Help to Break the Cycle: Northwoods
Resources for Persons with Concerns about
Alcohol and Drug Use Who are Pregnant,
Parenting, Caregiving, or of Childbearing
Age
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Jaime Karl BSN, RN

Objectives
- Participants will recognize the value of a “no-wrong
door” approach to referral and connection for people
with substance use concerns.
- Participants will identify opportunities to proactively
connect people with substance use concerns with
needed resources and services.
- Participants will be aware of how to access the Rapid
Response Team in response to identified needs.

Long title…what are we talking about?
- Resources for Persons with Concerns about Alcohol and Drug Use
- Integrating access to needed/wanted services to aid in Prevention,
  Treatment and Recovery
- Approach with recognition of substance misuse as a medical issue rather
  than a criminal or social problem
- Utilize the concept of Integration in terms of access to services to support
  whole-person wellness
- Different/multiple resources may be needed by any individual or family at
  any time
  https://www.ncbi.nlm.nih.gov/books/NBK424848/
Who are we talking about?

- Persons who are Pregnant, Parenting, Caregiving, or of Childbearing Age
- Pregnant – Risks to the baby with potential lifetime consequences
- Parenting – All that time after the pregnancy
- Caregiving – People of all ages caring for children
- Childbearing Age – Focus on the person before there is a pregnancy

What are the barriers to increasing access to needed services?

- Don’t know what’s available
- Don’t know who/where to connect
- Many things wanted/needed “just in time”
- Don’t have time to look through multiple resources/lists
- We don’t have that service available up here
- We need an Easy Button!

HOPE Consortium – North Region

Coordinated treatment and recovery support for those affected by substance use in Northwoods communities.

Build hope in communities, together to overcome substance use disorders and support recovery.

Patients Served

<table>
<thead>
<tr>
<th>Category</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pregnant Persons</td>
<td>273(46%)</td>
</tr>
<tr>
<td>Women of Child-Bearing Age</td>
<td>68</td>
</tr>
<tr>
<td>Affected Children</td>
<td>188(590)</td>
</tr>
</tbody>
</table>
RCORP –NAS Grant

- Perinatal Workgroup
- Discussion of all the elements above
- How can we make this better across systems, agencies, counties and individuals?
- Discovery of services we did not know were present
- Development of connections
- Idea: Rapid Response Team (RRT)

Rapid Response Team Model

Referrals are welcome from anyone. Self-referrals are encouraged. Referrals can be anonymous.
Examples include but are not limited to:
- 2-1-1
- Behavioral Health Providers
- Birth to 3 Programs
- Case Management and Care Coordination Programs
- Childcare Providers
- Churches and Faith Communities
- Community Corrections
- Domestic Violence Services
- Family Planning Providers
- Family Support Services
- First Breath
- Friends and Family
- Head Start Programs
- Home Visiting Programs
- Homeless/Transitional Shelters
- Hospitals
- Jail or Prison Discharge Services
- Mental Health Providers
- OB/GYN Providers
- Parents and Caregivers
- Pediatricians
- Peer Specialists/Recovery Coaches
- Primary/Specialty Medical Providers
- Quit Line
- Recovery Support Providers
- Residential Treatment Providers
- Schools
- Self
- Social Services
- Substance Use Treatment Providers
- Tribal Service Providers
- WIC Programs

Referral
Persons with concerns about alcohol and drug use who are:
- Preventing pregnancy
- Planning for pregnancy
- Pregnant
- Postpartum
- Parenting
- Caregiving

Rapid Response Team (RRT)

OB/GYN Family Planning Parenting Support SUD Treatment Recovery Resources Community Resources

Assess need(s) and location
Refer or redirect to RRT resources

Single Point of Contact

Family Resources

Concept

- Single point of contact
- Anyone (provider, agency, team member, person, concerned person) can call
- 3 goals
- Connect individuals with requested services quickly and easily
- Identify additional services or access that may be helpful to an individual
- Identify the voids – services that do not exist and are needed/requested

Pilot started 7/26/21 and will run approximately 3 months
And now, the Connector
Jaime Karl, RN

- Connector to Resources
- Support and improve outcomes for pregnant, parenting, and caregiving populations with SUDs
- Nurse with background in NICU, OB, and addiction medicine
- "If I don't know the answer, I will help you find who does."
- Pilot runs through September, work to improve connections to available resources and identify community needs and missing resources

<table>
<thead>
<tr>
<th>#1 “How Can I Help You?”</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calling for yourself or on behalf of someone?</td>
</tr>
<tr>
<td>- Self</td>
</tr>
<tr>
<td>- Partner/Family/Friend</td>
</tr>
<tr>
<td>- Medical Provider</td>
</tr>
<tr>
<td>- Social Services</td>
</tr>
<tr>
<td>- Probation Officer</td>
</tr>
<tr>
<td><strong>There is no wrong route to access these services!</strong></td>
</tr>
<tr>
<td>- Where do you live? We serve 5 counties and 3 tribal nations.</td>
</tr>
<tr>
<td>- What are your concerns, what are you worried about, how can you be supported in your current situation?</td>
</tr>
<tr>
<td>- Housing</td>
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<tr>
<td>- Food</td>
</tr>
<tr>
<td>- Safe living</td>
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<tr>
<td>- Physical and mental health</td>
</tr>
<tr>
<td>- Pregnancy support</td>
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<tr>
<td>- Treatment options</td>
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</tbody>
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<tr>
<th>#2 Data Gathering and Follow Up</th>
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<tbody>
<tr>
<td>How did you hear about us?</td>
</tr>
<tr>
<td>Demographics</td>
</tr>
<tr>
<td>Can we follow up to see if we met your expectations and helped meet your needs?</td>
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Next Steps

- Complete the Pilot
- Review the data
- Adjust as needed
- Goal: Increased access to support whole person wellness

Action

- We need your help to spread the word and work to improve resources and support around this need in our community!
- 1-800-438-0599

Questions?

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