

27th Annual *Crisis Intervention Conference*

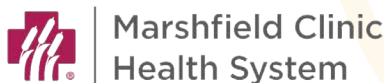
Hybrid Conference (virtual and in-person events)

Care, Connect, Create



Participants will learn ways to improve relationships between the mental health community and the community at large.

- Increase knowledge of available resources and skill development.
- Reduce stigma associated with mental health through education.
- Increase awareness around issues surrounding suicide, non-suicide self-injury, substance use, homelessness, and victimization.

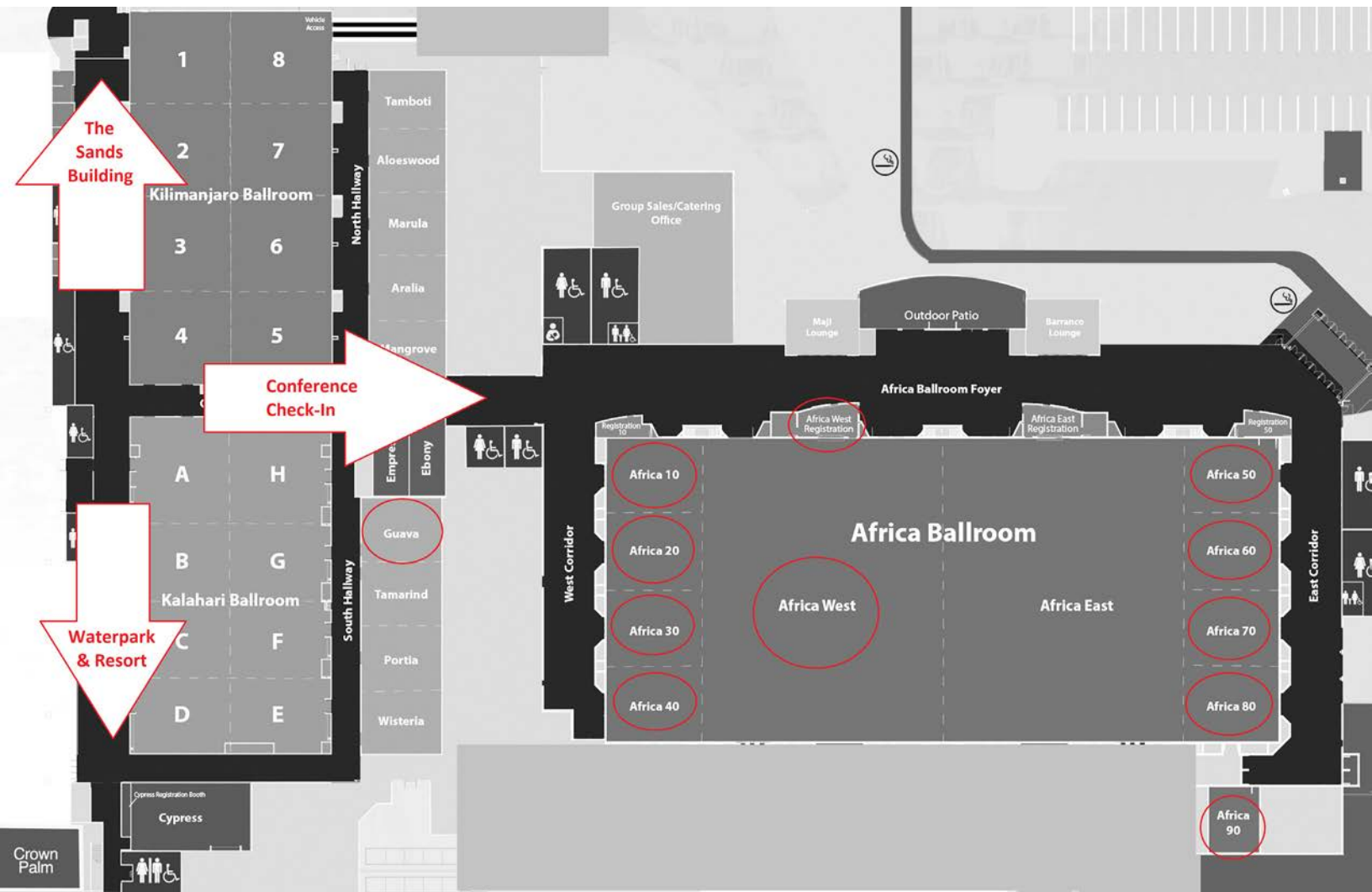


September 21–22, 2023

Kalahari Resort and Convention Center, Wisconsin Dells, WI

Conference Map

1305 Kalahari Drive, Wisconsin Dells, WI 53965
1-877-KALAHARI (525-2427)



**Conference Check-In
will be in the Africa Foyer**

Mother's Room

The Kalahari dedicated Mother's Room is Ebony. Ask at the registration desk if you have additional questions.

Rooms that will be used

- Africa 10
- Africa 20
- Africa 30
- Africa 40
- Africa 50
- Africa 60
- Africa 70
- Africa 80
- Africa West
- Banyan
- Guava

Agenda-at-a-Glance

Thursday • September 21, 2023

7:00 a.m. – 7:45 a.m.	Check-In and Breakfast <i>Africa West</i>
7:45 a.m. – 8:15 a.m.	Welcome and Address <i>Africa West</i> William Hutter, PsyD, LMFT Secretary Kirsten Johnson
8:15 a.m. – 9:45 a.m.	Opening Keynote <i>Virtual Africa West</i> Shawn Shea <i>MD, Director, Training Institute for Suicide Assessment & Clinical Interviewing (TISA)</i>
9:45 a.m. – 10 a.m.	Break
10:00 a.m. – 11:30 a.m.	Morning Breakout Sessions
1.	Rapidly and Sensitive Engaging Clients with Difficult Personality Disorders in a Crisis Evaluation - <i>Virtual Africa West</i>
2.	When Mental Health Crises and Domestic Violence Crises Collide - <i>Africa 50</i>
3.	CPS/CPPS/Recovery Coach Boundaries and Ethics Part 1 - <i>Africa 60</i>
5.	Meet You Where You Are At: Helping Military and First Responders Address Their Own Mental Health - <i>Africa 70</i>
6.	Wisconsin Community Service's effective implementation of peer specialists in crisis work - <i>Virtual Africa 10</i>
7.	Crisis Intervention: Providing temporary but immediate relief in emergency situations - <i>Africa 40</i>
11:30 a.m. – 12:15 pm	Lunch and DHS Crisis Survey Results Overview <i>Africa West</i>
12:15 p.m. – 1:15 p.m.	Afternoon Keynote <i>Virtual Africa West</i> Leah Harris <i>M.A.</i>
1:15 p.m. – 1:30 p.m.	Break
1:30 p.m. – 3:00 p.m.	Afternoon Breakout Sessions
8.	The Elusive World of Psychosis: Uncovering Subtle and Dangerous Psychotic Process - <i>Virtual Africa 20</i>
9.	Authentic Conversations about the Transgender Experience: Keep Us Alive - <i>Africa 50</i>
10.	Natural Support Caregivers Navigating Crisis and Crisis Services for their Loved Ones - <i>Africa 60</i>
11.	The Dignity of Risk: Honoring your rights during challenging situations - <i>Africa 30</i>
12.	Connect the Dots in the Deaf Community - <i>Africa 70</i>
13.	Imagine If ... We Included Parents in Youth Crisis - <i>Africa 40</i>
14.	The Dementia Dilemma - <i>Virtual Africa 10</i>
3:00 p.m. – 3:30 p.m.	Break

Thursday • September 21, 2023

3:30 p.m. – 5:00 p.m.	Afternoon Breakout Sessions
15.	Wisconsin's Initiative to Expand Provider Preparedness and Response to Refugee and Immigrant Crisis Needs - <i>Africa 50</i>
16.	Stigma and Mental Health in Rural Communities - <i>Africa 30</i>
17.	CPS/CPPS/Recovery Coach Boundaries and Ethics Part 2 - <i>Africa 80</i>
18.	The Psychological Flexibility Model as a Framework for Crisis Intervention Training - <i>Africa 40</i>
19.	Taking Care of Our Own - <i>Africa 60</i>
20.	Improving the Crisis Continuum and Outcomes for Youth in Wisconsin. - <i>Virtual Africa 10</i>
21.	Lessons Learned from a Wisconsin-based Community Co-Responder Team - <i>Africa 70</i>
22.	Holding on With Letting Go: Navigating Grief and Loss in Our Work - <i>Virtual Africa 20</i>
5:00 p.m. – 6:30 p.m.	Evening Social <i>Africa West</i>
7:00 p.m. – 8:00 p.m.	Evening Yoga <i>Banyan</i>

Friday • September 22, 2023

6:00 a.m. – 6:45 a.m.	Morning Yoga <i>Guava</i>
7:30 a.m. – 8:30 a.m.	Check-In and Breakfast <i>Africa West</i>
8:30 a.m. – 10:00 a.m.	Morning Breakout Sessions
23.	Youth Mental Health Crisis Resources Created with Lived Experts - <i>Africa 60</i>
24.	Somatic Decompression for Crisis and Trauma Workers - <i>Virtual Africa 20</i>
25.	"Why is This Happening to Me?" Crisis and Meaning Making - <i>Africa 40</i>
26.	Effective Application of Behavioral Principles in Crisis Situations - <i>Africa 30</i>
27.	Who Cares About the Caregiver? - <i>Africa 50</i>
28.	Gender Informed Treatment with Substance Use Disorders - <i>Virtual Africa 10</i>
29.	Northwoods COPE Coalition building healthy connections where we live and work to break the walls of stigma and reduce suicides - <i>Africa 70</i>
10:00 a.m. – 10:30 a.m.	Break with Food
10:30 a.m. – 11:30 a.m.	Closing Keynote <i>Virtual Africa West</i> Cassandra Walker <i>Licensed Clinical Social Worker (LCSW), Certified Clinical Trauma Professional (CCTP)</i>
11:30 a.m. – 11:45 a.m.	Closing Remarks <i>Virtual Africa West</i> William Hutter, PsyD, LMFT

Join us on our official event app!

We're using *Whova* as our official event app. Join our event app to access:

- ➔ Event announcements
- ➔ Personalized agenda, session details
- ➔ Speaker & attendee profiles
- ➔ Networking, meet-ups, messages
- ➔ Event documents
- ➔ Faster check-in

How to join:

1. Scan the QR code and download Whova from the App Store or Google Play.
2. Sign in or create an account with the email you registered with.

Having trouble joining? Search for our event and enter the invitation code: cvapfdwid0



Diamond Sponsor:



Platinum Sponsor:



Gold Sponsors:



Whova App Sponsor:



Silver Sponsors:



SecurityHealth Plan



Conference Information

Handouts

Handouts are posted as links in the session descriptions within Whova. Please note that not all presenters have handouts to share with conference attendees.

Conference Evaluations

A link to evaluate the conference will be posted on Whova on Friday, September 22, 2023. This link will also be emailed to all participants.

Win FREE Registration to the 2024 Conference!

Suggest a theme for the 2024 Crisis Intervention Conference! If your suggestion is chosen, you will receive complimentary registration to the 2024 conference. Submissions are due by Noon on Friday, September 22, 2023. Links will be available in Whova and will be sent to you via email.

2024 Call for Proposals

Information on submitting a workshop proposal for the 2024 conference will be posted on the Crisis Intervention Conference website and also be emailed to all participants.

2024 Save the Date

28th Annual Crisis Intervention Conference

Thursday-Friday, September 19–20, 2024
Kalahari Resort and Convention Center Wisconsin Dells, Wis.

Name Tags

Please have your nametag visible for admittance into your sessions and meals. The breakout sessions you registered to attend are printed on the back of your name badge; however, CEHs are earned in the sessions you attend during the conference. Please attend the sessions that best meet your needs.

Dietary Needs

If you indicated dietary need at registration, it is indicated on the back of your name badge. Simply show the backside of your name badge to Kalahari catering staff and they will be able to assist you.

UWSP Continuing Education works hard to communicate all special meal requests and allergies to the conference venue. Unfortunately, due to circumstances beyond our control, we cannot guarantee all special dietary needs can be met. If you have dietary needs (i.e., low salt, low carb, keto, dairy-free, etc.), you may wish to make alternative meal arrangements.

Thursday • September 21, 2023
Day 1

**Conference Check-In
and Breakfast**
Africa West | 7 – 7:45 a.m.

Welcome with William Hutter
Virtual | Africa West | 7:45 – 8 a.m.
Address by Secretary Kirsten Johnson
Virtual | Africa West | 8 – 8:15 a.m.

Morning Keynote
8:15 – 9:45 a.m.

The Delicate Art of Uncovering Suicidal Ideation: The Chronological Assessment of Suicide Events (the CASE Approach)

Virtual | Africa West

In this keynote Dr. Shea describes an innovative interviewing strategy for eliciting suicidal ideation: the Chronological Assessment of Suicide Events (the CASE Approach). He provides an in-depth presentation of how to use the CASE Approach to weave seven interviewing techniques - designed to increase validity - into a fluid interview strategy for uncovering suicidal desire, intent, ideation, planning and actions. An emphasis is placed on how to use the CASE Approach to uncover a particularly high-risk client's initially withheld method of choice for suicide as is often the case in emergency assessments. The nuances of the strategy are demonstrated using a compelling videotape showing a patient who presents with complex suicidal ideation.

Objectives

1. Be able to describe the inherent difficulties of uncovering the truth about a client's suicidal intent in an emergency assessment as described in the Equation of Suicidal Intent and then apply these principles in clinical practice.

Shawn Shea - MD, Director, Training Institute for Suicide Assessment & Clinical Interviewing (TISA)

Break
9:45 – 10 a.m.

Workshop Sessions 1 – 7
10 – 11:30 a.m.

1) Rapidly and Sensitively Engaging Clients with Difficult Personality Disorders in a Crisis Evaluation

Virtual | Africa West

In this workshop Dr. Shea brings to life the practical use of psychodynamic approaches such as Object Relations and Self Psychology to help clinicians rapidly and effectively engage clients with Borderline and/or Narcissistic Personality Disorders as they may present in emergency departments and on crisis calls. He compellingly transforms the complex concepts of theorists such as Otto Kernberg and Heinz Kohut into a contemporary framework that provides today's clinicians - not only with an enhanced understanding of the intense pain of these clients - but with immediately practical interviewing techniques and strategies.

Objectives

1. Be able to describe and recognize the complex psychodynamic and interpersonal factors which can prove to be particularly problematic for engagement in emergency room assessments with clients coping with borderline and/or narcissistic process.
2. Be able to utilize the principles of Object Relations (Kernberg) and Self Psychology (Kohut) to quickly spot serious psychopathology such as borderline, narcissistic, and antisocial process as it presents in emergency departments and during crisis calls.
3. Be able to flexibly and creatively utilize a variety of specific interviewing techniques from the fields of Object Relations and Self Psychology - such as the complementary shift - to rapidly engage clients with borderline and/or narcissistic process as well as de-escalate client anger if it should arise during the interview.

Shawn Shea - MD, Director, Training Institute for Suicide Assessment & Clinical Interviewing (TISA)

2) When Mental Health Crises and Domestic Violence Crises Collide

Africa 50

This session will focus on DV victims who also have mental health diagnoses - why they are more susceptible to DV, how to locate resources for them, how to troubleshoot the DV crisis during their mental health crisis, where to locate advocates to work with, and navigating the web of a DV/MH crisis collision to minimize the likelihood of re-victimization and maximize the likelihood of prosecution.

2) Continued

Objectives

1. Identify community resources for DV victims.
2. Learn “the signs” of a DV victim, which can often go unidentified as a part of an overlapping mental health diagnosis.
3. Develop a road map for ensuring victim safety, working with an advocate and assisting the client with shelter, relocation, additional support and/or prosecution.

Jennifer Paine - Juris Doctorate, Executive Director, Women and Children's Horizons of Kenosha, Wisconsin

3) CPS/CPPS/Recovery Coach Boundaries and Ethics Part 1

Africa 60

Peer providers are being utilized in many different settings and face many challenges to their adherence to ethical standards of evidence based peer support within crisis systems, agencies and individual practices. In these sessions, CPS/CPPS /RC will develop a deeper understanding of the importance of boundaries and how they assist in adherence to state mandated ethics in their practices and will practice advocacy skills needed to address ethical dilemmas they might encounter within those systems, agencies and in their professional practices.

Objectives

1. Participants will be able to define and understand the importance of boundaries.
2. Participants will review and understand the underpinnings of WI State mandated ethics.
3. Participants will leave better prepared to address ethical dilemmas in their professional practice.

Alyce Knowlton-Jablonski - ACPS, NCPST, NCRCT, NCWFT, NCSGFT

5) Meet You Where You Are At: Helping Military and First Responders Address Their Own Mental Health

Africa 70

The burnout, suicide, and stress rates of military, veterans, and first responders has increased over the past 5 years. This population and their families are at great risk of the consequences of poor mental health due to trauma, stress, and burnout. Traditional approaches have proven less effective creating a need for a catered approach to services and supports. Explore the barriers to treatment. Understand the unique challenges and concerns of this population. Take away tools and ideas to improve or expand your practice to support those who are helping us and our communities every day.

Objectives

1. Identify the unique barriers and needs of military, first responders, and their families.
2. Learn about methods and interventions that have proven to best support this population.
3. Leave with tools and interventions to apply to this population.

Abby Huntley - PhD, LPC-SAS, ICS, CCTP. President of The Wellness CoOp, Inc., Oconto Falls, WI. Owner of Oak Ridge Counseling & Consulting, Oconto Falls, WI. Professor at Yorkville University, Canada. Adjunct Instructor at The Chicago School of Psychology, Chicago, IL

6) Wisconsin Community Service's Effective Implementation of Peer Specialists in Crisis Work

Virtual | Africa 10

Wisconsin Community Services manages and implements crisis assessment, linkage and stabilization services for clients enrolled in four different programs within the department of Community-based Peer Specialist Programs. The Presenters will outline these programs, provide quantitative and qualitative data that will demonstrate the effectiveness of peer support in crisis work. The Presenters will also include how peer support can be implemented in your area.

Objectives

1. Gain knowledge of the implementation and effectiveness of peer specialist programs at WCS.
2. Understand how and why peer specialists are effective in crisis work.
3. Be inspired to implement peer specialists in their own community-based crisis programs.

Michelle Laga - LPC, CPS, MSAT, Clinician at Wisconsin Community Services in Milwaukee Wisconsin

Startina White - CPS, RC Program Coordinator for Community-based peer support programs at Wisconsin Community Services in Milwaukee Wisconsin

7) Crisis Intervention: Providing Temporary but Immediate Relief in Emergency Situations

Africa 40

The rate of mental health challenges is significant and has increased over recent years requiring that a whole person approach is required. This presentation will review historical foundation to crisis intervention as well as the mixture of psychological modalities, psychoanalytic, existential, humanistic, cognitive-behavioral, and family systems theories from which crisis theory is drawn. People in crisis often have complex needs that require a multidimensional approach. Methods that promote engaging the individual in crisis will be presented. Facilitator will use case examples to illustrate this model.

Objectives

1. Review the historical foundation of crisis intervention.
2. Discuss psychoanalytic, existential, humanistic, cognitive-behavioral, and family systems theories contribution to Crisis Intervention.
3. Discuss cultural, ethical and professional Issues.

Sharon Cyrus-Savary - Clinical Director

Thank you to our Diamond Sponsor!



Lunch

Africa West | 11:30 – 12:00 p.m.

DHS Crisis Survey Results Overview

Africa West | 12:00 – 12:15 p.m.

**Afternoon Keynote
12:15 – 1:15 p.m.**

Beyond Self Care: A Revolutionary Approach for Preventing Burnout

Virtual | Africa West

Self-care is essential if we are to truly center the people we support. But self-care is not, in and of itself, enough to prevent burnout. Leah will introduce an alternative approach to worker burnout and vicarious trauma, using a social-justice framework developed by social worker Vikki Reynolds and her peer-led team. Using a combination of video, discussion, and reflective exercises, this keynote explores the vital importance of collective care and solidarity to nourish our hope, keep us aligned with our ethics, and nurture sustainability across the lifespan.

Objectives

1. Discuss the function of self-care as it relates to burnout.
2. Describe the limitations of self-care in preventing burnout.
3. Name concrete strategies for collective care.

Leah Harris - M.A.

Break

1:15 – 1:30 p.m.



Workshop Sessions 8 – 14

1:30 – 3 p.m.

8) The Elusive World of Psychosis: Uncovering Subtle and Dangerous Psychotic Process

Virtual | Africa 20

This workshop examines the world of psychosis by demonstrating a variety of specific interviewing techniques to help ferret out the presence of active psychotic process. Dr. Shea also focuses in detail, via videos of actual patients, upon various methods for spotting dangerous psychotic process including suicide, homicide, and self-mutilation.

Objectives

1. Be able to ferret out the earliest signs of impending psychosis or relapse, while providing a better understanding of the exquisite pain created by psychotic processes.
2. Be able to utilize interviewing techniques for spotting delusional mood, delusional perception, and the life-cycle of a psychosis.
3. Be able to describe and uncover the specific types of psychotic processes that can lead to suicide, violence, and self-mutilation (including command hallucinations, feelings of alien control, psychotic hyper-religiosity, and paranoia).

Shawn Shea - MD, Director, Training Institute for Suicide Assessment & Clinical Interviewing (TISA)

9) Authentic Conversations about the Transgender Experience: Keep Us Alive

Africa 50

The purpose of Authentic Conversations Training is two fold:

1. To address the increasing suicide rate amongst the transgender population.
2. To provide a safe environment for discussions that lead to authentic trans employee inclusion, genuine welcoming of all employees, and understanding/empathizing with differences within the organization.

Objectives

1. Understand the differences between Gender Identity and Sexual Orientation and why this understanding is critical to developing inclusive, affirming, and welcoming strategic policies.
2. Understand how leadership teams in collaboration with human resource professionals can navigate pronoun usage / discussion in the workplace so all employees are included and acknowledged using their preferred language.
3. Understand how knowledge of gender identity and proper pronoun usage decreases stigma and therefore saves lives.

Elijah Nicholas - DBA, MBA, MAET, MSOL, Trans Advocate and Speaker, Dr. Elijah Nicholas, LLC, Atlanta, GA

10) Natural Support Caregivers Navigating Crisis and Crisis Services for their Loved Ones

Africa 60

How do we navigate crisis services as a parent or caregivers? Are you the most appropriate person to be handling the crisis situation? If not you, then who? How can crisis responders better support natural caregivers during times of crisis, especially when it's their child or parent in need of help? There are no "days off" when you are the natural support for someone in need. We can and should do better supporting the supporters. In this workshop participants will learn how to help clients and their families navigate crisis services, before, during and after a crisis situation. Participants will help to develop a natural support flow chart or checklist to use with caregivers.

Objectives

1. Learn about crisis response from the caregiver perspective.
2. Develop skills to quickly assess the needs of the "noncrisis" participant.
3. Help develop a flow chart to use as a resource for families in crisis.

Nicole Ravens - CPS, Statewide Coordinator for Peer Recovery Centers, Independent Living Resources, La Crosse, WI. Co-Chair for the Wisconsin Independent Living Network Mental Health and Substance Use Committee.

Sadie Nelson - CPS, Independent Living Coordinator, Independent Living Resources

11) The Dignity of Risk: Honoring Your Rights During Challenging Situations

Africa 30

You have the right to do something that may seem a little risky to others, as long as you understand the risks involved and choose to participate. We take risks every day, often times unknowingly. This may be as simple as not wearing a hat in winter or continuing to enjoy your whiskey of choice after dinner. This session will cover how we define dignity of risk and balance duty of care in the care planning process; the role our system plays in the decision making process (Guardians, APS, DOJ, Caregivers, Family, MCO); and how personal experiences can bias decision making and how to acknowledge possible bias in our professional experiences and relationships.

Objectives

1. Understand how personal experiences may impact our relationships and decisions.
2. Understand the Dignity of Risk verses The Duty of Care.
3. Will have the opportunity to discuss high-risk situations, their outcomes and the challenges surrounding them.

Jason Berdyck - BS Technology Education - UW Stout.

Amanda Tavs - Certified Social Worker Lakeland Care Inc. - Behavioral Health Supervisor

Tania Reindl - Crisis Prevention Support Specialist

Eric Johnson - Behavioral Health Specialist

12) Connect the Dots in the Deaf Community

Africa 70

This workshop will provide the attendees with an opportunity to learn linguistic minority population that is often under served. The presenter have over 30 years of experience in working with people who are Deaf, deaf-blind and hard of hearing. The presenter have a lived experience, stories and information that will help workshop attendees perform critical self-reflection and awareness by recognizing the challenges between the professionals and the consumer dynamics.

Objectives

1. Exposed to different language and communication challenges among this population.
2. Learn what prevent this group from receiving SUD/MH services.
3. Finds ways to collaboration and enhance between Deaf and hearing services.

Denise Johnson - BSW

13) Imagine If ... We Included Parents in Youth Crisis

Africa 40

Often, when youth are in crisis parents feel blamed, shamed, isolated, and ignored. Mental illness and substance use affects the entire family and services, including crisis services, need to include the entire family. When a youth is in crisis it is important to get a parent perspective, and meet parent and sibling needs while meeting the needs of the youth in crisis. One way to do this is to include a Certified Parent Peer Specialist (CPPS) on the Crisis Team to support the parents and family. This session will provide information about how a CPPS could be part of a Crisis Team for youth, and other ways to support parents and families during youth crisis.

Objectives

1. Identify the role a CPPS could have on a youth crisis team.
2. Describe ways to support parents during youth crisis.
3. Explain the reason it is important to include parent support in youth crisis response.

Michelle Uetz - M.Ed., CPPS, Owner/Director, Rocky Hill Parent Peer Specialists, River Falls, WI

Michelle Terrana - B.S., CPPS, Rocky Hill Parent Peer Specialists, River Falls, WI

14) The Dementia Dilemma

Virtual | Africa 10

This will be a solution-based discussion about how Dane County has worked towards resolving the challenges that have come following the Helen E.F. decision. We will share what we have learned and what we plan to do to try to better serve our citizens who are living with dementia. From the continuum of crisis to the coalitions that help us communicate better, what have we done? What can we do better?

Objectives

1. Learn about de-escalation in dementia care.
2. Learn about who is experiencing the crisis.
3. Learn about the macro vs. micro approach to solving this issue.

Joy Schmidt - BSW, Dane County Human Services

Beth Freeman - MSW, Dane County Human Services

Break
3 – 3:30 p.m.

Whova

- Event Announcements
- Personalized agenda, session details
- Speaker & attendee profiles
- Networking, meet-ups, messages
- Event documents
- Faster Check-in

How to join:

1. Scan the QR code and download Whova from the App Store or Google Play.
2. Sign in or create an account with the email you registered with.

Having trouble joining?
Search for our event and enter the invitation code: cvapfdwidO



Workshop Sessions 15 – 22
3:30 – 5 p.m.

15) Wisconsin's Initiative to Expand Provider Preparedness and Response to Refugee and Immigrant Crisis Needs

Africa 50

This workshop recognizes the motivation and inspiration of Providers in Health care, Mental Health, Education, Social Service, Safety, and Community Wellbeing to improve the care for refugee and immigrant clients. The Refugee Mental Health Initiative on Capacity Building (ReMHI-CB) is the State of Wisconsin's effort to meet this need.

Objectives

1. Participants will learn about the capacity building efforts developed by the presenters and how to engage with available programming and consultation services.
2. Participants will learn how to apply the guidelines in Crisis Now and the national guidelines for crisis care, in addition to implementing a best practice tool kit designed for service provision with refugee, immigrant, and other vulnerable populations.
3. Participants will hear testimonials from ethnic community organization leaders, as well as people with lived experience, sharing their testimonials on interfacing with crisis emergency services.

Sebastian Ssemplija - PhD

Savitri Tsering

16) Stigma and Mental Health in Rural Communities

Africa 30

This workshop will discuss the role of stigma in rural communities and the role it plays in help seeking behaviors. Various communities often overlooked will be reviewed, including but not limited to, the Latinx community, LGBTQ+, and the farming community. Additionally, a review of how stigma and services often differ depending on gender and age.

Objectives

1. Enhance awareness of how stigma impacts specific communities living in rural areas.
2. Approaches and best practices to use when working with rural communities.
3. Learn potential strategies for reducing this stigma and increasing help seeking behaviors.

William Hutter - PsyD, LMFT

17) CPS/CPPS/Recovery Coach Boundaries and Ethics Part 2

Africa 80

Peer providers are being utilized in many different settings and face many challenges to their adherence to ethical standards of evidence based peer support within crisis systems, agencies and individual practices. In these sessions, CPS/CPPS /RC will develop a deeper understanding of the importance of boundaries and how they assist in adherence to state mandated ethics in their practices and will practice advocacy skills needed to address ethical dilemmas they might encounter within those systems, agencies and in their professional practices.

Objectives

1. Participants will be able to define and understand the importance of boundaries.
2. Participants will review and understand the underpinnings of WI State mandated ethics.
3. Participants will leave better prepared to address ethical dilemmas in their professional practice.

Alyce Knowlton-Jablonski - ACPS, NCPST, NCRCT, NCWFT, NCSGFT

18) The Psychological Flexibility Model as a Framework for Crisis Intervention Training

Africa 40

Crisis Services Providers often utilize an eclectic mix of theoretical and philosophical components when training staff in crisis intervention. The Psychological Flexibility Model is a core component of Acceptance and Commitment Therapy Protocols (Hayes, 1982), and has been modified to fit a variety of unique populations and services. Participants will be introduced to the Psychological Flexibility Model based crisis intervention training developed by Foundation 2. Case conceptualization examples, and specific interventions will be demonstrated in this session. Relevance: Research shows that employees who feel competent in their work are more satisfied and thus more likely to stay in their job. Additionally, sans a few models (Robert's 7 stage, "3C") there are very few concrete models of crisis intervention, and even less that provide tangible skill sets and case conceptualization examples.

18) Continued

Objectives

1. Identify a framework for training crisis staff.
2. Outline necessary components (topics, duration, standards) of a crisis intervention training.
3. Recognize how to integrate the Psychological Flexibility Model into Crisis Intervention Training

Drew Martel - Chief Clinical and Training Officer at Foundation 2 Crisis Services, Licensed Independent Social Worker (Iowa - LCSW equivalent) Site Surveyor - American Association on Suicidology

19) Taking Care of Our Own

Africa 60

Starting with a discussion of suicide and depression warning signs, we examine the paradigm shift taking place within law enforcement and others in the "helping community" in which it is becoming increasingly OK to ask for help. Addressed are the topics of stigma, the "Suck it Up" attitude, the "I'm Fine" facade, and the myth that seeking help is a sign of weakness all culminating with one simple solution: TALK!

Objectives

1. Understand how Stigma is a barrier to seeking help.
2. Receive information on specific resources designed for First Responders to seek help.
3. Recognize Suicide and Depression warning signs.

Christ Prochut - Law Enforcement Suicide Prevention Trainer.

20) Improving the Crisis Continuum and Outcomes for Youth in Wisconsin

Virtual | Africa 10

This workshop will inform the audience of the challenges youth in Wisconsin face including data regarding youth mental health. We will discuss efforts being made to improve the crisis continuum for youth in Wisconsin and how it relates to the crisis now model (someone to talk to, someone to respond, somewhere to go). In collaboration with the regions selected for the Collaborative Crisis Intervention Services for Youth grant, we will inform the audience on what is available in each region for youth in crisis including the use of warm lines, access into the crisis system, and mobile and in home crisis intervention. We will also present on the Youth Crisis stabilization facilities including an overview of DHS 50 and information regarding the YCSFs in Wausau, Milwaukee and Ashland. We will discuss how these efforts have improved outcomes for youth in crisis in Wisconsin and what we hope to accomplish in the future.

Objectives

1. Gain better understanding of the crisis now model, specific for youth.
2. Learn more about the Collaborative Crisis Intervention Services for Youth grant and how that funding is improving the crisis continuum for youth in Wisconsin.
3. Develop a better understanding of DHS 50 and learn more about youth crisis stabilization facilities.

Elizabeth Rudy - Youth Crisis Coordinator

Kim Propp - Crisis Services Manager Jefferson County

Samuel Seefeld - M.S. LPC

Cheryl Millard - LCSW

Diana Williams

21) Lessons Learned from a Wisconsin-based Community Co-Responder Team

Africa 70

Law enforcement are often the first responders in a mental health or suicide crisis, but it has been widely recognized that this model may not be ideal for a variety of reasons, including potential escalation of the situation and further distress and potential harm for the individual in crisis. Other models, including a co-responder model which involves the pairing of a law enforcement officer with a trained mental health provider at the time of the immediate crisis response, have been proposed and implemented across the country. However, there is a lack of empirical evidence demonstrating the effectiveness of these co-responder models from the perspective of individual-level outcomes as well as outcomes related to cost effectiveness. Additionally, co-responder models vary widely in their implementation, making evaluation of their effectiveness difficult. The aim of this project is to pilot a co-responder model in one urban law enforcement agency in Wisconsin and to evaluate the various outcomes of this pilot. This pilot was developed in response to an increase in calls to law enforcement for mental health and suicide crisis within the community of focus and was implemented based on community-level evidence and input. This session will share data and lessons learned from this pilot work as well as plans for growth of this work.

Objectives

1. Understand how a co-responder team functions in a mental health or suicide crisis.
2. Detail the implementation of the Community Co-Responder Team in the Fox Valley.
3. Explore future steps for the work of the Community Co-Responder Team.

Sara Kohlbeck - PhD, MPH, Assistant Professor of Psychiatry and Behavioral Medicine, Director of the Division of Suicide Prevention, Medical College of Wisconsin, Milwaukee, WI

Sarah Bassing-Sutton - Community Suicide Prevention Coordinator, NEW Mental Health Connection, Appleton, WI

22) Holding on With Letting Go: Navigating Grief and Loss in Our Work

Virtual | Africa 20

We are collectively facing loss on a magnitude beyond precedent. In this interactive workshop, Leah will introduce ideas around grief, loss, and burnout drawn from the social-justice inspired framework of Vikki Reynolds and her peer-led team. We'll look at why discerning between tragic death and dignified death is so important to our sustainability in these times. And we'll explore the "Holding on with Letting Go" process, a meaningful way of metabolizing the losses we face in our lives and work.

Objectives

1. Differentiate between tragic death and death with dignity;
2. Discuss how grief, loss, and burnout are connected;
3. Describe what it means to "hold on with letting go" in our work.

Leah Harris - M.A.

Evening Social
Africa West | 5 – 6:30 p.m.
Evening Yoga with Julia Smith
Banyan | 7 – 8 p.m.

Friday • September 22, 2023
Day 2

Morning Yoga with Julia Smith
Guava | 6 – 6:45 a.m.
Check-In and Breakfast
Africa West | 7 – 8:30 a.m.

Workshop Sessions 23 – 29
8:30 – 10 a.m.

23) Youth Mental Health Crisis Resources Created with Lived Experts

Africa 60

The Wisconsin Office of Children's Mental Health has published a variety of resources for children, young adults, and parents to support their emotional well-being. In this session, learn about the Mental Health Crisis Card and the Handling a Mental Health Crisis handout, two resources created by people with lived experience and mental health clinicians. After an overview of the tools, engage in a flexible group conversation with some of the resource creators to identify how to implement and share the information with families across Wisconsin.

Objectives

1. Understand the purpose of the Mental Health Crisis Card and consider it's application in their daily life.
2. Understand the purpose of the Handling a Mental Health Crisis handout and consider it's application in their daily life.
3. Reflect on what additional resources or information could be useful in their community.

Andrea Turtenwald - M.A., Family Relations Coordinator, Wisconsin Office of Children's Mental Health

Nicki Krisko - BA, Young Adult Lived Experience Partner, Wisconsin Office of Children's Mental Health

Shimika Harris - Wisconsin Office of Children's Mental Health Lived Experience Partner

Kate Goedtel-Bennett - DSW, LCSW

24) Somatic Decompression for Crisis and Trauma Workers

Virtual | Africa 20

Working in Crisis and Trauma care is emotionally and physically taxing. Many times, we are not aware of how disconnected we are from ourselves after work. This session is experiential and will provide information about stress, compassion fatigue, and burnout while guiding participants through somatic mindfulness techniques and meditations, including modifications for different abilities and comfort levels.

Objectives

1. Participants will learn at least 3 ways they can quickly check in with themselves
2. Participants will be able to define 'compassion fatigue', 'burn out' and 'vicarious trauma'
3. Participants will be more able to identify their somatic reactions.

Cassandra Walker - Licensed Clinical Social Worker (LCSW),
Certified Clinical Trauma Professional (CCTP)



25) “Why is This Happening to Me?” Crisis and Meaning Making

Africa 40

Experiences labeled as crisis can happen due to many factors. Often crisis is only seen as a behavioral health issue needing a medicalized or psychiatric intervention. But what else might need to be addressed? What other frameworks might help a person understand and make meaning of their crisis? This workshop will introduce concepts and techniques from spirituality, trauma-informed approaches, and peer support models such as the Hearing Voices Network and Intentional Peer Support.

Objectives

1. Identify the medical model (disease model) of distress and how it impacts crisis response.
2. Explore other frameworks outside of the medical model for understanding and making meaning from crisis.
3. Learn how peer support approaches can be utilized in developing more culturally responsive, trauma informed approach to crisis.

Vic Welle - Peer Support Trainer

26) Effective Application of Behavioral Principles in Crisis Situations

Africa 30

Ongoing experience of crisis can be one of the most demoralizing aspects of life for clients. Similarly, responding to perpetual crisis and little or not tangible progress to reduce it is one of the leading contributors to clinician burnout and frustration. Understanding and framing client crisis in terms of behavioral principles of reinforcement, shaping, punishment and extinction can be a helpful way to approach crisis situations in order to coach and shape more effective behavior and reduce likelihood of ongoing or future crisis. Within this session, clinicians will learn basics of behavioral principles as well as a consideration for formulating robust behavioral management plans.

Objectives

1. Be able to define reinforcement.
2. Be able to explain shaping.
3. Explain an extinction or behavioral burst.

Lesley Chapin - Psy.D. Board Certified in Dialectical Behavior Therapy
by the Linehan Board of Certification, Vice President and Executive
Director of the Pauquette Center for Psychological Services

27) Who Cares About the Caregiver?

Africa 50

Promoting the mental well-being of our frontline health workers to foster a strong behavioral health workforce is identified as a top priority for addressing our national mental health crisis. Research has shown that mental health professionals are at an increased risk for caregiver burnout and secondary or vicarious trauma and are furthermore less likely to recognize these symptoms in themselves and/or seek help. This workshop will help participants to learn about ways to identify variables that may be impacting their mental health and focus on ideas to create a safe and inclusive culture to attract and maintain a diverse workforce. This interactive presentation will show participants how the Diversity, Equity, and Inclusion Committee at Winnebago Mental Health Institute, adapted the Safe Person program, first developed by the WISE Initiative for Stigma Elimination, to use a strengths-based approach to increase accessibility of 24/7 peer-to-peer support and connection for caregivers, to increase the quality of care they are able to provide and decrease the stigma surrounding reaching out for support.

Objectives

1. Learn and identify variables that can impact the quality of care provided by mental health professionals, ranging from burnout to vicarious trauma.
2. Explore the impact of creating a culture that reduces stigma and acknowledges that reaching out for support is a strength.
3. Be introduced to and practice evidence-based methods to connect with colleagues and clients in a supportive manner using strength-based approaches, by completing the Safe Person Training and learning the Seven Promises as developed by WISE Initiative for Stigma Elimination.

Michael Berge - BS, ADN, Nurse Clinician 2, Nursing Instructor,
Winnebago Mental Health Institute

Mary Beth Hendrickson - M.S., CCC-SLP

Penny Boileau - PhD

28) Gender Informed Treatment with Substance Use Disorders

Virtual | Africa 10

For decades, addiction research only examined drug and alcohol's effect on men as they were the only participants in years of studies. This initial, exclusionary, medical bias reflects some of the particular issues women have faced in addiction. In the 1990s, several U.S. organizations instituted requirements for the inclusion of women as study participants. Since that inclusion, researchers have discovered a number of differences in addiction between various gender identities. This workshop aims to highlight some of those differences.

Objectives

1. Better understanding of differences across genders.
2. How substance usage changes across genders and substances.
3. Strategies for clinical and non-clinical members.

William Hutter - PsyD, LMFT

29) Northwoods COPE Coalition Building Healthy Connections Where We Live and Work to Break the Walls of Stigma and Reduce Suicides

Africa 70

Heidi and Jordyn will share how their Mental Health and Suicide Prevention Subcommittee for COPE coalition establishes goals and initiatives to prevent suicides and break stigma around mental health each year in Forest, Oneida, and Vilas counties. They will share their current and past work plans, discuss companies they have partnered with to make these initiatives possible, along with connections through media, and community to bring awareness to a topic that has so much taboo.

This session will provide the opportunity for others to share initiatives/strategies they have completed in their community to assist in Wisconsin's goal of zero suicide. To mirror the theme of the national guidelines for behavioral health crisis tool kit "anyone, anywhere and anytime," we will show you how our team met the person in need where they live, work, and play.

These locations include coffee shops, tavern/restaurants, pizza locations, gun shops, etc.

Objectives

1. Be able to identify ways to break mental health stigma in their community through county initiatives.
2. Learn resources and strategies within their state, county, and nationally that can help to prevent a suicide.
3. Learn the planning process to rolling out a prevention plan/initiative within their community and how to gain buy in from other business's and organizations

Heidi Pritzl - MSW, LCSW, QPR Master Trainer, Co-lead for the Tri-County COPE Coalition, and Psychotherapist for Aspirus Koller Behavioral Health

Adam Nowak - BA, Lakeland Consortium School District Project AWARE-Mental Health Coordinator

Break
10 – 10:30 a.m.

Closing Keynote
10:30 – 11:30 a.m.

Community Solutions for Communities and Individuals in Crisis

Virtual | Africa West

Suicide and other mental health crises have been issues across the United States for decades. However, our understandings of trauma, the body and the roles of various community stakeholders has evolved. The rights and agency of people experiences emergencies is also evolving. This talk will discuss why community is vital in preventing and managing crises and how we can improve crisis prevention, response, and care by involving and building communities of care.

Objectives

1. Audience will be able to critically consider the roles of various stakeholders in crisis prevention, response, and care.
2. Audience will gain information about crisis care, response, and prevention methods which honor the agency of the persons in crisis.
3. Audience will be able to name at least 2 ways communities and natural supports can be involved in crisis response, care, or prevention

Cassandra Walker - Licensed Clinical Social Worker (LCSW), Certified Clinical Trauma Professional (CTTP)

Closing Remarks with Will Hutter
Africa West | 11:30 – 11:45 a.m.

Whova

- Event Announcements
- Personalized agenda, session details
- Speaker & attendee profiles
- Networking, meet-ups, messages
- Event documents
- Faster Check-in

How to join:

1. Scan the QR code and download Whova from the App Store or Google Play.
2. Sign in or create an account with the email you registered with.

Having trouble joining?
Search for our event and enter the invitation code: cvapfdwid0





Morning Keynote | 9/21/2023 | 8:15 a.m. – 9:45 a.m.
**The Delicate Art of Uncovering Suicidal Ideation:
 The Chronological Assessment of Suicide Events**
 (the CASE Approach)

Shawn Shea – MD, Director, Training Institute for Suicide Assessment & Clinical Interviewing (TISA)

Shawn Christopher Shea, M.D., is the Director of the Training Institute for Suicide Assessment and Clinical Interviewing (TISA) and is the author of eight books and numerous articles in the fields of clinical interviewing, suicide assessment, creating resiliency, and rapidly enhancing the therapeutic alliance. Dr. Shea has given over 850 workshops worldwide, having been a frequent presenter at venues such as the Annual Meetings of the American Association of Suicidology and of the American Psychiatric

Association as well as the Cape Cod Symposium, the Door County Summer Institute, the Santa Fe Symposium, and the Muskoka Summer Seminar Series from McMaster University.

Dr. Shea is the creator of the internationally utilized Chronological Assessment of Suicide Events (CASE Approach). His text *Psychiatric Interviewing: The Art of Understanding*, 3rd Edition was chosen by the British Medical Association as the 2017 Book of the Year in Psychiatry. And his book *The Practical Art of Suicide Assessment* is viewed as a classic in the field of suicide prevention.



Afternoon Keynote | 9/21/2023 | 12:15 p.m. – 1:15 p.m.
**Beyond Self Care: A Revolutionary Approach
 for Preventing Burnout**

Leah Harris – M.A.

Leah Harris, M.A. (they/she) is a neurodivergent writer, facilitator, and advocate.

For the last twenty years, they have worked to help shift how we understand and respond to mental health crisis and suicide from a trauma-informed, harm-reduction, and social justice lens. Leah has served on the National Suicide Prevention Lifeline's Lived Experience Subcommittee and on Virginia's statewide 988 planning council.

Leah's writing has been published in *The Progressive*, the *Milwaukee Journal-Sentinel*, *Passengers Journal*, and in the anthology *We've Been too Patient: Voices from Radical Mental Health*. They live on Manahoac land, aka Northern Virginia, with their teen son.



Closing Keynote | 9/22/2023 | 10:30 a.m. – 11:30 a.m.
**Community Solutions for Communities
 and Individuals in Crisis**

Cassandra (Cassie) Walker - Licensed Clinical Social Worker (LCSW), Certified Clinical Trauma Professional (CCTP)

Cassandra (Cassie) Walker, LCSW, CCTP is a Black Queer Social Worker, Trauma Therapist, Writer, Gamer, and Activist. They are the owner of their practice, Intersections Center for Complex Healing, PLLC, a Clinical Program Manager for Take This, and a member of the Clinical Oversight Committee for Hope for The Day.

They are a liberatory and decolonial healer and are a Certified Clinical Trauma Professional, a Certified NARM Therapist, and Certified in Hypnotherapy and NLP. Cassie presents on a diverse array of intersectional topics related to race, gender, sexuality, relationships, gaming, mental wellness, trauma, workplace culture, and social justice. Cassie provides therapy to adults, relationships, and groups.

Notes

This image shows a full page of blank, lined paper. It features approximately 28 horizontal blue lines spaced evenly across the page, typical of standard notebook paper. The lines are thin and light blue, set against a plain white background. There are no margins, text, or other markings on the page.

Conference Evaluations

A link to evaluate the conference will be posted on Whova on Friday, September 22, 2023.
This link will also be emailed to all participants.

Continuing Education Hours

Continuing Education Hours are a measure of participation in continuing education programs. The 2023 Crisis Intervention Conference has been approved for a maximum total of 9.5 Continuing Education Hours by the National Association of Social Workers, Wisconsin Chapter. To receive your personalized, printable Certificate of Continuing Education Hours, please follow the link posted in Whova on Friday, September 22, 2023. This link will also be emailed to all participants. Individuals should consult with their professional association and/or licensing board regarding the applicability of the conference for their profession. It is the individual's responsibility to report CEHs earned to their appropriate credential or licensing board.



"Thank YOU!"

Conference Planning Committee

- Dr. Will Hutter, Co-Chair
- Ashley Williams, Co-Chair
- Liz Bartz
- Heidi Disher
- Tracy Faust
- Alyce Knowlton-Jablonski
- Evonne Kundert
- Jeff Lewis
- Mary Jo Oliver
- Nancy Pierce
- Stacy Rohleder
- Leah Rolando
- Elizabeth Rudy
- Debi Traeder
- Jenna Suleski
- Cartoon Vue

Conference Exhibitors

- Back Pocket
- Community Medical Services
- DHS
- Exodus House Transitional Care Facility
- Granite Hills Hospital
- Great Lakes Dryhooch Inc
- Inclusa
- Marshfield Clinic
- NAMI Wisconsin
- Northwest Connections
- Ottawa University
- Pauquette Center for Psychological Services
- REDI Transports
- Rogers Behavioral Health
- SOAR Case Management, Inc.
- Tellurian Mental Health
- University of Wisconsin – Green Bay Behavioral Health Training Partnership
- Viterbo University
- WHA Information Center
- William S. Middleton Memorial Veterans Hospital
- Wisconsin Lifeline - Family Services
- Wisconsin Poison Center

Thank you to our Sponsors!

