

Addiction Recovery

ROGERS
Behavioral Health



Request a free screening

800-767-4411

rogersbh.org

Addiction Recovery at Rogers

At Rogers, treatment is led by physicians who specialize in addiction medicine and understand the brain functions that contribute to substance use disorder. Using evidence-based treatment, our goal is to help patients find a path to recovery from addiction and co-occurring mental health disorders.

What we treat

- Drug and alcohol addiction
- Alcohol, sedative, and opioid withdrawal
- Co-occurring mental disorders

Admission starts with a free, confidential phone screening. To request a screening, call **800-767-4411** or visit **[rogersbh.org](https://www.rogersbh.org)**.



An evidence-based approach

At Rogers, we use therapeutic methods that research shows to be the most effective for reducing symptoms. Depending on level of care and diagnosis, patients may engage in:



Cognitive behavioral therapy (CBT)

Research shows that CBT is highly effective in helping people make changes in their behaviors, thoughts, and emotions. Rogers is a national leader in the use of CBT.

Motivational interviewing

Motivational interviewing is used in various programs to inspire self-motivation. Patients will develop the drive to effectively change behaviors and be successful in treatment and recovery.

Medication-assisted treatment

The use of medication in combination with a treatment program is offered as an option should an individual's treatment plan call for it.

12-step facilitation

Patients participate in a strategy of acceptance, surrender, and active involvement to address the complexities of substance use disorder.

Family involvement

Having family participation is a key part of recovery that allows for more effective treatment and eases the transition back home. This includes psychoeducation for family members about their loved one's symptoms, the treatment strategies being used, and how they can best support their loved one's mental health needs, treatment progress and ongoing recovery.

Levels of care

Inpatient Care

To help patients with acute needs for withdrawal management and detoxification, Rogers offer inpatient care at three hospital locations in southeastern Wisconsin: Brown Deer, Oconomowoc, and West Allis.

Outpatient Care

Partial Hospitalization Care (PHP)

6 to 6.5 hours a day, 5 days a week

Intensive, structured treatment that provides more hours of therapy in a week and allows patients to remain connected with their social support network. On average, PHP treatment lasts four to six weeks.

Intensive Outpatient Care (IOP)

3 to 3.5 hours a day, 4 to 5 days a week

Specialized, short-term treatment to alleviate symptoms, and to assist patients with the transition between PHP care and traditional outpatient treatment. On average, IOP treatment lasts six to eight weeks.



Patients, families, and treatment teams work together to determine length of programs based on individual progress and situations.

Levels of care

Residential Care

Provides a supportive, home-like setting for intensive treatment. Residents work with treatment teams to significantly reduce symptoms and promote long-term recovery. Patients stay an average of 45 to 60 days.

For adults



Herrington Center for Addiction Recovery, set on 50 wooded acres with lake frontage in Oconomowoc, provides a comfortable, home-like setting where adults can address obstacles to recovery from alcohol, drugs, and co-occurring psychiatric disorders. The incorporation of CBT helps effectively treat both conditions concurrently.



The new **Herrington Center for Mental Health and Addiction Recovery**, in West Allis, ensures that more adults get access to specialized treatment for mental health disorders and co-occurring addiction.

For adolescents



Mental Health and Addiction Recovery Adolescent Residential Care, in West Allis, offers comprehensive, evidence-based therapies to address substance use, as well as the mental health challenges that are often at the root of the dependence. Experiential therapy and addiction education complement regular programming and encourage lasting, recovery-focused change.

Outcomes Data

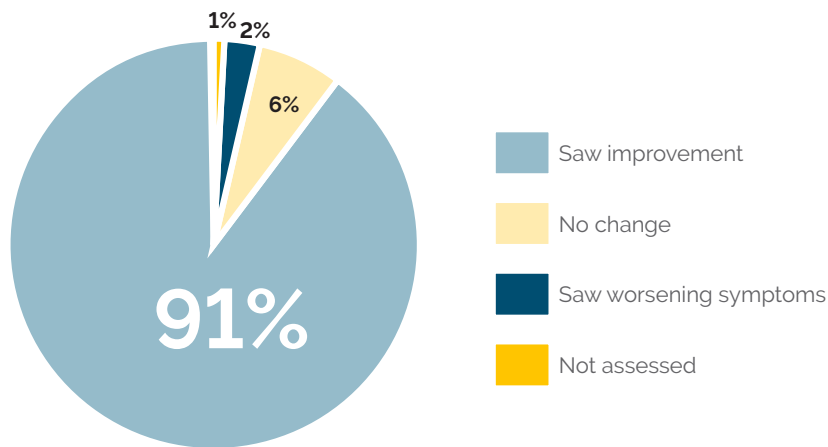
For more than 20 years, Rogers has been measuring the effectiveness of our care in the most transparent, scientifically reliable way possible.

Each year, Rogers conducts nearly a million patient assessments: taken at the start of treatment, at various points throughout treatment, at discharge, and for most programs, 12 months after care.

Our research team analyzes outcomes data to evaluate the effectiveness of individual progress during treatment as well as at the program and system level. This allows us to replicate the therapies and approaches that achieve the best results for our patients.

Clinical Global Impressions-Improvement (CGI)

Clinician-rated assessment of patient severity upon admission and assessment of improvement at time of discharge. 91% of our patients were minimally, much, or very much improved by the end of their treatment, as rated by the attending psychologist or psychiatrist.



Quality of Life Enjoyment and Satisfaction Questionnaire (Q-LES-Q)*

This 16-item self-report measures the degree of enjoyment and satisfaction experienced in various areas of daily functioning. It is composed of 14 general activity items and two additional items on medication satisfaction and overall life satisfaction.

Adult results

	Admission	Discharge
Residential Care	51	73
Partial Hospitalization Care	56	68
Intensive Outpatient Care	66	77

Adolescent results

	Admission	Discharge
Residential Care	52	72
Partial Hospitalization Care	53	59
Intensive Outpatient Care	57	66

* Though there is not an industry standard for interpreting score results, Rogers uses the following categories to evaluate our patients' assessment of their quality of life: 80 - very good 64 - good 48 - fair 32 - poor 16 - very poor

To see the results of evidence-based treatment at Rogers, visit rogersbh.org/outcomes.

To get started

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Our Mission

We provide highly effective mental health and addiction treatment that helps people reach their full potential for health and well-being.

Locations

For more information on the services nearest you, visit **rogersbh.org/locations**.

California

Los Angeles
San Diego
San Francisco

Florida

Miami
Tampa

Illinois

Hinsdale
Skokie

Minnesota

Minneapolis
St. Paul

Pennsylvania

Philadelphia

Tennessee

Nashville

Wisconsin

Appleton
Brown Deer
Kenosha
Madison
Oconomowoc
West Allis

