## The 2007 National Lakes Assessment

# Water Quality, Recreational Suitability, and Ecological Integrity of Lakes and Reservoirs 

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## Today's discussion

- Why the National Lakes Assessment?
- What was measured?
- How were the data assessed?
- What did we learn?
- What do we do with the findings?
- How can WI Lake Associations use the information?
-Where can I get the report?


## NLA is part of the

## National Aquatic Resource Survey

## Initiative

- Why national surveys?
- CWA Section 305(b) reports do not tell a comprehensive national water quality story
- States or associations cannot directly compare their assessments to those of partner organizations or in relation to regional conditions
- Significant findings from consistent assessments promote new policy directions
Supported by:
Gov't Accountability Office
Nat'I Academy of Public Administration National Research Council Heinz Center



## The National Aquatic Resource Surveys (NARS)

- NARS promote State and Tribal capacity for monitoring and assessment
- Conducted in partnership with states and tribes -- states and tribes, or contractors, carry out the sampling
- Offer opportunity for state-scale surveys - about 10 states enhanced their NLA assessments with state-scale surveys
- Establish new monitoring approaches and assessment tools
- Promote consistency in cross-jurisdictional assessment of water quality


## Purpose of National Aquatic Resource Surveys

- Meet Clean Water Act requirement to report on the condition of waters of the U.S.
- Unbiased estimate of condition based on randomly selected, representative subset of waters
- Report on core indicators with regional supplements
- Standardized or comparable methods
- Provide information on key questions:
- Extent of waters supporting healthy ecosystems, recreation?
- Extent of resource affected by key water quality problems/stressors?


## Basic Components of Surveys

- Randomized design to report on conditions of each resource at national, regional, and state (optional) scale
- 1,000 sites for national \& regional scale in lower 48 states
- Standard field and lab protocols for core indicators
- National QA program and data management
- Nationally consistent and regionally relevant data interpretation and reports


## National Aquatic Resource Surveys: A five year recurring cycle

'07 Lakes
$\rightarrow ’ 08$ wadeable streams
$\rightarrow$ '09 large rivers
$\rightarrow$ '10 coastal estuaries
$\rightarrow$ '11 wetlands


## National Lakes Assessment is the First Comprehensive Survey of the Nation's Lakes

- Lakes, ponds and reservoirs
- Biological and habitat condition
- Recreational condition
- Trophic state
- The 1,028 unique lakes sampled - plus 124 hand-selected reference lakes, and 100 resample visits - describe the condition of about 50,000 lakes nationwide



## National Lakes Assessment: Design of the Survey

- Lakes selected from National Hydrography Dataset (NHD), leveraging statistical survey methodology
- Target lakes/reservoirs: >4 ha, >1m deep, non-saline, >0.1 ha open water
- Permits assessment by size, state, and region
- 200 National Eutrophication Survey lakes revisited during the NLA sampling year to assess changes between 1972 and 2009



## The NLA represents:

- 49,560 "lakes"
- 59\% natural origin
- $41 \%$ constructed



# National Lakes Assessment: Sampling Approach 



## In the Field...


"At the end of the season, field crews collected 8,536 water and sediment samples; took over 5,800 direct measurements, and recorded in excess of 620,000
 observations."

## National Lakes Assessment: Assessments of:

- Biology
- Ecological integrity
- Trophic State
- Enrichment
- Recreational Use
- Cyanotoxins
- Habitat Quality
- Disturbance and integrity
- Chemical stressors
- Nutrients and chem.
- Change over time
- Sediments and nutrients


## Determining Thresholds: Setting the Bar

For the NLA, two types of thresholds were used to determine condition:

- Nationally-consistent thresholds
- Fixed values correspond to assessment findings
- Applied to trophic state and recreational condition
- Regionally reference-based thresholds
- Fixed percentile of reference lakes defines good/fair and fair/ poor
- Applied to bioindicators, some habitat indicators and some stressors
- More information about this in tomorrow morning's session

Example IBI


Poor

## Biological Condition of the Nation's Lakes

- Index of Biotic Integrity - sediment diatoms
- Model of Taxa Loss - open lake (pelagic) plankton*


Centrate (left) and pinnate (right) diatoms. Image courtesy of J. Smol as provided by D. Charles.

* Primary NLA assessment indicator



## Biological Condition of the Nation's Lakes: Planktonic Taxa Loss

- NLA developed a method estimate taxa loss in the zooplankton and phytoplankton communities
- How?:
- Look at the species identified in like reference lakes, within regions
- Compare the species in each assessed lake to the expected taxa from the reference lakes
- Observed taxa are related to expectation: the O/E is the taxa loss index.
- The O/E ranges from near 0 (complete loss) to >1.0 (some benign enrichment evident)


## Biological Condition of the Nation's Lakes: Sediment Diatom IBI

- Index of Biological Integrity (IBI) combines measures of community integrity based on sedimented diatoms.
- Process:
- Reference lakes are identified within regions
- A variety of metrics that describe the community are tested
- Researchers identify those metrics that identify changes from the regional reference lakes that are ecologically relevant
- IBI is adjusted for natural attributes that affect the community (e.g., depth, lat/long, elevation, pH)
- IBI is scaled to a score of 0-100


## Condition of the Nation's Lakes: Biological Condition



## Biological Condition Varies Across the Country

- Xeric and Northern Plains show the greatest proportion of lakes with excessive taxa loss
- Upper Midwest and Western Mountains have the highest proportion of lakes with low taxa loss.



## Condition of the Nation's Lakes: Habitat

- 55 individual habitat attributes captured at each site (550/lake).
- Metrics reduced to four indices of habitat quality:
- Human Disturbance on Lakeshores
- Riparian Zone Integrity
- Littoral Zone Integrity
- Complexity of Riparian/Littoral Interface
- Disturbance index scores assessed against nationally consistent thresholds
- Riparian/littoral indices assessed against regionally-explicit reference conditions (corrects for expected regional differences)

Complexity:
The degree to which both lakeshore and shallow zones are intact. Complex habitats facilitate movement of food into and out of lakes.

Disturbance:


## Condition of the Nation's Lakes: Habitat


*) NLA Primary indicator is Lakeshore Habitat

## Chemical Stressors of the Nation's Lakes

- Nutrients and turbidity
- Acidity
- Dissolved Oxygen



## Chemical Stressors in the Nation's Lakes: Nutrients and Turbidity

- Lakes were assessed for their nutrient and turbidity levels using regionally-explicit reference thresholds to determine good, fair, and poor condition

| Nutrient <br> Ecoregion | \#Ref <br> Lakes | TP (ug/L) <br> Good-Fair | TP (ug/L) <br> Fair-Poor | TN (ug/L) <br> Good-Fair | TN (ug/L) <br> Fair-Poor |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Coastal Plain | 14 | 26 | 75 | 629 | 2311 |
| II. Western Mts. | 23 | 15 | 19 | 278 | 380 |
| III. Xeric West | 14 | 48 | 130 | 514 | 2286 |
| IV. Grass Plains-Man- <br> made | 9 | 37 | 56 | 513 | 824 |
| IV. Grass Plains-Natural | 6 | 839 | 1719 | 8647 | 9359 |

## Chemical Stressors in the Nation's Lakes: DO, Acidity

- Lake conditions with respect to dissolved oxygen and acidification were assessed using fixed national thresholds

| Oxygen <br> (upper 2 2 m water <br> column) | High | Moderate | Low |
| :---: | :---: | :---: | :---: |
|  | $\geq 5 \mathrm{ppm}$ | $3-5 \mathrm{ppm}$ | $<3 \mathrm{ppm}$ |
| Acidification | Non acidic | Acidic <br> natural | Acidic <br> Anthropogenic |
|  | $>50$ ueq. ANC | $\leq 50$ ueq ANC <br> (DOC $\leq 5 \mathrm{ppm})$ | $\leq 0$ ueq. ANC <br> (DOC $\leq 5 \mathrm{ppm})$ |

# Chemical Stressors in the Nation's Lakes: Nutrients, DO, Acidity 



## Extent of Stressors and Resulting Risk: What Impacts Biological Condition?

- NLA related chemical stressors and habitat indices to biological condition, to assess which are most consequential.
- Three useful indicators:
- Relative Extent - What is the proportion of stressors in poor condition?
- Relative Risk - When stressors indicate poor condition, what is the increased proportion of lakes with poor biological condition?
- Attributable Risk - What percent of lakes that are in poor biological condition should move to good/fair if this stressor is eliminated?


## Stressors to the Nation's Lakes:

## Extent, Relative Risk, and Attributable Risk



- \#1 - Lakeshore vegetation: Poor biology is three times more common when lakeshore vegetation cover is in poor condition. This affects $36 \%$ of lakes.


## Poor Biology is Three Times More Common when Lakeshore Habitat is Poor

Regional summary:

- Northern Plains, Coastal Plains and Xeric have highest proportion of lakes with poor habitat conditions
- While the Upper Midwest exhibits a high proportion of lakes with high-quality habitat, > 25\% of lakeshores are in poor condition

We appear to be loving our lakes too much!

## Trophic State of the Nation's

## Lakes

- National Summary:
- $13 \%$ of lakes are oligotrophic
- 37\% are mesotrophic
- 30\% are eutrophic
- 20\% are hypereutrophic.
- Used chlorophyll-a as primary assessment, with "Carlson" thresholds
- Also assessed trophic state independently using total phosphorus, total nitrogen, Secchi.



## Trophic State - Ecoregional Results

- Western Mountains, Upper Midwest, Northern Appalachians show greatest proportion of oligo/mesotrophic lakes
- Plains show greatest proportion of eutrophic and hypereutrophic lakes
- In some ecoregions (Northern Plains, Xeric) the traditional nutrient :
 chlorophyll-a paradigm does not apply


# Recreational Condition of the Nation's 

## Lakes: Algal Toxin Exposure Risk

- Sampled 4 indicators suitable for assessment of Harmful Algal Bloom (HAB) toxin risk:
- Presence of microcystin (extent)
- Cyanobacteria cell count (potential risk)
- Chlorophyll-a
- Microcystin concentration
- Used World Health Organization thresholds for assessment


## Recreational Condition of the Nation's Lakes: Algal Toxins

## National Summary:

- Microcystin detected in $30 \%$ of lakes and at levels of concern in $1 \%$
- Exposure risk based on cyanobacteria:
- 73\% of lakes exhibit low risk
- 20\% moderate risk
- 7\% high risk
- WHO thresholds for cyanobacteria:

- Low risk (<20K) cells
- Mod. risk (<100K ) cells
- High risk (>100K cells)


## Recreational Condition of the Nation's Lakes: Risk of Cyanotoxin Exposure

- Plains show greatest proportion of highrisk lakes
- Greatest proportion of lakes exhibiting low risk in Western Mountains and Northern
Appalachians



## Regional Assessments

Northern Appalachians
Southern Appalachians
Upper Midwest
Coastal Plains
Temperate Plains
Southern Plains
Northern Plains
Western Mountains
Xeric West


Figure 28. NLA findings for the Upper Midwest ecoregion. Bars show the percentage of lakes within a condition class for a given indicator.

Trends: National Eutrophication Survey and NLA: Looking at Change Between 1972 and 2007

Subset of wastewater-impacted
National Eutrophication
Survey (NES) lakes (200) were revisited for NLA

Results from these lakes used to project changes in the 800
lakes originally sampled under NES in 1972

Phosphorus trend:
$24 \%$ of lakes showed no change in phosphorus and $50 \%$ of lakes showed decreased phosphorus
 levels

Trends: National Eutrophication Survey and NLA: Looking at Change Between 1972 and 2007

Trophic state trend:

- $26 \%$ of NES lakes improved in trophic status
- $51 \%$ of NES lakes showed no change in trophic status

Finding that P improved in 50\% of lakes and trophic condition improved in 26\% of lakes implies success of wastewater treatment plant improvements and other phosphorus control initiatives.


Comparison of change in trophic status of NES lakes

## Policy Implications of the NLA Report

- Support for Low Impact Development
- NLA finding: Habitat alteration is the most important measured stressor in lakes.
- Supports need to address mitigation of lakeshore habitat impacts.
- Professional lake community is eager for evidence to support initiatives to protect lakeshores
- Support for trends analysis using statistical survey approach
- NES $\rightarrow$ NLA Comparison is just one
- Options for other similar evaluations
- Surveys provide a tool to evaluate program effectiveness


## Policy Implications of the NLA

## Report

- Support for water quality criteria development
- NLA data are useful in the in the development and evaluation of nutrient criteria.
- Enterococci dataset useful for Critical Path Science Plan
- Reference distributions of nutrients can support improved criteria guidance
- Support for state lake monitoring/assessment programs
- Technical tools for computing indicators and other assessments
- Materials to assist states in transferring results


## How Can WI use the NLA

- Session Tomorrow morning...
- WI's participation in NLA,
- Technical details about the survey and about reference,
- Comparing lakes to the regional or national condition,
- How biology was assessed,
- What is yet to be done.



## A preview using Vermont data; comparing state lakes to NLA

Lakeshore Disturbance
Lakeshore Habitat


Intro and Design


National Findings


Change over Time


Using the NLA


- OLIGOTROPHIC ( $\leq 2 \mathrm{ug} / \mathrm{L}$ ) MESOTROPHIC ( $>2-7 \mathrm{ug} / \mathrm{L}$ )

■ EUTROPHIC ( $>7$ to $30 \mathrm{ug} / \mathrm{L}$ ) $\quad$ HYPEREUTROPHIC ( $>30 \mathrm{ug} / \mathrm{L}$ )

## Ecoregional Findings



Future Actions - NLA in 2012


## National Lakes Assessment Report

- NLA Report available:
-http://www.epa.gov/lakessurvey
- National Aquatic Resource Surveys:
-http://www.epa.gov/aquaticsurveys


## Questions?



