

Poking the Bear: Challenging the Status Quo

2024 WI Peer Recovery Conference



Setting the scene



Objectives:

Participants will:

- Learn how to avoid peer drift
- Become aware of how to utilize their lived experience to respectfully challenge the professionals in how they understand authentic value-based peer support
- Identify & explore innovative peer support practices for moving forward in service delivery

Why do you
do what
you do?

What
motivates
you?





What's your vision
for your
work/yourself?

- Visioning
- Finding partners
- Celebration




The power is there but what hides
behind the curtain?

“Shoulding” on Yourself

Or freedom?





Dealing with the challenges



Capability Building & Opportunities

One Step at a Time



“You’re so hard on yourself. Take a moment. Sit back. Marvel at your life: at the grief that softened you, at the heartache that wisened you, at the suffering that strengthened you. Despite everything, you still grow. Be proud of this.”



 You've Got This!

How do you see things?



Innovations



Thank You



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CHALLENGE THE STATUS QUO!

