

**“The two most important days in your life are the day you are born and the day you find out why.” —Mark Twain.**



## Recovery Advocacy

The New Recovery Advocacy Movement (NRAM) is a social movement led by people in addiction recovery and their allies aimed at altering public and professional attitudes toward addiction recovery, promulgating recovery-focused policies and programs, and supporting efforts to break intergenerational cycles of addiction and related problems.

<https://www.chestnut.org/Blog/Posts/146/William-White/2016/1/New-Recovery-Advocacy-Movement-Basics/blog-post/>

**Description:** The session will provide attendees with practical information about how to be an advocate for change in their communities. The session will demonstrate and provide easy steps for them to advocate at local, state and federal level. This session will demonstrate how important advocacy is and the impact it can have.

**Objective #1:** Shared definition of advocacy.

**Objective #2:** Understanding the steps to be an advocate.

**Objective #3:** Call to action to be an advocate now.



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