

# Infiltration Steps

## Ensuring clean runoff in recreation areas

Lake friendly living  
means using lakeshore  
BEST MANAGEMENT  
PRACTICES

### BMP

Infiltration Steps

### STANDARDS

#### Recreation Area

- Soil erosion is not occurring on site (no eroding pathways, or exposed dirt)
- No pesticide, fertilizer, or unfiltered runoff to lake

### LAKE BENEFITS

Infiltration steps minimize the potential for erosion and runoff. As a result, they prevent excess nutrients, sediments, and other pollutants from entering the lake.

### MATERIALS

Crushed stone and pea stone; non-woven geotextile fabric. Other geotextiles, including landscaping weed barrier, can be substituted for smaller projects. Pressure treated timbers, cedar landscape timbers and steel rebar.

## Infiltration Steps

**Description:** Infiltration steps are built with timbers and filled with crushed stone or pea stone. They are effective on moderate slopes, but consider building wooden stairways on 1:1 slopes (e.g. 50" rise to a 50" run or 45° slope) or areas where rocks or surface roots make it difficult to set infiltration steps in the ground.

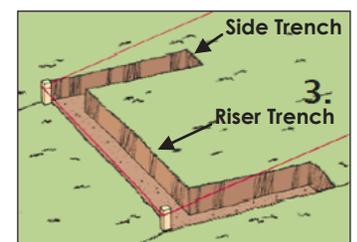
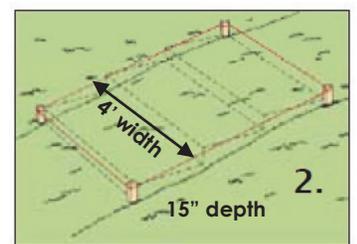
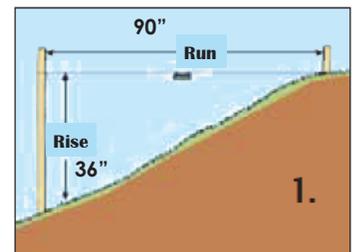
**Purpose:** Infiltration steps use crushed stone to slow down and infiltrate runoff.

### How to:

1. **Calculate the Rise and Run of Each Step.** First, measure the overall rise and run of your steps in inches. The step height is determined by the thickness of the timber (e.g. 6"). Divide the rise by the thickness of the timber and round off to the nearest whole number to determine the number of steps (36" rise ÷ 6" timber = 6 steps). Divide the run by the number of steps to determine step depth (90" run ÷ 6 steps = 15" step depth). A comfortable depth will be at least 15".
2. **Stake Out the Steps.** Figure out the step width. A 4' width is comfortable for one person. Drive stakes at each corner of the stairway and stretch string between them to outline the steps. Spray paint or sprinkle sand or flour on the ground to mark the outline.
3. **Excavate the First Step.** Starting at the bottom, dig a trench for the riser timber (this will be little more than a shallow groove in the ground). Next, dig trenches for the side timbers, which need to be long enough to extend 6" past the next step's riser. This ensures that the step above will overlap the step below. Check to make sure the trenches are level.



Source: www.pressherald.com



All illustrations adapted from Maine DEP.

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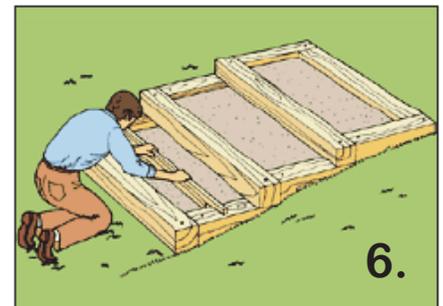
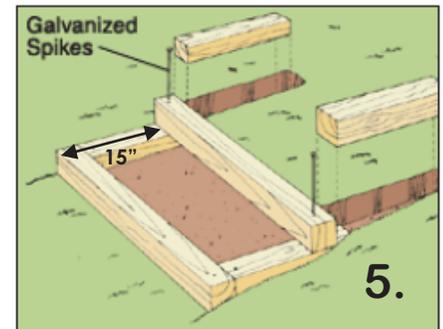
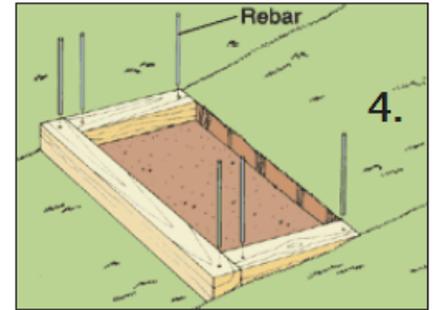
## Ensuring clean runoff in recreation areas

Source: mainelakes.org



**Note:** Infiltration steps may not require side timbers, especially if the steps are in an eroded pathway where the surrounding land is higher. In this case, extend the timbers into the adjacent banks so water will not go around the steps.

- 4. Cut the Timbers.** Cut the riser timber to length, then measure and cut the side timbers. Drill  $\frac{1}{2}$ " diameter holes 6" from the ends of each timber. Position the step, then remove or add soil as needed to level it. Anchor the step by driving 18" long pieces of  $\frac{1}{2}$ " diameter steel rebar through the holes and into the ground. Make sure the rebar is flush or slightly recessed since the edges may be sharp. Set the side timbers in place, and level and anchor them. Shovel out the soil inside the step to create a surface roughly level with the bottom of the timbers. Additional soil can be removed to provide more area for infiltration. Make sure to dispose of excavated soil in a place where it will not wash into lakes or streams.
- 5. Build the Next Step.** Measure from the front of the first riser to precisely locate the second riser (e.g. 15" from Step 1). Dig a trench for the riser, and trench back into the hill for the sides, as before. Set the riser roughly in place with the ends resting on the side timbers below. The riser is attached to the side timbers below it with 12" galvanized spikes. Drill a pilot hole about 5" into the riser, and spike the riser into the side timbers below. Set the side timbers, drill  $\frac{1}{2}$ " holes and pound in 18" rebar pieces into the ground as with the first step. Excavate between the sides, as before. Continue up the hillside in this fashion. When installing the top step, cut the side timbers 6" shorter than the ones on the lower steps - these timbers do not need the extra length since no stairs will rest on them.
- 6. Lay Down Geotextile Fabric and Backfill with Stone.** Line the area inside each set of timbers with non-woven geotextile fabric. This felt-like fabric will allow water to percolate through but will separate the stone from the underlying soil. Make sure the fabric is long enough to extend a few inches up the sides of the timbers. Fill each step with  $\frac{3}{4}$ " crushed stone or pea stone until it is about 1" below the top of the timber. This lip will break up water flow and encourage infiltration. Pea stone is comfortable for bare feet but may be more expensive and more difficult to find. Paving stones can also be set into crushed stone to provide a smooth surface for bare feet - *as long as ample crushed stone is exposed to allow infiltration*. Seed and/or mulch bare soil adjacent to the steps. Planting areas adjacent to the steps with shrubs and groundcover plants soften the edges and help prevent erosion.



### Maintenance:

Replace rotten timbers. If the crushed stone or pea stone becomes filled up with sediment over time, remove, clean out sediment and replace.