UWSP's Tutoring-Learning Center (TLC) presents

# Academic Coaching Workshops

## All workshops are <u>FREE</u> and available both in-person and via Zoom

#### **Time Management Strategies**

Evaluate how you are using your time and learn strategies to help manage your time more effectively for greater academic success

#### **Test Taking Strategies**

This workshop focuses on various strategies and approaches to different test formats

#### **Study Skills**

Do you wonder what you could be doing to better perform in class? Learn effective study strategies for college

#### **Communication on Campus**

Learn effective and professional ways to communicate with your professors, fellow students, and various departments on campus

### **Preparing for Midterms and Finals**

This workshop introduces prep methods for tests and exams, as well as tips on time management and self-care so you can feel prepared and confident

For a complete schedule of workshops, scan the code or visit: <u>uwsp.edu/tlc/Pages/AcademicSkillsWorkshops</u>

