



# Emerging FCS Teacher

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## SUMMER INSTITUTE

June 29, 2025 & July 30, 2025

University of Wisconsin Stevens Point



# Agenda

## Tuesday, July 29th, 2025

| Time               | Event   |
|--------------------|---|
| 8:00-8:30 am       | <b>Welcome and Breakfast</b><br>[Bagel Bites and Muffins]   |
| 8:40-9:10 am       | <b>Active Learning Strategies for Your FCS Classroom</b><br><i>Partnering Organization: University of Wisconsin Stevens Point</i>                   |
| 9:20-9:50 am       | <b>Igniting Student Passion for Culinary &amp; Hospitality through ProStart</b><br><i>Partnering Organization: Wisconsin ProStart</i>               |
| 10:00-10:30 am     | <b>Health Science 101: A Launchpad for Emerging FCS Teachers</b><br><i>Partnering Organization: Wisconsin DPI Health Science and Wisconsin HOSA</i> |
| 10:40-11:10 am     | <b>I Wish I Had This When I Was in High School</b><br><i>Partnering Organization: SecureFutures MoneyPath</i>                                       |
| 11:15 am - 1:15 pm | <b>Cooking Up Confidence: A Hands-On Culinary Lab for Emerging Educators</b><br>[Pasta]<br><i>Presented by: Stephanie Fox, MS, CFCS</i>             |



# Agenda

## Tuesday, July 29th, 2025

| Time         | Event  |
|--------------|--|
| 1:30-3:10 pm | <b>Behind the Seam with Alyssa Simono</b><br><i>Presenter: Alyssa Simono</i>   |
| 3:15-3:45 pm | <b>Building Bridges: Strengthening Soft Skills in the Middle School Classroom</b><br><i>Partnering Organization: Wisconsin Association of Family and Consumer Sciences (WAFCS)</i> |
| 3:45-4:00 pm | <b>Day's Wrap-Up with Q&amp;A</b>  |
| 4:00-6:00 pm | <b>The Incredible Edible Egg</b><br>[Individual Omelets]<br><i>Presenter: Tammie Law</i>   |
| 6:00-7:30 pm | <b>Open Evening Skills Work</b>  |



# Agenda

## Wednesday, July 30th, 2025

| Time              | Event   |
|-------------------|---|
| 8:00-8:30 am      | <b>Welcome and Breakfast</b><br>[Muffins & Donuts]  |
| 8:40-9:10 am      | <b>Why We Teach What We Teach</b><br><i>Partnering Organization: WI DPI Family and Consumer Sciences</i>                                |
| 9:20-9:50 am      | <b>Supporting Early Literacy in Your MS/HS Classroom</b><br><i>Partnering Organization: Wisconsin FCCLA</i>                             |
| 10:00-10:30 am    | <b>A Hands-On Hospitality Lesson for Every FCS Classroom</b><br><i>Partnering Organization: University of Wisconsin Stout</i>           |
| 10:40-11:10 am    | <b>Spaghetti &amp; Science: Teaching Brain Development through Play</b><br><i>Partnering Organization: Fox Valley Technical College</i> |
| 11:15-11:30 am    | <b>Day's Wrap-Up with Q&amp;A</b>   |
| 11:30 am-12:30 pm | <b>Lunch &amp; Networking</b><br>[Box Lunches]  |
| 12:30 pm          | <b>Begin Human Services Pathway Training- Sponsored by UW Stevens Point</b>   |

# Active Learning Strategies for Your FCS Classroom

**Presenter:** Susan Turgeson, Ed.D., CFCS, Professor, Family & Consumer Sciences; Program Director, Family and Consumer Sciences Education - undergraduate & graduate

**Partnering Organization:** University of Wisconsin Stevens Point

Engaging students actively in the learning process aids in retention of concepts. Hands-on, minds-on strategies can provide opportunities to analyze and apply information and collaborate with others. We will demonstrate several for you to consider facilitating in your own classroom!

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# Igniting Student Passion for Culinary & Hospitality through ProStart

**Presenter:** Alex Vernon, ProStart Manager, Wisconsin Restaurant Association

**Partnering Organization:** Wisconsin ProStart

Elevate your culinary arts classroom with this ProStart session designed specifically for FCS educators! Discover how to implement this industry-backed, two-year program that transforms high school students into restaurant-ready professionals. Through hands-on activities and collaborative discussion, you'll explore proven strategies for managing the program, integrating industry standards, and creating authentic learning experiences that prepare students for both college and career pathways.

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# Health Science 101: A Launchpad for Emerging FCS Teachers

**Presenter:** Christina Patrin, Health Science Education Consultant and Wisconsin HOSA State Advisor

**Partnering Organization:** Wisconsin Department of Public Instruction & Wisconsin HOSA-Future Health Professionals

New to teaching health science courses? This session is designed to help Family and Consumer Sciences (FCS) teachers build a strong foundation in health science education. We'll explore where to begin, key content areas to focus on, and practical strategies for building your knowledge and confidence—no medical degree required! Walk away with resources, curriculum tips, and a roadmap for success in your classroom.

# I Wish I Had This When I Was in High School

**Presenter:** Jennifer Andreas, Senior Money Path Manager

**Partnering Organization:** SecureFutures

Are you ready to bring personal finance to life for your students? As Family and Consumer Science teachers take on the essential task of teaching Personal Finance, having the right tools makes all the difference. In this interactive session, you'll step into the shoes of a student and experience Money Path firsthand – comparing careers, identifying educational paths, and building a budget based on real-world salaries. You'll also see the impact of long-term goal planning and get a glimpse of what retirement savings could look like for your chosen career path. Not only will you see how engaging and eye-opening this experience is for students, but you'll also discover just how simple it is to implement in your curriculum. Whether you're looking to enhance an existing course or launch a new Personal Finance class, Money Path provides a dynamic way to empower students with the financial knowledge they need for a successful future. Don't miss this opportunity to gain a valuable, ready-to-use resource that your students will thank you for!

Participants will receive a Lesson Guide, Portfolio Project Template, Curriculum Outline, and Personal Finance Standard Alignment document.

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# Cooking Up Confidence: A Hands-On Culinary Lab for Emerging Educators

**Presenter:** Stephanie Fox, MS, CFCS, North Fond du Lac High School Family and Consumer Sciences Educator

Step into the shoes of your students as you participate in a hands-on cooking experience that blends practical kitchen skills with practical teaching techniques. From measurements to teamwork, you'll gain insights into how to create engaging, student-centered learning environments. Whether you're measuring, mixing, or mentoring, this session offers a fun and interactive glimpse into creating engaging and effective culinary learning experiences.

*Meal served: Alfredo Pasta Lab (allergens: dairy, gluten)*

## Behind the Seam with Alyssa Simono

**Presenter:** Alyssa Simono, Pewaukee High School Family and Consumer Sciences Educator, Serving Others Insight Instructor and Pewaukee FCCLA Chapter Adviser

This hands-on professional development session is designed for educators looking to enhance their textile lab management skills. From utilizing technology to fostering student creativity, independence, and efficiency, this session will provide practical strategies and real-world applications of textiles in the classroom. Experience a mock textile lab in action and gain the tools needed to create a student-centered learning environment.

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## Building Bridges: Strengthening Soft Skills in the Middle School Classroom

**Presenter:** Sue Strutz, CFCs, Family and Consumer Sciences Educator, Wisconsin Association of Family and Consumer Sciences (WAFCS) Immediate Past President

**Partnering Organization:** Wisconsin Association of Family and Consumer Sciences (WAFCS)

During the session, you will participate in a variety of soft skills activities that include following directions to assemble a simple recipe, a communication activity to save Sam, and a teamwork activity to practice spelling.

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## The Incredible Edible Egg

**Presenter:** Tammie Law, Prairie Farm Family and Consumer Sciences Educator, FCCLA Adviser, Senior Class Adviser, Prom Adviser, Wisconsin Virtual School Local Education Guide

Did you sing the tune as you read those words? The American Egg Board is responsible for those ads and has many resources for teachers to use in the classroom. Eggs are a versatile ingredient that have a million and one uses, preparation techniques and functions to explore in foods labs at all levels. In this session we will explore resources, lab expectations and set up methods that will help you set up your students for success at every level. We will discuss a few of the many egg-centric lab opportunities that eggs present to meet the needs of the very basic to advanced culinary classroom. Join us as we make individual custom omelets and explore the multitude of classroom and lab applications of the Incredible Edible Egg.

*Meal served: Individual Omelet Lab (allergens: egg)*

## Open Evening Skills Work

During this open session, you have the flexibility to engage in activities that best support your professional growth. Take advantage of the Family and Consumer Sciences lab spaces at UW-Stevens Point, including the Textiles Lab, Culinary Lab, and RealityWorks Simulators and Curriculum Kits. Use this time to network with fellow educators, collaborate on lesson planning, align curriculum to standards, or explore new teaching tools and resources. Whether you're looking for hands-on experience, meaningful discussions, or dedicated planning time, this session allows you to make the most of your FCS learning experience.

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## Stevens Point Happenings

Check out what the Stevens Point area has to offer while you are here visiting.

Website: [stevenspointarea.com](https://stevenspointarea.com)



## Why We Teach What We Teach

**Presenter:** Julie Anderson, CFCS, Family and Consumer Sciences Education Consultant and Wisconsin FCCLA State Adviser

**Partnering Organization:** Wisconsin Department of Public Instruction

This interactive session will provide Family and Consumer Sciences educators the opportunity to map the big picture of their course offerings and program at their school. The FCS Program Mapping Tool will be introduced as a way to support PLC, SLO and professional growth within their program.



# Supporting Early Literacy in Your MS/HS Classroom

**Presenter:** Ashley King, Augusta Middle and High School Family and Consumer Sciences Educator and FCCLA Chapter Adviser

**Partnering Organization:** Wisconsin FCCLA

1000 books before kindergarten is a goal often given to families, as a way to encourage the child's development. A barrier for some caregivers is a lack of confidence in being good at reading aloud. In this session I will walk you through how I teach 7th graders on how to select a good read aloud and start to build skills to give them confidence as a reader. This project then provides a direct connection to the FCCLA STAR events project, Children's Literature.

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# A Hands-On Hospitality Lesson for Every FCS Classroom

**Presenter:** Kristal A. Gerdes, PhD, Professor and Department Chair

**Partnering Organization:** University of Wisconsin Stout, Hospitality & Technology Innovation Program

This interactive session equips FCS educators, whether brand new or experienced professionals, with a ready-to-teach lesson that brings hospitality, tourism, and event planning to life. Walk away with a fully developed lesson plan, practical resources, and fresh inspiration to connect hospitality to your FCS curriculum.

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# Spaghetti & Science: Teaching Brain Development through Play

**Presenter:** Erica Berndt, Early Childhood Education Instructor

**Partnering Organization:** Fox Valley Technical College, Early Childhood Program

In this fun, hands-on workshop, you'll discover how to make complex brain development concepts simple and engaging for high school students. Through immersive exercises, you'll learn practical ways to show future teachers how children's brains grow and develop. This is perfect for anyone teaching child development or early education classes!

