



# Lifelong Learning Program Guide Spring 2026

- Engaging Presentations
- Interactive Field Trips
- Social Events

Virtual and In-Person  
Opportunities for  
Curious Minds



## Learning Is Forever



Continuing Education and Outreach  
University of Wisconsin-Stevens Point

## Welcome To LIFE

LIFE (Learning is ForEver) is a membership-based association of adult learners, providing a wide array of classes and activities that share experiences, promote intellectual and cultural enrichment, and encourage lifelong learning. It is sponsored by University of Wisconsin-Stevens Point and hosted by Continuing Education and Outreach. All instructors are volunteers.

Designed to meet your needs and interests, the LIFE program provides new learning opportunities on a variety of topics in an array of formats including:

- Peer Teaching and Learning
- Lectures by Visiting Experts
- Theater and Sports Events
- Field Trips

## What Does LIFE Offer?

Since members are the heart of the LIFE program, courses are developed based on member interest. Most classes meet once while there might be a few that have two parts. Courses and events are offered during two terms:

- Summer/Fall (July – December)
- Winter/Spring (January – June)

A LIFE membership includes one term. One bi-annual membership fee (\$69) entitles you to participate in as many courses as you wish and select discounts on select UWSP programming for one semester.

## LIFE Contact Information

Email	<a href="mailto:uwspcelife@uwsp.edu">uwspcelife@uwsp.edu</a>	Hours	8 a.m. – 4:30 p.m.
Phone	715-346-3838	Address	2100 Main Street
Website	<a href="http://www.uwsp.edu/conted/LIFE">www.uwsp.edu/conted/LIFE</a>		Old Main Bld. 032
			Stevens Point, WI, 54481

## LIFE Board 2025 – 2026

President	Ed Miller
Secretary	Richard Ruppel
Treasurer	Betty Kieliszewski
Membership/Promo Chair	Paul Shogren
Curriculum Committee Chair	Paul Shogren
Technology Committee Chair	Roger Bullis
Members At-Large	Pat Kluetz
	Teresa Stoltenberg
UWSP Program Manager	Rebecca Bauer

Meetings are held via Zoom at 9 a.m.:  
February 3, April 7, and June 2

## Membership/Promotion Committee

Dale Emrick  
Betty Kieliszewski  
Deane Mathews  
Paul Shogren

Meetings are held monthly via  
Zoom at 9 a.m. on Mondays:  
January 12, February 9, March 9,  
April 13, May 11, June 8.

## Technology Committee

Roger Bullis  
Betty Kieliszewski  
Ed Miller

Meetings are held via Zoom as  
needed. Notification of meetings  
will be sent out a week prior to  
the meeting.

## Curriculum Committee 2025 – 2026

Barb Bartkowiak  
Bill Kirby  
Ed Miller  
Tom Ordens  
Jan Seiler  
Paul Shogren  
Teresa Stoltenberg  
Jim Walker  
Mary Zinda

We hope the diverse selection of classes and activities this semester will entice you to attend. LIFE's Curriculum Committee (a volunteer group of your fellow members) is always looking for fresh class ideas and new presenters.

If you are interested in leading a class or trip, please contact any of the curriculum committee members, attend a curriculum committee meeting, or better yet, join the committee! Email the curriculum committee or the LIFE Board at [UWSPCELIFE@uwsp.edu](mailto:UWSPCELIFE@uwsp.edu)

Meetings will be held via Zoom at 10:30 a.m. on  
January 20, February 2, February 17, March 2, March 16, March 30.

### Privacy Disclaimer in Zoom Classes

Most LIFE classes will be recorded and posted on our Canvas page. The Canvas page is only accessible to registered LIFE members and the recording will only be available there. If you have concerns about your name or face being displayed in this video, please feel free to change your display name and/or shut off your video. You can tell if we are recording by checking for a red light in the top left of your screen. Thank you in advance for saving us hours of editing time.

## A Note from the LIFE President,

### ***Welcome to the LIFE Program for the Winter/Spring 2026 Term!***

*We are excited to again bring you an assortment of offerings, most of which will be available via Zoom along with several that can be attended in-person. In-person programs in Stevens Point will now be held at the Schmeckle Visitors Center, where there is FREE PARKING, or the Portage County Library. The events at the library will be open to the public so that others can sample our program, so bring friends. Attending in person is a great way to get to know other LIFE members. Further, in-person events also include our popular monthly coffee socials. In addition, LIFE continues to sponsor several local field trips to its members and provide discounts on longer trips offered by the Continuing Education Unit. Both of these have been very popular. We also offer discounts on plays and other arts events where the directors engage in a discussion with LIFE members. Also, if you miss a class you wanted to attend, a recorded version will be available from our Canvas library with now simplified access. We are especially proud of our tech volunteer staff, who will help you to ensure you are able to participate in our programs on Zoom and to access past programs from our library. Do not hesitate to ask us for assistance. While LIFE began using Zoom because of Covid, it has allowed us to have our members participate wherever they are located. Some members live all or part of the year outside Wisconsin and can participate in LIFE Programs. Zoom also allows LIFE to draw upon a wider range of presenters, including notable scientists and book authors. For example, in the Fall semester we had a series of programs from the Smithsonian American Art Museum in Washington D.C.*

*Besides exploring interesting topics, the LIFE program is important in maintaining cognitive well-being and in keeping members socially connected. LIFE also encourages all members to volunteer to help us design and run our programs. Please let us know if you can help. By working together, we can develop popular programs for our members. With meetings on Zoom, we will minimize your time commitment.*

*Looking forward to seeing you this semester!*

*Ed Miller, Ph.D.*

*President of LIFE, Professor Emeritus of Political Science*

## Thank You To Our Donors

Barbara Bartkowiak

Arthur Herman

Suzanne Kinyon

Deane Matthews

Nancy Moore

Meryl Nelson

Pauline Pray

Anne Rogalski

Jan Seiler

Mary Zinda

Consider making a contribution to the LIFE Foundation, which will be used to support LIFE operations and is tax deductible as allowed by law. Please make your donation check payable to UWSP Foundation - LIFE and mail contributions to:

UWSP Foundation  
Old Main, Room 212  
2100 Main Street, Stevens Point, WI 54481

A special thank you to our friends at  
UWSP Continuing Education who help make all of our  
LIFE events, trips and this program guide possible!



Rebecca Bauer, CE Program Manager  
Kelly Bird, CE Administrative Assistant  
Steve Sparrow, Customer Service/Hybrid Tech  
Tim Zeszutek, Marketing Specialist

and everyone else on the Continuing  
Education Team who help out!



## Serving Seniors, Adults with Disabilities, Their Families and Caregivers

Your Bridge to Support



Caregiver  
Support  
Services



Community  
Resources



Nutrition



Senior  
Center



Transportation



Volunteering

### Contact Us

ADRC / Lincoln Center  
1519 Water Street  
Stevens Point, WI 54481

[www.co.portage.wi.gov/adrc](http://www.co.portage.wi.gov/adrc)

Monday – Friday  
7:30 a.m. – 4:30 p.m.  
(715) 346-1401

[adrc@co.portage.wi.gov](mailto:adrc@co.portage.wi.gov)



Sunflower  
Café



You can  
view the  
menu and  
order  
online!

Sunday – Thursday | 8 a.m.-3 p.m. • Friday | 8 a.m.-8 p.m. • Saturday | 8 a.m.-3 p.m.  
2301 Church Street, Stevens Point, WI, 54481 • 715-570-0393



\$5 off purchase of \$35 plus

Offer valid until 6/30/2026

\$2 off purchase of \$15 plus

Offer valid until 6/30/2026





GROSSKOPF & BURCH LAW FIRM  
TRUST EXPERIENCE

## Elder Law & Estate Planning

- Protecting Assets from Nursing Home Costs
- Medical Assistance Eligibility
- Special Needs Trusts
- Revocable & Irrevocable Trusts
- Medicaid Crisis Planning
- Wills
- Powers of Attorney
- Wispact Trusts

📞 715-350-2227

🌐 [www.eclawyers.com](http://www.eclawyers.com)

📍 Forward Bank Building  
1001 N. Central  
Marshfield, WI 54449

Scheduling  
Consultations  
Now

**ATTORNEY**  
**JESSICA MERKEL**



## Adventure Tours

Join us on an   
Adventure!

Explore Wisconsin or travel  
the country and the globe!

We add new trips to our website all the time!

Check back to see what adventures await.

Contact us at 715-346-3838 | [adventure.tours@uwsp.edu](mailto:adventure.tours@uwsp.edu)



Continuing Education and Outreach  
University of Wisconsin-Stevens Point





## LOOKING FOR SOMETHING QUICK?

Keep an eye out for these icons to help you quickly decide if a talk or trip is for you! All Adventure Tour Daycation will need pre-registration and more information will be sent after signing up.



Over Zoom



In-Person



On-Campus  
Watch Party



Hybrid Class



Daycation

## GOOD IDEAS CONFERENCE – 41<sup>ST</sup> ANNUAL

A University Experience for Adults! Join a group of adult lifelong learners for an enriching three-day conference. Sessions this year include talks on the future of public media, history of Marathon County, express Spanish, and the life and poetry of Emily Dickinson. Please see <https://www3.uwsp.edu/conted/Pages/Good-Ideas.aspx>



**Tuesday – Thursday**

**January 6 – 8**

**Class times will vary**

**Pre-registration Required**

**Location:** UWSP Wausau Campus

In-Person or select online

**LIFE: \$75 | Public: \$85**



## LIFE Membership Committee Meeting

All are welcome to attend.



**Monday, January 12**

**9 – 10:30 a.m.**

**Location:** Zoom Meeting Only

**Led By:** Paul Shogren (LIFE Membership/Promotion Committee Chair)

## Join us for a Zoom Program!

These are a great option to continue learning but at home.

You can view our Zoom Tutorial on the LIFE homepage,

**[uwsp.edu/conted/Pages/LIFE.aspx](https://uwsp.edu/conted/Pages/LIFE.aspx)**



## LIFE BOOK DISCUSSION

*The Heaven and Earth Grocery Store* by James McBride centers on the discovery of a skeleton in 1972 Pottstown, Pennsylvania, uncovering long-buried secrets from the diverse, tight-knit community of Chicken Hill. The novel follows Moshe and Chona Ludlow, who run a theater and grocery store, and their efforts—alongside Nate Timblin, a Black community leader—to protect a deaf boy from being institutionalized by the state. Through intertwining stories of love, sacrifice, and resilience, McBride reveals how marginalized communities survive oppression and injustice through solidarity and compassion.

Check your local library for the book or ebook.



**Monday, January 12**

**1:30 – 3 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Teresa Stoltenberg (LIFE Member at Large)

## LIFE Curriculum Committee Meeting

All are welcome to attend as we prepare programs for the fall semester.



**Tuesday, January 20**

**10:30 a.m. – Noon**

**Location:** Zoom Meeting Only

**Led By:** Paul Shogren (LIFE Curriculum Committee Chair)

## TOXIC HURRY: TOOLS FOR AN INTENTIONAL, UNHURRIED NEW YEAR

As we step out of the holiday rush and into a fresh new year, this session shifts the focus from understanding hurry to learning how to reshape it. Together, we'll explore practical tools to put hurry in its place, reduce everyday overwhelm, and build habits that support a calmer, more intentional way of living. Drawing on research and guided interaction, we'll consider how to set a healthier pace for the year ahead—one that creates space for clarity, connection, and what truly matters.



**Thursday, January 22**

**10 – 11:30 a.m.**

**Location:** Zoom Meeting Only

**Led by:** Michael Schulein (Retired Clinical Psychologist with the Marshfield Clinic)

## NEW MEMBER SOCIAL

Join fellow LIFE members—both new and returning—for a relaxed gathering over coffee (or tea) and good company. We'll meet at a local coffee shop around Stevens Point, the location will be announced a couple of weeks in advance in the Friday LIFE email. This session is a great opportunity to ask questions about the LIFE program and learn how to make the most of your membership!



**Monday, January 26**

**10 – 11 a.m.**

**Location:** In-Person – To be determined, See Weekly Email

**Led by:** LIFE Members

## FILM DISCUSSION – LIGHTS, CAMERA, COMEDY

Roger Bullis and/or Carol Colby will lead informative and entertaining film discussions every two weeks. Titles will be announced in advance via email and social media. Participants can share their impression about this enduring art form.



**Tuesday, January 27**

**3 – 4:30 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)  
and Carol Colby (Retired English and Communication Arts Instructor)

## HERITAGE UNHIDDEN: THE CONNECTIVE POWER OF LGBTQ+ HISTORY

For generations, LGBTQ+ people were told they were the only ones like themselves in the world, and needed to be “straightened out” to be accepted by society. This dangerous rhetoric criminalized our elders, disconnected individuals from their communities, and prevented the formation of cultural identity and heritage. Despite intense destabilization, Wisconsin led the nation with transformative LGBTQ+ firsts that continue to change history today. In this workshop, we'll reconnect with our hidden past to inspire a more equitable and inclusive future.



**Wednesday, January 28**

**10 – 11:30 a.m.**

**Location:** Zoom Meeting Only

**Led by:** Michail Takach (President & Chair, Wisconsin LGBTQ+ History Project)

## WISCONSIN MILK STRIKE

Discuss and explore a time of malnutrition and starvation, Wisconsin's dairy farmers destroyed tons of milk by dumping it into drainage ditches and fields. Threats of violence along with actual violence took place across the state.



**Thursday, January 29**

**10 – 11:30 a.m.**

**Location:** Hybrid – UWSP Marshfield, Everett Roehl  
STEM Building, Jean's Vanguard Room

**Led by:** Jeff Kleiman (UWSP History Professor Emeritus)

## LIFE Curriculum Committee Meeting

All are welcome to attend as we prepare programs for the fall semester.



**Monday, February 2**

**10:30 a.m. – Noon**

**Location:** Zoom Meeting Only

**Led By:** Paul Shogren (LIFE Curriculum Committee Chair)

## LIFE Board Meeting

All are welcome to attend.



**Tuesday, February 3**

**9 – 10:30 a.m.**

**Location:** Zoom Meeting Only

**Led By:** Ed Miller (LIFE President)

## FIVE PILLARS OF HEALTH

Join Dr. Eric Koehler, Doctor of Physical Therapy, for an empowering exploration of the five pillars of health: Purpose, Sleep Management, Nourishment, Movement Health, and Resiliency Training. Learn simple self-assessments and three practical, easy-to-apply tips for each pillar that will elevate your daily well-being. Discover how purposeful living, better sleep, improved mobility, and optimal metabolic health can create a thriving and fulfilling lifestyle. This session is your roadmap to unlocking greater energy, strength, and long-term vitality.



**Wednesday, February 4**

**10 – 11:30 a.m.**

**Location:** In-Person – Portage County Library, Pinery Room  
1001 Main St., Stevens Point

**Led by:** Eric Koehler (Doctor of Physical Therapy)

## HAMILTON

Join us for an unforgettable day as we experience the groundbreaking musical *Hamilton*! This Tony Award–winning phenomenon tells the story of America’s founding father Alexander Hamilton through a thrilling blend of hip-hop, jazz, R&B, and Broadway. From revolution and rivalry to ambition and legacy, *Hamilton* delivers an electrifying journey through history that will leave you inspired and in awe. This day trip includes tickets to the show, lunch at Pullman’s at Trolley Square, and comfortable coach bus transportation to and from Appleton.



**Sunday, February 8**

**All Day, 1 p.m. Performance**

**Location:** Performing Arts Center, Appleton

**Led By:** Kelly Bird (CE Administrative Assistant)

and Rebecca Bauer (CE Program Manager)

**Pre-registration Required:** Online or Call 715-346-3838

## LIFE Membership Committee Meeting

All are welcome to attend.



**Monday, February 9**

**9 – 10:30 a.m.**

**Location:** Zoom Meeting Only

**Led By:** Paul Shogren (LIFE Membership/Promotion Committee Chair)

## LIFE BOOK DISCUSSION

*Winter Solstice* by Rosamunde Pilcher, follows five lonely, wounded individuals who unexpectedly come together in a Victorian house in northern Scotland during the holidays. Each arrives carrying their own grief—Elfrida, Oscar, Carrie, Lucy, and Sam—and gradually finds comfort and connection in the makeshift community they form. What begins as a plan for a quiet Winter Solstice transforms into a warm, healing Christmas that helps each of them rediscover hope. Pilcher elevates the story through deeply drawn characters whose quiet strength, humor, and compassion make their shared healing feel authentic and moving.

Check your local library for the book or ebook.



**Monday, February 9**

**1:30 – 3 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Mary Zinda (LIFE Member)

## THE DR. FRANK IBER HOUSE: PLOVER'S FRANK LLOYD WRIGHT BUILDING

Frank Lloyd Wright was interested in mass production of housing throughout his career. In 1954, he discovered that Marshall Erdman, who contracted the First Unitarian Society of Madison, was selling modest prefabricated homes. Wright offered to design better prefabs, ones that he believed could be marketed for \$15,000, which was half as much as Marshall Erdman and Associates, Inc. (ME&A) were charging for their own version. The Dr. Frank Iber House is a version of the Marshall Erdman pre-fab #1.



**Tuesday, February 10**

**10 – 11:30 a.m.**

**Location:** Zoom Meeting Only

**Led by:** Patricia Kluetz (Emerita Professor of Interior Architecture, UWSP)

## FILM DISCUSSION – LIGHTS, CAMERA, COMEDY

Roger Bullis and/or Carol Colby will lead informative and entertaining film discussions every two weeks. Titles will be announced in advance via email and social media. Participants can share their impression about this enduring art form.



**Tuesday, February 10**

**3 – 4:30 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)  
and Carol Colby (Retired English and Communication Arts Instructor)

## LIFE COFFEE SOCIAL – TROPICS IN THE WINTER

Join us for some good company and coffee (or tea) with fellow LIFE members. For this session, we will meet at UWSP's Chemistry Biology Building. Pick up some Starbucks in the lobby and join us for chat down the hall in room 161. At 10:45 a.m., we will have a special tour of the Tropical Conservatory, which contains 500 species of plants from around the world (located in same building). Coin meter parking (yellow top meters) is available in Lot T across the street.



**Wednesday, February 11**

**10 – 11 a.m.**

**Location:** In-Person Only – Stevens Point Campus, CBB 161

**Led by:** Led by LIFE Members and Tour by Bob Bell  
(UWSP Biology Professor Emeritus)



## OLIO ARTS & MUSIC CENTER FIELD TRIP

Join us for a tour of the newly renamed Olio Arts & Music Center, formerly the Central Wisconsin Cultural Center. The word Olio means “a diverse collection of artistic and literary works,” perfectly reflecting what this creative hub offers. Explore the current exhibit, *Small and Mighty*, then roll up your sleeves to make your own mini masterpiece inspired by the show. We’ll wrap up our visit with a stop at the artist gift shop, featuring locally made treasures.



**Friday, February 13**

**10 – 11:30 a.m.**

**Location:** In-Person Only – Olio Arts & Music Center,  
2651 8th St. S., Wisconsin Rapids

**Led by:** Olio Arts & Music Center Staff

**Pre-registration Required:** Online or Call 715-346-3838

Transportation on your own; Limited to 30 participants

\$10 per LIFE member; Non-refundable

## MEDICAL MALPRACTICE IN THE AGE OF ESCALATING HEALTH CARE COST

Among the reasons for the increasing costs of medical care, medical malpractice insurance, including self-insurance, and verdicts are often cited. This session will explore types of malpractice cases and trends. Special attention will be given to Wisconsin and why physicians are benefited from Wisconsin’s law and disciplinary practice in contrast to many other states.



**Monday, February 16**

**10 – 11:30 a.m.**

**Location:** Zoom Meeting Only

**Led by:** Ed Miller (Professor Emeritus of Political Science, UWSP)

## LIFE Curriculum Committee Meeting

All are welcome to attend as we prepare programs for the fall semester.



**Tuesday, February 17**

**10:30 a.m. – Noon**

**Location:** Zoom Meeting Only

**Led By:** Paul Shogren (LIFE Curriculum Committee Chair)

## CLIMATE CHANGES, “WEATHER” YOU LIKE IT OR NOT!

An examination of the relationship between climate change and weather. How do changes in the global climate system affect local weather and the possibility of extreme events? We will look at the recent shifts in our weather systems and how scientists attribute these to climate change.



**Wednesday, February 18**

**1 – 2:30 p.m.**

**Location:** In-Person Only – Schmeeckle Reserve  
Visitor Center Meeting Room

**Led by:** Samantha Kaplan (Professor in the Department of Geography and Geology at UWSP)

### Join us for our In-Person LIFE Programs!

Join us at the Portage County Library, Schmeeckle Reserve Visitor Center and more! See the LIFE Weekly email for addresses and more information about these places.



## FORK FARMS: INDOOR HYDROPONIC FARMING

Discover how Fork Farms, a Green Bay–based agricultural technology company, is revolutionizing local food production through innovative indoor farming. Representatives from Fork Farms will share their mission to make fresh, healthy food accessible to all and highlight their new partnership with Marshfield Clinic Health System. Through this collaboration, Fork Farms has established a facility on the UW–Stevens Point Marshfield campus, where they will produce fresh greens for Marshfield Clinic patients and staff. Learn how this Wisconsin organization is combining technology, education, and community health to create a more sustainable food future.



**Monday, February 23**

**1 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Alex Tyink (Fork Farms CEO)

### A SIMPLE WAY TO HELP!

Consider making a contribution to the LIFE Foundation! Any donation is used to support LIFE operations and LIFE trips. See page 5 for more information

## WILLS, TRUSTS, AND HOW NOT TO LOSE YOUR LIFE SAVINGS TO A NURSING HOME

Planning ahead is one of the greatest gifts you can give yourself and your family. In this informative session, an experienced elder law attorney will explain the basics of wills, trusts, and estate planning, along with practical strategies to protect your assets from the high cost of long-term care. Learn how to make informed decisions that safeguard your future and ensure your wishes are carried out.



**Tuesday, February 24**

**10 – 11:30 a.m.**

**Location:** Hybrid - UWSP Marshfield, Everett Roehl  
STEM Building, Jean's Vanguard Room

**Led by:** Jessica Merkel (Attorney with Grosskopf & Burch Law Firm)

## TECH Q & A

Bring your technology questions that you need more information on to get better clarification. We can discuss things such as what to consider buying, subscribing to, and downloading, for easy and better home tech use. Join us even if you don't have a question to bring; you will still gain the opportunity to learn something new.



**Tuesday, February 24**

**1 – 2:30 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)

## FILM DISCUSSION – LIGHTS, CAMERA, COMEDY

Roger Bullis and/or Carol Colby will lead informative and entertaining film discussions every two weeks. Titles will be announced in advance via email and social media. Participants can share their impression about this enduring art form.



**Tuesday, February 24**

**3 – 4:30 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)  
and Carol Colby (Retired English and Communication Arts Instructor)

## A SIMPLE WAY TO HELP!

Consider making a contribution to the LIFE Foundation! Any donation is used to support LIFE operations and LIFE trips. See page 5 for more information

**MARSHFIELD CLINIC RESEARCH/LAB AND NICU TOUR**

Explore the cutting-edge medical research and innovations taking place at Marshfield Clinic during this behind-the-scenes tour. Participants will visit the Clinic's research and laboratory facilities to learn how scientists and clinicians collaborate to advance healthcare and improve patient outcomes. The tour also includes a guided visit to the Neonatal Intensive Care Unit (NICU), where staff will share insights into the specialized care provided for the region's most vulnerable newborns. This informative experience highlights the Clinic's vital role in medical discovery and community health.

**Friday, February 27****10 a.m. – Noon****Location:** In-Person Only – Marshfield Medical Center,  
1000 N. Oak Ave., Marshfield.

Meet in the Laird Center-Erdman Lobby.  
Please park in Lot L.

**Led by:** Dr. Jennifer Meece (Marshfield Clinic Research Institute),  
Teri Wilczek and Hanna Rakovec (NICU), and  
Jennifer Salzwedel and Shannon Annala (Lab)**Pre-registration Required:** Online or Call 715-346-3838  
Transportation on your own; Limited to 30 participants  
\$5 per LIFE member; Non-refundable**PRE-SHOW TALK: *SHE KILLS MONSTERS***

*She Kills Monsters* is a dramatic comedy filled with homicidal fairies, nasty ogres, and 90s pop culture, pays homage to the geek and warrior within us all. Follow Agnes Evans as she leaves her childhood home in Ohio following the death of her teenage sister, Tilly. When Agnes finds Tilly's Dungeons & Dragons notebook, however, she finds herself catapulted into a journey of discovery and action-packed adventure in the imaginary world that was her sister's refuge.

*Performance tickets must be purchased in advance.*

**Sunday, March 1****1 – 1:45 p.m.****Location:** In-Person Only – Stevens Point Campus  
NFAC Room 221**Led by:** Greg Prager (Director)

**LIFE Curriculum Committee Meeting**

All are welcome to attend as we prepare programs for the fall semester.



**Monday, March 2**

**10:30 a.m. – Noon**

**Location:** Zoom Meeting Only

**Led By:** Paul Shogren (LIFE Curriculum Committee Chair)

**DOOR2DREAMS**

The mission of Door2Dreams is to build inclusive housing options for adults with intellectual and/or developmental disabilities (IDD) in Central Wisconsin. Co-founded by Karen and her husband, parents of an adult daughter with Down syndrome, the organization grew from their concern about their daughter's future care and housing once they could no longer provide it. Realizing that many families share similar worries, they helped establish Door2Dreams to create lasting solutions for the IDD community. The organization currently holds a developer's agreement with the City of Stevens Point to utilize a parcel of land just west of the Convent of the Sisters of St. Joseph on Maria Drive. Join Karen and members of the Board of Directors as they share the project's origins, development, and progress to date.



**Wednesday, March 4**

**10 – 11:30 a.m.**

**Location:** In-Person Only – Schmeeckle Reserve  
Visitor Center Meeting Room

**Led by:** Karen Medo (President of the board of directors and one of the founding members of Door2Dreams)

**LOOKING FOR SOMETHING QUICK?**

Use these icons to help you quickly decide if a class is for you! All Adventure Tour trips need pre-registration and more information will be sent after signing up.



Over Zoom



In-Person



On-Campus  
Watch Party



Hybrid Class



Daycation

## TURNING UP THE HEAT ON TICKS

Learn about the power of prescribed fire and its impact on tick populations! Tick-borne illnesses are a major source of morbidity and mortality. Such diseases thus pose a significant – and, unfortunately, growing – threat to public health in the region. Prescribed burning may be able to contribute to efforts to reduce the burden posed by such illnesses by moderating the size of tick population. During this webinar, we will discuss how prescribed fire can directly and indirectly lead to such tick mortality and consider how such reductions could reduce the chance of people encountering ticks that are infected with pathogenic microorganisms. We will also explore how fire management influences other important aspects of tick-borne disease ecology, such as fire effects on wildlife hosts. Finally, we will discuss how fire management practices could be operationalized through a One Health-informed perspective in pursuit of such benefits.



**Thursday, March 5**

**1 – 2 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Sam Gilvig (Ph.D. Student, Applied Forest & Fire Ecology Lab, SUNY College of Environmental Science and Forestry)

## MILWAUKEE BUCKS VS. UTAH JAZZ

Join us to see an electrifying evening NBA game as the Milwaukee Bucks take on the Utah Jazz at Fiserv Forum, in Milwaukee. This trip includes coach bus transportation and seats in the Lower Bowl (section 113). These seats are located near many food/drink vendors and restrooms.



**Saturday, March 7**

**All Day, 7 p.m. Game Time**

**Location:** Fiserv Forum, Milwaukee

**Led By:** Anne Rogalski (Associate Director, CE)

and Kelly Bird (CE Administrative Assistant)

**Pre-registration Required:** Online or Call 715-346-3838

**LIFE:** \$125 | **Non-LIFE** \$145



**LIFE Membership Committee Meeting**

All are welcome to attend.

**Monday, March 9****9 – 10:30 a.m.****Location:** Zoom Meeting Only**Led By:** Paul Shogren (LIFE Membership/Promotion Committee Chair)**KEEP IN MIND!**

Unfortunately sometimes we have cancellations due to a variety of reasons. Remember to check your email or our social media for updates!

**LIFE BOOK DISCUSSION**

*We Were the Lucky Ones* by Georgia Hunter, follows the true story of the Kurc family, Polish Jews who are torn apart at the start of World War II and forced to fight for survival across the globe. As war engulfs Europe, each family member confronts danger in a different form—exile, imprisonment, hiding, or grueling labor—while holding onto the hope of reuniting. Spanning six years and five continents, the novel shows their remarkable resilience, ingenuity, and courage. Ultimately, it is a powerful testament to the strength of the human spirit in humanity's darkest era.

Check your local library for a copy of the book or ebook.

**Monday, March 9****1:30 – 3 p.m.****Location:** Zoom Meeting Only**Led by:** Deb Oliver (LIFE Member, Retired English Teacher and Alternative Ed Instructor)**FILM DISCUSSION – LIGHTS, CAMERA, COMEDY**

Roger Bullis and/or Carol Colby will lead informative and entertaining film discussions every two weeks. Titles will be announced in advance via email and social media. Participants can share their impression about this enduring art form.

**Tuesday, March 10****3 – 4:30 p.m.****Location:** Zoom Meeting Only**Led by:** Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)  
and Carol Colby (Retired English and Communication Arts Instructor)

## LIFE COFFEE SOCIAL

Join us for some good company and coffee (or tea) with fellow LIFE members. We will meet at local coffee shops around Stevens Point. Locations will be disclosed a couple weeks before in Friday's email. If weather permits we may incorporate an exhibit or walk with our morning.



**Wednesday, March 11**

**10 – 11 a.m.**

**Location:** In-Person - To be determined, See weekly email

**Led by:** LIFE Members

## WISCONSIN FOR KENNEDY

In early 1960, presidential candidate John F. Kennedy faced an uncertain path to the Oval Office. So, he did something no winning candidate had done before: he leveraged the power of state primaries, appealing directly to the people to help clinch his party's nomination. Before JFK could win the White House, he had to win Wisconsin. The book, *Wisconsin for Kennedy* shares the history-making story of the 1960 Wisconsin primary, and how Kennedy's nail-biting win in that hotly contested race propelled him all the way to the presidency.



**Thursday, March 12**

**10 – 11:30 a.m.**

**Location:** Zoom Meeting Only

**Led by:** B.J. Hollars (Author and Associate Professor of English at UW-Eau Claire)

## PI(E) DAY FRIDAY

Join us for a daycation that is equal parts delicious, nerdy, and unforgettable. This festive, flavor-filled outing will celebrate all things Pi and pie, blending tasty treats with playful math-themed fun. Get ready for pie tastings, sweet and savory surprises, and a variety of Pi-inspired games and activities onboard the bus to keep everyone laughing and engaged from start to finish.



**Friday, March 13**

**All Day**

**Location:** 3.141592653589793238462643383279502884

**Led By:** Anne Rogalski (CE Associate Director),

Kelly Bird (CE Administrative Assistant),

and Colleen Meis (CE Administrative Assistant)

**Pre-registration Required:** Online or Call 715-346-3838

LIFE: \$150 | Non-LIFE \$170

**LIFE Curriculum Committee Meeting**

All are welcome to attend as we prepare programs for the fall semester.



**Monday, March 16**

**10:30 a.m. – Noon**

**Location:** Zoom Meeting Only

**Led By:** Paul Shogren (LIFE Curriculum Committee Chair)

**WHEN SHOULD YOU SEE A LAWYER?**

Throughout our lives we encounter legal situations such as buying property/homes, signing contracts, drafting wills, dealing with automobile accidents and defective products, among others. When should you seek legal counsel from an attorney? Are on-line forms, such as durable powers of attorney for finances and other property, medical powers of attorney and medical DNR forms, sufficient?

Please bring your questions.



**Thursday, March 19**

**10 – 11:30 a.m.**

**Location:** Zoom Meeting Only

**Led by:** Russ Golla (Retired Attorney)

**TECH Q & A**

Bring your technology questions that you need more information on to get better clarification. We can discuss things such as what to consider buying, subscribing to, and downloading, for easy and better home tech use. Join us even if you don't have a question to bring; you will still gain the opportunity to learn something new.



**Tuesday, March 24**

**1 – 2 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)

**FILM DISCUSSION – LIGHTS, CAMERA, COMEDY**

Roger Bullis and/or Carol Colby will lead informative and entertaining film discussions every two weeks. Titles will be announced in advance via email and social media. Participants can share their impression about this enduring art form.



**Tuesday, March 24**

**3 – 4:30 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)  
and Carol Colby (Retired English and Communication Arts Instructor)

## ARE HUMANS “DOMESTICATED”?

There are various arguments that humans are actually a product of domestication process - that either the crops have domesticated us, or that we have domesticated ourselves. I will explore these claims from an evolutionary perspective and ultimately argue against them.



**Wednesday, March 25**

**10 – 11:30 a.m.**

**Location:** Zoom Meeting Only

**Led by:** Jason Zinser (Associate Professor of philosophy at UW-Stevens Point)

## THE SUN, OUR LIVING STAR – PLANETARIUM SHOW

Join us for a fascinating planetarium show exploring our nearest star — the Sun. For four and a half billion years, its light has warmed our world and powered all life on Earth. Though classified as a “dwarf star,” the Sun is anything but small, consuming 600 million tons of hydrogen every second and outweighing all the planets combined by 500 times. Experience stunning, never-before-seen images of the Sun’s turbulent surface in a breathtaking fulldome presentation, and learn how this fiery powerhouse has shaped time, weather, and life itself.



**Friday, March 27**

**10 – 11:30 a.m.**

**Location:** In-Person Only – Stevens Point Campus  
Allen F. Blocher Planetarium, Science Building,  
Room A217

**Led by:** Sebastian Zamfir (Planetarium Director and UWSP Physics  
and Astronomy Professor)

**Pre-registration Required:** Online or Call 715-346-3838

Transportation on your own; Limited to 50 participants  
\$7 per LIFE member; Non-refundable

## LIFE Curriculum Committee Meeting

All are welcome to attend as we prepare programs for the fall semester.



**Monday, March 30**

**10:30 a.m. – Noon**

**Location:** Zoom Meeting Only

**Led By:** Paul Shogren (LIFE Curriculum Committee Chair)

## NATIVE PLANTS AT HOME: BEAUTY, BIODIVERSITY, BENEFITS

Native plants offer more than just natural beauty; they play a vital role in supporting pollinators, conserving water, and restoring local ecosystems. In this Zoom session, explore what makes a plant “native,” why these species matter, and how they can enhance the health and resilience of your perennial garden. Learn how native plants can help your garden adapt to changing climate conditions, making it more sustainable and easier to maintain over time. The session will include opportunities to engage with the material in a fun and informative way, whether you’re joining live or watching the recording later.



**Monday, March 30**

**1 – 2:30 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Janell Wehr, Horticulture Educator

(UW Madison Extension, Marathon & Wood Counties)

## CYCLING WITHOUT AGE

Dan Abbott shares how Cycling Without Age brings people together through trishaw rides that honor the program’s core principles—Generosity, Slowness, Storytelling, Relationships, and Without Age. Learn how the Portage County chapter, the first to adopt a community-focused model, continues to serve people of all backgrounds with the belief that everyone deserves “a right to wind in your hair.”



**Wednesday, April 1**

**10 – 11:30 a.m.**

**Location:** In-Person Only – Schmeeckle Reserve  
Visitor Center Meeting Room

**Led by:** Dan Abbott (Director of Cycling Without Age)

## LIFE Board Meeting

All are welcome to attend.



**Tuesday, April 7**

**9 – 10:30 a.m.**

**Location:** Zoom Meeting Only

**Led By:** Ed Miller (LIFE President)

## LIFE COFFEE SOCIAL

Join us for some good company and coffee (or tea) with fellow LIFE members. We will meet at local coffee shops around Stevens Point. After a discussion we will meet at the Riverfront Arts Center to see the current display.



**Wednesday, April 8**

**10 – 11 a.m.**

**Location:** In-Person – To be determined, See weekly email

**Led by:** LIFE Members

## THE PHILOSOPHY WARS, EAST AND WEST

So, what is “philosophy”: A critical examination of the historical dispute over its meanings and methods and its use in these violent times.



**Thursday, April 9**

**10 – 11:30 a.m.**

**Location:** Zoom Meeting Only

**Led by:** Art Herman (UWSP Philosophy Professor Emeritus)

## PRE-SHOW TALK: *DANSTAGE 2026*

Enjoy an afternoon of exciting works by UWSP faculty and special guest artists. Highlighting the human body’s capacity for complexity and dynamism, these new dances celebrate the range of dance as an art form. From the deeply expressive, personal gesture to the virtuosic athleticism of pure technique, these four new works invite you to consider how we connect to and understand the world both within and around us.

*Performance tickets must be purchased in advance.*



**Sunday, April 12**

**10 – 1:45 p.m.**

**Location:** In-Person – Stevens Point Campus - NFAC 221

**Led by:** UWSP Faculty Choreographers

## LIFE Membership Committee Meeting

All are welcome to attend.



**Monday, April 13**

**9 – 10:30 a.m.**

**Location:** Zoom Meeting Only

**Led By:** Paul Shogren (LIFE Membership/Promotion Committee Chair)



## MID-STATE HEALTHCARE SIMULATION CENTER TOUR

The Simulation Center is equipped with a total of 13 medium- and high-fidelity simulators that replicate nearly all clinical scenarios. These types of scenarios include stroke, sepsis, bleeding, shock, birthing, and more. The 12,000 square foot Simulation Center includes two zones—one designed for inpatient care and the other for outpatient care. The simulators enable students to practice their skills in a consequence-free environment before progressing to clinical training with live patients.



**Monday, April 13**

**10 a.m. – Noon**

**Location:** In-Person Only – Aspirus Wisconsin Rapids Hospital, 410 Dewey Street, Wisconsin Rapids (Third Floor – Park at the main entrance)

**Led by:** Samantha Kinney (Simulation Specialist)  
and Carrie Smith (Simulation Coordinator)

**Pre-registration Required:** Online or Call 715-346-3838  
Transportation on your own; Limited to 30 participants  
\$5 per LIFE member; Non-refundable

## LIFE BOOK DISCUSSION

*The Strange Case of Jane O.* by Karen Thompson Walker, follows a new mother with a once-perfect memory who begins experiencing unsettling symptoms—blackouts, hallucinations, and a pervasive sense of dread—that neither she nor her unconventional psychiatrist can explain. When Jane disappears and is later found unconscious with no memory of the missing hours, a police detective grows suspicious and begins tracking her movements. As Jane's visions and fugue states hint at a buried past and a looming danger, Dr. Byrd is forced to reconsider everything he believes about psychology, reality, and his own life. The novel unfolds as a gripping literary mystery that explores memory, identity, and the complex bonds that tether us to one another.

Check your local library for a copy of the book or ebook.



**Monday, April 13**

**1:30 – 3 p.m.**

**Location:** Zoom Meeting Only

**Led by:** LIFE Member

## FILM DISCUSSION – LIGHTS, CAMERA, COMEDY

Roger Bullis and/or Carol Colby will lead informative and entertaining film discussions every two weeks. Titles will be announced in advance via email and social media. Participants can share their impression about this enduring art form.



**Tuesday, April 14**

**3 – 4:30 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)  
and Carol Colby (Retired English and Communication Arts Instructor)

## SILENT STALKERS: WILD CATS OF WISCONSIN

Wisconsin is home to three native cat species: bobcat, lynx, and the mountain lion, which is making its return after a 100-year absence from the state. Find out about the natural history and current status of these cats, as well as the role they play in Wisconsin's ecosystems. Join us as we explore what we know and don't know about the feline predators of Wisconsin... and whether or not we should worry next time we walk in the woods.



**Wednesday, April 15**

**10 – 11:30 a.m.**

**Location:** In-Person – Portage County Library, Pinery Room

**Led by:** Eric Anderson, Ph.D. (Emeritus Professor of Wildlife Ecology, UWSP)

## MILWAUKEE BREWERS VS. TORONTO BLUE JAYS

Join us as we head to American Family Field to watch the Milwaukee Brewers take on the Toronto Blue Jays! Fresh off an exciting 2025 postseason run for these two teams, this should be an exciting match up. Whether you're cheering for the home team or the visiting Jays, this is the perfect outing to enjoy great baseball, good company, and classic ballpark bites. Trip includes coach bus transportation and a ticket to the game.



**Thursday, April 16**

**All Day**

**Location:** American Family Field, Milwaukee

**Led By:** Anne Rogalski (Associate Director, CE)  
and Kelly Bird (CE Administrative Assistant)

**Pre-registration Required:** Online or Call 715-346-3838  
LIFE: \$115 | Non-LIFE \$135

## THE GREAT GATSBY

Join us for an unforgettable experience as *The Great Gatsby: The Musical* brings F. Scott Fitzgerald's classic tale to life on stage! Step into the dazzling world of the Roaring Twenties, where love, ambition, and the pursuit of the American dream collide in a whirlwind of jazz, romance, and heartbreak. With stunning choreography, glittering costumes, and an unforgettable score, this production captures the glamour and passion of Gatsby's world. This day trip includes tickets to the show, dinner at Pullman's at Trolley Square, and coach bus transportation to and from Appleton.



**Saturday, April 18**

**All Day, 2 p.m. Performance**

**Location:** Performing Arts Center, Appleton

**Led By:** Kelly Bird (CE Administrative Assistant)

and Colleen Meis (CE Administrative Assistant)

**Pre-registration Required:** Online or Call 715-346-3838

**LIFE:** \$255 or \$279 | **Public:** \$275 or \$299

## CRYPTOCURRENCY AND FRAUD

This session introduces what cryptocurrency is and how it works, then uses a recent example right here in Wisconsin — where seniors reportedly lost thousands via “crypto ATM” scams — to show how quickly and easily these frauds can happen. Learn how scammers operate and how the money becomes nearly impossible to recover once it's sent. Receive practical advice: how to spot red flags, what to do instead of panicking or acting on a suspicious call, and how to protect yourself and your loved ones.



**Monday, April 20**

**1 – 2:30 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Jeff Kersten (Outreach Specialist - Division of Trade & Consumer Protection)

### Join us for a Zoom Program!

These are a great option to continue learning but at home.

You can view our Zoom Tutorial on the LIFE homepage,

[uwsp.edu/conted/Pages/LIFE.aspx](http://uwsp.edu/conted/Pages/LIFE.aspx)



## EARTH DAY HIKE – ICE AGE TRAIL SAUK POINT AND BARABOO SEGMENT

Celebrate Earth Day in the heart of Wisconsin's Baraboo Hills with fellow hikers on a guided spring adventure along the Sauk Point and Baraboo segments of the Ice Age Trail. The Sauk Point Segment offers a peaceful trek beneath budding hardwoods and along gentle ridgelines. We will then continue onto the Baraboo Segment, where rocky outcrops, glacier-carved terrain, and sweeping vistas highlight the remarkable geology. Together, these segments offer a satisfying mix of moderate challenge and stunning scenery with fellow outdoor enthusiasts. Trip includes transportation and lunch at Baraboo Burger Company following the hikes.



**Wednesday, April 22**

**All Day**

**Location:** Baraboo, WI

**Led By:** Anne Rogalski (CE Associate Director)

and Mara Prausa (CE Program Manager)

**Pre-registration Required:** Online or Call 715-346-3838

**LIFE:** \$95 | Public: \$115

## FUTURE CLIMATE SCENARIOS FOR WISCONSIN AND BEYOND

In honor of Earth Day, this presentation will discuss climate change using the laws of physics and thermodynamics as foundational elements to explain how the Earth's climate changes due to natural and human-induced mechanisms over geologically relevant time scales. Particular attention will be devoted to highlighting the overwhelming and diverse scientific evidence that supports the notion that recently documented accelerated climate change is largely a human-induced crisis with severe socioeconomic impacts. Realistic future climate change scenarios that will impact Wisconsin's well-earned four-season reputation will also be discussed. Finally, efforts to mitigate the adverse affects of a rapidly changing climate through energy-based solutions will also be highlighted.



**Wednesday, April 22**

**1 – 2:30 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Dr. Mark Kulie (Lecturer and researcher at the UW-Madison)

**TECH Q & A**

Bring your technology questions that you need more information on to get better clarification. We can discuss things such as what to consider buying, subscribing to, and downloading, for easy and better home tech use. Join us even if you don't have a question to bring; you will still gain the opportunity to learn something new.



**Tuesday, April 28**

**1 – 2 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)

**FILM DISCUSSION – LIGHTS, CAMERA, COMEDY**

Roger Bullis and/or Carol Colby will lead informative and entertaining film discussions every two weeks. Titles will be announced in advance via email and social media. Participants can share their impression about this enduring art form.



**Tuesday, April 28**

**3 – 4:30 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)

and Carol Colby (Retired English and Communication Arts Instructor)

**LOOKING FOR SOMETHING QUICK?**

Use these icons to help you quickly decide if a class is for you! All Adventure Tour trips need pre-registration and more information will be sent after signing up.



Over Zoom



In-Person



On-Campus  
Watch Party



Hybrid Class



Daycation

**LIFE Annual Meeting**

All are welcome to attend.



**Wednesday, April 29**

**10:30 a.m. – Noon**

**Location:** Hybrid – Stevens Point Campus – CBB 161

**Led By:** Ed Miller (LIFE President)

## SQUIRREL SCIENCE: BIG RESEARCH, SMALL FURRY SUBJECTS

A high impact practice for college students is undergraduate research, but it is usually only available to a small number of students. My colleagues and I engage thousands of students across the country in undergraduate research on squirrels. Squirrels are found on most college campuses, are active when students are active, and are adorable. It's possible you are already contributing to squirrel research and don't know it.



**Thursday, April 30**

**10 – 11 a.m.**

**Location:** Zoom Meeting Only

**Led by:** Christopher Yahnke (Professor of Wildlife, UWSP)

## TOUR NOBLE COMMUNITY CLINICS

Hear a brief presentation about Community Health Centers followed by a tour of the new facility that offers primary medical, dental and behavioral health services located at 2501 Main Street Stevens Point. Learn about Noble's focus on delivering comprehensive, patient-centered care, while ensuring equitable access to medical, dental, and behavioral health services for all in the communities they serve as well as their ongoing efforts to respond to the changing needs of those communities.



**Friday, May 1**

**10 – 11:30 a.m.**

**Location:** In-Person Only – Noble Community Clinic,  
2501 Main St., Stevens Point

**Led by:** Laura Waldvogel, MEd (CEO Noble Community Clinics)

**Pre-registration Required:** Online or Call 715-346-3838

Transportation on your own; Limited to 30 participants

\$5 per LIFE member; Non-refundable



### KEEP IN MIND!

Unfortunately sometimes we have cancellations due to a variety of reasons. Remember to check your email or our social media for updates!



**PRE-SHOW TALK: *THE SECRET GARDEN***

This enchanting children's literature classic is re-imagined in brilliant musical style. Mary Lennox, an 11-year old girl orphaned in India, who returns to Yorkshire, England, to live with her embittered, reclusive uncle and the ghosts of the past who dwell in the house. The estate's many wonders include a mysterious locked secret garden which beckons to Mary to find the key to its door and bring the garden back to life.

*Performance tickets must be purchased in advance.*



**Sunday, May 3**

**1 – 1:45 p.m.**

**Location:** In-Person – Stevens Point Campus - NFAC 221

**Led by:** Mark Hanson (Director)

**OUR GREAT LAKES IN THE 21ST CENTURY:  
CHALLENGES AND OPPORTUNITIES**

Join us for a presentation in honor of Great Lakes Awareness Day! Just 3% of the water on earth is freshwater and the Great Lakes have 20% of that supply. Two million people worldwide today face some sort of water-supply shortages and five million die from water-borne diseases. What are the specific stressors that face our Great Lakes today and what are we doing about it? Anne will introduce the current science and the issues facing our precious resource.



**Monday, May 4**

**1 – 2:30 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Anne Moser (Senior Special Librarian and education coordinator for Wisconsin Sea Grant)

**PAST AND FUTURE OF AMERICAN THIRD PARTIES**

Join us for an examination of the U.S.'s experience with emerging third parties and contemporary possibility given low support shown for today's major political parties.



**Wednesday, May 6**

**10 – 11:30 a.m.**

**Location:** Zoom Meeting Only

**Led by:** James Canfield (Professor Emeritus of Political Science, UWSP)

## MYSTERY TRIP #7

Join us on our seventh “Mystery Trip!” Encouraged by travelers’ request, and enjoyed by many, we have created a daycation with five stops, for which travelers will receive clues the day of the adventure. Bring your curiosity, an appetite, and spending money for potential goodies to bring back with you.



**Wednesday, May 6**

**All Day**

**Location: ???**

**Led By:** Anne Rogalski (CE Associate Director)

and Kelly Bird (CE Administrative Assistant)

**Pre-registration Required:** Online or Call 715-346-3838

**LIFE:** TBD | **Public:** TBD

## LIFE Membership Committee Meeting

All are welcome to attend.



**Monday, May 11**

**9 – 10:30 a.m.**

**Location:** Zoom Meeting Only

**Led By:** Paul Shogren (LIFE Membership/Promotion Committee Chair)

## LIFE BOOK DISCUSSION

*Daughters of Shandong* by Eve J. Chung follows a mother and her four daughters as they fight to survive and escape China during the Communist revolution of 1948. Abandoned by their wealthy family for being girls, they endure brutality, starvation, and danger before forging a daring path across the country and beyond. Their journey—from rural Shandong to Qingdao, Hong Kong, and eventually Taiwan—reveals both the upheaval of a nation and the strength found in their unbreakable bond. Based on the author’s family history, the novel is a powerful story of resilience, courage, and women claiming their own futures amid war and oppression.

Check your local library for a copy of the book or ebook.



**Monday, May 11**

**1:30 – 3 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Teresa Stoltenberg (LIFE Member at Large)

## FILM DISCUSSION – LIGHTS, CAMERA, COMEDY

Roger Bullis and/or Carol Colby will lead informative and entertaining film discussions every two weeks. Titles will be announced in advance via email and social media. Participants can share their impression about this enduring art form.



**Tuesday, May 12**

**3 – 4:30 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)  
and Carol Colby (Retired English and Communication Arts Instructor)

## LIFE COFFEE SOCIAL

Join us for some good company and coffee (or tea) with fellow LIFE members. We will meet at local coffee shops around Stevens Point. Locations will be disclosed a couple weeks before in Friday's email. If weather permits we may incorporate an exhibit or walk with our morning.



**Wednesday, May 13**

**10 – 11 a.m.**

**Location:** In-Person – To be determined, See weekly email

**Led by:** LIFE Members

## INDIAN CROSSING CASINO – 100 YEARS TOUR

Learn the history behind the 100-year-old gem located in Waupaca, WI - The Indian Crossing Casino, a waterfront restaurant and bar that was never actually a casino. After the presentation, stay for lunch and enjoy a view of the beautiful Chain O'Lakes.



**Friday, May 15**

**10 – 11:30 a.m.**

**Location:** In-Person Only – E1171 County Q, Waupaca, WI 54981

**Led by:** Breanna Yeska (Events and Marketing Manager at the Indian Crossing Casino)

**Pre-registration Required:** Online or Call 715-346-3838  
Transportation on your own; Limited to 30 participants  
\$5 per LIFE member; Non-refundable

## NEONICOTINOIDS PESTICIDES IN WISCONSIN: IMPACTS ON AGRICULTURE, ENVIRONMENT, AND HEALTH

Neonics have become the most pervasive insecticide used in modern agriculture since they were first introduced in the 1990s. Chemically similar to nicotine, they've become the most widely used pesticide in the world for their effectiveness in controlling a variety of pests such as aphids, whiteflies, and other sap-feeding insects. Despite their frequent use, newer research shows neonics have harmed some aquatic ecosystems, raising further questions about potential health risks. Hear from Clean Wisconsin experts and University of Wisconsin researchers about neonics' wide-reaching impacts on Wisconsin's agricultural industry, waterways, pollinators, and people.



**Tuesday, May 19**

**1 – 2:30 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Sara Walling (Leader of Clean Wisconsin's Water and Agriculture Program)

### Join us for our In-Person LIFE Programs!

Join us at the Portage County Library, Schmeeckle Reserve Visitor Center and more! See the LIFE Weekly email for addresses and more information about these places.



## GROWING SHIITAKE MUSHROOMS

This hands-on demonstration will begin with a discussion of the life cycle of Shiitake mushrooms. We will then demonstrate how hardwood logs are prepared, inoculated, and cared for to grow these delicious mushrooms. Participants are encouraged to arrive at 12:30 p.m. to enjoy a cup of chicken shiitake wild-rice soup. Participants also welcome to bring a sack lunch and beverage of their choosing.



**Wednesday, May 20**

**1 – 2:30 p.m.**

**Location:** In-Person Only – Kemp Natural Resource Station, 9161 Kemp Road, Woodruff, Outdoor Pavilion

**Led by:** Steven Hubbard, Ph.D. (Wisconsin Forestry Center Director) and Scott Bowe, Ph.D. (Kemp Natural Resources Station Director)

**Pre-registration Required:** Online or Call 715-346-3838

Transportation on your own; Limited to 15 participants

\$10 per LIFE member; Non-refundable

## HISTORY IS BORN DIGITALLY TOO

Recently, local photographer Doug Wojcik donated many of the digital images he took 2001-2012 for the Stevens Point Journal to the Portage County Historical Society. The move from film to digital resulted in many more images, but presents other challenges. Arranging, preserving and cataloging 300,000 images was unlike anything the Society had done before. We will look at how to handle the flood of digital images that we all face, while exploring early 21st century Portage County.



**Wednesday, May 20**

**1 – 2:30 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Andy Barnett (Retired librarian, volunteer at the Portage County Historical Society)

## FROM VACANT FIELD TO STUNNING NEIGHBORHOOD PARK – IT TOOK A VILLAGE!

For over a century children attended school in buildings at the parcel bordered by Clark, Ellis, East and Reserve. However, in 2002 the last remaining building was demolished, leaving a 2-acres parcel dotted with a bit of playground equipment and stubby grass, commonly called Emerson Park. In 2017 two former alders and a motivated citizen founded a grassroots group called Friends of Emerson Park. Within 7 years that group of friends and neighbors worked together toward a common goal... to make that vacant lot into the beautiful neighborhood park it is today, Seramur Park.



**Thursday, May 28**

**10 – 11:30 a.m.**

**Location:** In-Person – Seramur Park Pavillion,  
1416 East Ave., Stevens Point

**Led by:** Meleesa Johnson and Mike Bialas  
(Friends of Emerson Park)

## LIFE Board Meeting

All are welcome to attend.



**Tuesday, June 2**

**9 – 10:30 a.m.**

**Location:** Zoom Meeting Only

**Led By:** Ed Miller (LIFE President)

## & JULIET

Join us for a spectacular day out to see the hit musical *& Juliet!* What if Juliet's famous ending was really just her beginning? This dazzling, feel-good show flips Shakespeare's greatest love story on its head with humor, heart, and a chart-topping pop soundtrack featuring hits by artists like Britney Spears, Katy Perry, and the Backstreet Boys. It's a high-energy celebration of love, self-discovery, and second chances that will have you dancing in your seat. This day trip includes tickets to the show, dinner at Pullman's at Trolley Square, and coach bus transportation to and from Appleton.



**Saturday, June 6**

**All Day, 2 p.m. Performance**

**Location:** Performing Arts Center, Appleton

**Led By:** Rebecca Bauer (Program Manager, CE)  
and Colleen Meis (CE Administrative Assistant)

**Pre-registration Required:** Online or Call 715-346-3838

LIFE: \$255 | Public: \$275

## LIFE Membership Committee Meeting

All are welcome to attend.



**Monday, June 8**

**9 – 10:30 a.m.**

**Location:** Zoom Meeting Only

**Led By:** Paul Shogren (LIFE Membership/Promotion Committee Chair)

## LIFE BOOK DISCUSSION

*The Code Breaker: Jennifer Doudna, Gene Editing, and the Future of the Human Race* by Walter Isaacson, chronicles Jennifer Doudna's path from an inquisitive young student to a Nobel Prize-winning scientist at the center of CRISPR's discovery. Walter Isaacson blends biography and science to explain how this groundbreaking gene-editing technology works and why it represents one of the most important scientific advances of our time. The book highlights CRISPR's enormous potential to treat or cure diseases while also raising complex ethical questions about altering human DNA. Ultimately, it invites readers to reflect on how society should navigate the power—and responsibility—of rewriting the code of life. Check your local library for a copy of the book or ebook.



**Monday, June 8**

**1:30 – 3 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Betty Kieliszewski (LIFE Treasurer)



### KEEP IN MIND!

Unfortunately sometimes we have cancellations due to a variety of reasons. Remember to check your email or our social media for updates!

## MILWAUKEE BREWERS VS. CLEVELAND GUARDIANS

Join us as we head to American Family Field to watch the Milwaukee Brewers take on the Cleveland Guardians! Whether you're a devoted baseball fan or just love the excitement of the ballpark, this trip is the perfect way to enjoy America's favorite pastime. Soak up the game-day energy, cheer on your team, and savor classic ballpark snacks with great company. Trip includes coach bus transportation and a ticket to the game.



**Thursday, June 18**

**All Day**

**Location:** American Family Field, Milwaukee

**Led By:** Anne Rogalski (CE Associate Director)

and Kelly Bird (CE Administrative Assistant)

**Pre-registration Required:** Online or Call 715-346-3838

LIFE: \$130 | Public: \$150

## LIFE BOOK DISCUSSION

*The Women* by Kristin Hannah, follows Frankie McGrath, a sheltered young nursing student who shocks herself—and her family—by joining the Army Nurse Corps after her brother is sent to Vietnam. Thrust into the brutal realities of war, she must quickly find strength and skill amid overwhelming chaos and loss. When she returns home, Frankie faces a divided America that refuses to acknowledge the sacrifices made by those who served. Her journey becomes one of courage, identity, and the search for belonging in a world transformed by conflict.

Check your local library for the book or ebook.



**Monday, July 13**

**1:30 – 3 p.m.**

**Location:** Zoom Meeting Only

**Led by:** Deb Oliver (LIFE Member, Retired English Teacher and Alternative Ed Instructor)

## OAK WILT BIOLOGY AND MANAGEMENT

Learn how to recognize, prevent, and manage oak wilt in this field-based workshop designed for landowners and nature enthusiasts. Join Dr. Holly Petrillo, Professor of Forestry at UW-Stevens Point and Alex Hornung, Forest Health Specialist, Wisconsin Department of Natural Resources for a short classroom presentation on oak wilt biology, followed by a field tour of a diseased and managed oak wilt site.



**Tuesday, August 18**

**1 – 3:30 p.m.**

**Location:** In-Person – Schmeeckle Reserve

**Led by:** Dr. Holly Petrillo (Professor of Forestry),

Alex Hornung (Forest Health Specialist)

**Pre-registration Required:** Online or Call 715-346-3838

\$15 per person (open to the public)

## MILWAUKEE BREWERS VS. SEATTLE MARINERS

Join us as we head to American Family Field to watch the Milwaukee Brewers take on the Seattle Mariners! Whether you're a devoted baseball fan or simply love the excitement of the ballpark, this trip offers the perfect opportunity to experience a major league baseball game. Soak up the game-day energy, cheer on your team, and savor classic ballpark snacks with great company. Trip includes coach bus transportation and a ticket to the game.



**Thursday, August 20**

**All Day**

**Location:** American Family Field, Milwaukee

**Led By:** Anne Rogalski (CE Associate Director)

and Kelly Bird (CE Administrative Assistant)

**Pre-registration Required:** Online or Call 715-346-3838

LIFE: \$130 | Public: \$150

### LOOKING FOR SOMETHING QUICK?

Use these icons to help you quickly decide if a class is for you! All Adventure Tour trips need pre-registration and more information will be sent after signing up.



Over Zoom



In-Person



On-Campus  
Watch Party



Hybrid Class



Daycation



# LIFE Memories



## LIFE Memories



## Thank You To Our Presenters

Dan Abbott	Samantha Kaplan	Hanna Rakovec
Eric Anderson, Ph.D.	Jeff Kersten	Anne Rogalski
Shannon Annala	Betty Kieliszewski	Jennifer Salzwedel
Andy Barnett	Samantha Kinney	Michael Schulein
Rebecca Bauer	Jeff Kleiman	Paul Shogren
Bob Bell	Patricia Kluetz	Carrie Smith
Mike Bialas	Eric Koehler	Teresa Stoltenberg
Kelly Bird	Dr. Mark Kulie	Michail Takach
Scott Bowe, Ph.D.	Karen Medo	Alex Tyink
Roger Bullis	Dr. Jennifer Meece	UWSP Faculty Choreographers
James Canfield	Colleen Meis	Laura Waldvogel, MSED
Carol Colby	Jessica Merkel	Sara Walling
Sam Gilvig	Ed Miller	Janell Wehr
Russ Golla	Anne Moser	Teri Wilczek
Mark Hanson	Deb Oliver	Christopher Yahnke
Art Herman	Olio Arts & Music Center Staff	Breanna Yeska
B.J. Hollars	Dr. Holly Petrillo	Sebastian Zamfir
Alex Hornung	Greg Prangel	Mary Zinda
Steven Hubbard, Ph.D.	Mara Prausa	Jason Zinser
Meleesa Johnson		

And all of our LIFE Members who assisted

# Index

Title	Page
Are Humans “Domesticated”?	23
Climate Changes, “ <i>Weather</i> ” You Like it or Not!	15
Cryptocurrency and Fraud	28
Cycling Without Age	24
Door2Dreams	18
Earth Day Hike – Ice Age Trail Sauk Point and Baraboo Segment	29
Film Discussion – Lights, Camera, Comedy	10, 13, 16, 20, 22, 27, 30, 34
Five Pillars of Health	11
Fork Farms: Indoor Hydroponic Farming	15
From Vacant Field to Stunning Neighborhood Park – It took a Village!	36
Future Climate Scenarios for Wisconsin and Beyond	29
Good Ideas Conference – 41st Annual	8
Growing Shiitake Mushrooms	35
Hamilton	12
Heritage Unhidden: The Connective Power of LGBTQ+ History	10
History is Born Digitally Too	36
Indian Crossing Casino – 100 Years Tour	34
LIFE Annual Meeting	30
LIFE Board Meeting	11, 24, 36
LIFE Book Discussion	9, 12, 20, 26, 33, 37, 38
LIFE Coffee Social	13, 21, 25, 34
LIFE Curriculum Committee Meeting	9, 11, 14, 18, 22, 23
LIFE Membership Committee Meeting	8, 12, 20, 25, 33, 37



# Index

Title	Page
Marshfield Clinic Research/Lab and NICU Tour	17
Medical Malpractice in the Age of Escalating Health Care Cost	14
Mid-State Healthcare Simulation Center Tour	26
Milwaukee Brewers vs. Cleveland Guardians	38
Milwaukee Brewers vs. Seattle Mariners	39
Milwaukee Brewers vs. Toronto Blue Jays	27
Milwaukee Bucks vs. Utah Jazz	19
Mystery Trip #7	33
Native Plants at Home: Beauty, Biodiversity, Benefits	24
Neonicotinoids Pesticides in Wisconsin: Impacts on Agriculture, Environment, and Health	35
New Member Social	10
Oak Wilt Biology and Management	39
Olio Arts & Music Center Field Trip	14
Our Great Lakes in the 21st Century: Challenges and Opportunities	32
Past and Future of American Third Parties	32
Pi ( e ) Day Friday	21
Pre-Show Talk: <i>Danstage 2026</i>	25
Pre-Show Talk: <i>She Kills Monsters</i>	17
Pre-Show Talk: <i>The Secret Garden</i>	32
Silent Stalkers: Wild Cats of Wisconsin	27
Squirrel Science: Big Research, Small Furry Subjects	31
Tech Q & A	16, 22, 30
The Dr. Frank Iber House: Plover's Frank Lloyd Wright Building	13
The Great Gatsby	28
The Philosophy Wars, East and West	25
The Sun, Our Living Star – Planetarium Show	23

## Index

Title	Page
Tour Noble Community Clinics	31
Toxic Hurry: Tools for an Intentional, Unhurried New Year	9
Turning Up the Heat on Ticks	19
When Should You See a Lawyer?	22
Wills, Trusts, and How Not to Lose Your Life Savings to a Nursing Home	16
Wisconsin for Kennedy	21
Wisconsin Milk Strike	11
& Juliet	37

## Feeling Adventurous?



### Multi-Day Trips



**Multi-Day Trips:** Our Multi-Day trips are typically week long adventures that consist of a schedule built to give you the best experience possible! Whether you are looking to take a trip to New York City, Yosemite National Park, or even explore Europe, we've got you covered!

**Daycations:** These are one day trips that are designed to help enrich your mind with fun local adventures that are never more than a bus ride away. We go to Brewers Games, performing art shows, and explore what Wisconsin has to offer!

### Daycations



**Our Website is updated with new trips and experiences all the time!**  
Our trips are for everyone so check back to see what new adventures await.

January				
Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6 Good Ideas Conference 41st Annual	7 Good Ideas Conference 41st Annual	8 Good Ideas Conference 41st Annual	9
12 LIFE Membership Committee Meeting LIFE Book Discussion	13	14	15	16
19	20 LIFE Curriculum Committee Meeting	21	22 Toxic Hurry: Tools for an Intentional, Unhurried New Year	23
26 New Member Social	27 Film Discussion - Lights, Camera, Comedy	28 Heritage Unhidden: The Connective Power of LGBTQ+ History	29 Wisconsin Milk Strike	30
February				
2 LIFE Curriculum Committee Meeting	3 LIFE Board Meeting	4 Five Pillars of Health	5	6  8 Hamilton
9 LIFE Membership Committee Meeting LIFE Book Discussion	10 The Dr. Frank Iber House: Plover's Frank Lloyd Wright Building Film Discussion - Lights, Camera, Comedy	11 LIFE Coffee Social - Tropics in the Winter	12	13 Ollo Arts & Music Center Field Trip
16 Medical Malpractice in the Age of Escalation Health Care Cost	17 LIFE Curriculum Committee Meeting	18 Climate Changes, "Weather" You Like it or Not!	19	20
23 Fork Farms: Indoor Hydroponic Farming	24 Wills, Trusts, and How Not to Lose Your Life Savings Tech Q & A Film Discussion - Lights, Camera, Comedy	25	26	27 Marshfield Clinic Research/Lab and NICU Tour
March				
1 Pre-Show Talk: She Kills Monsters 2 LIFE Curriculum Committee Meeting	3	4 Door2Dreams	5 Turning Up the Heat on Ticks	6  7 Milwaukee Bucks vs. Utah Jazz
9 LIFE Membership Committee Meeting LIFE Book Discussion	10 Film Discussion - Lights, Camera, Comedy	11 LIFE Coffee Social	12 Wisconsin for Kennedy	13 Pi(e) Day
16 LIFE Curriculum Committee Meeting	17	18	19 When Should you See a Lawyer?	20
23	24 Tech Q & A Film Discussion - Lights, Camera, Comedy	25 Are Humans "Domesticated"?	26	27 The Sun our Living Star - Planetarium Show
30 LIFE Curriculum Committee Meeting Native Plants at Home: Beauty, Biodiversity, Benefits	31			

April				
Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> Cycling Without Age	<b>2</b>	<b>3</b>
<b>6</b>	<b>7</b> LIFE Board Meeting	<b>8</b> LIFE Coffee Social	<b>9</b> The Philosophy Wars, East and West	<b>10</b> <b>12</b> Pre-Show Talk: Danstage 2026
<b>13</b> LIFE Membership Committee Meeting Mid-State Healthcare Simulation Center Tour LIFE Book Discussion	<b>14</b> Film Discussion - Lights, Camera, Comedy	<b>15</b> Silent Stalkers: Wild Cats of Wisconsin	<b>16</b> Milwaukee Brewers vs. Toronto Blue Jays	<b>17</b> <b>18</b> The Great Gatsby
<b>20</b> Cryptocurrency and Fraud	<b>21</b>	<b>22</b> Earth Day Hike IAT - Sauk Point and Baraboo Future Climate Scenarios for WI and Beyond	<b>23</b>	<b>24</b>
<b>27</b>	<b>28</b> Tech Q & A Film Discussion - Lights, Camera, Comedy	<b>29</b> LIFE Annual Meeting	<b>30</b> Squirrel Science: Big Research, Small Furry Subjects	
May				
				<b>1</b> Tour Noble Community Clinics <b>3</b> Pre-Show Talk: The Secret Garden
<b>4</b> Our Great Lakes in the 21st Century: Challenges and Opportunities	<b>5</b>	<b>6</b> Mystery Trip #7 Past and Future of American Third Parties	<b>7</b>	<b>8</b>
<b>11</b> LIFE Membership Committee Meeting LIFE Book Discussion	<b>12</b> Film Discussion - Lights, Camera, Comedy	<b>13</b> LIFE Coffee Social	<b>14</b>	<b>15</b> Indian Crossing Casino - 100 Years Tour
<b>18</b>	<b>19</b> Neonicotinoids Pesticides in WI: Impacts on Agriculture, Environment, and Health	<b>20</b> Growing Shiitake Mushrooms History is Born Digitally Too	<b>21</b>	<b>22</b>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b> From Vacant Field to Stunning Neighborhood Park - It Took a Village!	<b>29</b>
June				

**Tuesday, June 2**  
LIFE Board Meeting

**Saturday, June 6**  
& Juliet

**Monday, June 8**  
LIFE Membership Committee Meeting  
LIFE Book Discussion

**Thursday, June 18**  
Milwaukee Brewers vs. Cleveland Guardians

## July

**Monday, July 13**  
LIFE Book Discussion

## August

**Tuesday, August 18**  
Oak Wilt Biology and Management

**Thursday, August 20**  
Milwaukee Brewers vs. Seattle Mariners



# Register Now!



# 41<sup>ST</sup> GOOD IDEAS CONFERENCE

**January 6-8, 2026**

Offered In-Person and Online! An enriching three-day program for lifelong learners. Good Ideas is a university experience for adults!

Visit [Bit.ly/UWSPCEGoodIdeas](https://bit.ly/UWSPCEGoodIdeas) for more information and a full list of presentations



University of Wisconsin  
Stevens Point

STEVENS POINT • MARSHFIELD • WAUSAU

715-346-3838



# ICELAND

## THE LAND OF FIRE AND ICE



## RING ROAD TOUR

### SEPTEMBER 10-20, 2026

The famous Iceland Ring Road connects most of the major towns and beautiful sites. Have fun away from tourists hiking waterfalls, fishing for cod and more!

## KNITTING UNDER THE NORTHERN LIGHTS

### SEPTEMBER 23-29, 2026

Experience Iceland in a new way. Explore hot springs, learn how to dye Icelandic wool and of course KNIT!



Visit each website for more information on the specific trip!



University of Wisconsin  
**Stevens Point**

STEVENS POINT • MARSHFIELD • WAUSAU

715-346-3838

## Referral Program

Recruit your friends or family to earn a free membership the following semester.

LIFE members may bring guests for a one time “free” class to see if they like it.

We’re excited to offer current LIFE members a chance to earn **one or more free semesters of LIFE!** For every two **new** members you recruit in the same semester (up to six!), you’ll earn **one free semester** of LIFE. It’s easy—just have them list your name in the referral section when they register, or email us the names of those you referred. Once your new recruits have signed up, we’ll be in touch to apply your free membership(s).

### What is LIFE? Selling points:

- A membership-based association of adult learners providing the opportunity to share learning experiences and to discover new joys in life.
- LIFE offers 60-70 individual learning opportunities per semester, lead by visiting experts, community leaders, UWSP faculty, and LIFE members.
- Participate in discussions with adults of similar age, with similar interest.
- Attend field trips to experience learning opportunities about area events, institutions, and activities.
- In-Person options are available for you to meet and socialize with other LIFE members.
- You can attend classes in the comfort of your own home (wherever that may be) or while on vacation with our Zoom options.
- Tech help is available, if needed, for Zoom meetings.

Contact us if you would like any marketing materials to pass around.

# Learning Is ForEver Registration Form

## Spring 2026

Please register online or complete this registration form and mail it to  
UWSP Continuing Education, 2100 Main Street, Old Main 032, Stevens Point,  
WI 54481. A & B intended for multiple members in the same household.

Name (A) \_\_\_\_\_

Name (B) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ County \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone (A) \_\_\_\_\_ (B) \_\_\_\_\_

Email (A) \_\_\_\_\_ (B) \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Emergency Contact Phone \_\_\_\_\_

Emergency Contact Relationship \_\_\_\_\_

### **UWSP Release of Liability (REQUIRED)**

I and my heirs, in consideration for my being allowed to participate voluntarily in the LIFE program through the University of Wisconsin-Stevens Point, do hereby release the Universities of Wisconsin and its employees, officers, and agents from any liability for damage to or loss of personal property, sickness and injury from whatever source, legal entanglement and death, which might occur while participating in this event. I also understand and acknowledge that I am responsible for my own well being while participating, and I understand the possible dangers and risks involved in this program.

---

Signature of Participant A / Date

---

Signature of Participant B / Date

### **Photography Release**

Yes, UWSP Continuing Education may use my photograph and video presence for promotional or advocacy purposes. Initial A \_\_\_\_\_ B \_\_\_\_\_

REGISTRATION OPENS January 5, 2026 at 9 a.m. Online registration available at [www.uwsp.edu/conted/life](http://www.uwsp.edu/conted/life). If you do not know your password, click "I forgot my password" at the bottom of the logon page to receive a link to reset your password via email.

## PAYMENT METHOD

☐ Check Payment - \$65/person (includes \$4/person discount)

- Please make check payable to **UWSP**

- Mail to - UWSP Continuing Education,  
2100 Main Street, Old Main 032, Stevens Point, WI 54481

Credit Card Payment can only be made when registering online - \$69/person

## **SPRING 2026 MEMBERSHIP**

**A or B LIFE Membership (January – August) \$65/person \$ \_\_\_\_\_**

☐ First-time member

**How did you learn about the LIFE Program?**

---

---

**Name of LIFE member who referred you:**

---

---

## **CLASSES/TRIPS WITH FEES**

**A or B Olio Arts & Music Center Field Trip \$10/person \$ \_\_\_\_\_**  
(February 13 in Wisconsin Rapids)

**A or B Marshfield Clinic Research/Lab and NICU Tour \$5/person \$ \_\_\_\_\_**  
(February 27 in Marshfield)

**A or B The Sun, Our Living Star (Planetarium Show) \$7/person \$ \_\_\_\_\_**  
(March 27 in Stevens Point)

**A or B Mid-State Healthcare Simulation Center Tour \$5/person \$ \_\_\_\_\_**  
(April 13 in Wisconsin Rapids)

**A or B Noble Community Clinic Tour \$5/person \$ \_\_\_\_\_**  
(May 1 in Stevens Point)

**A or B Indian Crossing Casino – 100 Years Tour \$5/person \$ \_\_\_\_\_**  
(May 15 in Waupaca)

**A or B Oak Wilt Biology and Management \$15/person \$ \_\_\_\_\_**  
(August 18 in Stevens Point)

**TOTAL ENCLOSED: \$ \_\_\_\_\_**

# LIFElong Learning On-Demand!

Don't miss a moment of LIFE!

Gain access to our extensive vault of recorded presentations on Canvas, featuring years of engaging content.

Sign up for Canvas and enjoy the convenience of LIFElong learning anytime, anywhere!



Organized by recent uploads and subject categories, it's easy to revisit a presentation you missed or explore something new—all while sipping your morning coffee.

Explore topics like:

- Current Events
- History
- Technology
- Health & Wellness
- Science
- and **MORE!**

Watch for email instructions to sign up for Canvas or reach out to [uwspcelife@uwsp.edu](mailto:uwspcelife@uwsp.edu)

