



Under the Surface: using nature and wild water as a complimentary approach to treating youth mental health at

northwestpassage

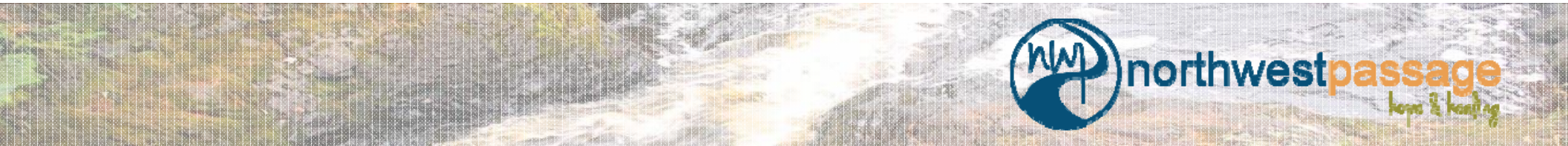
hope & healing

Angela Frederickson, LCSW- Clinical Director
Ian Karl, BS- Experiential Programs Coordinator





[Angela Frederickson, LCSW](#)



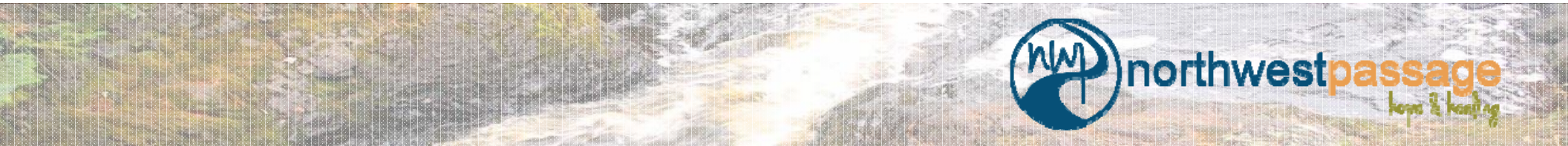


Those who have the privilege to know, have the duty to act.
-A.E.



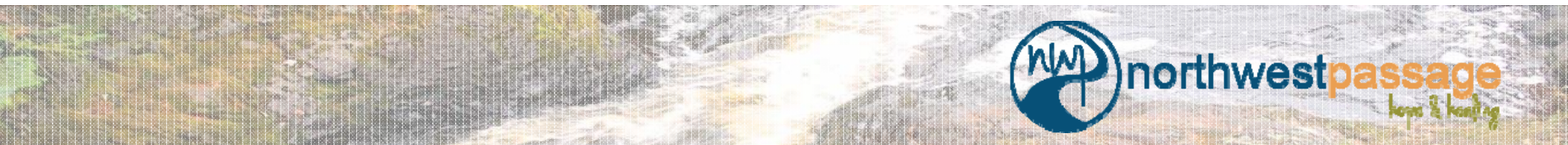


What is Northwest Passage?





Who are the Kids of Northwest Passage?



Anthony, age 16



Lexie, age 15



Jaden, age 16



Ndolo, age 16



Tyrone, age 15



Rachel, age 15

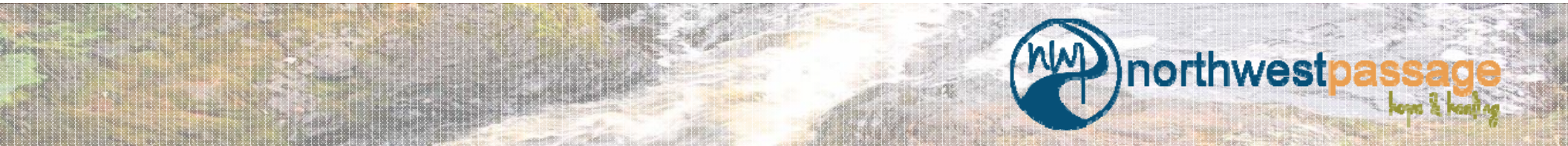


Matt, age 16



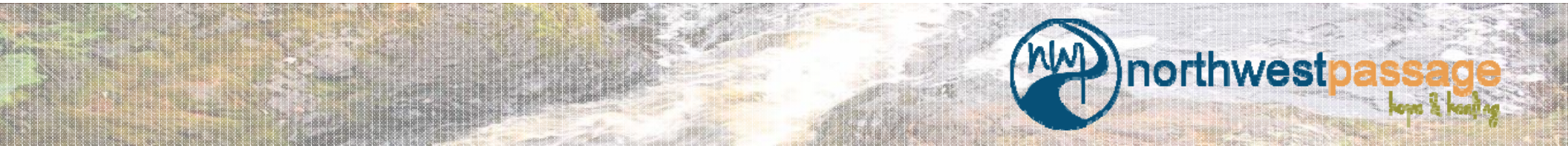


Northwest Passage
and the
Passage Way





The Passage
Way, Nature





- Lydia, age 16











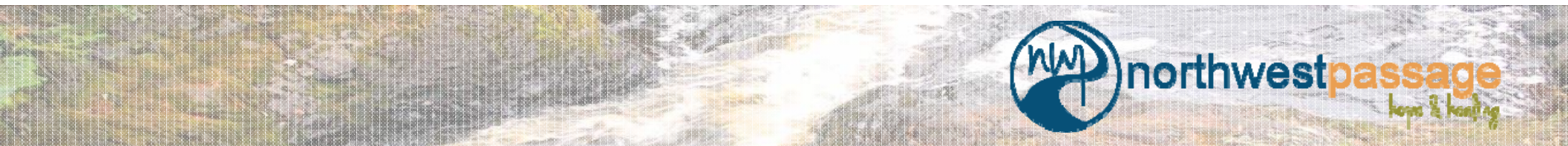








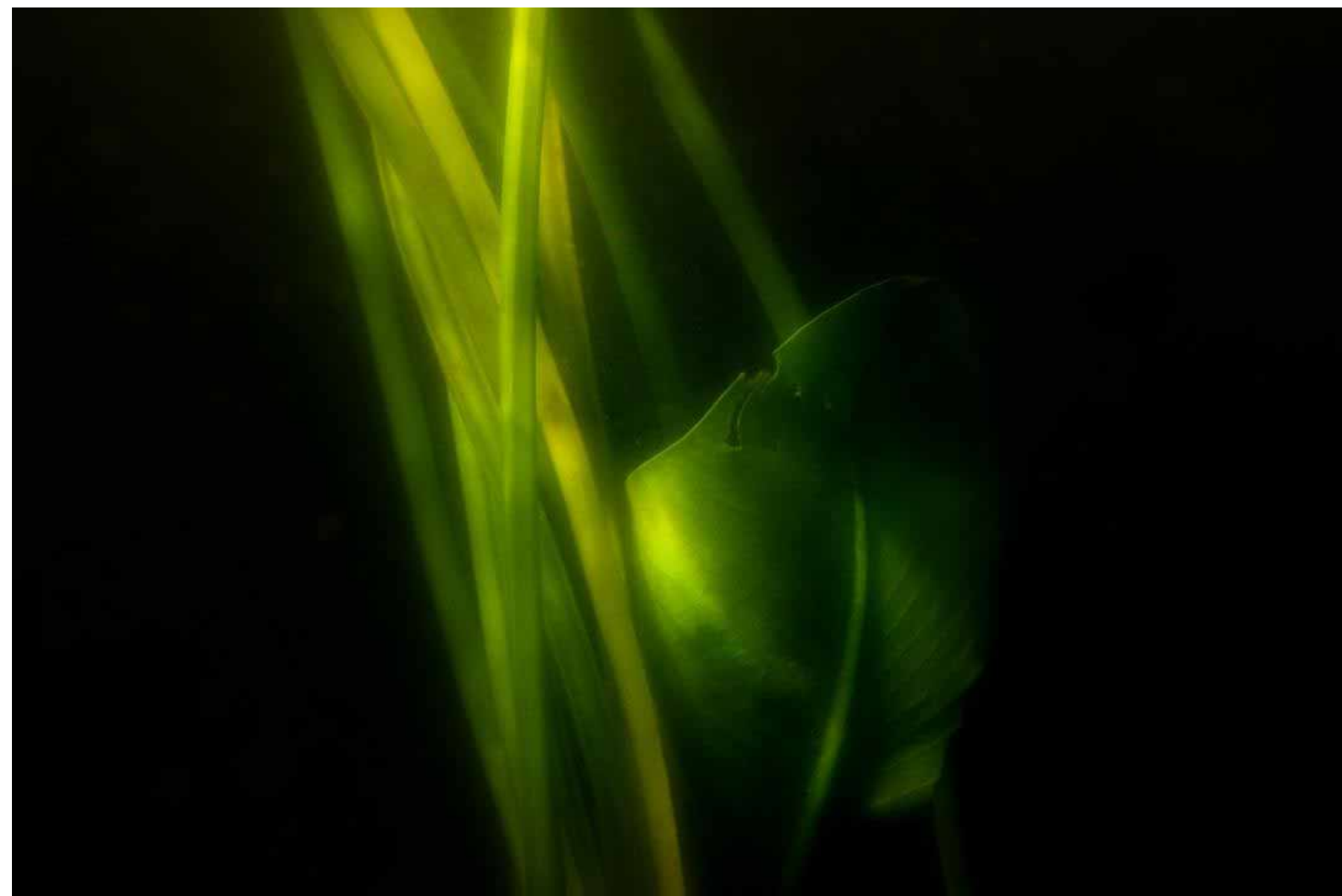
- [The Passage Way,](#)
[Relaxation](#)

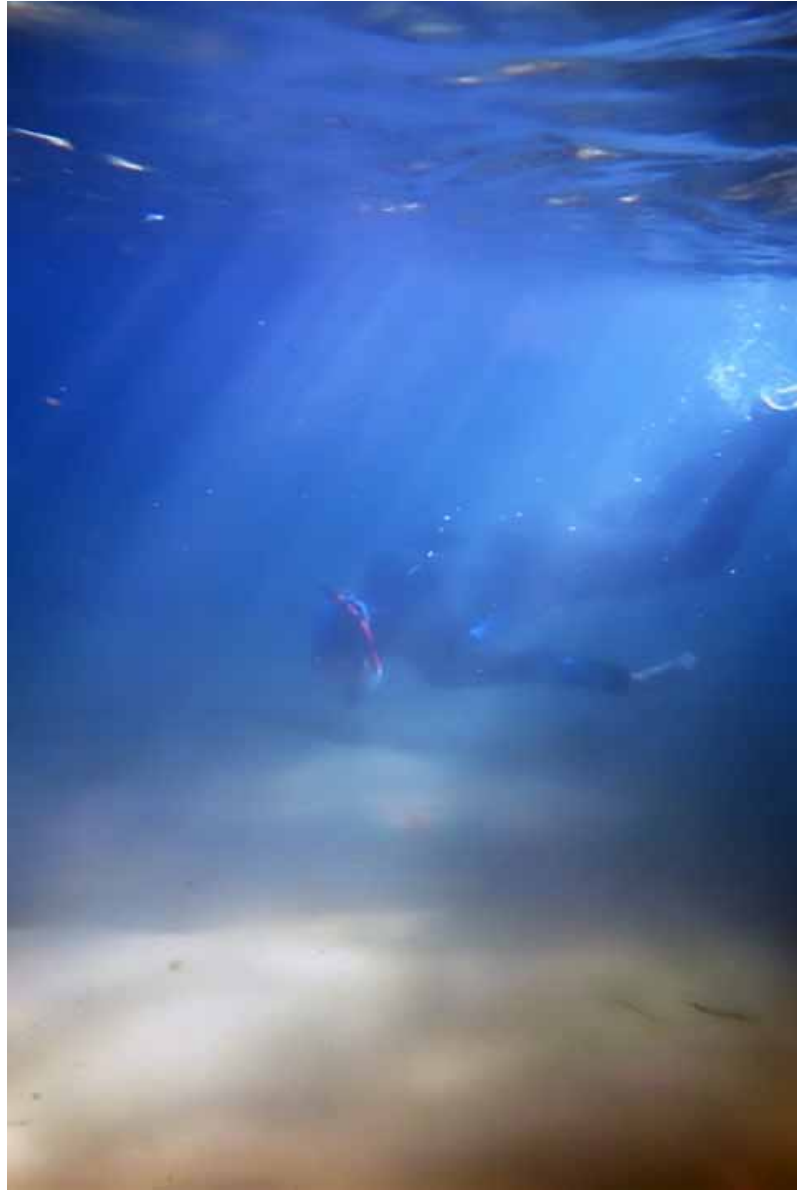




Jaden, age 16











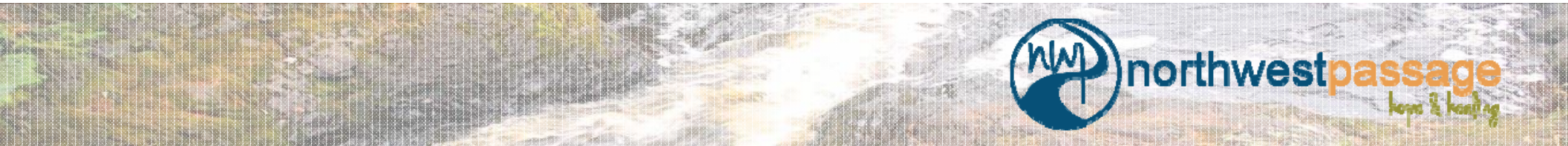








The Passage
Way,
Recreation





Jade, age 17











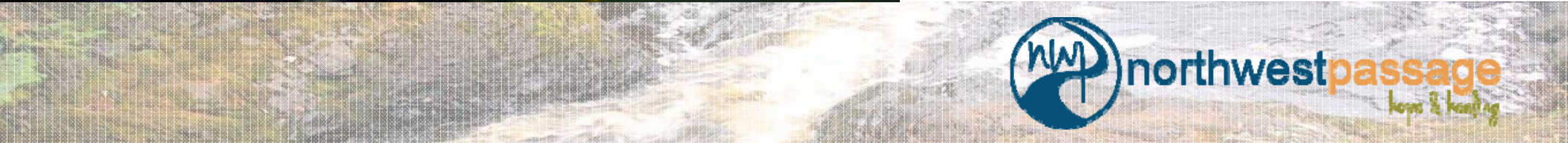


The Passage
Way, Service



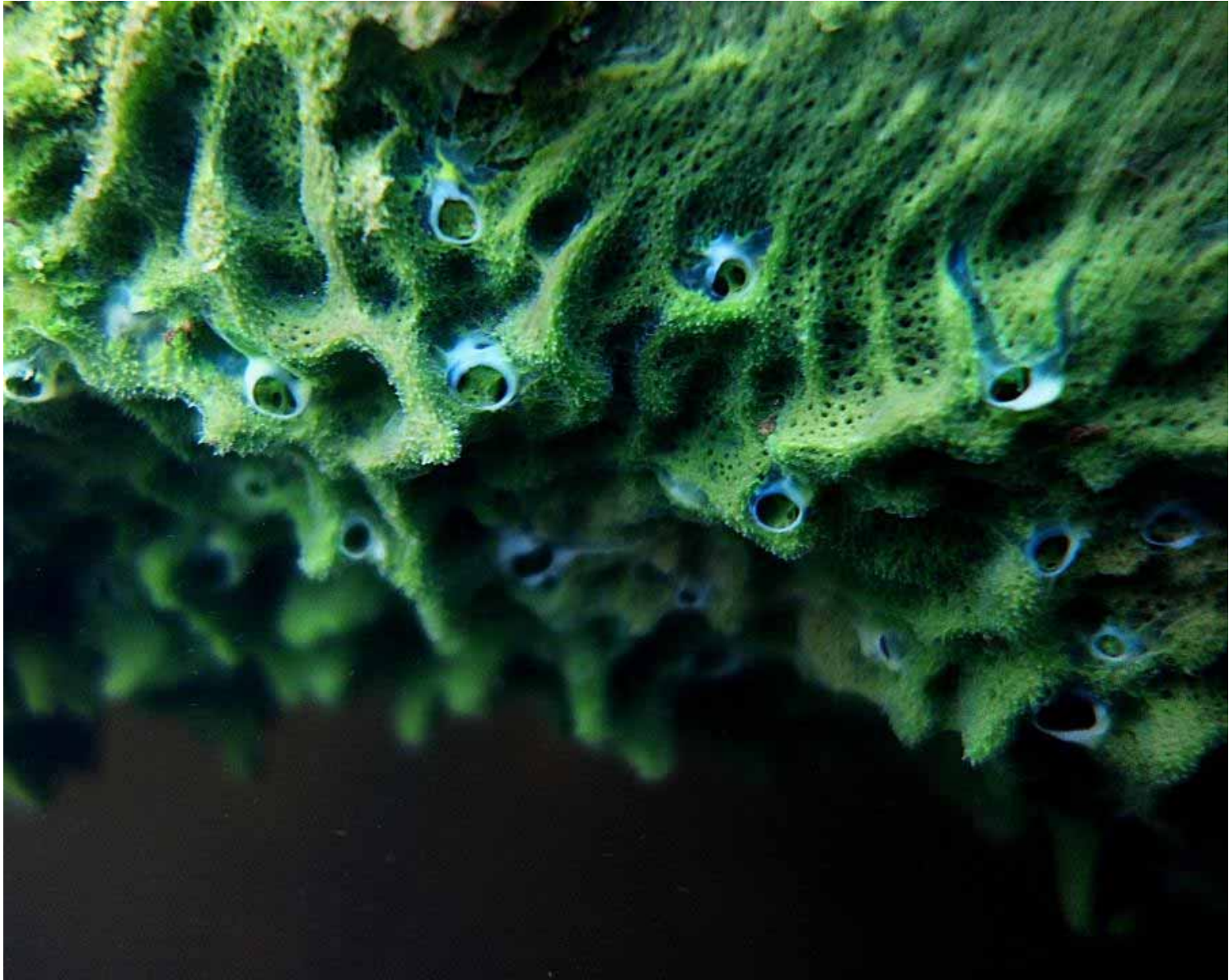


- Rachel, age 15





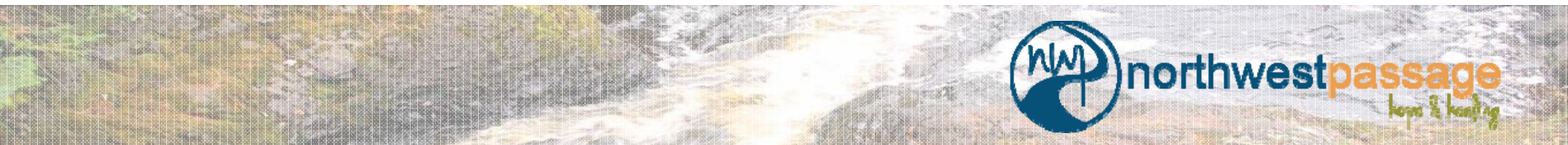








- The Passage
Way,
Relationships

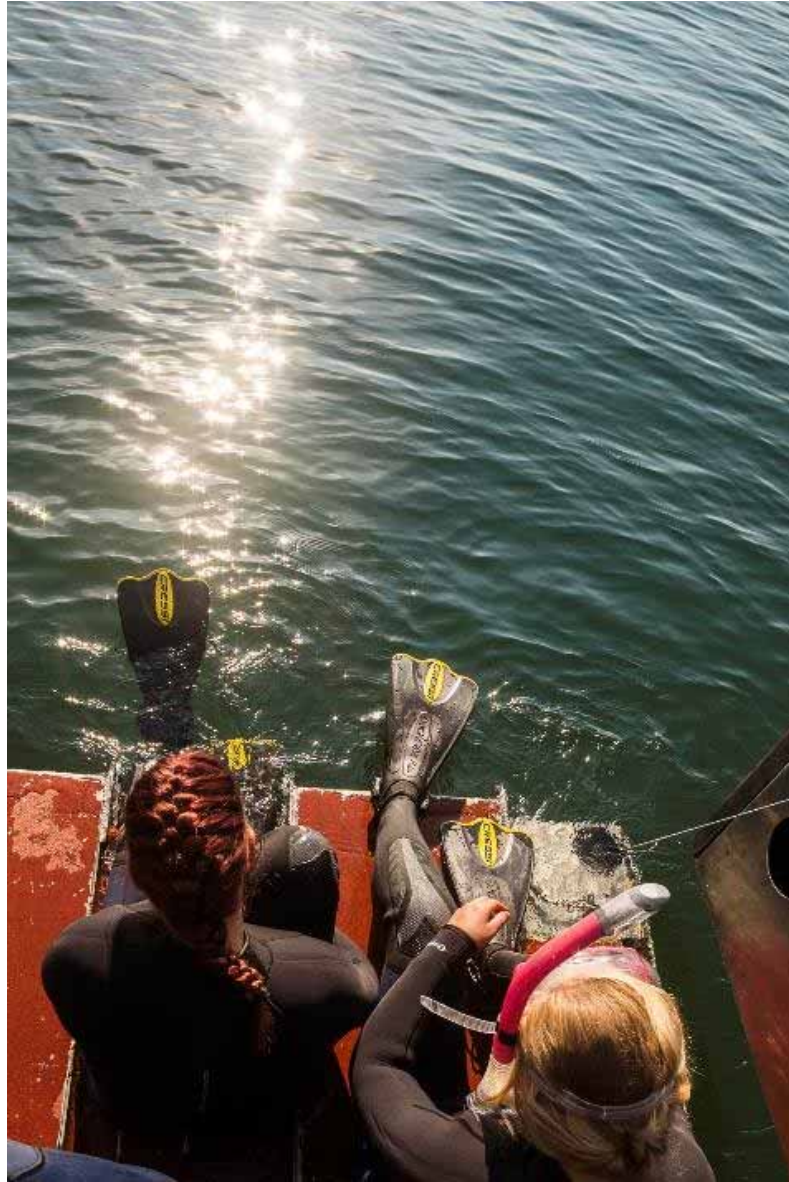




- Rachel, age 15







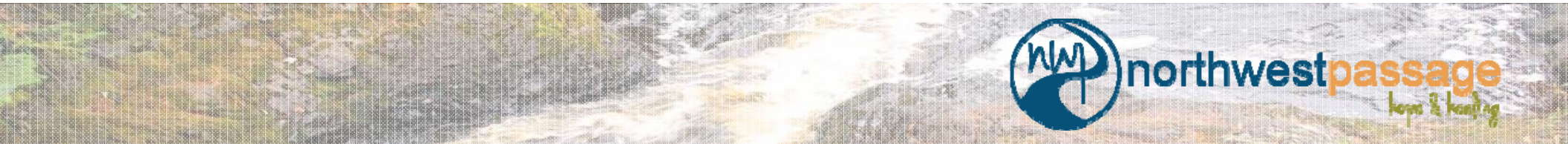








- The Passage
Way, Spirit





- Anthony, age 16



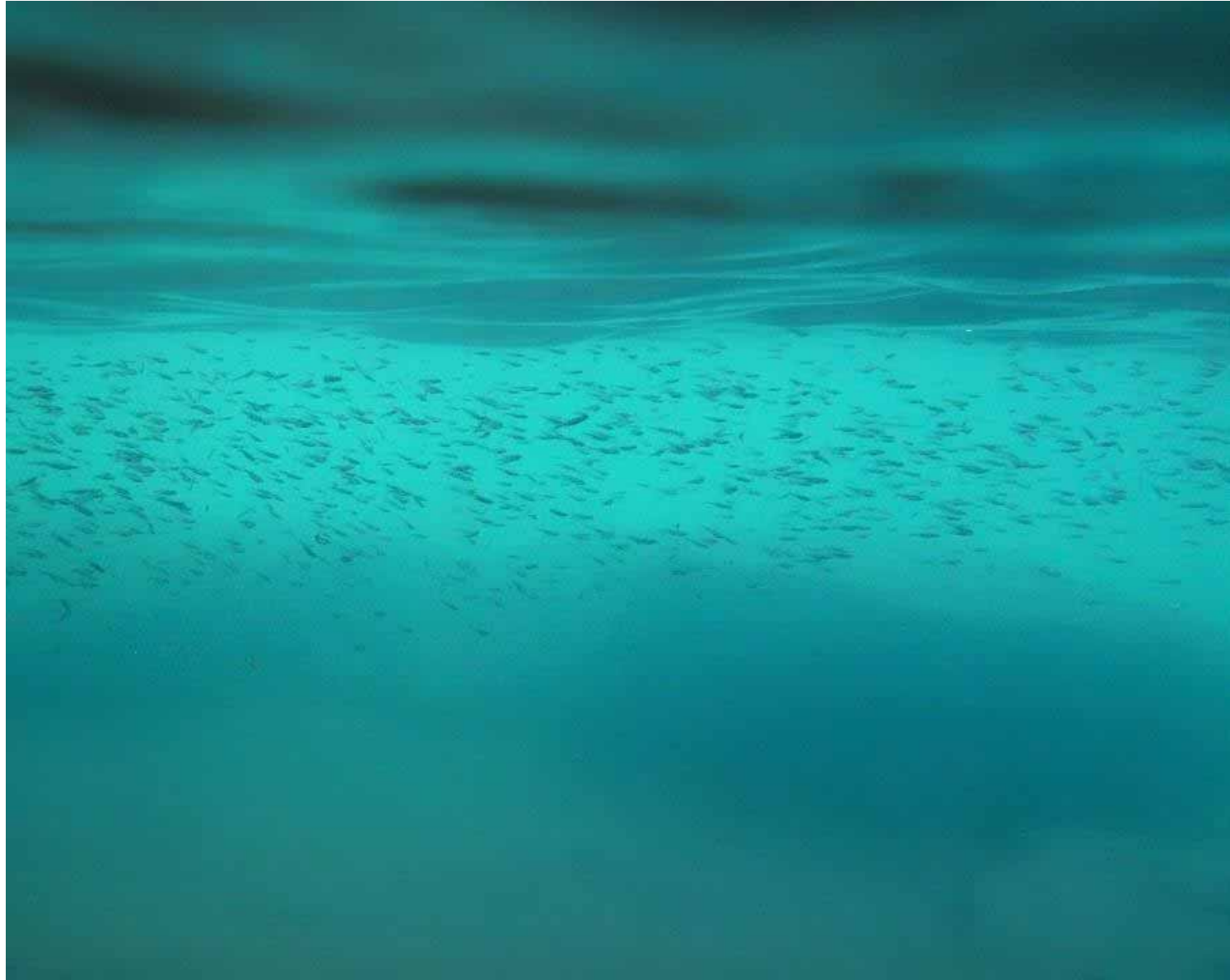






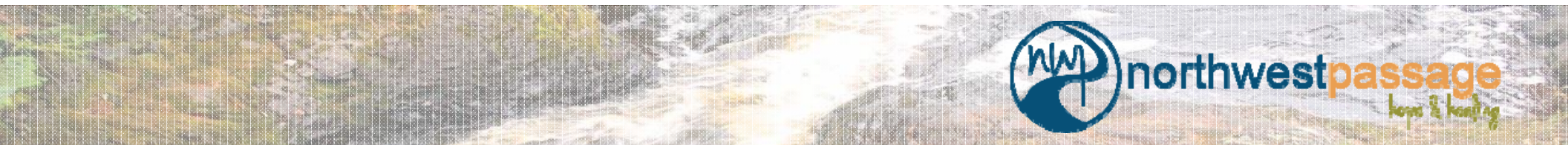








- [The Passage](#)
[Way, Exercise](#)

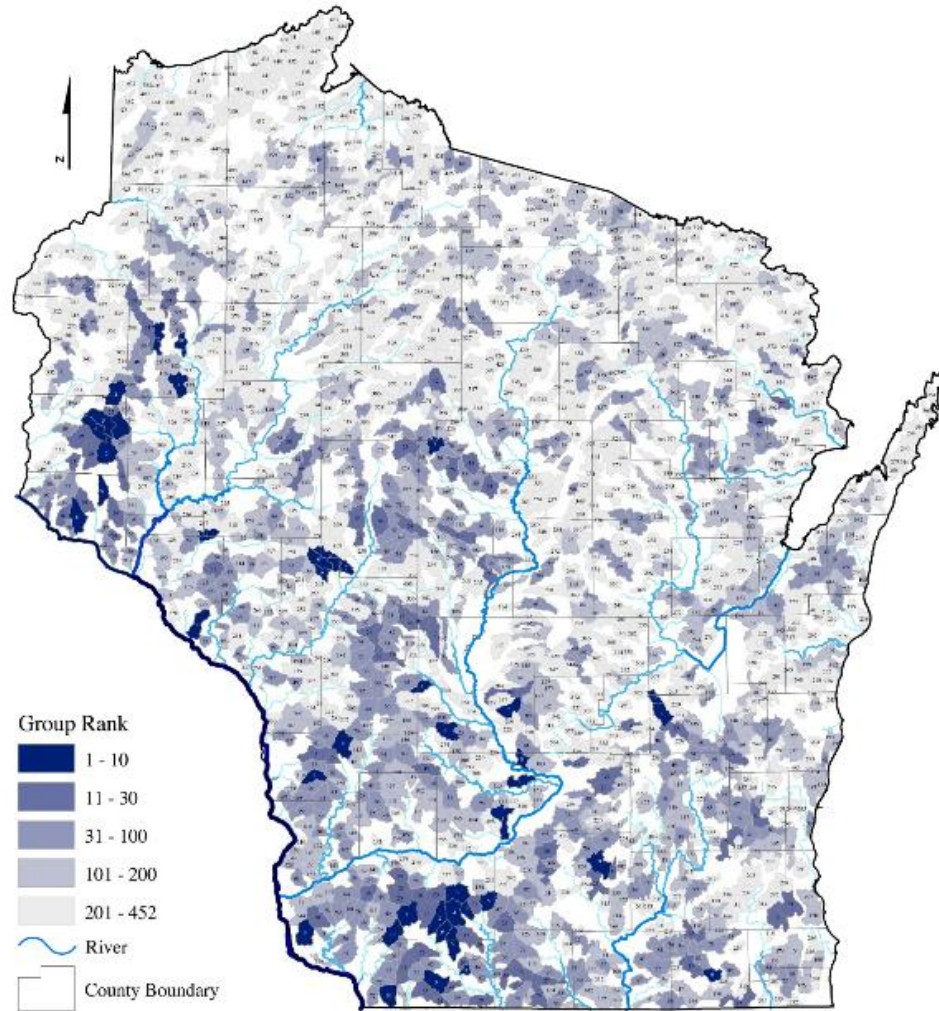








Watershed Rankings











Watershed Rankings

