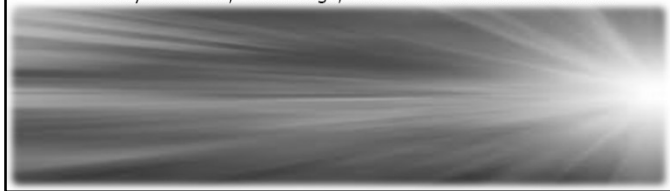


Voice and Choice (and all Wraparound Principles) are at the Center of Wellness in CCS

Panel Presenters:
Tanaya Shannon, Paula Buege, Michele Bahl and Monica Caldwell



1

Learning Objectives for Today

- 1. Learners will understand the importance of embedding the wraparound philosophy in the CCS service array for greatest impact, and will be included in a discussion of their evolution in their respective agencies.
- 2. Learners will hear from the voices of lived experience, and identify the value that peer support adds to the team.
- 3. Learners will identify elements of successful teaming while navigating multiple systems to promote whole person/whole family well-being.



2

Wraparound Principles The ground we stand on in CCS

- Family Voice and Choice
- Team based
- Natural Supports
- Collaboration
- Community Based
- Individualized
- Strengths-based
- Culturally responsive
- Unconditional
- Outcomes-based



3

How Did the Personal and Teaming Transformation Happen?

- Stuck
- Disengaged
- Not showing up
- Team is fractured
- Silence
- Anger
- Communication is not transparent or accurate
- Engaged
- Trusting the team
- Showing up. Keep showing up.
- Voice and Choice
- Telling the truth. Seeing strengths.
- Changed viewpoint on therapy
- Doors are opened to experience something new and different



4

Peer/Parent Peer Support

- Empathy and Understanding (lived experience)
- Holding Space
- Walking Alongside
- Doing WITH (not for)
- Supportive Advocacy
- Mutuality
- Giving Strength Based Encouragement
- Supporting Self Direction, Voice and Choice



5

CCS Supervision

- Regular reflective supervision
- Weekly CCS team meetings with consultation
- Consistent attendance at recovery team meetings as the Mental Health Professional
- Maintain positive relationships with other providers
- Support in crises
- Support to complete documentation



6

Organizational Leadership



- Supporting staff to work flexibly in the community, while balancing safety. Wraparound IS the way of CCS delivery of services on the array.
- Connecting agency learning initiatives in Motivational Interviewing, Trauma Informed Care and Reflective Supervision
- Eliminating any agency barriers
- Focus on provider well-being in the areas of self compassion, fatigue, debriefing stressful incidents, expectations of self and others, and boundaries
- Mutual benefit in the non-profit/county human services department relationship



7

Thank you for your time and attention!



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