

Community Supported Agriculture

Sarah River

Primitive Pastures & Primitive Provider

Chair, Stevens Point Area Winter Farmers Market Cooperative







How do we protect our watersheds?

Identify “conservation agriculture” practices

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Support farmers that implement them

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You become an active part in protecting
shared water resources

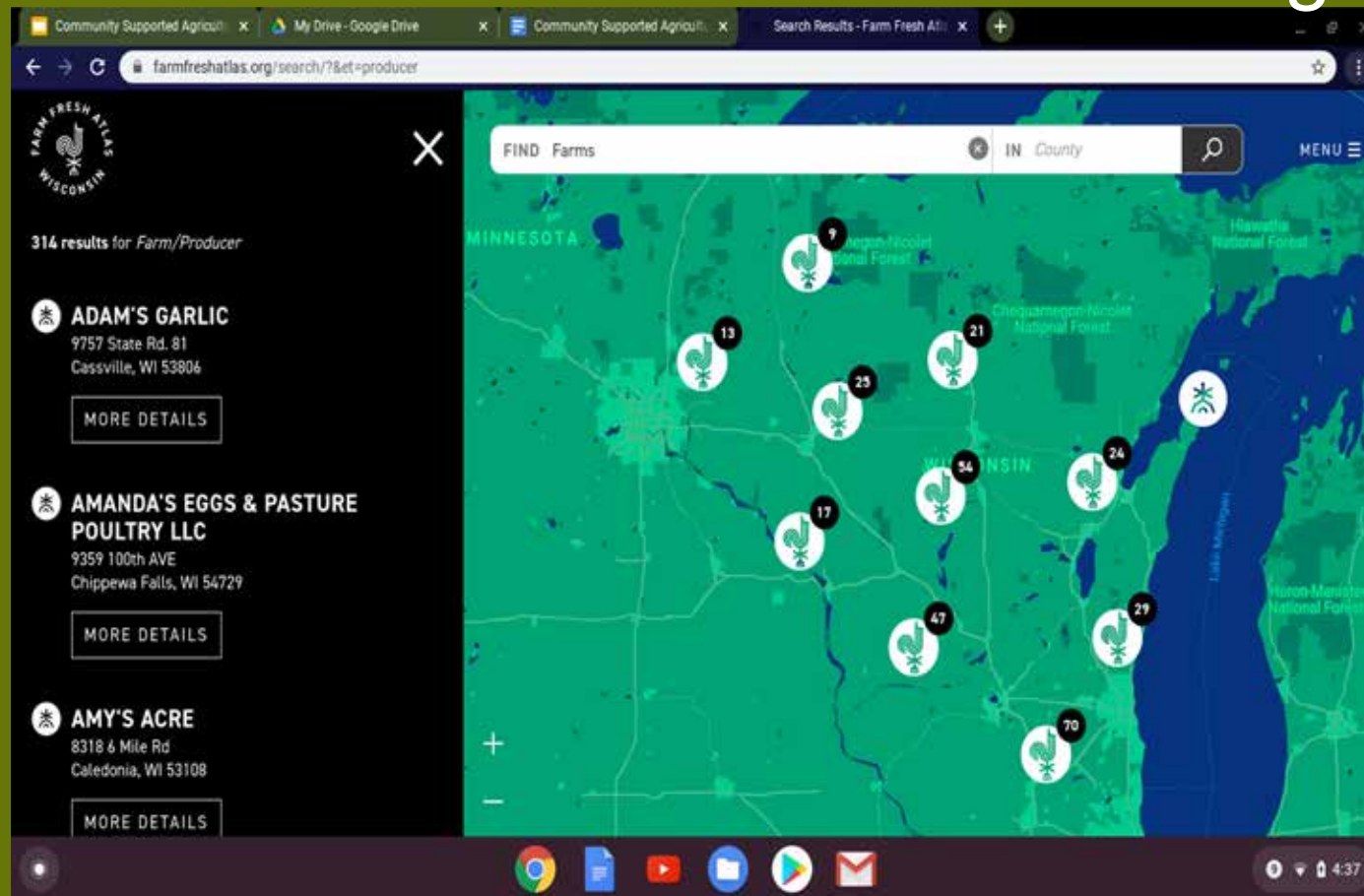
**Building soil &
keeping it in place**

**ie. Grass-based
systems for meat and
dairy production**





Finding “direct market” farmers farmfreshatlas.org



Summer & Winter Farmers Markets



Market

CSA

Cases, Boxes

Wholesale
quarter,
half,
whole
animal



Support farmers directly, or through businesses that support them!



- grocers
- restaurants
- specialty shops
- shared kitchens

Wisconsin Farmers
Union

Supportive
Policy



Central Rivers Farmshed

Community Potlucks

Learning Workshops

Meeting Space

Local Food Fair

Farm Fresh Atlas- Central WI





Lonely Oak Farm

Sunday
Brunches



If you eat food,
you are engaged in agriculture!

Your food dollars are your “vote”!