

15th Annual Mental Health and Substance Use Recovery Training Conference

**LIVING YOUR BEST LIFE
THROUGH
RECOVERY**



Kalahari Resort and Convention Center, Wisconsin Dells, Wis.
OCTOBER 29 AND 30, 2019

2019 Conference Objectives For Wisconsin Mental Health and Substance Use Recovery Conference

- Increase knowledge and skills to promote wellness, prevention, treatment, recovery, best practice, holistic care, and continuous quality improvement with the use of evidence-based practices across the lifespan.
- Promote meaningful involvement in person and family-centered planning, services, supports and system change.
- Increase knowledge of peer supports, peer-run programs and topics related to Certified Peer Specialists in Wisconsin.
- Increase knowledge and skills regarding special topics in Mental Health, Substance Use Disorder and Integrated Treatment.

Who Should Attend?

Behavioral health professionals, people in recovery and family members; clinicians in the criminal and juvenile justice systems; domestic violence service providers; adolescent treatment professionals and educators; and interested others.

Scholarships

A limited number of scholarships for people in mental health and substance use recovery are available. Scholarship applications will be available after September 1 at www.uwsp.edu/conted/confwrkshp. Click on "Annual Mental Health and Substance Use Recovery Training Conference" or call 715-346-3838.

Continuing Education Hours (CEHs)

Continuing Education Hours are a measure of participation in continuing education programs. Continuing Education Hours for this conference have been applied for through the National Association of Social Workers. Additional accreditation may be sought, but please consult with your professional association or licensing board regarding the applicability of the conference for your profession.

Conference Sponsors:



**University of Wisconsin
Stevens Point**

Lodging

A block of rooms is available at the Kalahari Resort and Convention Center, Wisconsin Dells, Wis. until September 28, 2019. Lodging rates will be \$82 for single occupancy and \$129 for double through quadruple occupancy. Please make your own reservations directly with the Kalahari at 877-253-5466. Be sure to mention the MHSUR conference room block to get a room within the conference lodging block.

Introducing the Data Café!

Bring your coffee and tea and stop by our first Data Café! There are many places to find data, but what does it actually tell you? Find out what data says about your geographic and demographic areas. We'll demonstrate some of the most recent interactive data tools at DHS. Tools include information on opioid and drug data, substance use and mental health service data, among other things.

 Tuesday OCTOBER 29, 2019	
7:15 - 8:15 a.m.	<i>Breakfast and Registration</i>
8:15 - 8:30 a.m.	<i>Welcome and Announcements</i>
8:30 - 10 a.m.	<i>Opening Keynote</i> <i>Discovering Who You Are Through Recovery</i> <i>Jonathan Cloud, Human Services Consultant and Trainer, Appleton, Wis.</i>
10 - 10:15 a.m.	<i>Break</i>
10:15 - 11:45 a.m.	<i>A.M. Workshops (1-8)</i>
11:45 a.m - 12:45 p.m.	<i>Lunch</i>
12:45 - 2:15 p.m.	<i>P.M. Workshops (9-16)</i>
2:15 - 2:30 p.m.	<i>Break</i>
2:30 - 4 p.m.	<i>P.M. Workshops (17-24)</i>
4:15 - 5:15 p.m.	<i>SCAODA Public Forum</i>
4:15 - 5:15 p.m.	<i>Listening Session with Administration</i>
5:30 - 7 p.m.	<i>Diversity Dialogue</i>
7 - 8 p.m.	<i>Recovery Meeting</i>

Tuesday, October 29
7:15 – 8:15 a.m.
BREAKFAST AND REGISTRATION

8:30 – 10 a.m.
OPENING KEYNOTE

Discovering Who You Are Through Recovery

Jonathan Cloud, *Human Services Consultant and Trainer, Appleton, Wis.*

Through powerful stories that capture obscure but important theories and research about what drives human growth, this inspiring and challenging address reveals why recovery isn't about getting back to who and where you were but is about moving forward to who and where you can be. Discarding outdated notions of "what's normal," the speaker helps the audience gain insight into the necessity of courageously embracing life's adversities and traumas as experiences that can accelerate one's growth. In their roles as professional caregivers, the audience is shown how a key part of their task with persons in recovery is helping them see the possibilities for growth and self-realization that are contained in their difficulties.

Objectives :

1. Understand how each person possesses innate developmental potential that is activated by adversities and difficulties and, thus, recovery is in itself a growth process.
2. Understand how growth involves disintegration of one's current level of psychological functioning and then rebuilding it to a higher level.
3. Understand how to celebrate their lives and those of their consumers in the midst of recovery by seeing it as an opportunity to discover oneself and live one's best life.

10 - 10:15 a.m.
BREAK

10:15 – 11:45 a.m.
MORNING WORKSHOPS

1. Building Rapport with Avoidant Clients with Complex Trauma Histories

Nikki Millerd, *MSW, LCSW, Psychological Associate Moderate Acuity Unite, Wisconsin Women's Resource Center, Winnebago, Wis.*

Sarah Puls, *MSW, LCSW, Social Worker Clinical - Wisconsin Women's Resource Center, Winnebago, Wis.*

This training will address the difficulties in developing rapport with clients living with complex trauma histories rendered more problematic due to the severity of their symptoms, including frantic efforts at avoidance. Their special brand of DBT-informed irreverence and sarcasm has been successful in developing rapport and trust, forming meaningful therapeutic relationships and therapy success stories in a challenging setting. It is the presenters' sincerest hopes that attendees will be able to take their experiences from this difficult environment and apply it to other institutional and community settings.

Objectives :

1. Learn strategies to develop rapport with avoidant clients that can be utilized immediately.
2. Understand how to develop rapport in a trauma-informed way with clients with complex trauma histories, including those who are mandated for services.
3. Increase understanding of Borderline Personality Disorder and Antisocial Personality Disorder and how to effectively develop rapport with those clients.

2. Ethics in Clinical Practice: Learning How to Draw the Line – Part I of 3

Nancy Pierce, *M.A. LCSW – Mental Health Crisis Consultants, Mount Horeb, Wis.*

There is often no clear answers or set of rules to cover all ethics an boundary situations. This presentation will discuss how to think through some of the ethical dilemmas in mental health and substance use work.

Objectives:

1. Increasing awareness of ethical traps and justifications.
2. How to use an ethical decision-making model.
3. A fuller understanding of why boundaries are important and how they can be used for safety of both clinician and client.

Continued in sessions 10 and 18.
Must attend all three sessions.

3. Stimulants and Alcohol: Trends and Strategies for Prevention and Treatment

Raina Haralampopoulos, MSW, PS - Prevention Specialist, Wisconsin Department of Health Services, Madison, Wis.

Amanda Lake, LMFT, CSAC, ICS, Substance Use Treatment Coordinator - Wisconsin Department of Health Services, Madison, Wis

Dennis Radloff, Wisconsin Department of Health Services, Madison. Wis.

This session will provide an overview of Wisconsin's methamphetamine, cocaine, and alcohol data and trends. Examples of treatment models, recovery supports, and current prevention work around the state of Wisconsin will offer increased awareness and knowledge to all participants. This workshop content is applicable for anyone ranging from beginner to advanced.

Objectives:

1. Learn trends and current data regarding methamphetamines, cocaine, and alcohol in Wisconsin.
2. Learn evidence-based treatment approaches.
3. Learn effective prevention strategies.
4. Gain awareness about Wisconsin's Prevention Infrastructure.

4. A Decision-Making Framework for Making Choices about Sharing our Challenges and Recovery

Sarah Reed, Community and Evaluation Manager, Rogers Behavioral Health, Brown Deer, Wis.

In this presentation, the audience will be introduced to a decision-making framework about if, how, when, and to whom to share their lived experiences. This framework seeks to replace the self-stigma that some who have faced trauma, mental illness, and/or substance use challenges experience with beliefs of recovery, empowerment, and hope. It does so by helping people: consider the tone of their internal narrative, explore the costs and benefits of disclosing their personal narrative, learn strategies for disclosing relatively safely, and craft a message that best represents personal goals.

Objectives:

1. Learn a decision-making framework for deciding if, when, how, and to whom to share lived experiences of mental health and substance use.
2. Learn how to use this framework to support others experiencing mental health and substance use challenges.
3. Learn how sharing our stories and experiences of mental health and substance use recovery is the most effective way of decreasing stigma.

5. Lived Experience Leading Systems Change

Kimberlee Coronado, Collective Impact Parent Partner, Wisconsin Office of Children's Mental Health, Madison, Wis.

Tracy Loken Weber, Collective Impact Parent Partner, Wisconsin Office of Children's Mental Health, Madison, Wis.

Andrea Turtenwald, Family Relations Coordinator, Wisconsin Office of Children's Mental Health, Madison, Wis.

Join this session to learn from system-change leaders who have personal experience in navigating multiple service silos and Wisconsin Office of Children's Mental Health staff who support system change work. Resources will be shared to replicate the model of Lived Experience leadership to ensure equitable and authentic power-sharing in system-change efforts.

Objectives:

1. Identify key steps in supporting the leadership and involvement of people with lived experience.
2. Access tools and resources that could enhance lived experience leadership in systems change.
3. Understand best practices for including leaders with lived experience.

6. Exploring Substance Abuse and Mental Health within Physical and Cognitive Disability Populations

Judy Bertoni, AODA Specialist, My Choice Family Care, Wauwatosa, Wis.

We know that substance abuse and mental health problems do not choose who they effect. Instead, these problems may occur with anyone, including individuals with physical and cognitive disabilities. Although we acknowledge the problems occur in these populations, there is limited information on how prevalent it really is. There is also limited information on how these problems are addressed within these populations and what resources are available to help them. In this session, we will explore available information, how to work with these individuals, and additional resources needed.

Objectives:

1. Increase awareness of substance abuse and mental health challenges in individuals with physical and cognitive disabilities.
2. Gain information on how to work with individuals with physical and cognitive disability when addressing substance abuse and mental health.
3. Acknowledge the need for more resources for these populations.

7. Sit Down! Wait, Would You Like to Sit Down? An Inside Look at Treatment for Co-Occurring Disorders in Wisconsin Prisons

Megan Greene, Psy.D, MA, Oshkosh Correctional Institute, Oshkosh, Wis.

Skyler Lukaszka, CSW, CSAC, Oshkosh Correctional Institute, Oshkosh Wis.



How does the Wisconsin Prison System address mental health, substance use disorders, and transform criminal behavior? We will answer this question by providing an overview of dual-diagnosis treatment in correctional settings and by giving an inside look into the MICA program at Oshkosh Correctional Institution which provides gender responsive treatment, uses Evidence Based Practices and highlights Trauma Informed Care.

Objectives:

1. Understand Dual Diagnosis Treatment and Specific Diagnostic Criteria.
2. Gain Knowledge of Evidence-Based Treatment in a Correctional Setting.
3. Diversity in Treatment: How to Identify the Needs of Men in Recovery.

8. CBT of Psychotic Symptoms– Part 1 of 2

Ron Diamond, M.D., Professor Emeritus, University of Wisconsin Department of Psychiatry, Middleton, Wis.

Cognitive Behavioral Therapy (CBT) can be applied to helping people with psychotic symptoms decrease stress and increase function. This is an evidence based and very recovery-oriented approach to helping people improve the quality of their lives.

Objectives:

1. Understand the principles of all CBT, and how to apply these principles to work with psychotic symptoms.
2. Understand the role of collaboration and assessment of readiness for change.
3. Understand the steps in CBT of psychosis, including (1) engagement, (2) normalizing and (3) working with specific symptoms, and (4) treatment planning.

**Continued in sessions 16.
Must attend both sessions.**

11:45 a.m. - 12:45 p.m.
LUNCH

12:45 – 2:15 p.m.
AFTERNOON WORKSHOPS

9. How to Be Your Own Motivational Interviewing Coach!

Jenny Rodefeld, MSW, LCSW, Director, Learning and Organizational Development Care WI, Madison, Wis.

Laura Saunders, MSSW, Great Lakes ATTC, MHTTC and PTTC: State Project Manager, CHESS, University of Wisconsin-Madison, Madison, Wis.

Are you wondering how to continue your MI development after the training? Are you in a situation where you are having to self-lead your learning without a lot of other available resources for support? Come to this workshop to learn about how to self-assess, set individual goals, and utilize available resources to continue your MI journey.

Objectives:

1. Describe and identify the elements of powerful MI communication.
2. Practice using a modified coding tool to assess a conversation for MI adherence.
3. Set individualized, realistic, and attainable goals for moving your own MI practice towards proficiency.

10. Boundaries in Clinical Practice: Learning Where to Draw the Line – Part 2 of 3

Nancy Pierce, M.A. LCSW, Mental Health Crisis Consultants, Mount Horeb, Wis.

There is often no clear answers or set of rules to cover all ethics in boundary situations. This presentation will discuss how to think through some of the ethical dilemmas in mental health and substance use work.

Objectives:

1. Increasing awareness of ethical traps and justifications.
2. How to use an ethical decision-making model.
3. A fuller understanding of why boundaries are important and how they can be used for safety of both clinician and client.

**Continued in sessions 2 and 18.
Must attend all three sessions.**

11. State Opioid Response and MAT Expansion

Jason Harris, MS, SOR/STR Coordinator, Wisconsin Department of Health Services, Madison, Wis.

Dean Krahn, Professor, Medicine and Psychiatry, Veterans Administration Hospital, Madison, Wis.

This workshop will offer participants an overview of Wisconsin's Opioid Response grants that have improved opioid treatment services in our communities, and an overview of Medicine Assisted Treatment (MAT). This workshop content is applicable for anyone ranging from beginner to advanced.

Objectives

1. Information about the State Opioid Response (SOR).
2. Examples of opioid treatment services in our communities funded by SOR grants.
3. Increased knowledge regarding the variety of MATs.

12. Oske Pemeteset - The New Life - Indigenous Perspectives on Wellness

Kristin Welch, BAS-ITS Human Development Menikanaehkem Community Organizer, Gresham, Wis.

Menikanaehkem, an indigenous led grassroots nonprofit, is leading the way in systems change by utilizing an outcome focused and strength-based approach to re-building community. In this workshop participants will be introduced to land-based services that Menikanaehkem provides with and for the community that encourages recovery, healing, and self-empowerment. We will define what a land-based service is, how it cultivates recovery and wellness, and tools to help agencies/communities to use this service model. This workshop is intended for service providers,

recovery specialists, behavior/mental health professionals, youth and family workers, community members, educators, and those in the helping field.

Objectives:

1. Participants will understand indigenous concepts of wellness, healing, and delivery of services.
2. Participants will learn about land-based services and their benefits.
3. Participants will learn about Indigenous strategies to develop relationships across systems.

13. Parent Peer Specialists and the Wisconsin Peer Specialist Employment Initiative

Tim Saubers, *Wisconsin Peer Specialist Program Manager, Access to Independence, Madison, Wis.*

This workshop is designed to educate attendees on Parent Peer Specialists including their many roles, the certification process to become a CPPS, how to effectively utilize CPPS as part of a treatment team, and how service providers can best onboard a CPPS. This workshop will also educate attendees on the Wisconsin Peer Specialist Employment Initiative, which oversees both Adult and Parent Peer Specialists throughout the state including organizing trainings, state certification, and the curriculum used for training. Finally, it will provide information about the Wisconsin Peer Specialist Employment Initiative's 2019 projects and their status.

Objectives:

1. Learn the role of a Parent Peer Specialist and how they can be utilized effectively as part of a treatment team.
2. Learn what the Wisconsin Peer Specialist Employment Initiative is and its role with Peer Specialists throughout the state.
3. Learn what the Wisconsin Peer Specialist Employment Initiative has been working on in 2019 including information about trainings held throughout the year, ongoing curriculum revisions, and Wisconsin CPS Employment information

14. Harm Reduction in Wisconsin

Mat Hazelberg, *Harm Reduction Advocate, Prevention Specialist, AIDS Resource Center of Wisconsin, Milwaukee, Wis.*

Sarah Johnson, *Health Education Specialist, Public Health Madison and Dane County (PHMDC), Madison, Wis.*

Philomena Kebec, *Co-Coordinator of Gwayakobimaadiziwin Bad River Needle Exchange, Ashland, Wis.*

Scott Stokes, *Section Chief, Wisconsin Department of Health Services, Madison, Wis.*

This panel presentation will provide participants with a working definition of Harm Reduction. Participants will also get an overview of three harm reduction programs operating in Wisconsin.

Objectives:

1. Participants will understand the definition of harm reduction as it relates to drug user populations.
2. Participants will learn about three harm reduction programs in operation in Wisconsin.

3. Participants will learn of additional resources about harm reduction and will know how to access them.

15. The Mindful Therapist

Tim Bautch, *Therapist, Connections Counseling, Stoughton, Wis.*

Participants will learn about the three core elements of being mindful: intention, attention, and attitude. Participants will learn ways to use three core elements in their own counseling practice. The focus of this workshop is to learn your own mindfulness practice to reduce burnout, retain clients and provide a more effective environment for everyone to make change!

Objectives:

1. Understand the three core elements of mindfulness.
2. Learn and practice techniques to enrich your own mindfulness practice.
3. Identify the difference between being a mindful therapist and conducting mindfulness therapy.

16. CBT of Psychotic Symptoms– Part 2 of 2

Ron Diamond, M.D., *Professor Emeritus, University of Wisconsin Department of Psychiatry, Middleton, Wis.*

Cognitive Behavioral Therapy (CBT) can be applied to helping people with psychotic symptoms decrease stress and increase function. This is an evidence based and very recovery-oriented approach to helping people improve the quality of their lives.

Objectives:


1. Understand the principles of all CBT, and how to apply these principles to work with psychotic symptoms.
2. Understand the role of collaboration and assessment of readiness for change.
3. Understand the steps in CBT of psychosis, including (1) engagement, (2) normalizing and (3) working with specific symptoms, and (4) treatment planning.

Continued from session 8.

Must attend both sessions.

2:15 - 2:30 p.m.
BREAK





2:30 – 4 p.m.

AFTERNOON WORKSHOPS

17. Addressing Racial and Cultural Differences in Therapeutic Settings

Chad Wetterneck, Ph.D. *Clinical Psychologist, Rogers Memorial Hospital, Oconomowoc, Wis.*

This workshop will describe the need for cultural diversity and proper mental health professional training for working with those who may be dealing with prejudice, stigma, or racism. Participants will learn to recognize missteps and possible micro-aggressions in a professional role and how to increase one's expertise in working with cultural differences and displaying cultural humility.

Objectives:

1. Describe the Importance of Understanding and Embracing Diversity.
2. State evidence and impact of Stereotypes, Racism, and Explicit and Implicit Bias.
3. Demonstrate Cultural Sensitivity and Cultural Humility

18. Boundaries and Ethical Decision-Making in Clinical Practice: How to Recognize and Respond to Common Ethical Dilemmas – Part 3 of 3

Nancy Pierce, M.A. *LCSW, Mental Health Crisis Consultants, Mount Horeb, Wis.*

There is often no clear answers or set of rules to cover all ethics an boundary situations. This presentation will discuss how to think through some of the ethical dilemmas in mental health and substance use work.

Objectives:

1. Increasing awareness of ethical traps and justifications.
2. How to use an ethical decision-making model.
3. A fuller understanding of why boundaries are important and how they can be used for safety of both clinician and client.

Continued from sessions 2 and 10.

Must attend all three sessions.

19. CLAS Standards Implementation in Wisconsin

Mai Zong Vue, MSSW - *Wisconsin Department of Health Services, Madison, Wis.*

Harold Gates, MSSW, CISW, HS-BCP, Co-Founder *Cultural Competence, LLC, Sun Prairie, Wis*

This session will introduce the requirements of CLAS Standards from SCAODA and SAMHSA, 14 CLAS Standards, its history and purpose, and the potential impacts on delivering culturally competent mental health and AODA services to under-served populations in Wisconsin.

Objectives

1. Participants will understand the mandates from federal and SCAODA to implement CLAS Standards for mental health and AODA providers.
2. Participants will gain knowledge on the national effort to ensure behavioral health services are provided in a culturally competent manner.
3. Participants will have the opportunity to dialogue and share feedbacks on CLAS Standards implementation and culturally competent services in Wisconsin.

20. Recovery Coaches and Pregnant Women with Substance Use Disorders

Tanya Kraege, MSW, CSAC, APSW Recovery Coach Supervisor, Safe Communities, Madison, Wis.

I will be discussing how we have used recovery coaches to contribute to a comprehensive care system. I will address the barriers for this population.

Objectives:

1. Learn what is a recovery coach is.
2. How a coach can assist with the recovery process.
3. How to address stigma.

21. Multidimensional Family Therapy (MDFT) The Healing Power of Families

Paula Witt, MSW, LCSW with Substance Abuse Specialty - Multidimensional Family Therapy International, Verona, Wis.

Vanessa Vaziri, MSW, LCSW, UW Health Adolescent Alcohol Assessment, Madison, Wis.

Multidimensional Family Therapy (MDFT) is an integrated, comprehensive, family-centered treatment for youth problems and disorders. MDFT addresses a range of youth problem behaviors – substance abuse, delinquency, antisocial and aggressive behaviors, school and family problems, and emotional difficulties. It can be implemented in substance abuse and mental health treatment, child welfare, and juvenile justice systems, including detention centers and juvenile drug courts. In addition to its strong research outcomes, MDFT has high satisfaction ratings from teens and young adults, parents, therapists, and community collaborators.

Objectives:

1. Understand the perspective, core concepts, and evidence base of MDFT.
2. Learn about the four domains for intervention in treating adolescent substance use.
3. Gain knowledge on integrating MDFT principles into your work as a provider, to best help youth and families with complex problems.



22. Recovery Housing-What Happens When Treatment Principles are Utilized in a Non-Treatment Program in a Homeless Shelter?

Katie Witz, Clinical Case Manager - Guest House of Milwaukee, Milwaukee, Wis.

This workshop will be a three-pronged examination of what urban homeless men face when entering recovery. Facilitator will explore the barriers and limitations homeless men face when entering recovery, as well as the Recovery Housing program that facilitator oversees. In addition to describing the program, facilitator will highlight strengths and weaknesses of such a program as well as the experience of creating and adapting a program in real-time.

Objectives:

1. Understand the diversity within the homeless population, as well as the specific barriers that this population faces in entering recovery (AODA and/or MH) including funding limitations for treatment, housing instability, and the consequences of active addiction due to not having a safety net.
2. Learn about one program and its strengths-based treatment principles specifically designed and created to address these barriers.
3. Learn the strengths and weaknesses of this Recovery Housing program and apply these to thinking about program development in your area.

23. Everything You Ever Wanted to Know About the Wisconsin Intoxicated Driver Program

LeeAnn Mueller, Intoxicated Driver Program Coordinator, Wisconsin Department of Health Services, Madison, Wis.

Bob Gibson, AODA Division Supervisor, Green County Human Services, Monroe, Wis.

Pat Gutierrez, Substance Abuse Counselor, Impact, Inc., West Allis, Wis.

Becky Spanjers, Justice Support Services Supervisor, La Crosse County Human Services, La Crosse, Wis.

This session will help treatment providers to better understand the role of the Intoxicated Driver Program.

Objectives

1. Participants will learn about the role of the Intoxicated Driver Program.
2. Participants will learn about effective strategies to reduce recidivism.
3. Participants will learn what their responsibilities are for drivers participating in their services.

24. The Use of Art and Nature in Trauma Recovery

Ulrike Grueneberg, Certified Peer Specialist and Recovery Coach, Ulrike Maja Gruenberg Life and Recovery Coaching, Wisconsin Dells, Wis.

In this workshop we will explore the benefits of experiencing Art and Nature in Recovery. You will be able to participate in an exercise illustrating both. You will also gain a basic understanding of the neurophysiology of Trauma and Trauma Recovery.

Objectives:

1. Basic understanding of the neurophysiology of Trauma and Trauma Recovery.
2. A brief overview of the use of Art and Nature in Recovery.
3. Hands on experience in Aesthetic Contemplation.

OPTIONAL FORUMS ON OCTOBER 29

4:15 - 5:15 p.m. Annual SCAODA Public Forum and Discussion of SCAODA's Purpose

The State Council on Alcohol and Other Drug Abuse (SCAODA) was created to coordinate substance use disorder planning across the many agencies in Wisconsin government and advise those agencies on prevention, treatment and recovery activities. SCAODA is responsible for reviewing pending legislation, developing two-year plans to implement activities and guide administration of the federal Substance Abuse Prevention and Treatment Block Grant, reviewing the biennial budget as it relates to alcohol and other drugs, and making recommendations to the Governor and the Legislature. SCAODA members are appointed by the Governor and represent most cabinet level agencies, two constitutional offices, the legislature, treatment providers, consumers, and citizens. This session will briefly cover the history of the Council and explore its recent and current roles and reports in confronting contemporary alcohol and other drug abuse across Wisconsin. The bulk of the session will feature the Council's annual public forum, which is an opportunity for conference participants and members of the general public to provide input to the Council on statewide substance use disorder needs, utilization of the Substance Abuse Block Grant funds, and programmatic changes. Representatives of the State Council will be present to take input and participate in this discussion.

4:15 - 5:45 p.m. PM Listening Session with Administration

People in recovery will have an opportunity to meet with Rose Kleman, Administrator, and Holly Audley, Assistant Administrator of the Division of Care and Treatment Services to discuss mental health and substance use programming in Wisconsin. This will include opportunities for people to offer feedback on what's working well and areas needing attention related to mental health and substance use treatment and services.

5:30 - 7 p.m.

Diversity Dialogues: Connecting

Sandy Hardie, Executive Director, Mahala's Hope, Eden, Wis.

Conditions for effective counseling relationships include genuineness, unconditional positive regard, and accurate empathic understanding. How do we provide this when we have unrecognized, learned biases because of our circles of influence, geographical limitations, unquestioned beliefs, etc.?

Objectives:

1. Conditions for effective counseling relationships.
2. Recognize learned biases.
3. Respectful discussions on challenging issues.

7 - 8 p.m.

Recovery Meeting

This meeting is for anyone in recovery and will be chaired by a person in recovery to offer and provide the opportunity for support. This meeting is an informal gathering of all forms of recovery and not specific to any single support or fellowship group. Out of respect to everyone's anonymity this meeting is not open for observation from individuals not in recovery.

OPTIONAL

FORUM ON OCTOBER 30

7:30 - 8:20 a.m.

AM Listening Session with County Staff

County staff will have an opportunity to meet with Rose Kleman Administrator, Holly Audley, Assistant Administrator of the Division of Care and Treatment Services, and Joyce Allen, Director, Bureau of Prevention, Treatment and Recovery, to discuss current mental health and substance abuse issues.

Wednesday, OCTOBER 30

8:30 - 10 a.m.

MORNING WORKSHOPS

25. Life-Altering Choices

Marcia Perkins, Commissioner, Office for Persons with Disabilities, Milwaukee, Wis.

This presentation is on the hard truth of power of precision. Carry Out. Tell Others. Learn from the past. Maintain a positive flexible approach while expressing Live Life Learn lessons.

Objectives:

1. Long term use effects>showing of books-visual outcome.
2. Life in Recovery>What happens after>personal story.
3. Support>Positive from family/friends/support groups.

WEDNESDAY

OCTOBER 30, 2019

7:30 - 8:30 a.m.

Breakfast and Registration

7:30 - 8:20 a.m.

Listening Session with County Staff

8:30 - 10 a.m.

A.M. Workshops (25-32)

10 - 10:30 a.m.

Break

10:30 - noon

A.M. Workshops (33-40)

noon - 12:45 p.m.

Lunch

12:45 - 2:15 p.m.

P.M. Workshops (41-48)

2:15 - 2:30 p.m.

Break

2:30 - 3:30 p.m.

Closing Keynote

BETTER THAN OKAY:

Moving From Illness to Happiness

Oscar Jimenez-Solomon

26. Elders and Substance Use: The Invisible Crisis

Tracy Schroeffer, Ph.D., Professor of Social Work, University of Wisconsin-Madison School of Social Work, Madison, Wis.

This workshop will address one of the fastest growing health issues for elders in the United States: substance use. The reasons for this growth and current invisibility of the issue will be examined, as well as factors that place elders at higher risk. In addition, age-related changes that make prescribing challenging will be explored and attention given to screening and treatment.

Objectives:

1. Expand knowledge and awareness of elders and substance use issues.
2. Acquire an understanding of age-related changes that make prescribing challenging.
3. Gain information on screening and treatment challenges and best practices for addressing them.

27. Reflective Supervision

Shawn Smith, *Founder Share Training, Franklin, Wis.*

Establishing a trauma-informed service environment requires the ability of leaders to hold space for their team members. Learn how to: "Do unto others as you would have them do unto others." to address compassion fatigue, reduce burn-out, and increase team retention.

Objectives:

1. How to apply Share Training's Reflective Supervision structure when staff a case.
2. How to onboard team members to this style of supervision.
3. Learn alignments with other healing-focused approaches.

28. Trauma Focused - Cognitive Behavioral Therapy (TF-CBT)

Kaitlin Tolliver, *MSW, LCSW, Trauma and Domestic Abuse Program Coordinator, Wisconsin Department of Children and Families, Madison, Wis.*

Lisa Dunham, *LCSW, CCS Supervisor/Mental Health Professional, Jefferson County Human Services, Jefferson, Wis.*

This presentation will provide an introduction to the TF-CBT therapy modality, how to obtain certification, and how to support the practice within various environments. Successes and challenges will be discussed, and various tools of the therapy will be practiced.

Objectives:

1. What is TF-CBT.
2. What are various successes and challenges when using TF-CBT.
3. How agencies can support TF-CBT fidelity.

29. The Opioid Epidemic in Wisconsin

Elizabeth Collier, *MSW, LCSW, CSAC, ICS, Wisconsin Department of Health Services, Madison, Wis.*

Katharine Rifken, *M.S., Data and Evaluation Specialist - Wisconsin Department of Health Services, Madison, Wis.*

This session will provide participants with an overview of Wisconsin's opioid epidemic through a variety of statistics, trends, and data in a manner which captures the populations, communities, and public health. This workshop content is applicable for anyone ranging from beginner to advanced.

Objectives

1. Understand the extent of the opioid epidemic nationally.
2. Learn drug trends and current data in Wisconsin.
3. Understand the signs and symptoms of opioid misuse and abuse.
4. Learn about new tools DHS is putting out.

30. Wraparound Across the Lifespan: A Philosophy Shift

Emily McGonigle, *MA, LMFT, La Crosse County Human Services, La Crosse, Wis.*

Ryan Ross, *MSW, LCSW, La Crosse County Human Services, La Crosse, Wis.*

Many of us got into this field to help others grow. The wraparound philosophy has been shown to be effective in supporting youth and families to integrate back into their communities successfully. What if we were to apply the same principles to all individuals, across the life span, in mental health services? In this workshop we will address the importance of building wraparound teams for all individual as a way to model and create lasting change, empower individuals, and reduce dependency on workers and systems.

Objectives:

1. Understand the basic principles of the Wraparound philosophy.
2. Methods to collect and use data to support practice.
3. Expand Wraparound philosophy to include supporting adults in our communities.

31. Broken but Unbreakable

Algernon Felice, *Director, Cultural Bridges Treatment and Consulting, LLC, Madison, Wis.*

Carmella Harris, *CEO, Tessia Nicole Brown Live 2 Heal Foundation, Madison, Wis.*

This is the closest many of us will ever get to a true TED Talk, with someone who lives with bipolar, deals with bipolar, struggles with bipolar, and flourishes with bipolar. This presentation takes us out of our academia and places us squarely into our humanness.

Audience: Social Workers, Psychotherapists.

Objectives

1. A shifting away from the academic linearity of mental health to a more holistic, humanistic model.
2. An expansion of our understanding of the complexities of bipolar disorder.
3. Meeting, hearing, learning from a real live person who lives, survives, and thrives with this disorder.

32. Recovery from a Peer Perspective... My Story and Yours

Susie Austin, *Wisconsin Community Services Peer Services Coordinator, Certified Peer Specialist and State CPS Trainer - Wisconsin Community Services, Waukesha, Wis.*

The first part of this workshop is my story and recovery from methamphetamine. It also covers a parent perspective with a heroin addicted child. The workshop is geared to participants who want to learn about substance use and recovery from a very personal lived experience perspective. Bring questions you always wanted to ask but did not feel comfortable. Learn how to tell your story, everyone has one. The second part of this workshop addresses how Peer Specialists are a valuable part of the team and how it is different than other treatment professionals.

Objectives

1. Learn about Methamphetamine addiction, and heroin addiction from a parent perspective...My story.
2. Everyone has a story, learn how to tell yours.
3. Learn how a Certified Peer Specialist is different than other treatment professionals.

10 – 10:30 a.m.
BREAK

10:30 am – noon
MORNING WORKSHOPS

33. Creating a School Based Mental Health Program

Brian Boomgarden, MS, LCSW, SAC, Holy Family Memorial Behavioral Health, Manitowoc, Wis.

Rachel Fruin, LPC, School Based Mental Health Therapist, Holy Family Memorial Behavioral Health, Manitowoc, Wis.

Only a small percentage of those who need mental health services take advantage of them. Children are especially affected by this most, due to parents work schedules, transportation, and hesitation for parents to be involved in services. In response to this, many schools are beginning to offer School Based Mental Health Services.

Objectives:

1. Identify the largest challenges to implementing a school based mental health program.
2. Discuss different models of school based mental health.
3. Practice setting up a model for school-based counseling in your local schools.

34. Clinical Supervision of Staff - Part I of 2

Phillip Barbour, Master Trainer, The Center for Health and Justice at TASC, Chicago, Ill.

To provide participants the opportunity to examine their current (or anticipated) supervisory practice and preferences in terms of definitions, responsibilities, and roles of clinical supervision covered.

Objectives:

1. Define primary goals of supervisory practice.
2. Identify discrepancies between ideal and current practice.
3. Analyze own supervisory practice.

Continued in sessions 42.
Must attend both sessions.

35. Instinctual Trauma Response

Shawn Smith, Founder, Share Training, Franklin, Wis.

Terri Strodthoff, Founder and Executive Director of the Alma Center, Milwaukee, Wis.

The Instinctual Trauma Response™ method is an evidence-supported method that focuses on treating the roots of trauma rather than the symptoms. The method was developed by Dr. Lou Tinnin, psychiatrist and Dr. Linda Gantt, art therapist, after over 30 years of clinical experience with people coping with all kinds of trauma. The ITR™ method gives traumatic memories order, verbal coding, historical context, and an objective, third person view that protects the person from re-experiencing the trauma and fosters their capacity for empathy for themselves and others.

Objectives:

1. Learn the Instinctual Trauma Response structure for healing trauma.
2. Learn alignment with Healing Focused Care.
3. Demonstration of Graphic Narrative + Representation

36. Affairs: Why They Occur and Ways to Rebuild Trust

Crystal D’Orazio, LMFT, CSAC, Marriage and Family Solutions, Madison, Wis

Sarah Maleck, LPC, LMFT, Maleck Therapy, Madison, Wis

Join us to learn the reasons why affairs occur, the different types of affairs, and potential red flags that may emerge in these cases. We will also explore ways to address affairs after they are discovered and how to support clients as they begin to work through processing their pain and attempt to rebuild trust. Methods for rebuilding trust will be discussed, along with barriers and additional obstacles that may present during this process. Finally, strategies for teaching and implementing effective communication and conflict resolution skills will be addressed so that couples can gain tools to “affair-proof” their relationship and make it stronger and even more satisfying than it was previously.

Objectives:

1. Identify the different types of affairs that occur in couples along with reasons why affairs happen.
2. Learn different ways to address and begin to repair trust in relationships following an affair.
3. Gain effective communication and conflict resolution skills to create new, stronger relationships



37. Addressing Co-Occurring Substance Use and Mental Illness in the Criminal Justice System

Fred Dyer, Ph.D., CADC Trainer and Consultant, Minneapolis, Minn.

COD's are more often the rule than exception in justice settings. The over representation of people with COD's in the criminal justice system is a result of several factors. Elevated rates of homelessness and criminological risk factors, employment problem solving deficits.

Objectives:

1. Learn 5 challenges in implementing evidence-based practice and co-occurring disorders treatment in the criminal justice systems with corresponding solutions/interventions.
2. See from research and clinical practice how offender participation in substance use disorder treatment reduces substance use and criminal activity.
3. Learn 3 strategies for working with offenders with co-occurring disorders.

38. Solutions to Your Client Rights Conundrums: A Panel Discussion on Difficult Dilemmas in Client Rights

Laura Daley, Client Rights Specialist, DCTS Client Rights Office, Wisconsin Department of Health Services, Madison, Wis.

Laura O'Flanagan, Client Rights Specialist, DCTS Client Rights Office, Wisconsin Department of Health Services, Madison, Wis.

Emily Mickelson, Client Rights Specialist, DCTS Client Rights Office, Wisconsin Department of Health Services, Madison, Wis.

Dorothy Paler, Client Rights Specialist, DCTS Client Rights Office, Wisconsin Department of Health Services, Madison, Wis.

This panel discussion will help you understand patient rights and confidentiality, how privilege can affect our experience and Services, when and where complaints should be directed and where to go when you have questions about patient rights. We will present and answer questions about client rights limitations and denials, the grievance procedure, and in- and out-patient services.

Objectives:

1. What to do when a client complains or when you, as a patient, have a complaint.
2. How to protect one client's rights while balancing the needs of staff and other clients.
3. What traps to avoid.

39. Peer Specialist Ethics: A Practical Approach - Part 2 of 2

Maria Hanson, JD, CPS, Mendota Mental Health Institute, Madison, Wis.

Luann Simpson, MSW, CAPSW, CPS, Luann Simpson Consulting and Training, Racine, Wis.

This presentation will address the role of the Certified Peer Specialist as defined by the core competencies, scope of practice and code of ethics. The presenters will demonstrate the value of

the use of these documents when making ethical decisions in various situations that may arise in the course of professional practice. Using multiple scenarios, the presenters will demonstrate how the role of the peer specialist and ethical decision-making process differs from that of other human service professions. This presentation will be interactive when processing scenarios and participants are encouraged to bring examples from the field for group processing.

Objectives:

1. Participants will be familiar with the Wisconsin Certified Peer Specialists Code of Ethics.
2. Participants will have the ability to apply the code of ethics in professional decision making.
3. Participants will have a basic understanding of how the role of CPS differs in ethical decision making from that of other human service professions.

Continued in session 43.

Must attend both sessions.

40. Augmenting the Treatment of Co-Occurring Substance Use and Mental Health Disorders with Schema Assessment and Therapy

Chad Wetterneck, Ph.D., Clinical Psychologist, Rogers Memorial Hospital, Oconomowoc, Wis.

Individuals with substance use disorders often have co-occurring mental health diagnoses which increases the complexity of treatment. This combination of mental health diagnoses increases the likelihood that traditional 12 step addiction treatment will be less effective. At Rogers Memorial Hospital – Herrington Recovery Center there is a dual treatment model which allows for concurrent substance use and mental health treatment. Due to the complexity of treatment, the use of schema therapy techniques have been implemented as an adjunct and complementing intervention to traditional Cognitive Behavioral Therapy (CBT) model of mental health treatment. Schema therapy was developed for use with individuals with treatment resistant diagnoses and allows clinicians to identify and treat early maladaptive schemas (EMS) which influence the thoughts, behaviors, and feelings of clients. EMS build off the literature on adverse childhood experiences (ACE), except schemas include additional aspects that interfere with developmental trajectory (i.e., not only trauma, loss, and neglect). This research looks at which schemas are commonly elevated in a dual diagnosis population, how to assess for schemas, and also describes the various techniques which are used in order to challenge early maladaptive schemas to promote recovery.

Objectives:

1. Describe how early maladaptive schemas develop and how to explain them to a patient in a validating manner.
2. Assess for early maladaptive schemas.
3. Formulate and carry out a plan to include schema therapy techniques to support individual, group, and family work.

noon – 12:45 p.m.
LUNCH

12:45 – 2:15 p.m.
AFTERNOON WORKSHOPS

41. Navigating Cultural Dilemmas in Early Intervention: Fostering Cultural Empathy and Trust

Oscar Jimenez-Solomon, MPH, Research Scientist and Research Coordinator, Center of Excellence for Cultural Competence, New York State Psychiatric Institute, New York, N.Y.

This presentation builds on three real-life stories from the project above to present common cultural dilemmas in early care (e.g., religion/spirituality, family cultures, gender constructs) to discuss how to use address these cultural dilemmas, and take the opportunities they present to engage young people and their families more effectively (what seems to be a problem often is a window of opportunity). Cultural dilemmas refer to tensions that arise from differences in views and expectations about behavioral health and recovery.

42. Clinical Supervision of Staff - Part 2 of 2

Phillip Barbour, Master Trainer - The Center for Health and Justice a TASC, Chicago, Ill.

To provide participants the opportunity to examine their current (or anticipated) supervisory practice and preferences in terms of definitions, responsibilities, and roles of clinical supervision covered.

Objectives:

1. Define primary goals of supervisory practice.
2. Identify discrepancies between ideal and current practice.
3. Analyze own supervisory practice.

Continued from session 34.
Must attend both sessions.

43. Peer Specialist Ethics: A Practical Approach- Part 2 of 2

Maria Hanson, JD, , CPS, Mendota Mental Health Institute, Madison, Wis.

Luann Simpson, MSW, CAPSW, CPS, Luann Simpson Consulting and Training, Racine, Wis.

This presentation will address the role of the Certified Peer Specialist as defined by the core competencies, scope of practice and code of ethics. The presenters when demonstrate the value of the use of these documents when making ethical decisions in various situations that may arise in the course of professional practice. Using multiple scenarios, the presenters will demonstrate how the role of the peer specialist and therefore the ethical decision-making process differs from that of other human service professions. This presentation will be interactive

when processing scenarios and participants are encouraged to bring examples from the field for group processing.

Objectives:

1. Participants will be familiar with the Wisconsin Certified Peer Specialists Code of Ethics.
2. Participants will have the ability to apply the code of ethics in professional decision making.
3. Participants will have a basic understanding of how the role of CPS differs in ethical decision making from that of other human service professions.

Continued from session 39.
Must attend both sessions.

44. Wellness Circles for Teams

Shawn Smith, Founder, Share Training, Franklin, Wis.

Terri Strodthoff, Founder and Executive Director, Alma Center, Milwaukee, Wis.

Compassion, burn-out, and vicarious traumatization impacts retention rates of teams and served persons. In this highly experiential workshop, explore how your team can support each other to maintain balance and wellness!

Objectives:

1. How to create a safe space for Wellness Circles: Structure, Onboard, and Purpose.
2. Experience the healing of a Wellness Circle Check-In.
3. Learn how to start Wellness Circles with your team.

45. Addiction and Trauma Across the Lifespan: A Developmental and Systems Approach

Susan Sigl, M.S, LPC, CSAC, ICS, Mental Health/AODA Counselor, Social Development Commission and Clinical Supervisor via TTKT Consulting Services, Milwaukee, Wis.

This workshop will explore the risk factors, triggers and recovery opportunities impact on both Individuals and a range of family experiences, across the lifespan from both a life-stage Development and an Integrated Systems or family perspective. We will discuss some resources and strategies to use as professionals, which may help to encourage use of strength-based interventions, for stigma reduction and evidenced-based practices, interactive skill professional development, hopefully promoting empowerment for both our clients and ourselves as professionals.



Objectives:

1. Participants will learn about incorporating both a Developmental/life stage and Integrated systems or family perspective in our approach to addiction and trauma experiences.
2. Participants will consider strategies and timing for when to intervene with treatment or prevention to address: systems-based or family diversity/types, stigma reduction, and effective interventions.
3. Continuing personal and professional development goals for our clients and ourselves, in the context of a developmental and systems-based approach or how we may better "practice what we preach."

46. Diving Deeper into Dialectical Behavior Therapy: Understanding, Implementation and Application

John Prestby, PhD, *Licensed Psychology and Psychotherapist, Shore Counseling and Consulting, Nashotah, Wis.*

This workshop will provide a deeper understanding of the core DBT components, including practical instructions and tips for engaging clients and skillfully implementing several of the most effective DBT strategies, including: Mindfulness, Validation, Acceptance, Distress Tolerance and Emotional Regulation Skills. Applications for substance use treatment will also be included.

Objectives:

1. Learn the 6 levels of Validation including what to validate and how to recognize Invalidation.
2. Learn why Mindfulness is central to DBT and other new Cognitive Behavioral Therapies and tips for teaching and applying Mindfulness skills.
3. Learn why Radical Acceptance is a core component to all DBT skills and how to teach and apply Radical Acceptance skills.
4. Learn several ways to apply DBT to treating substance use disorders.

47. The Resilient Wandering Nerve

Rebecca Wigg-Ninham, MSW SAC, ACE Master Trainer, Trauma and Resiliency Expert-Rosen Method Wisconsin, Madison, Wis.

This interactive workshop will explore Polyvagal Theory, Trauma and Resiliency. Is Safety the core of therapy? Awareness and regulation of the body is embodied resilience.

Objectives:

1. You will begin to understand the Polyvagal Approach to Complex Trauma and Resiliency.
2. You will be introduced to the Science of Connection.
3. You will begin to map the Nervous System and experience Embodied Self-Awareness.

48. It's My Life, and I'll Do What I Want. It's My Mind, and I'll Think What I Want

Fred Dyer, Ph.D., *CADC Trainer and Consultant, Minneapolis, Minn.*

Many emerging adults will develop problematic substance use during emerging adulthood as a result of being exposed to environmental, individual, as well as interpersonal stress throughout their development this places them at risk for ongoing difficulties with substance use.

Objectives:

1. Understand 5 reasons for substance use disorder increasing and emerging adulthood.
2. Learn 5 reason for quitting substance use for emerging adults with SUD.
3. Learn 21 risk factors for emerging adulthood substance use disorders with corresponding intervention/strategies.

2:15 – 2:30 p.m.
BREAK

2:30 – 3:30 p.m.
CLOSING KEYNOTE

Addressing the Social Determinants of Suicide: Financial Exclusion, Financial Shame, and Social Isolation

Oscar Jimenez-Solomon, MPH, *Research Scientist and Research Coordinator, Center of Excellence for Cultural Competence, New York State Psychiatric Institute, New York, N.Y.*

This presentation builds on the fact that suicide rates have increased sharply in the last decade, suicide has become the second leading cause of death among youth/young adults, and that our public health systems we have not focused on important determinants such as poverty, financial stress, and their resulting shame and isolation; the presentation builds on personal stories and ongoing research (that shows the particular vulnerability of young people) to propose a concrete intervention framework and strategies. The presentation challenges our behavioral health systems and programs to take on the issue of financial exclusion, engage in conversations about shame, and tackle a fundamental problem in American society, disconnection. What are the limitations of an individual/clinical only level approach? How should our services look like if we truly embrace a "social determinants" approach?

15th Annual Mental Health and Substance Use Recovery Training Conference

(Only one person may register per form. Please photocopy for additional registrations. PLEASE PRINT CLEARLY)

Name _____
First MI Last

Phone _____ Cell _____

Professional Title _____

Company _____

Mailing Address _____

City/State/Zip _____

Email Address _____

REGISTRATION FEES:

Postmarked by October 4, 2019:

Full Conference: \$205, Tuesday only: \$140, Wednesday only: \$140

On or after October 5, 2019:

Full Conference: \$315, Tuesday only: \$195, Wednesday only: \$195

Registration fees cover all materials, refreshment breaks, lunch and continental breakfasts.

Refund Policy: Full refunds granted upon receipt of written request received by Monday, October 14, 2019. Refunds after October 14, 2019 will be assessed a \$25 processing fee. No refunds will be given after October 21, 2019. Substitutions can be made at anytime, but no shows will be responsible for the full conference fee. Last minute registrations cannot be guaranteed meals or materials.

☐ First-time participant

☐ Special needs accommodations _____

☐ Dietary Restrictions _____

If you have special needs that require assistance, including special dietary needs, please notify us by phone or in writing at least two weeks prior to the conference.

UW-Stevens Point provides equal opportunities in employment and programming.

WORKSHOP CHOICES:

Please indicate your 1st and 2nd choice for each session.

TUESDAY, OCTOBER 29, 2019

	1st	2nd	
10:15 - 11:45 a.m.	_____	_____	(Workshops 1-8)
12:45 - 2:15 p.m.	_____	_____	(Workshops 9-16)
2:30 - 4 p.m.	_____	_____	(Workshops 17-24)

Optional Forums: Tuesday 4:15-5:15 p.m.

_____ SCAODA _____ Listening Session

_____ Diversity Reception 5:30-7 p.m.

_____ Recovery Meeting 7-8 p.m.

WEDNESDAY, OCTOBER 30, 2019

OPTIONAL COUNTY STAFF Forum: Wednesday a.m. _____

	1st	2nd	
8:30 - 10 a.m.	_____	_____	(Workshops 25-32)
10:30 a.m. - noon	_____	_____	(Workshops 33-40)
12:45 - 2:15 p.m.	_____	_____	(Workshops 41-48)

**Complete and send registration form and fee,
payable to University of Wisconsin-Stevens Point to:**

UW-Stevens Point Continuing Education
2100 Main St., 032 Main Bldg.
Stevens Point, WI 54481-3897

Phone: 715-346-3838 Fax: 715-346-3504

Register online at www.uwsp.edu/conted/confwrkshp

Click on

"Annual Mental Health and Substance Use Recovery Conference"

Gender: ☐ Male ☐ Female ☐ Not Listed

Age: A. ☐ Under 18 B. ☐ 18-34 C. ☐ 35-49 D. ☐ 50-64 E. ☐ 65+

Race/Ethnicity: A. ☐ Black (Non-Hispanic) B. ☐ Asian or Pacific Islander
C. ☐ Amer. Indian/Alaskan Native D. ☐ Hispanic E. ☐ White (Non Hispanic)

Are you enrolled in this program for career purposes? ☐ Yes ☐ No

Please indicate your occupation/organization:

02. ☐ Educational Services 05. ☐ Health Services (Mental and Physical)

07. ☐ Protective Services 08. ☐ Public Administration/Gov. Agency

10. ☐ Social, Recreational, Religious 13. ☐ Other

PAYMENT METHOD:

TOTAL AMOUNT ENCLOSED: _____

☐ Check

☐ MasterCard ☐ Visa ☐ Discover

Cardholder name _____

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