



ABOUT US

Our Mission is to promote, support, and expand quality, statewide respite care across the lifespan.



- **Promote** by initiating, sponsoring, and promoting educational programs, collaborating with other subject matter experts to increase outreach and opportunities for respite providers and primary caregivers.
- **Support** through the utilization of our Respite Care Certification Program & Wisconsin Respite Care Registry, Caregiver Respite Grant Program, Group Respite Grant program, CORE Grant Program, and our Supplemental Respite Grant Program.
- **Expand** the pool of quality, trained respite care providers, and connect them to primary caregivers, in need of respite via the Wisconsin Respite Care Registry.
- **Lifespan** – regardless of age, ranging from birth to end of life.

STAY CONNECTED

Webinar Wednesdays

Register today for this 60-minute informative webinar regarding respite care in Wisconsin!

RCAW staff will summarize how their programs, grants, FREE online training, and resources can maximize other primary caregiver support programs. Each month, Webinar Wednesday will also host guest speakers who are subject-matter experts to educate viewers on various respite related topics.

Two Minute Tip Tuesdays

Twice a month, Respite Care Association of Wisconsin publishes a short video with helpful tips, tricks, or information.

Two Minute Tip Tuesday is a video series published on the RCAW YouTube page. These short videos share tips and tricks that can help respite providers, family caregivers, or anyone else supporting individuals with disabilities across the lifespan.

Monthly Minis

Each month Respite Care Association of Wisconsin releases a FREE mini online training.

Monthly Mini-Courses are short courses (30 minutes) that cover a variety of topics that might be geared for either family caregivers, respite providers, or both. These courses may focus on children, adult, elderly, or lifespan topics.

Mindfulness Mondays

Facilitated by a certified yoga & meditation instructor 1st & 3rd Monday each month from 9:00 am – 9:30 am. The 30 minutes will consist of 20 minutes of mindfulness with 10 minutes of participant sharing.

If you would like to receive updates on conferences, trainings, or respite care related information visit our website at **respitecarewi.org** and join our mailing list!



Follow us on Facebook at **facebook.com/respitecarewi** to stay up to date on all news and opportunities from Respite Care Association of Wisconsin.