

# Acadia National Park

October 1 – 5, 2024

Led By: Anne Rogalski, Mara Prausa  
and Tim Zeszutek



Continuing Education  
University of Wisconsin-Stevens Point







## **An Itinerary for 2024 Acadia National Park**

### **October 1–5, 2024**

Explore what Maine has to offer as you go on a lobster fishing and seal watching tour, enjoy tea and popovers at the Jordan Pond House, visit the Abbe Museum, and catch the sunrise at Cadillac Mountain. We will hike and explore vast slabs of pink granite, picturesque cliffs, and breathtaking views, all in the color changing season of fall. Lodging is at the iconic Bar Harbor Inn, located in the heart of downtown Bar Harbor.

**Trip Leaders:** Anne Rogalski, Mara Prausa, and Tim Zeszutek

### **Tuesday, October 1, 2024**

- Flights from Central Wisconsin Airport to Chicago O'Hare International Airport to Bangor International Airport.
- Pickup minivans (maximum of six people in each, including the drivers) and head to Bar Harbor, Maine.
- Check into hotel, the iconic **Bar Harbor Inn**.
  - Overlooking Frenchman Bay and the Porcupine Islands, the Bar Harbor Inn is an iconic New England vacation destination welcoming guests from around the world. Genuine Maine hospitality, superior service, and timeless charm greet guests as they arrive. Located harbor side, in the heart of downtown, the Bar Harbor Inn's beautifully landscaped eight acres offer a private retreat with easy walking access to unique shops, art galleries, and waterfront activities. The casual elegance of the Bar Harbor Inn provides a perfect backdrop to explore the rocky Maine coast and Acadia National Park.
- **Bar Harbor Walking Food and History Tour** (three hours, included in trip fee).
  - An amazing array of tastes will be accompanied by a generous serving of local history, fun facts, and lore – making your visit to Bar Harbor a unique and exciting adventure! As you sample the fare at the various stops, our tour guides and proprietors will reveal the history behind their industry and what goes into making their specialties. This is a fairly short walk around the Village Green and the beautiful harbor with plenty of food for lunch.



### Wednesday, October 2, 2024

- Breakfast at the hotel (included in trip fee).
- Board minivans (with hiking gear, snacks, and water) and head into Acadia National Park.
- **Hike Ocean Path Trail.**
  - Explore vast slabs of pink granite, picturesque cliffs, and breathtaking ocean views as the Ocean Path takes you along the bold coast of Maine. The Ocean Path is a great way to access Thunder Hole and Otter Point from Sand Beach on a gradual hike. (2 miles/2 to 4 hours)
- Continue drive on park loop, stopping for photos and **carriage road walks.** (More challenging hikes can be offered for those interested.)
  - Forty-five miles of rustic carriage roads, the gift of philanthropist John D. Rockefeller Jr. and family, weave around the mountains and valleys of Acadia National Park. Rockefeller, a skilled horseman, wanted to travel on motor-free byways via horse and carriage into the heart of Mount Desert Island. His construction efforts from 1913 to 1940 resulted in roads with sweeping vistas and close-up views of the landscape.
- Possible early dinner at **Atlantic Brewing Company/Mainely Meat Bar-B-Que** or Lobster Shack (not included in trip fee).



### Thursday, October 3, 2024

- Board minivans (with hiking gear, snacks, and water) and head into Acadia National Park.
- Drive to and watch **sunrise** at **Cadillac Mountain.**
  - Witnessing the sunrise from the top of Cadillac Mountain is a spectacular event and definitely worth it! Be the first to see the sunrise in the United States.
- Hike **Jordan Pond Trail** (3.4 miles/1-3 hours). (More challenging hikes can be offered for those interested.)
  - The Jordan Pond Path traverses the shore of Jordan Pond, one of Acadia's most iconic landscapes. Located in a steep valley carved out by the retreat of glaciers, Jordan Pond is bordered by Penobscot, Pemetic, and two rounded peaks known as the Bubbles. Listen for the calls of common loons, search for signs of beaver activity, and watch the granite cliffs above for nesting peregrine falcons.





### Thursday, October 3, 2024 (Continued)

- Stop at **Jordan Pond House** for tea and their famous popovers (included in trip fees).
  - Jordan Pond House, a restaurant and shop with a long tradition within Acadia National Park, sits on a hill overlooking a beautiful lawn along the Jordan Pond. Guests have been enjoying these amazing views and dining at this site since 1893 when Nellie McIntire, the first proprietor, started baking and serving her famous popovers out of the restaurant.
- **Lobster Fishing and Seal Watching Tour** (2 hours/4pm start time, included in trip fees).
  - Watch experienced fisherman haul in lobster traps from the ocean floor as a professional naturalist describes everything and answers your questions about lobster fishing and marine wildlife.
- Dinner on your own.



### Friday, October 4, 2024

- Breakfast at hotel (included in trip fees).
- Board minivans (with hiking gear, snacks, and water) and head towards Acadia National Park.
- Visit **Abbe Museum** (included in trip fees).
  - In recent years, the Abbe has grown from a small trailside museum, privately operated within Acadia National Park, to an exciting contemporary museum in the heart of downtown Bar Harbor. In 2013, the Museum became the first and only Smithsonian Affiliate in the state of Maine. At the Abbe's downtown museum, visitors find dynamic and stimulating exhibitions and activities interspersed with spaces for quiet reflection. The history and cultures of the Native people in Maine, the Wabanaki, are showcased through changing exhibitions, special events, teacher workshops, archaeology field schools, and workshops for children and adults.



### Friday, October 4, 2024 (Continued)

- Hike **Wonderland Trail** (1.4 miles/1 hour). (More challenging hikes can be offered for those interested.)
  - Wonderland Trail is a family-friendly coastal trail, popular birding spot, and good tidepooling at low tide. When exploring this area, never turn your back on the water, explore as the tide is going out, and be gentle with any creatures in the tidepools. Located between Seawall Campground and the Ship Harbor Trail on Maine Route 102A, Wonderland Trail is an old gravel fire road which leads to the ocean.
- Hike **Ship Harbor Nature Trail**. (1.3 miles/2 hour). (More challenging hikes can be offered for those interested.)
  - Located off Maine 102A down the road from Seawall Campground and Wonderland Trail, Ship Harbor Trail is a figure-8 trail covering 1.3 miles. It is a great trail for families and birders. Common loons, common eiders, great blue herons, black guillemots, ospreys and eagles have been seen here. A variety of habitats can be viewed along the shore, and there is access to a quiet cove and mudflats at low tide. Interpretive signs provide additional resource information.
- Possible early dinner at **Atlantic Brewing Company/Mainly Meat Bar-B-Que** or Lobster Shack (not included in trip fee).
- Sunset at **Bar Harbor Lighthouse** or other location in Acadia National Park

### Saturday, October 5, 2024

- Breakfast at hotel (included in trip fees).
- Free time in Bar Harbor.
- Lunch on own.
- Check out of hotel and board minivans for Bangor International Airport.
- Flights from Bangor International Airport to Chicago O'Hare International Airport to Central Wisconsin Airport.



## Pricing

### Registration Fee in the Newport Building

Double occupancy rates: **\$3,298 per person**

\*Registration closes July 31, 2024

### Registration Fee in the Oceanfront Lodge

Double occupancy rates: **\$3,614 per person**

\*Registration closes July 31, 2024

#### Payment Schedule:

\$450 due upon registration (*This fee is nonrefundable*)

\$1,424 due by **Sunday, June 30, 2024**

\$1,424 due by **Monday, July 26, 2024**

#### Payment Schvedule:

\$450 due upon registration (*This fee is nonrefundable*)

\$1,582 due by **Sunday, June 30, 2024**

\$1,582 due by **Monday, July 26, 2024**

\*Since we make financial commitments in advance, no refunds will be issued for cancellations less than 90 days prior to the trip. Cancellations in writing received more than 91 days before the trip will receive a full refund minus \$450. However, you may send a substitute in your place. Please email us at [uwspceweb@uwsp.edu](mailto:uwspceweb@uwsp.edu) to inform us of a cancellation or substitution.

Please note: With weather and uncontrollable variables, some activities/lodging/schedules/meals may change prior to ordering the tour.

### Price includes

- All transportation beginning with arrival at the Central Wisconsin Airport on October 1 and returning to the Central Wisconsin Airport on October 5.
- All activities and tours listed in the itinerary.
- Overnight lodging in the iconic Bar Harbor Inn.
- Four breakfasts, tea and popover lunch, and a walking tour that covers one meal.
- Orientation meeting approximately two months before the trip.

## Meet the Trip Leaders



**Anne Rogalski**, UWSP CE Associate Director, has hosted numerous trips for Continuing Education, including New York, New Orleans, Kentucky, Savannah, Yosemite, Acadia, and Iceland. When not working, Anne can be found hiking with her husband and two dogs; in 2022 she became an official Thousand Miler after completing the Ice Age Trail.



**Mara Prausa**, UWSP Continuing Education Program Manager, enjoys traveling with family, friends and UWSP Adventure Tours, leading trips to New York and Acadia. She loves being active outdoors with her two children, husband, and black lab. Some of her favorite travel experiences have included ziplining and whitewater rafting in Costa Rica, kayaking in the Apostle Islands, skiing in Colorado, horseback riding in Montana, and beaching on Sanibel Island.



**Tim Zeszutek**, UWSP CE Marketing Specialist, has traveled across the country for backpacking and camping trips. His favorite places that he has traveled to are overseas to England and to all the ancient sites in Greece. He is excited to begin to lead trips for Continuing Education!