



Fall 2023 Program Guide



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LIFE

Learning Is Forever

Welcome To LIFE

LIFE (Learning is ForEver) is a membership-based association of adult learners, providing a wide array of classes and activities that share experiences, promote intellectual and cultural enrichment, and encourage lifelong learning. It is sponsored by University of Wisconsin-Stevens Point and hosted by Continuing Education and Outreach. All instructors are volunteers.

Designed to meet your needs and interests, the LIFE program provides new learning opportunities on a variety of topics in an array of formats, including:

- Peer Teaching and Learning
- Lectures by Visiting Experts
- Theater and Sports Events
- Field Trips

What Does LIFE Offer?

Since members are the heart of the LIFE program, courses are developed based on member interests. Some classes meet weekly for two weeks while others meet once. Courses and events are offered during two terms:

- Summer/Fall (July - December)
- Winter/Spring (January - June)

A LIFE membership includes one term. One bi-annual membership fee (\$59) entitles you to participate in as many courses as you wish and select discounted UWSP programming for one semester.

LIFE Contact Information

Email	uwspcelife@uwsp.edu	Website	www.uwsp.edu/conted/LIFE
Phone	715-346-3838	Hours	8 a.m. – 4:30 p.m.
Fax	715-346-3504	Address	2100 Main Street Old Main Bld. 012 Stevens Point, WI, 54481

LIFE Board 2023–2024

President	Ed Miller
Secretary	Richard Ruppel
Treasurer	Betty Kieliszewski
Membership/Promo Chair	Paul Shogren
Curriculum Committee Chair	Paul Shogren
Technology Committee Chair	
Social Committee Chair	Lorrie Franke
Members At-Large	Kurt Hase
	Pat Kluetz
	Jane Osypowski
	Teresa Stoltenberg
UWSP Program Manager	Rebecca Bauer

Meetings are held via Zoom at 9:00 a.m. on Tuesdays:
August 1, October 3, and December 5.

Membership/Promotion Committee

Dale Emrick	Meetings are held monthly via Zoom at 9 a.m. on Mondays: August 7, September 5 (Tuesday), October 2, November 6, December 4.
Kurt Hase	
Betty Kieliszewski	
Deane Mathews	
Paul Shogren	
Barb Weyenberg	

Social Committee

Lorrie Franke	Meeting is held via Zoom at 9 a.m. on Wednesday, November 1.
Kurt Hase	

Technology Committee

Kurt Hase	Meetings are held via Zoom as needed. Notification of meetings will be sent out a week prior to the meeting.
Betty Kieliszewski	
Ed Miller	

Curriculum Committee 2023–2024

- Barb Bartkowiak
- Horace Davis
- Kurt Hase
- Bill Kirby
- Ed Miller
- Tom Ordens
- Jane Osypowski
- Jan Seiler
- Paul Shogren
- Teresa Stoltenberg
- Jim Walker
- Bill Wood
- Mary Zinda

We hope you will enjoy a wide array of classes and activities offered this semester. LIFE’s Curriculum Committee (a volunteer group of your fellow members) is always looking for fresh class ideas and new presenters.

If you are interested in leading a class or trip, please contact any of the curriculum committee members, attend a curriculum committee meeting, or better yet, join the committee! Email the curriculum committee or the LIFE Board at UWSPCELIFE@uwsp.edu.

New committee members and visitors are always welcome! Meetings will be held via Zoom at 10:30 a.m. on August 14, August 28, September 11, September 26, October 9, October 26.

Privacy Disclaimer in Zoom Classes

Most LIFE classes will be recorded and posted on our Canvas page. The Canvas page is only accessible to registered LIFE members and the recording will only be available there. If you have concerns about your name or face being displayed in this video, please feel free to change your display name and/or shut off your video. You can tell if we are recording by checking for a red light in the top left of your screen. Thank you in advance for saving us hours of editing time.

Important Notes

Welcome to the LIFE Program for the Fall Term

We are excited to again bring you a variety of offerings, most of which will be available via Zoom with an increased number that can be attended in-person. Presenters choose whether they are willing to do their program before an audience in addition to being made available on Zoom. If there is an in-person component, presenters choose the campus that they will do their session. LIFE members can attend at the campus where the program is offered and not just at the campus closest to where they live. LIFE, like UWSP, is working hard to integrate our three locations. We are excited that in-person (hybrid) programs will move back to a larger room in the Chemistry-Biology Building (Room 161). The computer equipment has been improved to give a better experience for those viewing the presentation via Zoom. Attending in person is a great way to get to know other LIFE members and engage with the presenter. In addition, LIFE is offering an increased number of local field trips to its members. These have been very popular. Also, if you miss a class you wanted to attend, a recorded version will be available from our Canvas library. We are especially proud of our tech volunteer staff that will help you to ensure that you are able to participate in our programs on Zoom and to access past programs from our library. Do not hesitate to ask us for assistance. While LIFE began using Zoom because of Covid, it has allowed us to have our members participate wherever they are located. Some members live all or part of the year outside Wisconsin, and parking and weather are not issues. LIFE can also draw upon a wider range of presenters, including notable scientists and book authors. A strong community has grown up among LIFE members. Unfortunately, due to increased costs we are forced to increase our semester membership price to \$59. Besides exploring interesting topics, the LIFE program is important in maintaining cognitive well-being and keeping members socially connected in retirement.

Looking forward to seeing you this semester!

*Ed Miller,
President of LIFE*

Thank You To Our Donors

Anonymous Donor
 Arthur and Barbara Herman
 Mark Kryshak and Jodi Engum Kryshak
 Nancy Newell Moore
 Meryl Lee Nelson
 Jan Seiler

Consider making a contribution to the LIFE Foundation, which will be used to support LIFE operations and is tax deductible as allowed by law. Please make your donation check payable to UWSP Foundation - LIFE and mail contributions to:

UWSP Foundation
 Old Main, Room 212
 2100 Main Street
 Stevens Point, WI 54481

“Trips through the UWSP LIFE Program are always so well planned, offer a unique opportunity, and you return with a smile on your face and happy memories. I am never disappointed in what I have seen or learned even when I return to a place that I have visited in the past. I am a happy wanderer with LIFE day trips. Thank you to EVERYONE who helps make these experiences possible!!”



LOOKING FOR SOMETHING QUICK?

Keep an eye out for these icons to help you quickly decide if a talk or trip is for you! All Adventure Tour trips will need pre-registration and more information will be sent after signing up.



Over Zoom



In-Person



Hybrid Class



Daycation



Multi-Day Trip

MILWAUKEE BREWERS TRIP

Ride a coach bus to Milwaukee and see the Brewers take on the Chicago Cubs at American Family Field in Milwaukee.

Thursday, July 6



All Day

Location: American Family Field, Milwaukee

Led By: Anne Rogalski (CE Associate Director)

and Noah LaMaide (CE Staff)

Pre-registration Required: Online or Call 715-346-3838

LIFE: \$119 | Non-LIFE \$139

LIFE Membership & Promotions Committee Meeting

All are welcome to attend.



Monday, July 10

9 – 10:30 a.m.

Location: Zoom Meeting Only

Led By: Paul Shogren (LIFE Membership/Promotion Committee Chair)

LIFE BOOK DISCUSSION

Discussion of *Firekeeper's Daughter* by Angeline Boulley (published 2021). A Printz Medal winner, a Morris Award winner, and American Indian Youth Literature Award YA Honor Book.

This Young Adult thriller is about a Native teen who goes undercover to root out the corruption in her community. It comes down to making the tough decision to protect the people she loves or protecting her tribal community. Check your local library for the book or ebook.

Monday, July 10

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led by: Moderator to be determined



OLD WORLD WISCONSIN

Visit Old World Wisconsin, a one-of-a kind-place where the modern world fades away to reveal over a century of history. The site includes 60 authentically restored historic homes, farms, stores, and workshops. After getting off the bus, we will hold a brief orientation including some recommendations for what sites to visit and how long to spend at each, followed by a tour of the brewery led by Wisconsin Historical Foundation Board Director, Jerry Janiszewski. After the brewery tour you will be on your own to explore the property and interactive sites until the bus departs at 4 p.m.



Friday, July 21

All Day

Location: Eagle, WI

Led By: Noah LaMaide (CE Staff) and Steve Sparrow (CE Staff)

Pre-registration Required: Online or Call 715-346-3838

LIFE: \$75 | Non-LIFE \$95

Registration closes July 17

LIFE Board Meeting

All are welcome to attend.



Tuesday, August 1

9 – 10:30 a.m.

Location: Zoom Meeting Only

Led By: Ed Miller (LIFE President)

LIFE Membership & Promotions Committee Meeting

All are welcome to attend.



Monday, August 7

9 – 10:30 a.m.

Location: Zoom Meeting Only

Led By: Paul Shogren (LIFE Membership/Promotion Committee Chair)

MILWAUKEE BREWERS TRIP

Ride a coach bus to Milwaukee and see the Brewers take on the Colorado Rockies at American Family Field in Milwaukee.



Wednesday, August 9

All Day

Location: American Family Field, Milwaukee

Led By: Anne Rogalski (CE Associate Director) and Kelly Bird (CE Staff)

Pre-registration Required: Online or Call 715-346-3838

LIFE: \$89 | Non-LIFE \$109

Registration closes July 14 at Noon

LIFE Curriculum Committee Meeting

All are welcome to attend as we prepare programs for the Spring Semester.



Monday, August 14

10:30 a.m. – Noon

Location: Zoom Meeting Only

Led By: Paul Shogren (LIFE Membership/Promotion Committee Chair)

LIFE BOOK DISCUSSION

A discussion of *Ordeal by Innocence* by Agatha Christie (published 1958). While serving a life sentence for killing his mother, Jacko Argyle dies. Two years later, a stranger shatters the peace of the Argyle household. Can Arthur Calgary provide the missing link in Jacko's defense? Was Jacko sentenced for a murder he didn't commit? Check your local library for the book or ebook.



Monday, August 14

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led by: Moderator to be determined

JERSEY BOYS

Join us on this day trip to the Chanhassen Dinner Theater in Chanhassen, Minnesota to see *Jersey Boys*. A phenomenal musical, with memorable characters and great storytelling. Look behind the scenes of the music of Frankie Valli and the Four Seasons to discover the secret of a 40-year friendship as the foursome work their way from the streets of New Jersey to the heights of stardom. This trip includes a ticket to the lunch and show and coach bus transportation.



Wednesday, August 16

All Day

Location: Chanhassen Dinner Theater

Led By: Anne Rogalski (LIFE Associate Director) and Kelly Bird (CE Staff)

Pre-registration Required: Online or Call 715-346-3838

LIFE: \$169 | Non-LIFE \$189

Registration closes July 19, 2023 at Noon

LIFE NEW MEMBER ORIENTATION

An orientation meeting for all new members to learn more about the LIFE program and the benefits of being a LIFE member. Previous LIFE members are welcome to join us to meet new members.



Monday, August 21

10 – 11 a.m.

Location: Zoom Meeting Only

Led by: Rebecca Bauer (LIFE Program Manager)

OAK WILT BIOLOGY & MANAGEMENT FIELD WORKSHOP

Learn how to recognize, prevent, and manage oak wilt in this field-based workshop. A short classroom presentation on oak wilt biology will be followed by a field tour of a diseased and managed oak wilt site.



Thursday, August 24

9 a.m. – Noon

Location: In-Person Only – Menzel Pavilion,
Schmeckle Nature Reserve

Led By: Holly A Petrillo, Ph.D., (Professor of Forest Entomology and Pathology, UWSP) and Alex Feltmeyer, M.S. (Forest Health Specialist-Division of Forestry, Wisconsin Department of Natural Resources)

Pre-registration Required: Online or Call 715-346-3838

LIFE: \$25 | Non-LIFE \$35

Transportation on your own; limited to 30 participants

MYSTERY TRIP

Join Anne Rogalski and Carissa Delikowski on their Second “Mystery Trip!” Encouraged by travelers’ requests, Anne and Carissa have created a daycation with five stops, for which travelers will receive clues the day of the adventure. Bring your curiosity, an appetite, a lawn chair, and spending money for potential goodies to bring back with you.



Friday, August 25

All Day

Led By: Anne Rogalski (CE Associate Director) and Carissa Delikowski (CE Staff)

Pre-registration Required: Online or Call 715-346-3838

Check our website for pricing

Registration closes August 18, 2023

LIFE Curriculum Committee Meeting

All are welcome to attend as we prepare programs for the Spring Semester.



Monday, August 28

10:30 a.m. – Noon

Location: Zoom Meeting Only

Led By: Paul Shogren (LIFE Membership/Promotion Committee Chair)

THE ART OF THE AMERICAN MUSICAL FILM

A survey with clips of some of the greatest musical films. Discussion and examples of why this genre produces artistic film achievements greater than any other type of film.



Tuesday, August 29

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led by: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)

WOMEN'S ATHLETICS IN PORTAGE COUNTY AT HERITAGE PARK

Get a guided tour of the new exhibit at Heritage Park in Plover. “We Just wanted to Play: The Story of Women’s Athletics in Portage County” present by Sentry.



Wednesday, August 30

10 – 11 a.m.

Location: In–Person Only – Heritage Park, Plover

Led By: John Harry (Executive Director of Portage County Historical Society)

Pre-registration Required: Online or Call 715-346-3838

\$5 per LIFE Member; Non-refundable

Transportation on your own; limited to 25 participants

LIFE Membership & Promotions Committee Meeting

All are welcome to attend.



Tuesday, September 5

9 – 10:30 a.m.

Location: Zoom Meeting Only

Led By: Paul Shogren (LIFE Membership/Promotion Committee Chair)

FOOTBALL – INSIDE THE GAME – PART 1

Do you have grandchildren who play football? Do you watch football but do not always understand what exactly is going on? Would you like to be more knowledgeable and join in conversations about football? Then join us for a fun-filled discussion and demonstration of the rules, penalties, players, officials, and the major aspects of the game. The presenters have a combined 100+ years of officiating experience and will help you to better understand the game.



Tuesday, September 5

1 – 2:30 p.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Tom Ordens, Dave Dahlinger, and Dave Acaley

A WALK IN THE PARK!

LIFE Members will meet at the entrance to the Sculpture Park and enjoy a guided tour through the park. Each participant will receive a sculpture park booklet provided by Worzalla Publishing. The guides will provide the members with an informative afternoon of art in nature.



Wednesday, September 6

1 – 2:30 p.m.

Location: In-Person Only – Stevens Point Sculpture Park,
901 2nd St N, Stevens Point, WI 54481

Led By: Mary Zinda and Faye Miller (Executive Board Members
of Sculpture Park)

Pre-registration Required: Online or Call 715-346-3838

\$5 per LIFE Member; Non-refundable

Transportation on your own; limited to 25 participants

BATTLE OF GETTYSBURG

The Battle of Gettysburg marked the turning point of the Civil War. With more than 50,000 estimated casualties, the three-day engagement was the bloodiest single battle of the conflict. Little known facts about this Battle will be presented and the Movie “Gettysburg” will be discussed along with conversations I had with actors in the movie. The Gettysburg re-enactment held each year July 1 – July 3, the actual dates of the Battle, will be presented in a very informative and entertaining way which will leave the class attendees very knowledgeable about the Battle.



Thursday, September 7

10 – 11:30 a.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Michael Moore (Retired Lieutenant Commander, Supply Corps Officer)

All of our virtual options use Zoom!
If you need quick tips you can follow this link
wusp.edu/conted/Pages/Zoom-Tutorial.aspx



LIFE Curriculum Committee Meeting

All are welcome to attend as we prepare programs for the Spring Semester.



Monday, September 11

10:30 a.m. – Noon

Location: Zoom Meeting Only

Led By: Paul Shogren (LIFE Membership/Promotion Committee Chair)

LIFE BOOK DISCUSSION

Join the discussion of *The Excellent Lombards* by Jane Hamilton (Wisconsin Author) (2016). Mary Frances “Frankie” Lombard is fiercely in love with her family’s sprawling apple orchard (in Wisconsin) and the tangled web of family members who inhabit it. Content to spend her days planning capers with her brother William, competing with her brainy cousin Amanda, and expertly tending the orchard with her father, Frankie desires nothing more than for the rhythm of life to continue undisturbed. But she cannot help being haunted by the historical fact that some family members end up staying on the farm and others must leave. Change is inevitable, and threats of urbanization, disinheritance, and college applications shake the foundation of Frankie’s roots. As Frankie is forced to shed her childhood fantasies and face the possibility of losing the idyllic future she had envisioned for her family, she must decide whether loving something means clinging tightly or letting go. Check your local library for the book or ebook.



Monday, September 11

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led by: Moderator to be determined

FOOTBALL – INSIDE THE GAME – PART 2

Do you have grandchildren who play football? Do you watch football but do not always understand what exactly is going on? Would you like to be more knowledgeable and join in conversations about football? Then join us for a fun-filled discussion and demonstration of the rules, penalties, players, officials, and the major aspects of the game. The presenters have a combined 100+ years of officiating experience and will help you to better understand the game. Continuation of program 1 week ago.



Tuesday, September 12

1 – 2:30 p.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Tom Ordens, Dave Dahlinger, and Dave Acaley

FILM DISCUSSION – US FILM

Every two weeks, Roger Bullis and/or Carol Colby will lead a discussion about a US film or an international film. Film titles will be announced a week or so ahead of time via email and social media.



Tuesday, September 12

3 – 4:30 p.m.

Location: Zoom Meeting Only

Led By: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)
and Carol Colby (Retired English and Communication Arts Instructor)

LEADERSHIP SERIES

We have invited the mayor of Stevens Point to share with us what is happening around Stevens Point, what has been accomplished over the last few years, and what we can look forward to change in the up-coming years.



Wednesday, September 13

10 – 11 a.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Mike Wiza (Mayor of Stevens Point)

POLICIES AIMED AT ENDING POVERTY IN THE US

We will outline and evaluate policies to end poverty in the U.S. since President Johnson declared his “War on Poverty.” Have we been making progress or simply trading water?



Wednesday, September 13

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Ed Miller (Emeritus Professor of Political Science, UWSP)

JAM’S ALPACA RANCH AND WORKING FIBER GIFT SHOP

Join us on a tour of Jam’s Alpaca Ranch and Working Fiber Gift Shop to see the process all the way from Alpaca to finished product.



Thursday, September 14

1 – 3 p.m.

Location: In–Person Only – 4370 Co Hwy Q
Wisconsin Rapids, WI 54495

Led By: Audrey Hackbarth (Owner)

Pre-registration Required: Online or Call 715-346-3838

\$10 per LIFE Member; Transportation on your own; Limit: 50

OUR TOWN

Join us on this day trip to the American Players Theatre in Spring Green. The Hill Theatre is a natural amphitheater that offers an experience not to be missed. Our Town, An American Classic, features a young couple in love who’s story intertwined with the story of the town itself. This trip includes tickets to the show and coach bus transportation. Lunch will be at your own expense at the Vintage Brewing Co. in Sauk Prairie after the show.



Friday, September 15

All Day

Location: American Players Theater in Spring Green, WI

Led By: Kelly Bird (CE Staff) and Carissa Delikowski (CE Staff)

Pre-registration Required: Online or Call 715-346-3838

LIFE: \$95 | Non–LIFE \$115 | Registration closes August 17, 2023

LIBRARY SOCIAL WORK: AN EMERGING COMMUNITY-BASED PARTNERSHIP WITH THE UWSP SOCIAL WORK PROGRAM AND THE SOUTH CENTRAL LIBRARY SYSTEM

Libraries in Wisconsin and across the country are taking steps to meet the needs of patrons with a range of challenges. From adults experiencing homelessness and mental health concerns to others seeking public benefits, employment, and other supports, libraries are playing a larger role in addressing the complex needs of community members. Over the past year, the South Central Library System and the social work program at UWSP have collaborated to support library patrons with unmet psychosocial needs. This presentation will highlight the successful placement of a social work intern within a library. The results of library staff and patron needs assessments distributed to 65 public libraries in the South Central Library System (SCLS) will also be highlighted.

Monday, September 18

10 – 11:30 a.m.



Location: Zoom Meeting Only

Led By: Jess Bowers (Associate Professor and Field Coordinator, Dept of Sociology and Social Work, UWSP)



KEEP IN MIND!

Unfortunately, sometimes we have cancellations due to a variety of reasons. Remember to check your email or our social media for updates!

HOMELESSNESS: HOW CAN WE HELP

What is homelessness? Why do people experience homelessness. How can the community help and make a difference in people's lives that are experiencing homelessness? Discover state statistics about homelessness and how the Stevens Point Warming Center can help.

Monday, September 18

1 – 2:30 p.m.



Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Leigh Ann Trzinski (Director of the Salvation Army Hope Center) and Tiffani Krueger (Co-Chair of Evergreen Community Initiatives, Volunteer Coordinator and Case Manager of the Warming Center)

INTRO TO MEDICARE

Join us for high level descriptions of Medicare Parts A, B, C, D and low income assistance programs related to Medicare.



Tuesday, September 19

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led By: Maria Meyer (ADRC of Portage County)

TED TALK

TED stands for technology, entertainment, and design. TED talks are videos that present great ideas in under 18 minutes. One week prior to the discussion the topic and video link will be announced. Classes will start by viewing the TED talk together, followed by a discussion among attendees. Members can watch the video before the discussion if they want.



Tuesday, September 19

1 – 2 p.m.

Location: Zoom Meeting Only

Led By: Rebecca Bauer (LIFE Program Manager)

HANK TALK

Topic and presenter to be released prior to presentation. More information can be found at <https://www.uwsp.edu/Wausau/hank-talks>



Tuesday, September 19

7 – 8 p.m.

Location: Hybrid – Wausau Campus, Veninga Theater

Led By: Presenter to be announced

MORNING ROUNDTABLE

“What do you do when you lose your primary care doctor?”

Join our Discussion.



Wednesday, September 20

10 – 11 a.m.

Location: Zoom Meeting Only

Led By: Ed Miller (Emeritus Professor of Political Science, UWSP)

AN ENERGY EFFICIENT ALL ELECTRIC HOME IN STEVENS POINT

Pat will describe his home and give tips for making your home more energy efficient and for reducing your utility bill. Heat pumps, heat pump water heaters, induction electric stoves and time of use electric rates will be discussed.



Thursday, September 21

10 – 11:30 a.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Patrick Drees (Retired Food Scientist)

BIRDS IN ART GUIDED TOUR

Join us for a guided tour of 2023 Birds in Art, Woodson's annual juried exhibition, followed by hands-on art making project.



Friday, September 22

10 a.m.

Location: In-Person Only – Leigh Yawkey Woodson Art Museum, 700 N 12th St, Wausau

Led By: Volunteers of the Museum

Pre-registration Required: Online or Call 715-346-3838

\$5 per LIFE Member; Non-refundable; Limit: 50

WINERY TOUR

Join us on a Winery Tour of three Wisconsin Wineries where we tour and taste samples from three unique wineries.



Friday, September 22

All Day

Location: Eastern Wisconsin

Led By: Anne Rogalski (LIFE Associate Director) and Kelly Bird (CE Staff)

Pre-registration Required: Online or Call 715-346-3838

Check our Website for pricing

THE MEANING OF THE WAR IN UKRAINE FROM HISTORICAL AND LITERARY STUDIES PERSPECTIVE

During this presentation, Professor Jeff Snowbarger and Professor Jeff Leigh will illustrate the ways in which History and Literary Studies provide us essential understanding regarding the origins and consequences of the Russian invasion of Ukraine.



Monday, September 25

10 – 11:30 a.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Jeff Snowbarger (Professor in English Department at UWSP)

and Jeff Leigh (Professor in the History Department at UWSP)

LIFE Curriculum Committee Meeting

All are welcome to attend as we prepare programs for the Spring Semester.



Tuesday, September 26

10:30 a.m. – Noon

Location: Zoom Meeting Only

Led By: Paul Shogren (LIFE Membership/Promotion Committee Chair)

Our Hybrid Classes are in a new room!

We are using CBB, Chemistry Biology Building,
2101 4th Avenue Stevens Point, See the map on page 47.

There is metered parking available in Lot T.

**FILM DISCUSSION – INTERNATIONAL FILM**

Every two weeks, Roger Bullis and/or Carol Colby will lead a discussion about a US film or an international film. Film titles will be announced a week or so ahead of time via email and social media.



Tuesday, September 26

3 – 4:30 p.m.

Location: Zoom Meeting Only

Led By: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)
and Carol Colby (Retired English and Communication Arts Instructor)

SCHMEECKLE BIRDING AND FORESTRY TOUR

Forestry is much more than just cutting down trees! We will tour Schmeekle Reserve on the UW-Stevens Point property to see how smart forest management practices have created habitat for a variety of wildlife and bird species, while we also introduce you to the basics of birding! We welcome both novice and experienced birders, so bring your binoculars, dress for the weather, and get ready to discover what birds can be seen during this time of high neotropical bird migration. This tour will involve long periods of walking on gravel or woodchip trails. Binoculars can be provided by request.



Wednesday, September 27

10 a.m.

Location: In-Person Only – Menzel Pavilion, Schmeekle Reserve, UWSP

Led By: Jennifer Summers (Wisconsin Center for Wildlife, UWSP)

Pre-registration Required: Online or Call 715-346-3838

LIFE: \$15 | Non-LIFE: \$25; Non-refundable

Transportation on your own; limited to 15 participants

INSURANCE BASICS – OFFICE OF THE COMMISSIONER OF INSURANCE

This program will be presented by an Insurance Program Manager with Wisconsin's Office of the Commissioner of Insurance. She will share information regarding property and casualty insurance products like homeowners insurance and auto insurance.



Wednesday, September 27

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Deena Driese, MSM (Insurance Program Manager – WI office of the Commissioner of Insurance)

ADVANCE CARE PLANNING

Discuss what advance care planning is, who should do advance care planning and why. The participants will then be walked through a Wisconsin advance directive, and have a chance to complete the document and ask questions.



Thursday, September 28

10 – 11:30 a.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Julie Barge (Advanced Care Planning Coordinator with Aspirus)

GREEN BAY PACKERS GAME

Ride a coach bus to Green Bay and see the Packers take on the Detroit Lions at Lambeau Field in Green Bay.



Thursday, September 28

All Day

Location: Lambeau Field, Green Bay

Led By: Jennifer Hess (CE Associate Director)
and Steve Sparrow (CE Staff)

Pre-registration Required: Online or Call 715-346-3838

LIFE: \$319 | Non-LIFE \$339

LIFE Membership Committee Meeting

All are welcome to attend.



Monday, October 2

9 – 10:30 a.m.

Location: Zoom Meeting Only

Led By: Paul Shogren (LIFE Membership/Promotion Committee Chair)

WISCONSIN LIFE AND LIVING TODAY

What makes life good today?



Monday, October 2

1 – 2:30 p.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Bill Kirby (Emeritus Professor of School of Education, UWSP)

LIFE Board Meeting

All are welcome to attend.



Tuesday, October 3

9 – 10:30 a.m.

Location: Zoom Meeting Only

Led By: Ed Miller (LIFE President)

SURVIVING THE HOLOCAUST: HIDDEN BY CHRISTIANS

History professor emeritus, Jeff Kleriman, will present an overview of Jews in hiding based on his recently published translation of a Holocaust survivor. His experience unfolds in Belgium (where he moved after fleeing Poland); the importance here is that most of the historical literature focuses on eastern Europe rather than in the lowlands or France. We will use this as a case study to look at larger patterns across Europe under Nazi occupation.



Tuesday, October 3

1 – 2:30 p.m.

Location: Hybrid – Marshfield Campus – Everett Roehl STEM Center, Jean's Vanguard Room

Led By: Jeffrey Kleiman Ph.D.

ESTATE PLANNING – MORE THAN JUST A WILL

Estate planning should encompass more than just preparing a Last Will and Testament. A good estate plan is tailored to the specific assets and goals of the individual or family for whom it is prepared. Based on these considerations, there are a variety of options available to distribute assets at death beyond a Last Will and Testament, including trusts, beneficiary designations, and even marital property agreements.

In addition to planning for the disposition of your property at death, a well-designed estate plan also takes into consideration planning for incapacity during your lifetime too. This class will provide an overview of the different options that are available when designing an estate plan to help you determine what plan is right for you and your family.



Wednesday, October 4

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led By: Katherine Young (Attorney At Anderson O'Brien)

LEADERSHIP SERIES

We have invited the mayor of Wausau to share with us what is happening around Wausau, what has been accomplished over the last few years, and what we can look forward to change in the up-coming years.



Wednesday, October 4

1 – 2 p.m.

Location: Hybrid – Wausau Campus, Terrace Room

Led By: Mayor Katie Rosenberg of Wausau

PHILOSOPHIC SKEPTICISM, EAST AND WEST

We will discuss two schools of philosophic skepticism, one from the East (Buddhist Madhyamika, 150 C.E.) and one from the West (Greek Pyrrhonism, 300 B.C.E.). Each school guarantees that the practice of the philosophy of skepticism will lead to enlightenment or liberation, respectively. And it really works. Come and see for yourself!



Thursday, October 5

10 – 11:30 a.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Arthur Herman (Professor Emeritus of Philosophy, UWSP)

TOUR OF BOYS AND GIRLS CLUB

Tour of the Boys and Girls Club of Portage County Berard Center.



Friday, October 6

10 – 11:30 a.m.

Location: In-Person Only – 941 Michigan Ave,
Stevens Point

Led By: Mikayla Kleifgen (Director of Resource Development and Marketing)

Pre-registration Required: Online or Call 715-346-3838

LIFE: \$5 per LIFE Member non-refundable;

Transportation on your own; limited to 25 participants

LIFE Curriculum Committee Meeting

All are welcome to attend as we prepare programs for the Spring Semester.



Monday, October 9

10:30 a.m. – Noon

Location: Zoom Meeting Only

Led By: Paul Shogren (LIFE Membership/Promotion Committee Chair)

LIFE BOOK DISCUSSION

Dinners with Ruth: A Memoir on the Power of Friendships by Nina Totenberg (2022) Celebrated NPR correspondent Nina Totenberg delivers an extraordinary memoir of her personal successes, struggles, and life-affirming relationships, including her beautiful friendship of nearly fifty years with Supreme Court Justice Ruth Bader Ginsburg. Check your local library for the book or ebook.



Monday, October 9

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led by: Moderator to be determined

TUNE-IN TO INTERNET RADIO

50,000 radio stations from 150+ countries. 75+ NPR (National Public Radio) stations alone. For free! We'll cover what internet radio is, how to use it, and how to find stations you like. Use a computer, laptop, tablet, mobile phone, or even a dedicated stand-alone radio. (See <https://www.oceandigitalshop.com/wr336n> for one such device that will be demonstrated in class.) Those attending will receive a spreadsheet of curated stations for your immediate enjoyment.

Want to listen to a foreign language like Inuit, anyone?

(Tune in KBRW, Barrow Alaska, an NPR station)



Tuesday, October 10

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led by: Mike Wrzinski (LIFE Member)

A SIMPLE WAY TO HELP!

Consider making a contribution to the LIFE Foundation! Any donation is used to support LIFE operations and LIFE trips. See page 5 for more information

FILM DISCUSSION – US FILM

Please see page 12 for program description



Tuesday, October 10

3 – 4:30 p.m.

Location: Zoom Meeting Only

Led by: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)
and Carol Colby (Retired English and Communication Arts Instructor)

A WALK IN THE PARK!

Join us for a tree walk at Marathon Park in Wausau. Enjoy some modest healthy exercise walking out of doors while experiencing the fall tree color. Our guide will share information on some of the many plants we will encounter: their horticultural features, historical importance to humans and wildlife, commercial uses, and our expanding knowledge of their place in the larger ecosystem. Gain a better appreciation of the unique environments here in a place we call home. We will begin by first gathering indoors at the UWSP Wausau Student Union. We will reschedule this event date if foul weather deems this necessary.



Wednesday, October 11

10 – 11:30 a.m.

Location: In–Person Only – Marathon County Park

Led By: Paul Whitaker (Professor at UWSP; Entomologist)

Transportation on your own

THE VIETNAM WAR VERSUS THE GULF WAR

The differences between the Vietnam War and the Gulf War will be presented using facts and presenter’s experiences in both wars. The specific ways in which these wars were fought will be highlighted and detailed explanations of the results will be provided. A true understanding of these wars will be an objective of this presentation.



Thursday, October 12

10 – 11 a.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Michael Moore (U.S. Navy Retired Lieutenant Commander, Supply Corps Officer; Served in both the Vietnam War and the Gulf War)

PRE–SHOW TALKBACK – THE MOORS

The Moors is a dark comedy about love, desperation, and visibility. Two sisters and a dog live out their lives on a bleak English moors, dreaming of love and power. The arrival of a hapless governess and a moor-hen set all three on a strange and dangerous path. Join the director for a pre-show chat on this performance. LIFE members are welcome to bring a Non-LIFE member as a guest to the pre-show event.



Sunday, October 15

1 – 1:45 p.m.

Location: In–Person Only – Stevens Point Campus, NFAC 221

Led By: Director

Tickets for the performance must be purchased separately through the UWSP box office or online.

Promo Code – LIFE 2023

SELECTED PROTEST AND PATRIOTIC SONGS

As a country and its leaders take and effect certain policies and political directions, song writers and singers make their thoughts and voices heard. The outcome of this many times leads to actions of protest and the creation of organizations to fight what is unjust or unpatriotic. Think of the National Anthem. Think of “Where Have All the Flowers Gone” and others. This presentation will bring back memories and perhaps your participation in some of those events or the times you sang (maybe still do) those songs. Join us, remember and sing.



Monday, October 16

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led By: Horace Davis (LIFE Member)

AN INSIDE LOOK AT CHINA TODAY

Professor Jianwei Wang, a China scholar, will give an insiders look at China and its relations with the U.S.



Tuesday, October 17

9 – 10:30 a.m.

Location: Zoom Meeting Only

Led By: Jianwei Wang (Emeritus Professor of Political Science, UWSP)

TED TALK

TED stands for technology, entertainment, and design. TED talks are videos that present great ideas in under 18 minutes. One week prior to the discussion the topic and video link will be announced. Classes will start by viewing the TED talk together, followed by a discussion among attendees. Members can watch the video before the discussion if they want.



Tuesday, October 17

1 – 2 p.m.

Location: Zoom Meeting Only

Led By: Rebecca Bauer (LIFE Program Manager)

HANK TALK

Topic and presenter to be released prior to presentation. More information can be found at <https://www.uwsp.edu/Wausau/hank-talks>

Tuesday, October 17

7 – 8 p.m.

Location: Hybrid – Wausau Campus, Veninga Theater

Led By: Presenter to be announced

**MORNING ROUNDTABLE**

The Social Security trust funds that 67 million Americans rely on for benefits are anticipated to be depleted in 2034 according to the 2022 trustees report from the Department of the Treasury. Several possible scenarios to maintain the benefits are being discussed. What idea(s) would you suggest? Should recipients continue to receive 100% of their benefit until the fund is exhausted? Join our discussion.

Wednesday, October 18

10 – 11 a.m.

Location: Zoom Meeting Only

Led By: Lorrie Franke (Social Committee Chair)

**LOOKING FOR SOMETHING QUICK?**

Keep an eye out for these icons to help you quickly decide if a talk or trip is for you! All Adventure Tour trips will need pre-registration and more information will be sent after signing up.



Over Zoom



In-Person



Hybrid Class



Daycation



Multi-Day Trip

CHANGING LIVES, ONE WORD AT A TIME

Join us for a broad introduction of the Portage County Literacy Council. Topics may include history, current operations, and future goals, along with a question and answer.

Wednesday, October 18

1 – 2:30 p.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Nicholas Krupp (Project Assistant Manager at PCLC)



GENEALOGY RESEARCH FOR BEGINNERS!

Family history research has been a topic of interest for generations. Some folks know all they ever want to know about their ancestors and others know precious little and are happy not knowing. If you are curious about how and where to begin, this class will be for you! Genealogical research can be as simple or as complex as you are willing to make it. Some folks can trace their family to a foot soldier who came across the English Channel with William the Conqueror and others do not know where their grandparents were born. The goal of this class will be to stimulate your curiosity and help you identify the enormous resources available to help you launch your journey of discovery.



Thursday, October 19

10 – 11:30 a.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Jim Walker (Current President of Stevens Point Genealogical Society; LIFE Member; Retired Probation Officer)

WHY IS PAPER WHITE AND FLAT

This program will describe the history of the UWSP Department of Paper Science and Chemical Engineering's paper machine, and the educational and scientific successes that have been made through its use in undergraduate courses. A brief description of the science of papermaking along with a demonstration of the UWSP paper machine will also be given. We will start out in CBB 161 and walk over to the Science building to see the paper machine.



Friday, October 20

10 – 11:30 a.m.

Location: In-Person Only – Stevens Point Campus
CBB 161

Led By: Gerry Ring (Professor Emeritus, Former Chair of Paper Science & Chemistry Department)

Pre-registration Required: Online or Call 715-346-3838
\$5 per LIFE Member non-refundable;
Transportation on your own; limited to 25 participants

THOSE DARN KIDS NOWADAYS – GENERATIONAL DIVERSITY

There are currently seven generations living with five in the workplace. The challenges of diversity are all around us and generational diversity is gaining in attention. Learn about the differences and challenges of working with different generations.

**Monday, October 23****10:30 – Noon****Location:** Hybrid – Stevens Point Campus – CBB 161**Led By:** Todd Kuckkahn (Speaker, Coach, Trainer, Teacher, DISC, DEI)**MID-STATE TECHNICAL COLLEGE: AMETA CENTER PROJECT**

Over the last five years, Mid-State Technical College has assessed the need to offer additional programming as an Advanced Manufacturing, Engineering Technology, and Apprenticeship training center. Join in to learn more about the college's efforts in identifying the right program mix, the right location, and the project launch for the AMETA Center.

**Tuesday, October 24****10 – 11:30 a.m.****Location:** Zoom Meeting Only**Led By:** Ryan Kawaki (Dean of the School of Applied Technology at Mid State Technical College)

All of our virtual options use Zoom!
If you need quick tips you can follow this link
uwsp.edu/conted/Pages/Zoom-Tutorial.aspx

**THE GREAT PINERY HERITAGE WATERWAY**

The Great Pinery Heritage Waterway is a 108-mile river trail from Hats Rapids in Oneida County to the Dubay Dam in Portage County and is the first designated river trail by the DNR in Central Wisconsin. The trail highlights the history of the people and events from ancient times to the 20th century with a specific look at the opening of the north woods and the great white pine forest.

**Tuesday, October 24****1 – 2:30 p.m.****Location:** Hybrid – Wausau Campus – Terrace Room**Led By:** Bill Bertrum (Member of Wausau and Marathon County Park Foundation)

FILM DISCUSSION – INTERNATIONAL FILM

Please see page 17 for program description.

Tuesday, October 24

3 – 4:30 p.m.



Location: Zoom Meeting Only

Led By: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)
and Carol Colby (Retired English and Communication Arts Instructor)

REMODELING FOR AGING IN PLACE: ASK A HOMEOWNER!

Ariel Welling of Welling Kitchen, Bath and Floor, returns to discuss design for aging in place, accompanied by a panel of homeowners who have recently remodeled their homes with aging in place in mind. We will discuss each of their projects, what aging considerations they planned for, and then open up for discussion and questions.

Wednesday, October 25

10 – 11:30 a.m.



Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Ariel Welling (Owner of Welling Kitchen, Bath, and Floor, a design company with an emphasis on aging in place)

LIFE Curriculum Committee Meeting

All are welcome to attend as we prepare programs for the Spring Semester.

Thursday, October 26

10:30 a.m. – Noon



Location: Zoom Meeting Only

Led By: Paul Shogren (LIFE Membership/Promotion Committee Chair)

BIOPHILIA – A FORESIGHTED APPROACH TO EXTERIOR ARCHITECTURAL LANDSCAPING AND INTERIOR PLANNING DESIGN CONSIDERATIONS

Biophilia (meaning love of nature) is a term that describes the human's innate attraction to nature. It suggests that we all have a genetic connection to nature and natural processes through hundreds of thousands of years of living in agrarian settings. Biophilic design can reduce stress, enhance creativity and clarity of thought, improve our well-being and expedite healing; as the world population continues to urbanize, these qualities are ever more important.

Thursday, October 26

1 – 2:30 p.m.



Location: Zoom Meeting Only

Led By: Janell Wehr (Horticulture Educator at UW–Madison Division of Extension)

LOOKING FOR SOMETHING QUICK?

Keep an eye out for these icons to help you quickly decide if a talk or trip is for you! All Adventure Tour trips will need pre-registration and more information will be sent after signing up.



Over Zoom



In-Person



Hybrid Class



Daycation



Multi-Day Trip

SAW-WHET OWL BANDING ADVENTURE

Come out to the Linwood Springs Research Station in Portage County to observe the saw whet owl, one of nature's most adorable creatures and Wisconsin's smallest owl, up close and personal. Learn how Gene Jacobs, raptor biologist, certified bird bander, and director of the Station, uses mist nets to band these tiny owls. Gene will explore the natural history of the saw-whet, including banding, sexing, and aging. Then at program end, we go back outdoors to release the saw-whets back into their nocturnal environment.

Thursday, October 26



7 p.m.

Location: In-Person Only – Linwood Springs Research Station (1601 Brown Deer Rd, Stevens Point)

Led By: Gene Jacobs (Raptor biologist, certified bird bander, Director of Linwood Springs Research Station)

Pre-registration Required: Online or Call 715-346-3838
\$20 per LIFE Member; non-refundable;

Transportation on your own; limited to 25 participants

PRETTY WOMAN: THE MUSICAL

Join us on this day trip to the Fox Cities PAC to see the theatrical take on a love story for the ages, *Pretty Women*. This trip includes tickets to the show, a dinner at Pullmans At Trolley Square, and coach bus to Appleton and back.

Saturday, October 28



All Day

Location: Performing Arts Center, Appleton

Led By: Kelly Bird (CE Staff) and Carissa Delikowski (CE Staff)

Pre-registration Required: Online or Call 715-346-3838
LIFE: \$229 | Non-LIFE \$249

Registration closes September 29, 2023

COMMON SCAMS & FRAUDS TARGETING SENIORS

The Wisconsin Bureau of Consumer Protection will discuss the details of common scams, the warning signs of a scam, and what to do if you or someone you know falls victim to a scam or fraud. Helpful fact sheets from The Bureau of Consumer Protection will be available. As Wisconsin's lead agency for consumer protection, the Bureau of Consumer Protection at the Wisconsin Department of Agriculture Trade and Consumer Protection, provides information and education, mediates complaints, investigates cases, and takes enforcement actions to fight fraudulent and deceptive practices that harm consumers and honest businesses.



Tuesday, October 31

10 – 11:30 a.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Jeff Kersten (Agency Liaison – Division of Trade & Consumer Protection, WDATCP)

LIFE Social Committee Meeting

All are welcome to attend. We will discuss ways to gather members together for social events.



Wednesday, November 1

9 – 10:30 a.m.

Location: Zoom Meeting Only

Led By: Lorrie Franke (Social Committee Chair)

Our Hybrid Classes are in a new room!

We are using CBB, Chemistry Biology Building,
2101 4th Avenue Stevens Point, See the map on page 47.

There is metered parking available in Lot T.



HAVE YOUR DNA DONE

Don't be afraid of it and don't put it off. Look into it. Just need a saliva sample. Bill will discuss his experience on getting a DNA test done.



Wednesday, November 1

1 – 2:30 p.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Bill Kirby (Emeritus Professor of School of Education, UWSP)

SPECTRA PRINT TOUR

Spectra Print is a family owned and operated printing business founded in 1930 by Oscar Hofmeister. His grandchildren, Eric, Heidi, and Hans now fill the positions of leadership. The tour will feature examples of the services offered, such as, offset, digital, creative design, marketing, bindery, mailing and large format services.



Friday, November 3

10 – 11 a.m.

Location: In–Person Only – 5000 Woodward Dr,
Stevens Point, WI 54481

Led By: Hans Hofmeister (Executive Vice President)

Pre-registration Required: Online or Call 715-346-3838

\$5 per LIFE Member; non–refundable;

Transportation on your own; limited to 25 participants

LIFE Membership Committee Meeting

All are welcome to attend.



Monday, November 6

9 – 10:30 a.m.

Location: Zoom Meeting Only

Led By: Paul Shogren (LIFE Membership/Promotion Committee Chair)

A SIMPLE WAY TO HELP!

Consider making a contribution to the LIFE Foundation! Any donation is used to support LIFE operations and LIFE trips. See page 5 for more information

**BICYCLE–POWERED DELIVERY AND DISTRIBUTION IN
CENTRAL WI – IS THIS FEASIBLE?**

If you've ever biked to the grocery store, to work, or downtown to enjoy a social evening with friends in the summer, you already know what it takes to use a bicycle for regular transportation. How about using a bicycle to haul 100lbs of kitchen scraps for composting? Or, what about distributing by bicycle 38 food assistance boxes to those in need? Or maybe, using a bike and trailer to haul Xmas trees? Yes, these are all possible by bike and Trevor Roark will share his story about this growing, local, startup biz called curbwise LLC.



Monday, November 6

1 – 2:30 p.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Trevor Roark (Owner/Pilot of Curbwise, LLC)

LEADERSHIP SERIES

We have invited the mayor of Marshfield to share with us what is happening around Marshfield, what has been accomplished over the last few years, and what we can look forward to change in the up-coming years.



Wednesday, November 8

10 – 11 a.m.

Location: Hybrid – Marshfield Campus, Everett Roehl
STEM Center, Jean's Vanguard Room

Led By: Mayor Lois TeStrake of Marshfield

ELECTRIC VEHICLES: THEY REALLY ARE FOR EVERYONE

Learn about Electric Vehicles (EVs), the current state of available choices, what people should know about charging, the benefits of driving EVs and many other topics. Hear about the presenter's experiences driving an EV in rural Wisconsin as well as some longer road trips.



Wednesday, November 8

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Jeremiah Brockman (President of WI Chapter of Electric
Vehicle Association)

FOOD + FARM EXPLORATION CENTER GUIDED TOUR

Join us on a guided tour of the brand new Food + Farm Exploration Center in Plover. The Center is operating through the Farming for the Future Foundation, a 501(c)(3) organization. Their mission is simple, people want to know where their food comes from and farmers want to share those stories. Their vision is to promote agricultural literacy and instill a greater appreciation of the origins of our food and the people that grow it. This is a timely learning opportunity before our nations Thanksgiving holiday season.



Thursday, November 9

1 – 2:30 p.m.

Location: In-Person Only – 3400 Innovation Drive,
Plover, WI 54467

Led By: Andy Reitz (Executive Director)

Pre-registration Required: Online or Call 715-346-3838
\$5 per LIFE Member; non-refundable;
Transportation on your own; limited to 25 participants

MARY AND JOSEPH'S CHRISTMAS

Joyful, joyful it was: Yes or No? A time of peace and security: Yes or No?
 Jesus' birth was attended by a midwife: Yes or No?
 From then on Mary's and Joseph's lives were smooth sailing: Yes or No?
 Prior to and after, the contentious events of the world continued: Yes or No?
 Christians honor and celebrate Advent and Christmas each year with joy and gladness. Perhaps if we look at the circumstances under which The Christ was born, we would have a greater sense of the awe and wonder of its message.

**Friday, November 10****10 – 11:30 a.m.****Location:** Zoom Meeting Only**Led By:** Horace Davis (LIFE Member)**PRE-SHOW TALKBACK – SHE LOVES ME**

Considered by many to be the most charming musical ever written, *She Loves Me* is a warm romantic comedy with an endearing innocence and a touch of old-world elegance. LIFE members are welcome to bring Non-LIFE members as their guest to the pre-show chat with the director.

**Sunday, November 12****1 – 1:45 p.m.****Location:** In-Person Only – Stevens Point Campus, NFAC 221**Led By:** Director

Tickets for the performance must be purchased separately through the UWSP box office or online.

Promo Code – LIFE2023

LOOKING FOR SOMETHING QUICK?

Keep an eye out for these icons to help you quickly decide if a talk or trip is for you! All Adventure Tour trips will need pre-registration and more information will be sent after signing up.



Over Zoom



In-Person



Hybrid Class



Daycation



Multi-Day Trip

LIFE BOOK DISCUSSION

Join in a discussion of *Where the Forest meets the Stars* by Glendy Vanerah (2019). A mysterious child teaches two strangers how to love and trust again. After the loss of her mother and her own battle with breast cancer, Joanna Teale returns to her graduate research on nesting birds in rural Illinois, determined to prove that her recent hardships have not broken her. When a mysterious child who shows up at her cabin, barefoot and covered in bruises, Joanna enlists the help of her reclusive neighbor, Gabriel Nash, to solve the mystery of the charming child. But the more time they spend together, the more questions they have. How does a young girl not only read but understand Shakespeare? Why do good things keep happening in her presence? And why aren't Jo and Gabe checking the missing children's website anymore? Though the three have formed an incredible bond, they know difficult choices must be made. (Goodreads Choice Award finalists) Check your local library for a book or ebook.



Monday, November 13

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led by: Moderator to be determined

WHAT YOU DON'T KNOW ABOUT JAMAICA?

Understanding the Jamaican culture, our history relating to our African ancestry, our foods and where they originate, from the perspective of an average Jamaican.



Tuesday, November 14

10 – 11:30 a.m.

Location: Hybrid – Wausau Campus – Terrace Room

Led By: Janice Watson (Owner of Taste of Jamaica Restaurant)

FILM DISCUSSION – US FILM

Please see page 12 for program description.



Tuesday, November 14

3 – 4:30 p.m.

Location: Zoom Meeting Only

Led By: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)
and Carol Colby (Retired English and Communication Arts Instructor)

HANK TALK

Topic and presenter to be released prior to presentation. More information can be found at <https://www.uwsp.edu/Wausau/hank-talks>

Tuesday, November 14



7 – 8 p.m.

Location: Hybrid – Wausau Campus, Veninga Theater

Led By: Presenter to be announced

MORNING ROUNDTABLE

Discussion on the UW Stevens Point Branch Campuses, changes that have unfolded, current standings, and what could be in store for the future.



Wednesday, November 15

10 – 11 a.m.

Location: Zoom Meeting Only

Led By: Rebecca Bauer (LIFE Program Manager)

DID THE INFLATION REDUCTION ACT SOLVE THE CLIMATE CRISIS?

The Inflation Reduction Act is the biggest action the US government has ever taken to solve climate change but we still have to do a tremendous amount if we are to avoid the worst effects of the climate crisis. Learn what we can do and how you can help keep this a livable planet.



Wednesday, November 15

1 – 2:30 p.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Dan Dieterich (Professor Emeritus, UWSP English Department)

KEEPING FAMILIES CLOSE AT RONALD MCDONALD HOUSE

Tour and presentation of local Ronald McDonald House. Learn more about the mission of keeping families close to their hospitalized child.



Thursday, November 16

10 – 11 a.m.

Location: In-Person Only – 803 W North St,
Marshfield, WI 54449

Led By: lilee Pederson (Executive Director)

Pre-registration Required: Online or Call 715-346-3838

\$5 per LIFE Member; non-refundable;

Transportation on your own; limited to 25 participants

JOURNEY OF THE GIFT OF SIGHT

This program offers an in-depth look at how the Lions Eye Bank of Wisconsin (LEBW) and Lions in Wisconsin help provide the gift of sight to people waiting to receive a cornea donation worldwide. From initial referral of a potential donor to Wisconsin Lions Transporters delivering cornea, we will explain how the corneas are prepared, placed and travel across Wisconsin and the globe. With the help of Lions, LEBW ensures no one in Wisconsin is waiting for a cornea transplant and helps fulfill Lions Club International's Vision Mission through partnerships with 47 Lions Eye Banks across the globe.



Monday, November 20

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led By: Adam Crowson (Community Outreach Coordinator of Lions Eye Bank of Wisconsin)

POPULATION CHANGE IN WISCONSIN

We will examine how the population is changing in Wisconsin. Where are the growth areas? Which areas are losing population? Is Wisconsin's population aging?



Tuesday, November 21

10 – 11:30 a.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: David Egan-Robertson (Demographer at the Applied Population Laboratory, UW–Madison)

TED TALK

TED stands for technology, entertainment, and design. TED talks are videos that present great ideas in under 18 minutes. One week prior to the discussion the topic and video link will be announced. Classes will start by viewing the TED talk together, followed by a discussion among attendees. Members can watch the video before the discussion if they want.



Tuesday, November 21

1 – 2 p.m.

Location: Zoom Meeting Only

Led By: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)

EMOTIONS FOR GROWN-UPS

How we identify, express and manage our emotions is one of the most complicated activities of humans. Yet, it is an activity few of us have been taught how to do. Instead, for better and worse, we learned it by observing others in person and in media. This presentation will translate the psychological research on emotions into fundamental ways to identify, manage and express our emotions to support our engaging them with integrity. Practical tools, rules and perspectives will be shared that are valuable for humans of any age.



Tuesday, November 28

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led By: Mike Schulein (Ph.D. in Clinical Psychology, 39 years in practice as clinician, educator and program director)

FILM DISCUSSION – INTERNATIONAL FILM

Please see page 17 for program description.



Tuesday, November 28

3 – 4:30 p.m.

Location: Zoom Meeting Only

Led By: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)
and Carol Colby (Retired English and Communication Arts Instructor)

CHICAGO OVERNIGHT TRIP

Welcome to the Windy City! Join our trip leaders for an exciting overnight getaway in a swanky downtown hotel in Chicago. On this trip, we will visit the Shedd Aquarium, browse the galleries of the Institute of Art, experience the festivity of the outdoor Christkindlmarket, and offer the opportunity to see Hamilton at the James M. Nederlander Theatre!



Wednesday, November 29 – 30

Overnight

Location: Chicago, IL

Led By: Mara Prausa (CE Program Manager – Wausau)
and Carissa Delikowski (CE staff)

Pre-registration Required: Online or Call 715-346-3838

LIFE: \$499 | Non-LIFE \$519

Registration closes August 1, 2023

HEALTHY BRAIN AGING

This presentation will provide an overview of changes that are expected in age and factors that may improve brain outcomes in older age.



Wednesday, November 29

10 – 11:30 a.m.

Location: Zoom Meeting Only

Led By: Dr. Barbara Bendlin (Associate Professor of Medicine at the UW–Madison; Scientific Investigator at the WI Alzheimer's Disease Research Center)

All of our virtual options use Zoom!
If you need quick tips you can follow this link
uwsu.edu/conted/Pages/Zoom-Tutorial.aspx



THE VOLGA GERMANS: A SHORT HISTORY OF THEIR MIGRATION TO RUSSIA AND THEIR EVENTUAL EMIGRATION TO WISCONSIN

The emigration of Germans in the eighteenth century upon the invitation of Catherine the Great is a fascinating history of migration and settlement along the Volga River. Catherine the Great of Russia, born a German princess, ascended to the Russian throne in the 1760s and invited German settlers to Russia to cultivate the steppe along the Volga. She allowed them to maintain their own language, culture and religion, provided acreage, and excluded them from mandatory military service. What made the German settlers make this move? Where did they come from? Why did they stay for generations? What made them emigrate in the early 20th century to the U.S.? My paternal grandparents were born in such a settlement along the Volga and emigrated to Sheboygan in 1909. Why Wisconsin and not Hessen, where the family had come from? This presentation will interweave the history of the Volga Germans in Russia and their settlement in the New World with some personal family history to create an historic overview of these unique Germans and their experiences in Russia and in the U.S.



Thursday, November 30

10 – 11:30 a.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Richard Ruppel (Emeritus Professor German & Comparative Literature, UWSP)

“PROVE IT TO ME FIRST” POTENTIAL OF MINING IN NORTH CENTRAL WISCONSIN

A look at exploratory metals and mineral mining in Marathon County and the potential that this may lead to full scale sulfide mining operations. This is taking place near the environmentally sensitive Dells of the Eau Claire River County Park and Potcch-Chee-Nunk indigenous community. There are public concerns of numerous ground water sites, and potential contamination to waterways, as well as the lurking destruction of a pristine and fragile ecosystem. These are countered by corporate claims of the potential billions of dollars generated from extracted earthen resources, increased tax revenue, and some well-paying limited term jobs for the local community. What could be the unforeseen long-term consequences to this region?



Thursday, November 30

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Nancy Stencil (WI Political & Environmental Advocate, Editor Middle WI Magazine)

PABST CHRISTMAS: MANSION, MADER’S AND THEATRE

Let’s start the day with a guided tour of the Pabst Mansion where each year brings new Christmas decorations. Afterwards, we will have lunch at Mader’s before seeing *A Christmas Carol* in the Pabst Theater. Prices include coach bus, mansion tour, lunch, and show ticket.



Saturday, December 2

All Day

Location: Milwaukee, WI

Led By: Kelly Bird (CE Staff) and Carissa Delikowski (CE Staff)

Pre-registration Required: Online or Call 715-346-3838

LIFE: \$189 | Non-LIFE \$209

Registration closes November 3, 2023 at Noon



KEEP IN MIND!

Unfortunately, sometimes we have cancellations due to a variety of reasons. Remember to check your email or our social media for updates!

LIFE Membership Committee Meeting

All are welcome to attend.



Monday, December 4

9 – 10:30 a.m.

Location: Zoom Meeting Only

Led By: Paul Shogren (LIFE Membership/Promotion Committee Chair)

THE SOUTH AFRICAN APPROACH TO ANIMAL AND BIRD SPECIES PRESERVATION

A strong hankering to see one of the world's great national treasures led our speaker, John Munson, to travel to South Africa. John shared his impressions of many birds and mammals a tourist is privileged to see when they travel to exotic places. His presentation shared the challenges of maintaining pristine wildlife habitat and an immense national park that is constantly under attack from changing climate, human expansion, and poachers. He will share what he has learned from South Africans on how they approach animal and bird conservation, specifically at Kruger National Park. Along the way, you will see images of birds and mammals collected by an amateur photographer who loves the out-of-doors.

John Munson will share his experiences of learning how the South African government approaches preserving game animals, birds, plant species, and habitats. The focus will be on large-game farming as it strives to keep numbers strong while maintaining private land ownership.

Additionally, he will share photos taken over the past 12 years of annual photo safaris and discuss the impact of poaching, decreasing wildlands, and an increasing human population. Balancing human needs in a growing society with the need to keep species populations strong takes a very special approach when resources for doing so are limited.



Monday, December 4

1 – 2:30 p.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: John Munson (Retired Professor of Health Promotion/Wellness at UWSP; world traveler)

LIFE Board Meeting

All are welcome to attend.



Tuesday, December 5

9 – 10:30 a.m.

Location: Zoom Meeting Only

Led By: Ed Miller (LIFE President)

BEHIND THE UNIFORM: THE UNTOLD TRUTHS ABOUT VETERANS

Walk away with a deeper understanding of what it is like to be a veteran, specifically a female veteran. Join award-winning author Laura Colbert as she bridges the military and civilian divide to create more understanding and empathy between the two entities. Discover the nuances of the Veteran focused holidays, the difficulties of transitioning to civilian life, and the hurdles that veterans overcome after a combat tour.



Wednesday, December 6

10 – 11:30 a.m.

Location: Hybrid – Stevens Point Campus – CBB 161

Led By: Laura Colbert (Combat Veteran During Operation Iraqi Freedom)

SKEPTICISM AND THE FUTURE OF NONERY

We will have a brief look at some of the myths and truths surrounding “Skepticism,” followed by a look at current trends in American’s adherence to beliefs. “Nones” are people who respond “none” when asked what religion they are. They are not necessarily atheists, but they are not active in any organized religion. There are more and more of them every year; that growth comes largely at the expense of Christianity. What will they do once they are in a position to exert a powerful influence on society and politics? We will not record this class session in an effort to encourage open discussion, allowing time for questions and comments.



Thursday, December 7

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led By: Richard Russell (Host of Madison Skeptics)

BEETLEJUICE: THE MUSICAL

Join us on this day trip to the Fox Cities PAC to see the hilarious, haunting musical of *Beetlejuice*. This trip includes tickets to the show, a dinner at Pullmans At Trolley Square, and coach bus to Appleton and back.



Saturday, December 9

All Day

Location: Performing Arts Center, Appleton

Led By: Anne Rogalski (CE Associate Director)
and Carissa Delikowski (CE Staff)

Pre-registration Required: Online or Call 715-346-3838

LIFE: \$229 | Non-LIFE \$249

Registration Closes November 3 at noon.

PRE-SHOW TALKBACK – AFTERIMAGES 2023

Afterimages is an exciting and unique experience in the UWSP Department of Theatre and Dance, allowing students to experiment with their artistry in a safe and collaborative space. The dances are inspired by personal experiences and relationships. Join the directors for a pre-show chat on these performances. LIFE members are welcome to bring a Non-LIFE member as a guest to the Pre-Show event.



Sunday, December 10

1 – 1:45 p.m.

Location: In-Person Only – Stevens Point Campus, NFAC 221

Led By: Director

Tickets for the performance must be purchased separately through the UWSP box office or online.

Promo Code – LIFE2023

LIFE BOOK DISCUSSION

A discussion of *American Born Chinese* by Gene Luan Yang (2006) a graphic novel that tells the story of three apparently unrelated characters: Jin Wang, who moves to a new neighborhood with his family only to discover that he is the only Chinese-American student at his new school; the powerful Monkey King, subject of one of the oldest and greatest Chinese fables; and Chin-Kee, a personification of the ultimate negative Chinese stereotype, who is ruining his cousin Danny's life with his yearly visits. Their lives and stories come together with an unexpected twist in this action-packed modern fable. 2007 Printz Award winner. Check your local library for the book or ebook.



Monday, December 11

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led by: Moderator to be determined

FILM DISCUSSION – US FILM

Please see page 12 for program description.

Tuesday, December 12

3 – 4:30 p.m.



Location: Zoom Meeting Only

Led By: Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)
and Carol Colby (Retired English and Communication Arts Instructor)

COLLECTIVE ILLUSIONS – FALSE ASSUMPTIONS ABOUT SOCIETY THAT MANY PEOPLE SHARE

Psychologist Todd Rose debunks eight myths so mainstream we all believe them. We will view and discuss each topic in order of this eye opening BIG THINK video presentation. Americans have plenty of disagreements. But fundamentally, they have more in common than they might think. As former Harvard professor and bestselling author Todd Rose explains, the antidote to collective illusions is becoming a more authentic individual, as well as gaining a deeper understanding of how our innate drive to conform to social norms often works against that.

Preview video option:

YouTube: https://www.youtube.com/watch?v=BD_Euf_CBbs

Wednesday, December 13

1 – 2:30 p.m.



Location: Zoom Meeting Only

Led by: Kurt Hase (LIFE Board Member At-Large)

HOW ELECTIONS HAPPEN

Learn about the election process: Means of early preparation, staff involved, technology utilized, review of voter registration, options available of absentee ballot, and in person voting. In addition, learn about sources and means by which to learn about candidates, referendum measures in both the primaries, and general elections in advance. Look at the calendar for the upcoming 2024 election season, which may set voter turnout records all across the USA. A healthy enduring Democracy necessitates a well-informed electorate.

Thursday, December 14

1 – 2:30 p.m.



Location: Zoom Meeting Only

Led by: Kaitlyn Bernarde (City Clerk of Wausau)

LIFE Membership Committee Meeting

All are welcome to attend.



Monday, January 8

9 – 10:30 a.m.

Location: Zoom Meeting Only

Led By: Paul Shogren (LIFE Membership/Promotion Committee Chair)

LIFE BOOK DISCUSSION

Join in a discussion of *Ordinary Grace* by William Kent Kruger. It is winner of the 2014 Edgar Award for Best Novel and Dilys Award (Mystery Title of the Year). Looking back at a tragic event that occurred during his thirteenth year, Frank Drum explores how a complicated web of secrets, adultery, and betrayal shattered his Methodist family and their small 1961 Minnesota community. Check your local library for the book or ebook.



Monday, January 8

1 – 2:30 p.m.

Location: Zoom Meeting Only

Led by: Moderator to be determined

GOOD IDEAS CONFERENCE – 39TH ANNUAL

Please see <https://www3.uwsp.edu/conted/Pages/Good-Ideas.aspx>



Tuesday – Thursday

January 9 – 11

Class times will vary

Pre-registration Required

Location: UWSP Wausau Campus
In-Person or online

**LIFE Curriculum Committee Meeting**

All are welcome to attend as we prepare programs for the Fall 2024 Semester.



Monday, January 22

10:30 a.m. – Noon

Location: Zoom Meeting Only

Led By: Paul Shogren (LIFE Membership/Promotion Committee Chair)

LOOKING FOR SOMETHING QUICK?

Keep an eye out for these icons to help you quickly decide if a talk or trip is for you! All Adventure Tour trips will need pre-registration and more information will be sent after signing up.



Over Zoom



In-Person



Hybrid Class



Daycation



Multi-Day Trip

LIFE Memories



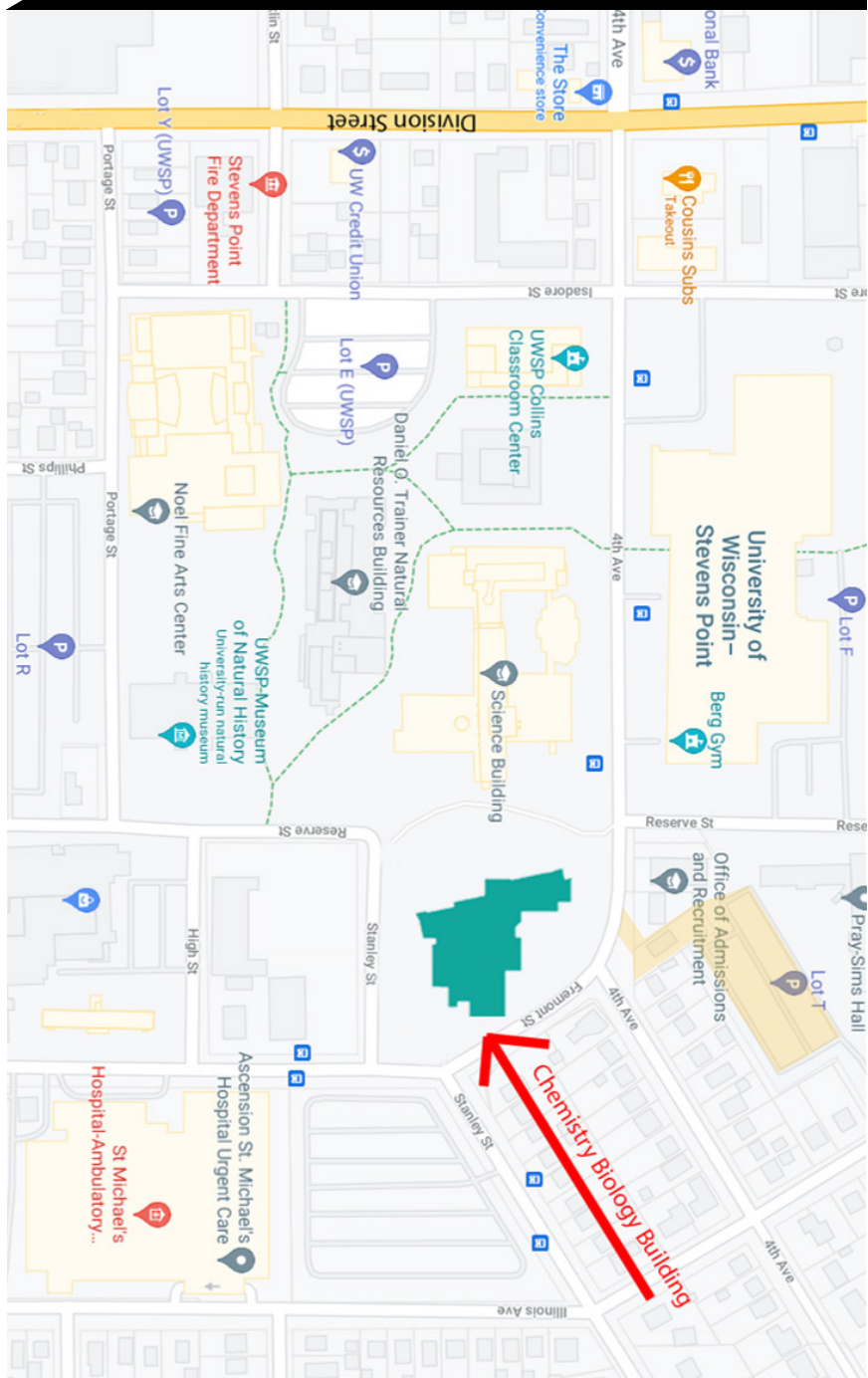
LIFE Memories



Thank You To Our Presenters

Dave Acaley	Hans Hofmeister	Anne Rogalski
Julie Barge	Gene Jacobs	Mayor Katie Rosenberg of Wausau
Rebecca Bauer	Ryan Kawaki	Richard Ruppel
Dr. Barbara Bendlin	Jeff Kersten	Richard Russell
Kaitlyn Bernarde	Bill Kirby	Mike Schulein
Bill Bertrum	Mikayla Kleifgen	Paul Shogren
Kelly Bird	Jeffrey Kleiman Ph.D.	Jeff Snowbarger
Jess Bowers	Tiffani Krueger	Steve Sparrow
Jeremiah Brockman	Nicholas Krupp	Nancy Stencil
Roger Bullis	Todd Kuckkahn	Jennifer Summers
Laura Colbert	Noah LaMaide	Mayor Lois TeStrake of Marshfield
Carol Colby	Jeff Leigh	Leigh Ann Trzinski
Adam Crowson	Maria Meyer	Jim Walker
Dave Dahlinger	Ed Miller	Jianwei Wang
Horace Davis	Faye Miller	Janice Watson
Carissa Delikowski	Leigh Yawkey Woodson Art Museum Volunteers	Janell Wehr
Dan Dieterich	Michael Moore	Ariel Welling
Patrick Drees	John Munson	Paul Whitaker
Deena Driese	Tom Ordens	Mayor Mike Wiza of Stevens Point
David Egan–Robertson	lilee Pederson	Mike Wrzinski
Lorrie Franke	Holly A. Petrillo Ph.D.	Katherine Young
Alex Feltmeyer, M.S.	Mara Prausa	Mary Zinda
Audrey Hackbarth	Andy Reitz	
John Harry	Gerry Ring	
Kurt Hase	Trevor Roark	
Arthur Herman		

UW-Stevens Point Map

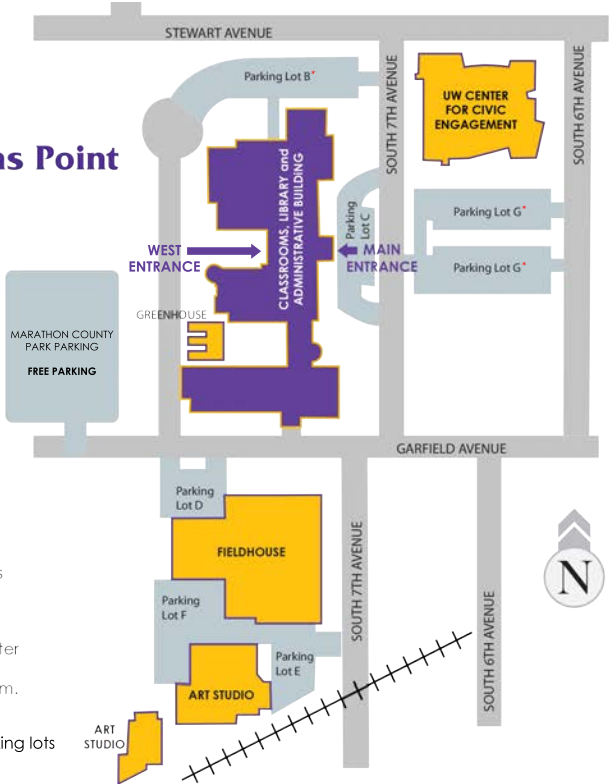


UWSP at Wausau Map



Wausau
UW-Stevens Point

Wausau Campus Map



Lot B, F, D
Faculty and Staff only

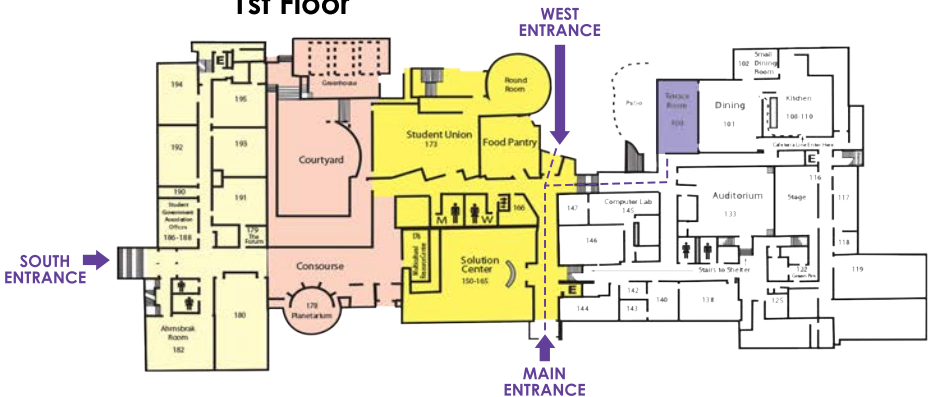
Lot C
Visitor only parking. Free permits obtained from Student Affairs

Lot E, G
Paid permit parking for commuter student and faculty/staff only. Monday to Friday 8 a.m. to 5 p.m.

***Lot B, G**
Tickets are issued in these parking lots

Main Building

1st Floor

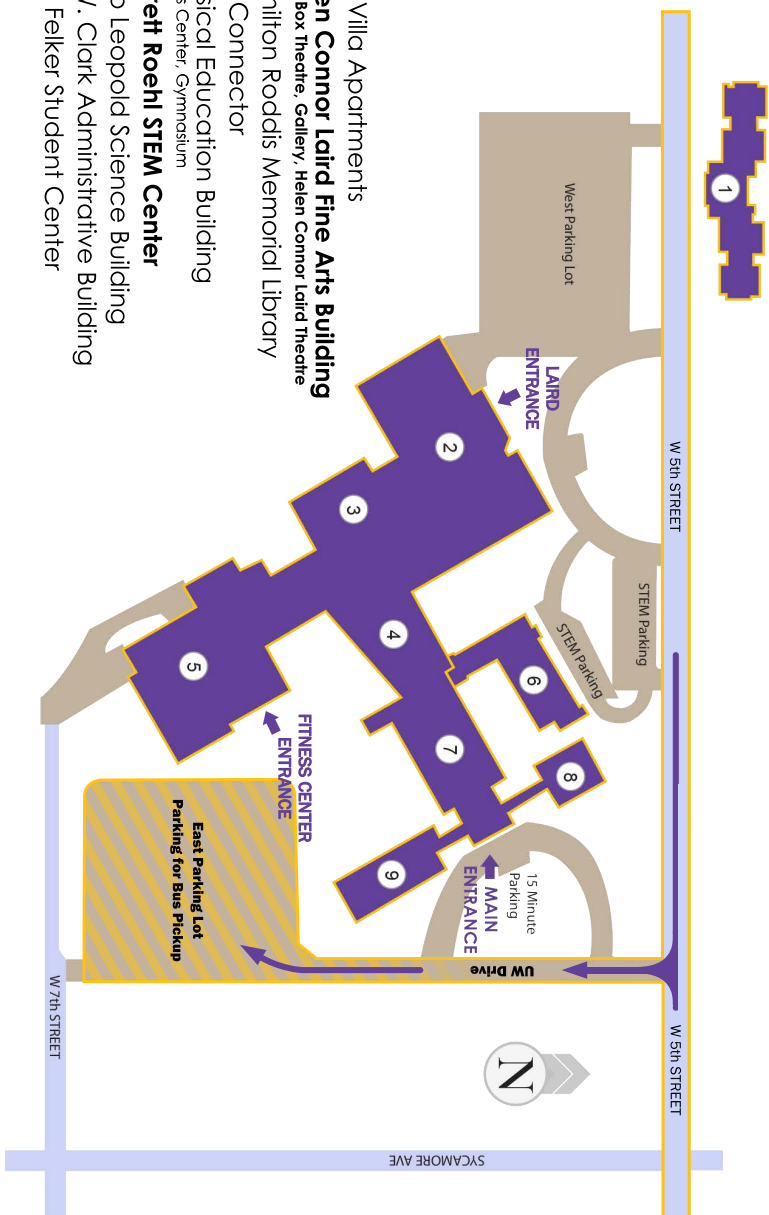


UWSP at Marshfield Map



Marshfield UW-Stevens Point

Marshfield Campus Map



1. The Villa Apartments
2. **Helen Connor Laird Fine Arts Building**
Black Box Theatre, Gallery, Helen Connor Laird Theatre
3. Hamilton Roddis Memorial Library
4. The Connector
5. Physical Education Building
Fitness Center, Gymnasium
6. **Everett Roehl STEM Center**
7. Aldo Leopold Science Building
8. W.W. Clark Administrative Building
9. A.G. Felker Student Center

Perks For All LIFE Members

LIFE Members: Your UWSP LIFE Lanyard/LIFE Nametag grants you perks at ALL THREE campus locations.

Stevens Point

- Free coffee at LIFE Headquarters (Old Main, Room 032)
- Free guest WIFI and public restrooms
- Access to the Arboretum and Public Common Areas across campus for reading, studying, chatting, etc.
- Art Gallery viewing (when open)
- Discounted tickets to select UWSP Music, Theatre and Dance Performances.
Promo Code – LIFE2023
- Option to purchase fitness center passes
- Other businesses open to the public (food service/restaurant and catering, book store, and outdoor grounds area, such as tennis courts, etc.)
Does not include paid reservations

Marshfield

- Free coffee at the Solution Center
- Free guest WIFI and public restrooms
- Free Parking
- Access to the Center for Inclusive Excellence, Arboretum, Library, Public Common Areas for reading, studying, chatting, etc.
- Art Gallery viewing (when open)
- Discounted tickets to UWSP - Marshfield Campus Music and Theatre Performances.
Promo Code – LIFE2023
- Indoor walking route available Monday through Friday, 7 a.m. – 6 p.m.
- Option to purchase fitness center passes
- John Harrington Memorial Athletic Fields

Wausau

- Free guest WIFI and public restrooms
- Access to the Union (music, food, ping pong, gaming) and Library
- Art Gallery viewing (when open)
- Discounted tickets to UWSP - Wausau Campus Music and Theatre Performances.
Promo Code – LIFE2023
- Free admission to women's volleyball and men's basketball games
- Indoor walking route available Monday through Friday, 7 a.m. – 5 p.m.
(please see map)
- Option to purchase fitness center (including racquetball court) and pool passes

LIFE Members once said...

“ The Continuing Education daycations trips to see the Brewers in action are a treasure! Great seats and a comfy bus ride that literally drops and picks you up from the gate that is closest to you section. Combined with the amazing tour guides and the bus of Brew Crew, the trips are always special. We have been to four games so far and all were awesome. ”



“ The leadership, the transportation, the PAC venue, the performance... most importantly, I know that the quality of the event chosen and the accommodations are first class because they have come through the Continuing Education program at UWSP!! ”

“ This is a perfect way to visit NYC for the first time as everything is taken care of for you! All you need to do is enjoy the Broadway shows and have fun exploring this beautiful city! ”



“ I was invited to go on trip with my sister and I had never been to New Orleans. It was fabulous!! Our guides got us to so many places. If it had not been for them I would not have experienced so much. A huge thank you to Anne and Jennifer. ”



July

Thursday, July 6
Milwaukee Brewers Trip

Monday, July 10
LIFE Membership &
Promotions Committee Meeting

Monday, July 10
LIFE Book Discussion

Friday, July 21
Old World Wisconsin

August

Monday	Tuesday	Wednesday	Thursday	Friday
	1 LIFE Board Meeting	2	3	4
7 LIFE Membership & Promotions Committee Meeting	8	9 Milwaukee Brewers Trip	10	11
14 LIFE Curriculum Committee Meeting LIFE Book Discussion	15	16 Jersey Boys	17	18
21 New Member Orientation	22	23	24 Oak Wilt Biology & Management Field Workshop	25 Mystery Trip
28 LIFE Curriculum Committee Meeting	29 The Art of the American Musical Film	30 Women's Athletics in Portage County at Heritage Park	31	

September

				1
4	5 LIFE Membership & Promotions Committee mtg. Football – Inside the Game – Part 1	6 A Walk in the Park!	7 Battle of Gettysburg	8
11 LIFE Curriculum Committee Meeting LIFE Book Discussion	12 Football – Inside the Game – Part 2 Film Discussion – US	13 Leadership Series Policies Aimed at Ending Poverty in the US	14 Jam's Alpaca Ranch and Working Fiber Gift Shop	15 Our Town
18 Library Social Work: An Emerging Partnership Homelessness: How can we Help	19 Intro to Medicare Ted Talk Hank Talk	20 Morning Roundtable	21 An Energy Efficient All Electronic Home in Stevens Point	22 Guided Tour of Birds in Art Winery Tour
25 The Meaning of the War in Ukraine from Historical and Literary Studies Perspective	26 LIFE Curriculum Committee Meeting Film Discussion – Int.	27 Schmeckle Birding and Forestry Insurance Basics	28 Advanced Care Planning Green Bay Packers Game	29

Remember these icons are used to help you quickly decide if a talk or trip is for you!



Over Zoom



In-Person



Hybrid Class



Daycation



Multi-Day Trip

October

Monday	Tuesday	Wednesday	Thursday	Friday
2 LIFE Membership Committee Meeting WI Life and Living Today	3 LIFE Board Meeting Surviving the Holocaust: Hidden by Christians	4 Estate Planning – More than just a Will Leadership Series	5 Philosophic Skeptics, East and West	6 Tour of Boys and Girls Club
9 LIFE Curriculum Committee Meeting LIFE Book Discussion	10 Tune-In to Internet Radio Film Discussion – US	11 A Walk in the Park!	12 The Vietnam War Versus the Gulf War	13 15 – Sunday Pre-Show Talkback The Moors
16 Selected Protest and Patriotic Songs	17 Inside China today Ted Talk Hank Talk	18 Morning Roundtable Changing Lives, One Word at a Time	19 Genealogy Research for Beginners!	20 Why is Paper Flat and White
23 Those Darn Kids Nowadays – Generational Diversity	24 Mid-State Tech. College: Ameta Center Project Great Pinery Waterway Film Discussion – Int.	25 Remodeling for Aging in Place: Ask a Homeowner!	26 LIFE Curriculum Committee Meeting Biophilia Saw-Whet Owl Banding	27 28 – Saturday Pretty Woman: The Musical
30	31 Common Scams & Frauds Targeting Seniors			

November

		1 LIFE Social Committee Meeting Have your DNA Done	2	3 Spectra Print Tour
6 LIFE Membership Committee Meeting Bicycle-Powered Delivery in Wisconsin	7	8 Leadership Series Electric Vehicles: They Really are for Everyone	9 Food + Farm Exploration Center Guided Tour	10 Mary and Joseph's Christmas 12 – Sunday Pre-Show Talkback She Loves Me
13 LIFE Book Discussion	14 What you Don't Know about Jamaica? Film Discussion – US Hank Talk	15 Morning Roundtable Did the Inflation Reduction Act Solve the Climate Crisis?	16 Keeping Families Close at Ronald McDonald House	17
20 Journey of the Gift of Sight	21 Population Change in Wisconsin Ted Talk	22	23	24
27	28 Emotions for Grown-Ups Film Discussion – Int.	29 Chicago Overnight Trip Healthy Brain Aging	30 Chicago Overnight Trip The Volga Germans: Potential of Mining in North Central Wisconsin	

December

				1 2 – Saturday Pabst Christmas: Mansion, Mader's and Theatre
4 LIFE Membership Committee Meeting South African Approach to Wildlife Preservation	5 LIFE Board Meeting	6 Behind the Uniform: The Untold Truths about Veterans	7 Skepticism and the Future of Nonery	9 – Saturday Beetlejuice: The Musical 10 – Sunday Pre-Show Talkback Afterimages 2023
11 LIFE Book Discussion	12 Film Discussion – US	13 Collective Illusions – False Assumptions that Many People Share	14 How Elections Happen	15

January

Monday, January 8

LIFE Membership Committee Meeting

Monday, January 8

LIFE Book Discussion

Tuesday – Thursday, January 9 – 11

Good Ideas Conference
39th Annual

Monday, January 22

LIFE Curriculum Committee Meeting

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Feeling Adventurous?



Adventure Tours



Multi-Day Trips



Multi-Day Trips: Our Multi-Day trips are typically week long adventures that consist of a schedule built to give you the best experience possible! Whether you are looking to take a trip to New York City, Yosemite National Park, or even explore Europe, we've got you covered!

Daycations: These are one day trips that are designed to help enrich your mind with fun local adventures that are never more than a bus ride away. We go to Brewers Games, tour wineries, and explore what Wisconsin has to offer!

Daycations



Customized Trips



Customized Trips: Our customized trips are designed to provide a tailored experience for your group! Whether that be a company retreat, family reunion, or any other group event, we've got something for you!

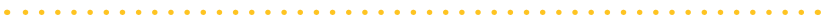


San Francisco

THE GOLDEN CITY

October 31 – November 4, 2023

- On this trip, we'll visit famous attractions on a guided tour of famous TV Sitcom locations, visit the Golden Gate Bridge and explore Alcatraz Island.
- End the trip with a tour of Sonoma and the Napa Valley to sample wine and learn about the process of wine making.



Registration closes July 7, 2023

Registration Fee: Single occupancy: **\$3,695** | Double occupancy: **\$2,995 per person**



uwsp.edu/conted/Pages/San-Francisco.aspx



University of Wisconsin
Stevens Point

STEVENS POINT • MARSHFIELD • WAUSAU

Adventure.Tours@uwsp.edu

715-346-3838



BELIZE

January 20 - 29, 2024

WE STILL HAVE A
FEW SPOTS LEFT!

- Explore Belize in Central America with all of its natural beauty while embarking on tropical adventures.
- Experience Ancient Mayan Ruins, cave tubing, snorkeling and a chocolate factory that keeps the ancient traditions alive.
- Perfect for anyone seeking an action-packed adventure away from the snow and cold of winter!

Registration closes October 6, 2023

Registration Fee

Total Cost of tour per person: **\$3,898**



uwsp.edu/conted/Pages/Belize.aspx



Greece

TIME TO SAY OPA!

May 25 – June 4, 2024

- On this trip we will be visiting classic sites including the ancient ruins of the Acropolis and Delphi.
- Enjoy personal tours across many of the Cyclades islands including Naxos, Mykonos, and traveling coast to coast on the picturesque island of Santorini.
- Visit the Athens Central Food Market, sample wine from the local wine makers, sample cheese and taste fresh olives as you take afternoons to explore!

Registration closes October 27, 2023

Registration Fee

Double occupancy: **\$5,698 per person**



39TH GOOD IDEAS CONFERENCE

Save the Date!

January 9-11, 2024

Offered in-person and Online!

An enriching three-day program for lifelong learners. Good Ideas is a university experience for adults!



Visit [Bit.ly/GoodIdeas2024](https://bit.ly/GoodIdeas2024) for more information and a full list of presentations



University of Wisconsin
Stevens Point

STEVENS POINT • MARSHFIELD • WAUSAU

715-346-3838

Referral Program

Recruit your friends or family to earn a free membership the following semester.

LIFE members may bring guests for a one time “free” class to see if they like it.

We continue to offer current LIFE members an opportunity to get the next semester of LIFE for free! Earning the free membership is easy. All you need to do is recruit two NEW people to join the LIFE program in the same semester. When they register have them include your name in the referral section (or you can email us to let us know you referred them). After the two NEW LIFE members have joined, we will contact you about your free membership for the next semester.

What is LIFE? Selling points:

- A membership-based association of nearly 400 adult learners providing the opportunity to share learning experiences and to discover new joys in life.
- There are no requirements to join this group of adult learners in their quest to be informed, to learn more, and pursue other interests.
- LIFE offers 60-70 individual learning opportunities per semester, lead by visiting experts, community leaders, UWSP faculty, and LIFE members.
- Participate in discussions with adults of similar age, with similar interest.
- Attend field trips to experience learning opportunities about area events, institutions, and activities.
- Hybrid options are available for you to meet and socialize with other LIFE members.
- You can attend classes in the comfort of your own home (wherever that may be) or while on vacation with our zoom options.
- Tech help for zooms available if needed.

Contact us if you would like to any marketing materials to pass around.

Learning Is ForEver Registration Form

Fall 2023

If you plan on mailing in your registration, please complete this registration form and mail it to UWSP Continuing Education, 2100 Main Street, Old Main 032, Stevens Point, WI 54481.

Name (A) _____

Name (B) _____

Address _____

City _____ County _____ Zip _____

Home Phone _____

Cell Phone (A) _____ (B) _____

Email (A) _____ (B) _____

Emergency Contact Name _____

Emergency Contact Phone _____

Emergency Contact Relationship _____

UWSP Release of Liability (REQUIRED)

I and my heirs, in consideration for my being allowed to participate voluntarily in the LIFE program through the University of Wisconsin–Stevens Point, do hereby release the University of Wisconsin System and its employees, officers, and agents from any liability for damage to or loss of personal property, sickness and injury from whatever source, legal entanglement and death, which might occur while participating in this event. I also understand and acknowledge that I am responsible for my own well being while participating, and I understand the possible dangers and risks involved in this program.

Signature of Participant /Date

Signature of Participant /Date

Photography Release

Yes, UWSP Continuing Education may use my photograph and video presence for promotional or advocacy purposes. Initial A _____ B _____

REGISTRATION OPENS July 11, 2023 at 9 a.m. Online registration available at www.uwsp.edu/conted/life. If you do not know your password, click "I forgot my password" at the bottom of the logon page to receive a new password via email.

PAYMENT METHOD

Check Payment

- Please make check payable to UWSP CONTINUING EDUCATION

Credit Card payment can only be made when registering online.

- Paying by check saves the LIFE Program paying credit card fees.

FALL 2023 MEMBERSHIP

A or B LIFE Membership (July-December) \$59/person \$ _____

First-time member

How did you learn about the LIFE Program? _____

Name of LIFE member who referred you: _____

CLASSES/TRIPS WITH FEES

A or B Oak Wilt Biology & Workshop Management Non LIFE - \$25/person \$ _____
Field Workshop (August 24 in Stevens Point) LIFE - \$35/person

A or B Women's Athletics in Portage County at Heritage Park \$5/person \$ _____
(August 30 in Plover)

A or B A Walk in the Park! \$5/person \$ _____
(September 6 in Stevens Point)

A or B Jam's Alpaca Ranch and Working Fiber Gift Shop \$10/person \$ _____
(September 14 in Wisconsin Rapids)

A or B Birds in Art Guided Tour \$5/person \$ _____
(September 22 in Wausau)

A or B Schmeeckle Birding and Forestry Tour Non LIFE - \$15/person \$ _____
(September 27 in Stevens Point) LIFE - \$25/person

A or B Boys and Girls Club Tour \$5/person \$ _____
(October 6 in Stevens Point)

A or B Why is Paper Flat and White \$5/person \$ _____
(October 20 in Stevens Point)

A or B Saw-Whet Owl Banding Adventure \$20/person \$ _____
(October 26 in Stevens Point)

A or B Spectra Print Tour \$5/person \$ _____
(November 3 in Stevens Point)

A or B Food + Farm Exploration Center Guided Tour \$5/person \$ _____
(November 9 in Plover)

A or B Keeping Families Close at Ronald McDonald House \$5/person \$ _____
(November 16 in Marshfield)

TOTAL ENCLOSED: \$ _____

Refunds for tours will only be issued if we are able to fill the spot from the waitlist or if a waitlisted LIFE Member (who has paid for the tour) is not moved to the tour attendance list.