

Portugal

May 16-25, 2026

Led By: Anne Rogalski and In-Country Guide



Continuing Education
University of Wisconsin-Stevens Point





An Itinerary for Portugal

May 16-25, 2026

Join us in Portugal for a journey into the country's culture, history, and cuisine. You'll enjoy scenic drives through untouched countryside, medieval hilltop villages that feel frozen in time, and the breathtaking Douro Valley, famous for its terraced vineyards along the river. Learn the art of traditional cooking as you prepare a meal alongside a Portuguese family, then savor exquisite Ports and local wines while sampling decadent pastries in charming cafés. In UNESCO-listed Alentejo, discover rolling wheat fields, cork oak forests, and ancient olive groves that showcase the region's agricultural heritage. With each stop, you'll experience the warmth of Portuguese hospitality, the richness of its traditions, and the beauty of landscapes that seem made for exploration. Don't miss out on this unforgettable trip that captures the true heart and soul of Portugal!

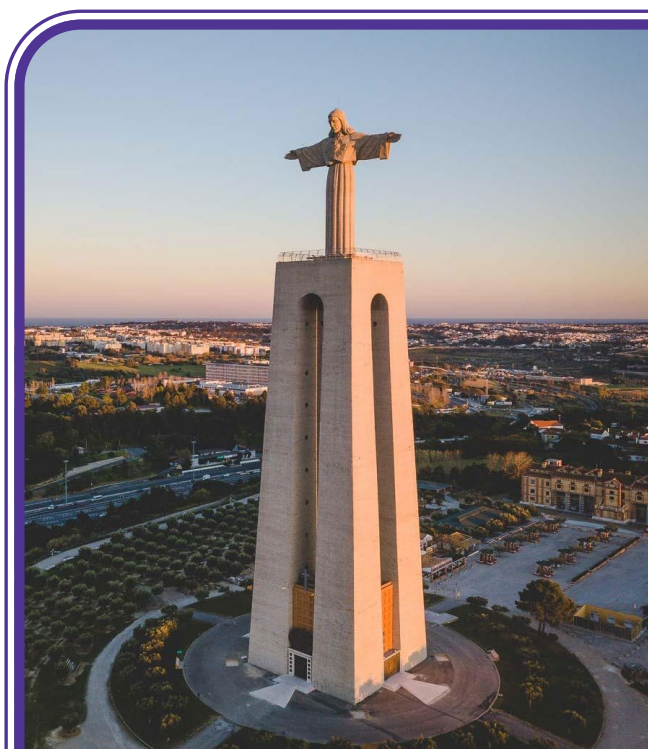
Trip Leaders: Anne Rogalski and In-Country Guide

Saturday, May 16, 2026

- Arrive in Lisbon
- Group pick up at Lisbon Airport
- Walking tour – 4 hours
 - A journey through centuries of Portuguese life, told through cobbled streets, secret corners, and the stories that bring it all to life.
- Sangria and cheese tasting at **Tasca da Baixa**
- Check into hotel in Lisbon
- Welcome Dinner

Sunday, May 17, 2026

- Breakfast
- Visit **Pastéis de Belém** for custard tarts
- Explore **Jerónimos Monastery**
 - The Jerónimos Monastery in Lisbon is a UNESCO World Heritage site renowned for its stunning Manueline architecture and rich maritime history.
- Visit **Christ the King** statue with panoramic views
- Lunch in Almada overlooking the river
- Return to Lisbon for a free evening





Monday, May 18, 2026

- Breakfast
- Check out of hotel
- Tour the **Evora Historic Center**
 - Lisbon's ever-historic center invites you to wander its charming streets, where centuries-old architecture, lively plazas, and rich cultural traditions come together in a vibrant atmosphere.
- Check into hotel in Evora
- Cooking Class / Dinner

Tuesday, May 19, 2026

- Breakfast
- Check out of hotel
- **Cork factory tour**
 - This tour offers a fascinating look into the country's centuries-old cork industry, where you can see the unique harvesting process and discover how this natural material is transformed into sustainable products.
- **Wine tasting** at a family owned winery
- Lunch
- Explore **Alentejo**
 - Wander through golden plains and charming whitewashed villages under the warm Portuguese sun.
- Check into hotel in Fundao
- Dinner



Wednesday, May 20, 2026

- Breakfast
- Visit **Monsanto**
 - Discover a fairytale village built seamlessly into giant boulders, offering one of the most unique landscapes in Portugal.
- Lunch
- Portuguese bread baking experience
- Visit family-run sheep farm
- Return to hotel



Thursday, May 21, 2026

- Breakfast
- Check out of hotel
- Explore **Douro Valley**
 - This UNESCO World Heritage site is a breathtaking region of rolling vineyards, scenic river views, and historic wine estates that showcase Portugal's rich winemaking heritage.
- Port tasting at a wine estate
- Lunch
- **Douro River Cruise** on private Rabello boat
 - You will glide past terraced vineyards and charming villages. The views along the Douro are some of the most picturesque you'll find in Portugal.
- Check into hotel in Porto
- Free Evening



Friday, May 22, 2026

- Breakfast
- Guided walking tour of **Porto**
 - Stroll along the colorful riverside, sip world-famous port wine, and take in the city's blend of history and vibrant energy.
- Free day to enjoy the city

Saturday, May 23, 2026

- Breakfast
- Check out of hotel
- Visit **Coimbra**
 - Coimbra, once Portugal's medieval capital, is a lively riverside city known for its historic university, charming old town, and rich cultural traditions.
- Lunch
- Explore **Tomar**
 - Step into the legacy of the Knights Templar as you explore the stunning Convent of Christ and medieval streets.
- Check into hotel in Tomar



Sunday, May 24, 2026

- Breakfast
- Check out of hotel
- Explore the medieval village **Obidos**
 - Obidos is a picturesque walled town in Portugal, famous for its cobblestone streets, whitewashed houses adorned with vibrant flowers, and well-preserved medieval charm.
- Visit **Sintra**
 - Explore a magical hillside town where colorful palaces, lush gardens, and misty forests create a fairytale escape.
- Tour of **Pena's Palace**
 - Pena Palace, perched high above Sintra, is a colorful Romantic-era castle surrounded by lush forests, offering fairy-tale architecture and breathtaking panoramic views.
- Check into hotel in Lisbon



Monday, May 25, 2026

- Breakfast to go
- Check out of hotel
- Group transfer to Lisbon Airport
- Fly home





Pricing

Registration Fee

Double occupancy rates: **\$5100 per person**

If you choose to book “my own room” (single supplement), **\$970** will be added to your total.

***Registration closes Friday, January 30, 2026**

Payment Schedule:

\$500 deposit due at registration (*This fee is nonrefundable*)

\$2300 is due on Friday, January 30, 2026

\$2300 is due on Friday, March 20, 2026

***Since we make financial commitments in advance, no refunds will be issued for cancellations less than 90 days prior to the trip. Cancellations received more than 90 days before the trip will receive a full refund minus \$500. However, you may send a substitute in your place. Please email us at uwspceweb@uwsp.edu to inform us of a cancellation or substitution.**

Price includes:

- 9 Nights accommodations
- 9 Breakfasts
- 5 Lunches
- 3 Dinners
- 1 Cooking Class
- 3 Wine Tastings
- Portuguese Bread Baking Experience
- Douro River Cruise
- More Tours per the itinerary
- English Speaking Guide
- Transportation according to itinerary
- One group transfer from/to airport in Portugal

UWSP Continuing Education does not provide travel insurance, medical, or emergency evacuation and thus you are 100% responsible for these expenses. Visit [Travel Insurance Review](#) to answer any of your travel insurance questions, get tips, and advice, or compare different providers.