# **COMMUNITY ENGAGEMENT**

Covey

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# ENRICHING LIVES THROUGH COMMUNITY ENGAGEMENT

Community engagement is a key part of our mission at Covey. When all individuals are able to fully participate in the community, everyone's lives are enriched. Covey builds strong relationships in our community through volunteerism and fun outings that support our local businesses. Through our Community Engagement program, Covey clients create meaningful connections and develop important social skills.

We offer group or 1:1 activities, as well as in-person and virtual life-enriching programs. To learn more about Covey's Community Engagement program, contact us at info@covey.org!

# **COVEY CONNECTS**

Have you heard about our exciting virtual program? *Covey Connects* is a series of classes taught by friendly, knowledgeable, and engaging instructors who are experts in diverse subject matters. Participants broaden their horizons through experiences such as:

- Internet Safety
- Art & Music
- Fishing
- Gardening
- · Cooking & Baking
- · Gaming, and more!

With Covey Connects, individuals discover new creative outlets and build friendships through common interests—all in the comfort of their own home. If you would like to participate or become an instructor, please get in touch with us.

#### **COVEY VOLUNTEERS**

Building an inclusive community starts with volunteerism. We love to give back to our supportive community by volunteering at local businesses. We currently share our time and talents with:

- Animal shelters
- Thrift stores
- Assisted living facilities
- Hospitals
- And more!

Through our Covey Volunteers program, individuals build relationships, confidence, and social skills that empower them on their journey to personal growth. We're always excited to learn about new opportunities. If you have a volunteer opportunity in mind, let us know!

## **ICAN SHINE BIKE CAMP**

Learning to ride a bicycle can be a life-changing experience. Unfortunately, research shows that over 80% of people with Autism and 90% of people with Down Syndrome never achieve this milestone. With Covey's iCan Shine bike program, individuals with intellectual and developmental disabilities learn how to ride a two-wheel bicycle over the course of one week. By learning how to ride a bike, individuals build confidence, achieve greater independence, and are able to better engage with their friends and family.

The iCan Shine bike camp is one of our most anticipated annual events. Follow us on Facebook for updates!

# Covey Volunteers

Pssst! We're always in need of enthusiastic and compassionate volunteers at Covey, too! If you are looking for a meaningful volunteer experience that will enable you to further engage with your community and help individuals with disabilities, let's connect!

