

**Circles of Life Conference**

Celebrating 40 years of supporting families!



# **Overcoming Barriers - Engaged, Involved & Ready**



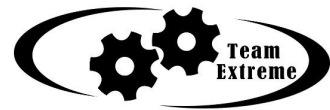
**Brian Kenney - Team Extreme LLC**

# The Power of Positive Thinking



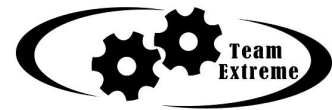
**Sometimes we sit in comfort and  
it is hard to be fully engaged  
when we do that.**

## **Activity # 1 - Pool Noodle Launch**



**Get involved. Parent engagement  
is so powerful and important.  
Bring positive energy.**

## **Activity # 2 - Energy Stick**



Learn that we are all flawed and we  
do not need to be repaired - stop  
trying to fix YOU instead be YOU

*Be authentic. Be  
genuine. Be real. Be  
yourself.*

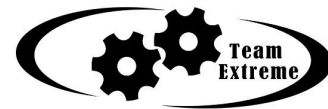


# SHARE A STORY - THE CRACKED POT



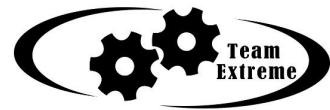
**Learn to support others to write their own story  
and be the HERO in it.**

**Every person is amazing and full of life & passion**



**Be Ready. Things Are Gonna  
Change. You need to believe and  
be focused.**

## **Activity # 3 - Focus Wheel**







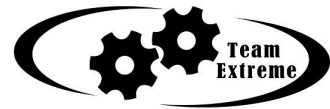
**Navigating the unknown takes both  
confidence & trust. Facing fears is  
self advocacy at it's best.**

## **Activity # 4 - Rat Trap Demonstration**



**Wisconsin has amazing transition resources. Our state does a great job with transition.**

**WI Transition Resources**

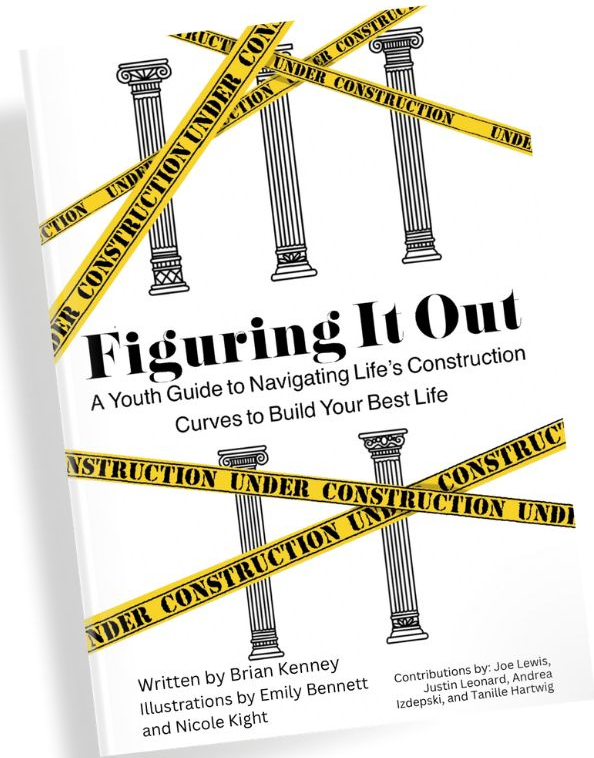


TO ORDER YOUR COPY OF  
"FIGURING IT OUT"

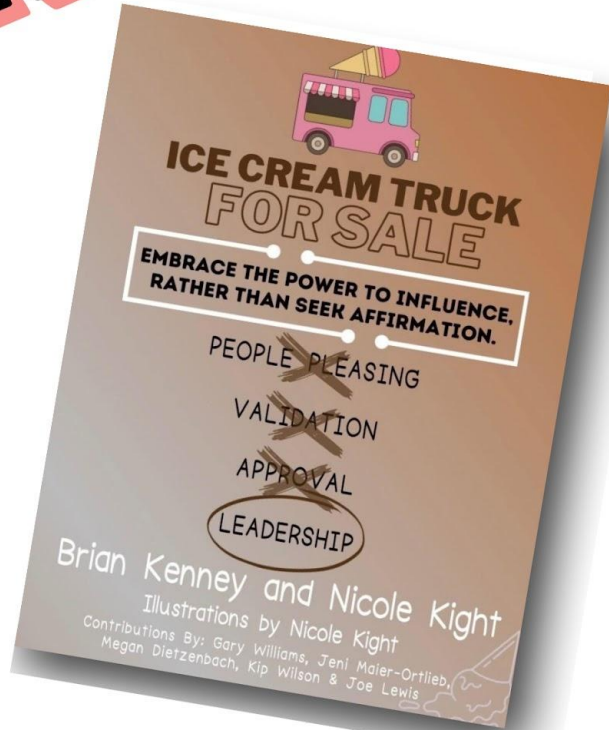
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*Thank You*

