

# Self-Directed Services



## What is self-direction?

Self-direction is all about your choices: you decide who provides your care, you set your schedule, you show people how you want to be cared for, and you manage your budget.

- Hire people you trust – friends and family can provide your care
- Choose the services you direct – you decide how many or how few services you manage
- Your care team will support you – they're here to help with questions or if you want to change your plan

# Learn more online!

[www.mychoicewi.org/self-directed-supports](http://www.mychoicewi.org/self-directed-supports)

## What kinds of services can I self-direct?

- Personal cares – bathing and dressing
- Employment support – your job coach, work transportation
- Chores – grocery shopping, laundry, lawn care

## I'm Interested! What's Next?

- Not a member of Family Care or Partnership? Contact your local ADRC to learn more about the programs.
- If you are already a member of My Choice Wisconsin, Family Care or Partnership, talk to your care team to get started!
- You can change your plan at any time.

## Contact

Toll-Free: 800-963-0035

TTY Relay 711

[www.mychoicewi.org](http://www.mychoicewi.org)

*Interpreter and translation services are available free of charge. This document may be available in other forms upon request. If you have special needs, please call 1-800-963-0035 for help. Equal Opportunity Employer.*