

Continuing Education University of Wisconsin-Stevens Point

Winter/Spring Catalog 2022



DISCOVER YOUR PURPOSE



STEVENS POINT • MARSHFIELD • WAUSAU

ADVENTURE TOURS with Continuing Education

TRAVEL WITH US!

Daycations One-Day outings to theatre

One-Day outings to theatre performances, sporting events and local areas of interest.

National Jours

Tours within the United States such as NYC Theatre Tour, Kentucky Bourbon Tour, Yosemite Nature and Photography Tour, Grand Canyon Hiking Tour and more!

International Jours

Travel abroad with knowledgeable guides to destinations such as Scandinavia, The Netherlands, Iceland, Costa Rica more!



uwsp.edu/conted







STEAM Point Days

STEAM is an approach to learning that uses Science, Technology, Engineering, the Arts and Mathematics. In this one-day conference students will engage in hands-on workshops and learn about the many career paths available with an education in STEAM.

- Attend multiple workshops
- Explore UW-Stevens Point campus and see/hear what it's like to be a UWSP college student

School groups and individuals are encouraged to attend!

For Grades 7-8

STEAM Point Day for Boys

Fri. / Jan. 28 / 8 a.m. - 2:30 p.m. Stevens Point Campus / \$40 Includes T-shirt, lunch, and supplies Registration Deadline: Jan 10

STEAM Point Day for Girls

Fri. / Feb. 11 / 8 a.m. - 2:30 p.m. Stevens Point Campus / \$40 Registration Deadline: Jan 24

For Grades 6-8

STEAM Point Day at Treehaven

Fri. / May 6 / 8 a.m. - 2:30 p.m. UWSP Treehaven facility, Tomahawk, Wis. / \$40 Includes T-shirt, lunch, and supplies Registration Deadline: April 18



For Grades 3-6 STEAM Point Day at Wausau

There is no school for Wausau and DC Everest School District Feb. 18, so come to campus for a fun-filled day of STEAM exploration!

UWSP SWAG, supplies and snack included. Please bring a sack lunch.

Fri. / Feb. 18 / 8 a.m. - 4 p.m. (before and after childcare available) Wausau Campus / \$45 Registration Deadline: Feb. 11

STEAM Point Day at Marshfield

There is no school for the Marshfield School District Feb. 21, so come to campus for a fun-filled day of STEAM exploration!

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UWSP SWAG, supplies and snack included. Please bring a sack lunch.

Mon. / Feb. 21 / 8 a.m. - 4 p.m. (before and after childcare available) Marshfield Campus / \$45 Registration Deadline: Feb. 14

ACT Prep

This prep session is designed to assist the student in preparing for the ACT assessment.

Areas to be covered are:

- Test-taking strategies
- English usage/mechanics and rhetorical skills
- Math problem solving strategies
- · Algebra, geometry and trigonometry reviews
- Science data representation, analysis and interpretation of research summaries and conflicting hypotheses

Sample tests and test-taking tips from multiple resources will be shared.

Sat. / Feb. 26 / 8:30 a.m. - 3 p.m. Virtual / \$45

YOUTH CLASSES ONLINE STEAM CAMPS

Offered through Black Rocket

YouTube Content Creators

Find your voice and leave your mark on the world! Whether you are six or sixty, it's time to start a career as the next YouTube star. Explore the variety of content and personalities that exist on YouTube and how to find your own niche. Learn the Dos and Don'ts of the platform and how to practice good digital citizenship. Develop your on-camera presence, your own channel branding, and professional editing skills. Take home a plan for launching your own channel with the content created in class! Student projects will be available on a password protected Black Rocket website to share with friends and family. Students work in pairs or teams for most of the program. **Sat. / Jan. 22 - Feb. 26 / 8:30 - 10:30 a.m. OR 11 a.m. - 1 p.m.**



Minecraft Redstone Engineers

Take the next step beyond simply "playing" Minecraft and become a true Redstone engineer. Expand your Redstone knowledge by constructing your own carnival with a variety of mini-games, roller coasters and attractions powered by Redstone. Learn how to use Command and Structure blocks to incorporate them into your builds. Activate your skills and take your Minecraft structures to the next level! Students must own a Java version of Minecraft to access their projects at home. Tablet, phone and game console versions of Minecraft are not compatible.

Mon. and Wed. / Feb. 21 - March 16 / 3:30 - 5 p.m. OR Tues. and Thurs. / Feb. 22 - March 17 / 3:30 - 5 p.m.

Robiox Makers

Learn to code Lua while designing Roblox games! Unlock the power of ROBLOX® Studio, the world creation tool used by real-world ROBLOX® developers! Learn how to build 3D models and create an adventure in your ROBLOX® world. Bring characters to life with unique animations you design. Student-created projects will be available on a password protected Black Rocket website to share with friends and family. Students will work in pairs or teams for most of the program. **Mon. and Wed. / Feb. 21 - March 16 / 5:30 - 7 p.m. OR**

Tues. and Thurs. / Feb. 22 - March 17 / 5:30 - 7 p.m.

Battle Royale: Make Your First Fortnite Style Video Game

Fans of Fortnite, we need you! Instead of playing the game, design your own. Using a professional 3D game development software, build levels and assets inspired by popular battle royale games like Fortnite. This course includes cartoonish action and battle sequences. Student-created games will be available on a password protected Black Rocket website to share with friends and family. Students will work in pairs or teams for most of the program.

Mon. and Wed. / March 21 - April 13 / 5:30 - 7 p.m. OR Tues. and Thurs. / March 22 - April 14 / 5:30 - 7 p.m.

All Programs: Online | Ages 8-14 | \$169/person Led by Black Rocket Professional Instructors

See all online STEAM camps offered though Black Rocket at blackrocket.com/online/uwsp

SUMMER CAMPS

Youth Summer Camps to Watch For:

- College 4 Kids
- IT Camp
- Theatre Camp
- Dance Camp Intensive
- Point Music Camp
- O.W.L. (Online Wizard Learning)
- Soccer Camp

YOUTH CLASSES

Just for Kids Theater: Snow White

This fun, one-week intensive drama camp for ages 7-13 will introduce youth to all the magic of theatre, including acting, makeup, set design, props and more! The program is led by two professional actors/directors of the touring theatre company, Prairie Fire Children's Theatre, and will conclude with two performances open to the public. The audition process lasts up to two hours. All those auditioning are required to be in attendance throughout its entirety. No preparation is necessary to audition, and all participants will receive a part. A portion of the cast will be required to stay following auditions for a short rehearsal.



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Audition: Mon. / May 23 / 3:30 - 5:30 p.m. with practice for some 5:30 - 7:45 p.m. Rehearsals: May 24 - 26 / 3:30 - 7:45 p.m. and May 27, 3:30 - 7:30 p.m.

Performances: Fri. / May 27 / 7:30 p.m.

Sat. / May 28 / 2 p.m.

Marshfield Campus / Helen Connor Laird Theatre / \$69 Show Tickets: \$12 | tickets.uwsp.edu

TRAVEL OPPORTUNITIES

Nordic Walking and Hiking in Scandinavia

Explore Scandinavian (Sweden, Denmark and Norway) culture over 15 days through Nordic walking, hiking, and bicycling!

Our tour will emphasize Nordic walking and urban exploration, along with several hikes in Stockholm and environs, in the fjord country around Bergen and in Oslo, Norway, with an opportunity to do some bicycling in Copenhagen, Denmark, the "cycling capitol of Europe" in combination with experiencing first-hand, local culture, sightseeing, and sampling the local culinary scenes. The goal is to walk/hike enough to consume whatever food/drink you desire! Our port of entry will be Stockholm, the Venice of the north. The capital of Sweden comprises an archipelago of fourteen islands inter-connected by bridges and water taxis offering urban walking and nature walks on island parks in the city as well as in a national park adjoining the Swedish capital. From Stockholm we will head for Copenhagen, the quaint Danish capital, which can be explored by bike or on foot depending on personal preference. Copenhagen also offers access to an outstanding Viking ship museum, to an outdoor art museum [Louisiana] on the Baltic Sea and to Kronborg Castle, an UNESCO world heritage site. From Copenhagen we will enjoy an overnight cruise from Copenhagen to Oslo, Europe's environmentally greenest city, affording a blend of high culture (art museums, concerts, opera) and good hiking destinations to the north of the city proper. Our final stop is Bergen, gateway to the fjords and mountains of Norway, for a choice of hiking destinations and the opportunity to experience Norwegian fjords and enjoy the annual festival Syttende Mai. Uff da! Let's go!

May 3 - 19 \$4,884 Per Registrant Double Occupancy

Includes all accommodations (comfortable three and four-star lodging), all meals listed in itinerary, activities/tours listed in itinerary, in-country transportation (bus transfers, Stockholm card, Copenhagen card, Oslo card, Bergen card, Copenhagen-Oslo DFDS Cruise), two UWSP Adventure Tours tour leaders, traveler handbook, and traveler orientation.

Trip Leaders: Richard Ruppel and Jutta Brendel. Richard Ruppel is a retired UWSP German professor. He has planned and led numerous tours for UWSP over the years. Jutta Brendel has also led numerous tours, speaks fluent German and Italian and is widely traveled in Europe.

TRAVEL OPPORTUNITIES





R

April 19-23, 2022

- Immerse yourself in New York theatre and sightseeing!
- Experience four Broadway shows (show selection based on Tony Award nominees and winners) along with a custom city tour and additional tours based on group interest!
- Lodging is centrally located near Times Square/ Broadway and subway lines.

\$2,699 Double Occupancy \$3,599 Single Occupancy



Costa Rica's Wild Wonders

Traverse the Irazu Volcano, hike the trails of Savegre Nature Reserve, discover the very biodiverse Osa Peninsula and trek in Corcovado National Park. Discover Cano Island Biological Reserve and snorkel its offshore reefs, swim along the Pacific's sandy beaches. Our University's long-standing relationship with Costa Rican Specialties and in-country tour operator Viajes Colibri allow for a higher quality adventure guided by Lloyd Martinez. Lloyd's our bilingual guide who gets great reviews with our travelers and knows hundreds of bird species, has a great sense of logistics, shares know-how and humor, and seems to know everyone in Costa Rica. Along with our tour leaders Sue and Don, this adventure will give travelers a fulfilling taste of what Costa Rica is all about. iPura vida!



January 4 - 15, 2023 See more details at uwsp.edu/conted

Trip Leaders: Sue and Don Kissinger have travelled extensively throughout the United States, Canada, Central America, Africa, and Europe. They met years ago as UW-Stevens Point students on an international trip. Sue works at UWSP as a career specialist in the Academic and Career Advising Center. She has led 20 UWSP international trips, including four trips to Costa Rica! Don works as an urban forestry coordinator for the Wisconsin Department of Natural Resources in northern and western Wisconsin. Don has co-led several trips with Sue. They look forward to sharing all the amazing diversity and wild wonders of Costa Rica.



NATURE AND PHOTOGRAP

May 16-20, 2022

- Enjoy the beauty of Yosemite National Park with three full days of customized tours with a Yosemite Conservancy naturalist and a photographer.
- Travel by van and by foot to learn about the park's geology, flora, and fauna while improving artistic abilities in photography.
- Stay at the beautiful Rush Creek Lodge, a half mile outside of Yosemite!
 - \$2,499 Double Occupancy \$3,399 Single Occupancy



TRAVEL OPPORTUNITIES

Milwaukee Bucks Day-Trip

Celebrate your LOVE of the Bucks! Join us on a bus trip to Fiserv Forum to watch the Milwaukee Bucks take on the Portland Trail Blazers! Trip includes game tickets and coach bus transportation from Stevens Point.

Mon. / Feb. 14 / \$119, \$99 for LIFE Members Pickup Sites: Stevens Point



"Footloose" Musical Dinner Trip

Join us for day-trip to Chanhassen Dinner Theater see the musical favorite, "Footloose." With a moving story, stunning choreography and exhilarating music, this show is sure to please! Trip includes deluxe coach bus transportation to Chanhassen, Minn., show tickets and a delicious lunch. Per Chanhassen Dinner Theatre protocol, masks will be required while not dining and proof of COVID vaccine or negative COVID test within 72 hours of performance.

Sat. / March 16 / 6:45 a.m. - 7:45 p.m. Pickup Sites: Stevens Point, Wausau and Abbotsford \$179 public, \$159 LIFE Members Registration Deadline: Feb. 16

Brewers Day-Trip

Join us to see the Milwaukee Brewers take on the San Francisco Giants! Trip includes game ticket, coach bus transportation to and from the game with pickups in Marshfield, Wausau, and Stevens Point, and the opportunity to participate in the Senior Stroll around the field at the end of the game.

Wed. / April 6 / \$95, \$75 for LIFE Members Pickup Sites: Stevens Point, Marshfield, Wausau

Brewers Day-Trip

Join us to see the Milwaukee Brewers take on the Tampa Bay Rays! Trip includes game ticket, coach bus transportation to and from the game with pickups in Marshfield, Wausau, and Stevens Point, and the opportunity to participate in the Senior Stroll around the field at the end of the game.

Wed. / Aug. 10 / \$95, \$75 for LIFE Members Pickup Sites: Stevens Point, Marshfield, Wausau

Manitowoc Day-Trip

If you're looking for an adventure, then Manitowoc is calling your name! Stop and smell the flowers at West of the Lake Gardens, explore exhibits including WWII submarines, artifacts and more at the Wisconsin Maritime Museum, tour a Brewery and see where Sputnik touched ground!

Fri. / June 24 / \$115, \$95 for LIFE Members

Door County Cherry Picking Trip

Join us for an eventful day-trip to Door County! Visit the Door County Maritime Museum, tour a winery and participate in a taste testing, experience a famous Door County fish boil and pick your very own Door County cherries! More details to come.

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Thurs. / July 21 More details to come online.



Learning Is ForEver (LIFE) Spring: January - July 2022

Learning Is ForEver (LIFE) is a membership-based association dedicated to providing adult learners the opportunity to expand their knowledge, engage in discussion and make new friends.

> Our program is open to all lifelong learners wherever you may be, whether that be Wisconsin, across the country, or internationally.



\$50 per semester gets you:

- Over 100 live and/or virtual classes focused on expanding your knowledge!
- Access to a library of previously recorded classes!
- New friends made from the comfort of your own home or on one of our three campuses!
- Monthly film, book, sudoku, and poetry and prose discussions!

uwsp.edu/LIFE | 715-346-3838 | uwspceLIFE@uwsp.edu

MIND AND BODY

Basic Yoga for Back and Posture

This gentle yoga class will focus on movements that support a healthy back and ease in upright posture. Learn basic movements for functional mobility, balance and strength. Finish the class with handouts and a specific road map to keep practicing. Please wear athletic attire, bring a yoga mat and strap (scarf or belt will work if you don't own a strap).

Wed. / Feb. 9 - March 2 / 9 - 9:45 a.m. Marshfield Campus, room TBA / \$39

Instructor Phil Jensen is a registered yoga teacher with Yoga Alliance with over 1,000 hours of teaching and 500 hours of teacher training.



Pilates Training for Teachers

Mat Module II

This 16-hour training teaches the remaining intermediate and advanced level Mat exercises for a complete understanding of the Pilates Mat program. Lectures include progressive skill development to achieve the advanced exercises, programming for the intermediate and advanced levels and creating successful Mat classes.

Fri. / Jan. 28 - May 13 (No April 1) / 8:30 - 9:45 a.m. Final Exam: May 13 Stevens Point Campus / \$325

Mat Module III

Enhanced Pilates Mat completes the Mat training by adding rings, rollers, bands and balls to the traditional Mat exercises. In addition, Enhanced Mat includes functional exercises for the upper and lower body expanding the Mat work beyond the core to develop whole body strength and flexibility. Adding props to a Mat class makes them more dynamic creative and accessible and clients love toys!

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Sat. and Sun. / Jan. 22 - 23 / 9 - 6 p.m. Stevens Point Campus / \$325

Instructors:

Amy Beversdorf, associate lecturer, teaches Pilates Mat, and co-directs UWSP's Balanced Body Pilates Authorized Training Center. She has been teaching Pilates since 2000, training with nationally recognized teachers Lesley Powell and Doris Pasteleur Hall. In 2004, Amy founded Studio B Pilates, Stevens Point. She trains new teachers in Pilates Mat, Reformer, Apparatus and Anatomy in 3D throughout the United States.

Pamela Luedtke is currently instructing dance throughout Central Wisconsin and is an associate lecturer instructing ballet with UWSP's dance program. She is the founder and artistic director of Point Dance Ensemble, a non-profit dance company in Portage County consisting of dancers ages 11-18. Pamela is also certified in Educational Kinesiology (Brain Gym) as an instructor and a consultant for schools in Wisconsin, assisting in integration of neuromuscular movement curriculum.

MIND AND BODY

Ballroom Dance (Marshfield)

There's a class for every ability level. Please bring a clean pair of shoes for dancing.

Mon. / April 18 - May 9

Marshfield Campus, Physical Education Building, Commons / \$118 per couple

Level 1: 5:50 - 6:40 p.m.

Designed for the beginning student, this course will develop timing, as well as leading and following skills. Learn a variety of patterns in swing and waltz.

Level 2: 6:45 - 7:35 p.m.

Designed for the student who has completed at least one Level 1 course, you will continue to work on developing timing, as well as leading and following skills. Dances covered include rumba and night club two step.

Level 3: 7:40 - 8:30 p.m.

This session is for students who have completed at least three Level 2 courses. Students will learn techniques unique to each dance. A greater variety of patterns will also be introduced. Dances covered TBA.



Ballroom Dance Instructors:

Dave and Karen Goggin have over 30 years of combined professional teaching experience in ballroom and Latin dancing. Dave and Karen welcome singles and couples into their classes and take a personal interest in making sure everyone, including novice and experienced participants, have fun while learning.

Ballroom Dance (Wausau)

Do you have an event coming up—wedding or formal occasion and you don't feel comfortable dancing? Don't just watch celebrities dance on TV, Learn how to dance in this fun class! This six-week class will introduce you to the fun and excitement of ballroom dance. Students will learn the waltz, hustle, salsa.

Tues. / Feb. 15 - March 22 / 6:30 - 7:30 p.m. Wausau Campus Main Building, Auditorium \$179 per couple

Ballroom Dance Instructors:

Missy and Jeff Kolbeck have over 30 years of combined dancing experience in ballroom, Latin and swing dancing. In addition to their private and group classes in the Wausau, they are also freelance choreographers for several theater organizations, show choirs and high school groups.

UW-Stevens Point at Marshfield Fitness Center Membership

A convenient place to workout for a reasonable price! Open to the community: Individual, Family and Senior Memberships available.

Find out more at uwsp.edu/marshfield



FOOD AND DRINK



Tues. / Dates Vary / 6 - 9 p.m. Marshfield Campus, Helen Connor Laird Fine Arts Building, Art Gallery / \$49

English Professor Julie Tharp has been instructing these enjoyable classes for years. Each class includes dinner, film and discussion. She enjoys teaching film studies, traveling around the world and trying international foods.

"Dream Horse" / Jan. 18

Bored and despondent about their dying village, a group of Welsh folks chip in their meager funds to raise a thoroughbred colt for racing. The results are actual history and inspired this absolutely feelgood movie. Supper includes bacon, leek, and butter bean chowder, lamb shepherd's pie, glazed carrots, Welsh bread, and Welsh apple dessert with brandy custard.

"Whale Rider" / March 22

A Maori village faces a crisis when the heir to the leadership of the tribe dies at birth and is survived only by his twin sister. Can Paikea become the whale rider? Our Kiwi dinner will include curried carrot and turnip soup, roasted sweet potato salad, steak and mushroom pie, Maori fry bread and pavlova.

"The Electrical Life of Louis Wain" / May 24

This is a whimsical biography about the life of Louis Wain, the painter who made cats into the household royalty they are now. It also features Benedict Cumberbatch. Our dinner will include spring favorites (with no cat food), including pear, pecan and goat cheese salad, grilled lemon asparagus, herb-roasted salmon, rosemary potatoes and strawberry Tarts.

Death by Chocolate

Learn how to make decadent desserts that will impress any guest. Class will cover chocolate ganache, chocolate cups, mousse and more. With a combination of hands-on practice and demonstrations, earn how to temper chocolate and make desserts look as amazing as they taste. Class includes plenty of taste testing and recipes.

Thurs. / March 31 / 6 - 8:30 p.m. Stevens Point Campus, College of Professional Studies Building, room 211 \$49 includes all food and supplies

Taught by Susan Turgeson, associate professor of Family and Consumer Sciences

Virtual Mixology: Whiskey

Join experienced mixologist/ Muse at Sentry restaurant manager, Ryan McGinley, to learn some fantastic cocktails to impress just in time for St. Patrick's Day. The class will focus specifically on whiskey cocktails, so no need to worry about having a fully stocked bar. Perfect for date night or ladies night in! Follow along with Ryan to make inspired cocktails that will please the palate and the eye. An ingredient list will be sent via email prior to class.

Thurs. / March 17 / 7 - 8 p.m. / Virtual / \$19

Instructor, Ryan McGinley is the restaurant manager for Muse at Sentry in Stevens Point, Wis. He enjoys inventing new cocktails and has taught mixology classes over his numerous years of service in the hospitality industry.



LECTURE OPPORTUNITIES

John Williams at 90-Celebrating the Life and Work of a Great American Composer

John Williams is arguably America's greatest living composer. He is best known for his film scores and has been awarded five Oscars and 52 Academy Award nominations. He has also composed music for the concert hall, created memorable main themes for TV, the Olympics and presidential inaugurations. His music has become imprinted in our daily lives, with themes from Star Wars, E.T., Jaws, Saving Private Ryan, JFK, and many others, becoming part of our popular imagination. In this presentation, UWSP Music Professor Emeritus Lawrence Leviton will examine the life and music of John Williams and will show clips from some his most prominent films. We will take a look at why his music has had such a profound impact on the listener and our experience at the movies.

Tues. / Feb. 8 / 10 a.m. Virtual / Free / Registration required

Wisconsin Waterfalls

Time to start planning those warm weather getaways and adventures! Wisconsin is home to some spectacular waterfalls – some easily accessible at parks and others off-the-beaten-path. Join Missy Vanlanduyt of the Wisconsin State Parks System as she showcases some of Wisconsin's waterfalls with images, location details and travel tips.

Wed. / April 6 / 6:30 - 8 p.m. Virtual / \$19, Free for LIFE Members

Missy Vanlanduyt has been with the Wisconsin State Park System for 11 years and is currently serving as the Recreation Partnership section chief. She's an outdoor enthusiast who enjoys exploring Wisconsin.



Forever Chemicals

PFAS are compounds used in countless products from cookware to cosmetics dental floss and more. Scientists refer to PFAS as forever chemicals because they don't break down. Due to their widespread use, PFAS can be found virtually everywhere including water, soil, air and even you. Studies have shown that some PFAS may be harmful to health. Join UWSP Chemistry Professor Joseph E. Mondloch, Ph.D., to learn more about these forever chemicals through lecture and film.

Tues. / March 29 / 6 p.m. - 8 p.m. Virtual / \$19 for public, \$10 for LIFE Members

What's in Your Drinking Water?

How do you know if your water is safe to drink? Does your water have a strange smell or taste? Will a simple water filter pitcher do the trick? UWSP houses the Water and Environmental Analysis Lab, which provides water testing, education



and resources. Join Groundwater Education Specialist Kevin Masarik for a presentation on drinking water, what consumers should be aware of, testing options available and more. This class is open to both city and well water consumers.

Mon. / March 7 / 6 - 7:30 p.m. Virtual / Free / Registration required

Marshfield's 150: Honoring Heroes and Leaders, Past and Present

As the City of Marshfield celebrates 150 years of history, learn about some of the amazing people, the movers, and shakers, who impacted and helped to shape the community as we know it today. Discover how you can nominate someone who had an influence on education, government, religion, business, athletics, arts, or community in Marshfield for recognition as one of Marshfield's 150.

Thurs. / Jan. 27 / 10 - 11 a.m. Marshfield Campus, Everett Roehl STEM Center, Jean's Vanguard room 514 and Virtual / Free

Instructor: Marshfield Historian, Don Schnitzler

LECTURE OPPORTUNITIES

The Israeli-Palestinian Conflict Series

Palestine and Israel have been embroiled in turmoil since the 1940s. Wausau vascular surgeon Mark Asplund has seen the feud firsthand. Dr. Asplund made two medical trips to Palestine, one during a violent war anniversary. Most Americans are not well informed as to the background and current situation in Palestine and Israel. Dr. Asplund will discuss the history, current situation, and his personal observations in Gaza as one of very few Americans behind the lines in the 2018 protests of Nakba. Please be aware some of my pictures are quite graphic.

One week prior (Thur., May 5 at 6 p.m.), we will have a free screening of "The Occupation of the American Mind." Join us in-person or virtually for this eye-opening documentary that examines American media coverage of the Israeli-Palestine conflict and seeks uncover the truth.

Thur. / May 12 / 6 - 8 p.m. Wausau Campus room TBA or Virtual / \$19, Free for LIFE Members



What to Keep, Sell and Donate

Have you inherited a house full of items, have a mountain of clutter to clear or don't want to leave your children with either? This is the class for you! Maybe you just want to find out more about what items have value and how to dispose of those that don't. This class will focus on just what the title says: keep, sell or donate. You will leave with a list of local organizations where to donate items, a list of estate sale companies, auctioneers, social media sites and tips on what are the right items to keep. Students are encouraged to bring a photo of an item they want to discuss.

Mon. / May 2 / 6 - 8 p.m. Stevens Point Campus, Chemistry Biology Building, room 161 / \$29

Jacky Luetschwager is owner of Town Hall Trinkets, LLC in Ringle, WI. She is a third-generation picker, lifelong collector, personal property appraiser, estate liquidator, estate sales coordinator and antique dealer.

Clicker Train Your Dog

A clicker is a tool that has been used in positive reinforcement training of animals from chickens to dolphins, as well as dogs. Learn how to use clicker training to reinforce and shape your dog's behavior. Instructor Terese Barta will guide participants in utilizing clickers correctly and effectively. Class will include basic commands, Q and A and resolving common problems. This six-session course includes weekly lessons and assignments. Classes will be virtual via Zoom, allowing for on-the-spot practice with you pup right from the comfort of your home. Participants will also have limited access to class recordings to revisit lessons



Tues. / May 3 - June 7 / 6:30 - 7:30 p.m. Virtual / \$69

Terese Barta, Ph.D., will be instructing this class. Terese is biology professor emeritus of UW-Stevens Point. She has led various dog training classes in the past and trains search and rescue and therapy dogs.

ADDITIONAL INTERESTS

Landlord Boot Camp

Session 1 – Wisconsin Law Basics

Landlord – tenant laws cannot only be confusing, but they are constantly changing. This course is designed to give landlords, tenants or anyone a basic understanding of landlord and tenant laws in Wisconsin. This course will include Wisconsin statutes under chapter 704 and Wisconsin administrative code 134. It will focus on basics of leases and lease forms, security deposits, repairs, rent, client tricks and answer 'oodles' of questions!

Session 2 – Wisconsin Law Enterprise

Landlord – tenant relationships are sometimes even more confusing than the laws we need to follow. This course session will focus on basics of correcting bad tenant behavior, keeping good tenants, notices-to-vacate, terminating a lease, permitted security deposit withholdings and more. There will be more examples than lecture.

Session 3 – Fair Housing and Companion Animals and Step-By-Step Guide to Eviction

Handling tenants with special needs that may include a companion animal AND evicting tenants are the two most difficult things a landlord needs to do, both legally and ethically. This course is designed to help with the legal aspects including defining a breach of lease, sending the proper notice and Marathon County's small claims court procedures. This course will commence in the time period immediately after the tenant receives their notice-to-vacate.

NOTE: A separate packet of Wisconsin rental forms will be available for separate purchase. It is not required that you purchase this book. It is strongly suggested that you have taken the Landlord and Tenant Law Class above or have significant landlord and tenant experience prior to taking this class, however that is not necessary.

*You will receive a PDF handout for this course, please make sure you have a PDF Reader on your device.

Tues. and Thurs. / Feb. 22 - March 10 / 6 - 8:15 p.m. Wausau Campus, Main Building, Terrace Room or Virtual via Zoom / \$99

Estate Planning

What is estate planning? What are your goals for your estate? This class will review the basics of estate planning. We will spend time on definitions of the various tools in estate planning, including the role of a fiduciary, which is vital. In the first session, discuss estate planning terms and concepts and Powers of Attorney. In the second class, explore wills, trusts and the difference between the two. Due to confidentiality, we cannot discuss your specific, personal and individual estate planning questions.

Tues. and Thurs. / April 12 - 14 / 6 - 8 p.m. Wausau Campus, Main Building, Terrace Room or Virtual / \$39

Attorney Andrew Schmidt has been practicing law in Wisconsin for over 20 years. He got this practice from his father and uncle, who in turn got the practice from their father. Since May 1920, the Schmidt family has been delivering sound legal service to the citizens of north-central Wisconsin. Their web site, www.Schmidtlawfirm.com, is filled with data and direction. Their practice includes family law and divorce mediation, real estate, easements, transfers on death, landlord and tenant law, wills, powers of attorney, trusts, guardianship, stepparent adoptions, special needs trust, and probate and estate administration, trust estate administration. Andrew lives in Wausau, Wisconsin, and supports the Wisconsin Woodland Owners Association, Humane Societies of Marathon and Lincoln County, the Wausau Dog Parks, local schools and low-income housing programs. He is a landowner and has 200 acres, enrolled in MFL, in Marathon County.

FINE ARTS

Zen-Art Series

Take one or more classes with Mixed-Media Artist, Erin Prais-Hintz! Participants will receive link of class recording for reference and a resource guide.

Watercolor Doodle-Dala Painting

Free your mind. This first Zen-Art class of the series will begin our exploration of the mindful and meditative technique of creating Mandala art. We will focus on playing with color through watercolor paints and allowing our minds to be free from constraints as we build a whimsical Mandala with doodled details. We will let go of perfectionism and instead focus on the energy of color and the magic of play.

Materials needed for this class: watercolor paints + brushes, 2 small water pots (one for cleaning brushes and one for clean water), small spray bottle with water, cold press watercolor paper (suggested 8x10 or 9x12 size), ultra-fine tip black and white acrylic paint pens.

Fri. / Feb. 11 / 6 - 9 p.m. Virtual / \$49

Instructor: Erin Prais-Hintz

Dot Painting Mandala Trinket Box + Jewelry

Repetition and rhythm. Focusing on the mindful pattern-making of Mandala art, this second Zen-Art class of the series will offer participants an opportunity to try the activity of Dot Painting. Using acrylic paints, we will practice the technique on wood coins (that can become magnets) and then create a decorated wooden trinket box and some pendant trays in the same style.

Materials needed for this class: acrylic paints (black + a variety of colors of your choice), paint brushes, brush-on or spray sealant (recommended). Kit includes a trinket box, pendants + chain, practice wood coins + magnets, basic dotting tools.

Fri. / March 18 / 6 - 9 p.m. Virtual / \$79

Instructor: Erin Prais-Hintz

Mandala Mosaic Mixed Media Art

Breathe in. Breathe out. For this final Zen-Art series class we will complete the circle and get in the zone creating a mixed media Mandala mosaic. We will use a variety of mixed media materials in a mix of bright colors to create a beautifully patterned and tactile Mandala art piece.

Kit includes a custom-made two-part mandala base (base design will vary), Apoxie Sculpt specialty air-dry clay, assorted beads and embellishments, hanging hardware and more. Participants will receive an invitation to a private class based Facebook Group for ongoing support.

Fri. / April 29 / 6 - 9 p.m. Virtual / \$129

Instructor: Erin Prais-Hintz



FINE ARTS

Wausau Community Concert Band

The UWSP Wausau Community Concert Band is a blend of university students and community members of all ages. The ensemble explores many styles of music including traditional concert band literature, marches, orchestral transcriptions, popular music, and film/ show music. Course goals include working cooperatively in a positive environment to create an enjoyable and meaningful musical experience. The ensemble is open to all musicians with playing experience on their instrument who enjoy making music. The ensemble performs two concerts per semester. Registration includes both rehearsal series leading up to the concerts, though members who can only commit to one concert series are still welcome to participate.

Wed. / Feb. 16 - March 16 and April 6 - May 4 / 6:30 - 8 p.m. Concerts: March 17 and May 8 at 7 p.m. Wausau Campus, Main Building, room 206 / \$55 Needs-based scholarships available

The Wausau Community Concert Band is led by Pat Phalen, Ph.D.

Write Your Obituary

Your obituary is your last chance to tell your story. This class will guide you in drafting a compelling obituary that highlights your life. Writing an obituary in advance spares loved ones of the process when the time comes and allows you to reflect on your life. Is there still something you want to try or accomplish? Writers will examine sample obituaries, reflect on their own accomplishments, hobbies, work, and other facets of their lives. They will also create a timeline of their lives to work from.

Tues. / March 1-15 / 6 - 8 p.m. Stevens Point Campus, Chemistry Biology Building, room 161 \$49

Anne Pawlak has taught composition and communication courses in the Wisconsin Technical College System for over 25 years. She has a bachelor's degree in English and a master's degree in the teaching of English from the UW-Stevens Point.

Enroll in a Wausau Community Choir!

Wausau Community Concert Choir

Mon. and Wed. / Jan. 31 – May 4 / Noon - 12:50 p.m. Public Performance: May 8 To register, contact Timothy Buchholz, PH. D. at: tibuchho@uwsp.edu

Wausau Community Vocal Jazz Ensemble

Mon. / Jan. 31 - May 2 / 7 - 8:40 p.m. Public Performance: May 5 To register, contact Timothy Buchholz, Ph. D. at: tibuchho@uwsp.edu

Stained Glass Art

Learn the techniques to build stunning leaded stained glass windows. First build an introductory window to hone your skills. Then, design and build a custom one-of-a-kind piece of stained glass art. Items to bring to class: safety glasses and X-acto knife. Note: The \$50 fee covers all supplies needed for first project. Students will need to purchase supplies for their second project from instructor or other source (total supplies costs will vary depending on design, glass choices, etc.).

Thurs. / March 3 - April 14, 6 - 9 p.m. (6 classes and 1 optional work session) (March 31: no formal class, but optional open studio worktime) Marshfield Campus, Science Building, room 212 \$109 with additional \$50 supply fee paid to instructor first night of class.

Class taught by experienced glass artist, Scott Hebbring.



FINE ARTS



Directed by Donna Thompson

Having a baby is just the beginning...motherhood is for life. In the original play, "Motherhood The Musical", four women share their insights, challenges and pleasures at a baby shower. In 90 minutes of fun, you'll get a peek into the powerful friendship of Amy, a soon-to-be first-time mom; Brooke, a hard-working lawyer; Barb, a stressed-out mother of five; and Tina, a single mom seeking to balance work, her family and her divorce. Motherhood is a funny, yet loving look at being a mom at any age. It's climbing the emotional mountain only to find that there's laundry at the top.

Sponsored by The University Foundation and The Laird Fund for the Arts.

Performances:

Feb. 4 - 5 at 7:30 p.m. and Feb. 6 at 2 p.m. Marshfield Campus, Helen Connor Laird Theatre Tickets: \$20 / Purchase online at tickets.uwsp.edu

Arts at UW-Stevens Point at Marshfield

Feb. 4–6 "Motherhood The Musical"

Feb. 9 "The Shadow Box" (staged reading)

> March 11 Hub City Winds Concert

April 21-24 Campus Community Players Play TBA

> April 29 Hub City Symphony Concert

May 13 Hub City Winds Concert

May 27-28 Children's Theatre presents "Snow White"

PROFESSIONAL DEVELOPMENT

SBDC

Wisconsin Small Business Development Center

The Small Business Development Center (SBDC)

at UW-Stevens Point offers no cost, confidential advising and resources as well as fee-based workshops/ conferences to both startup and existing business throughout nine counties -- Adams, Langlade, Lincoln, Marathon, Oneida, Portage, Vilas, Waupaca and Wood.

First Steps to Starting a Business

Three-part virtual workshop, offered every other month for those considering entrepreneurship that focuses on business feasibility and resources.

Various Dates / 7 - 8 p.m. / No Cost / Virtual More Info: uwsp.edu/FirstSteps

2022 Business Education Series

BES is a four-part series for current business owners across a large portion of North Central Wisconsin, providing business owners with key insight on four topics. 2022 topics and dates TBD.

Various dates and times / No Cost / Virtual More Info: uwsp.edu/SBDC/BES

Entrepreneurial Training Program

Nine-week program to develop full business plan and financials. Spring and fall offerings available. Scholarship grant available to cover 75% of program fees.

Dates TBD / 5:30 - 8:30 p.m. \$ 1,000 / Virtual More Info: uwsp.edu/ETP

PROFESSIONAL DEVELOPMENT

Your Workforce Development Partner

UW-Stevens Point is your one-stop provider offering cost-effective, high-quality and timely customized solutions to meet your organization's needs and deliver results.



Whether you're looking for strategic planning facilitation, relationship

and conflict management solutions, assessment tools, enhanced leadership expertise or personalized coaching, we're here to help your team upgrade skills, improve workplace culture, increase retention and reduce employee turnover.

Our team connects you to resources and expertise throughout the region.

Dynamic Communication and Leadership Competencies

- Business Communication
- Coaching for Growth
- Conflict Resolution and Mediation
- Customer Relations and Networking
- Management and Supervision
- Succession Planning

Create a Thriving Workplace and Retain Employees

- Cultural Competence, Diversity and Inclusion
- Engagement and Productivity
- Multi-Generation Workforce Engagement
- Workplace Culture

Insightful Assessments to Enhance Your Organizational Culture

- Workstyle Behavior
- Personality Assessment
- Critical Thinking Skills
- Business Competencies

Services We Offer to Help You Achieve Your Goals

- Executive Coaching
- Consulting Services
- Surveys and Evaluations
- Conference and Event Planning
- Keynote Presentations
- Event Registration Services
- CEU Credentialing

Our satisfied partners include...

- Marshfield Clinic Health System
- Community Foundation of North Central Wisconsin
- Sentry Insurance
- Midwest Hardware Association
- The Human Service Center
- Skyward

Email uwspceweb@uwsp.edu or call us at 715-346-3838 to schedule your personalized consultation.

HWO

Health and Wellness Coaching Certificate

Take this important first step to becoming a NBHWC Certified Health and Wellness Coach. Learn the coaching skills required to transform your career and gain marketable skills, empowering you to help others create and sustain

program

healthy behavior change. Engage in classes, projects, events and mentoring with experienced health and wellness experts. Build relationships with peers in an empowering cohort learning community. Complete your certificate online in as few as five (5) months.

This is an approved Health and Wellness Coach training and education program by the National Board for Health and Wellness Coaching (NBHWC). As a result, health and wellness coaches who have met NBHWC's requirements

and completed the UW-Stevens Point and National Wellness Institute Health and Wellness

Coaching Certificate Program will qualify to sit for the national exam to become a certified coach.

Online Classes Begin: May 17 Call UW-Stevens Point for additional information at 715-346-3838 or visit our website: uwsp.edu/healthwellnesscoaching



approved training

PROFESSIONAL DEVELOPMENT

Inclusivity, Generations and Personality

The current environment in our community and country bring challenges in everything that we do. The cross section of inclusivity, generations, and personality heightens those issues. Working through this change and uncertainty is simple but NOT easy. The three topics will be looked at in isolation and then brought together with some options to move the topic forward for you, your business or your community.

YOUR PROGRESS OUR PURPOSE

Fri. / Jan. 21 / 9 a.m. - 3 p.m. Stevens Point Campus or Virtual / \$295

Creating and Supporting a Constructive Culture

Successful organizations function with a balance between employee engagement, experience, retention and culture. Leaders desire to attract and retain talent, support innovative approaches and implement strategies for growth. This course will explore questions about the ideal culture for your organization, how to identify a toxic culture, what enables a toxic culture, ways leaders can impact culture and support desired change to achieve the goals of the organization.

Fri. / Feb. 18 / 9 a.m. - 3 p.m. Stevens Point Campus or Virtual / \$295

Leading High Performance Teams and Transformative Leadership

Morning Session: Leading High Performance Teams

As focus and investment in organizational teams continue to be a business imperative, team leadership will be critically important to drive and facilitate achievement of shared goals. This session will examine the impact of team purpose, context, and structure on leadership strategy, and practical approaches to relevant leader behaviors to ensure the team member alignment, engagement and performance that will result in successful outcomes and contribution to the organization's mission.

You will learn:

- To understand the organizational shifts and trends that have resulted in the increasing need for teams.
- To identify and compare different types of teams and the various organizational settings and contexts that call for different team leaders.
- To apply task-focused and interpersonal/relationship-focused behaviors as an effective approach to leading high-performance teams.
- To analyze the elements of team leadership that result in team success and achievement of collective performance objectives.

Afternoon Session: Transformative Leadership

Transformative leadership: how aligning your values and strengths can help to improve work performance, accomplish goals and improve relationships. Join us for an engaging discussion where you will begin your journey to maximum leaderships potential and learn how to guide others on their path to empowerment. Leave the workshop knowing how to:

- Identify your (and your team's) values and strengths.
- Survey the work ecosystem for gaps between how your are working and your values and strengths.
- Create opportunities for wins for you and your team.

Fri. / March 18 / 9 a.m. - 3 p.m. Stevens Point Campus or Virtual / \$295



Conference Planning

University of Wisconsin-Stevens Point Continuing Education offers a comprehensive conference planning service. Programs are designed to meet the continuing education needs and personal enrichment interests of professionals in several different fields. Contact uwspce-conf@uwsp.edu or call 715-346-3838.

The services provided by the UW-Stevens Point Continuing Education office are designed to ensure a successful professional development activity for your group. Our team can completely orchestrate your large conference or small workshop from initial planning to final wrap-up, or we can provide partial services based on your needs. We do this by working with you on these key points that will determine the success of your activity.

- Needs Assessment
- Planning
- Facility Arrangements
- Marketing
- Mailing and Correspondence
- Registration Services
- Printing Materials
- Administrative Support
- Conference Management
- Fiscal Management





UW-Stevens Point Online Learning Center

Achieve a personal or professional goal through our vast array of affordable online courses in the topics of business, languages, computer science and applications, information technology, test prep and more.

Courses begin monthly

Call UW-Stevens Point for additional information at 715-346-3838 or visit our website: ed2go.com/stevenspt

ADVANCE YOUR CAREER WITH A DEGREE ONLINE

APPLIED COMPUTING	In nearly every industry, businesses can no longer operate without skilled, perceptive IT professionals to drive process, create connections and solve business problems. With the online Bachelor of Science in Applied Computing , a hands-on computer science program with a valuable focus on the business skills employers need, you can be the problem solver who makes things possible—for your company and your career.
HEALTH & WELLNESS MANAGEMENT	Rising health care costs, the effects of health care reform, and concerns about employee health and productivity are just a few reasons why more and more organizations are looking to implement workplace wellness programs. Now you can learn to design, develop, implement, and manage health and wellness initiatives that are good for people and good for business with the bachelor's and master's degree online Health and Wellness Management programs. Because healthy employees equal a healthy bottom line.
DATA SCIENCE	Organizations in nearly every industry are racing to hire qualified professionals with the skills to transform big data into big insights and better decisions—and these data scientists are in short supply. Are you ready to answer the call? The online Master of Science in Data Science will teach you how to clean, organize, analyze and interpret unstructured data, deriving knowledge and communicating your discoveries clearly using sophisticated visualization techniques and other means.
	Healthcare is a dynamic field that requires strong, compassionate leadership. Gain the hands-on experience needed to improve hospital processes and patient care. With the online Master of Science in Healthcare Administration , you'll enhance your practical knowledge with skills in complex organizational management, so you can drive change and become a leader in your health care community
APPLIED BIOTECHNOLOGY	Every day, biotechnology is working to solve some of the world's most pressing problems and moving forward with revolutionary solutions. Whether your experience is based in healthcare, agriculture, or industry—the online Master of Science in Applied Biotechnology is an ideal choice for busy adults who are seeking advanced education and need the flexibility an online program offers.
INFORMATION TECHNOLOGY MANAGEMENT	IT Management is critical to nearly every organization in every industry—leading to a growing demand for talented professionals who excel in technical skills and in business. This UW master's degree program combines the worlds of technology and business strategy through a multidisciplinary curriculum aimed to prepare you to become an IT leader in any industry.
CYBERSECURITY	The 100% online Master of Science in Cybersecurity core curriculum addresses the fundamentals of cybersecurity, featuring courses in security planning, risk assessment, and communication. Once you complete your core courses, you will choose to pursue a unique track of study. You may choose to complete more than one track. The program's four tracks of study give you the opportunity to tailor your degree to match your interests and career ambitions.
ASSOCIATE OF ARTS & SCIENCES	UW-Stevens Point is partnering with UW Extended Campus in offering a 100% online Associate of Arts and Sciences Degree (AAS). Students who are interested in earning an associate degree can do so online and use this degree to easily transfer into a bachelor's degree program at UW-Stevens Point. Or take individual courses online to fulfill general education credits and supplement on-campus coursework. Whatever your goal, the online Associate of Arts and Sciences degree provides the educational foundation you can grow on.



What are Escape Rooms? Escape Rooms are one-hour themed challenges in which a team must work together to find clues to solve puzzles, crack codes, and unlock locks to ultimately complete a mission before time runs out!

Who are Escape Rooms for? Escape Rooms are perfect for friends, families, co-workers and more! Best for ages 12 and up.

Why try Escape Rooms? For fun! Escape Rooms offer a unique form of entertainment that allows for socializing, problem solving, team building and camaraderie.

Escape Rooms for Professional Development?

Yes! We offer special Escape Rooms for professional development. This is a fun, local way to boost morale in the workplace. Escape Rooms are the perfect way to practice teamwork, critical thinking, problem solving and communication. We offer post-game debriefings with a trained facilitator.

Contact Continuing Education for details or to schedule a time. We can even include lunch!

How Much are Escape Rooms?

\$25/person or \$30/person if your group wishes to include a pre-game survey and post-game debriefing for professional development.

How to Book?

Rooms are available by appointment only (day or evening). Rebecca.Bauer@uwsp.edu | 715-389-6520 See room descriptions at uwsp.edu/escaperoom







The Missing Patient The Mysterious Forest



7 p.m. | Wausau Campus, James F. Veninga Theater or live via UWSP Wausau YouTube

February 15

"Bob Geldof and Live Aid: Elements of Visionary Leadership" Business Professor, Scott Sybeldon

March 15

"Desert Planets, Clones, and Hyperspace: Seeing Society Through the Lens of Science Fiction" Sociology Professor, David Barry

April 19

"The James Webb Space Telescope: NASA's Latest Great Observatory" Astronomy/Physics Professor Aaron Steffen



Register online at uwsp.edu/conted or complete the registration form below and mail with payment

Mail to UWSP Continuing Education,

2100 Main St. Rm 032 Old Main, Stevens Point, WI 54481-3897

Name (please print)_					
. ,_					

Email

City

Address

State Zip

Phone

Emergency Contact: Name_____

Phone

Course Title and Date	Course Fee		

Check #_____ Total Enclosed / Please make checks out to UWSP and mail to UWSP Continuing Education, 2100 Main St. R, 032 Old Main, Stevens Point, WI 54481-3897

To register and pay by credit card, please go online to uwsp.edu/conted.

Refund Policy

- Refunds will be granted if the Continuing Education and Outreach office is contacted at least seven days before the start of a class. No refunds will be given with less than seven days notice.
- Programs that involve pre-ordering of materials and/or travel will not qualify for a refund unless your space can be filled from a waiting list. We reserve the right to cancel a course due to low enrollment, severe weather, or instructor illness. A full refund will be issued under these circumstances.
- BE SURE to provide your email address and phone number when registering so we can contact you if a class is cancelled for any reason.
- Email Continuing Education Customer Service at uwspceweb@uwsp.edu to cancel your registration. ٠

Reasonable accommodations for persons with disabilities will be made if requested at least two week in advance. Please contact Continuing Education Customer Service at 715-346-3838 or uwspceweb@uwsp.edu.





STEVENS POINT • MARSHFIELD • WAUSAU

YOUR PROGRESS OUR PURPOSE









UW-Stevens Point at Wausau 625 Steward Ave. Wausau, WI 54401 715-261-6294 UW-Stevens Point 2100 Main St. 032 Main Bldg. Stevens Point, WI 54481 715-346-3838 **UW-Stevens Point at Marshfield**

2000 West 5th Street Marshfield, WI 54449 715-389-6520

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