

Conference Program and Schedule









Wednesday, Preconference • April 10

Processing the Revision of the CPS 9:00 a.m. - Noon Curriculum | Room TBD

> **Ethics and Boundaries** Sandstone 23789

Noon - 1:00 p.m. 1:00 - 4:00 p.m.

Lunch

Processing the Revision of the CPS

Curriculum | Room TBD Ethics and Boundaries Sandstone 23789

Thursday • April 11

7:00 - 8:00 a.m.

Registration and Breakfast

Welcome

8:00 - 8:30 a.m. 8:30 - 10:00 a.m. A2

Keeping Peer Support Alive in a Clinic Environment | Tundra DEF

Supporting Peer Providers Using **A3** Technology-Based Solutions to Deliver Seamless Services | Sandstone 1

A4 Looking Beyond Behavior to See the Underlying Need | Tundra ABC

Understanding Trauma-informed Peer Support and Post-Traumatic Growth | Wilderness 25

The Art of Connection: Community Building Skills in Uncivil Times Sandstone 456

10:00 - 10:30 a.m. 10:30 a.m. - Noon B1

Break

Is Trauma Contagious? Burnout, Secondary Trauma and Compassion Fatigue | Wilderness 25

B2 Nurse Wellbeing and the Importance of Peer Support | Sandstone 1

Connection is Prevention: Combating Social Isolation & Loneliness Wilderness 14

B4 Supporting Certified Peer Specialists Living and Working Inside Wisconsin Prisons | Sandstone 456

B5 Partnering Peer Support with Recovery Courts | Tundra ABC

Uplifting Our Community by Upholding Choice: The Story of Uplift WI | Tundra DEF

Noon - 12:30 p.m.

Lunch

12:30 p.m. – 1:30 p.m.

Keynote | Poking the Bear: Challenging the Status Quo Sandstone 23789

1:30 - 2:00 p.m. 2:00 - 3:30 p.m. C1

Break | Snacks will be served There's a Grant for That: Strategies for Increasing Funding for Impact Wilderness 14

Bringing the Whole Self to Work: Navigating Mental Health Needs in the Workplace | Wilderness 25

c3 Recovery Friendly Workplaces in Rural Wisconsin | Tundra ABC

Liberating Choices: Empowering Drug Users through Unions and a Safe Supply | Tundra DEF

c5 Art-Making & Peer Support Sandstone 456

7:00 - 8:00 p.m.

Ice Cream Social | Sandstone 23789

Schedule

6.0 CEHs for Pre-Conference 11.0 CEHs for Conference 17.0 CEHs for Pre-Conference and Conference

Friday • April 12

7:00 - 8:30 a.m.

Registration and Breakfast

8:30 - 10:00 a.m. D1

Rethinking Self-Care from the Top Down | Tundra DEF

Working with the team: Effective Techniques in Communication for Peers | Sandstone 1

D3 Writing in Recovery | Tundra ABC

Showing Up for Our Unsheltered Neighbors: La Crosse's Homeless Outreach Team | Wilderness 25

Peer Specialist Tune-Up Wilderness 14

10:00 - 10:30 a.m.

Break

10:30 - Noon

Alternative Psychosis Crisis **E1** Response | Wilderness 25

F2 Healing Connection: Addressing Compassion Fatigue & Burnout Wilderness 14

E3 Recovery Advocacy | Tundra DEF

Feeling Like an Imposter: Living with Bipolar Disorder while Providing Psychotherapy | Sandstone 456

F5 Beloved Community: Peer Respite as a Non-Carceral & Liberatory Mental Health Possibility | Sandstone 1

Competencies for Peer Support Supervisors | Tundra ABC

Noon - 12:30 p.m.

12:30 - 1:30 p.m.

Keynote | Empowered to Serve: Unveiling the H.E.A.L. Framework Sandstone 23789

2:00 - 3:30 p.m. F1 Intersectionality of Peer Support in

Child Welfare | Sandstone 1 F2 The Good, The Bad and The Kind

of Ugly: Lessons Learned while Integrating Peer Specialists into a System of Care | Sandstone 456

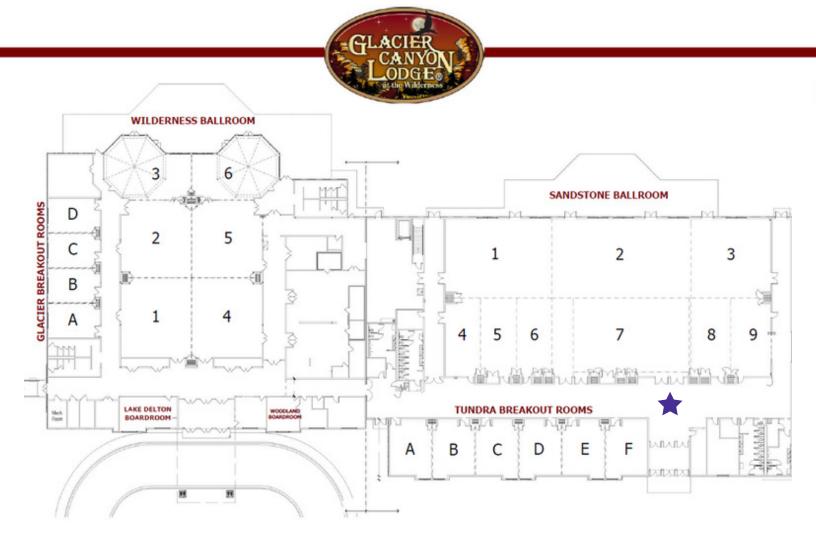
F3 From Insight to Empowerment: The Synergy of Peer Support and Harm Reduction | Wilderness 25

F4 Key Elements of Peer Support Programs Focused on Recovery and Reentry in Community-Based Organizations | Wildernes 14

F5 Challenging Organizational Norms and Paving the Way for Equity Tundra DEF

F6 Embodied Reflective Listening Practice Workshop | Tundra ABC

Conference Map



★ Registration

In the Conference Center Lobby.

Comfort Room

The **Lake Delton Board Room** will be available as a comfort room from 8:30 a.m.-5 p.m. on Thursday, April 11 and from 8:30 a.m.-3:30 p.m. on Friday, April 12.



Conference Portal

Scan the QR code to access the conference portal. Evaluation and CEH form will be available on the portal Friday afternoon.







Handouts

Handouts are posted in the gray drop-down menus on the portal. Please note that not all presenters have handouts to share with conference attendees.

Continuing Education Hours

Continuing Education Hours are a measure of participation in continuing education programs. 17.0 Continuing Education Hours for this conference have been endorsed by the UW-Stevens Point Department of Sociology and Social Work. To receive your personalized, printable Certificate of Continuing Education Hours, please follow the link found on the conference portal. This link will be posted on Friday afternoon, April 12, 2024. Individuals should consult with their professional association and/or licensing board regarding the applicability of the conference for their profession. It is the individual's responsibility to report CEHs earned to their appropriate credential or licensing board.

Name Tags

Please have your nametag visible for admittance into your sessions and meals. People available to provide support during the conference are wearing gold ribbons on their name tags. Please feel free to reach out to someone for support when needed.

This year the Wisconsin Peer Recovery Conference is working to incorporate more bodily autonomy. If you would like to take some stickers to put on your name badge to identify your level of comfort with physical contact, it will help others to identify. Also, please look at other people's stickers before initiating physical contact. Green is open to consensual hugs. Yellow is open to consensual handshakes and fist-bumps. Red is no physical contact at all. Please respect other's bodily choices so everyone can feel safe and welcome at the peer conference.

Peer Recovery Centers

This year, we are honored to highlight the work of the Peer Recovery Centers around the state. Currently, 11 independently owned and operated peer centers receive a portion of their funding through the Mental Health Block Grant. All of these programs are run for peers, by peers. At peer recovery centers, adults who are living in recovery from mental health and/or substance use challenges, whatever that looks like for them, can connect with others who have personal lived experiences in a judgment-free space. Peer centers are non-clinical and are always free for community members. All centers have drop-in hours and provide a range of activities and programming for peers who choose to engage in them. Be sure to check out their booths in the exhibition hall!

Locations for Peer Recovery Centers:

Cornucopia, 2 S. Ingersoll Street, Ste. B, Madison, WI. 608-249-7477

The Friendship Connection, 117 S. Main Street, Adams, Wl. 608-339-6810

The Gathering Place, 1001 Cherry Street, Green Bay, Wl. 920-430-9187

Kaleidoscope Center, 800 Wilson Avenue, Room 41, Menomonie, Wl. 715-231-3055

NAMI Washington County, 279 S. 17th Avenue, Ste. 7, West Bend, WI. 262-339-1235

Our Space, 1527 W. National Avenue, Milwaukee, Wl. 414-383-8921

RAVE Recovery Avenue, 1806 State Street, La Crosse, WI 608-785-9615

The Wellness Shack, 505 S. Dewey Street, Eau Claire, WI. 715-855-7705

Coulee Recovery Center, 933 Ferry Street, La Crosse, WI. 608-784-4177

Waushara SHINES, 205 E. Main Street, Ste. 22C, Wautoma, Wl. 920-787-9095

Lighthouse Recovery Community Center 721 Park Street, Manitowoc, WI. 920-374-4433

Thank You!

Conference Scholarship Sponsors

EXPO of Wisconsin

Conference Planning Committee

Heidi Disher

Sara Eckland

Shannon Engel

Dana Horstman

Kish Hudson

Nicole Iuro Ravens

Jasmine Larson

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Todd Scharrer

Melissa Touche

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Conference Exhibitors

Apricity

Bold North Recovery

Community Medical Services

Coulee Recovery Center

4th Dimension Recovery Centers

Disability Rights Wisconsin

Exodus House

Great Lakes MHTTC, ATTC, PTTC & Peer Recovery Center of Excellence (PR-COE)

Hazelden Betty Ford

Horizon High School

Lighthouse Recovery Community Center, Inc.

Meta House, Inc

NAMI Wisconsin

Our Space Inc.

Project WisHope

Rogers Behavioral Health

Safe Communities MDC

Summit Clinical Labs

The Friendship Connection Inc

The La Crosse Lighthouse

VTSU-MS in Clin MH Counseling - Weekend Format in WI

Waushara SHINES/Unity Recovery Services

Wisconsin Association of Treatment Court Professionals
Wisconsin Department of Health Services

Wisconsin Milkweed Alliance, Inc.

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