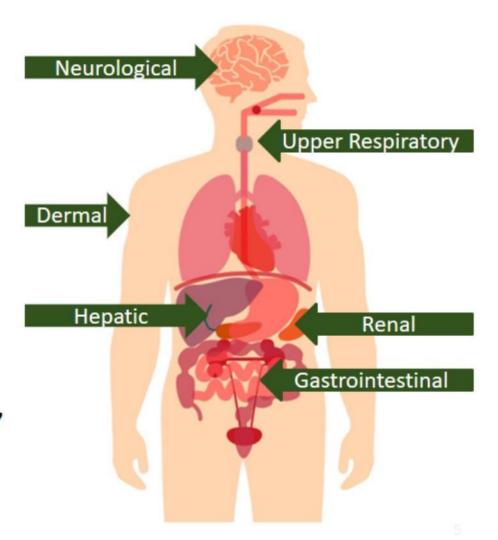
 (e.g., anatoxin-a, saxitoxin)

• **Dermatotoxins**(e.g., lipopolysaccharide endotoxins)

Cyanobacterial Toxins

Signs and symptoms depend largely on:

- Route(s) of exposure
- Species and toxin type(s) present
- Cyanobacterial cell and toxin concentrations
- Vulnerability (behaviors, body size, preexisting conditions)





How are people exposed?

- Activities
 - Recreational
 - Personal use
 - Occupational
- Exposure routes
 - Dermal
 - Ingestion
 - Inhalation



Dermal contact

- Rash
- Hives
- Skin blisters
- Lesions most common under swimsuits



Ingestion

- Abdominal pain
- Nausea
- Diarrhea
- Vomiting
- Numb lips
- Tingling fingers and toes
- Dizziness



Inhalation

- Influenza-like illness
- Runny eyes
- Runny nose
- Sore throat
- Asthma-like symptoms



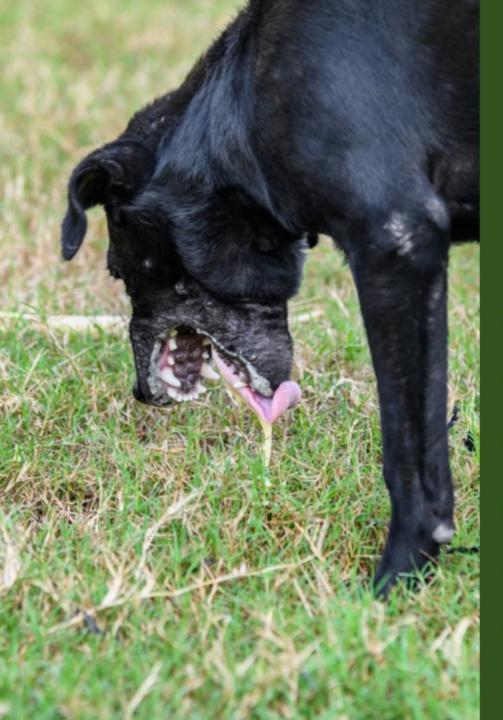
Animals

- Particularly
 vulnerable due to
 their behaviors and
 smaller size
- Often serve as sentinels for human illness



Dogs

- Most common victims
- Deaths are welldocumented



Symptoms in Animals

- Lethargy
- Vomiting
- Drooling
- Diarrhea
- Weakness
- Difficulty breathing
- Seizures

DPH HAB Program

- Established in 2008 through the CDC's Harmful Algal Bloom Illness Surveillance System project (HABISS)
- Supported by CDC and the Great Lakes Restoration Initiative
 - Council of State and Territorial Epidemiologists (CSTE)
 Applied Epidemiology Fellowship Program
 - Other staffing and program support





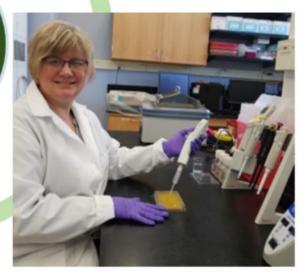


We're all about partnerships!





HABRI Surveillance and Response in Wisconsin





Conducts surveillance of health effects related to HAB exposure.



Investigates reports of human and animal illnesses.



Coordinates water sampling and analysis.



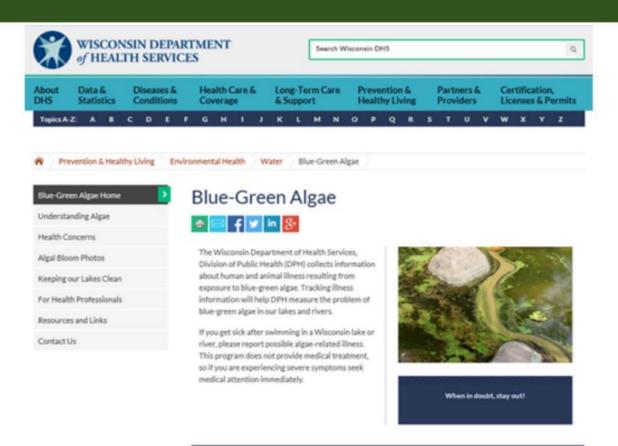
Helps local public health issue health advisories and beach closures.



Provides education and outreach.

Illness complaint reporting methods

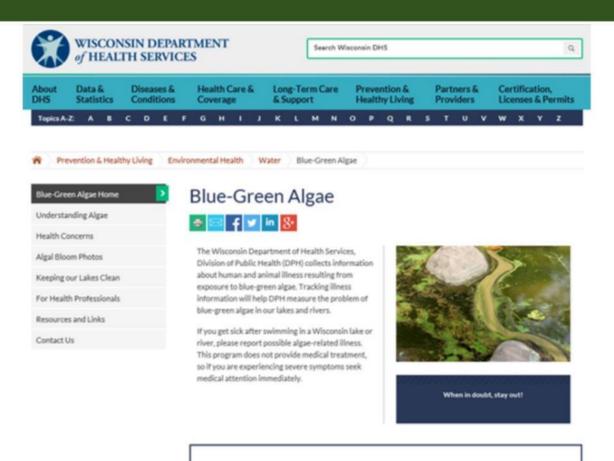
- Online case-reporting tool on DPH blue-green algae website
- Direct contact with program staff
- Referrals from DNR, local health departments, and lake associations
- Wisconsin Poison Center
- Clinicians and laboratories



NEW!

For healthcare providers: beginning 7/1/2018, report any suspected human cases of Cyanobacteria and Cyanotoxin Poisoning electronically through WEDSS or by mailing or faxing a completed Acute and Communicable Disease Case Report, F-44151 to the address on the form.

For members of the general public and veterinarians: call 608-266-1120 or complete the online form Harmful Algae Bloom (HAB) Illness or Sighting Survey, F-02152 & ones Survey to report any blue-green algae blooms and related human or animal illnesses to the Wisconsin Harmful Algal Blooms Program.

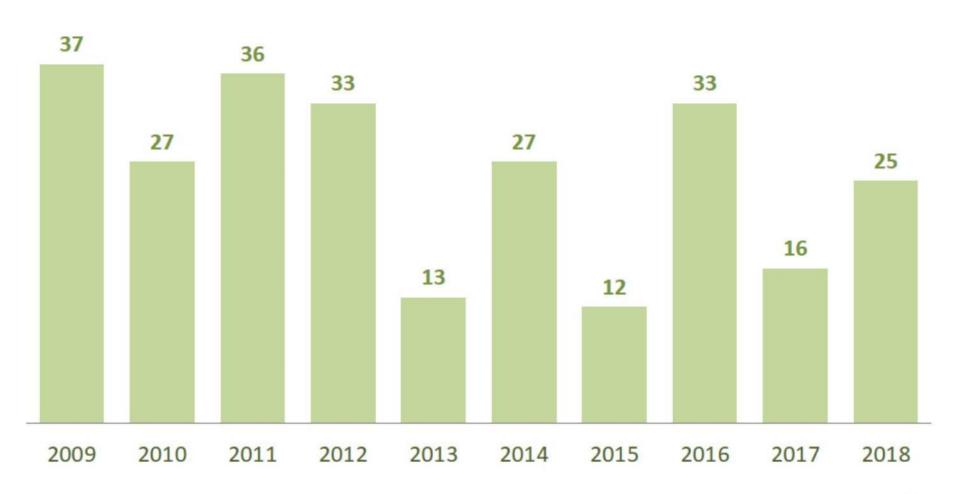


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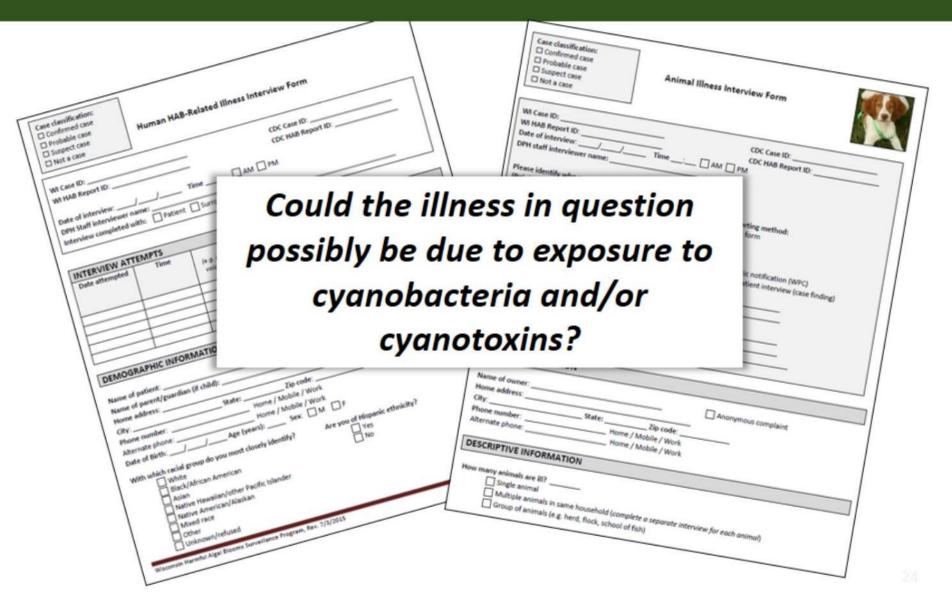
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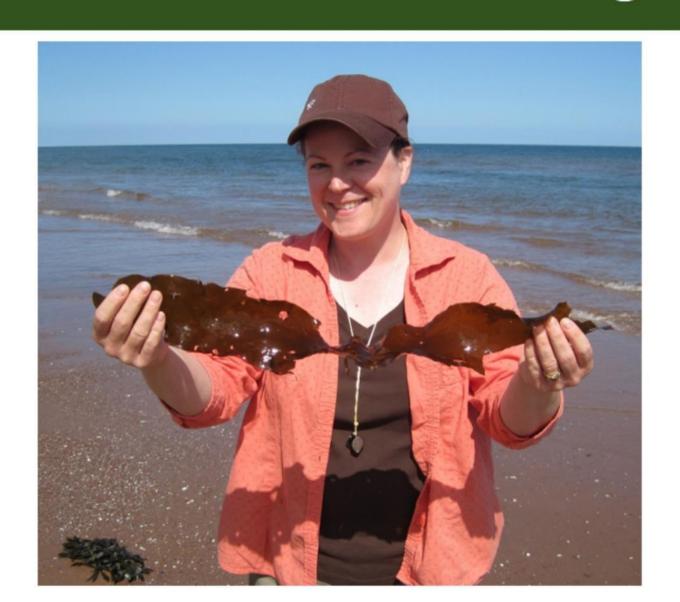
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Annual Health Complaints



Conc classification Concording and Concording a		
	Probable case Co. Tiese Tiese	Animal Illness Interview Form Suspect case Sus





Is the water representative of environmental conditions at the time of the exposure?

- What does the water look like now?
- How many days have passed since the person or animal was exposed?
- Have significant environmental events caused or are they suspected to cause changes to the bloom before sampling?





Harmful Algal Bloom Surveillance Program Field Staff Sampling Protocol

Wisconsin Division of Public Health Wisconsin Department of Natural Resources

2018 Update

When to use this kit:

For Response Monitoring by DNR staff when these three criteria are met:

- · illnesses suspected to be related to HAB exposure are reported;
- DHS Division of Public Health partners determine the case histories, symptoms, and environmental conditions are consistent with HAB exposure;
- full cyanobacterial identification and enumeration, cyanotoxin analysis, water chemistry, and coliform bacteria testing are required.

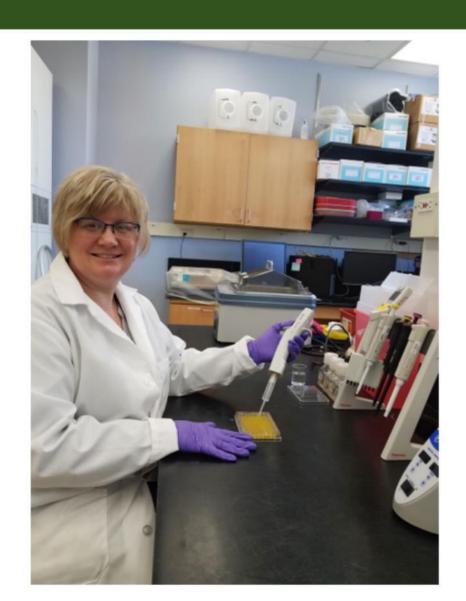
Use may be warranted in other situations with public health impact but consult with the Statewide Blue-green Algae Coordinator before using the kit.

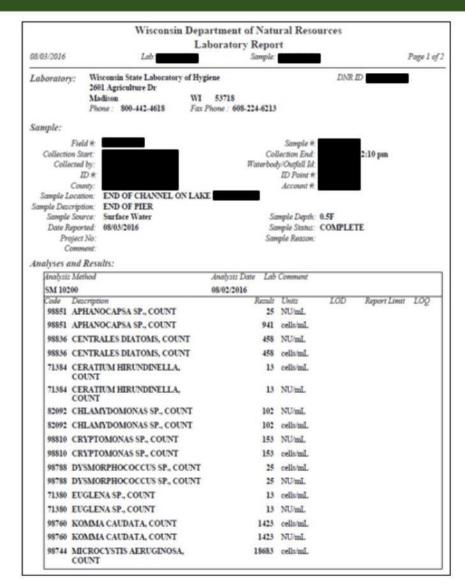
When NOT to use this kit:

- Confirmation of bloom presence only.
- Cyanobacterial identification and/or enumeration without requirement for cyanotoxin analysis, water chemistry, or E. coli testing.

Consult with the Statewide Blue-green Algae Coordinator for photo identification, or seek identification and enumeration services from the Wisconsin State Laboratory of Hygiene (WSLH).

If non-DNR entities (county staff, homeowners) are seeking cyanobacterial testing, please refer them to the Statewide Blue-green Algae Coordinator. They can seek services from WSLH, but if testing results are going to be used for beach monitoring or other public health issues, the coordinator needs to brief them on availability of messaging resources and the need to work with local public health officials.

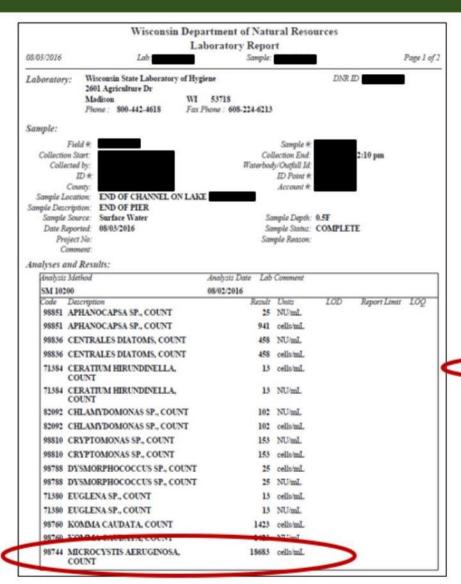




Analyses and Results:

tnahsi	is Method	Analysis Date Lab	Comment			
Field Data						
Code	Description	Result	Eluits:	LOD	Report Limit	Log
20	AMBIENT AIR TEMPERATURE - FIELD	25.7	C			
300	DISSOLVED OXYGEN FIELD	10.4	MG/L			
10	TEMPERATURE FIELD	25.1	C			

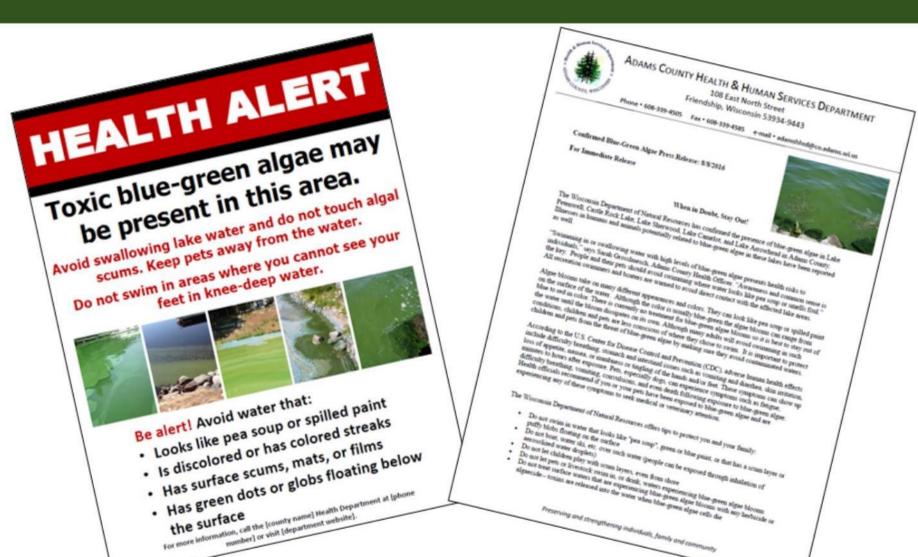
Analysis Method	Analysis Date Lab Comment 08/08/2016					
Microcystin Immunoassay Screen						
Code Description	Result	Units	LOD	Report Limit	LOQ	
98437 MICROCYSTIN	30	ug/L	2.00		3.00	



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98437 MICROCYSTIN	30 ug/L 3.00



HAB-Related Illness Case Studies

In August 2017, DPH received faxed report from the Wisconsin Poison Center (WPC).

- 17-year-old male became ill with abdominal cramping and diarrhea the day after recreating in Lake A for less than 30 minutes
- Illness reported to WPC by mother

- DPH interviewed the mother the following week
 - Husband and son entered water, mother didn't
 - Husband also ill
- Exposure location: near shoreline of county park
- Activities: swimming near shoreline, dunking, playing catch in waist-deep water



- Signs and symptoms:
 - First sign: headaches within 1 hour of exposure
 - Following morning: abdominal cramping and diarrhea lasting <24 hours
 - No known ill contacts
 - Did not seek medical care
- Environmental conditions:
 - Murky green, "pea soup" water with rotten egg odor
 - Three dead carp present

- Water Sampling
 - Too late for illness response sampling
 - Other data available?
 - Citizen monitoring at deep hole on day of exposure:

Secchi depth: 2.5 ft

Trophic state index: 64

Clarity: murky

Color: green

Unknown conditions at shallower shoreline locations

Human Illness Case Study

Conclusion

- Signs and symptoms characteristic of cases of HABrelated gastrointestinal illness
- There was observational and environmental evidence of a bloom
- Lab-based HAB data unavailable



Two dogs died within 1 hour of each other on the same day after swimming in the same lake.

- Dogs had no connection
- Dogs swam at different beaches on Lake B (Beach A, Beach B)
- No blooms were visually observed
- Owner of one dog went to the media

Cavalier King Charles Spaniel

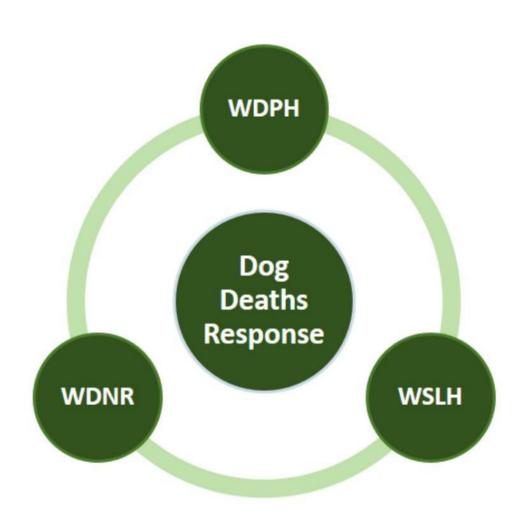
- Activities at Beach A: swimming, playing fetch
- Exposure duration: 1 hour
- Signs of illness:
 - First sign: loss of balance 40 minutes into swimming
 - During walk home: loose stool and frequent urination
 - At home: salivation and frothing at the mouth, vomiting, panting, head and front leg extension, unconsciousness
- Environmental conditions: brown and murky water; no observed algal bloom



Border Terrier

- Activities at Beach B: swimming, playing fetch
- Exposure duration: 20-25 min.
- Signs of illness:
 - First sign: ataxia/staggering approximately 20 minutes after returning home
 - Other signs/symptoms at home: twisting/turning, convulsions, unconsciousness
- Environmental conditions: brown and murky water; no observed algal bloom









Interviewed dog owners and served as point-ofcontact between investigation partners



Collected and analyzed water samples at Beach A and Beach B where dogs were exposed



Analyzed water samples and dogs' stomach contents for cyanobacteria and cyanotoxins



Collected and analyzed water samples for cyanobacteria and cyanotoxins



Shared results from routine monitoring at Beach A on day of dogs' exposures



Received, examined, and attempted to treat animals during ER visits; performed necropsies and additional post-mortem testing on both dogs

Water sample analysis

 Low cyanobacterial cell counts with either non-detectable or very low levels of cyanotoxins

Stomach content analysis

- Cavalier King Charles Spaniel: non-detectable cyanotoxins
- Border Terrier: non-detectable cyanotoxins

Post-mortem analyses and necropsies

- Ruled out cyanotoxin exposure
- Identified possible other causes of death

Water sample analysis

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Public Health Importance

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- Emerging public health problem worldwide.
- Projected increases in severity and magnitude.
- Health impacts are still poorly understood.

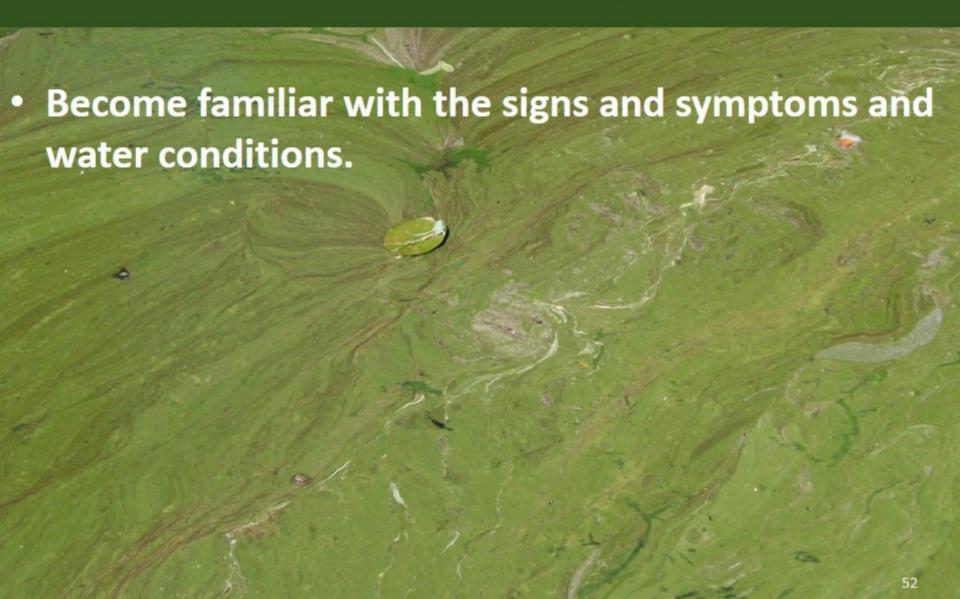


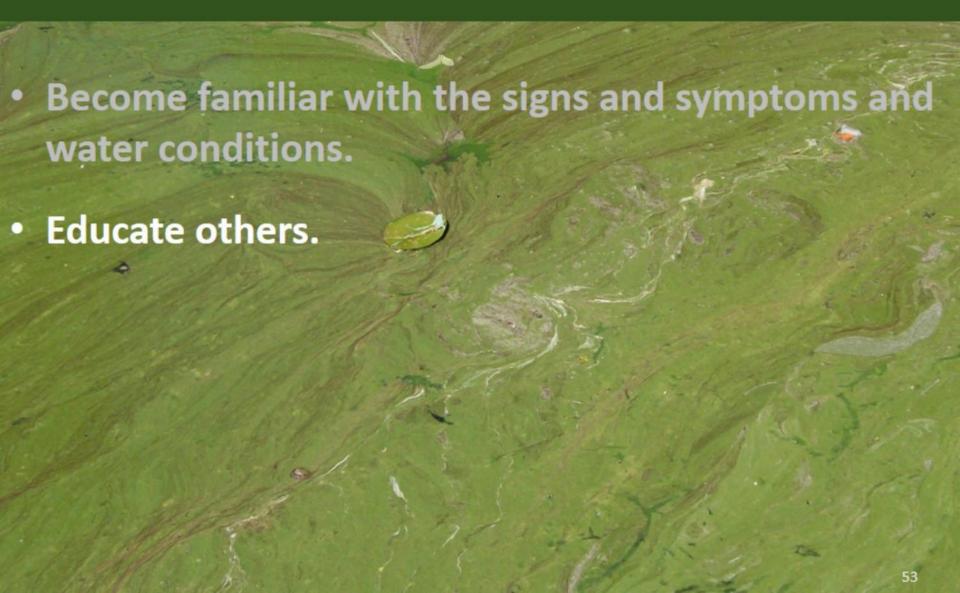
Public Health Challenges

- Poor recognition of cases.
- Failure to associate illness with algal bloom exposure.
- Challenging to diagnose.
 - Non-specific symptoms
 - Medical attention not sought
 - Low case recognition among doctors and vets
 - No clinical diagnostic test









 Become familiar with the signs and symptoms and water conditions. Educate others. Report suspected illnesses.

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- Encourage others to report suspected illnesses.

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- Report obvious blooms to the Wisconsin DNR.





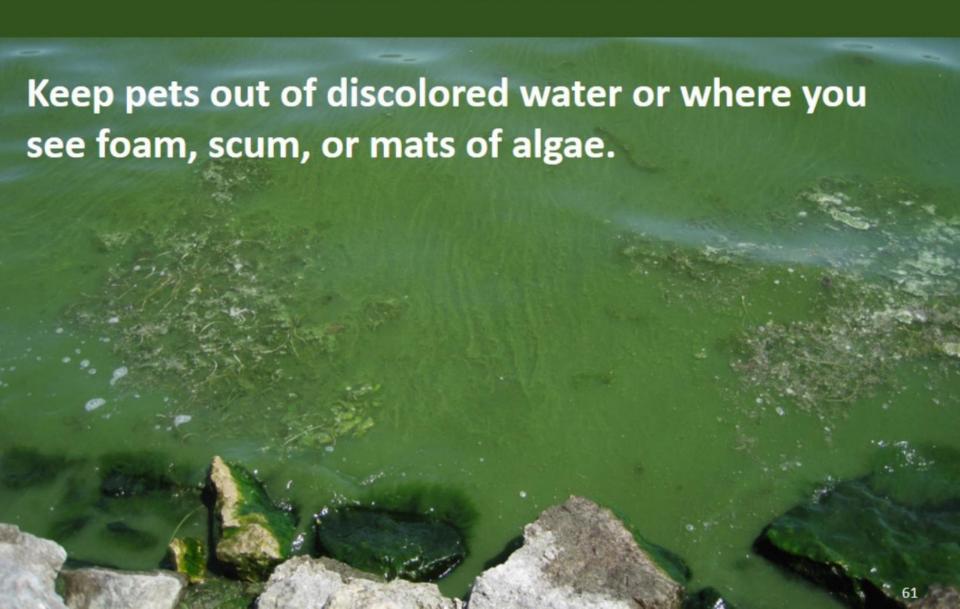
Do not swim or allow your kids or pets to swim where water is discolored or where you see foam, scum, or algal mats.

Do not boat, tube, water ski, jet ski, or wakeboard through algal blooms.

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Shower after swimming in lakes, rivers, and ponds.



Keep pets out of discolored water or where you see foam, scum, or mats of algae.

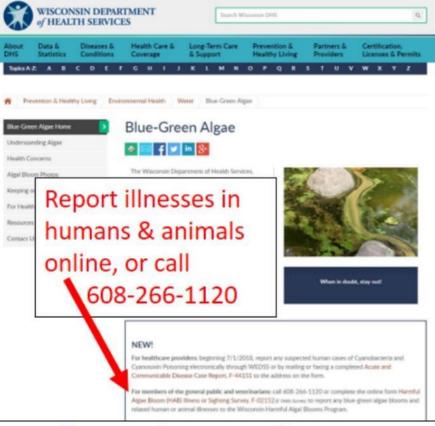
If dogs swim in scummy water, rinse them off right away—do not let them lick algae off their fur.

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Respect beach closures and health advisories.









Blue-green algae, also known as Cyanobacteria, are a group of photosynthetic bacteria that many people refer to as "pond scurm." Blue-green algae are most often blue-green in color, but can also be blue, green, reddish-purple, or brown. Blue-green algae generally grow in lakes, ponds, and slow-moving streams when the water is warm and enriched with nutrients like phosphorus or

and on more takes this surrower than smoot. Learn more about these blooms and the health risks they can pose.

Contact information

For Information on Lakes in Wacorush

Miscenson, 2015, Labour

Sures of Water Quality

Name Green, Alban, Contracts

Please let the DNR know about significant bloom events!

Blue-Green Algae

266-1120.

green algal toxins.

Contact and General Information

surface water, contact your veterinarian right away.

Health Services Web site too too.

What are blue-green algae?

General Humans & Animals Drinking Water Recreation Protect Yourself Resources

If you think you are experiencing symptoms related to exposure to blue-green algae (e.g., stomach cramps, diarrhea, vomiting, headache, fever, muscle weakness, difficulty breathing).

Report a Case with potential health effects caused by blue-green algae, visit the <u>Department of Health Services (see time</u>), or contact the Bureau of Environmental and Occupational Health at 608-

For more information about contacting your local health department, check the Department of

If you are (or your local community is) interested in collecting samples for analysis, please contact

the Wisconsin State Laboratory of Hygiene at (800)442-4618. The Wisconsin Department of Natural Resources is not currently conducting any routine monitoring for blue-green algae or blue-

If your pet displays symptoms such as seizures, vomiting, or diarrhea after contact with

contact your doctor or the Poison Information Hotline (800-222-1222) right away.

DNRHABS@wisconsin.gov

Bloom location with lake, town, & county name, size, duration, photos

DHSDPHHABS@dhs.wisconsin.gov

Gina.LaLiberte@wisconsin.gov