# Is College Right for You?





### **Life & Career Studies**







# LIFE AND CAREER STUDIES

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# **Academics / Employment**

- 96+ <u>audited</u> credits
  - 12 cr. / semester or full-time status
- 6 cr. of Life Skills coursework / semester (48 cr. Total)
  - Cooking, Buying and Wellness
  - Personal Finance
  - Relationships or Interpersonal Skills
  - Recreation and Leisure
- ~24 cr. Inclusive Academics
  - Academic Certificates (12-14 cr.)
  - General Ed Requirements (6 cr.)
- ~24 cr. Cooperative Education / Experiential
  - Work experiences paired with learning opportunities
  - Progressive coursework

- Employment Skills
- Mental Health and Self-Care
- Community Living Housing
- Safety
- Electives
- Academic Coaches & Study Halls



# **Campus Life**

#### Full inclusion in all aspects of campus life

- Clubs and Organizations
  - o History club, Badminton club, Alphabet Soup, Pawsitism, Student Government
- Fall Play and Spring Musical
  - THE 120 Stagecraft
- Greek Life
- Athletic "managers"
- Convocation
  - Speakers, Info sessions, special events
- Involvement fairs, Career fairs

- Athletic Events
- Homecoming
- Muskie Extravaganza
- Intramural sports
- Dances, DJs and Taco Trucks

(Except NCAA III Sports and Study Abroad)

- E-Sports
- Mental Health events



# Housing

#### Grosshuesch Hall

- Single (with ADA Housing accommodation)
- Double (usually with a trad student as roommate)
- All first-year students
- Any upper students still needing closer support

#### Brotz Hall

Pod style with trad students

#### Apartments

- Housing fees restructured to mimic landlord/tenant relationship
- Peer support roommates available (extra fee)
- Graduate Assistants on same floor in Grossh
- Peer Supports for DLS







## **Admission Criteria**

- 18-25 at time of admission
- Completed high school (DPI recognized alternative diplomas accepted)
- Willing to "Put in the WORK"
  - Motivated and committed to attending college classes, completing programming and increasing independent living skills.
- Able to follow Lakeland's Code of Conduct
- Able to manage Hygiene, Diet and Medications with "prompting" level of support
- Capacity to work semi-independently and productively for 90 min (like during class)

#### **Program needs:**

- Understands basic personal safety and has basic money management skills
- · Reading and writing skills to respond to teams chats



## **Finances**

- TOTAL: \$30,636
  - Program Fee: \$17,000
  - General Fee \$1,070
  - Student Activity Fee: \$426
  - Room (Grosshuesch Hall, Double Occupancy): \$5,690
  - Board (Muskie Meal Plan): \$6,450

\*Does not include application fee, deposits, textbook or other expenses.

#### Add-On Services:

- Transportation beyond weekly errand run or shuttle availability
- Medication (dispenser with app support or direct passing)
- Peer Coach as Roommate
- Degree-Seeking students have different fee structure

#### **Financial Support**

 IRIS – billing \$6K-\$7000 / semester in Daily Living Skills Training

\*First-year students

 Scholarships for Sheboygan Co. Residents





Sara Athorp

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## **Academics/Employment**

- Specialized classwork in the LIFE classroom for functional skills self-advocacy, daily living, safety, functional academics, etc.
- One university class at a time in an area of interest ex: Bowling, Badminton, Intro to Special Education, Ecology and Society
- Students are structured 9:00-4:00 M-F, individualized based specific student goals and needs
- Students volunteer on campus in Year 2 and find paid employment (with support) in Years 3-4
- Includes collaborations with the special education preservice teachers and speech and language pathology graduate students to provide additional one-to-one or small group instruction



## **Campus Life**

- Many student organizations to build peer connections
- Dining Plans with many on-campus dining options
- Many events to keep folks engaged during the week
   sports, the Down Under, Jitters, and UC Live





## Housing

- Years 1 & 2 Tutt Hall
  - Roommate who is in the LIFE Program
  - ILAs living on the floor to provide wrap-around supports
  - Active dorm with lots of engagement
- Years 3 & 4 Apartment
  - All LIFE students in the same building when possible
  - Individual bedrooms with peers in the same apartment



# Prerequisites

## **Needs:**

- No significant challenging behaviors
- Independence with hygiene routine and meds - we prompt but we do not provide physical supports
- Interest in being in college
- Some employment or volunteer experience

## **Nice to Have:**

- Self-regulation skills (independent)
- Strategy for password management
- Using a debit card and bank app
- Prepping simple snacks
- Managing sleep routine







- 2-year academic certificate, optional 3<sup>rd</sup> year focused on employment/independent living
- Hesed curriculum is focused on independent living, vocational skills, and social engagement
- Additional university classes for audit in chosen concentration area and follow standard university schedule
- Earn an academic badge credential to demonstrate skills in a concentration area
- Development of self-determination and self-advocacy to increase autonomy
- Internships & Jobs are coordinated to student's concentration area both on and off campus
- Vocational skills focus on resume building, employment search, professional standards, and interview skills



## Campus Life

- ❖Daily chapel
- 40+ student organizations, 30 athletic teams
- On-campus activities supporting mind, body, and spirit
- Off-campus events and trips
- Community activities and volunteer opportunities



## Housing

- Residential format is recommended for fully inclusive experience.
- Dedicated Resident Assistants for Hesed students living on campus.
- Chemnitz Hall Suite style living. Each suite is 3 double rooms with a shared shower room and 2 bathrooms.
- Resident hall activities including evening study lab, social engagement, and meals.
- Meal plans offer a variety of options including Starbucks and sub-shop.
- Non-residential format is available! Come for classes, community and internship.



## **Prerequisites**

- Diagnosed intellectual or developmental disability
- Independent medication management
- Sufficient comfort with dorm life and college schedule
- High school diploma or certificate of completion
- Goal of living and working independently in the community





## Financial Breakdown



### **Hesed Transition Program Tuition**

Concordia University of Wisconsin Mequon 25-26 AY

	Annual Costs Per Year
Overall Tuition based on current Concordia University full-time student	\$36,000
Room and Board	\$13,660
Fees - CUW	\$535
TOTAL	\$50, 195



# Academics & Employment

#### COE Accreditation

- 70% Employment rate in the field of study
- Full school year of occupational experience
- Graduate with portfolio and job search training

- Four Pillars of Academics
  - Job Readiness
  - Life Skills
  - Personal Development
  - Faith Journey



## **Campus Life**

- Nursing
  - Medication prep and passing
- 24hr Staffing
- Sports
- Outings/Activities
- Church/Bible Studies







## **Three Step Housing Progression**

Dorms

Halls and Homes

Apartments

Housing at Shepherds College









## **Prerequisites**

- Have a diagnosed intellectual/development al disability or significant learning challenges
- Perform daily hygiene routines independently, relying on, at most, verbal prompts or reminders from staff
- Be motivated and have an eagerness to learn

- Ability to Participate in classroom lessons with accommodation and support within a 7:1 staff-to-student ratio
- Do not have a history of unsafe or aggressive behaviors within the past 2 years



Tuition	\$29,000
Student Support	\$24,500
Room and Board	\$10,500
Cost to Attend	\$64,900

### **Finances**

#### **Funding Assistance**

- Social Security Income (SSI)
- Medicate Waiver Programs
  - Managed Care Organizations (MCO's)
  - I Respect I Select (IRIS) Shepherds College
- VocationalRehabilitations Funds
- External Scholarship Awards
  - Shepherds CollegeFoundation Scholarships

**UW-WHITEWATER** 



# Sara Athorp UWW LIFE Program

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