Poking the Bear: Challenging the Status Quo

2024 WI Peer Recovery Conference





Objectives:

Participants will:

Learn how to avoid peer drift

Setting the scene

 Become aware of how to utilize their lived experience to respectfully challenge the professionals in how they understand authentic valuebased peer support

 Identify & explore innovative peer support practices for moving forward in service delivery

Why do you do what you do?

What motivates you?







What's your vision for your work/yourself?

- Visioning
- Finding partners
- Celebration



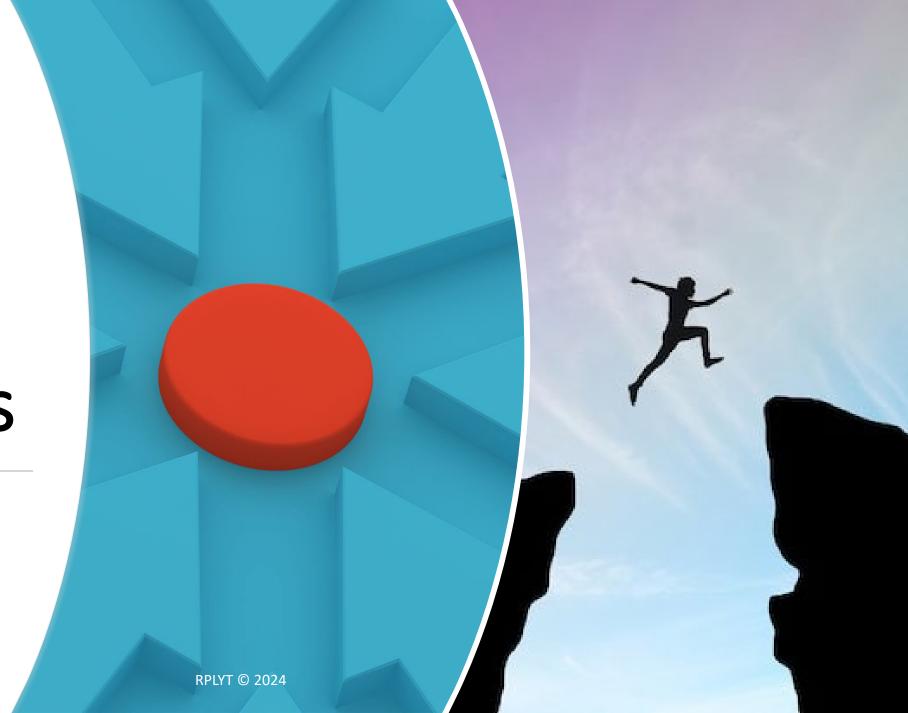
The power is there but what hides behind the curtain?

"Shoulding" on Yourself

Or freedom?



Dealing with the challenges







Capability Building & Opportunities

One Step at a Time



"You're so hard on yourself. Take a moment. Sit back. Marvel at your life: at the grief that softened you, at the heartache that wisened you, at the suffering that strengthened you. Despite everything, you still grow. Be proud of this."



1 You've Got This!

How do you see things?





Innovations



Thank You



www.robynpriest.com

robyn@robynpriest.com

CHALLENGE THE STATUS QUO!

