

Spring 2020 Continuing Education Catalog

DISCOVER YOUR PURPOSE



University of Wisconsin
Stevens Point

STEVENS POINT • MARSHFIELD • WAUSAU



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University of Wisconsin Stevens Point

STEVENS POINT • MARSHFIELD • WAUSAU

We invite you to explore a wide variety of new and exciting spring programs offered by UW-Stevens Point Continuing Education and Outreach. We are excited to continue growing and expanding our impact on the community as a collaborative, regional team. For our customers, that means more opportunities to engage in programs across three locations.

As you look through the catalog, you'll notice that each campus has its own unique Retirement Learning program: PAL in Marshfield, LIFE in Stevens Point and College of Emeriti in Wausau. Even though each community has a unique program, we're hoping to foster more connection across the programs, primarily through shared travel! We've worked to add pick up locations from other campuses to encourage every community to get involved, to meet new people, and to embrace the regional approach.

We are grateful to have such amazing customers to serve and continue to strive toward more improvements. As we continue to learn the best way to serve all three communities, we encourage you to explore the programs offered at different campuses and consider a trip to visit our whole team!



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"No matter which community you call home, we enrich your life by providing increased opportunity to connect with a more unique and enhanced learning experience."

UW-Stevens Point

**2100 Main St. 032 Main Bldg.
Stevens Point, WI 54481
715-346-3838
uwsp.edu/conted**

UW-Stevens Point at Wausau

**625 Stewart Avenue
Wausau, WI 54401
715-261-6294
uwsp.edu/conted**

UW-Stevens Point at Marshfield

**2000 West 5th Street
Marshfield, WI 54449
715-389-6520
uwsp.edu/conted**

Travel from Central Wisconsin



Luck of the Dells- Day Trip to Wisconsin Dells

Celebrate St. Patrick's Day with a tour of the H.H. Bennett Studio, lunch at MACs and a visit to Circus World! Travel, admission fee and lunch included.

Tues. / March 17 / \$79 Public / \$69 College of Emeriti, PAL or LIFE Members

Bus leaves from Wausau and Stevens Point



BREWS and VIEWS Day Trip to New Glarus, Wisconsin

Venture down to the quaint town of New Glarus where you'll have free time downtown, followed by a trip to the brewery for a tasting and an optional hike at New Glarus State Park!

Sat. / May 2 / \$59 Public

Bus leaves from Wausau and Stevens Point



"EMMA"- Day Trip to the Guthrie

Visit the Mill District of Minneapolis before a performance of the Show EMMA at the Guthrie. In this playful world premiere, Emma Woodhouse prides herself on being a mischievous matchmaker, but her best laid plans are turned upside down by two charming new guests. Travel and admission included.

Wed. / April 22 / \$89 Public / \$79 College of Emeriti, PAL or LIFE Members

Bus leaves from Wausau and Marshfield



Aquaponics: Lunch, Lecture and Tour

UW-Stevens Point is a national leader in aquaponics education. Aquaponics is a farming technique that combines raising aquatic animals while simultaneously growing plants in water. Many consider aquaponics to be the future of food. Learn all about this increasingly popular and sustainable, year-round food production technique. At the Marshfield Campus, enjoy soup, salad (locally sourced from Cold Snap Aquaponics), rolls and dessert followed by a lecture with Aquaponics Professor Chris Hartleb. Then travel by bus to Wisconsin Rapids to tour Cold Snap Aquaponics. Fee includes, lunch, gratuity, bus travel, lecture and tour.

Thurs. / April 9 / 11 a.m. - 2:35 p.m.

\$69 / \$59 for PAL Members

Bus leaves from Marshfield



Travel from Central Wisconsin



NASHVILLE AND GREAT SMOKY MOUNTAINS

Nashville and The Smoky Mountains

Visit multiple museums including Johnny Cash, Country Music Hall of Fame, Ryman Auditorium, and Hatch. Admission to the Grand Ole Opry and Andrew Jackson's Hermitage. Tasting at Blackstone Brewing Co. and Nelson's Green Brier Distillery. Tour Cade's Cove, Clingman's Dome, New Found Gap, and the Appalachian Trail in the Great Smoky Mountain National Park. Lodging at 21C Museum Hotel and Dancing Bear Lodge.
March 31 - April 4, 2020 / \$2,300



Milwaukee Brewers and Miller Park

April 1, 2020

Milwaukee Brewers

Come see the Brewers play the St. Louis Cardinals at Miller Park.

Wed. / April 1 / 8:15 a.m. - 4 p.m.

LIFE, PAL, College of Emeriti Members \$75 / Public \$95

Bus leaves from Stevens Point, Marshfield and Wausau



The Band's Visit

May 9, 2020

The Band's Visit

Experience the musical that won ten Tony Awards and a Grammy Award for Best Musical Theater Album. Dinner will follow at Fratellos.

Sat. / May 9 / \$149

Bus leaves from Stevens Point



Dear Evan Hansen

June 28, 2020

Dear Evan Hansen

See the new play that has taken the stage by storm, winning six Tony awards including Best Musical. Dinner will follow at Fratellos.

Sun. / June 28 / \$249

Bus leaves from Stevens Point



NEW YORK THEATER AND CULTURE

New York City Theater and Culture

Immerse yourself with five days of New York theater, culture and sightseeing including four Broadway shows.

Oct. 5 - 9, 2020 / \$2,699



KENTUCKY CULTURE TRIP

Kentucky Culture Trip

Explore the countryside while enjoying craft cocktails and local cuisine, visiting famous landmarks and museums, staying right downtown within walking distance from shops and nightlife.

Nov. 9 - 13, 2020 / \$1,999

WAUSAU CAMPUS

Youth

American Red Cross Babysitter's Training Course (ages 11 and up)



American
Red Cross

Receive the American Red Cross Certification in this one-day training session. Learn key components for babysitting including feeding, diapering, handling bedtime and discipline issues, identifying safety hazards, as well as caring for common injuries and emergencies, such as choking, cuts and burns. Walk away with the skills to be a confident and capable babysitter. You will receive the Babysitter's Training Handbook, Emergency Reference Guide and Training CD. Please bring a sack lunch.

Sat. / April 25 / 9 a.m. - 4:30 p.m.

UW Center for Civic Engagement / Sonntag / \$105

Katie Weisbrod teaches the Red Cross Babysitting Training to aspiring babysitters throughout Wisconsin. Katie has been with the Red Cross for five years and has enjoyed every moment of it. She is a wife and mother to three boys. She has been working with youth for over 10 years whether it has been teaching, coaching or training.

Creative Writing: Where to Start (Grades 6-12)

Are you interested in writing stories, poems, essays or literally anything else? For those interested in writing creatively, we know what it feels like to get stuck. This workshop can help you get started on finding ideas and putting pen to paper. The class will take a brief walk over to Marathon Park to write down descriptions of the world around us - what do you see, hear, smell, feel? The walk will be followed by an opportunity to write - in any medium you prefer - what you experienced. Join for the fun of jumpstarting writing that can be as close to or far from reality as you like.

Mon. / March 16 / 6 - 7:30 p.m.

Main Building / Room 194 / \$15

Megan Stringer graduated from DePaul University with a minor in creative writing focused in poetry, and a major in journalism. Megan published poetry in the St. Louis Anthology from Belt Publishing and flash fiction in Crook & Folly, DePaul's literary magazine. Megan works as a reporter at the Wausau Daily Herald, where she loves writing and sharing stories in the community.

ACT Prep Course

Sat. / Feb. 22 / 8:30 a.m. - 3:30 p.m.

Room 233 FEE: \$45

Registration deadline: **Fri. / Feb. 14**

This prep session is designed to assist the student in preparing for the ACT assessment. Areas to be covered are:

- ▶ Test-taking strategies
- ▶ English usage/mechanics and rhetorical skills
- ▶ Math problem-solving strategies, algebra, geometry and trigonometry reviews
- ▶ Science data representation, analysis and interpretation of research summaries and conflicting hypotheses

Confirmation notices are not sent.

You will only be notified if this course is canceled or changed.

Energy Bus Camp

An animated Energy Bus is coming so that your kids can learn about energy, work and force. Then they will create two miniprojects and put it into play! Join us for a fun-fueled ride on the Energy Bus!

For students in Grades K- 2!

Mon. / March 23 / 9 a.m. - Noon

Main Building / Room TBA / \$49

Electronics Boombox

Empower your child's curiosity in this half-day adventure of engineering: Kids will learn about electronics and how our actions impact the flow of current and voltage. This class will help your child understand how to build circuits and allow them to see their work come to life through a miniproject they'll be able to bring home!

Tues. / March 24 / 9 a.m. - Noon

Main Building / Room TBA / \$49

Shanthy Ayyadhury, an educator for 17 years, is the founder of iFleed. Through iFleed she focuses on STEAM programming for children ages 4-14.

Save The Dates!

Wizarding Academy 2020

Join us for a week of Hogwarts inspired fun! Student teams will use cooperation and creativity throughout the week!

Wits and wands required! Enjoy Harry Potter trivia, writing, art contests, and daily Quidditch!

Students entering 3rd - 6th grade:

July 13 - 17, 2020 / 9 a.m - 4:30 p.m

Students entering 6th - 9th grade:

July 20 - 24, 2020 / 9 a.m - 4:30 p.m

College for Kids (Entering grades K-6)

June 8 - 12 or June 15 - 19 / 8 - 9:45 a.m. and 10:15 a.m. - Noon

Harry Potter



Girl Power Camp (Girls ages 8-13)

Crack the Confidence Code and empower your life!

June 22 - 26 / 9 a.m. - 4 p.m.

Lectures

The World Wars

With the hundredth year anniversaries of the events of World War I just behind us, we have an occasion to think about how this and then the subsequent world war changed the world in which we live. This course will investigate the origins, course, consequences and meaning of the world wars in world history.

Wed. / Feb. 5, 19, and March 4 / 6 – 8 p.m.

Main Building / Room TBA / \$45 / \$10 Discount for College of Emeriti Members

Jeff Leigh has been a professor of history at UW Stevens Point at Wausau since 2000. He earned his bachelor's degrees in History and Russian studies and went on to receive his masters and doctorate in history from Indiana University. He is the author of "Austrian Imperial Censorship and the Bohemian Periodical Press from 1848 to 1871."

Listening From the Heart

The simple act of listening has a profound effect on all our relationships. Come and explore some of the ideology around processes, principles and importance of listening. This view was developed by M. Lucille Kinlein and her colleagues as they founded a new profession of caring with people.

Tues. / March 3 – 17 / 6 – 7 p.m. 6 - 7:30 p.m.

Room TBA / \$29

Loretta Ulmschneider is a local kinlein practitioner, based in Wausau, Wisconsin.

Important Global Decisions

Join in important discussions about real-world challenges in this three-week series. With a different professor each week, this class will explore three different global topics; first gaining the context, then engaging in meaningful discussion around each topic.

Session 1: "Brexit, the European Union, and the United States" with Professor John Blakeman

Session 2: "U.S.- North Korea Relations" with Professor Saemyi Park

Session 3: "Current Issues in Latin America" with Professor Jennifer Collins

Tues. / April 14 – 28 / 6 – 7 p.m.

Room TBA / \$39

John Blakeman, Saemyi Park, and Jennifer Collins teach in the UW-Stevens Point Political Science Department.

Scholarships now available for both youth and adult participants!

Contact Continuing Education at 715-261-6294 for details.

Down to Earth God: An Everyday Spirituality

The Christian faith puts God down-to-earth at every point. That faith has at times proven revolutionary, transformative for both individuals and whole cultures. This class would explore that revolutionary heritage in connection with simple things like daily work, the table and home, love of the neighbor, and care of the earth.

Mon. / April 20 or April 27 / 9 – 10:30 a.m.

Location TBA / \$19

Dr. Steven K. Fjerde, has served congregations in Marathon County for 20 years. The senior pastor of Zion Lutheran Church in Wausau since 2009, he earned his Doctor of Ministry from Concordia Seminary (St. Louis) in 2017. His research focused on the history, practice, and theology of home and personal devotion in the Christian tradition.

Literacy in the Workplace

Literacy affects a community far beyond the pages of a book and is likely impacting your business and workplace. Join us for this educational lunch hour and dive into the tips and best practices to identify, support and improve literacy within in your workplace.

Thurs. / April 30 / Noon – 1 p.m.

Room TBA / \$19



Save the Date!

ALL THINGS
Senior!

20/20 Vision of Healthy Aging

May 20, 2020

UW-Stevens Point at Wausau Campus

Our Mission Statement: Promoting educational opportunities for healthy life choices (60+) in Marathon County.



Mind and Body



Intro to Ballroom Dance

Do you have an event coming up, perhaps a wedding or formal occasion, and you don't feel comfortable dancing? Don't just watch the TV stars dance, LEARN how to dance in this fun class! This six-week class will introduce you to the fun and excitement of Ballroom Dance. Students will learn the following dances: the Waltz, Swing and Cha Cha.

Singles and Couples are welcome in the class, but a dance partner is not guaranteed with registration.

Tues. / Feb. 11 – March 17 / 6:30 – 7:30 p.m.
Main Building / Auditorium / Room 133 / \$65

Missy and Jeff Kolbeck have over 20 years of combined dancing experience in Ballroom, Latin and Swing dancing. In addition to their private and group classes in the Wausau area, they are also freelance choreographers for several theater organizations, show choirs and high school groups.

AYURVEDA BASICS

Join this class to explore an understanding of the human body through the oldest healing science. Learn about the four basics—the dosha, dhatu, mala and dagni. Learn the practices that can help you to live a healthier, fuller life.

Wed. and Fri. / March 11 and 13 / 10:30 – 11:30 a.m.
Main Building / Room TBA / \$19



YOGA

Enjoy Yoga that focuses on different styles of Hatha Yoga, including the practice of Asana (yoga posture), Pranayama (breathing techniques), Ayurveda knowledge, and meditation to build strength, stability and flexibility.

Wed. and Fri. / March 25 – April 24 / 10:30 – 11:30 a.m.
Main Building / Auditorium / \$79 10 Sessions or \$9 Individual Session

INDIAN DANCE

Join in on this class for students who want to learn a new type of dance—Indian Dance. Dance in India comprises numerous styles of dances, generally classified as classical or folk. Students will focus on different forms of dance from the many states of India. Indian dance consists of body movement synchronized with music, words, and song. Beginners welcome - no training needed!



Tues. and Thurs. / March 31 – April 16 / 10:30 – 11:30 a.m.
Main Building Auditorium / \$49

Shailly Rishi is a physician and yoga instructor. She often teaches yoga and Indian Dance in her studio. In her free time, she practices her yoga, teaches and raises her children.



Introduction to Trail Running

Are you ready to take a break from pounding pavement? Get a change of scenery with trail running! This course will prepare runners of all ability levels for the trail. You will receive tips including suggestions for local trail runs, shoe recommendations, benefits of trail running, trail etiquette, training recommendations, additional resources, and upcoming training and race opportunities.

Wed. / ~~March 4~~ / 6 – 7:30 p.m.
Location TBA / \$19

*** Date has changed to
 Thurs. April 2, 2020.**

Andrea Larson is a Marathon native who gradually increased from the low hurdles at the Kiwanis Little Olympics to ultra marathons. Andrea podiumed at one of the country's most prestigious trail races, the Leadville 100, and was the first overall finisher of the Marji Gesick 100 trail race crushing the women's course record.

Adventure Racing 101



Adventure Racing is a growing team sport that combines trekking/running, biking, paddling and orienteering (map and compass navigation) through wilderness courses in search of hidden checkpoints. Join previous National Champion adventure racers Tim and Anna for an intro to the sport and tips on preparing for your first adventure race, whether it be a three-hour, eight-hour, or multi-day adventure. Topics covered will include an overview of the sport, preparing your body and mind, fueling, adventure race skills, team dynamics, gear, and more.

Wed. / March 4 / 6 – 7:30 p.m.
Location TBA / \$19

Tim Buchholz and Anna Nummelin of team Rib Mountain Racing are the core of the #1 ranked adventure racing team in the United States and co-race directors of the annual Rib Mountain Adventure Challenge. They are previous Collegiate National Champions and have a combined 30+ years of adventure racing experience between the two of them, including 200+ adventure race finishes.

INTERNATIONAL DINNER



China—An Authentic New Year Meal

with the Chinese New Year Festival

Fri. / Jan. 24 / \$45 per person

The Netherlands

with Trevor Roark

Fri. / March 6 / \$39 per person

Mind and Body

Well Being Day - March 21

Students may sign up for one, two or three classes
All sessions held in UW Center for Civic Engagement, Sonnentag Room

Session 1: Healthier Sleep

You will be taught how to fall asleep quickly and easily. Learn to sleep soundly and release the endless monkey mind chatter to create a restful night. Learn practical, natural and holistic techniques that will help you develop a calm, peaceful mind for longer and healthier sleep.

Sat. / March 21 / 8:30 - 10:30 a.m. / \$35



Session 2: Meditation Training

Relaxation expert John Oestreicher has been meditating for 33 years and teaching meditation for twelve years. In this informative and relaxing class,

participants will learn the benefits of meditation, how and when to meditate, focused attention, and how to slow down and release the mind's endless chatter. Students will practice meditating and each individual will receive a customized meditation-based energy scan.

Sat. / March 21 / 10:45 a.m. - 12:45 p.m. / \$35

Session 3: As You Think

This class is about using your thoughts effectively to create the life you want. You will learn what the "Vibrational Universe" is and how it works. Learn to recognize why your life is moving in a certain direction and how to change it. Techniques will be given to apply the power of intention and to attract what you want in life.

Sat. / March 21 / 1 - 3 p.m. / \$35

Well Being Day - April 25

Students may sign up for one or two classes.
All sessions held in UW Center for Civic Engagement, Sonnentag Room

Session 1: The Modern Shaman

Walk the path of a Modern Shaman. You will learn to create what you want by changing your perception of the world and to move thru life as an "energy being." Topics covered: What is Shamanism, Don't Squeeze the Shaman, Human "Being of Light," Know Thou Art Spirit, and Who Are You.

Sat. / April 25 / 8:30 a.m. - 12:30 p.m. / \$79

Session 2: Thought to Form

Have you ever thought of something and it showed up instantly in your life? If you believe that's possible and want to learn techniques to have it happen more often, then this class is for you. This class will teach you that it's possible to think "apple" and have it show up immediately in your physical reality. You will learn to deliberately create what you want quickly and easily by the power of your thoughts.

Sat. / April 25 / 1 - 3 p.m. / \$35

John Oestreicher is a registered Reiki Master/Teacher and member of the International Association of Reiki Professionals. He is the owner of Hands on Healing Energy, LLC, Kohler, Wis. He has been meditating for 30 years and teaching for eleven.

Additional Interests



Getting started with your DSLR

Have you just purchased a new DSLR camera? This class will help you get started taking photographs! Let's clear up some of the confusion with your new camera.

Students will learn the control and workings of their DSLR, proper set up and AUTO mode, menu items that are important for every photographer, and tips on making photographs more than just snapshots! Students should bring their DSLR camera and camera manual.

Thurs. / March 19 / 6:30 - 9 p.m.
Fieldhouse / Room 112 / \$29

Digital SLR Photography

This four-week course is designed for the digital SLR camera user who would like to take the camera off "auto" and learn to get the most from the camera's features. Through hands-on and visual instruction, you will learn many key functions of the digital SLR camera, including camera function and digital lingo, f-stops and shutter speeds, lens selection and perspective, equipment recommendation, camera setting and much more. A digital SLR camera or digital camera with manual overrides and its manual are required.

Thurs. / April 2 - 23 / 6:30 - 9 p.m.
Fieldhouse / Room 112 / \$69

Scott Savage has an associate degree in photography from MATC. For 18 years, he was the staff photographer for Marshfield Clinic and has taught classes in Wausau and Marshfield. He currently is a freelance photographer and artist.

Additional Interests



Coffee from the Grounds Up

Join Beto Araya, co-owner of Condor Coffee, at the Condor Coffee Roasting House and Tasting room for a class all about coffee! Understanding what makes each sip of coffee unique, Beto will teach the science, down to the molecular makeup, that determines your favorite cup of coffee and why each is so unique. This class will include tastings, appetizers, and the flavorful teaching styles of Beto Araya.

Thurs. / ~~Feb. 13 or March 26~~ or May 7 / 6 – 7:30 p.m.
Condor Coffee Roasting House/ \$25 / \$10 Discount for College of Emeriti Members * Date has changed from March 26 to April 7

Beto Araya was born in Chile, and developed his love of coffee while in medical school, where coffee is a necessity to keep up with studies. Alongside medical school, Beto is the owner of Condor Coffee and enjoys educating coffee lovers.

Bullet Journaling 101

Students will have the opportunity to learn what bullet journaling is, how to utilize it for their individual needs, and will have time set aside to practice using this time management strategy. Students will receive their own bullet journal and will have access to different supplies to make their journal unique to themselves.



Wed. / Feb. 26 / 6 – 7 p.m.
Main Building / Room TBA / \$29

Special Needs Trusts and ABLE Accounts

This course is designed to assist families with children or adults who have cognitive and/or developmental needs. Participants will learn how to put aside saved, earned or inherited money for future medical, financial, educational or other luxuries not covered by federal SSDI or SSI payment and Medicare or Medicaid insurance coverage.

Tues. and Thurs. / March 10 and 12 / 6 – 8:15 p.m.
Main Building / Room TBA / \$35

Andrew W. Schmidt instructor.

What to Keep, What to Sell, What to Donate

Have you inherited a house full of items? Do you have a mountain of clutter to clear? Don't want to leave your children with either? This is the class for you! Maybe you just want to find out more about what items have value and how to dispose of those that don't. This class will focus on just what the title says: keep, sell or donate. You will leave with a list of local organizations where to donate items, a list of estate sale companies, auctioneers, social media sites and tips on what are the right items to keep. Students are encouraged to bring a photo of an item they want to discuss.*

~~Tues. / March 10~~ / 6 – 8 p.m.
Main Building / Room TBA / \$25



Jacky Luetschwager of Town Hall Trinkets, LLC, Ringle, Wisconsin, considers herself a folk artist that loves to work in sculpted form with a variety of media. Her favorite is fiber or paper-mache. She is a 4-H leader, Marathon County Jr. Fair Superintendent in Cultural Arts, hobby farmer and enjoys practicing many homesteading skills and heritage arts. She is also an antique dealer, organizes many local vintage events, pop-up sales and flea markets.



Shotgun Basics – Trap Shooting for Beginners

Shotgun Basics is a five-session course for adults wishing to learn basic shotgun handling skills, with the goal of safely mastering the use of a shotgun to be able to hit aerial target in a field setting. Textbook will be furnished as well as two rounds of trap with live fire practice, 50 targets, 50 shells. Club will furnish shotguns and NRA Certified Shotgun Instructors. We will use an interactive shooting system to allow students to learn the fundamentals of gun mount, swing and follow through on ariel targets. The DriFire System will allow us to practice indoors in adverse weather conditions, expected this early spring.

Wed. / April 8 – May 6 / 6:30 – 8 p.m.
Wausau Skeet and Trapp, T196 County Rd WW, Wausau / \$59

Kris and Randy Ullmer are members of the Wausau Skeet and Trap Club. Kris promotes the Wausau Skeet and Trap Club "Ladies Night Out" Trap program each summer. Both graduated from UW-River Falls with education degrees. Both are Certified Wingshooter Instructors by the Wisconsin DNR, and instruct the firearms portion at Camp Tesomas for the fall Venture Scouting program at the camp. Kris is an NRA Shotgun Coach, Randy is also a Shotgun Coach and Pistol Instructor.

Uncork The Possibilities

Stop and smell the Rosé! Get started learning by tasting in this three-session class that will walk you through the three steps to tasting wine, techniques to elevate your experience, and the chemistry between you and your favorite wine! You'll walk away with a better understanding of the wines you enjoy.



Wed. / April 8 – 22 / 6 – 8 p.m.
Main Building / Room TBA / \$39

Bruce Conard is the manager of Trig's Cellar 70. Author of "Wine of the Week" in the Wausau Daily Herald, Bruce has guided wine tours in California, held private wine tastings, and taught wine basics for many years!

Vision Boards: Map Out Your Passion

This workshop utilizes vision boards as a way to help students inspire themselves to succeed in their academic career. We will focus on what a vision board is, how to create a vision board, and we will set aside time to create their vision boards. The theme for this workshop is education meets passion. Materials will be provided; students are welcome to bring magazines and/or additional supplies they would like to use.

Thurs. / April 16 / 6 – 7 p.m.
Main Building / Library / \$19



Megan Sippel earned her bachelor's degree as a first-generation student. Megan coordinates all tutoring except English/Writing in the TLC and is the Academic Coach for UW-Stevens Point at Wausau. Megan enjoys the outdoors through biking, hiking and kayaking with her husband and two sons.

Landlord Boot Camp

Purchase all 3 sessions for \$99

Session 1 – Wisconsin Law Basics

Landlord-tenant laws cannot only be confusing, but they are constantly changing. This course is designed to give landlords, tenants or anyone a basic understanding of landlord and tenant laws in Wisconsin. This course will include Wisconsin statutes under chapter 704 and Wisconsin administrative code 134. It will focus on basics of leases and lease forms, security deposits, repairs, rent, client tricks and answer 'oodles' of questions! Handouts included. NOTE: A separate packet of Wisconsin rental forms will be available for separate purchase. It is not required that you purchase this book.

Tues. and Thur. / Feb. 18 and 20 // 6 – 8:15 p.m.
Main Building / Room TBA / \$35

Session 2 – Wisconsin Law Enterprise

Landlord-tenant relationships are sometimes even more confusing than the laws we need to follow. This course session will focus on basics of correcting bad tenant behavior, keeping good tenants, notices-to-vacate, terminating a lease, permitted security deposit withholdings and more. There will be more examples than lecture. Handouts included. It is also suggested, but not required, that you have taken the Wisconsin Law Basics above or have significant landlord and tenant experience prior to taking this class. NOTE: A separate packet of Wisconsin rental forms will be available for separate purchase. It is not required that you purchase this book.

Tues. and Thurs. / Feb 25 and 27 / 6 – 8:15 p.m.
Main Building / Room TBA / \$35

Session 3 – Fair Housing and Companion Animals and Step-By-Step Guide to Eviction

Handling tenants with special needs that may include a companion animal AND evicting tenants are the two most difficult things a landlord needs to do, both legally and ethically. This course is designed to help with the legal aspects including defining a breach of lease, sending the proper notice and Marathon County's small claims court procedures. This course will commence in the time period immediately after the tenant receives their notice-to-vacate. Handouts included. It is strongly suggested, but not required, that you take the Wisconsin Law Basics and Law Enterprise classes (Session 1 and 2), or have significant landlord and tenant experience prior to taking this class.

A separate packet of Wisconsin rental forms will be available for separate purchase. It is not required that you purchase this book. It is strongly suggested that you have taken the Landlord & Tenant Law Class above or have significant landlord and tenant experience prior to taking this class, but not required.

Tues. and Thurs. / March 3 and 5 / 6 – 8:15 p.m.
Main Building / Room TBA / \$35

Andrew W. Schmidt is the owner of SCHMIDT & SCHMIDT, S.C., Wausau, Wisconsin, a law office practice started by his grandfather in 1921. Andrew received his B.A from Ripon College, M.S. from University of Idaho, and a law degree from Hamline University School of Law. He is a member of the Marathon County Bar Association and the Wisconsin Bar Association. He is also a private practice attorney for Judicare, Inc. of Wisconsin, and corporation counsel for the Humane Society of Marathon County.

Fine Arts



DIY Home Decor Sign

Stop saving do it yourself ideas on Pinterest and start creating today! Choose from seven design options and start bringing your ideas to live in a fun, supportive environment! Whether you make a new seasonal decoration or a family sign, you'll leave with a new skill

and great new piece of decor for your home! Supplies provided.

Tues. / Jan. 21 / 6 – 8:30 p.m. * Date has rescheduled again to
Location TBA / \$49 **Wednesday, April 15, 2020!**

Wausau DIY Companies are headquartered in Central Wisconsin, started by DIY addicts and stay-at-home moms, Lisa and Ashley. From Pinterest to unique home decor, to unique home décor, they guide their workshops through the process.

Painting with Wool

"Painting with Wool" is your opportunity to work in 2D fashion with needle felting. Your 8 x 10 canvas will be a felted piece of wool on which you will create your masterpiece using a variety of wool rovings in various colors for your palette. A variety of samples will be shown or you may choose to create your own.

Tues. / March 31 / 6 – 9 p.m.
Main Building / Room TBA / \$29

Jacky Luetschwager of Town Hall Trinkets, LLC, Ringle, Wis., considers herself a folk artist that loves to work in sculpted form with a variety of media. Her favorite is fiber or paper-mache. She is a 4-H leader, Marathon County Jr. Fair Superintendent in Cultural Arts, hobby farmer and enjoys practicing many homesteading skills and heritage arts. She is also an antique dealer, organizes many local vintage events, pop-up sales and flea markets.

Fine Arts

Playwriting Basics

Meet and learn from local playwrights who will discuss the basic script writing for the stage. Whether you already have a developed story and characters or are looking for ways to delve into playwriting, the formats and essentials will be discussed.

Tues. / April 7 – 21 / 6:15 – 7:15 p.m.
Main Building / Room TBA / \$29



Theatre Hair and Makeup Design

Explore and learn the ways of designing, creating and implementing hair and makeup designs for the stage. Learn how to develop a cohesive hair and makeup plot, coordinate with local artists and resources for learning techniques for your production.

Tues. / March 17 – 31 / 6:15 – 7:15 p.m.
Main Building / Room TBA / \$29

Out of the Woods Theatre (OOTWT) is a newer local community theatre group that embraces a variety of theater genres from musicals to Shakespeare. Nicole Stephens, manager of OOTWT, has been involved in theater since she was a little girl and had written several plays, starting in high school. She is also a licensed cosmetologist who has created hair and makeup designs for several local productions including Beauty and the Beast and South Pacific.



Beginning Piano II

A continuation of Beginning Piano I. The course will include dexterity playing major and all forms of minor scales, harmonization of a block chord accompaniment, playing various rhythms, including syncopation in simple, compound, and asymmetric meters, transposition, and reading and playing two parts. Prerequisite: completion of Beginning Piano I, or approval of instructor. Registration does not include the cost of the book. This book is available in our campus bookstore

Tues. and Thurs. / 10 – 10:50 a.m. / Jan. 21 – May 7
(No classes week of March 16 for Spring Break)
Main Building / Room 200 / \$195

Ann Applegate is a lecturer in music and has taught for several years at the Wausau Campus.

Concert Choir

UW-Stevens Point at Wausau Concert Choir rehearses three days a week during the semester and performs on campus at least two concerts per semester. The group is consistently a mix of current college students and community members with a wide range of singing experience. No audition is necessary to participate in this ensemble, but previous choir experience is preferred.

Mon. and Wed. / Noon – 12:50 p.m. / Jan. 27 – May 11
(No classes week of March 16 for Spring Break)
Main Building / Room 206 / \$29

Timothy Buchholz, is an associate professor of music at UW-Stevens Point at Wausau. He directs the Concert Choir and two vocal jazz ensembles and teaches classes in ear training and vocal techniques. He has previously directed ensembles and taught classes at the University of Miami Frost School of Music, Miami Dade College, and California State University at Long Beach.

Concert Band

UW-Stevens Point at Wausau Concert Band provides a creative musical outlet for all interested university students and community members. Band members have the opportunity to learn a variety of musical styles through the concert band literature, develop individual and ensemble musical skills, and, last but not least, HAVE FUN! The course is an important part of the curriculum for music majors and allows students to apply and reinforce what they are learning in their other coursework. The ensemble performs on campus at least twice each semester.

Wed. / 6:30 – 8:10 p.m. / Jan. 22 – May 6
(No classes week of March 16 for Spring Break)
Main Building / Room 206 / \$29



Jazz Ensemble

UW-Stevens Point at Wausau Jazz Ensemble provides a creative musical outlet for the university students and community members interested in performing big band jazz music. Members have the opportunity to learn a variety of jazz, Latin, and jazz-rock styles through the jazz ensemble literature, while continuing to develop individual and ensemble musical skills. The group performs on campus at least twice each semester, with occasional off-campus performances for festivals, community events, or joint concerts with public school groups.

Tues. / 6 – 7:40 p.m. / Jan. 21 – May 5
(No classes week of March 16 for Spring Break)
Main Building / Room 206 / \$29

Patrick Phalen, Ph.D.

Held at UW-Stevens Point brand new Chemistry Biology Building!

MICROBIOLOGY FOR BREWERS

BREWING MICROBIOLOGY AND MICROSCOPY COURSE

Geared towards craft and home brewers who want to better understand the microbiological aspect of production and quality control.

2020 Workshops

3 Day Workshops January 7-9	1.5 Day Workshops March 21-22 June 6-7 August 12-13 November 7-8
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CONTACT US
715-346-3838 * uwsp.edu/conted
uwspce-aco@uwsp.edu

CENTRAL WISCONSIN YOUTH SYMPHONY ORCHESTRA PROGRAM

The Central Wisconsin Youth Symphony Orchestra Program provides a high quality symphonic performing experience for committed middle-level and high school students.

Register now for the second semester!
Jan. 12 - March 29, 2020

Ensembles include:
Philharmonia • Symphony Orchestra • Percussion Ensemble
uwsp.edu/cwysop

COLLEGE OF THE EMERITI ANNUAL MEMBERSHIP FEE—\$79



The College of the Emeriti, started in 1987, is an economical plan with several benefits to meet the educational needs of adults age 50 and over.

We are proud to pledge the university's resources to this program, which supports the concept of learning as a lifelong pursuit. As a member, you have the opportunity to enhance your personal growth in a stimulating, intellectual and friendly campus atmosphere.

MEMBERSHIP BENEFITS!



- ◆ **Free admission** to one designated continuing education class per year (certain courses are excluded) and reduced rates on several other designated courses.
- ◆ **Free admission** to the "Soapbox Series," faculty lectures held monthly throughout the school year.
- ◆ **Free use** of the Wausau Campus pool and library during scheduled hours, and access to the cafeteria.
- ◆ Wausau Campus Fitness Center for a small fee and if prerequisites are met.

SOAPBOX LECTURES

Lectures are scheduled at the beginning of each month during the academic year.

All lectures will be in the **Main Building, Terrace Room**

Wed., Feb. 12 ◆ 10 a.m.

Adaptive Gardening

- Hannah Marti, Medical College of Wisconsin

Wed., March 18 ◆ 10 a.m.

International Crane Foundation, Baraboo, Wisconsin

- Rick Lohr

Wed., April 14 ◆ 10 a.m.

Writing in Retirement - for pleasure or publication

- Brenda Felber

Wed., May 13 ◆ 10 a.m.

Understanding Precision Genetics

- Lisa Kunst, All of Us

Another Program for Retirees!

LEARNING IN RETIREMENT (LIR)

Learning in Retirement (LIR) at UW-Stevens Point at Wausau is a membership organization of retired adult learners providing an opportunity to share learning experiences and discover new joys. It is sponsored by the Wausau campus Continuing Education and Outreach department but governed and programmed by an all-volunteer steering committee.

New volunteers are welcome for the steering committee.

LIR membership includes two sessions, Fall and Winter/Spring.

The membership year runs from Sept. 1 - June 30.

Membership Fee: \$35 per year

To participate in these, you need to be a current member of the Learning in Retirement program.

Membership in the College of the Emeriti is separate from this program.

All events are on Tues. from 10 - 11:30 a.m., on campus in the Terrace Room (Main Building) unless otherwise noted.



Spring 2020 LIR Schedule

Tues. Feb. 11 Tour of Grand Theater

Go backstage with Sean Wright to learn more about scheduling and setting up programs for the Grand.

Tues. Feb. 25 Genealogy: Puzzles, Pictures and Persistence

Maggie Holt, genealogist, will describe a few mysteries she has unearthed while researching her relatives and discuss some of her research techniques.

Tues. March 10 International Book Discussion: The Boy Between Worlds, a biography by Annejet Van Der Zijl

When an entitled young man from the Dutch colony of Surinam travels to the Netherlands to study, he finds he is not so entitled after all. An unlikely love affair develops, but history has other plans. Led by Richard Olson.

Tues. March 24 Meet author Veronica Hinke

She will discuss her book, Titanic: Unsinkable Drinking, Dining, and Style, and take a look at the recipes, cocktails, and fashion found on this lavish ship.

Tues. April 21 Climate Change

Learn about practical steps we can take at home and effective, grassroots political action to help contain climate change. Led by Dan Barth, Citizens' Climate Lobby Marshfield Chair.

Tues. May 12 Field Trip to Schmeekle Reserve

Take a behind-the-scenes tour of UW-Stevens Point's Schmeekle Reserve and explore the conservation museum, bird-viewing area, amphitheater and other features. Hike the trails and look for signs of spring's arrival in this 280-acre island of green in the city of Stevens Point.

MARSHFIELD CAMPUS

Youth



ACT Prep

Taught by UW-Stevens Point faculty and staff, this prep session is designed to assist the student in preparing for the ACT assessment. Areas to be covered are:

- Test-taking strategies
- English usage/mechanics and rhetorical skills
- Math problem solving strategies
- Algebra, geometry and trigonometry reviews
- Science data representation, analysis and interpretation of research summaries and conflicting hypotheses

Sample tests and test-taking tips from multiple resources will be shared. Please bring a sack lunch.

Sat. / Feb. 1 / 9 a.m. – 2:30 p.m.

Aldo Leopold Science Building, Room 127 / \$45

Babysitter's Training Course (Ages 11 and up)

Receive the American Red Cross Certification in this one-day training session. Learn key components for babysitting including feeding, diapering, handling bedtime and discipline issues, identifying safety hazards, as well as caring for common injuries and emergencies, such as choking, cuts, and burns. Walk away with the skills to be a confident and capable babysitter. You will receive the Babysitter's Training Handbook, Emergency Reference Guide and Training CD. Please bring a sack lunch.

Sat. / April 4 / 9 a.m. – 4:30 p.m.

Everett Roehl STEM Center, Jean's Vanguard Room / \$99

Katie Weisbrod teaches the Red Cross Babysitting Training to aspiring babysitters throughout Wisconsin. Katie has been with the Red Cross for over five years and has enjoyed every moment of it. She is a wife and mother to three boys. She has been working with youth for over 10 years whether it has been teaching, coaching or training.

STEM Day (Grades 3-6)



For many of you there is no school on Feb. 17, so join us for a fun-filled day exploring Science, Technology, Engineering and Math through experiments and hands-on activities! Please bring a sack lunch.

More details to come online!

Mon. / Feb. 17 / 8 a.m. – 4:30 p.m. (before and after child care available)

Marshfield Campus / \$55 (includes supplies and snacks)

Instructors: UW-Stevens Point at Marshfield professors, staff and community professionals.

Ninja Warrior Camp (Ages 4-8)

Unleash your inner Ninja Warrior in this fun, four-day camp! Tests your strength, speed and balance through various obstacle courses. Class also includes strength and conditioning to prepare ninjas for group challenges.

Mon. – Thurs. / March 30 – April 2 / 4:15 – 5 p.m.

OR 5:15 – 6 p.m.

Physical Education Building, Gymnasium / \$45



Just for Kids Theatre:

Sleeping Beauty (Ages 7-13)

This fun, one-week intensive drama camp will introduce youth to all the magic of theatre, including acting, makeup, set design, props and more! The program is led by two professional actors/directors of the touring theatre company, Prairie Fire Children's Theatre, and will conclude with two performances open to the public.

The Golden Age of Hollywood comes to life in this over the top version of the classic tale. Set on a movie set in the 1930s, everything that can go wrong does!

Up to 74 local young people are needed to play the roles of Rose, Mallory, Colin, Eugene, Becki, Gwen, Julia, Anna, and the rest of the Movie Stars; The Director, Assistant Director, Producer, Cameraman, Assistant Cameraman, Make-Up Girl, Soundman, Dance Coach, Sheep Wrangler, Coffee Girl, Chauncy, Chancy, Chintzy, The Reporter, The Henchmen, and The Sheep.

The audition process lasts up to two hours. All those auditioning are required to be in attendance throughout its entirety. No preparation is necessary to audition. A portion of the cast will be required to stay following auditions for a short rehearsal.

Helen Connor Laird Fine Arts Building, Theatre / \$55

Audition Date: Mon., May 18, 3:30 – 5:30 p.m.

with practice for some 5:30 – 7:45 p.m.

Rehearsals: May 19 – 21, 3:30 – 7:45 p.m., and May 22, 3:30 – Performance Time (7:30 p.m.)

Performances: Fri., May 22, 7:30 p.m., and Sat., May 23, 2 p.m.

Show Tickets: \$12

Ticket purchase to be determined

Youth Volleyball (grades 3-6)

This co-ed volleyball class will introduce participants to volleyball basics and beyond. Students will enhance their skills in serving, passing, setting and techniques. Have fun learning a sport you can enjoy for a lifetime!

Kat Egle will lead the class. She just finished her seventh season as head coach at Columbus Catholic High School. The team has won three consecutive conference titles and three regional titles during her time there. Kat has 15 years of coaching experience with 4-19 year olds. Kat believes in setting fundamentals and interest in volleyball at a young age in order to achieve higher performance when they are older.

**Date has been changed to March 9 - 26, 2020*

Mon. and Thurs. / ~~March 10 – 20~~ / 6:30 – 8 p.m.

Physical Education Building, Gymnasium / \$49



Scholarships now available for both youth and adult participants!

Contact Continuing Education at 715-389-6520 for details.

Lectures

Documentary and Discussion

Each semester we will be screening a documentary on a new topic. Beat the winter blues with a cup of joe, friends and an eye-opening film about something that is all around us: plastic.

A Plastic Ocean

When he discovers the world's oceans brimming with plastic waste, a documentary filmmaker investigates the pollution's environmental impacts.

Prior to the film, hear from Dave Barbier from the UW-Stevens Point Office of Sustainability and Kelly Adlington from Recycling Connections and Curbside Compost regarding plastic pollution and steps you can do to make a difference. Thank you to the UWSP SGA Environmental and Sustainability Issues Committee for initial development of this program.

Thurs. / Jan. 30 / 1 – 3:45 p.m.

Everett Roehl STEM Center, Jean's Vanguard Room / \$15



Adventures with African Wildlife

As a 1970s Peace Corps volunteer in the Botswana Department of Wildlife and National Parks, Don Halloran established conservation programs for schools and assisted with elephant and buffalo field research. He

also traveled extensively photographing wildlife in eastern and southern Africa. Don returned to Africa in 2015 to reexamine familiar wildlife areas of six African nations previously visited in the 1970s. Unfortunately, this 40-year time span has witnessed dramatic declines in wildlife populations as human numbers and resource demands have increased. However, the good news is you can still visit Africa's original national parks to enjoy wildlife viewing. This audiovisual program will recap Don's old and new adventures among Africa's majestic creatures. He will also provide valuable information for individuals thinking about planning a trip to Africa.

Wed. / Feb. 12 / 7 – 8:30 p.m.

Room 127 / \$19



Don Halloran taught biology and human physiology at UW Marshfield for 26 years and received three outstanding teaching awards during his years at Marshfield. He is now an emeritus professor of biology. Having been a Montana smokejumper, U.S. Navy Medic grizzly bear researcher, Peace Corps Volunteer (Africa) studying elephants and buffalo, he continues to add adventures to his life.

Old Plan, New Plan, No Plan, Time to Estate Plan!

How prepared are you for what lies ahead in your future? Our goal is to help you begin the process of planning for both the expected and unexpected. We want you and your family to feel secure in knowing that you've taken the necessary steps to prepare for the journey ahead. Topics to be covered include: Powers of Attorney, Avoiding Guardianship, Wills vs. Trusts, and Paying for Long-Term Care and Nursing Home stay.

Wed. / Feb. 19 / 6 – 7:45 p.m.

Everett Roehl STEM Center, Jean's Vanguard Room / \$19

Attorneys Jessica Merkel and Aric Buch of Ruder Ware will be presenting. Jessica engages families by listening to their needs, providing guidance and advocating for their goals. Aric works with seniors to alleviate stress by providing a plan for their long-term care needs.



Mysteries of the Dead: The Archeology you thought you knew

Join History Professor Jeff Kleiman as he shares some of the most amazing archaeological discoveries! Kleiman will cover the Dead Sea Scrolls, Terracotta Army, Nazca Lines and Pompeii, and more. Learn about these ancient discoveries and how they have impacted our world today.

Tues. / March 3 / 6 – 7:30 p.m.

Everett Roehl STEM Center, Jean's Vanguard Room / \$19



Jeff Kleiman has taught at the UW-Stevens Point at Marshfield since 1988.

Disaster Preparedness

Fires. Tornadoes. Floods. Blizzards. Power Outages. Nuclear Fallout. While some of those are more likely than others, the preparation is quite similar. Will you and your family be ready should something happen? Take a hands-on look at some basics of at-home preparedness with Psychology Professor Sandy Neumann. Discuss things like emergency binders, checklists, go-bags (essential supplies that are packed and ready to go in case of an evacuation), and sheltering in place.

Wed. / April 15 / 6 – 7:30 p.m.

Everett Roehl STEM Center, Jean's Vanguard Room / \$19

Sixth Mass Extinction?

Scientists theorize that we are entering Earth's sixth mass extinction, known as Holocene or Anthropocene. Biology Professor Laura Lee will cover a brief history of the first five mass extinctions and then delve into the current. Unlike the first five, volcanoes, asteroids and the like are not to blame, it's humans. Professor Lee will discuss the multiple human actions negatively impacting our plant and animal species, and the steps we can take to help reverse it.

Wed. / April 22 (Earth Day) / 2 – 3:30 p.m. / \$19

Aldo Leopold Science Building, Room 217



Lecter, Dexter, & Jack: Our Repulsion and Fascination with Serial Killers

Led by Psychology Professor Sandy Neumann, class will examine both serial killers and the public's fascination with them. From the historical legacy of Jack the Ripper to the "charming normalcy" of Ted Bundy, what makes serial killers tick? Were they born that way? By the same token, exam the public's morbid fascination with them. How and why are some serial killers transformed into celebrities in the media?

Wed. / May 6 / 6 – 7:30 p.m.

Everett Roehl STEM Center, Jean's Vanguard Room / \$19

Marshfield Heritage Museum Tour, Lecture and Lunch

Enjoy a guided tour through the Marshfield Heritage Museum by Shirley Mook and Mike Feirier. The museum truly captures Marshfield's past with exhibits featuring the Great Marshfield Fire, "Lest We Forget" Military Exhibit, a life-size replica of Louie River's cabin, area business and schools, newly added exhibits and more. Over lunch, enjoy a presentation by Don Schnitzler.

Tues. / May 12 / 11:30 a.m. – 1:30 p.m.

Second Street Community Center, 211 E. Second St., Marshfield (old library) / \$39

Parking available in front or behind building, or on side streets

Lectures

Right Plant, Right Place

Growing and caring for plants might seem daunting, but there are ways to make gardening life easier by learning how to select the right plant for the right place. Use fewer resources on your garden, reduce negative environmental impacts, and have a sustainable approach to your landscape. Understanding site requirements is the difference between a garden that barely survives and a garden that thrives. Go beyond sun and shade requirements and discuss soil conditions, water requirements, growth habit and other considerations. Also, look at the best perennials for tough locations.

Mon. / April 6 / 6 - 7:30 p.m.

Everett Roehl STEM Center, Jean's Vanguard Room / \$19



2020 Garden Forecast

Get a jump on the pests of the 2020 growing season. Early detection is a fundamental key to a successful growing season. Review what the experts forecast for the upcoming growing season in terms of disease, pests and invasive plants, and how to combat them.

Mon. / May 4 / 6 - 7:30 p.m.

Everett Roehl STEM Center, Jean's Vanguard Room / \$19



Gardening classes are taught by Janell Wehr. Wehr is the Horticulture Coordinator for UW-Madison Division of Extension Wood County.

Spring Garden Seminar

Sat. / March 14 / 8 a.m. - Noon

Room 131 / \$18 includes refreshments

Keynote Presentation: "Soil Health - It's More than just Dirt"

Learn about the importance of soil organisms, ways to improve our soil habitats, and how healthy soils can promote plant, human and environmental health.

Presented by Jamie Patton, Senior Outreach Specialist, Northeast Wisconsin Nutrient and Pest Management Program.

Mid-Morning Mini Lectures (attend two):

- Pruning Basics: the Why, When, and How To
- Planting Natives
- Composting
- Incorporating Food into your Landscape

View complete seminar details and register online at uwsp.edu/gardenseminar or call 715-346-3838

An optional pruning demonstration will also be offered outdoors at noon for those who are interested. Be sure to dress appropriately for the weather.

See Aquaponics Tour, Lunch and Letcure on pg. 3!



Become a Master Gardener!

What is a Master Gardener?

A volunteer with the University of Wisconsin-Extension to help educate the public about gardening and natural resources.

What do Master Gardeners do?

- Plant and maintain community gardens, parks and public areas
- Organize and participate in plant sales, presentations, demos and various events
- Develop and deliver educational programming

Why join?

- Meet new people with shared interests
- Learn and share ideas about gardening and horticulture
- Receive the latest information, continuing education and volunteer activities

Learn more at Wimastergardener.org or UW-Extension Wood County, 715-421-8440



The Small Business Development Center (SBDC) at UW-Stevens Point offers no cost, confidential advising and resources as well as fee-based workshops/conferences to both startup and existing businesses throughout nine counties - Adams, Langlade, Lincoln, Marathon, Oneida, Portage, Vilas, Waupaca and Wood.

First Steps to Starting in Business

Offered the second Wednesday of every month in one of five locations: Stevens Point, Marshfield, Wausau, Wisconsin Rapids and Waupaca.

6:30-9 p.m. / No cost

A no-cost workshop for those considering entrepreneurship that focuses on business feasibility and resources.

More info: uwsp.edu/SBDC

Central Wisconsin Digital and Social Media Conference

Wed. / April 8 / 8 a.m. - 4 p.m.

Stevens Point, Dreyfus University Center

This conference assists business owners, marketing managers, and aspiring entrepreneurs in learning how to best incorporate social media and digital marketing to grow their customer base.

More info: uwsp.edu/CWDSMC

2020 Business Education Series

Locations across North Central Wisconsin throughout the year and now online as well! No cost to attend.

The SBDC is offering a four-part series for business owners. 2020 topics include: Managing your Online Presence, Choosing the Right Small Business Accounting Software, How to Understand your Market and Advertise to them on a Budget, and Using your Business Plan to Run your Business.

More info: uwsp.edu/SBDC/BES

Mind and Body

Intro to Pickleball

Join in one of the fastest growing sports in the U.S. - Pickleball! Learn the basics of this fun sport that offers physical and social benefits. Class includes one-hour introduction of pickleball basics and rules followed by one-hour practice play. Please wear athletic attire and clean tennis shoes. All equipment provided.

Two classes to choose from!

Mon. / Feb. 3 / 1 - 3 p.m. OR

Wed. / Feb. 5 / 1 - 3 p.m

Physical Education Building, Gym / \$19



Course taught by avid pickleballer, Randy Draeger.

Circuit Training

Get a great workout and learn how to safely use the cardio and strength equipment in our fitness center in this instructor-lead class. This 45-minute class will include a warm-up, stretching, instructor lead exercises using various pieces of equipment and cool down. Open to all fitness levels.



Tues. / Feb. 11 - March 3 / 4:15 - 5 p.m.

Physical Education Building, Fitness Center / \$29, \$19 for PAL Members

Scholarships now available for both youth and adult participants!
Contact Continuing Education at 715-389-6520 for details.

Ballroom Dance

There's a class for every ability level. Both singles and doubles welcome. Please bring a clean pair of shoes for dancing.



Mon. / March 2 - 30

Physical Education Building, Commons

\$62 per person

Level 1: 5:50 - 6:40 p.m.

Designed for the beginning student, this course will develop timing, as well as leading and following skills. Learn a variety of patterns in the Swing, Foxtrot, Waltz and Rumba.

Level 2: 6:45 - 7:35 p.m.

Designed for the student who has completed at least one Level 1 course, you will continue to work on developing timing, as well as leading and following skills. Dances covered include Foxtrot and Swing.

Level 3: 7:40 - 8:30 p.m.

This session is for students who have completed at least three Level 2 courses. Students will learn techniques unique to each dance. A greater variety of patterns will also be introduced. Dances covered will be determined by class.

Ballroom Dance Instructors, Dave and Karen Goggin, have over 30 years of combined professional teaching experience in Ballroom and Latin Dancing. Dave and Karen welcome singles and couples into their classes and take a personal interest in making sure everyone, including novice and experienced participants, have fun while learning.



Marshfield UW-Stevens Point



What are Escape Rooms? Escape Rooms are one-hour themed challenges in which a team must work together to find clues to solve puzzles, crack codes, and unlock locks to ultimately complete a mission before time runs out!

Who are Escape Rooms for? Escape Rooms are perfect for friends, families, co-workers and more! Best for ages 12 and up.

Why try Escape Rooms? For fun! Escape Rooms offer a unique form of entertainment that allows for socializing, problem solving, team building and camaraderie.

Escape Rooms for Professional Development?

Yes! We offer special Escape Rooms for professional development. This is a fun, local way to boost morale in the workplace. Escape Rooms are the perfect way to practice teamwork, critical thinking, problem solving and communication. We offer post-game debriefings with a trained facilitator.

Contact Continuing Education for details or to schedule a time. We can even include lunch!

How much are Escape Rooms?

\$25/person or \$30/person if your group wishes to include a pre-game survey and post-game debriefing for professional development.

How to Book?

Rooms are available by appointment only (day or evening).

Rebecca.bauer@uwsp.edu | 715-389-6520 | uwsp.edu/escaperoom



Project Save Graduation



The Missing Patient



The Mysterious Forest

See room descriptions at uwsp.edu/escaperoom

Fine Arts



Church Basement Ladies

Don't miss UW-Stevens Point at Marshfield's performance of the ever-popular "Church Basement Ladies." Directed by Donna Thompson, this production is a celebration of the church basement kitchen and the women who work there, featuring four distinct characters and their relationships as they organize the food and the problems of a rural Minnesota church. From the elderly matriarch of the kitchen to the young bride-to-be, see them handle a record-breaking Christmas dinner, the funeral of a dear friend, a Hawaiian Easter Fundraiser, and a steaming hot July wedding. They stave off potential disasters, share and debate recipes, instruct the young, and keep the pastor on due course while thoroughly enjoying, (and tolerating) each other. Funny and down to earth, audiences will recognize these ladies as they begin to see the Church year unfold from below the House of God.

Performances

Feb. 7 - 8 at 7:30 p.m. and Feb. 9 at 2 p.m.

Helen Connor Laird Theatre

Tickets: \$18

Dinner and Show Tickets: \$35

Join us for a Church Basement Style dinner prior to Saturday's evening performance!

Dinner: Sat., Feb. 8 at 5:30 p.m. in the Commons

Menu: Ham, meatballs, cheesy potatoes, pickles, Jell-O, grape salad, buttered buns, coffee, punch and bars for dessert

Purchase tickets online at tickets.uwsp.edu



Acrylic Painting

Tap into your creative side with this introductory acrylic painting course. Explore various brush techniques, color mixing and composition. Class will start on paper and end with canvas painting of artist's choice. Open to all ability levels. New students will get hands-on instruction of the basics and experienced artists will have an opportunity to expand their skills. Fee includes supplies

Thurs. / April 23 - May 14 / 6 - 8:30 p.m.

Aldo Leopold Science Building, Room 212 / \$65 includes all supplies

Necedah School District Art Instructor, Annette Svoboda-Lessard has a Bachelor's of Fine Arts degree from Milwaukee Institute of Art & Design, Drawing major, Painting minor. She spent 12 years as a graphic designer at a Milwaukee-based screen print company. She is a Certified Grumbacher Fine Art Instructor, for both painting and drawing, working for Michaels; and a freelance graphic designer/illustrator.

MARSHFIELD CAMPUS

Arts at UW-Stevens Point at Marshfield

"Church Basement Ladies" (Community Theatre) . Feb. 7 - 9

Valentine's Day Concert (Symphonic Band) Feb. 14

Symphony Orchestra March 13

"Columbinus" (Community Theatre) April 16 - 19


Symphonic Band May 1

Symphony Orchestra May 15

"Sleeping Beauty" (Youth Theatre) May 22 - 23

Purchase tickets at tickets.uwsp.edu

Box Office: Open two hours prior to performances or call 715-389-6534 (limited hours, leave a message and your call will be returned)



University Book Club

Do you enjoy reading, lively discussions and socializing? Consider joining UW-Stevens Point at Marshfield's Book Club!

Marshfield / Hamilton Roddis Memorial Library / No Cost

Books chosen based on group consensus.

Care to learn more?
Contact UW-Stevens Point at Marshfield Librarian, Laurie Petri. at 715-389-6512 or lpetri@uwsp.edu.

Watch for Continuing Education Summer Youth Programs

Summer Theatre Camp
British Soccer Camp
Ninja Warrior Camp
Gymnastics Camp
Art Camp · CSI Day
STEM Day · And more!

Dinner Classes

Death by Chocolate

Learn how to make decadent desserts that will impress any guest. Class will cover chocolate ganache, truffles, chocolate cups, mousse and more. With a combination of hands-on practice and demonstrations, learn to make desserts that look and taste amazing. Class includes plenty of taste testing and recipes.



Thurs. / March 12 / 6 - 8:30 p.m.

**Marshfield High School (1401 E. Becker, Marshfield),
Kitchen Lab - Room 77 / \$45 includes all food and supplies**

Class is taught by Susan Turgeson, assistant professor of family and consumer sciences.

Garnishes Galore

Add some presentation pizzazz to your next dinner party with food and drink garnishes. Discover how to create eye-catching garnishes with fruits, vegetables and more in this hands-on class. Includes all supplies and sampling, of course.

Tues. / April 7 / 6 - 7 p.m.

**Everett Roehl STEM Center, Jean's Vanguard Room
\$19 includes all supplies**

Class is taught by Campus Administrator Michelle Boernke. Michelle loves impressing guests with new garnish techniques.



International Dinner: Kazakhstan

May 7 is "Defender of the Fatherland Day" in Kazakhstan! To celebrate, take a virtual trip

to Kazakhstan—the largest landlocked country in the world! Discover the culture, language, religion, music, holidays, food and more from Kazakhstan Native, Katya Martynova. Enjoy an authentic Kazakhstani meal of olivie (salad), pelmeni (meat dumplings), vegetables, chak-chak (dessert) and kompot (drink).

Thurs. / May 7 / 6 - 7:30 p.m.

Everett Roehl STEM Center, Jean's Vanguard Room / \$39 includes all supplies

Katya Martynova is an admissions counselor at UW-Stevens Point. She is a native of Kazakhstan and enjoys sharing information about her homeland and culture whenever she can.

Health and Wellness Coaching Certificate

Take this important first step to becoming a Certified Health and Wellness Coach. Learn the coaching skills required to transform your career and gain marketable skills, empowering you to help others create and sustain healthy behavior change. Engage in classes, projects, events and mentoring with experienced health and wellness experts. Build relationships with peers in an empowering cohort learning community. Complete your certificate online in as few as eight (8) months.

**Call UW-Stevens Point for additional information at 715-346-4782
or visit our website www.uwsp.edu/healthwellnesscoaching**



**All Dinner and a Movie Sessions held at Helen Connor Laird
Fine Arts Building / Art Gallery / \$35**

English Professor Julie Tharp has been instructing these enjoyable classes for years. Each class includes dinner, film and discussion. She enjoys teaching film studies, traveling around the world, and trying international foods.

The theme for this set of films is a blend of family and cultural conflict. All three films are very highly rated by critics and viewers alike.

"Lion"

Lion tells the amazing true story of a five-year-old Indian boy who is separated from his family, adopted by a couple in Tasmania, and as an adult searches India for his mother and brother. Our Tasmanian dinner should carry us on his journey with warm spinach and rocket salad with pumpkin and hazelnuts, buttermilk scones, roasted salmon, garlic mashed potatoes, roasted asparagus and apple cake with whiskey sauce.

Tues. / Jan. 21 / 6 - 9 p.m. OR

Thurs. / Jan. 23 / 6 - 9 p.m.

"The Farewell"

The Farewell follows a Chinese family who, when they discover their beloved grandmother has only a short while left to live, decide to keep her in the dark and schedule an impromptu wedding to gather before she passes. A comedy of warmth and honesty, we will enjoy some symbolic Chinese food including crab rangoon, longevity noodles, roast barbecue pork, cashew chicken, Szechwan green beans, vegetable fried rice, coconut new year cake and almond cookies.

Tues. / March 17 / 6 - 9 p.m. OR

Thurs. / March 19 / 6 - 9 p.m.

"Capernaum"

Nominated for an Oscar in the foreign language category, Nadine Labaki's Capernaum ("Chaos") tells the story of Zain, a Lebanese boy who sues his parents for the "crime" of giving him life. Although it is set in the depths of poverty, it is ultimately a hopeful film that stirs the heart and cries out for action. We will dine on veggies and pita chips with hummus and baba ganouj, fattoush salad, lamb stew, potato kibbeh, baklava and date cookies.

Tues. / May 26 / 6 - 9 p.m. OR

Thurs. / May 28 / 6 - 9 p.m.



Join Passion for Adult Learning (PAL)

Passion for Adult Learning (PAL) is a membership-based organization of adult learners 55 and up that provides learning opportunities on a variety of topics determined by committee members and university staff.

The goal of PAL is to enhance the lives of adults mentally, socially, culturally and physically.

Who: Anyone 55 years and older

What: UW-Stevens Point at Marshfield Continuing Education's group membership dedicated to provided lifelong learning opportunities to adults age 55 and over.

Membership Includes:

- ◆ Annual fall kickoff celebration
- ◆ Two free classes per semester (Free and reduced-rate classes indicated in the catalog with PAL logo)
- ◆ Annual Winterim One-Day Conference
- ◆ Discounts and special offers
- ◆ Library card and free access to the UW-Stevens Point at Marshfield Library
- ◆ UW-Stevens Point at Marshfield Fitness Center Membership
- ◆ Free membership to the Pickleball Club

When: Membership runs Sept. – May, however, those interested can sign up anytime

Where: UW-Stevens Point at Marshfield Campus

Cost: \$70 (Value of over \$275)

Why: Join PAL to meet new friends, nurture lifelong learning, explore new and interesting topics, take advantage of free and reduced rate continuing education programs and various UW perks.

How: Register online at uwsp.edu/pal

Bachelor's >>> MBA >>> Success
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uwsp.edu/business

University of Wisconsin Stevens Point

STEVENS POINT CAMPUS



Learning is ForEver is a membership-based association of adult learners providing an opportunity to share experiences, promote intellectual and cultural enrichment, and encourage lifelong learning. It is hosted and coordinated by UW-Stevens Point Continuing Education and Outreach. LIFE offers over 50 classes a semester and opportunities to attend various day trips and travel experiences.



PRE-COLLEGE PROGRAMS SUMMER CAMPS AT UW-STEVENS POINT

IT CAMP: VIDEO GAME PROGRAMMING



Learn how to code, develop, and program your own video game! Camps "A" will learn the basics of computer and game programming using GDevelop. No previous experience is necessary. Camps "B" require some coding and/or game development experience. They will use advanced concepts in game design such as 3D elements and coding using C++. Various programs will be used such as Unity, GameMaker Studio, and Unreal Engine.

HIGH SCHOOL

A. June 7-12

B. July 5-10

Residential camp for high school boys and girls.

MIDDLE SCHOOL GIRLS

A. June 15-19

Day camp for middle school girls.

MIDDLE SCHOOL BOYS

A. June 15-19

Day camp for middle school boys.

MIDDLE SCHOOL COED

B. June 22-26

Day camp for middle school boys and girls.

A. June 28-July 3

Residential camp for middle school boys and girls.

HEALTH CAREERS CAMP



June 9-12

Residential camp for students grade 9-12. Explore health professions and expand your knowledge of health careers through interactive activities facilitated by UW-Stevens Point faculty and community health care professionals. Held on campus and at health care facilities in Stevens Point, Marshfield, and Wausau.

PODCAST WEEKEND BOOTCAMP

June 12-14

Residential camp for students entering grades 9-12. Learn the fundamentals of podcasting including planning, recording, and producing to create your very own podcast!

POINT MUSIC CAMP

June 14-19

Residential camp for students entering grades 9-12 and graduating seniors. An intensive music immersion experience at UW-Stevens Point offered by the Department of Music, culminating in a final concert.

DANCE CAMP INTENSIVE

June 27-31

Day camp for high school (and accelerated middle school) students. Students will participate in a unique dance experience to explore and hone new techniques, improve their skills, and show off their talent in a final performance.



For more information

715-346-3838 uwsp.edu/conted

Further your professional life with an online degree!

Looking to advance your professional skills? UW-Stevens Point's online degree completion and graduate programs offer award-winning quality for your career development. Faculty members are top-notch, and focused on helping you learn and use the knowledge in your work. Contact Wayne Sorenson 715-346-3386 or wsorenson@uwsp.edu for more details!



In nearly every industry, businesses can no longer operate without skilled, perceptive IT professionals to drive process, create connections and solve business problems. With the online **Bachelor of Science in Applied Computing**, a hands-on computer science program with a valuable focus on the business skills employers need, you can be the problem solver who makes things possible—for your company and your career.

Organizations in nearly every industry are racing to hire qualified professionals with the skills to transform big data into big insights and better decisions—and these data scientists are in short supply. Are you ready to answer the call? The online **Master of Science in Data Science** will teach you how to clean, organize, analyze and interpret unstructured data, deriving knowledge and communicating your discoveries clearly using sophisticated visualization techniques and other means.



UNIVERSITY OF WISCONSIN
DATA SCIENCE



The health information field is changing, and right now, you have a tremendous opportunity to both advance your career and lead the way in this fast-growing segment of health care. The online **Bachelor of Science in Health Information Management and Technology** is one of the only programs that teaches essential skills you'll need to succeed in today's ever more technology-focused health care environments.

Rising health care costs, the effects of health care reform, and concerns about employee health and productivity are just a few reasons why more and more organizations are looking to implement workplace wellness programs. Now, you can learn to design, develop, implement, and manage health and wellness initiatives that are good for people and good for business with the bachelor's and master's degree online **Health and Wellness Management** programs. Because healthy employees equal a healthy bottom line.



UNIVERSITY OF WISCONSIN
HEALTH & WELLNESS MANAGEMENT



Health care is a dynamic field that requires strong, compassionate leadership. Gain the hands-on experience needed to improve hospital processes and patient care. With the online **Master of Science in Healthcare Administration**, you'll enhance your practical knowledge with skills in complex organizational management, so you can drive change and become a leader in your health care community.

Every day, biotechnology is working to solve some of the world's most pressing problems and moving forward with revolutionary solutions. Whether your experience is based in healthcare, agriculture, or industry—the online **UW Master of Science in Applied Biotechnology** is an ideal choice for busy adults who are seeking advanced education and need the flexibility an online program offers.



UNIVERSITY OF WISCONSIN
APPLIED BIOTECHNOLOGY



IT Management is critical to nearly every organization in every industry—leading to a growing demand for talented professionals who excel in technical skills and in business. This UW master's degree program combines the worlds of technology and business strategy through a multidisciplinary curriculum aimed to prepare you to become an IT leader in any industry.

Business Trainings Online

Providing training to you and your employees, whether you have one or 1,000, is simple when you partner with us! Our catalog of over 300 online courses allows you to provide training solutions to employees quickly and effectively as students learn on their own time and in their preferred learning environment. Our six-week courses are designed to teach students valuable skills they can apply immediately on the job. Courses are facilitated by expert instructors, are self-paced and available 24/7, and can be accessed anywhere there is an internet connection. New course sessions offered monthly.

Call UW-Stevens Point for additional information at 715-346-3838 or visit our website www.uwsp.edu/conted/Pages/UW-Stevens-Point-Online-Learning.aspx

WAUSAU CAMPUS

NOTE: Room numbers indicated on building map are those being used by Continuing Education classes. Parking Lot A is not shown and is across Stewart Ave. to the north and is always restricted to Marathon Hall residents **ONLY**. **All other parking lots are available after 5 p.m. weekdays and all day on weekends. Ample parking in Marathon Park.**

Parking Lot KEY (8 am-5 pm M-F)

- B. Employees, Visitors & People with Disabilities [Permit]
- C. Visitors & People with Disabilities [Permit]
- D. Employees Only [Permit]
- E. Permit Required
- F. Employees Only [Permit]
- G. Employees & Students (Permit)

Wausau Office:
 715-261-6294 / creynebe@uwsp.edu
 625 Stewart Avenue
 Wausau, WI 54401

MARSHFIELD CAMPUS

15 MINUTE PARKING

SOUTH PARKING LOT
 Entrance from 5th Street and 7th Street

Additional Parking:
TENNIS COURT PARKING LOT
 Entrance from 8th Street

West 5th Street

West Parking Lot
 Entrance from 5th Street

Marshfield Office:
 715-389-6520 / rbauer@uwsp.edu
 2000 West 5th Street
 Marshfield, WI 54449

It's Easy as 1-2-3 to Register!

Online at:

www.uwsp.edu/conted

By phone:

715-346-3838

By mail or in-person:

Continuing Education Department
 UW-Stevens Point Continuing Education
 2100 Main St. 032 Main Bldg.
 Stevens Point, WI 54481

Checks payable to:

UW-Stevens Point

Have a question?

Call: 715-346-3838
 Email: UWSPCE@uwsp.edu



**University of Wisconsin
 Stevens Point**

UW-Stevens Point

2100 Main St. 032 Main Bldg.
 Stevens Point, WI 54481
 715-346-3838



**Wausau
 UW-Stevens Point**

UW-Stevens Point at Wausau

625 Stewart Avenue
 Wausau, WI 54401
 715-261-6294



**Marshfield
 UW-Stevens Point**

UW-Stevens Point at Marshfield

2000 West 5th Street
 Marshfield, WI 54449
 715-389-6520

PLEASE COMPLETE THIS FORM IF REGISTERING BY MAIL

Name (please print) _____

Address _____ City _____ State _____ Zip _____

Day Phone _____ Evening Phone _____

Email _____

Emergency Contact _____ Phone _____ Relationship _____

Course Title	Campus Location	Fee

PAYMENT METHOD: Check _____ Cash _____

Credit card registrations must be made online or in person at the Continuing Education office.

Refund Policy

- Refunds will be made if the Continuing Education office is contacted at least 7 days before the start of class. No refunds with less than 7 days' notice.
- Programs that involve pre-ordering of materials and travel will not qualify for any refund unless your space can be filled from a waiting list.
- We reserve the right to cancel a course due to low enrollment, severe weather or instructor illness. A refund will be issued under any of these conditions.
- BE SURE - to provide your email address and phone number during registration so that we may contact you if a class is canceled for any reason!

Accessibility Services

Reasonable accommodations for persons with disabilities will be made to ensure access to programs and services at all three UW-Stevens Point campuses. If services are needed, the student should contact the Continuing Education office 30 days in advance of needed assistance.

Want to teach a class or have an idea for a class?

In Continuing Education we're always looking for fresh class ideas and people with expertise or knowledge they want to share with our communities. Let us know - just call or email your closest UW-Stevens Point Continuing Education office.



University of Wisconsin-Stevens Point
Continuing Education Department
Main Building, 032
2100 Main St.
Stevens Point, WI 54481

Explore! Enrich! Excel!

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