

**UWSP SCHOOL OF HEALTH SCIENCES AND WELLNESS  
HEALTH SCIENCE: PRE-ATHLETIC TRAINING OPTION  
CHECKLIST**

STUDENT NAME \_\_\_\_\_ STUDENT ID \_\_\_\_\_

General Education Program *HONORS STUDENT 12 CRS IN HONORS SECTIONS	Crs.	Semester Taken	Major Requirements	Crs.	Semester Taken
<b>FOUNDATIONAL SKILLS and DISPOSITIONS</b>			<b>Social Science and Philosophy Requirements</b>		
<b>Written Communication (WC)</b>			Psychology 110 Intro to Psychology	3	
English 101 or 150	3		Sociology 101 – Intro to Sociology	3	
202	3		Philosophy 121 – Critical Thinking	3	
<b>Oral Communication (OC)</b>			<b>Biology Requirements</b>		
Communication 101	3		Biology 160 – Intro to Animal Biology <b>or</b> BIO 110 <b>and</b> BIO 111	5	
			Biology 385 – Human Physiology	4	
<b>Quantitative Literacy (QL)</b>			Biology 287 <b>or</b> 387 Human Anatomy	4	
Mathematics 90	3				
Mathematics 95	2		<b>Chemistry Requirement</b>		
Mathematics 107	2		Chemistry 105 – Fund. of Chemistry	5	
Mathematics 255 or HS 301	3-4				
			<b>Physics Requirement</b>		
<b>Wellness (WLN)</b>	1-2		Physics 203 – College Physics I	5	
<b>HUMAN CULTURES and the SCIENCES</b> -Minimum of 3 credits per subgroup -At least 1 class in each subgroup and 2 classes in 2 subgroups			<b>Athletic Training Requirements</b>		
<b>Arts (ART)</b>	3-6		AT 181 – Introduction to AT	2	
			AT 182 – AT Clinical Observation	1	
<b>Humanities (HU)</b>	3-6		FN 253 Nutrition and Nutrient Metabolism	3	
Consider PHIL 121			HPW 312 – Exercise Physiology	3	
<b>Historical Perspectives (HP)</b>	3-6		<b>Health Science Requirements</b>		
Consider HIST 101 or 102 or 206			HS 105 – Survey of Common Diseases	3	
			HS 150 – Intro to Healthcare Informatics	1	
<b>Social Sciences (SS)</b>	3-6		HS 295 – Medical Terminology	3	
Consider SOC 101			HS 360 – Research Design and Methods for HS	3	
Consider PSYC 110			HS 375 - Kinesiology	3	
			HS 385 – Leadership Development in Health Professions	3	
<b>Natural Sciences (NS) (lab component included)</b>	3-9		HS 395 - Fundamentals of Epidemiology	3	
BIOL 160			HS 410 – Issues in Aging	3	
CHEM 105			HS 490 or HS 498 – Interdisciplinary Perspectives in Healthcare and Experiential Learning	3	
			HS 499 – Selected Topics in Health Sciences	1	
<b>CULTURAL and ENVIRONMENTAL RESPONSIBILITY (may “double-dip” with other GEP requirements)</b>			<b>Multidisciplinary Perspectives (pick 9 credits)</b>		
<b>U.S. Diversity (USD)</b>	3			3	
Consider SOC 101				3	
				3	
<b>Global Awareness (GA)</b>	3				
Consider HIST 101 or 102 or 206					
<b>Environmental Responsibility (ER)</b>	3				
Consider HS 320					

#A minimum of 120 credits are required for graduation.

Options for Multidisciplinary Perspectives in Health  
ANTH 380, HS 310, ENGL 391, HPW 406, PHIL 302, SW 263 **OR** SOC 263, POLI 306, HPW 290 **OR** PSYC 385, REL 307, SOC 270, SOC 308, SOC 327, SW 381