Fall 2022
Program Guide

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Welcome To LIFE

LIFE (Learning Is ForEver) is a membership-based organization of adult learners providing an opportunity to share learning experiences and discover new joys. It is sponsored by University of Wisconsin-Stevens Point and hosted by Continuing Education and Outreach. All instructors are volunteers.

Designed to meet your needs and interests, the LIFE program provides new learning opportunities on a variety of topics in an array of formats, including:

• Peer Teaching and Learning
• Lectures by Visiting Experts
• Theater and Sports Events
• Field Trips

What Does LIFE Offer?

Since members are the heart of the LIFE program, courses are developed based on member interests. Some classes meet weekly for two weeks while others meet once. Courses and events are offered during two terms:

• Summer/Fall (July - December)
• Winter/Spring (January - June)

A LIFE membership includes one term. One bi-annual membership fee ($50) entitles you to participate in as many courses as you wish and select discounted UWSP programming for one semester.

LIFE Contact Information

Email       uwspcelife@uwsp.edu       Website       www.uwsp.edu/conted/LIFE
Phone       715-346-3838             Hours         8:00 a.m. - 4:30 p.m.
Fax         715-346-3504             Address       2100 Main Street
                              Old Main Bld. 032
                              Stevens Point, WI, 54481
Meeting are held via Zoom at 9:00 a.m. on Tuesdays, August 2, October 4, and December 6.


dale Emrick
Kurt Hase
Betty Kieliszewski
Deane Matthews
Jane Osypowski
Paul Shogren

Meetings are held via Zoom at 9:00 a.m. on Mondays, August 8, September 6 (Tuesday), October 17, November 7, December 5, and January 3 (Tuesday).

Social Committee

Lorrie Franke
Kurt Hase

Meetings are held via Zoom at 9:00 a.m. on Wednesdays, July 13 and November 9.

Technology Committee

Kurt Hase
Betty Kieliszewski
Ed Miller
Mike Wrzinski

Meetings are held via Zoom at the discretion of the Chair. Notification of meetings will be sent out a week prior to the meeting.
Curriculum Committee 2022-2023

Barb Bartkowiak
Horace Davis
Lorrie Franke
Kurt Hase
Bill Kirby
Pat Kluetz
Ed Miller
Tom Ordens
Jane Osypowski
Jan Seiler
Kathy Serley
Paul Shogren
Teresa Stoltenberg
Jim Walker
Bill Wood
Mary Zinda

We hope you will enjoy the wide array of classes and activities offered this semester. LIFE's Curriculum Committee (a volunteer group of your fellow members) is always looking for fresh class ideas and new presenters.

If you are interested in leading a class or trip, please contact any of the curriculum committee members, attend a curriculum committee meeting, or better yet, join the committee! Email the curriculum committee or the LIFE Board at UWSPCELIFE@uwsp.edu.

New committee members and visitors are always welcome! Meetings will be held via Zoom at 10:30 a.m. on Mondays, August 15 and 29, September 12 and 29, October 10 and 24, and January 23.
Important Notes

Welcome to the LIFE Program for the Fall Term

We are excited by the diversity of offerings this fall. All of our classes will be available via Zoom and about half will also be open to in-person attendance. Presenters who are willing to do in-person presentations have chosen which of UWSP’s three campuses to give their class. We are working hard to ensure that in-person programs are available on each campus. Your attendance is not restricted to the campus closest to where you live. LIFE is very happy to be able to resume in-person sessions while at the same time providing them on Zoom for those who want to attend virtually. I should underscore that presentations are also available for viewing from our Canvas library for those who cannot make the time of the presentation. Our excellent volunteer tech staff will help anyone access programs via Zoom or our growing library.

Looking forward to seeing you this semester!

Ed Miller,
President of LIFE

Privacy Disclaimer in Zoom Classes

Most LIFE classes will be recorded and posted on our Canvas page. The Canvas page is only accessible to registered LIFE members and the recording will only be available there. If you have concerns about your name or face being displayed in this video, please feel free to change your display name and/or shut off your video. You can tell if we are recording by checking for a red light in the top left of your screen. Thank you in advance for saving us hours of editing time.

Consider making a contribution to the LIFE Foundation, which will be used to support LIFE operations and is tax deductible as allowed by law. Please make your donation check payable to UWSP Foundation - LIFE and mail contributions to:

UWSP Foundation
Old Main, Room 212
2100 Main Street
Stevens Point, WI 54481
Thank You To Our Donors

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Jan Seiler
Stefan and Jane Shoup
Lillian Spangenberg
Sybil Strupp
Karen Trzebiatowski
Arthur Waldman
Julia Weiser
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Richard and Linda Zoll

Gifts received July 2021 - June 2022
LIFE BOOK DISCUSSION
Discussion of “Main Street” by Sinclair Lewis. The story is set in the small town of Gopher Prairie, Minnesota, a fictionalized version of Sauk Centre, Minnesota Lewis’s hometown. The novel takes place in the 1910s, with references to the start of World War I, the United States’ entry into the war, and the years following the end of the war, including the start of Prohibition. Satirizing small town life, “Main Street” is perhaps Sinclair Lewis’s most famous book, and led in part to his eventual 1930 Nobel Prize for Literature. It relates the life and struggles of Carol Milford Kennicott as she comes into conflict with the small-town mentality of the residents of Gopher Prairie. Highly acclaimed upon publication, “Main Street” remains a recognized American classic.

   Monday, July 11
   1:00-2:30 p.m.
   Location: Zoom Meeting Only
   Teresa Stoltenberg (LIFE Member)

LIFE MEMBERSHIP COMMITTEE MEETING
All are welcome to attend.

   Tuesday, July 12
   9:00-10:30 a.m.
   Location: Zoom Meeting Only
   Paul Shogren (LIFE Membership/Promotion Committee Chair)

LIFE SOCIAL COMMITTEE MEETING
All are welcome to attend.

   Wednesday, July 13
   9:00-10:30 a.m.
   Location: Zoom Meeting Only
   Lorrie Franke (LIFE Social Committee Chair)

LIFE COFFEE AND SOCIAL HOUR
Join us for an informal social hour. Today’s topic “Have you ever taken a wrong turn that led to something special?” We look forward to chatting with you.

   Wednesday, July 20
   10:00-11:00 a.m.
   Location: Zoom Meeting Only
   Lorrie Franke (LIFE Social Committee Chair)
DOOR COUNTY CHERRY PICKING
On this one day bus trip you will visit the Door County Maritime Museum, tour a winery and participate in a taste testing, experience a famous Door County fish boil, and pick your very own Door County cherries! We hope you will join us on this relaxing day in Door County.

Thursday, July 21
All Day
Location: Door County, WI
Led By: Anne Rogalski (LIFE Program Manager)
Pre-registration Required: Online or Call 715-346-3838
LIFE: $99 | Non-LIFE: $119

LIFE BOARD MEETING
All are welcome to attend.

Tuesday, August 2
9:00-10:30 a.m.
Location: Zoom Meeting Only
Ed Miller (LIFE Board President)

LIFE MEMBERSHIP COMMITTEE MEETING
All are welcome to attend.

Monday, August 8
9:00-10:30 a.m.
Location: Zoom Meeting Only
Paul Shogren (LIFE Membership/Promotion Committee Chair)

LIFE BOOK DISCUSSION
Discussion of “The Four Winds” by Kristin Hannah. Texas, 1934. Millions are out of work and a drought has broken the Great Plains. Farmers are fighting to keep their land and their livelihoods as the crops are failing, the water is drying up, the dust threatens to bury them all. The Dust Bowl era has arrived with a vengeance. In this uncertain and dangerous time, Elsa Martinelli must make an agonizing choice: fight for the land she loves or go west, to California, in search of a better life.

Monday, August 8
1:00-2:30 p.m.
Location: Zoom Meeting Only
Rollene Marslender (LIFE Member)
MILWAUKEE BREWERS TRIP
Take a bus to Milwaukee and see the Brewers take on the Tampa Bay Rays!
Wednesday, August 10
All Day
Location: American Family Field, Milwaukee
Led By: Anne Rogalski (LIFE Program Manager)
Pre-registration Required: Online or Call 715-346-3838
LIFE: $85 | Non-LIFE $105

LIFE CURRICULUM COMMITTEE MEETING
All are welcome to attend.
Monday, August 15
10:30 a.m.-Noon
Location: Zoom Meeting Only
Jane Osypowski and Lorrie Franke (LIFE Curriculum Committee Co-Chairs)

LIFE COFFEE AND SOCIAL HOUR
Join us for an informal social hour. Today’s topic “What small things make you happy?” We look forward to chatting with you.
Wednesday, August 17
10:00-11:00 a.m.
Location: Zoom Meeting Only
Lorrie Franke (LIFE Social Committee Chair)

EMMA AT THE GUTHRIE
Join us to see “Emma” at the Guthrie Theater in Minneapolis, MN!
This trip includes tickets to the show and the Coach bus to Minneapolis and back.
Saturday, August 20, 2022
All Day
Location: Minneapolis, MN
Led By: Kathy Serley (LIFE Member) and Sarah Rudolph (Retired Theatre Director at UWSP-Wausau)
Pre-registration Required: Online or Call 715-346-3838
LIFE NEW MEMBER ORIENTATION MEETING
An orientation meeting for all new and current LIFE Members.
Monday, August 22
10:00-11:30 a.m.
Location: Zoom Meeting Only
Anne Rogalski (LIFE Program Manager)

MEAN GIRLS TRIP
Join us on this day trip to the Fox Valley PAC to see “Mean Girls”, a musical inspired by Tina Fey’s hit film with the same title. This trip includes tickets to the show, a dinner at Pullman’s At Trolley Square, and Coach bus to Appleton and back.
Sunday, August 28
All Day
Location: Appleton
Led By: Anne Rogalski (LIFE Program Manager)
Pre-registration Required: Online or Call 715-346-3838
LIFE: $165 | Non-LIFE $185

LIFE CURRICULUM COMMITTEE MEETING
All are welcome to attend.
Monday, August 29
10:30 a.m.-Noon
Location: Zoom Meeting Only
Jane Osypowski and Lorrie Franke (LIFE Curriculum Committee Co-Chairs)

MURALS OF PORTAGE COUNTY
CREATE Portage County will take participants on a walking tour of the murals of Portage County. Learn about the process, the artists, the backstories, and local culture that is behind these vibrant pieces of public art.
Tuesday, August 30
10:00-11:30 a.m.
Location: In-Person Tour in Downtown Stevens Point
Led By: Dana Sonnenburg (CREATE Staff)
Pre-registration Required. Transportation is on your own. Walking is involved. $5 per LIFE Member; non-refundable
LESSONS FROM “THE FEDERALIST” FOR OUR TIMES

This is an overview of the essays collectively known as “The Federalist,” written from 1787-89 by Alexander Hamilton, James Madison, and John Jay written from 1787-89 in defense of the proposed constitution. I survey these essays with an eye to themes that we ought to ponder in this age of potential constitutional decline.

Tuesday, September 6
1:00-2:30 p.m.
Location: Zoom Meeting Only
David Williams (Professor, Author, and Editor)

FALL YARD AND GARDEN CLEAN-UP - PREPARING YOUR GARDEN FOR WINTER AND SPRING

Learn about winter protection and the benefits of preparing for spring. Tour a setting that has been on the Portage County Garden Parade multiple times and hosted local and state wide Garden Clubs. Dress appropriately for the weather; time will be spent outside walking the yard.

Wednesday, September 7
10:00 a.m.-Noon
Location: 5565 Riverview Court, Stevens Point, WI
Charlotte and John Kolinski (30 years of Master Gardeners) Transportation on your own; Pre-Registration Required; $5 per LIFE member; Non Refundable; Limit 20 participants
MEDICAL MALPRACTICE: CAUSES AND LEGAL REFORMS
We will examine the basis for the filing of medical malpractice actions, the legal environment in Wisconsin for medical malpractice, and the reforms of malpractice laws being advocated.
   Wednesday, September 7
   1:00-2:30 p.m.
   Location: Hybrid from the Wausau Campus, Terrace Room
Ed Miller (LIFE Board Committee President)

ZOOM AND CANVAS BASICS
Presentation will cover instructions on how to use Zoom and its special features. Instructions on getting into and using Canvas will also be shared.
   Thursday, September 8
   10:00-11:00 a.m.
   Location: Hybrid from the Wausau Campus, Terrace Room
Noah LaMaide (LIFE Student Intern)

PAIN AND SYMPTOM MANAGEMENT: USE OF OPIOIDS AT END OF LIFE
This presentation will: Define pain; Review pain symptoms; Understand causes of pain; Discuss pain diagnosis and rating scales; Review non-pharmacological pain therapy; Understand the use of opioids and pain; and Review symptoms and the use of opioids at end of life. Understand how St. Croix Hospice can help when you need it the most!
   Thursday, September 8
   1:00-2:30 p.m.
   Location: Hybrid from the Marshfield Campus, Everett Roehl STEM Building, Jean’s Vanguard Room 504
Sarah Roseth, R.N. (Regional Director of Business Development for St. Croix Hospice)

LIFE CURRICULUM COMMITTEE MEETING
All are welcome to attend.
   Monday, September 12
   10:30 a.m.-Noon
   Location: Zoom Meeting Only
Jane Osypowski and Lorrie Franke (LIFE Curriculum Committee Co-Chairs)
LIFE BOOK DISCUSSION
Discussion of “The Song of the Lark” by Willa Cather, first published in 1915. This was her third novel to be published and follows the great journey of a young lady from a small town in Colorado that ventures all the way to Chicago to follow her dreams of becoming a pianist. Set at the turn of the twentieth century, it shows her skill set shift from wanting to be a pianist into becoming an opera singer. Copies of the book or ebook can be found through your local library. Libraries in Marshfield, Wausau, and Wisconsin Rapids would like you to request copies on an individual basis. Stevens Point Library has a shelf with the books already pulled and ready for check out.

Monday, September 12
1:00-2:30 p.m.
Location: Zoom Meeting Only
Anne Rogalski (LIFE Program Manager)

“HI TECH,” AND LET’S CHAT
At “Hi Tech” and Let’s Chat, we will discuss and answer questions about computer tech stuff, Zoom, other software, TV streaming, cell phones, tablets, and anything else you want to bring up. Drinks of all sorts are welcome and optional but we don’t deliver to your home. Jokes are encouraged. Bring questions of all sorts. And, maybe some answers. We will meet for one hour.

Tuesday, September 13
1:00-2:00 p.m.
Location: Zoom Meeting Only
Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP) and Mike Wrzinski (LIFE Technology Committee Chair)

FILM DISCUSSION - US FILM
Every two weeks, Roger Bullis and/or P. Sudevan will lead a discussion about a US film or an international film. Film titles will be announced a week or so ahead of time via email and social media.

Tuesday, September 13
3:00-4:00 p.m.
Location: Zoom Meeting Only
Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)
TRAVEL WITH ANNE
Anne Rogalski has led high school and college students as well as adults all over the globe. She will relate some of the anecdotes involved in such adventures.

Wednesday, September 14
10:00-11:00 a.m.
Location: Hybrid from the Wausau Campus, Terrace Room
Anne Rogalski (LIFE Program Manager)

ZOOM AND CANVAS BASICS
Presentation will cover instructions on how to use Zoom and its special features. Instructions on getting into and using Canvas will also be shared.

Thursday, September 14
1:00-2:00 p.m.
Location: Hybrid from the Marshfield Campus, Everett Roehl STEM Building, Jean’s Vanguard Room 504
Noah LaMaide (LIFE Student Intern)

ICELAND: KNITTING UNDER THE NORTHERN LIGHTS - ROUND 1
This trip is custom made with a focus on introducing the history, culture, and rich tradition of knitting in Iceland. Our group will meet local sheep farmers, visit a local mini mill, and learn about the production of lamb wool. We will also participate in a workshop where we hand dye our own yarn with Icelandic herbs. There will be time to visit the more popular tourist sights on the Golden Circle and soak in a natural hot pool.

September 15-19 (Pre-registration required)
Location: Iceland

ADOPTION - A HISTORY OF ITS MANY MANIFESTATIONS AND IMPLICATIONS!
Adoption: a process whereby a person assumes the parenting of another, usually a child, from that person’s biological or legal parent or parents. Legal adoptions permanently transfer all rights and responsibilities, along with filiation, from the biological parent or parents. How this practice has been employed throughout history has fueled legends, moved large populations and created family mysteries.

Thursday, September 15
10:00-11:30 a.m.
Location: Hybrid from the Stevens Point Campus, CBB 161
James Walker (Retired Probation Officer)
STATE OF ANTISEMITISM
This presentation will give an overview of the Anti-Defamation League, discuss antisemitism on a regional, national, and international level, and how people can get involved to counter its dramatic rise.
Thursday, September 15
1:00-2:30 p.m.
Location: Zoom Meeting Only
Trent Spoolstra (Associate Regional Director, ADL Midwest)

LIFE FALL SOCIAL
All members are welcome to attend this pot-luck in the Founders Room of Old Main on the UW-Stevens Point Campus. We will start with a brief meeting followed by a social hour with a group game. Non-alcoholic drinks will be provided.
Sunday, September 18
5:00-6:30 p.m.
Location: UWSP Old Main, Founders Room

ICELAND: KNITTING UNDER THE NORTHERN LIGHTS - ROUND 2
This trip is custom made with a focus on introducing the history, culture, and rich tradition of knitting in Iceland. Our group will meet local sheep farmers, visit a local mini mill, and learn about the production of lamb wool. We will also participate in a workshop where we hand dye our own yarn with Icelandic herbs. There will be time to visit the more popular tourist sights on the Golden Circle and soak in a natural hot pool.
September 20-24 (Pre-registration required)
Location: Iceland

JUSTICE: ORIGINS, MEANINGS AND SOME PROBLEMS
Everyone wants Justice. People march for it; nations go to war for it, and philosophic and religions systems, ancient and modern, Eastern and Western, die for it and, if necessary, kill for it. So, what is Justice? Where does it come from? And what problems are raised by commitments to its meanings and its origins?
Monday, September 19
10:00-11:30 a.m.
Location: Hybrid from the Stevens Point Campus, CBB 161
Arthur Herman (UWSP Professor Emeritus, Philosophy)
TED TALKS
TED stands for technology, entertainment, and design. TED talks are videos that present great ideas in under 18 minutes. LIFE members are encouraged to research and send program suggestions to uwspce-LIFE@uwsp.edu. One week prior to the discussion the topic and video link will be announced. Classes will start by viewing the TED talk together, followed by a discussion among attendees. Members can watch the video before the discussion if they want.

Tuesday, September 20
1:00-2:00 p.m.
Location: Zoom Meeting Only

HANK TALK
“Ancient Local Rocks: A Geologic History of Marathon County” presented by Lisa Siewert. Each HANK talk is held in-person in the Veninga Theater on the UWSP-Wausau Campus (in the center for Civic Engagement) and live via YouTube. Topics subject to change. More information can be found at:
https://www.uwsp.edu/wausau/arts/Pages/lfa.aspx

Tuesday, September 20
7:00-8:30 p.m.
Location: Hybrid from the Wausau Campus, Veninga Theater
Lisa Siewert (Senior Lecturer, Geology, UWSP)

LIFE COFFEE AND SOCIAL HOUR
Join us for an informal social hour. Today’s topic “What do you wish you spent more time doing ten years ago?” We look forward to chatting with you.

Wednesday, September 21
10:00-11:00 a.m.
Location: Zoom Meeting Only
Lorrie Franke (LIFE Social Committee Chair)
RECYCLING OF PLASTIC, BIO-BASED MATERIALS
AND CONVERTING PLASTIC TO OIL, WHICH IS
REALLY SUSTAINABLE?
This presentation aims to contribute to an honest dialogue on sustainability of oil-based materials in a consumer context that often includes significant “greenwashing” based on misinformation. This consumer context has raised consumers’ expectations and has put undue burden on many industries and in particular on the plastic and textile industries. This presentation will shed some light on these issues and raise some serious questions.

Wednesday, September 21
1:00-2:30 p.m.
Location: Zoom Meeting Only
Majid Sarmadi (Rothermel Bascom Professor of School of Human Ecology at UW-Madison)

THE MONTY HALL PROBLEM, OR, CAN YOU AVOID THE GOAT?
You’re a finalist on the 1970’s game show, “Let’s Make a Deal”. You choose door 1, of 3, hoping the car is hidden behind it. Monty Hall opens door 2, showing one of the 2 goats. He’ll let you switch to door 3. But you decide to stay, since it’s now a 50-50 chance door 1 hides the car. Did you make the right choice? Millions agree with you, but science says you should have switched!

We’ll cover all sides of this problem which has perplexed even university professors. But the world’s smartest person wasn’t fooled! There’s a 100% guarantee that you’ll be smarter for having participated!

Thursday, September 22
10:00-11:30 a.m.
Location: Zoom Meeting Only
Mike Wrzinski (LIFE Tech Committee Chair) and Bill Kirby (Emeritus Professor of School of Education, UWSP)
CITY OF MARSHFIELD WASTEWATER TREATMENT FACILITY TOUR
This tour will give you a firsthand view of the fascinating wastewater treatment processes and equipment needed to provide clean water for our environment. Tours will be given by experienced and knowledgeable operators dedicated to the profession and will begin with a video depicting certain elements of their Clean Water Mission that cannot be shown in the walk through. The tour will last about one and half hours and entails considerable walking and stair climbing. Since considerable time is spent outdoors, appropriate dress and shoes for weather conditions is recommended.

Friday, September 23
10:00 a.m.
Location: 2601 E 34th Street, Marshfield, WI
Joel Goham (Wastewater Operator)
Transportation on your own; Limit 20-25; Pre-registration Required; $5 per LIFE member; Non-refundable

LIFE PHOTO CLUB
Monthly discussion of one of each member’s photos including topics such as artistry, message, and editing ideas. Brief examples of editing how-to tutorials.

Tuesday, September 27
1:00-2:00 p.m.
Location: Zoom Meeting Only
Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)

FILM DISCUSSION - INTERNATIONAL FILM
Please see page 12 for program description.

Tuesday, September 27
3:00-4:00 p.m.
Location: Zoom Meeting Only
P. Sudevan (Emeritus Professor of Psychology, UWSP)
LOUISVILLE, KENTUCKY TRIP: ARTS, BOURBON, AND CULTURE
Experience Louisville, Kentucky while enjoying local cuisine and beverages. Explore the Louisville Slugger Museum and the Muhammad Ali Museum, bet on horses at Churchill Downs after touring the Kentucky Derby Museum, wander through the St. James Art Festival in the courtyards of Victorian homes, and fill a Bourbon Passport (or two) for your free Urban Bourbon Trail t-shirt!

- September 28-October 2
- Location: Louisville, Kentucky
- Pre-registration Required: Online or Call 715-346-3838

AS I REMEMBER IT - A MEMOIR OF PERSISTENCE, TENACITY AND HUMOR
This presentation will be conducted on two levels: my experience writing the book and some suggestions for writing your own memoir. The secret is to present an arc to the story and to support it with entertaining subplots. As Goethe states: “Whatever you can do, or dream you can do, begin it. Boldness has genius, power, and magic in it. Begin it now”.

- Wednesday, September 28
- 10:00-11:30 a.m.
- Location: Hybrid from the Stevens Point Campus, CBB 161
- Theresa Wanta (Book Review Writer, Freelance Public Speaker)

MODERN ECOLOGICAL RECOMMENDATIONS FOR HOME LAWN AND YARD CARE
Presentation sharing the latest insights for ecologically sound approaches for care of homeowners lawn care in the fall and the yard including the areas beneath trees. Discussion of plant amendments, seeds, and plants, and cultural practices including mowing that are more environmentally aware.

- Wednesday, September 28
- 1:00-2:30 p.m.
- Location: Zoom Meeting Only
- Janell Wehr (University of Wisconsin Horticulture Educator Marathon and Wood County)
LIFE CURRICULUM AND COMMITTEE MEETING
All are welcome to attend.
  Thursday, September 29
  10:30 a.m.-Noon
  Location: Zoom Meeting Only
  Jane Osypowski and Lorrie Franke (LIFE Curriculum Committee Co-Chairs)

GOOD BEER, GOOD CHEESE, GOOD TIMES
Local, house brewed craft beer and Wisconsin cheese pairing, tour and discussion.
  Thursday, September 29
  1:00 p.m.
  Location: District 1 Brewery Company,
  200 North Division Street, Stevens Point, WI 54481
  Chris Gethers (Certified Cicerone)
  Transportation on your own; $15 per LIFE Member;
  Pre-Registration Required; $10 is refundable if canceled seven days in advance; Limit 20-25 people.

HAMLET AT AMERICAN PLAYERS THEATRE
Join us to see “Hamlet” at the American Players Theater in Spring Green, WI! This entertaining theatrical experience will only be enhanced by the outdoor Hill Theatre. This trip included the tickets to the show and the Coach bus to Spring Green and back.
  Thursday, September 29
  All Day
  Location: Spring Green, WI
  Led By: Sarah Rudolph (Retired Theatre Director at UWSP-Wausau) and Brad Schmicker (Theatre Director at UWSP-Marshfield)
  Pre-registration Required: Online or Call 715-346-3838

NEW YORK CITY THEATRE TRIP
We will immerse ourselves in New York theatre and sightseeing in this trip designed for active, self-motivated travelers. Our shows are selected based upon the Tony award nominees and winners. In addition to our custom city tour, we will arrange additional tours based upon group interest (optional and additional cost).
  October 4-8
  Location: New York City, New York
  Pre-registration Required: Online or Call 715-346-3838
LIFE BOARD MEETING
All are welcome to attend.
   Tuesday, October 4
   9:00-10:30 a.m.
   Location: Zoom Meeting Only
   Ed Miller (LIFE Board Committee President)

PLAY READING GROUP - THE UGLY DUCKLING
As a group we will read two one-act plays this semester. After the play reading, we will discuss the play. The class is open to those who read the parts and to those who listen to the play reading. The discussion is open to all participants. This play is “The Ugly Duckling” by A. A. Milne. Participants are responsible for finding their own copy of the play. Plays are in the book “24 Favorite One Act Plays” available on Amazon.
   Tuesday, October 4
   1:00-2:30 p.m.
   Location: Zoom Meeting Only
   Kathleen Serley (LIFE Member)

SPACE ASTRONOMY: THE WISCONSIN ROOTS OF ASTRONOMY DONE IN SPACE
Wisconsin astronomers were some of the world’s first to expand their research to the use of instruments in space when that field suddenly came into existence in 1957. Why Wisconsin? The answer lies in the astronomical research of Wisconsin astronomers as far back as the early 1920s, which positioned the venerable Washburn Observatory to be a foundation of the new field of space astronomy. We will look at those technological developments and see how the products of it resulted in Wisconsin-built instrumentation becoming major contributions to the Orbiting Astronomical Observatory, Space Shuttle missions, the Hubble Space Telescope, and many other applications in space-based astronomy.
   Wednesday, October 5
   10:00-11:00 a.m.
   Location: Zoom Meeting Only
   James Lattis (Ph.D. in History of Science and Director of UWSP Space Place)
TOOLS FROM THE PSYCHOLOGIST’S WORKBENCH - PART 1
We all have tools. For some of us, it’s a hammer and screwdriver. For others it’s a workbench filled with drills, saws, ratchet sets, etc. We also have psychological tools that help us handle the challenges in life. As a health service psychologist, Dr. Schulein has spent his career assisting others in developing and applying powerful tools to support them through life’s challenges and to thrive. In this two class presentation, Dr. Schulein will share his top ten life tools. The discussion will be practical and readily usable, just like tools should be.

Thursday, October 6
10:00-11:30 a.m.
Location: Zoom Meeting Only
Michael Schulein (Ph.D in Clinical Psychology)

BOOKS AND READING FOR FUN
Bill Kirby will discuss a few good books and the many twists and turns involved in personal reading possibilities these days.

Thursday, October 6
1:00-2:30 p.m.
Location: Hybrid from the Stevens Point Campus, CBB 161
Bill Kirby (Emeritus Professor of School of Education, UWSP)

WREATH MAKING WITH INVASIVE SPECIES
We will make wreaths out of invasive plants from the nature preserve. You will walk away with a fall decorated wreath and the skills to make your own evergreen holiday wreaths later in the season. We will also talk about how using invasive species and treating for them can help control their spread. Leisure walking to the invasive species is required.

Friday, October 7
9 a.m.-Noon
Location: Menzel Pavilion at Schmeeckle Reserve, UWSP
Jessica Tomaszewski (Utility Vegetation Management Program Manager, College of Natural Resources)
Transportation on your own; limited to 25 participants
LIFE: $40 | Non-LIFE: $55
LIFE CURRICULUM COMMITTEE MEETING
All are welcome to attend.
Monday, October 10
10:30 a.m.-Noon
Location: Zoom Meeting Only
Jane Osypowski and Lorrie Franke (LIFE Curriculum Committee Co-Chairs)

LIFE BOOK DISCUSSION
Discussion of “The Red Badge of Courage” by Stephen Crane, Copyright 1895. The tale of a young private during the American Civil War. After fleeing the battlefield, he must push through the negative image of being a coward and continue on with his life. Overcome with shame, he longs for a wound, a “red badge of courage” to counteract his cowardice. When his regiment once again faces the enemy, Henry acts as standard-bearer, who carries a flag. Check your local library for the book or ebook. See page 12 for more information.
Monday, October 10
1:00-2:30 p.m.
Location: Zoom Meeting Only
Anne Rogalski (LIFE Program Manager)

“HI TECH,” AND LET’S CHAT
Please see page 12 for description.
Tuesday, October 11
1:00-2:00 p.m.
Location: Zoom Meeting Only
Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP) and Mike Wrzinski (LIFE Technology Committee Chair)

FILM DISCUSSION - US FILM
Please see page 12 for program description.
Tuesday, October 11
3:00-4:00 p.m.
Location: Zoom Meeting Only
Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)
THE EARTH WITHOUT PEOPLE - PART 1
Through the minds of scientists - biologists, engineers, chemists, ecologists, conservationists, metallurgists, astrophysicists, ecologists, radiologists working with computers, and set designers - this documentary presentation contemplates EARTH WITHOUT PEOPLE. This Part I and Part II presentation is more than a message showing realities and possibilities. The hidden question is, “Besides re-procreation, what can we in our lifetimes do so that the earth is with people?” My curiosity asks for your thoughts.

Wednesday, October 12
10:00-11:30 a.m.
Location: Hybrid from the Stevens Point Campus, CBB 161
Horace Davis (LIFE Member)

THE HISTORY AND IMPORTANCE OF THE WHITE PINE IN WISCONSIN
The White Pine logging era in Wisconsin from 1840 to 1940. Was harvesting the White Pine exploitation or a necessary step to growth in America?

Wednesday, October 12
1:00-2:30 p.m.
Location: Hybrid from the Wausau Campus, Terrace Room
Dick Beyer (Retired Forester with DNR and Forest Consultant)

TOOLS FROM THE PSYCHOLOGIST’S WORKBENCH - PART 2
Please see page 21 for description.

Thursday, October 13
10:00-11:30 a.m.
Location: Zoom Meeting Only
Michael Schulein (Ph.D in Clinical Psychology)

SPIRITUALISM, THE PHANTASMAGORIA AND GHOSTS AT THE DAWN OF CINEMA
Though we often think of horror as a more modern genre of film, introduced by the German Expressionists, honed by Hammer films in the 50s, perfected by Hitchcock, and made grotesque in the 70s and 80s, the roots of horror in cinema are deep indeed. This talk looks specifically at the precinematic precedents for the hauntings on screen, with explorations of practices of 19th century spiritualism and photography, as well as theater performances of the macabre, and finally early film’s exploration of the supernatural.

Thursday, October 13
6-7:30 p.m.
Location: Zoom Meeting Only
Cary Elza (Associate Professor of Media Studies, UWSP)
WINERY TOUR – SOUTH CENTRAL WISCONSIN
Join us on this scenic fall tour to three wineries in south central Wisconsin. Our first stop will be Drumlin Ridge Winery in Waunakee for a tasting. We will proceed to Wollersheim Winery and Distillery for a tasting and lunch at their Bistro where they use locally sourced foods that pair well with their locally made wines. After lunch we will tour Botham Vineyards and Winery in Barneveld, where they will educate us on their process from vine to bottle, followed by a tasting of their wines.

Friday, October 14
All Day
Location: Waunakee, Prairie Du Sac, and Barneveld
Led By: Anne Rogalski (LIFE Program Manager)
Pre-registration Required: Online or Call 715-346-3838

THE WOLVES
The Wolves centers on the experiences of high school girls through their weekly Saturday morning pre-game soccer warmups. In the course of six short weeks, the Wolves deal with love, loss, and identity in ways that real teenagers do. Pre-show LIFE Talk Back with the Director. Tickets to the show sold separately.

Sunday, October 16
1:00-2:30 p.m.
Location: Stevens Point Campus, NFAC 221

LIFE MEMBERSHIP COMMITTEE MEETING
All are welcome to attend.

Monday, October 17
9:00-10:30 a.m.
Location: Zoom Meeting Only
Paul Shogren (LIFE Membership/Promotion Committee Chair)

TED TALKS
Please see page 15 for description.

Tuesday, October 18
1:00-2:00 p.m.
Location: Zoom Meeting Only
HANK TALK
“The Pessimist’s Guide to Good Mental Health” by Jason Siewert.
Each HANK talk is held in-person in the Veninga Theater on the UWSP-Wausau Campus (in the Center for Civic Engagement) and live via YouTube. Topics subject to change. More information can be found at: https://www.uwsp.edu/wausau/arts/Pages/lfa.aspx
  Tuesday, October 18
  7:00-8:30 p.m.
  Location: Hybrid from the Wausau Campus, Veninga Theater
  Jason Siewert (Licensed Psychologist, Counseling Center, UWSP)

LIFE COFFEE AND SOCIAL HOUR
Join us for an informal social hour. Today’s topic “What life lesson did you learn the hard way?” We look forward to chatting with you.
  Wednesday, October 19
  10:00-11:00 a.m.
  Location: Zoom Meeting Only
  Lorrie Franke (LIFE Social Committee Chair)

A STUDY OF FOUR HISTORICAL “ISMS”: POPULISM, LIBERALISM/NEO-LIBERALISM, SOCIALISM AND POST-MODERNISM
The purpose of this class will be to discuss and clarify the meaning of four “isms,” which are often not well understood: Populism, Liberalism/Neo-Liberalism, Socialism, and Post-Modernism. These “isms” shape much of our contemporary life, although we often don’t realize it. The plan will be to examine each of their origins, how they may have changed over time, and what they look like today. Class discussion will be encouraged.
  Wednesday, October 19
  1:00-2:30 p.m.
  Location: Hybrid from the Stevens Point Campus, CBB 161
  Robert Wolensky (Professor of Emeritus of Sociology, UWSP)
DEMENTIA 201: TYPES OF DEMENTIA, HOW THEY DIFFER, AND INTERVENTIONS
This presentation covers: Brain Anatomy and Physiological Functions of the Brain; Define Dementia; Understand the Main Dementia Types and Brain Changes with each Assessed Dementia; Behaviors and Interventions. Learn more about the North Star Dementia Program St. Croix Hospice Care Team and how we can help!

Thursday, October 20
10:00-11:30 a.m.
Location: Hybrid from the Marshfield Campus, Everett Roehl STEM Building, Jean’s Vanguard Room 504
Alane Flora (B.S. in Exercise Physiology with Cardiac Emphasis. She has over 30 years experience in Health Care)

TOUR OF WAUSAU FIRE DEPARTMENT STATION #2
Join us for a tour of Wausau’s newest fire station, constructed in 2020. See the upgrades that were included to better serve their staff and how the advancement of technology can help during service calls.

Thursday, October 20
1:00-2:30 p.m.
Location: 3017 Seymour Lane, Wausau, WI
Deputy Chief Jeremy Kopp
Transportation on your own; Pre-registration Required; $5 per LIFE member; Non-Refundable

JESUS CHRIST SUPERSTAR TRIP
Join us on this day trip to the Fox Valley PAC to see the mesmerizing production of “Jesus Christ Superstar.” This trip includes tickets to the show, a dinner at Pullman’s At Trolley Square, and Coach bus to Appleton and back.

Saturday, October 22
All Day
Location: Appleton
Led By: Anne Rogalski (LIFE Program Manager)
Pre-registration Required: Online or Call 715-346-3838

LIFE CURRICULUM COMMITTEE MEETING
All are welcome to attend.

Monday, October 24
10:30 a.m.-Noon
Location: Zoom Meeting Only
Jane Osypowski and Lorrie Franke (LIFE Curriculum Committee Co-Chairs)
THE EARTH WITHOUT PEOPLE - PART 2
Please see page 23 for description.
  Tuesday, October 25
  10:00-11:30 a.m.
  Location: Hybrid - Stevens Point Campus - CBB Room 161
  Horace Davis (LIFE Member)

LIFE PHOTO CLUB
Please see page 17 for description.
  Tuesday, October 25
  1:00-2:00 p.m.
  Location: Zoom Meeting Only
  Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)

FILM DISCUSSION - INTERNATIONAL FILM
Please see page 12 for description.
  Tuesday, October 25
  3:00-4:00 p.m.
  Location: Zoom Meeting Only
  P. Sudevan (Emeritus Professor of Psychology, UWSP)

COLLAPSE OF THE FLORIDA INTERNATIONAL UNIVERSITY BRIDGE
This class will discuss the reasons for and lessons learned from the collapse of the Florida International University (FIU) pedestrian bridge that occurred on March 15, 2018, while the bridge was still under construction. Six lanes of the highway underneath were open to traffic at the time of the collapse. Six deaths, ten injuries, and eight vehicles being crushed resulted from the bridge failure.
  Wednesday, October 26
  10:00-11:30 a.m.
  Location: Zoom Meeting Only
  Akram Malik (Professional Structural Engineer in the United Kingdom, Also is Group Director of Structures at Tony Gee & Partners, Esher, UK)
NOT YOUR GRANDMOTHER’S SENIOR CENTER
A discussion on the history and evolution of a uniquely American Institution: The Senior Center. Join Kate on an interactive and fun look at the radically changing landscape of the modern senior center. Once thought to be sedated gathering place for older people, local senior centers now act as a vital link to programming.

Wednesday, October 26
1:00-2:30 p.m.
Location: Hybrid from Lincoln Center (1519 Water Street, Stevens Point) MPR Room
Kate Giblin (Senior Center Manager and Anthropologist)

THE WONDERFUL WORLD OF BOOKS
Join us to learn about Worzalla and the wonderful world of books! During this two-hour session, you’ll be introduced to the Stevens Point-based, 100% employee-owned printer of award winning and high profile books. Participants will have an opportunity to see and hear about the book crafting process, print industry careers, and what makes this community-focused, 125+ year old company a premier printing partner for well-known publishers including National Geographic, Marvel, and Disney.

Thursday, October 27
10:00 a.m.-Noon
Location: Worzalla Publishing, Stevens Point, WI
Brianne Petruzalek (VP of Human Resources)
Transportation on your own. It is handicap accessible.
Some walking involved. Must wear close-toed shoes, no open back shoes; Limit 20 participants;
Pre-registration Required; $5 per LIFE Member;
Non-refundable.

AMERICA’S WAR OF VALUES
Ron McCabe explores the conflict between property rights and equality in American politics. He describes how differing religious perspectives and our tradition of individualism have complicated this disagreement. Now that this problem again threatens the life of our democratic republic, how can it be resolved before it is too late? Ron will offer his ideas and welcome yours.

Thursday, October 27
1:00-2:30 p.m.
Location: Hybrid from the Stevens Point Campus, CBB 161
Ron McCabe (Retired Library Director and Author)
THE GREAT PINERY HERITAGE WATERWAY
The Great Pinery Heritage Waterway is a 101 mile river trail from
Hats Rapids in Onieda County to Dubay Dam in Portage County.
Establishing this river trail is a project of the Wausau and Marathon
County Park Foundation.

Tuesday, November 1
10:00-11:30 a.m.
Hybrid from the Wausau Campus, Terrace Room
Bill Bertram (Member of Wausau and Marathon County
Park Foundation)

PLAY READING GROUP - SPREADING THE NEWS
As a group we will read a one-act play. After the play reading, we will
discuss the play. The class is open to those who read the parts and
to those who listen to the play reading. The discussion is open to
all participants. This play is “Spreading the News” by Lady Gregory.
Participants are responsible for finding their own copy of the play. Plays
are in the book “24 Favorite One Act Plays” available on Amazon.

Tuesday, November 1
1:00-2:30 p.m.
Location: Zoom Meeting Only
Kathleen Serley (LIFE Member)

BIZARRE BEHAVIOR OF ROTATING BODIES
The “Dzhanibekov effect” was kept a state secret by the Soviets for
10 years while they tried to determine if it might foretell the ‘end of the
world’. What does the spinning earth have in common with a flipping
tennis racket? The first video we’ll watch explores this now de-classified
secret with many real-world examples. A second video provides us with
a solid mathematical basis for an intuitive understanding of this unique
but everyday behavior. There should be plenty of time to stop and
handle any questions you have.

Wednesday, November 2
10:00-11:30 a.m.
Location: Zoom Meeting Only
Mike Wrzinski (LIFE Technology Committee Chair) and
Bill Jenkins (Physics Lecturer & Retired Navel Officer)
THOMAS AND THE OTHER GOSPELS - PART 1
The Gospel of Thomas, found among other ancient Christian documents at Nag Hammadi, Egypt, in 1945, presents 114 “sayings of Jesus.” About half of them have parallels to material in the canonical gospels; these are intermixed with many previously unknown sayings attributed to Jesus. Session 1 will examine sayings with parallels in the synoptic gospels (Mark, Matthew, Luke) to consider what the Gospel of Thomas might add to their representations of the teachings of Jesus.

Wednesday, November 2
1:00-2:30 p.m.
Location: Hybrid from the Stevens Point Campus, CBB 161
Donald Fadner (Professor Emeritus of Philosophy/Religious Studies UWSP)

GREAT AMERICAN FILM COMEDY ORIGINS
From silent films to the 1940s a look at those who gave us the models for comedy films which came later. Overviews, unique approaches and excerpts from films of Charlie Chaplin, Buster Keaton, Harold Lloyd, The Marx Brothers, Frank Capra, Bob Clampett and Preston Sturges.

Thursday, November 3
10:00-11:30 a.m.
Location: Zoom Meeting Only
Roger Bullis (Professor Emeritus of Digital and Mass Media, UWSP)

LEAVES DOWN, LOOK UP! - TREE HEALTH WORKSHOP
Late fall is a great time to inspect your trees for their structural health. In this workshop, the members of the Wisconsin Forestry Center will invite you to investigate your trees to identify potential hazards and structural health concerns. We will talk about common tree diseases and structural concerns of our urban trees, and how to find reputable help in caring for your trees. We will also have a walking tour of the trees around campus to show you real life examples.

Friday, November 4
1:00-3:30 p.m.
Location: In Person Only at the Stevens Point Campus, TNR 300
Members of Wisconsin Forestry Center
Limit 24 participants; walking is expected
$20 LIFE Members | $30 Non-LIFE
(Registration link to be provided later)
LIFE MEMBERSHIP COMMITTEE MEETING
All are welcome to attend.
   Monday, November 7
   9:00-10:30 a.m.
   Location: Zoom Meeting Only
   Paul Shogren (LIFE Membership/Promotion Committee Chair)

GARDENING WITH NATIVE PLANTS
Native plants are the basis of sustainable, diverse, and beautiful
gardens supporting pollinators, beneficial insects, and wildlife. These
gardens thrive without fertilizers, pesticides, mowing, or supplemental
watering. We will share garden examples, plant sources, and practical
tips for garden care.
   Monday, November 7
   10:00-11:30 a.m.
   Location: Zoom Meeting Only
   Susan Carpenter (Native Plant Curator at UW-Madison Arboretum)

“HI TECH,” AND LET’S CHAT
Please see page 12 for description.
   Tuesday, November 8
   1:00-2:00 p.m.
   Location: Zoom Meeting Only
   Roger Bullis (Emeritus Professor of Digital and Mass Media,
   UWSP) and Mike Wrzinski (LIFE Technology Committee Chair)

FILM DISCUSSION - US FILM
Please see page 12 for description.
   Tuesday, November 8
   3:00-4:00 p.m.
   Location: Zoom Meeting Only
   Roger Bullis (Emeritus Professor of Digital and Mass
   Media, UWSP)

LIFE SOCIAL COMMITTEE MEETING
All are welcome to attend.
   Wednesday, November 9
   9:00-10:30 a.m.
   Location: Zoom Meeting Only
   Lorrie Franke (LIFE Social Committee Chair)
THOMAS AND THE OTHER GOSPELS - PART 2
The Gospel of Thomas has the greatest theological affinity with the Gospel of John, but with significant differences as well. Indeed, the author of the Gospel of John may have composed parts of his story, especially those featuring the disciple “Thomas,” in opposition to Thomas Christians. We'll check out this possibility while seeking to understand the Gospel of Thomas’ distinctive interpretation of Christian life.
Wednesday, November 9
1:00-2:30 p.m.
Location: Hybrid from the Stevens Point Campus, CBB 161
Donald Fadner (Professor Emeritus of Philosophy/Religious Studies, UWSP)

APPRECIATING POETRY
Ross Tangedal will lead a discussion of poems by Mary Oliver and other respected poets.
Thursday, November 10
10:00-11:30 a.m.
Location: Hybrid from the Stevens Point Campus, CBB 161
Ross Tangedal Ph.D. (Assistant Professor, Department of English, UWSP)

FALLS PREVENTION
Where and why falls occur; the medical conditions, medication and environmental factors that may contribute to falls; and falls prevention.
Thursday, November 10
1:00-2:30 p.m.
Location: Hybrid from the Wausau Campus, Terrace Room
Alane Flora (B.S. in Exercise Physiology with a Cardiac Emphasis)

AFTERIMAGES
Afterimages is an exciting and unique experience in the UWSP Department of Theatre and Dance, allowing students to experiment with their artistry in a safe and collaborative space. The dances are inspired by personal experiences and relationships, and ideas exploring life and its many layers. Pre-show LIFE Talk Back with the Director. Tickets to the show sold separately.
Sunday, November 13
1:00 p.m.
Location: Stevens Point Campus, In Person Only in NFAC 221
LIFE BOOK DISCUSSION
“Cilka’s Journey” by Heather Morris was published in 2019 and is a sequel to “The Tattooist of Auschwitz.” This story of a woman who survived Auschwitz as a child, finds herself locked away again at the age of 18. Cilka is sentenced to a labor camp in Siberia. She struggles to survive until she meets a female doctor who teaches her to tend to the sick. She then discovers the strength she never knew she had, illuminates the resilience of the human spirit, and conveys the will she has to survive. Copies of the book or ebook can be found through your local library. See page 12 for more information.

Monday, November 14
1:00-2:30 p.m.
Location: Zoom Meeting Only
Anne Rogalski (LIFE Program Manager)

TED TALKS
Please see page 15 for description.

Tuesday, November 15
1:00-2:00 p.m.
Location: Zoom Meeting Only

HANK TALK
“Music and Maps: A Perspective Through the Eyes of a Jazz Musician and Adventure Racer” by Tim Buchholz. Each HANK talk is held in-person in the Veninga Theater on the UWSP-Wausau Campus (in the Civic Engagement) and live via YouTube. Topic subject to change. More information can be found at: https://www.uwsp.edu/wausau/arts/Pages/lfa.aspx

Tuesday, November 15
7:00-8:30 p.m.
Location: Hybrid from the Wausau Campus, Veninga Theater
Tim Buchholz (Associate Professor, Vocal Jazz, UWSP)

LIFE COFFEE AND SOCIAL HOUR
Join us for an informal social hour. Today’s topic “When was the last time you tried something new?” We look forward to chatting with you.

Wednesday, November 16
10:00-11:00 a.m.
Location: Zoom Meeting Only
Lorrie Franke (LIFE Social Committee Chair)
RANKINGS OF AMERICAN PRESIDENTS: FROM THE WORST TO THE GREATEST
This talk will introduce how political scientists (presidential scholars) rate modern presidents since the late 20th Century and what criteria groups are used to assess the past presidents.
   Wednesday, November 16
   1:00-2:30 p.m.
   Location: Zoom Meeting Only
   Saemyi Park (Associate Professor of Political Science, UWSP)

THE 2022 MIDTERM ELECTION IN PERSPECTIVE
Analysis of the results and implications of the 2022 Midterm Election. Particular focus will be on the demography of the vote. What does this say about American politics and democracy?
   Thursday, November 17
   10:00-11:30 a.m.
   Location: Zoom Meeting Only
   Ed Miller, Ph.D. (Professor Emeritus of Political Science, UWSP)

EMPOWERMENT OF DIVERSE VOICES THROUGH COMMUNITY SPACES
The United States Census Bureau (2020) reported that 8.7% of Wisconsin’s citizens over the age of five (475,226 people) identified speaking a language other than English. Additionally, 34.9% (165,664 people) identified speaking English less than very well. Despite representation of diverse cultures within the United States including in Wisconsin, there exists a cultural difference between K-12 teachers and their students (Wisconsin DPI, 2019). As community leaders, we have the critical responsibility to serve these community members from diverse cultural and linguistic backgrounds. This session offers participants the opportunity to learn about strategies that two UWSP assistant professors have utilized to empower diverse voices within community spaces in efforts to advance equitable literacy opportunities within our state.
   Thursday, November 17
   1:00-2:30 p.m.
   Location: Hybrid from the Stevens Point Campus, CBB 161
   Amber Garbe, Ed. D (Assistant Professor/Reading Director) and Stacy Gray, Ph. D (UWSP School of Education)
LIFE PHOTO CLUB
Please see page 17 for description.
  Tuesday, November 22
  1:00-2:00 p.m.
  Location: Zoom Meeting Only
  Roger Bullis (Professor Emeritus of Digital and Mass Media, UWSP)

FILM DISCUSSION - INTERNATIONAL FILM
Please see page 12 for description.
  Tuesday, November 22
  3:00-4:00 p.m.
  Location: Zoom Meeting Only
  P. Sudevan (Emeritus Professor of Psychology, UWSP)

ARCHAIC CAUSES OF DEATH ON OLD DEATH CERTIFICATES
AND THE EPIDEMICS THAT WIPED OUT WHOLE COMMUNITIES
A Brief History of the Origin and Necessity of Death Certificates.
  Tuesday, November 29
  10:00-11:30 a.m.
  Location: Zoom Meeting Only
  James Walker (LIFE member, Retired Federal Probation Officer)

WISCONSIN’S WAR OVER WATER
“A War over Water.” That was how journalist Lee Berquist described the ongoing political and legal fight over groundwater pumping and its impacts. Groundwater, the underground water that we pump from wells for domestic, agricultural, and industrial wants, is also the water that nourishes lakes, streams, and wetlands. While groundwater is important for human consumption, it is vital for fish, wildlife, and Wisconsin’s outdoor heritage. Wisconsin has been slow to enact policies to manage groundwater pumping. In the 2010s and 2020s, conservation and high capacity well interests clashed as to whether pumping should be unlimited, or managed in amounts consistent with healthy surface water bodies. Wisconsin is far from resolving the issue.
  Wednesday, November 30
  10:00-11:30 a.m.
  Location: Hybrid from the Wausau Campus, Terrace Room
  George Kraft (Emeritus Professor of Water Resources, UWSP)
RECYCLE RIGHT
The Central Wisconsin Recycling Collective is a partnership between Marathon and Portage Counties and Recycling Connections to promote proper recycling and disposal throughout Central Wisconsin. During this talk participants will learn the difference between acceptable and recyclable, proper disposal of non-curbside items, and tips and tricks for the holidays.

Wednesday, November 30
1:00-2:30 p.m.
Location: Hybrid from the Stevens Point Campus, CBB 161
Amanda Haffel (Portage County Solid Waste Director) and Meleesa Johnson (Marathon County Solid Waste Director)

THE POLITICS OF THE COURT SYSTEM
This class will examine why federal and state courts are considered to be political actors. We will also compare the federal and various state judicial selection systems. The presentation will give special attention to Wisconsin.

Thursday, December 1
10:00-11:30 a.m.
Location: Zoom Meeting Only
Ed Miller (Professor Emeritus of Political Science, UWSP)

A CHRISTMAS CAROL
Join the ghosts of Christmas Past, Present and Future as they lead the miserly Ebenezer Scrooge on a journey of transformation and redemption. Pre-show LIFE Talk Back with the Director. Tickets to the show sold separately.

Sunday, December 4
1:00 p.m.
Location: In Person Only at Stevens Point Campus, NFAC 221

LIFE MEMBERSHIP COMMITTEE MEETING
All are welcome to attend.

Monday, December 5
9:00-10:30 a.m.
Location: Zoom Meeting Only
Paul Shogren (LIFE Membership/Promotion Committee Chair)
THE INN AT SENTRYWORLD DURING THE HOLIDAYS
Get an inside peak of The Inn at SentryWorld decked out for the holidays. This guided tour will start in the lobby of the hotel, lead up to the guest floors to see their spacious suites, then head back down to see the intimate gathering spaces, fitness center, kids club, and Library Cafe.

Wednesday, December 5
1:00 p.m.
Location: 601 Michigan Ave, Stevens Point, WI
Limit 20 Participants; Pre-registration Required;
$5 per LIFE Member; Non-Refundable

LIFE BOARD MEETING
All are welcome to attend.
Tuesday, December 6
9:00-10:30 a.m.
Location: Zoom Meeting Only
Ed Miller (LIFE Board Committee President)

A JOURNEY TO THE CENTER OF WISCONSIN: FUN FACTS AND TALL TALES FROM A WISCONSIN CARTOGRAPHER
I’m sure you lay awake a night wondering, “Why is Pittsville considered the geographic center of Wisconsin?” (and who decided that??) or “how did they define the boundaries of Wisconsin back in 1848?”
For this talk we’ll take a look at these and other fun factoids about Wisconsin geography. If time allows, we’ll play a game of “how to pronounce Oconomowoc, Weyauwega, Shawano, and more!”
Tuesday, December 6
1:00-2:30 p.m.
Location: Zoom Meeting Only
Jim Lacy (Associate State Cartographer)
ICE AGE TRAIL: GLACIAL FORMATIONS AND A THOUSAND MILER WANT TO BE

Did you know the Ice Age Trail is one of eleven National Scenic Trails and the only one that resides within a single state? This same trail possibly runs through your backyard! Join Anne as she shares her journey of 1,147 miles to complete her sectional hiking of this amazing, evolving Wisconsin trail. Perhaps you too will become a Thousand Miler Want To Be!

Thursday, December 8
10:00-11:30 a.m.
Location: Hybrid from the Marshfield Campus, Everett Roehl STEM Building, Jean's Vanguard Room 504
Anne Rogalski (LIFE Program Manager)

LIFE BOOK DISCUSSION

Let’s discuss the non-fiction book “American Heiress: The Wild Saga of the Kidnapping, Crimes and Trial of Patty Hearst” by Jeffrey Toobin that was originally published in 2016. The saga of Patty Hearst highlighted a decade in which America seemed to be suffering a collective nervous breakdown. The “American Heiress” portrays the electrifying lunacy of the time and the toxic mix of sex, politics, and violence that swept up Patty Hearst and captivated the nation. Copies of the book or ebook can be found through your local library. See page 12 for more information.

Monday, December 12
1-2:30 p.m.
Location: Zoom Meeting Only
Anne Rogalski (LIFE Program Manager)
“HI TECH,” AND LET’S CHAT
Please see page 12 for description.
   Tuesday, December 13
   1:00-2:00 p.m.
   Location: Zoom Meeting Only
   Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP) and Mike Wrzinski (LIFE Technology Committee Chair)

FILM DISCUSSION - US FILM
Please see page 12 for description.
   Tuesday, December 13
   3:00-4:00 p.m.
   Location: Zoom Meeting Only
   Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)

LIFE MEMBERSHIP COMMITTEE MEETING
All are welcome to attend.
   Tuesday, January 3
   9:00-10:30 a.m.
   Location: Zoom Meeting Only
   Paul Shogren (LIFE Membership/Promotion Committee Chair)

COSTA RICA
Costa Rica is a small country filled with diverse ecosystems and a wide variety of flora and fauna. We will explore the tropical rain forests near Selva Verde and the Arenal volcano hike; the cloud forests of San Gerardo de Dota (to find the illusive Resplendent Quetzal), discover Cano Island Biological Reserve and snorkel its offshore reefs, explore the Pacific’s sandy beaches, possibly spot some whales while boating, wander the Central Market in San Jose, and of course, enjoy the delicious local foods for which Costa Rica is known. Our university’s long-standing relationship with Costa Rican Specialties allows for a higher quality adventure guided by bi-lingual guide and naturalist extraordinaire, Victor Acosta. Pura Vida!
   January 4-15
   Pre-registration Required: Online or Call 715-346-3838
GOOD IDEAS CONFERENCE - 38th ANNUAL
(Please see https://www3.uwsp.edu/conted/Pages/Good-Ideas.aspx)
Tuesday-Thursday, January 10-12

LIFE BOOK DISCUSSION
We will be discussing “Notes on An Execution” by Danya Kukafka published in 2022. Ansel Packer is scheduled to die in twelve hours... but this is not his story. This is the story of the women left behind. A chilling portrait of womanhood as it unravels the familiar narrative of the American serial killer, interrogating our cultural obsession with crime stories, and asking readers to consider the false promise of looking for meaning in the minds of violent men. Check your local library for copies of the book or ebook.

Monday, January 16
1:00-2:30 p.m.
Location: Zoom Meeting Only
Anne Rogalski (LIFE Program Manager)

FILM DISCUSSION - US FILM
Please see page 12 for description.

Tuesday, January 17
3:00-4:00 p.m.
Location: Zoom Meeting Only
Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP)

LIFE COFFEE AND SOCIAL HOUR
Join us for an informal social hour. Today’s topic “What is the most defining moment of your life thus far?” We look forward to chatting with you.

Wednesday, January 18
10:00-11:00 a.m.
Location: Zoom Meeting Only
Lorrie Franke (LIFE Social Committee Chair)
SIX AT THE PAC
Join us to see the musical “Six” wives of Henry VIII at the Fox Cities Performing Arts Center! This trip includes tickets to the show, a dinner at Pullman’s At Trolley Square, and Coach bus to Appleton and back.
  Saturday, January 21, 2023
  All Day
  Location: Appleton
  Led By: Anne Rogalski (LIFE Program Manager)
  Pre-registration Required: Online or Call 715-346-3838

LIFE CURRICULUM COMMITTEE MEETING
All are welcome to attend.
  Monday, January 23
  10:30 a.m.-Noon
  Location: Zoom Meeting Only
  Jane Osypowski and Lorrie Franke (LIFE Curriculum Committee Co-Chairs)

“HI TECH,” AND LET’S CHAT
Please see page 12 for description.
  Tuesday, January 31
  1:00-2:00 p.m.
  Location: Zoom Meeting Only
  Roger Bullis (Emeritus Professor of Digital and Mass Media, UWSP) and Mike Wrzinski (LIFE Technology Committee Chair)

FILM DISCUSSION - INTERNATIONAL FILM
Please see page 12 for description.
  Tuesday, January 31
  3:00-4:00 p.m.
  Location: Zoom Meeting Only
  P. Sudevan (Emeritus Professor of Psychology, UWSP)
LIFE Memories
LIFE Memories
Thank You To Our Presenters

Akram Malik
Alane Flora
Amanda Haffel
Amber Garbe
Anne Rogalski
Arthur Herman
Bill Bertram
Bill Jenkins
Bill Kirby
Brianne Petruzalek
Cary Elza
Charlotte Kolinski
John Kolinski
Chris Gethers
David Williams
Dick Beyer
Donald Fadner
Ed Miller
George Kraft
Greg Wright
Horace Davis
James Lattis
James Walker
Jane Osypowski
Janell Wehr
Jason Siewert
Jeremy Kopp
Jessica Tomaszewski

Jim Lacy
Joel Goham
Kathleen Serley
Lisa Siewert
Lorrie Franke
Majid Sarmadi
Members of Wisconsin Forestry Center
Michael Schulein
Mike Wrzinski
Noah LaMaide
P. Sudevan
Paul Shogren
Robert Wolensky
Roger Bullis
Rollene Marslender
Ron McCabe
Ross Tangedal Ph.D.
Saemyi Park
Sarah Roseth, R.N.
Sebastian Zamfir
Susan Carpenter
Teresa Stoltenberg
Theresa Wanta
Tim Buchholz
Trent Spoolstra
Wendy Kahl
UWSP at Marshfield Map

Indoor Walking Course Map

- Entrance A – B = 551 ft (0.103 mi.) 272 steps
- Entrance B – C = 523 ft (0.1 mi.) 262 steps
- Entrance C – A = 454 ft (0.085 mi.) 212 steps
- Entrance A – B – C – A = 1,528 ft (0.288 mi.) 746 steps
Perks For All LIFE Members

LIFE Members: Your UWSP LIFE Lanyard/LIFE Nametag grant you perks at ALL THREE campus locations.
(Perks subject to change based on CDC and UW-System guidelines)

Stevens Point
• Free coffee at LIFE Headquarters (Old Main, Room 032)
• Free guest WIFI and public restrooms
• Access to the Arboretum and Public Common Areas across campus for reading, studying, chatting, etc.
• Art Gallery viewing (when open)
• Discounted tickets to select UWSP Theatre and Dance Performances
• Option to purchase fitness center passes
• Other businesses open to the public (food service/restaurant and catering, book store, and outdoor grounds area, such as tennis courts, etc.)
  Does not include paid reservations.

Marshfield
• Free coffee and cocoa at the Solution Center
• Free guest WIFI and public restrooms
• Access to the Multicultural Resource Center, Arboretum, Library, Public Common Areas for reading, studying, chatting, etc.
• Art Gallery viewing (when open)
• Indoor walking route available Monday through Friday, 7:00 a.m.-6:00 p.m. (please see map)
• Option to purchase fitness center passes
• Other businesses open to the public (food service/restaurant and catering, book store, and outdoor grounds area, such as tennis courts, etc.) Does not include paid reservations.

Wausau
• Free coffee in CE Office
• Free guest WIFI and public restrooms
• Access to the Union (music, food, ping pong, gaming) and Library
• Art Gallery viewing (when open)
• Free admission to women’s volleyball and men’s basketball games
• Indoor walking route available Monday through Friday, 7:00 a.m.-6:00 p.m. (please see map)
• Option to purchase fitness center (including racquetball court) and pool passes
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## January

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Referral Program

Interested in being entered into a drawing for a free Spring 2023 Membership? Eager to share the LIFE program with friends and family? If the answer to these questions is YES, then please read on!

LIFE members may bring guests for a one time “free” class. If the guest decides to become a member, both the veteran LIFE member and new LIFE member will be entered in a drawing for a LIFE membership.

What is LIFE? An “elevator pitch” follows:

• A membership-based association of nearly 400 adult learners providing an opportunity to share learning experiences and to discover new joys in life.

• There are no requirements to join this group of adult learners in their quest to be informed, to learn more, and to pursue their interests.

• LIFE offers 50-60 individual learning opportunities per semester, led by visiting experts, community leaders, UWSP faculty, and LIFE members.

• Included in the classes are opportunities for field trips to experience learning about area events, institutions, and activities.

• Classes include enthusiastic discussion between the presenters and participants.

• Cost: $50 for a semester membership

• Come join us!
Louisville, Kentucky
ARTS, BOURBON, AND CULTURE

September 28 - October 2, 2022

• Experience Louisville, Kentucky while enjoying local cuisine and beverages.
• Explore the Louisville Slugger Museum and the Muhammad Ali Museum, bet on horses at Churchill Downs after touring the Kentucky Derby Museum and wander through the St. James Art Festival.
• Sample the finest bourbons Louisville has to offer and fill out a Bourbon Passport (or two) along the Bourbon Trail.

Registration Fee
Single occupancy: $2,950
Double occupancy: $2,550 per person

uwsp.edu/conted/Pages/Kentucky-Culture.aspx
New York
THEATER AND CULTURE TRIP

October 4–8, 2022

• Immerse yourself in New York theatre and sightseeing in this trip for active, self-motivated travelers!
• Experience four Broadway shows (show selection based on Tony Award nominees and winners) along with a custom city tour, additional tours and iconic sights based on group interest!
• Lodging is centrally located near Times Square/ Broadway and subway lines.

Registration Fee
- Single occupancy: $3,599
- Double occupancy: $2,699 per person

uwsp.edu/conted/Pages/New-York-Fall.aspx
• Explore the city and learn about the birthplace of Jazz on the Heritage Music Tour.
• Sample six world famous local dishes and learn about cultural influences on cuisine on the Food and History Tour. Then participate in a hands-on culinary class creating a roux, the base of many Louisiana dishes such as gumbo.
• Visit museums such as the famous Oak Alley Plantation, Mardi Gras Museum and the World War II Museum - rated the number one museum in the United States.

March 14–18, 2023

More information on registration fees coming soon!

uwsp.edu/conted/Pages/New-Orleans-Trip.aspx
GOOD IDEAS CONFERENCE

An enriching three-day program for lifelong learners

A January Thaw for your Mind and Spirit

Good Ideas is a university experience for adults!

January 10–12, 2023

Offered in person and online!

Visit Bit.ly/GoodIdeas2023 for more information and a full list of presentations

715-346-3838
Learning Is ForEver
Registration Form
Fall 2022

If you plan on mailing in your registration, please complete this registration form and mail it to UWSP Continuing Education, 2100 Main Street, Old Main 032, Stevens Point, WI 54481.

Name (A) ____________________________________________
Name (B) ____________________________________________
Address _____________________________________________
City ____________________________ County ____________ Zip ______

Home Phone __________________________________________
Cell Phone (A) ____________________________ (B) ______
Email (A) ____________________________ (B) __________________
Emergency Contact Name _____________________________
Emergency Contact Phone ____________________________
Emergency Contact Relationship _______________________

UWSP Release of Liability (REQUIRED)
I and my heirs, in consideration for my being allowed to participate voluntarily in the LIFE program through the University of Wisconsin–Stevens Point, do hereby release the University of Wisconsin System and its employees, officers, and agents from any liability for damage to or loss of personal property, sickness and injury from whatever source, legal entanglement and death, which might occur while participating in this event. I also understand and acknowledge that I am responsible for my own well being while participating, and I understand the possible dangers and risks involved in this program.

__________________________ /Date ____________________________ /Date
Signature of Participant Signature of Participant

Photography Release
Yes, UWSP Continuing Education may use my photograph and video presence for promotional or advocacy purposes. Initial A ______ B ______

REGISTRATION OPENS JULY 5, 2022 at 9:00 a.m. Online registration available at www.uwsp.edu/conted/life. If you do not know your password, click “I forgot my password” at the bottom of the logon page to receive a new password via email.
PAYMENT METHOD

☐ Check Payment
  - Please make check payable to UWSP CONTINUING EDUCATION

☐ Credit Card payment can only be made when registering online.
  - Paying by check saves the LIFE Program paying credit card fees.

### FALL 2022 MEMBERSHIP

<table>
<thead>
<tr>
<th>A or B</th>
<th>LIFE Membership (July-December)</th>
<th>$50/person</th>
<th>$___</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐</td>
<td>First-time member</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

How did you learn about the LIFE Program? __________________________
Name of LIFE member who referred you: __________________________

### CLASSES/TRIPS WITH FEES

<table>
<thead>
<tr>
<th>A or B</th>
<th>Murals of Portage County (August 30 in Stevens Point)</th>
<th>$5/person</th>
<th>$___</th>
</tr>
</thead>
<tbody>
<tr>
<td>A or B</td>
<td>Fall Yard and Garden Clean-Up (September 7 in Stevens Point)</td>
<td>$5/person</td>
<td>$___</td>
</tr>
<tr>
<td>A or B</td>
<td>Wastewater Treatment Facility Tour (September 23 in Marshfield)</td>
<td>$5/person</td>
<td>$___</td>
</tr>
<tr>
<td>A or B</td>
<td>Good Beer, Good Cheese, Good Times (September 29 in Stevens Point)</td>
<td>$15/person</td>
<td>$___</td>
</tr>
<tr>
<td>A or B</td>
<td>Wreath Making With Invasive Species (October 7 in Stevens Point)</td>
<td>Non LIFE-$55/person</td>
<td>$___</td>
</tr>
<tr>
<td>A or B</td>
<td>Tour of Wausau Fire Department Station #2 (October 20 in Wausau)</td>
<td>$5/person</td>
<td>$___</td>
</tr>
<tr>
<td>A or B</td>
<td>The Wonderful World of Books (October 27 in Stevens Point)</td>
<td>$5/person</td>
<td>$___</td>
</tr>
<tr>
<td>A or B</td>
<td>Leaves Down, Look Up! (November 4 in Stevens Point)</td>
<td>Non LIFE-$30/person</td>
<td>$___</td>
</tr>
<tr>
<td>A or B</td>
<td>The Inn at SentryWorld During the Holidays (December 5 in Stevens Point)</td>
<td>$5/person</td>
<td>$___</td>
</tr>
</tbody>
</table>

TOTAL ENCLOSED: $____

Refunds for tours will only be issued if we are able to fill the spot from the waitlist or if a waitlisted LIFE Member (who has paid for the tour) is not moved to the tour attendance list.