



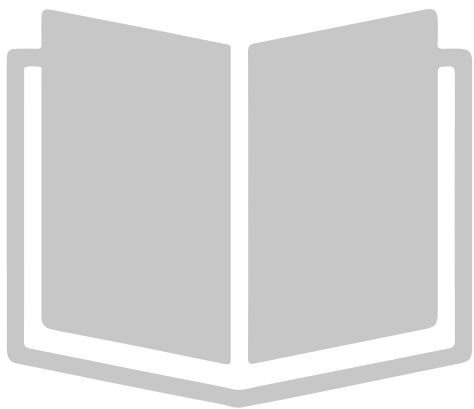
Spring 2023 Program Guide

- ▶ Membership Information
- ▶ Class Descriptions
- ▶ Semester Calendar
- ▶ Registration Form



LIFE

Learning Is Forever



Welcome To LIFE

LIFE (Learning is ForEver) is a membership-based association of adult learners, providing a wide array of classes and activities that share experiences, promote intellectual and cultural enrichment, and encourage lifelong learning. It is sponsored by University of Wisconsin-Stevens Point and hosted by Continuing Education and Outreach. All instructors are volunteers.

Designed to meet your needs and interests, the LIFE program provides new learning opportunities on a variety of topics in an array of formats, including:

- Peer Teaching and Learning
- Lectures by Visiting Experts
- Theater and Sports Events
- Field Trips

What Does LIFE Offer?

Since members are the heart of the LIFE program, courses are developed based on member interests. Some classes meet weekly for two weeks while others meet once. Courses and events are offered during two terms:

- Summer/Fall (July - December)
- Winter/Spring (January - June)

A LIFE membership includes one term. One bi-annual membership fee (\$50) entitles you to participate in as many courses as you wish and select discounted UWSP programming for one semester.

LIFE Contact Information

Email	uwspcelife@uwsp.edu	Website	www.uwsp.edu/conted/LIFE
Phone	715-346-3838	Hours	8 a.m. – 4:30 p.m.
Fax	715-346-3504	Address	2100 Main Street Old Main Bld. 032 Stevens Point, WI, 54481

LIFE Board 2022 – 2023

President	Ed Miller
Past-President	Pat Kluetz
Secretary	Richard Ruppel
Treasurer	Betty Kieliszewski
Membership/Promo Chair	Paul Shogren
Curriculum Committee Chair	Jane Osypowski
Technology Committee Chair	Mike Wrzinski
Social Committee Chair	Lorrie Franke
Members At-Large	Kurt Hase
	Teresa Stoltenberg
UWSP Program Manager	Rebecca Bauer

Meetings are held via Zoom at 9 am:

February 8, April 4, and June 6

Membership/Promotion Committee

Dale Emrick
Kurt Hase
Betty Kieliszewski
Deane Matthews
Jane Osypowski
Paul Shogren
Barb Weyenberg

Meetings are held monthly
via Zoom at 9 a.m. on Mondays:
January 3 (Tuesday), February 6,
March 6, April 10, and May 8.

Social Committee

Lorrie Franke
Kurt Hase

Meetings are held via Zoom at
9 a.m. on Wednesdays May 17
and November 1.

Technology Committee

Kurt Hase
Betty Kieliszewski
Ed Miller
Mike Wrzinski

Meetings are held via Zoom at the
discretion of the Chair. Notification
of meetings will be sent out a week
prior to the meeting.

Curriculum Committee 2022 – 2023

Barb Bartkowiak
Horace Davis
Kurt Hase
Bill Kirby
Pat Kluetz
Ed Miller
Tom Ordens
Jan Seiler
Kathy Serley
Paul Shogren
Teresa Stoltenberg
Jim Walker
Bill Wood
Mary Zinda

We hope you will enjoy the wide array of classes and activities offered this semester. LIFE's Curriculum Committee (a volunteer group of your fellow members) is always looking for fresh class ideas and new presenters.

If you are interested in leading a class or trip, please contact any of the curriculum committee members, attend a curriculum committee meeting, or better yet, join the committee! Email the curriculum committee or the LIFE Board at UWSPCELIFE@uwsp.edu.

New committee members and visitors are always welcome!

Meetings will be held via Zoom at 10:30 a.m. on January 23, February 7, February 20, March 7, March 20, and April 3.

Important Notes

Welcome to the LIFE Program for the Spring Term

We are excited to again bring you a variety of offerings, most of which will be available via Zoom with several having an in-person venue. Presenters choose whether they are willing to do their program before an audience in addition to being made available on Zoom. If there is an in-person component, presenters choose the campus that they will do their session. LIFE members can attend at the campus where the program is offered and not just at the campus closest to where they live. LIFE, like UWSP, is working hard to integrate our three locations. In addition, LIFE offers trips to its members, including local tours. If you missed a class you wanted to attend, a recorded version will be available from our Canvas library. We are especially proud of our tech volunteer staff that will help you to ensure that you are able to participate in our programs on Zoom and to access past programs from our library. Do not hesitate to ask us for assistance. While LIFE began using Zoom because of Covid, it has allowed us to have our members participate wherever they are located. Some members live all or part of the year outside Wisconsin, parking and weather are not issues. LIFE can also draw upon a wider range of presenters, including notable scientists and book authors. A strong community has grown up among LIFE members.

Looking forward to seeing you this semester!

Ed Miller,

President of LIFE

Privacy Disclaimer in Zoom Classes

Most LIFE classes will be recorded and posted on our Canvas page. The Canvas page is only accessible to registered LIFE members and the recording will only be available there. If you have concerns about your name or face being displayed in this video, please feel free to change your display name and/or shut off your video. You can tell if we are recording by checking for a red light in the top left of your screen. Thank you in advance for saving us hours of editing time.

Thank You To Our Donors

Gregg and Kay Aiken	Faye and Edward Miller
Karl and Karen Aldinger	Meryl Lee Nelson
Joseph and Guadalupe Ancel	Kim O'Flaherty
Donald Baker	Thomas and Judith Ordens
Rae Barnes and Steve Martineau	Jane and Martin Osypowski
Victoria Billings	Pauline Pray
Grace Davidson	Jack and Judith Reed
Darlene Eichacker	Karen Schimian
Pamela and Fredric Fleishauer	Dale and Annette Schuh
Robyn and David Gibson	Jan Seiler
Diane Greenberger	Stefan and Jane Shoup
Kenneth Hanson	Lillian Spangenberg
Arthur and Barbara Herman	Sybil Strupp
Bernard and Mitzi Hlavac	Karen Trzebiatowski
Betty and Duane Kieliszewski	Arthur Waldman
Lynn and Bill Kirby	Julia Weiser
Marcellus and Susan Kramer	Mary Zinda
Deborah Lacey	Richard and Linda Zoll
William and Anne Love	

Consider making a contribution to the LIFE Foundation, which will be used to support LIFE operations and is tax deductible as allowed by law. Please make your donation check payable to UWSP Foundation - LIFE and mail contributions to:

UWSP Foundation
 Old Main, Room 212
 2100 Main Street
 Stevens Point, WI 54481

LOOKING FOR SOMETHING QUICK?

Keep an eye out for these icons to help you quickly decide if a talk or trip is for you! All Adventure Tour trips will need pre-registration and more information will be sent after signing up.



Over Zoom



In-Person



Hybrid Class



Daycation



Multi-Day Trip

LIFE Membership Committee Meeting

All are welcome to attend. Zoom Meeting only.



Tuesday, January 3

Time 9 – 10:30 a.m.

Location: Zoom Meeting Only

Led By: Paul Shogren (LIFE Membership/Promotion Committee Chair)

COSTA RICA

Our University's long-standing relationship with Costa Rican Specialties allows for a higher quality adventure guided by bi-lingual guide and naturalist extraordinaire, Victor Acosta. Along with our tour leaders Sue and Don Kissinger, this all-inclusive adventure will give travelers a fulfilling taste of what Costa Rica is all about. Pura Vida!



January 4 – 15

Location: Costa Rica

Pre-registration Required: Registration Closed

GOOD IDEAS CONFERENCE

A University Experience for Adults! Join a group of adult lifelong learners for an enriching three-day conference. A January thaw for your mind and spirit. Follow the QR Code to see what classes are going to be available before you sign up!



Tuesday – Thursday

January 10 – 12

Class times will vary

Pre-registration Required

Location: UWSP Wausau Campus
in-person or online



LIFE BOOK DISCUSSION

We will be discussing *Notes on An Execution* by Danya Kukafka published in 2022. Ansel Packer is scheduled to die in twelve hours but this is not his story... this is the story of the women left behind. A chilling portrait of womanhood as it unravels the familiar narrative of the American serial killer, interrogating our cultural obsession with crime stories, and asking readers to consider the false promise of looking for meaning in the minds of violent men. Check your local library for copies of the book or ebook.



Monday, January 16

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Julie Hladky (LIFE Member)

FILM DISCUSSION – US FILM

Every two weeks, Roger Bullis and/or P. Sudevan will lead a discussion about a US Film or an international film. Film titles will be announced a week or so ahead of time via email and social media.



Tuesday, January 17

3 – 4:30 p.m.

Location: Zoom Meeting Only

Led By: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)

MORNING ROUNDTABLE

Previously known as LIFE Coffee Social Hour. This roundtable discussion will be facilitated by the moderator. The topic will be proposed and everyone in the session will be allowed to contribute to discussion. Today's topic "What is the most defining moment of your life thus far?"



Wednesday, January 18

10 – 11 a.m.

Location: Zoom Meeting Only

Led By: Rebecca Bauer (LIFE Program Manager)



KEEP IN MIND!

Unfortunately sometimes we have cancelations due to a variety of reasons. Remember to check your email or our social media for updates!

A NEW LOOK AT DEISM AND THE FOUNDING FATHERS

There is an intense debate about whether the American Founders were primarily Christians who wanted to establish a Christian nation or whether they were primarily deists who wanted to establish a secular country with a wall of separation between church and state. Through showing that Ben Franklin, Thomas Jefferson, and John Adams were a previously unknown type of deist, a Jesus-centered deist, I will show why both sides of this debate are mistaken.



Thursday, January 19

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led By: Joseph Waligore Ph.D. (Emeritus Professor of Religious Studies and Philosophy, UWSP)

SIX

Join us on this day trip to the Fox Cities PAC to see the energizing production of *SIX*. This trip includes tickets to the show, a dinner at Pullmans At Trolley Square, and coach bus to Appleton and back.



Saturday, January 21

All Day

Location: Appleton

Led By: Anne Rogalski (CE Associate Director)

Pre-registration Required: Registration Closed

LIFE Curriculum Committee Meeting

All are welcome to attend as we prepare programs for the fall semester.



Monday, January 23

10:30 a.m. – Noon

Location: Zoom Meeting Only

Led By: Jane Osypowski (LIFE Curriculum Committee Chair)

NEW MEMBER ORIENTATION

An orientation meeting for all new and current LIFE Members.



Monday, January 23

1 – 2 p.m.

Location: Zoom Meeting Only

Led By: Rebecca Bauer (LIFE Program Manager)

All of our virtual options use Zoom!
If you need quick tips you can follow this link
uwsp.edu/conted/Pages/Zoom-Tutorial.aspx



WHAT MAKES RETIREMENT WORK WHEN I'M DONE WORKING

Retirement is one of life's major transitions and a healthy retirement involves much more than financial planning. Those who retire well live longer, healthier and happier. Dr. Michael Schulein will discuss elements of a healthy retirement and how each of us can build it.



Wednesday, January 25

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led By: Michael Schulein (Ph.D. in Clinical Psychology)

STATE OF ANTISEMITISM

Join us as we discuss the survey data and examples of the rise of antisemitism happening across the Midwest, U.S., and the world. Open discussion and Q & A will follow.



Thursday, January 26

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led By: Trent Spoolstra (Associate Regional Director, ADL, Midwest)

DECIDING WHAT IS TRUE

This presentation describes how misinformation flows through the information ecology, what factors are associated with being susceptible to believing misinformation, what factors help combat misinformation, and what measures are being taken across social media platforms and in journalism to fight misinformation.



Monday, January 30

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led By: Mike Wagner (Ph.D. in political science, Professor of Journalism and Mass Communication, Director of the Center for Communication and Civic Renewal)

“HI-TECH,” AND LET’S CHAT

At “Hi Tech” and Let’s Chat, we will discuss and answer questions about computer tech stuff, Zoom, other software, TV streaming, cell phones, tablets, and anything else you want to bring up. Drinks of all sorts are welcome and optional but we don’t deliver to your home. Jokes are encouraged. Bring questions of all sorts. And, maybe some answers.



Tuesday, January 31

1 – 2 p.m.

Location: Zoom Meeting Only

Led By: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)
and Mike Wrzinski (LIFE Technology Committee Chair)

FILM DISCUSSION – INTERNATIONAL FILM

Every two weeks, Roger Bullis and/or P. Sudevan will lead a discussion about a US film or an international film. Film titles will be announced a week or so ahead of time via email and social media.



Tuesday, January 31

3 – 4:30 p.m.

Location: Zoom Meeting Only

Led By: P. Sudevan (Emeritus Professor of Psychology, UWSP)

**MANAGING YOUR PROPERTY FOR WILDLIFE:
WHAT DMAP CAN DO FOR YOU**

Ever wanted to know more about managing your property for wildlife? Well, the Deer Management Assistance Program (DMAP) is here to help. In this presentation, we'll talk about the basics of managing your land for wildlife, what DMAP is, and how DMAP can help you achieve your wildlife habitat management goals.



Wednesday, February 1

10 – 11:30 a.m.

Location: Hybrid - Stevens Point Campus - Old Main 002

Led By: Haley Frater (DMAP/Private Lands Coordinator, WI-DNR)

SIMPLY CLASSICAL WITH THE CWSO

Learn more about the Central Wisconsin Symphony Orchestra (CWSO) as they prepare for their upcoming concert "Simply Classical." The concert takes place on Saturday, February 18, 2023 at 7:30pm in the Sentry Theater. Dr. Andy Moran, music director of the CWSO, will speak on the music being performed as well as invite a member of the orchestra to speak and give a short performance.



Thursday, February 2

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led By: Andy Moran (Music Director - CWSO)

LIFE Membership Committee Meeting

All are welcome to attend.



Monday, February 6

9 – 10:30 a.m.

Location: Zoom Meeting Only

Led By: Paul Shogren (LIFE Membership/Promotion Committee Chair)

LIFE Curriculum Committee Meeting

All are welcome to attend as we prepare programs for the fall semester.



Tuesday, February 7

10:30 a.m. – Noon

Location: Zoom Meeting Only

Led By: Jane Osypowski (LIFE Curriculum Committee Chair)

MUNICIPAL DRINKING WATER

A discussion about how water in municipal drinking water systems (specifically Stevens Point's) gets from the ground to your tap. We will cover production, treatment, distribution, and metering. Additionally, we will have the opportunity to ask questions about anything from Lead to PHOS/PHOA. Learn how Stevens Point became the "City of Wonderful Water."



Tuesday, February 7

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Joel Lemke (Director of Public Utilities for the City of Stevens Point)

LIFE Board Meeting

All are welcome to attend.



Wednesday, February 8

9 – 10:30 a.m.

Location: Zoom Meeting Only

Led By: Ed Miller (LIFE President)

WONDERFUL WETLANDS!

Wetlands in Wisconsin provide wonderful ecosystem services to us year-round. As our wetlands slumber under winter snows, we know that their job of handling our snow melt and spring rains is just around the corner. Join Katie Beilfuss, Paul Skawinski, and Sam DeRoche as we explore the wetland of Mead Wildlife Area on snowshoes. The snowshoe hike will be adjustable for all ability levels. If you have never tried snowshoeing before this is a great event to try!



Friday, February 10

1 – 3:30 p.m.

Location: In-Person Only, Mead Wildlife Area Classroom, Milladore

Led By: Katie Beilfuss, Paul Skawinski, and Sam DeRoche

Pre-registration Required: Online or Call 715-346-3838

LIFE \$25 | Non-LIFE \$35

This workshop is designed for landowners and nature enthusiasts

Transportation on your own

MILWAUKEE REP THEATER

Starting out with a visit to the Milwaukee Public Market (a unique downtown food destination), then onto the Milwaukee Rep to attend a performance of either *Much Ado About Nothing* or *Dino: An Evening with Dean Martin*.



Sunday, February 12

All Day

Location: Milwaukee

Led By: Sarah Rudolph (Professor Emeritus, UWSP at Wausau)

Pre-registration Required: Online or Call 715-346-3838

LIFE \$125 | Non-LIFE \$145

LIFE BOOK DISCUSSION

Year of Yes: How to Dance it out, Stand in the Sun, and Be your own Person by Shonda Rhimes (published 2015). This poignant, hilarious, and deeply intimate call to arms, Hollywood's most powerful woman, the mega-talented creator of Grey's Anatomy and Scandal reveals how saying YES changed her life - and how it can change yours too. Copies of the book or ebook can be found through your local library. Libraries in Marshfield, Wausau, and Wisconsin Rapids would like you to request copies on an individual basis. Stevens Point Library has a shelf with the books already pulled and ready for check out.

Monday, February 13



1 – 2:30 p.m.

Location: Zoom Meeting Only

Led by: Moderator to be determined

“HI-TECH,” AND LET’S CHAT

Please see page 9 for program description. Topics will be announced in the LIFE weekly that comes out on Fridays.

Tuesday, February 14



1 – 2 p.m.

Location: Zoom Meeting Only

Led By: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)
and Mike Wrzinski (LIFE Technology Committee Chair)

FILM DISCUSSION – US FILM

Please see page 7 for program description.

Tuesday, February 14



3 – 4:30 p.m.

Location: Zoom Meeting Only

Led By: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)

MORNING ROUNDTABLE

Today's topic "Discussion on the differences of the Seven Living Generations."

Wednesday, February 15



10 – 11 a.m.

Location: Zoom Meeting Only

Led By: Noah La Maide (Continuing Education Staff)

LIFE Curriculum Committee Meeting

All are welcome to attend as we prepare programs for the Fall semester.



Monday, February 20

10:30 a.m. – Noon

Location: Zoom Meeting Only

Led By: Jane Osypowski (LIFE Curriculum Committee Chair)

CURSED BEAUTY – OR HOW HEDY LAMARR INVENTED THE FUTURE!

Hedy Lamarr was a major Hollywood movie star during the 1940s, touted as being “the most beautiful woman in the world.” But she was much more than simply a pretty ornament. Highly intelligent, Hedy loved inventing and invented a wide variety of devices during her lifetime. Most of her inventions were interesting, but trivial. One, however, was fundamental and formed the basis for today’s WiFi, GPS, Bluetooth, and secure cell phone and military communications.

This LIFE class will discuss Hedy’s momentous invention – plus more. Should be fun; hope you choose to tune in.



Tuesday, February 21

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led By: Bill Wood (Retired Mechanical Engineer)

TED TALK

TED stands for technology, entertainment, and design. TED talks are videos that present great ideas in under 18 minutes. LIFE members are encouraged to research and send program suggestions to uwspce-LIFE@uwsp.edu. One week prior to the discussion the topic and video link will be announced. Classes will start by viewing the TED talk together, followed by a discussion among attendees. Members can watch the video before the discussion if they want.



Tuesday, February 21

1 – 2 p.m.

Location: Zoom Meeting Only

Led By: Jane Osypowski (LIFE Curriculum Committee Chair)

HANK TALK

Topic and presenter to be released prior to presentation. More information can be found at <https://www.uwsp.edu/Wausau/hank-talks>



Tuesday, February 21

7 – 8 p.m.

Location: Hybrid - Wausau Campus, Veninga Theater

STREAMING TV, RADIO, AND EBOOK OPTIONS TODAY!

An overview of what and how to watch, hear, and read in today's new digital era. Learn how to stream free programming to discover thousands of TV shows, movies, old radio programs, and ebooks. Discover the many paid service options and devices you may need.



Wednesday, February 22

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Roger Bullis (Emeritus Professor of Digital & Mass Media, UWSP)

A BRIEF HISTORY OF GRAVITY

A history of the scientific understanding of gravity, from the ancient Greeks to Einstein's theory of general relativity.



Thursday, February 23

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Bill Jenkins (Physics Lecturer and Retired Naval Officer)

TO KILL A MOCKINGBIRD

Join us to see the classic production of *To Kill A Mockingbird* at the Fox Cities Performing Arts Center in Appleton! This trip includes the tickets to the show, a dinner at Pullmans At Trolley Square, and coach bus to Appleton and back.



Saturday, February 25

All Day

Location: Appleton

Led By: Anne Rogalski (CE Associate Director)

Pre-registration Required: Online or Call 715-346-3838

Registration closes January 6, 2023

LIFE \$189 | Non-LIFE \$209

LOOKING FOR SOMETHING QUICK?

Keep an eye out for these icons to help you quickly decide if a talk or trip is for you! All Adventure Tour trips will need pre-registration and more information will be sent after signing up.



Over Zoom



In-Person



Hybrid Class



Daycation



Multi-Day Trip

FINDING HER PLACE: A YORKSHIRE MILL GIRL'S JOURNEY TO HOME IN THE GOLD COAST COLONY

Ioné Crabtree kept a detailed diary and intended to write a book about her journey from leaving school at fourteen to work in a Yorkshire mill, later meeting an African student at the London School of Economics, and then moving to the Gold Coast to marry him in 1947. After her untimely death, the project fell to her daughter. To provide the context for this story required researching the social history of their times, impacted by two world wars and the struggle for independence by the Gold Coast.

Monday, February 27



1– 2:30 p.m.

Location: Zoom Meeting Only

Led By: Catherine Cruickshank (B.Sc. Design, Post-Graduate Diploma in Architecture, M.S. Anthropology)



All of our virtual options use Zoom!
If you need quick tips you can follow this link
uwsp.edu/conted/Pages/Zoom-Tutorial.aspx

ADAPTING TO CLIMATE CHANGE: LIVING WITH THE REALITY

Potential climatic change resulting from burning fossil fuels was first suggested over 100 years ago. For well over three decades climate models have indicated how and to what degree climate would likely be altered. We now are witnessing the reality of climate change, but only the beginning. How bad will it get, and what can we do to mitigate the worst scenarios for our grandchildren?

Tuesday, February 28



10 – 11:30 a.m.

Location: Hybrid - Stevens Point Campus - Old Main 002

Led By: Alan Haney Ph.D. (Professor Emeritus of Forestry and former Dean of CNR, UWSP)

CLIMATE CRISIS DISCUSSION

Join a discussion about steps we can take to make the planet greener and safer. New videos will be shown at the start of each discussion.

Tuesday, February 28



1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Roger Bullis (Professor Emeritus of Digital & Mass Media, UWSP)

FILM DISCUSSION – INTERNATIONAL FILM

To carry on with the day's "Climate Action" theme, we will discuss the film *Silent Running*. A 1972 American environmental-themed post-apocalyptic science fiction film. Please see page 10 for program description.



Tuesday, February 28

3 – 4:30 p.m.

Location: Zoom Meeting Only

Led By: P. Sudevan (Emeritus Professor of Psychology, UWSP)

DILLON ANAPHYLAXIS TRAINING PROGRAM

"Do it for Dillon" Anaphylaxis Training Program. Participants will learn to recognize serious allergic reactions including anaphylaxis. They will learn how to use epinephrine injectors and will receive a four year certificate that also allows them to go directly to the pharmacy and obtain an epinephrine injector. This is a participant friendly, state approved program. Dr. Markman worked to get Dillon Anaphylaxis Training Program approved in Wisconsin, and is a leader in obtaining national adoption of life-saving program.



Wednesday, March 1

1 – 2:30 p.m.

Location: Hybrid - Stevens Point Campus - Old Main 002

Led By: Lenard Markman, DO (Family Medicine Physician)

PAULINE GOWER – PIONEERING LEADER OF THE SPITFIRE WOMEN

Pauline Gower was the leader of the Spitfire women during the Second World War. After gaining her pilot's license at age 20, she set up the first female joyriding business in 1931 with engineer Dorothy Spicer and took 33,000 passengers up for a whirl, clocking up more than 2,000 hours overall. Pauline went on to command the inaugural women's section of Britain's Air Transport Auxiliary (ATA) and, among other achievements, secured equal pay for her women pilots. She enabled them to fly 'Anything to Anywhere', including Tiger Moths, Hurricanes, Wellingtons and – their firm favorite – the Spitfire.

Pauline's story is one of bravery, fortitude, and political persuasion. She was a clear leader of her time and a true pioneer of flight. She died after giving birth, at only 36; a life cut tragically short, but one of significant achievements. Pauline left a huge legacy for women in aviation.



Thursday, March 2

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led By: Alison Hill (Author of *Pauline Bauer Pioneering Leader of the Spitfire Women*)

PRE-SHOW TALKBACK – *THE MISANTHROPE*

Outraged by the empty flattery and dishonesty of men, Alceste declares he will speak only truth—no matter who it may offend. Philinte counsels him to temper his rashness, but Alceste claims he can no longer tolerate the two-faced conventions of the world. Ironically, Alceste is enamored with Celimène, whose malicious tongue and unceasing flirtations make her the embodiment of everything Alceste professes to loathe. Upon discovering Celimène's scathing commentary on her lovers, Alceste rejects her affection and declares that he will renounce the world and seek a place where honesty can still flourish. Join the director for a pre-show chat.

**Sunday, March 5****1 – 1:45 p.m.****Location:** In-Person Only, Stevens Point Campus, NFAC 221**Led By:** Elizabeth Parks (Director)

Tickets for the performance must be purchased separately through the UWSP box office or online.

LIFE Membership Committee Meeting

All are welcome to attend.

**Monday, March 6****9 – 10:30 a.m.****Location:** Zoom Meeting Only**Led By:** Paul Shogren (LIFE Membership/Promotion Committee Chair)**LIFE Curriculum Committee Meeting**

All are welcome to attend as we prepare programs for the fall semester.

**Tuesday, March 7****10:30 – Noon****Location:** Zoom Meeting Only**Led By:** Jane Osypowski (LIFE Curriculum Committee Chair)**WHY DOES COLLEGE COST SO MUCH?****IS COLLEGE THE NEW BIG PHARMA?**

The cost of college education has continued to increase, often resulting in heavy debt loads for attendees (both for those who graduate and those who do not.) We will examine reasons for the cost increases and whether costs can be contained.

**Wednesday, March 8****10 – 11:30 a.m.****Location:** Zoom Meeting Only**Led By:** Ed Miller (Professor Emeritus of Political Science, UWSP)

THE HISTORY AND INCREASE OF CRAFT BREWERIES IN WISCONSIN

Jerry is a writer and speaker of brewing history. He will discuss the birth of craft breweries in Wisconsin and talk about some of your local craft breweries as well as unique breweries. These range from church buildings to farms and barns! He will also discuss what he sees in the future for craft breweries. Afterwards join Jerry at District One Brewery in Stevens Point to analyze what you learned.



Thursday, March 9

1 – 2:30 p.m.

Location: Hybrid - Stevens Point Campus - Old Main, 002

Led By: Jerry Janiszewski (Member of Wisconsin Historical Foundation and Pabst Mansion Board of Directors. Advisory Board to the new Historic Brewhouse in Old World Wisconsin.)

MADISON CAPITOL AND MUSEUMS

Back by demand, this journey includes touring the Capital Building and the Veterans Museum in Madison, and the Mustard Museum in Middleton. Coach bus transportation and tour fees are covered in the cost of the trip but bring funds for lunch and any other purchases you wish to make.



Friday, March 10

All Day

Location: Madison

Led By: Anne Rogalski (CE Associate Director)

Pre-registration Required: Online or Call 715-346-3838

Check our website for pricing

LIFE BOOK DISCUSSION

The Girl Who Drank the Moon by Kelly Regan Barnhill (published 2016). This epic fantasy is about a young girl raised by a witch, a swamp monster, and a perfectly tiny dragon, who must unlock the powerful magic buried deep inside her. This book won the 2017 Newbery Medal. Copies of the book or ebook can be found through your local library. See page 12 for more information.



Monday, March 13

1 – 2:30 p.m.

Location: Zoom Meeting Only
Moderator to be determined

NEW ORLEANS

Love Jazz, history, and great food? Join us for our New Orleans Culture Trip.



March 14 – 18

Led By: Anne Rogalski and Jennifer Hess (CE Associate Directors)

Pre-registration Required: Online or Call 715-346-3838

“HI-TECH,” AND LET’S CHAT

Please see page 9 for program description. Topics will be announced in the LIFE weekly that comes out on Fridays.



Tuesday, March 14

1 – 2 p.m.

Location: Zoom Meeting Only

Led by: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)
and Mike Wrzinski (LIFE Technology Committee Chair)

FILM DISCUSSION – US FILM

Please see page 7 for program description.



Tuesday, March 14

3 – 4:30 p.m.

Location: Zoom Meeting Only

Led by: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)

HANK TALK

Topic and presenter to be released prior to presentation. More information can be found at <https://www.uwsp.edu/Wausau/hank-talks>



Tuesday, March 14

7 – 8 p.m.

Location: Hybrid - Wausau Campus, Veninga Theater

MORNING ROUNDTABLE

Today’s topic “Most colleges and universities want an ACT or SAT score as part of admission requirements. Should the score on the test be used as one of the factors considered for admission? Is the test a valid indicator of success?”



Wednesday, March 15

10 – 11 a.m.

Location: Zoom Meeting Only

Led by: Lorrie Franke (LIFE Social Committee Chair)

TOTAL JOINT REPLACEMENT

The Joint Journey team at Stevens Point Orthopedics will go over the entire process of what you can expect if a joint replacement is in your future. Emphasis will be placed on the difference between an anterior and posterior approach for a total hip replacement.



Thursday, March 16

1 – 2:30 p.m.

Location: Hybrid - Stevens Point Campus - Old Main, 002

Led By: Dr. Mark Jordan (Orthopedic Surgeon),
Shawn Dombrowski (RN),
and Renee Vande Laarschot MS, PT (Joint Physical Therapist)

LIFE Curriculum Committee Meeting

All are welcome to attend as we prepare programs for the fall semester.



Monday, March 20

10:30 – Noon

Location: Zoom Meeting Only

Led By: Jane Osypowski (LIFE Curriculum Committee Chair)

TED TALK

Please see page 13 for description. Video selection and topic will be released in the LIFE weekly prior to the session.



Monday, March 20

1 – 2 p.m.

Location: Zoom Meeting Only

Led By: Ed Miller (LIFE President)

THREE QUOTES AND THEIR AMERICAN HISTORY STORIES

Quote 1: "They ate pork not only for their sustenance but also to remove any suspicion that they were Jews." - The Spaniards Come To The Americas.

Quote 2: "The New Englanders are a People of God, settled in those which were once the Devil's Territories; and it may easily suppose that the Devil was exceedingly disturbed, when he perceived such people."

- The Puritans weren't So Pure

Quote 3. "That Washington is not a scholar is certain. That he is too illiterate, unlearned, unread for his station is equally beyond dispute."

- They Were Feuding Founders



Tuesday, March 21

10 – 11:30 a.m.

Location: Hybrid - McMillian Library, Wisconsin Rapids

Led By: Horace Davis (LIFE Member)

A QUEST FOR TRAIL MARKER TREES

An overview of how Native Americans bent trees in Fond du Lac County.



Wednesday, March 22

10 – 11:30 a.m.

Location: Hybrid - Stevens Point Campus - Old Main, 002

Led By: Karl McCarty (Secondary Education; Teacher Social Studies)

WHAT MY DOGS HAVE TAUGHT ME: PERSPECTIVES FROM A DOG TRAINER

Hear from Dog Trainer, Terese Barta. Explore the history of the relationship between humans and dogs, how dogs have been used in many ways to help humans, how approaches to dog training have changed over time, and of course, Terese's background in training dogs from therapy dogs to search and rescue.



Thursday, March 23

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led By: Terese Barta Ph.D. (Professor Emeritus in Biology, UWSP)

PERSONALITY ASSESSMENT: WHAT IT CAN AND CAN NOT DO

This program describes current psychological theory and research about dimensions of personality and various ways to assess it, focusing on the "Big Five" factors. It discusses cross cultural research on personality as well as the limitations of personality assessment in predicting specific behaviors.



Monday, March 27

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led By: Amy Gervasio (Professor Emeritus of Psychology at UWSP;
Clinical psychologist)

HOME DESIGN INNOVATIONS FOR AGING IN PLACE

There is so much that we can do to increase comfort and safety while living at home as we age. We will discuss a range of design decisions and innovations that make it possible for us to remain in our homes longer and with a better quality of life.



Tuesday, March 28

10 – 11:30 a.m.

Location: Hybrid - Stevens Point Campus - Old Main, 002

Led By: Ariel Welling (Owner of Welling Kitchen, Bath & Floor)

CLIMATE CRISIS DISCUSSION

Join a discussion about steps we can take to make the planet greener and safer. New videos will be shown at the start of each discussion.



Tuesday, March 28

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Roger Bullis (Emeritus Professor of Digital & Mass Media, UWSP)

FILM DISCUSSION – INTERNATIONAL FILM

Please see page 10 for program description.



Tuesday, March 28

3 – 4:30 p.m.

Location: Zoom Meeting Only

Led by: P. Sudevan (Emeritus Professor of Psychology, UWSP)

UNDERSTANDING GRIEF

Insight into grief and the grieving process associated with death and loss. How grief processing impacts our well-being and the care we provide.



Wednesday, March 29

10 – 11:30 a.m.

Location: Hybrid - Wausau Campus, Terrace Room

Led by: Alane Flora (Certified in Dementia and Hospice Care, over 30 years healthcare experience)

INSPIRING CONTAINER PLANTING IDEAS TO EXPRESS YOUR CREATIVITY

Discover novel ideas on selection of planting containers, growing medium, plant selection, and design and color choices to create a personal living composition. The hope is to inspire those attendees to construct some planting(s) that they can enjoy throughout the season, and that make those in their neighborhood envious.



Wednesday, March 29

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Janell Wehr (University of Wisconsin Horticulture Educator Marathon and Wood County Wisconsin)

WAR ROOM MUSEUM GUIDED TOUR

Enjoy a guided tour of Marshfield's newest museum featuring historical war items from World War I to modern day campaigns, items from the home front, Holocaust, and much more.



Thursday, March 30

10 – 11:30 a.m.

Location: In-Person Only, Marshfield

Led By: Tyler Smazal (Owner of the collection and museum)

Pre-registration Required: Online or Call 715-346-3838

\$15 per LIFE member; \$10 refundable if canceled seven days in advance

Limit: 40 | Transportation on your own | All inside, stairs to display in basement.

LIFE Curriculum Committee Meeting

All are welcome to attend as we prepare programs for the fall semester.



Monday, April 3

10:30 a.m. – Noon

Location: Zoom Meeting Only

Led By: Jane Osypowski (LIFE Curriculum Committee Chair)

WISCONSIN MISSING PERSONS ADVOCACY

Wisconsin Missing Persons Advocacy, Inc is a nonprofit that was officially established in August 2017. The founder, Marsha Loritz, began her mission to bring awareness to the missing when her own mother went missing in April 2013. April is now Missing Persons Awareness month in the state of Wisconsin thanks to the work of the organization. In this presentation, hear Marsha's personal story, and how Wisconsin Missing Persons Advocacy, Inc was formed, the work that they do, and the importance of raising awareness. Discuss some missing persons cases and discover what you can do to help.



Monday, April 3

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Marsha Loritz (President and Founder of Wisconsin Missing Persons Advocacy, Inc.)

LIFE Board Meeting

All are welcome to attend.



Tuesday, April 4

9 – 10:30 a.m.

Location: Zoom Meeting Only

Led By: Ed Miller (LIFE President)

MILWAUKEE BREWERS TRIP

Ride a coach bus to Milwaukee and see the Brewers take on the New York Mets at American Family Field in Milwaukee.



Wednesday, April 5

All Day

Location: American Family Field, Milwaukee

Led By: Anne Rogalski (CE Associate Director)

Pre-registration Required: Online or Call 715-346-3838

LIFE: \$89 | Non-LIFE \$109

COMMUNITY, INSANITY, AND THE MOST WORTHWHILE LIFE

It was noted psychologist Erich Fromm, after surveying western civilizations' history of wars, violence, destruction and misery, then diagnosed that western community as insane. Previously, it was Aristotle of Stagira in 385 BCE, who had asked the question: "What is the best and most worthwhile life that a human being can live?", knowing that life had to be lived in a community. Joining together these two observations, we critically examine six famous communities, two fictional (mythic) and four historical (contemporary), as alternatives to our own possibly insane western community wherein Aristotle's most worthwhile life might just possibly be lived.



Thursday, April 6

10 – 11:30 a.m.

Location: Hybrid - Stevens Point Campus - Old Main, 002

Led By: Arthur Herman (Professor Emeritus of Philosophy, UWSP)

LIFE Membership Committee Meeting

All are welcome to attend.



Monday, April 10

9 – 10:30 a.m.

Location: Zoom Meeting Only

Led By: Paul Shogren (LIFE Membership/Promotion Committee Chair)

KEEP IN MIND!

Unfortunately sometimes we have cancelations due to a variety of reasons. Remember to check your email or our social media for updates!



LIFE BOOK DISCUSSION

Discussion of *Beloved* by Toni Morrison (published 1987). Sethe, its protagonist, was born a slave and escaped to Ohio, but eighteen years later she is still not free. She has too many memories of Sweet Home, the beautiful farm where so many hideous things happened. And Sethe's new home is haunted by the ghost of her baby, who died nameless and whose tombstone is engraved with a single word: Beloved. Filled with bitter poetry and suspense as taut as a rope. Check your local library for the book or ebook.

See page 12 for more information.

Monday, April 10

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Moderator to be determined



NEW YORK CITY THEATRE TOUR

We will immerse ourselves in New York theatre and sightseeing in this trip designed for active, self-motivated travelers. Shows for this trip: & Juliet, New York New York, Sweeny Todd, and The Neil Diamond Musical: A Beautiful Noise. In addition to our custom city tour, we will arrange additional tours based upon group interest (optional and additional cost). Past tours have included Statue of Liberty and Ellis Island, Central Park, Brooklyn Bridge Walk, 9/11 Memorial, Tenement Museum, Architectural Boat Cruise – just to name a few!

April 11 – 15

Pre-registration Required: Online or Call 715-346-3838



“HI-TECH,” AND LET’S CHAT

Please see page 9 for program description. Topics will be announced in the LIFE weekly that comes out on Fridays.

Tuesday, April 11

1 – 2 p.m.

Location: Zoom Meeting Only

Led By: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)
and Mike Wrzinski (LIFE Technology Committee Chair)



FILM DISCUSSION – US FILM

Please see page 7 for program description.

Tuesday, April 11

3 – 4:30 p.m.



Location: Zoom Meeting Only

Led by: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)

WHEN OUR TIME COMES

We may want to make the subject dead and buried, but there are a few variations we can kick around before we kick off. We will cover some of them including getting the scoop on 'green' or natural burials. Til then, rest in peace, but not too much.

Wednesday, April 12

10 – 11:30 a.m.



Location: Hybrid - Stevens Point Campus - Old Main, 002

Led By: Larry Sipiorski

PHANTOM OF THE UNIVERSE – THE SEARCH FOR DARK MATTER

Phantom of the Universe is a new planetarium show that showcases an exciting exploration of dark matter, from the Big Bang to its anticipated discovery at the Large Hadron Collider. The show reveals the first hints of its existence through the eyes of Fritz Zwicky, the scientist who coined the term "dark matter." It describes the astral choreography witnessed by Vera Rubin in the Andromeda galaxy and then plummets deep underground to see the most sensitive dark matter detector on Earth, housed in a former gold mine. From there, it journeys across space and time to the Large Hadron Collider at CERN, speeding alongside particles before they collide in visually stunning explosions of light and sound, while learning how scientists around the world are collaborating to track down the constituents of dark matter.

Thursday, April 13

1 p.m.



Location: In-Person Only, Blocher Planetarium,
Science Bldg B205

Led By: Sebastian Zamfir, Ph.D. (Associate Professor, Director of
Blocher Planetarium & Pejisa Observatory)

Pre-registration Required: Online or Call 715-346-3838

\$7 per LIFE Member; non-refundable

Limit: 50 participants | Transportation on your own

RUFFED GROUSE FIELD DAY: FROM RESEARCH TO MANAGEMENT

Join Ruffed Grouse Society Biologists and UWSP Wildlife Students in hands-on experience with Ruffed Grouse research and management. As part of the workshop, you will join the Treehaven Ruffed Grouse research team and learn firsthand what ruffed grouse's habitat preferences are and how you can incorporate them into your property. Through this workshop you will be able to participate in: ruffed grouse drumming surveys, locating ruffed grouse using radio telemetry, and a tour of Treehaven's ruffed grouse habitat demonstration area.

Friday and Saturday, April 14 – 15

5:30 p.m. – Noon



Location: In-Person Only, Treehaven, Tomahawk, WI

Led By: Ruffed Grouse Society Biologist and
UWSP Wildlife Students

Pre-registration Required: Online or Call 715-346-3838

LIFE: \$155 | **Non-LIFE:** \$185 (includes lodging at Treehaven, all meals,
and transportation to field sites)(Single lodging +\$45)

Limit: 24 | The workshop is designed for landowners and nature enthusiasts who want to learn more about ruffed grouse. The workshop will involve some walking along well-groomed trails.

PRE-SHOW TALKBACK – AMÉLIE

Amélie is an extraordinary young woman who lives quietly in the world but loudly in her mind. She covertly improvises small but surprising acts of kindness that bring joy and mayhem. But when a chance at love comes her way, Amélie realizes that to find happiness she will have to risk everything and say what is in her heart. Be inspired by this imaginative dreamer who finds her voice, discovers the power of connection, and sees possibility around every corner. Join the director for a pre-show chat.

Sunday, April 16

1 – 1:45 p.m.



Location: In-Person Only - Stevens Point Campus, NFAC 221

Led By: Mark Hanson (Director)

Tickets for the performance must be purchased separately through the UWSP box office or online.

JEWS/DIASPORA/POGROMS/EUROPE AND THE USA BEFORE THE FINAL SOLUTION

"It is now well documented that the Allies in the Second World War knew as early as mid-1942 that the Nazis were systematically murdering the Jews of Europe. Yet for the next three years, the Allies did absolutely nothing to stop the brutal and horrific genocide." - publisher's note/Why We Watched by Theodore S. Hamerow.

Why? Well it is a long story. So come, listen, and let us talk about the events leading to the Holocaust.

Presenter recommends watching the PBS Documentary "The USA and The Holocaust" prior to the presentation. DVDs available through your local library. Check streaming services for availability.



Tuesday, April 18

10 – 11:30 a.m.

Location: Hybrid - McMillian Library, Wisconsin Rapids

Led By: Horace Davis (LIFE Member)

All of our virtual options use Zoom!
If you need quick tips you can follow this link
uwsp.edu/conted/Pages/Zoom-Tutorial.aspx



TED TALK

Please see page 13 for description. Video selection and topic will be released in the LIFE weekly prior to the session.



Tuesday, April 18

1 – 2 p.m.

Location: Zoom Meeting Only

Led By: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)

HANK TALK

Topic and presenter to be released prior to presentation. More information can be found at <https://www.uwsp.edu/Wausau/hank-talks>



Tuesday, April 18

7 – 8 p.m.

Location: Hybrid - Wausau Campus, Veninga Theater

CORRUPTION AND THE TRUMP ADMINISTRATION

This program will look at former President Donald Trump's issues during his presidency as well as pre and post problems that he faces. Impeachment will be a topic covered in that he faced the issue twice during his presidency. Present legal problems involve both the past and present deeds.



Wednesday, April 19

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led By: Jim Canfield (UWSP Professor Emeritus)

RELIGIOUS EXPERIENCE AND THE DEVELOPMENT OF HUMAN CONSCIOUSNESS

Cross-culturally, early literature regularly featured very vocal gods directing the behavior of their human counterparts, but such voices are mostly absent from contemporary human experience. Why is that? *The presenter encourages those interested in the topic to attend in person if they can.*



Thursday, April 20

1 – 2:30 p.m.

Location: Hybrid - Stevens Point Campus - Old Main, 002

Led By: Donald Fadner (Professor Emeritus of Philosophy/Religious Studies/UWSP)

VIEWS OF HIDDEN SELVES

Discover some thoughts and sources for getting to know non-conscious sides of ourselves.



Monday, April 24

1 – 2:30 p.m.

Location: Hybrid - Stevens Point Campus - Old Main, 002

Led By: Bill Kirby (Emeritus Professor of School of Education, UWSP)

HOME EQUITY AND REVERSE MORTGAGES

Learn reverse mortgage loan basics and incorporating home equity into a retirement income strategy.



Tuesday, April 25

10 – 11:30 a.m.

Location: Hybrid – Marshfield Campus, Everett Roehl STEM Center, Jean's Vanguard Room

Led By: Josh Kilty (BS Business & Economics)

CLIMATE CRISIS DISCUSSION

Join a discussion about steps we can take to make the planet greener and safer. New videos will be shown at the start of each discussion.



Tuesday, April 25

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Roger Bullis (Emeritus Professor of Digital & Mass Media, UWSP)

FILM DISCUSSION – INTERNATIONAL FILM

Please see page 10 for program description.



Tuesday, April 25

3 – 4:30 p.m.

Location: Zoom Meeting Only

Led by: P. Sudevan (Emeritus Professor of Psychology, UWSP)

DESIGN YOUR TIME – NEW PERSPECTIVE OF ADVANCE CARE PLANNING

How do you want to design the time you have left to live? Who do you want in decision-making roles for you when you are no longer able to make decisions? What treatment do you want and do not want? How do you ensure your personal values and wishes are carried out? Overview of advance care planning, including health care directives, and the role of family, loved ones and healthcare providers in decision-making. Quality of life is your choice - Design Your Time.



Wednesday, April 26

10 – 11:30 a.m.

Location: Hybrid - Wausau Campus, Terrace Room

Led By: Alane Flora (Certified in Dementia and Hospice Care, over 30 years healthcare experience)

LOOKING FOR SOMETHING QUICK?

Keep an eye out for these icons to help you quickly decide if a talk or trip is for you! All Adventure Tour trips will need pre-registration and more information will be sent after signing up.



Over Zoom



In-Person



Hybrid Class



Daycation



Multi-Day Trip

UNDERSTANDING ASIAN AMERICAN ATTITUDES TOWARD IMMIGRATION

Professor Saemyi Park will share the findings from her recent research studying the effects of acculturation, group consciousness and political commonality with other groups, and contextual factors on Asian American attitudes toward immigration. Using the 2018 Civic Engagement and Political Participation of Asian American Survey, Asian Americans' policy preferences on Syrian refugees, Deferred Action of Childhood Arrivals (DACA), the Muslim travel ban and a border wall are examined.



Wednesday, April 26

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Saemyi Park (Associate Professor of Political Science)



KEEP IN MIND!

Unfortunately sometimes we have cancellations due to a variety of reasons. Remember to check your email or our social media for updates!

TOUR OF BETH ISRAEL SYNAGOGUE IN STEVENS POINT

Beth Israel, constructed in 1905, the third oldest synagogue in Wisconsin, was placed on the National Register of Historic Places in 2007. While Stevens Point once had a vibrant Jewish population, it has dwindled and Beth Israel was deeded to the Portage County Historical Society to act as a museum housing a permanent exhibit about Jewish religious practices and the history of the Stevens Point Jewish community. The Rabbi from Mt. Sinai in Wausau holds services at Beth Israel twice a year. The tour will take place at 1475 Water St., Stevens Point, WI. (Next to the Lincoln Center)



Thursday, April 27

10 a.m.

Location: In-Person Only, 1475 Water Street, Stevens Point

Led By: Tim Siebert (Portage County Historical Society)

Pre-registration Required: Online or Call 715-346-3838

\$5 per LIFE Member; non-refundable

Limit: 30 | Transportation on your own; Walking is involved

WISCONSIN GRILLED CHEESE CHAMPIONSHIP

Join us on a trip to Dodgeville, WI to not only visit, but judge the 10th Annual Grilled Cheese Championship! Sample contenders for Wisconsin's greatest grilled cheese and be a part of Grilled Cheese History by helping select this year's Grilled Cheese Champ!



Saturday, April 29

All Day

Location: Dodgeville

Led By: Anne Rogalski (CE Associate Director)

Pre-registration Required: Online or Call 715-346-3838

Check our website for pricing

LIFE Annual Meeting

All are welcome to attend. Yearly review of the LIFE program.

Open positions will be voted on.



Monday, May 1

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led By: Ed Miller (LIFE President)

HELPING THE HELPERS

Those who work in service to the public, such as first responders, social/human services staff, school staff, hospital staff, jail/prison, dispatch staff, and more are some of the most stressed and traumatized individuals in the community. Healing Acres, Inc was created to bring much needed health and wellness resources to these individuals and agencies. Learn how the state of Wisconsin is making great improvements in the areas of peer support and crisis response and how Healing Acres, Inc. will help in that mission.



Tuesday, May 2

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led By: Adam Anderson (BS Psychology)

KEEP IN MIND!

Unfortunately sometimes we have cancelations due to a variety of reasons. Remember to check your email or our social media for updates!



SWEDISH DEATH CLEANING – A THOUGHTFUL WAY TO DECLUTTER YOUR HOME

Swedish Death cleaning is a thoughtful method of decluttering your home to lessen the burden of your loved ones after you have passed. After inheriting a sprawling five-bedroom home in 2015 from her late father, Kate has seen firsthand why preparing your homes and lives are the most beautiful gifts you can give your children and family. Kate will discuss the cultural history of death cleaning, principles of its practice, and her own experiences.



Wednesday, May 3

1 – 2:30 p.m.

Location: Hybrid - Lincoln Center, Stevens Point

Led By: Kate Giblin (BA Anthropology)

RAPTOR EDUCATION GROUP, INC

At our Raptor Tour, various stations will be set up with our Avian Ambassadors, including hawks, falcons, owls, turkey vultures, and a bald eagle! Guided by our Wildlife Educator, people can get a rare up close look at these amazing birds of prey and learn about their species and what we can do to protect them in nature!



Thursday, May 4

10 a.m.

Location: In-Person Only, N2160 W Rollwood Rd, Antigo

Led By: Samantha Brooks

Pre-registration Required: Online or Call 715-346-3838

\$17 per LIFE member; \$12 refundable if canceled seven days in advanced

Limit: 30 | Some walking on gravel paths | Transportation on your own

PRE-SHOW TALKBACK – DANSTAGE

Danstage is a special evening of new works created by UWSP dance faculty Michael Estanich, Jeannie Hill, and Sarah Olson. Each year, a special guest artist from around the country also contributes an exciting dance experience. This annual dance event features the extraordinary talents of UWSP student dancers and highlights the artistry of the dance faculty. Join the directors for a pre-show chat.



Sunday, May 7

1 – 1:45 p.m.

Location: In-Person Only, Stevens Point Campus, NFAC 221

Led By: Michael Estanich, Jeannie Hill, and Sarah Olson

(Directors and Choreographers)

Tickets for the performance must be purchased separately through the UWSP box office or online.

LIFE Membership Committee Meeting

All are welcome to attend.



Monday, May 8

9 – 10:30 a.m.

Location: Zoom Meeting Only

Led By: Paul Shogren (LIFE Membership/Promotion Committee Chair)

LIFE BOOK DISCUSSION

Discussion of *When Breath Becomes Air* by Paul Kalanithi (published 2016). This inspiring, exquisitely observed memoir finds hope and beauty in the face of insurmountable odds as an idealistic young neurosurgeon attempts to answer the question, “What makes life worth living?” Check your local library for the book or ebook. See page 12 for more information.



Monday, May 8

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Moderator to be determined

All of our virtual options use Zoom!
If you need quick tips you can follow this link
uwsp.edu/conted/Pages/Zoom-Tutorial.aspx

**“HI-TECH,” AND LET’S CHAT**

Please see page 9 for program description. Topics will be announced in the LIFE weekly that comes out on Fridays.



Tuesday, May 9

1 – 2 p.m.

Location: Zoom Meeting Only

Led By: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)
and Mike Wrzinski (LIFE Technology Committee Chair)

FILM DISCUSSION – US FILM

Please see page 7 for program description.



Tuesday, May 9

3 – 4:30 p.m.

Location: Zoom Meeting Only

Led by: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)

AGING IN PLACE

How zoning reform in Stevens Point will impact the ability to age in place and offer intergenerational living. More aging adults are looking for more creative and cost effective ways to remain in their homes, or on their properties as they age. Coupled with increase costs of care, intergenerational living is making a rebound in the United States. Learn how is Stevens Point changing our Zoning Code to allow for more of this and what barriers exist to make substantial changes in our community.



Wednesday, May 10

10 – 11:30 a.m.

Location: Hybrid - Stevens Point Campus - Old Main, 002

Led By: Ryan Kernosky (City of Stevens Point Director of Community Development and Exective Director of the City's Redevelopment Authority)

WHAT ARE EQUINE THERAPIES AND ACTIVITIES?

Visit Stable Hands to learn how horses can have a profound influence for therapy and mental health. The tour offers information about why horses and guided activities can make a difference not only for those with disabilities, but for anyone experiencing mental health issues.



Thursday, May 11

1 p.m.

Location: In-Person Only, 142744 Countryside Dr, Wausau

Led By: Diane Abitz (Founder, Executive Director, and Program Director of Stable Hands)

Pre-registration Required: Online or Call 715-346-3838
\$5 per LIFE Member; non-refundable
Limit: 24 | Transportation on your own

LAKE GENEVA

See our website for more information.



Friday, May 12

All Day

Location: Lake Geneva

Led By: Anne Rogalski (CE Associate Director)

Pre-registration Required: Online or Call 715-346-3838
Check our website for pricing

LIFE Social Committee Meeting

All are welcome to attend to discuss topic for the fall semester.



Wednesday, May 17

9 – 10 a.m.

Location: Zoom Meeting Only

Led By: Lorrie Franke (LIFE Social Committee Chair)

A JOURNEY TO THE CENTER OF WISCONSIN: FUN FACTS AND TALL TALES FROM A WISCONSIN CARTOGRAPHER

I am sure you lay awake a night wondering, “Why is Pittsville considered the geographic center of Wisconsin?” (and who decided that??) or “How did they define the boundaries of Wisconsin back in 1848?” For this talk we will take a look at these and other fun factoids about Wisconsin geography. If time allows, we will play a game of “how to pronounce Oconomowoc, Weyauwega, Shawano, and more!”



Wednesday, May 17

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led By: Jim Lacy (Associate State Cartographer)

HAMILTON

Join us on this day trip to the Fox Cities PAC to see the highly acclaimed production of *Hamilton*. This trip includes tickets to the show, a dinner at Pullmans At Trolley Square, and coach bus to Appleton and back.



Friday, May 19

All Day

Location: Appleton

Led By: Anne Rogalski (CE Associate Director)

Pre-registration Required: Online or Call 715-346-3838

Registration closes January 27, 2023

LIFE: \$319 or \$299 | Non-LIFE: \$339 or \$319

STEVENS POINT HISTORICAL WALK DOWNTOWN

Learning about the history of some of the buildings and stories of the people who formed our community.



Thursday, May 25

1 p.m.

Location: In-Person Only, Downtown Stevens Point

Led By: Connie Schweitzer (Local Historian)

Pre-registration Required: Online or Call 715-346-3838

\$5 per LIFE Member; non-refundable

Limit: 25 | Transportation on your own | Walking is involved

MYSTERY TRIP

Join Anne Rogalski and Carissa Delikowski on their first ever “Mystery Trip!” Encouraged by travelers’ requests, Anne and Carissa have created a daycation with five stops, for which travelers will receive clues the day of the adventure. Bring your curiosity, an appetite, binoculars, and spending money for potential goodies to bring back with you.



Thursday, June 1

All Day

Led By: Anne Rogalski (CE Associate Director)

Pre-registration Required: Online or Call 715-346-3838

Check our website for pricing

LIFE Board Meeting

All are welcome to attend.



Tuesday, June 6

9 – 10:30 a.m.

Location: Zoom Meeting Only

Led By: LIFE President

LIFE BOOK DISCUSSION

Discussion of *Wish you Were Here* by Jodi Picoult (published 2021). A deeply moving novel about the resilience of the human spirit in the moment of crisis. A vivid pandemic drama that will transport you to another location or memories of how COVID affected you. Check your local library for the book or ebook. See page 12 for more information.



Monday, June 12

Time 1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Moderator to be determined

CRANES AND ALL THINGS CIRCUS TRIP

Join us for a visit to Baraboo! Tour the Crane Foundation and learn about the world’s cranes by walking through its nature trails. After, we will go to the Circus World Museum, where you will be on your own to explore the many features the grounds has to offer. The museum features circus artifacts and exhibits and hosts daily live circus performances. Lunch will be on your own at Circus World.



Thursday, June 15

All Day

Location: Baraboo

Led By: Rebecca Bauer (LIFE Program Manager)

Pre-registration Required: Online or Call 715-346-3838

Check our website for pricing

AIN'T TOO PROUD

Join us on this day trip to the Fox Cities PAC to see the electrifying production of *Ain't Too Proud*. This trip includes tickets to the show, a dinner at Pullmans At Trolley Square, and coach bus to Appleton and back.



Saturday, June 24

All Day

Location: Appleton

Led By: Anne Rogalski (CE Associate Director)

Pre-registration Required: Online or Call 715-346-3838

Registration Closes May 5, 2023

LIFE: \$175 | Non-LIFE: \$195

MILWAUKEE BREWERS

Ride a coach bus to Milwaukee and see the Brewers take on the Chicago Cubs at American Family Field in Milwaukee.



Thursday, July 5

All Day

Location: American Family Field, Milwaukee

Led By: Anne Rogalski (CE Associate Director)

Pre-registration Required: Online or Call 715-346-3838

LIFE: \$119 | Non-LIFE: \$139

LIFE BOOK DISCUSSION

Discussion of *Firekeeper's Daughter* by Angeline Boulley (published 2021). A Printz Award winner, a Morris Award winner, and American Indian Youth Literature Award YA Honor Book. This Young Adult thriller is about a Native teen who goes undercover to root out the corruption in her community. It comes down to making the tough decision to protect the people she loves or protecting her tribal community. Check your local library for the book or ebook.

See page 12 for more information.



Monday, July 10

Time 1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Moderator to be determined

OLD WORLD WISCONSIN

Join us on a journey through Wisconsin history at Old World Wisconsin. Featuring 60 restored structures relocated from across Wisconsin, Old World Wisconsin provides an interactive look into our state's history. Explore gardens, tour historical buildings, and even experience some aspects of day-to-day life in the late 1800's through hands-on activities.



Friday, July 21

All Day

Location: Eagle, WI

Led By: Anne Rogalski (CE Associate Director)

Pre-registration Required: Online or Call 715-346-3838

Check our website for pricing

MILWAUKEE BREWERS

Ride a coach bus to Milwaukee and see the Brewers take on the Colorado Rockies at American Family Field in Milwaukee.



Wednesday, August 9

All Day

Location: American Family Field, Milwaukee

Led By: Anne Rogalski (CE Associate Director)

Pre-registration Required: Online or Call 715-346-3838

LIFE: \$89 | Non-LIFE: \$109

LIFE BOOK DISCUSSION

A discussion of *Ordeal by Innocence* by Agatha Christie (published 1958). While serving a life sentence for killing his mother, Jacko Argyle dies. Two years later, a stranger shatters the peace of the Argyle household. Can Arthur Calgary provide the missing link in Jacko's defense? Was Jacko sentenced for a murder he did not commit?

Check your local library for the book or ebook.

See page 12 for more information.



Monday, August 14

Time 1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Moderator to be determined

LIFE Memories



LIFE Memories



LIFE Members once said...



“ Day trips through the UWSP LIFE Programs are always so well planned, offer a unique opportunity, and you return with a smile on your face and happy memories. I am never disappointed in what I have seen or learned even when I return to a place that I have visited in the past. I am a happy wanderer with LIFE day trips. ”

“ The Door County Trip embraced what makes Door County unique... the excitement of witnessing the boil over at a traditional fish boil dinner. Picking fresh tart cherries in your own bucket at a historic orchard. Experience what it means when you Discover Wisconsin and Door County! ”

“ I would highly recommend the winery tour. It was so well organized. There was a great selection of wine for tasting at each winery and we got to relax while our friendly bus driver drove us through this scenic part of Wisconsin. ”



“ We enjoyed our first trip to NYC. The city tours were wonderful and filled with NYC information, the plays were wonderful and the excursions gave us more chances to become better NYC tourists. Our leaders were very helpful and worked with us to get around the city. By the end of four days we were very comfortable with our tour group and leaders. ”

Thank You To Our Presenters

Akram Malik	Jim Lacy
Alane Flora	Joel Goham
Amanda Haffel	Kathleen Serley
Amber Garbe	Lisa Siewert
Anne Rogalski	Lorrie Franke
Arthur Herman	Majid Sarmadi
Bill Bertram	Members of Wisconsin
Bill Jenkins	Forestry Center
Bill Kirby	Michael Schulein
Brianne Petruzalek	Mike Wrzinski
Cary Elza	Noah LaMaide
Charlotte Kolinski	P. Sudevan
John Kolinski	Paul Shogren
Chris Gethers	Robert Wolensky
David Williams	Roger Bullis
Dick Beyer	Rollene Marslender
Donald Fadner	Ron McCabe
Ed Miller	Ross Tangedal Ph.D.
George Kraft	Saemyi Park
Greg Wright	Sarah Roseth, R.N.
Horace Davis	Sebastian Zamfir
James Lattis	Susan Carpenter
James Walker	Terese Barta
Jane Osypowski	Teresa Stoltenberg
Janell Wehr	Theresa Wanta
Jason Siewert	Tim Buchholz
Jeremy Kopp	Trent Spoolstra
Jessica Tomaszewski	Wendy Kahl

UW-Stevens Point Map



The floor plan shows a complex building layout with various rooms and corridors. A red line and a blue line trace a path through the building. The red line starts at the Main Entrance (77th Avenue), goes through the South Entrance, and ends at the West Entrance (Marquette Park). The blue line starts at the Main Entrance, goes through the South Entrance, and ends at the West Entrance (Marquette Park). Key rooms include the South Entrance, Main Entrance, West Entrance, and various lecture halls, labs, and offices. The route starts at the Main Entrance, goes through the South Entrance, and ends at the West Entrance.

Blue Path—Goes past the auditorium, take a flight up stair up, pass the lecture hall and classrooms, then take a flight of stair down, back in front of the solution center to meet up with the **red path** again.

UWSP at Marshfield Map



Marshfield
UW-Stevens Point

Indoor Walking Course Map



—/— Entrance A – B = 551 ft (0.103 mi.) 272 steps

—/— Entrance B – C = 523 ft (0.1 mi.) 262 steps

—/— Entrance C – A = 454 ft (0.085 mi.) 212 steps

—/—/— Entrance A – B – C – A = 1,528 ft (0.288 mi.) 746 steps

Perks For All LIFE Members

LIFE Members: Your UWSP LIFE Lanyard/LIFE Nametag grant you perks at ALL THREE campus locations.

(Perks subject to change based on CDC and UW-System guidelines)

Stevens Point

- Free coffee at LIFE Headquarters (Old Main, Room 032)
- Free guest WIFI and public restrooms
- Access to the Arboretum and Public Common Areas across campus for reading, studying, chatting, etc.
- Art Gallery viewing (when open)
- Discounted tickets to select UWSP Theatre and Dance Performances
Promo Code - LIFE2023
- Option to purchase fitness center passes
- Other businesses open to the public (food service/restaurant and catering, book store, and outdoor grounds area, such as tennis courts, etc.)
Does not include paid reservations

Marshfield

- Free coffee and cocoa at the Solution Center
- Free guest WIFI and public restrooms
- Free Parking
- Access to the Multicultural Resource Center, Arboretum, Library, Public Common Areas for reading, studying, chatting, etc.
- Art Gallery viewing (when open)
- Indoor walking route available Monday through Friday, 7 a.m. – 6 p.m.
(please see map)
- Option to purchase fitness center passes
- Other businesses open to the public (food service/restaurant and catering, Center for Inclusive Excellence, and outdoor grounds area, such as tennis courts, etc.) Does not include paid reservations

Wausau

- Free guest WIFI and public restrooms
- Access to the Union (music, food, ping pong, gaming) and Library
- Art Gallery viewing (when open)
- Free admission to women's volleyball and men's basketball games
- Indoor walking route available Monday through Friday, 7 a.m. – 5 p.m.
(please see map)
- Option to purchase fitness center (including racquetball court) and pool passes

January				
Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Membership Comm	4	5	6
9	10 Good Ideas Conference	11 Good Ideas Conference	12 Good Ideas Conference	13
16 Book Discussion	17 Film Discussion - US	18 Morning Roundtable	19 A New Look at Deism and the Founding Fathers	20 21 - Saturday SIX
23 Curriculum Comm New Member Orientation	24	25 What Makes Retirement Work when I'm Done Working	26 State of Antisemitism	27
30 Deciding what is True	31 "Hi-Tech" Film Discussion - Int.			
February				
		1 Managing your Property for Wildlife: What DMAP can do for you	2 Simply Classical with the CWSO	3
6 Membership Comm	7 Curriculum Comm Municipal Drinking Water	8 LIFE Board Meeting	9	10 Wonderful Wetlands 12 - Sunday Milwaukee Rep Theater
13 Book Discussion	14 "Hi-Tech" Film Discussion - US	15 Morning Roundtable	16	17
20 Curriculum Comm	21 Cursed Beauty Ted Talk Hank Talk	22 Streaming TV, Radio, and Ebook Options Today	23 A Brief History of Gravity	24 25 - Saturday To Kill A Mockingbird
27 Finding Her Place: A Yorkshire Mill Girl's Journey	28 Adapting to Climate Change Climate Crisis Disc. Film Discussion - Int.			
March				
		1 Dillon Anaphylaxis Training Program	2 Pauline Gower - Pioneering Leader	3 5 - Sunday Pre-Show Talkback - The Misanthrope
6 Membership Comm	7 Curriculum Comm	8 Why Does College Cost so Much?	9 History and Increase of Craft Breweries in Wisconsin	10 Madison Capitol and Museums Trip
13 Book Discussion	14 "Hi-Tech" Film Discussion - US Hank Talk	15 Morning Roundtable	16 Total Joint Replacement	17
20 Curriculum Comm Ted Talk	21 Three Quotes and their American History Stories	22 A Quest for Trail Marker Trees	23 What my Dogs have Taught Me	24
27 Personality Assessment	28 Home Design Climate Crisis Disc. Film Discussion - Int.	29 Understanding Grief Inspiring Container Planting Ideas	30 War Room Museum Guided Tour	31

April

Monday	Tuesday	Wednesday	Thursday	Friday
3 Curriculum Comm Wisconsin Missing Persons Advocacy	4 LIFE Board Meeting	5 Milwaukee Brewers Trip	6 Community, Insanity and the Most Worthwhile Life	7
10 Membership Comm Book Discussion	11 "Hi-Tech" Film Discussion - US	12 When Our Time Comes	13 Phantom of the Universe - The Search for Dark Matter	14 – 15 Saturday Ruffed Grouse Field Day 16 - Sunday Pre-Show Talkback - Amélie
17	18 Before the Final Solutoin Ted Talk Hank Talk	19 Corruption and the Trump Administration	20 Religious Experience and the Development of Huma Consciousness	21
24 Views of Hidden Selves	25 Home Equity Climate Crisis Disc. Film Discussion - Int.	26 Design your Time Understanding Asian American Attitudes	27 Tour of Beth Synagogue in Stevens Point	28 29 - Saturday WI Grilled Cheese Comp

May

1 LIFE Annual Meeting	2 Helping the Helpers	3 Sweedish Death Cleaning	4 Raptor Education Group, Inc.	5 7 - Sunday Pre-Show Talkback- Danstage
8 Membership Comm Book Discussion	9 "Hi-Tech" Film Discussion - US	10 Aging in Place	11 What are Equine Therapies and Activities	12 Lake Geneva
15	16	17 Social Comm Fun Facts from a WI Cartographer	18	19 Hamilton
22	23	24	25 Stevens Point Historical Walk Downtown	26
29	30	31		

June

Thursday, June 1
Mystery Trip

Tuesday, June 6
LIFE Board Meeting

Monday, June 12
Book Discussion

Thursday, June 15
Cranes and All
Things Circus

Saturday, June 24
Ain't Too Proud

July

Thursday, July 5
Milwaukee Brewers Trip

Monday, July 10
Book Discussion

Friday, July 21
Old World Wisconsin

August

Wednesday, August 9
Milwaukee Brewers Trip

Monday, August 14
Book Discussion

Unfortunately sometimes we have to rescheule or cancel
due to a variety of reasons. Remember to check your
email or our social media to learn if they change!

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Remember these icons are used to help you quickly decide if a talk or trip is for you!



Over Zoom



In-Person



Hybrid Class



Daycation



Multi-Day Trip



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715-346-3838



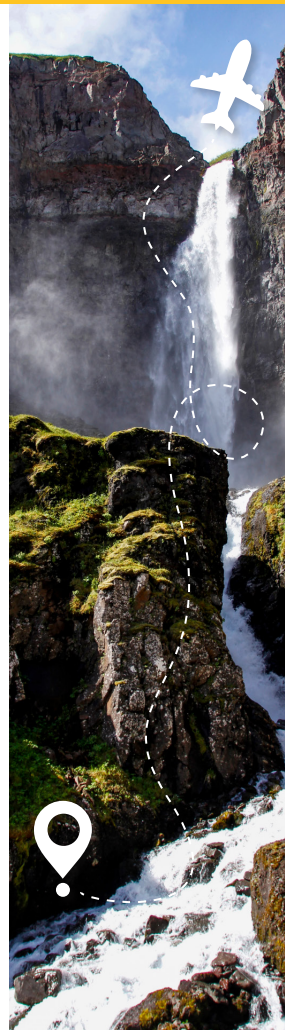
Iceland Westfjords

July 27 – August 7, 2023

- An amazing 12-day in country tour that includes outdoor adventures, geologic wonders, folklore, culture, delicious Icelandic foods and breathtaking scenery.
- Experience the remote northwestern part of Iceland through hiking, fishing, and kayaking away from throngs of tourists.
- Enjoy an Icelandic summer that is surprisingly warm, green, lush, and where the sun dips to the horizon but never sets.

Registration Fee

Total Cost of tour per person: **\$5,998**



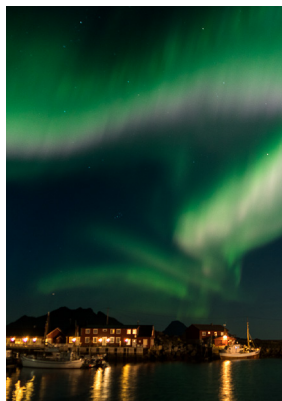
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Iceland: Knitting Under the Northern Lights

September 14 – 18, 2023

Registration Fee

Total Cost of tour per person: **\$2,750**

- A custom made trip with a focus on introducing the history, culture, and rich tradition of knitting in Iceland.
- Lodging is in a beautiful guest house that we will have all for ourselves.
- Our group will hear local stories and folklore with time to eat great food, hangout in the hot tub, and knit, knit, knit!

uwsp.edu/conted/Pages/Iceland-Knitting-under-the-northern-lights.aspx



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Alpine Delights

September 14 – October 1, 2023

- We have named this tour “Alpine Delights” because it includes some of our favorite smaller villages and towns offering sites of cultural, historical, and scenic interest in the foothills of the Austrian, German, and Italian Alps.
- Enjoy chairlift views, cable car rides, open air museums, castles and monasteries!
- This trip offers a broad choice of walking and low-impact hiking.

Registration Fee

Total Cost of tour per person: **\$5,899**



uwsp.edu/conted/Pages/Alpine-Delights.aspx

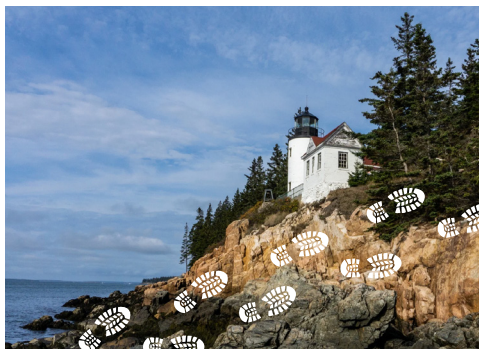


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Acadia National Park

October 3 – 7, 2023

- Experience a lobster fishing and seal watching tour, visit the Abbe Museum, enjoy tea and popovers at the Jordan Pond House, and catch sunrise at Cadillac Mountain.
- Hike and explore vast slabs of pink granite, picturesque cliffs, and breathtaking ocean views. All in the color changing season of fall.
- Lodging at the iconic Bar Harbor Inn, located in the heart of downtown.

Registration Fee

Total Cost of tour per person: **\$3,198**

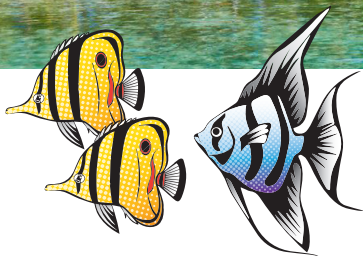
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BELIZE

January 20 – 29, 2024

- Explore Belize in Central America with all of its natural beauty while embarking on tropical adventures.
- Experience Ancient Mayan Ruins, cave tubing, snorkeling and a chocolate factory that keeps the ancient traditions alive.
- Perfect for anyone seeking an action-packed adventure away from the snow and cold of winter!

Registration Fee

Total Cost of tour per person: **\$3,898**



uwsp.edu/conted/Pages/Belize.aspx

Referral Program

Recruit your friends or family to earn a free membership the following semester.

LIFE members may bring guests for a one time “free” class to see if they like it.

We continue to offer current LIFE members an opportunity to get the next semester of LIFE for free! Earning the free membership is easy. All you need to do is recruit two NEW people to join the LIFE program in the same semester. When they register have them include your name in the referral section (or you can email us to let us know you referred them). After the two NEW LIFE members have joined, we will contact you about your free membership for the next semester.

What is LIFE? Selling points:

- A membership-based association of nearly 400 adult learners providing the opportunity to share learning experiences and to discover new joys in life.
- There are no requirements to join this group of adult learners in their quest to be informed, to learn more, and pursue other interests.
- LIFE offers 60-70 individual learning opportunities per semester, lead by visiting experts, community leaders, UWSP faculty, and LIFE members.
- Participate in discussions with adults of similar age, with similar interest.
- Attend field trips to experience learning opportunities about area events, institutions, and activities.
- Hybrid options are available for you to meet and socialize with other LIFE members.
- You can attend classes in the comfort of your own home (wherever that may be) or while on vacation with our zoom options.
- Tech help for zooms available if needed.

Contact us if you would like to any marketing materials to pass around.

Learning Is ForEver Registration Form

Spring 2023

If you plan on mailing in your registration, please complete this registration form and mail it to UWSP Continuing Education, 2100 Main Street, Old Main 032, Stevens Point, WI 54481.

Name (A) _____

Name (B) _____

Address _____

City _____ County _____ Zip _____

Home Phone _____

Cell Phone (A) _____ (B) _____

Email (A) _____ (B) _____

Emergency Contact Name _____

Emergency Contact Phone _____

Emergency Contact Relationship _____

UWSP Release of Liability (REQUIRED)

I and my heirs, in consideration for my being allowed to participate voluntarily in the LIFE program through the University of Wisconsin–Stevens Point, do hereby release the University of Wisconsin System and its employees, officers, and agents from any liability for damage to or loss of personal property, sickness and injury from whatever source, legal entanglement and death, which might occur while participating in this event. I also understand and acknowledge that I am responsible for my own well being while participating, and I understand the possible dangers and risks involved in this program.

Signature of Participant /Date

Signature of Participant /Date

Photography Release

Yes, UWSP Continuing Education may use my photograph and video presence for promotional or advocacy purposes. Initial A _____ B _____

REGISTRATION OPENS January 3, 2023 at 9 a.m. Online registration available at www.uwsp.edu/conted/life. If you do not know your password, click "I forgot my password" at the bottom of the logon page to receive a new password via email.

PAYMENT METHOD

☐ Check Payment

- Please make check payable to UWSP CONTINUING EDUCATION

☐ Credit Card payment can only be made when registering online.

- Paying by check saves the LIFE Program paying credit card fees.

SPRING 2023 MEMBERSHIP

A or B LIFE Membership (January-June) \$50/person \$ _____

☐ First-time member

How did you learn about the LIFE Program? _____

Name of LIFE member who referred you: _____

CLASSES/TRIPS WITH FEES

A or B Wonderful Wetlands LIFE-\$25/person \$ _____
(February 10 in Milladore) Non LIFE-\$35/person

A or B War Room Museum Guided Tour \$15/person \$ _____
(March 30 in Marshfield)

A or B Phantom of the Universe – Planetarium \$7/person \$ _____
(April 13 in Stevens Point)

A or B Ruffed Grouse Field Day LIFE-\$155/person \$ _____
(April 14-15 at Tomahawk) Non LIFE-\$185/person
Registration deadline: April 1, 2023

A or B Beth Israel Synagogue Tour \$5/person \$ _____
(April 27 at Stevens Point)

A or B Raptor Education Group, Inc. \$17/person \$ _____
(May 4 at Antigo)

A or B What are Equine Therapies and Activities? \$5/person \$ _____
(May 11 in Wausau)

A or B Historical Walk Downtown \$5/person \$ _____
(May 25 in Stevens Point)

TOTAL ENCLOSED: \$ _____

Refunds for tours will only be issued if we are able to fill the spot from the waitlist or if a waitlisted LIFE Member (who has paid for the tour) is not moved to the tour attendance list.





UNIVERSITY OF WISCONSIN-STEVENS POINT
CONTINUING EDUCATION AND OUTREACH, 402311
2100 MAIN ST.
STEVENS POINT WI 54481

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