



CHAPS EQUINE-ASSISTED THERAPY





HEALING THROUGH CONNECTION

Chaps Equine-Assisted Therapy

For some youth, spending time with a horse can help break down barriers, allowing them to work through trauma and overcome behavioral and mental health struggles, such as anxiety, depression, trauma, ADHD, suicidal thoughts and more.



Our CHAPS Equine-Assisted Therapy program creates a safe, judgment-free zone and builds trust — not just with the horse but also between youth and therapist.

As individuals interact with horses, they respond in ways that are characteristic to how they approach challenges in their life.

Youth and families utilizing equine-assisted therapy services will learn more about themselves through interactions with horses in a variety of activities.

Equine-assisted therapy is available at our Fond du Lac, Shiocton, New London, Milwaukee and Neenah locations.

OUR GOALS

At Rawhide, we have a very clear goal: to transform the lives of the youth we serve. To show them how to make healthy choices. To inspire them to realize their potential. To equip them with the tools for success. To help them heal.

Rawhide is a faith-based 501(c)(3) organization that provides Wisconsin's at-risk youth and families a full array of residential and community-based services to help them overcome life's challenges.

OUR EXPERTISE

Our counseling services provide youth and their families with a range of individual, group and family therapy, blending styles and approaches (i.e., cognitive, behavioral, emotional, social, and spiritual) tailored to meet the needs of each youth.

Our counseling centers are located in Appleton, Fond du Lac, Green Bay, Milwaukee, Neenah, New London and Shiocton.

We work side by side with youth on the following areas:

- Suicidal thoughts or actions
- Depression
- Anxiety
- Post-Traumatic Stress Disorder (PTSD)
- Attention Deficit Hyperactivity Disorder (ADHD)
- Academic struggles
- Behavior problems
- Anger management
- Grief and loss
- Family or relationship issues (e.g., bullying)
- Sexual, psychological, or physical abuse or trauma
- Poor self-esteem
- Substance abuse



Stress And Anxiety



Depression



Trauma



Substance Abuse



Grief and Loss



Academics

WHAT TO EXPECT

Youth and their families can schedule in-person or telehealth appointments at one of our eight locations. Once an appointment is scheduled, our administrative staff will gather initial information to help pair youth with the appropriate therapist based on their needs. The first appointment will focus on gathering information pertinent to treatment with an in-depth assessment for the therapist and youth to get acquainted. In the following sessions, therapists will work closely with youth and their families to implement and adjust the appropriate treatment plan.



**To schedule an appointment,
call 877-300-9101 or visit Rawhide.org.**



LOCATIONS:

Appleton

Westhill Professional Park, 446 Westhill Boulevard
Suite 6, Appleton, WI 54914

Fond du Lac

N5682 County Road K, Fond du Lac, WI 54937 *

Greater Milwaukee

Bank Five Nine, 5555 N. Port Washington Road
Suite 207, Glendale, WI 53217

143 E. Lincoln Avenue, Milwaukee, WI 53207*

Green Bay

Park Business Center I, 926 Willard Drive,
Suite 228, Green Bay, WI 54304

Neenah

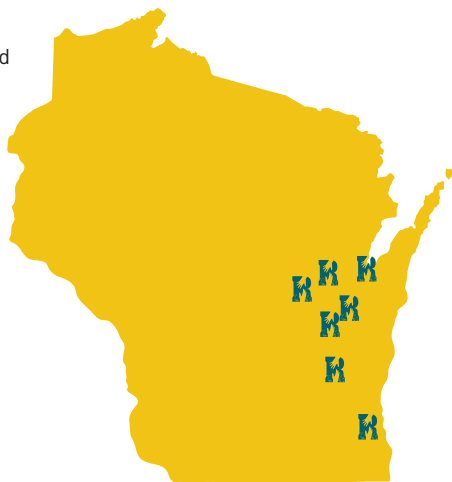
2692 County Road GG, Neenah, WI 54956*

New London

E7475 Rawhide Road, New London, WI 54961*

Shiocton

N5367 Mayflower Road, Shiocton, WI 54170*



**We also offer school-based
therapy in New London,
North Fond du Lac,
Fond du Lac and Greater
Milwaukee schools.**

*These locations also offer CHAPS Equine-Assisted
Therapy services.