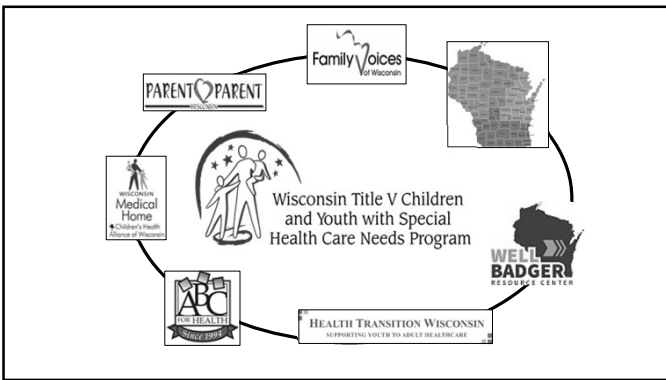


C.A.R.E.: A Medical Home Series for Families

Caring for the Whole Family
Assemble a Care Notebook
Request a Shared Plan of Care
Explore Care Mapping

1



2

Western
800-400-3678

Northern
866-640-4106

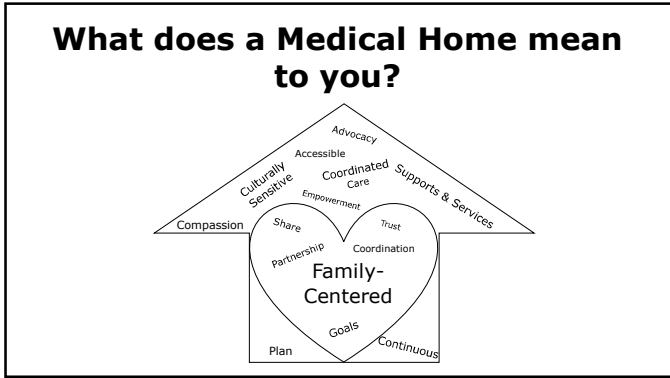
Northeast
877-568-5205

Southern
800-532-3321

Southeast
800-234-5437

Contact us!

3



4

Caring for the Whole Family:

Tips and guidance from parents for parents of children with special health care needs or disabilities

Family photos illustrating care for children with special health care needs.

5

Requesting a Shared Plan of Care

Requesting a Shared Plan of Care

6

As a result of participating today you will

- ✓ Understand what a shared plan of care is
- ✓ Understand how your child may benefit from one - how it can help you!
- ✓ Work with your provider to develop a shared plan care
- ✓ Learn ways to develop goals for your child and family
- ✓ Learn how you can share your child's shared plan of care

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What is a Shared Plan of Care (SPoC)?

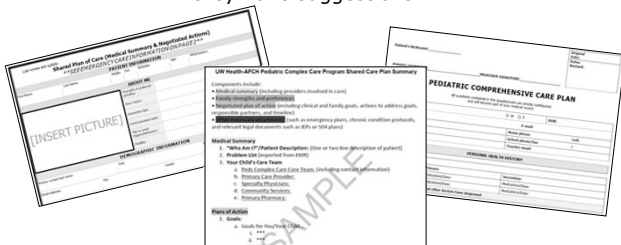
A shared plan of care is a *tool for communication*. It contains information about your child:

- Your child's medical summary
- Information about your family and other important people in your child's life
- Goals and plans to achieve them
- What to do in an emergency (action or emergency plan)
- You can share it!

8

Many Formats Available

Find one that works for you and your family. Ask your doctor if they have suggestions.



9

Sample

Last review and update:

Shared Plan of Care (Medical Summary & Negotiated Actions)
SEE EMERGENCY CARE INFORMATION ON PAGE 2

PATIENT INFORMATION

First Name:	Last Name:	Middle:	Sex:	Birthdate:	Age:	MRN/Custom:
-------------	------------	---------	------	------------	------	-------------

ABOUT ME

<div style="border: 1px solid gray; padding: 5px; width: 100px; height: 40px; margin-bottom: 5px;">[INSERT PICTURE]</div> <p style="font-size: x-small;">Strengths & preferred activities:</p> <p style="font-size: x-small;">Hear I learn:</p> <p style="font-size: x-small;">Instruction type:</p> <p style="font-size: x-small;">Communication style:</p> <p style="font-size: x-small;">Top to avoid:</p> <p style="font-size: x-small;">Hypersensitivities:</p> <p style="font-size: x-small;">Hobbies:</p>	
--	--

DEMOGRAPHIC INFORMATION

Primary contact last name:	First:	Relationship to patient:
Street Address:	City:	Country:
	State:	Zip:

Share sample: <https://www.chawisconsin.org/download/sample-spoc-indiana-riley-childrens-hospital/>

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So Many Plans

<p style="text-align: center;">Shared Plan of Care (SPoC)</p> <p>A comprehensive compiling of the information needed to support coordination of care for the multiple needs of an individual child or youth, and his or her family.</p>	<p>A Plan for your child based on Goals.</p>	<p style="text-align: center;">CLTS Waiver Individual Service Plan (ISP)</p> <p>A comprehensive summary of a child's or youth's supports and services and contains individually identified goals, outcomes, and preferences.</p>
--	---	---

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Last review and update:

Plan of Care: Negotiated Actions

Prioritized Goals	Action Items/Strategies (The reach/short term goals)	Person responsible	Resourced (Costs)
Family Personal Goals & Priorities			<input type="checkbox"/> Completed <input type="checkbox"/> On progress <input type="checkbox"/> On hold <input type="checkbox"/> Ongoing <input type="checkbox"/> On progress <input type="checkbox"/> On hold <input type="checkbox"/> Ongoing <input type="checkbox"/> On progress <input type="checkbox"/> On hold <input type="checkbox"/> Ongoing
Collaboration with/required from primary care and community			<input type="checkbox"/> Completed <input type="checkbox"/> On progress <input type="checkbox"/> On hold <input type="checkbox"/> Ongoing
Clinical Goals & Priorities			<input type="checkbox"/> Completed <input type="checkbox"/> On progress <input type="checkbox"/> On hold <input type="checkbox"/> Ongoing
Collaboration with/required from primary care and community			<input type="checkbox"/> Completed <input type="checkbox"/> On progress <input type="checkbox"/> On hold <input type="checkbox"/> Ongoing
Pending/Late/Future Goals			
Family Signatures:		Clinician Signatures:	Care Coordinator Signatures:

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Goal Cards for Families

- 5 Categories of Cards
 - Communication
 - Community, Social and School
 - Home and Family
 - Independence
 - Medical and Health
- Available in English
https://healthtransitionwi.org/wp-content/uploads/sites/178/2020/05/Goal-Cards-for-Families_final.pdf
- Available in Spanish
<https://healthtransitionwi.org/wp-content/uploads/sites/178/2020/05/Goal-Cards-for-Families-Spanish.pdf>

Have others listen and understand me



Experience my community



Have someone help find and coordinate community services



Be more independent




Access more therapy opportunities




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Goals


The SPoC includes a section for including your child's medical and non-medical goals




Play more




More accessible home



Fewer appointments



Sleep better



More Independence

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Common Questions

- Is this different than an "after visit summary" (or AVS) you receive after a doctor's appt?
- My child has multiple care plans; is this different? How?
- Why is this important and how can it benefit our family? [see next slides]

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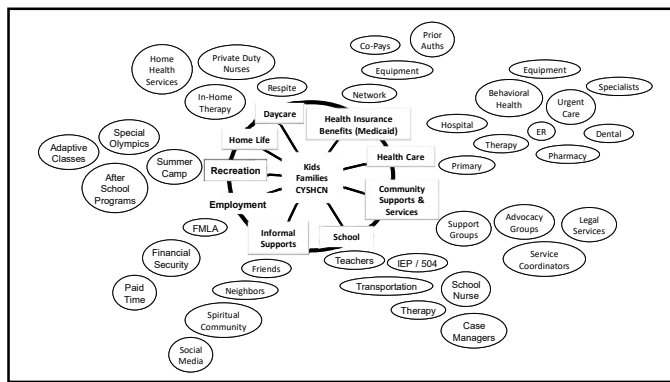
Why is a SPoC Important?

Communicating with a lot of other people and teams can be hard!

A SPoC can help!



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What are the benefits?

- One set of information to keep everyone on the same page
- Share with others (schools, therapists, long-term support)
- Place your child's SPoC and care map in a care notebook
- Keeps you from having to tell your story over and over!
- Highlights your goals and preferences to keep the "big picture" in mind

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Comments on the use of a SPoC from families

It has helped my teenage daughter understand her disease and care better and begin to take more responsibility as she transitions to adult care.

We have shared with our local EMT team for their knowledge in helping us...

It's a good tool to send to camps.

I share with school and other therapists outside of the clinic.

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Comments on the use of SPoCs from medical providers

Increased communication and identified coordinating needs and services.

Helps to keep everyone up to date and involved in the child's current situation. It eliminates the need for lengthy conversations / explanations.

Extremely helpful in getting to know our patients and their families on a more personal level.

It has helped to guide conversations with families and identify what is most important to them.

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How do I request a SPoC?

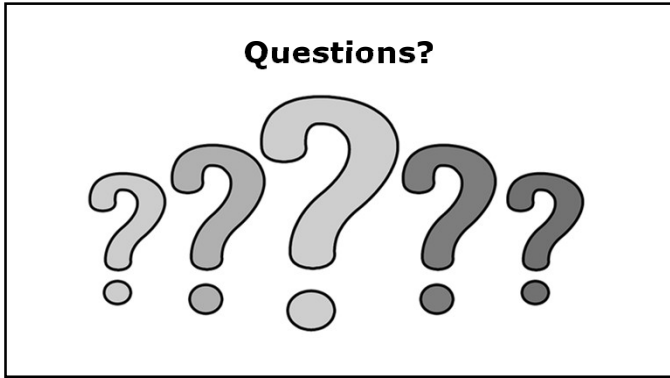
Talk to your primary care provider or specialist

- Show a sample to your provider
- Start to fill one out and bring it with you
- Ask your doctor if they have care plans available. Some may have in the electronic medical record system

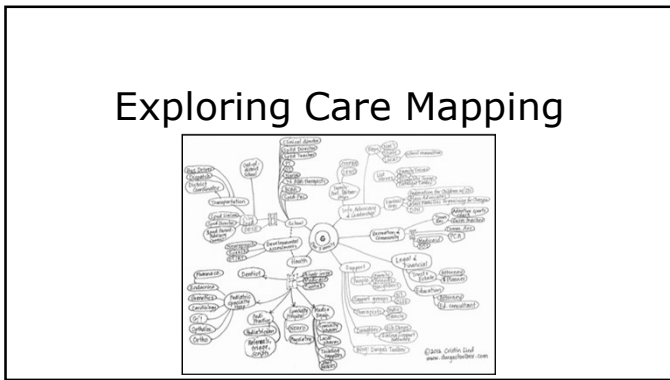
What if my child's provider doesn't think it's necessary or says the after visit summary (AVS) is a shared plan of care?

There are differences, emphasize how it may benefit your child, that you feel it will be helpful!

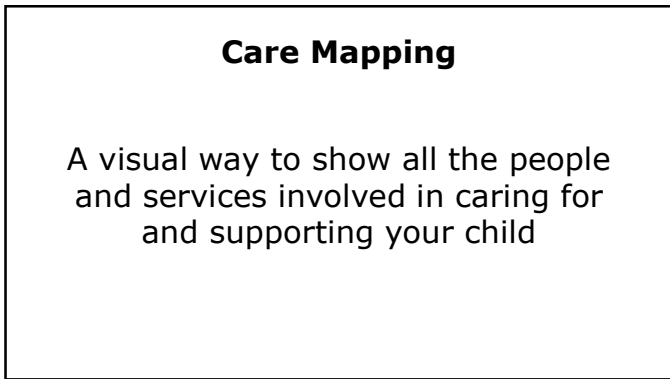
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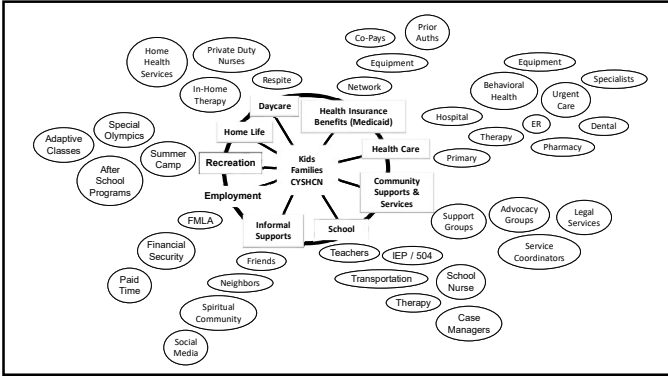
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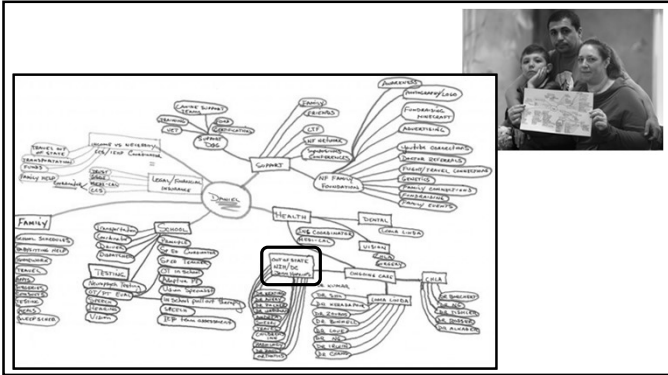
23



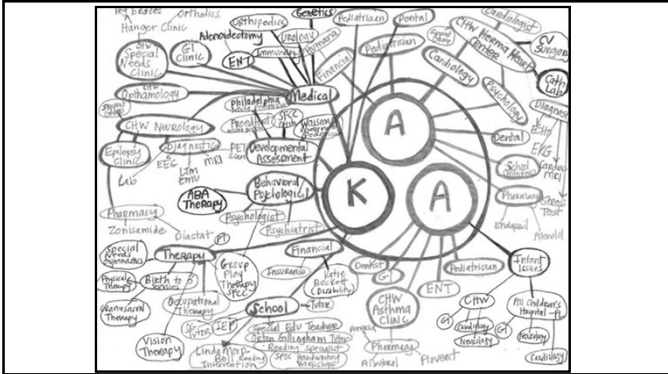
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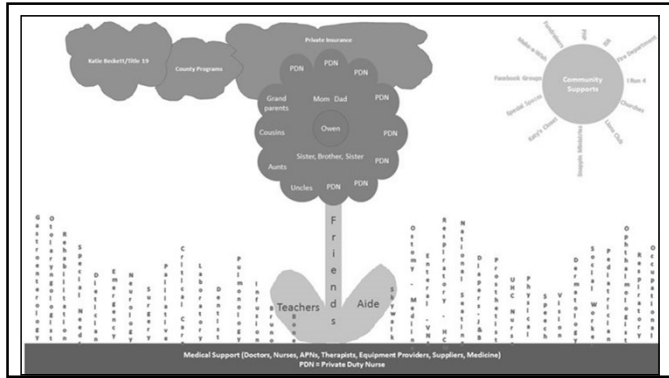
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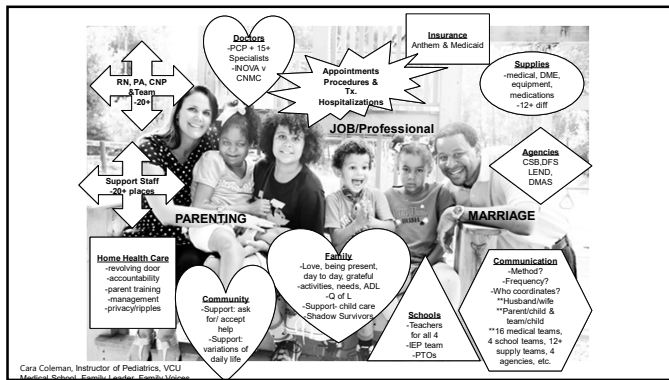
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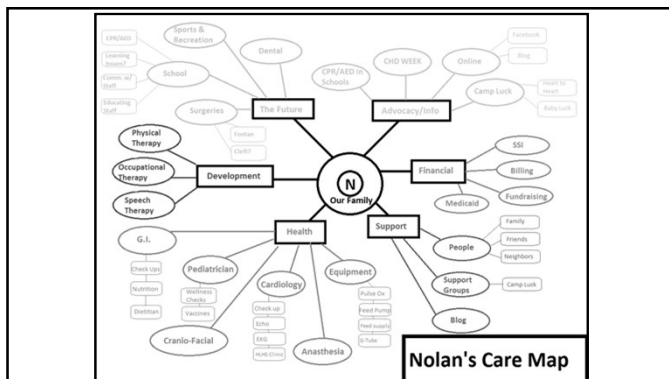
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29

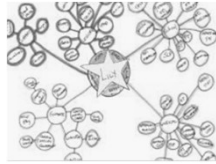


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Questions.....?










What could you use a care map for?

Other parents have said



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Care Map Categories to Consider

Important Family Members Immediate family Extended family Friends like family 	Recreation/Community/Social Special Olympics After School Program/Clubs Adaptive Classes Summer Camps Hippo Therapy 	Legal/Financial Trust/Estate Attorney Economic Services Social Security Employment 
Health Doctors Insurance/Medicaid Dentist Hospital Pharmacy/Medications Specialists OT/PT/Speech Equipment 	Education School Transportation Special Education Regular Education School District Nurse Case Manager Lunch / Recess 	Home Care Respite Private Duty Nurse Personal Care Worker Home Health Services Guide Dog Child Care Vacation 
Social Services Case Manager Programs WIC Birth to Three Early Intervention Waiver Programs 	Advocacy and Information Children & Youth with Special Health Care Needs ABC for Health Family Voices of WI Representatives – local, state, national 	Support Spiritual Community Parent to Parent Parent Support Groups SIBShops Blogs 

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Think about what you might want to put on your care map

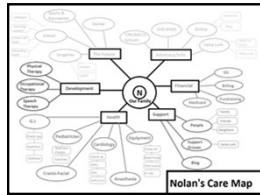


START YOUR CARE MAP.....

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Care Mapping Tips:

- **Make your map:** Use the Categories (ideas from previous slide)
- **Share it:** Consider who (primary doctor, home health, school, other agencies)
 - ☐ Take a picture, carry it with you
- **Update as needed:** It's a 'living' document



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Questions?



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Want to Learn More?

- Coordinating Your Child's Health Care
<https://familyvoiceswi.org/learn/coordinating-your-childs-health-care/>
- Wisconsin Medical Home Initiative:
<https://www.chawisconsin.org/initiatives/medical-home/>
- Regional Centers for CYSHCN:
<https://www.dhs.wisconsin.gov/cyshcn/regionalcenters.htm>
- National Resource Center for Patient/Family-Centered Medical Home: <https://medicalhomeinfo.aap.org/tools-resources/Pages/For-Families.aspx>

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