

Saturday, August 30, 2025 10am - 4pm
Sturgeon Bay, WI

“Waves, Caves, and A Shipwreck”

Kayaking on Lake Michigan

**Spend a day on the water with
Becoming an Outdoors-Woman (BOW) and
Door County Adventure Center (DCAC)**

A team of patient instructors will lead lessons covering basic paddle strokes and safety. Then we'll set off to explore the waters of Whitefish Bay, view the Australasia shipwreck of 1886, and paddle the shore along Cave Point County Park to see the dolomite/limestone underwater caves. Cultural and natural history of the area, along with storytelling, will be woven into the excursion.

This is a day trip suitable for beginners. Participants will paddle in tandem sit-on-top kayaks. Total time on the water will be 4 hours. We will take breaks for lunch and time to explore on land. (Cave Point has a solar power restroom!)

There are just 20 spots available in this one-of-a-kind BOW-signature program designed specifically for women.

Questions? Email pfarrell@uwsp.edu



*A day of kayaking in a safe, supportive
atmosphere with like-minded women*

HOW TO REGISTER [CLICK HERE](#)

The \$139 registration fee includes use of all equipment - kayak, paddle, and personal flotation vest. Shuttle from DCAC to the boat launch and back will be provided. Bring your own lunch, we'll provide snacks. A complete list of suggesting clothing and other items will be sent upon registration.

Cancellation Policy: There is a \$100 processing fee for all canceled registrations. If severe weather prevents us from getting on the lake a full refund will be given.



**College of Natural Resources
University of Wisconsin-Stevens Point**



Becoming an Outdoors-Woman workshops focus on learning outdoor skills. Workshop activities are balanced between hunting and shooting, fishing and boating, and non-consumptive activities like camping and canoeing.

Workshops are designed primarily for women and are learning opportunities for anyone 18 years and older.

Our participants range in age from 18-80+. BOW is a non-profit, outreach education program at UWSP and supported by the WI DNR.