

Eutrophication and Algae 101: The good, the bad, and the slimy

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St. Croix Watershed Research Station:

SCWRS: When, where, & why?

- Established in 1989
- Located ¼ mile from Wisconsin and 10 miles N of Stillwater
- A department in the Science Division of the Science Museum of Minnesota
- Mission:

Finding answers to important environmental questions impacting the St.Croix basin and watersheds worldwide



Let's talk:

 What are these algae?
 When are they good?
 When are they bad?
 How is our research helping understand and manage lakes?

(caveats of today's talk)



Algae?

- non-natural group (like "bugs")
- mostly aquatic/marine, ubiquitous
- photosynthetic
- non-vascular
- repro w/o sterile layer of cells
- 1 µm to 50 m
- importance ecological, global, geochemical, economic, toxic HABs







Algae are Everywhere

- Habitats and Algae
 - oceans, lakes, rivers
 - backwaters, estuary
 - floodplains
 - reservoirs
 - springs
 - soil, lichens
- most are native
- Lots of places for algae and lots of diversity (e.g., >350 spp of diatoms in St. Croix River)

What are algae?

- many major groups
 - cyanobacteria (blue-greens)
 - chlorophytes (greens)
 - charophytes (stoneworts)
 - euglenoids
 - dinoflagellates (dinos)
 - xanthophytes (yellow-greens)
 - chrysophytes (golden-brown)
 - synurophytes (golden-brown)
 - diatoms
 - red algae
 - brown algae (kelps)
- smaller groups include haptophytes, cryptomonads, glaucophytes, prymnesiophytes, bolidophytes, prasinophytes, ...



The GOOD: Algae are important! they are the base of the aquatic food web ... diatoms in chironomid guts



and 50% global primary production



Algae and the food chain

GOOD: My kid loves Algae!



More GOOD - biofuel sources, secondary metabolites, food, feed - Chaetoceros sp.



The BAD and SLIMY: too much





algae





- too many nutrients
- light and temp
- enviro impacts



Who you calling a "nuisance"?



Tabor Lake, Danbury, WI

- Nuisance Algae
 - visible growths/blooms
 - accumulations
 - late summer, fall
 - impact recreation & enjoyment & \$\$\$
 - affect ecosystem services
 - becoming more common?
 - toxins!

1.The BAD: Cyanobacterial blooms



- Blue-greens
 - summer, fall
 - meso- & eutrophic

lakes

- shallow lakes
- N-fixers
- toxins
- (sometimes!)
- regulate buoyancy
- unpalatable

Polk Co. WI, Jeremy Williamson

The BAD: Annie, Fannie & Mike



The BAD: Cyanobacterial blooms are more common than ever



- even in wilderness lakes
 - Isle Royale
 - 2 mile portage
 - climate? nitrogen?



2. The BAD: B-G Benthic mats

- Accumulations of blue-green gunk on leeward shores and quiet areas
- floating and suspended
- linked to backwater areas, boating?
- reports from Lake St. Croix, 2011-2013



Glen Brae, Somerset WI Aug 4, 2013

photos: Jean Hoffman

2. The BAD: B-G Benthic mats



Oscillatoria limosa

- common alga, mat former, not a toxin producer

3. The BAD? Green algae





- common in backwater, shoreline, and littoral areas
- produce noxious accumulations
- several culprits
- early and late season species
- macroscopic
- Great Lakes
 Cladophora botulism
 connection

3. The BAD? Green algal mats



Hydrodictyon reticulatum (water net)

Spirogyra sp.

4. The SLIMY: Diatom mats



Nevers Dam, WI, Nov 2012

Interstate Park, MN-WI, Sept 2008

- golden-brown gelatinous gunk
- attached to rocks or free-floating

- cover everything
- can see spring, summer, & fall growths



 mucilage stalks dominate biomass

 resistant polysaccharide

Ferry Landing IV_19VIII2013_40x_2





- blessed with water
- MN 12th largest , 8th in water area
- WI 23rd largest, 4th in water area
- mostly covered during Wisconsin glaciation
- MN "Land of 10,000 Lakes"
- WI "Birthplace of Limnology"

Research in the Midwest







0-4 Superbowl record Ouch!

Lake Research in the Midwest



Development







Nutrients and Trophic status of Lakes: Only the facts



- Fresh waters are often phosphorus-limited
- Nutrients promote algae growth
- Changes species composition
- Impairs water for drinking, navigation, wildlife, and recreation
- Oligotrophic Mesotrophic Eutrophic Hypereutrophic
- 0-10 ppb TP 10-30 ppb 30-100 ppb >100 ppb

Strategy: Plan for the future, learn from the past

- Meld modern sampling with paleolimnology to better understand eutrophic lakes and algae
- Lake sediments are environmental archives, provide pre-monitoring
- Establish baseline water/habitat quality, identify timing and magnitude of environmental change
- 1. Lake Standards and prioritizing \$\$\$
- 2. Lake St. Croix rehab
- 3. Paying for our sins shallow lakes



Paleolimnology-the study of lake sediments to reconstruct environmental history





Dating Models - We use the predictable decay of radioisotopes to figure out when sediments were deposited on the lake bottom

Element	Source	Analysis location	on
²¹⁰ Pb	From natural radium minerals	SCWRS lab	150-200 yrs
¹³⁷ Cs	Atmospheric tests of nuclear bombs	SCWRS lab	40-50 yrs
¹⁴ C	Cosmic rays hitting earth' s atmosphere	Arizona lab	500-50,000 yrs

Dating Models radioisotopes depc		dels bes depc	2012	dictable decay of sediments were bottom	
Element		1 1 1 1 1 1	alysis location		
	²¹⁰ Pb	Fro rac	1990	CWRS b	150-200 yrs
	¹³⁷ Cs	Atr tes bor	1940 1910	CWRS b	40-50 yrs
	¹⁴ C	Co hitt atn	1880 1650	rizona lab	500-50,000 yrs



...under the scope, 1840s

10.0 µm







Quantitative models

- Goal: take a modern or fossil diatom community and use it to predict or reconstruct a water quality variable (like TP or pH)
- In MN, over 140 lakes have been studied to develop phosphorus models



(from Hall et al. 1999)

Reconstruction
Development of Phosphorus Standards for MN Lakes

- 1. US Environmental Protection Agency wants states to develop phosphorus standards for lakes, wetlands, rivers & estuaries.
- 2. When waters exceed standards, that lake or river is officially "impaired."
- 3. Impaired waters must have a plan prepared to return them to compliance with standards.
- 4. Minnesota PCA has set phosphorus standards for different ecoregions of state and different lake types using paleolimnological evidence



Top-Bottom Analysis

 Core top to assess modern conditions

Samples taken from below
settlement
horizon to
assess
natural or
background
nutrient
levels in
lakes





Dozens of basins, highly variable WQ throughout watershed, many basins have TP above proposed standards (40 ppb TP)14 cities, 8 WWTP, high recreational use, urban development



Modern WQ

 Mean Annual TP from 18-139 µg/L

- Mesotrophic conditions (<40 µg/L TP) in 3 bays and 2 lakes
- All other sites eutrophic 40-100
 µg/L TP) to hypertrophic (>100 µg/L)
- Nutrient standard for lakes of < 40 µg/L TP



Modern vs Historical WQ

Three groups of lakes Group 1. Mesotrophic

in both pre-Euro and modern

- Carsons Bay
- St. Albans Bay
- Spring Park Bay
- Minnewashta

Group 1 lakes easily meet standards



Bottom - historical DI-TP



Modern vs Historical WQ • <u>Group 2</u>. Mesotrophic in pre-Euro, but eutrophic 🔵 to hypertrophic ()in modern times - Gleason - Stubbs Bay - Langdon - Schutz - Auburn - Virginia Group 2 lakes do not meet standards, but are

good targets for

remediation



Edlund et al. 2009, MCWD

Modern vs Historical WQ • <u>Group 3</u>. Eutrophic pre-Euro, Eutrophic modern times - Jennings Bay - Halsteds Bay - Wasserman - Long - Luntsen - Parley Group 3 lakes do not meet <u>standards, but</u> have long been <u>naturally</u> <u>productive</u> <u>systems</u>

Lake St. Croix

Lake St. Croix – it's nice, but has this river system changed?

St. Croix A National Wild and Scenic River



Mississippi Urban and Agricultural

Historical land use: log jam on the St. Croix River, 1886



Percent Land Used for Agriculture

Watersheds of the St. Croix River Basin



Living in the St. Croix Basin



From US Census and Met Council

... the diatom community changes



Historical Water Quality In Lake St. Croix



Edlund et al. 2009 JOPL

Reconstructing DO with chironomids



DO declines in 20th Century

Everything changed, even blue-greens



- blue-green blooms known from St. Croix since 1920s (Reinhard 1931)
- linked to nutrient loading, interannual differences



- but, increased abundance since 1960s (Edlund et al. 2009)
- modeled response to P loading & circulation (Robertson & Lenz 2004, Kiesling et al. in progress)
 Edlund et al. 2009 JOPL



WDNR / MPCA Nutrient Reduction Agreement



Lake St. Croix declared impaired 20% Reduction in P inputs by 2020 modeling and monitoring

Does it work in other lakes?



- Horse Lake, Polk Co., Wisconsin
- turbid, shallow
- carp
- shows shift in algae, increase productivity
- loss of plants, ecological targets

Paying for out sins – Shallow lakes

Paleoecology of Lake Christina, MN: stable regimes and biomanipulations



canvasback duck (Ducks Unlimited website)





Shallow Prairie Lake 'Stable Regimes'



Clear regime: macrophyte dominated; generally no or low abundance of planktivorous fish

often occupy 2 ecological extremes

Turbid regime: algal dominated; eutrophic; possible high authigenic precipitation of minerals





Lake manipulations during Anthropogenic period



Lake Christina has cycled between 'stable' regimes since the mid 1950s



Turbid versus dear water



unabletomaintain stabledeer regime
continued eutrophication (possibly internal Poyding) and persistence of planktivorous fish

manitared maraphyte
 abundance shows periods of
 regime change

Q1: do the sediments record these changes? Q2: does this mgmt strategy return the lake to "clear" state?

Paleoecological data define 'Anthropogenic' period



nutrients and primary production increase in Lake Christina prior to anthropogenic period and loss of stable clear water regime

only significant shift in the diatom communities

The trouble with shallow lakes

- single major shift in 1950s result of early eutrophication and land use, increase water level encouraged planktivorous fish, loss of macrophytes, loss of duck habitat
- short term \$\$\$ manipulations that shift lake from turbid to clear do not influence the long term regime of the lake
- current management strategy includes continued development of wetlands in catchment and construction of a lake drawdown dam





Hobbs et al. 2012 Ecol Appl



Paying for our sins

Lake (not quite out) of the Woods

- it's huge!
- 65000 miles of shoreline
- 14500 islands
- 65 x 60 miles
- it's not all ours
- it's warming



LoW

- it's a destination
- it's full of fish

 but...it's green?



Green?!





more blue-green than green

- cyanobacteria = nasty
- toxic at times
- monitoring data show reduced P loading
- increased frequency and extent of b-g blooms
- Why hasn't the lake responded?

What have we learned about this lake?

- no evidence of decreased P load
- mobile P fractions dominate in cores
- profiles suggest P mobility upcore
- LoW poor at burying P
- still paying for our sins!







Diatom records, Little Traverse, % abundance



An iconic lake in a death spiral?

- rare situation where we have good monitoring data on P loads
- no evidence that decreased loads have



legacy P – climate interaction in southern Lake of the Woods?



What can we do about algae?

- protect our water (it's easier than fixing it)
- algae can be a nuisance
- nutrients!
- solutions aren't simple
- be a voice
- think like a scientist
- be smart
- citizen science



Thanks

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10 µm

SCWRs Backwater, 11 Spet 2013, Hydrodictyon, 10x