

Rain Gardens – Part of the Solution to Storm Water Problems

Prepared by
Roger Bannerman
WDNR



8 22 '95



















Increases in Urban Runoff for Lake Mendota from 2000 to 2020

■ Amounts of Urban Runoff for 2000:

5,600,000,000 gallons
or 17,000 acre-feet

■ Amounts of Urban Runoff for 2020:

8,800,000,000 gallons
or 27,500 acre-feet

(Increase of 57%)





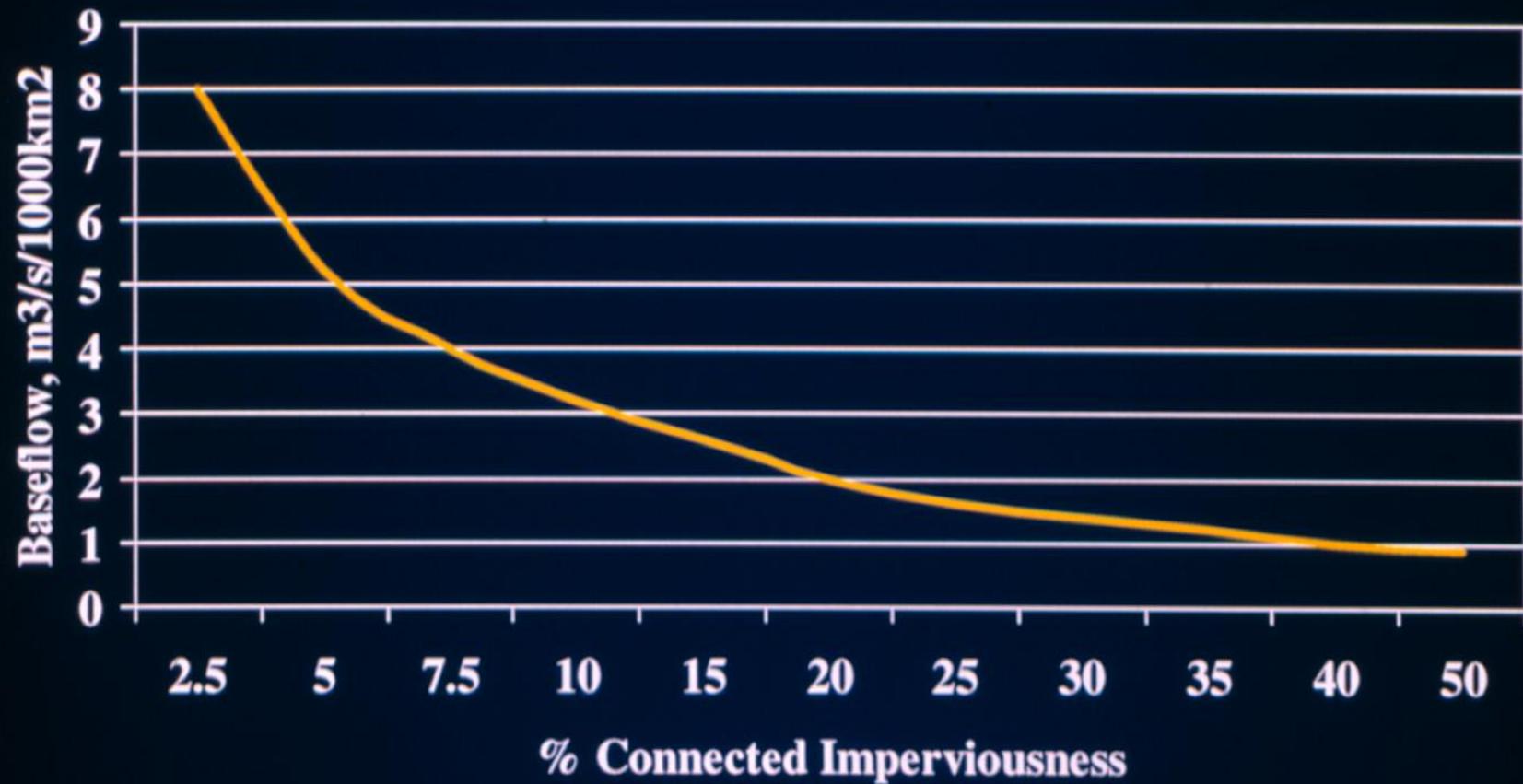






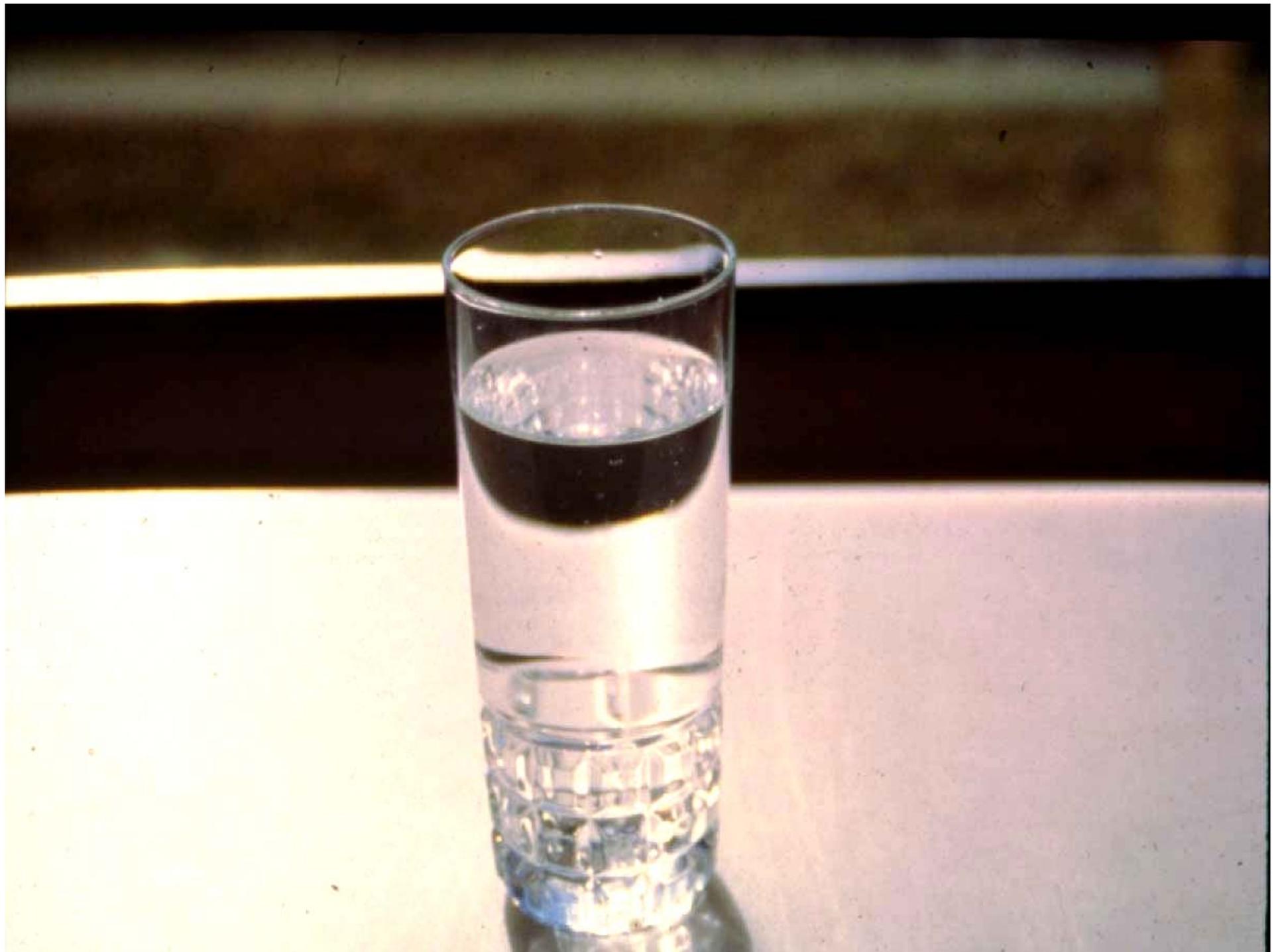


Impacts of Urbanization on Stream Baseflows



Impacts of Imperviousness on Surface and Groundwater Quantities

Type of Resource	Increase Imperviousness From 2 to 18%	Increase Imperviousness From 2 to 60%
Stream Baseflow	-20%	Dry Stream
Surface Runoff	+ 90%	+485%
Regional Groundwater Levels	-10%	-55%



Predicted Temperature Increase

Lowes Creek, Eau Claire

	Mean (°F)	Maximum (°F)
Existing	62	71
Developed <i>(35% Impervious)</i>	67	82

Brown Trout Optimum = 66°F



7-18-77

AN 25-007

11 x 14

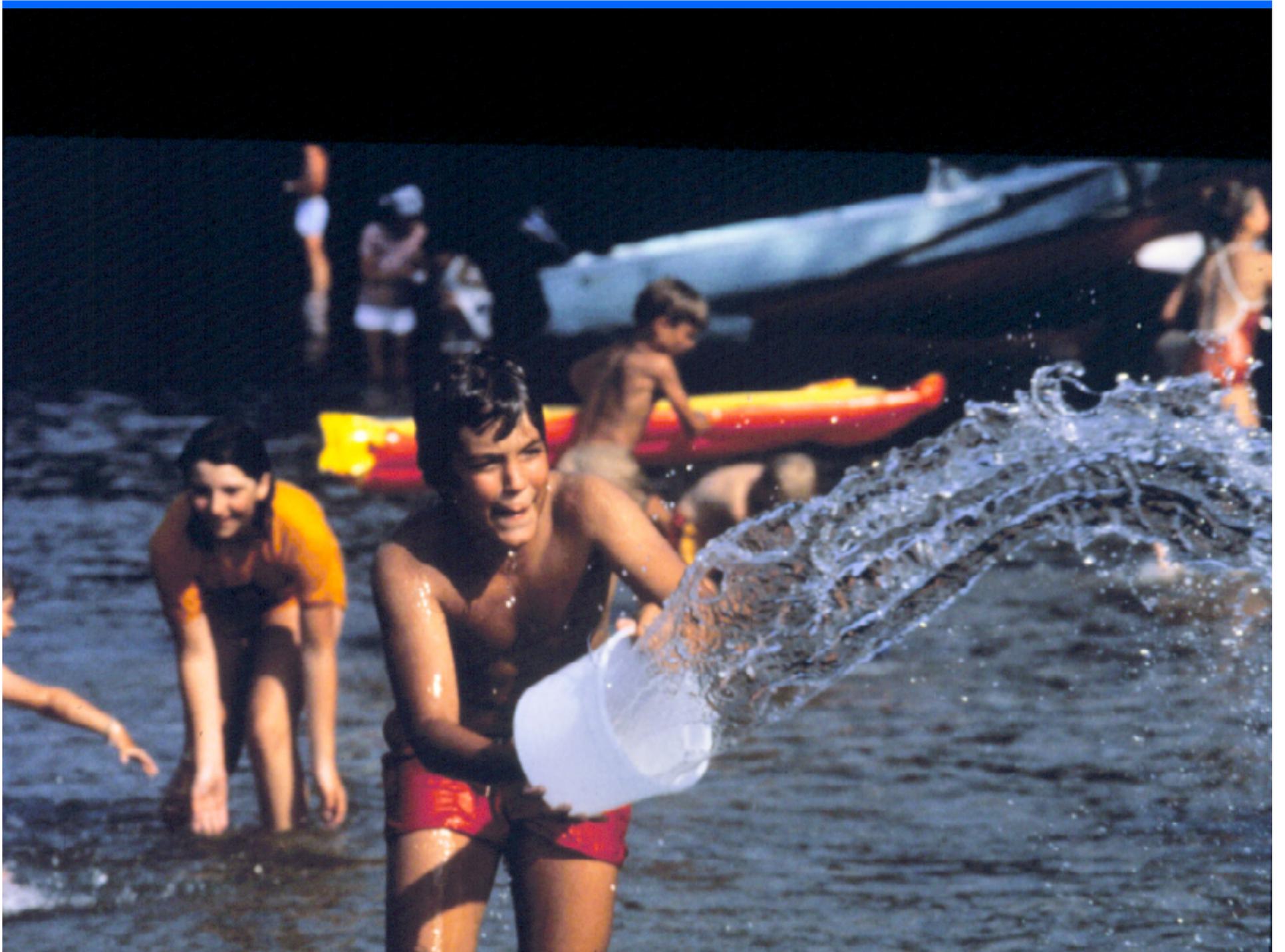




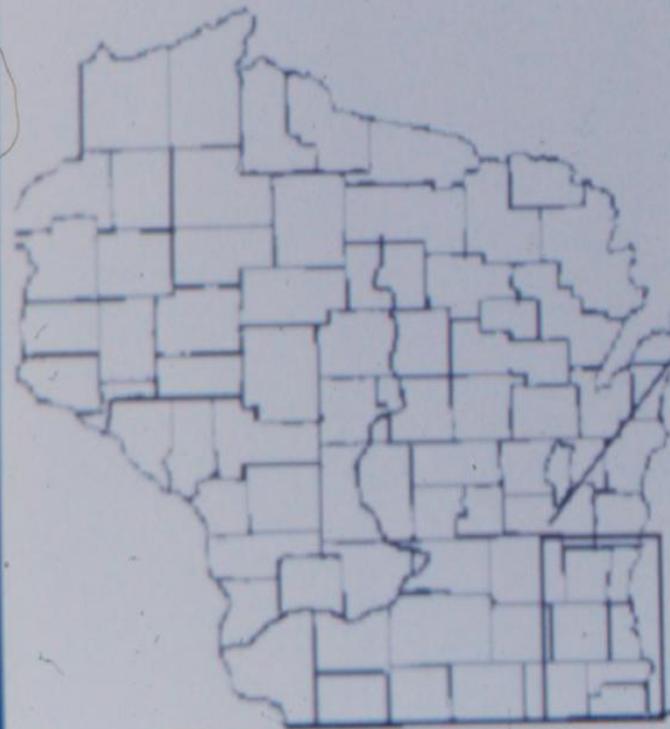




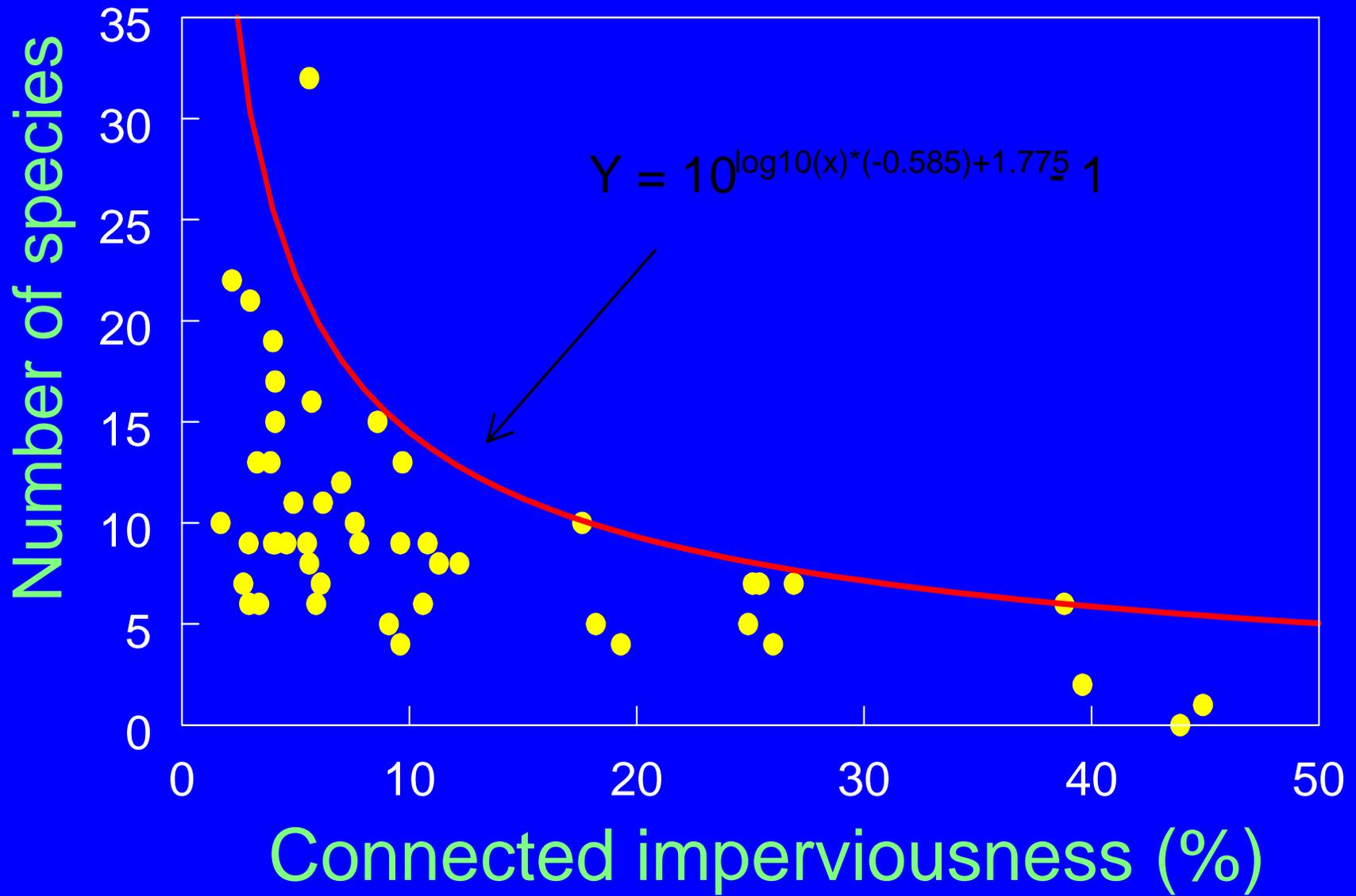




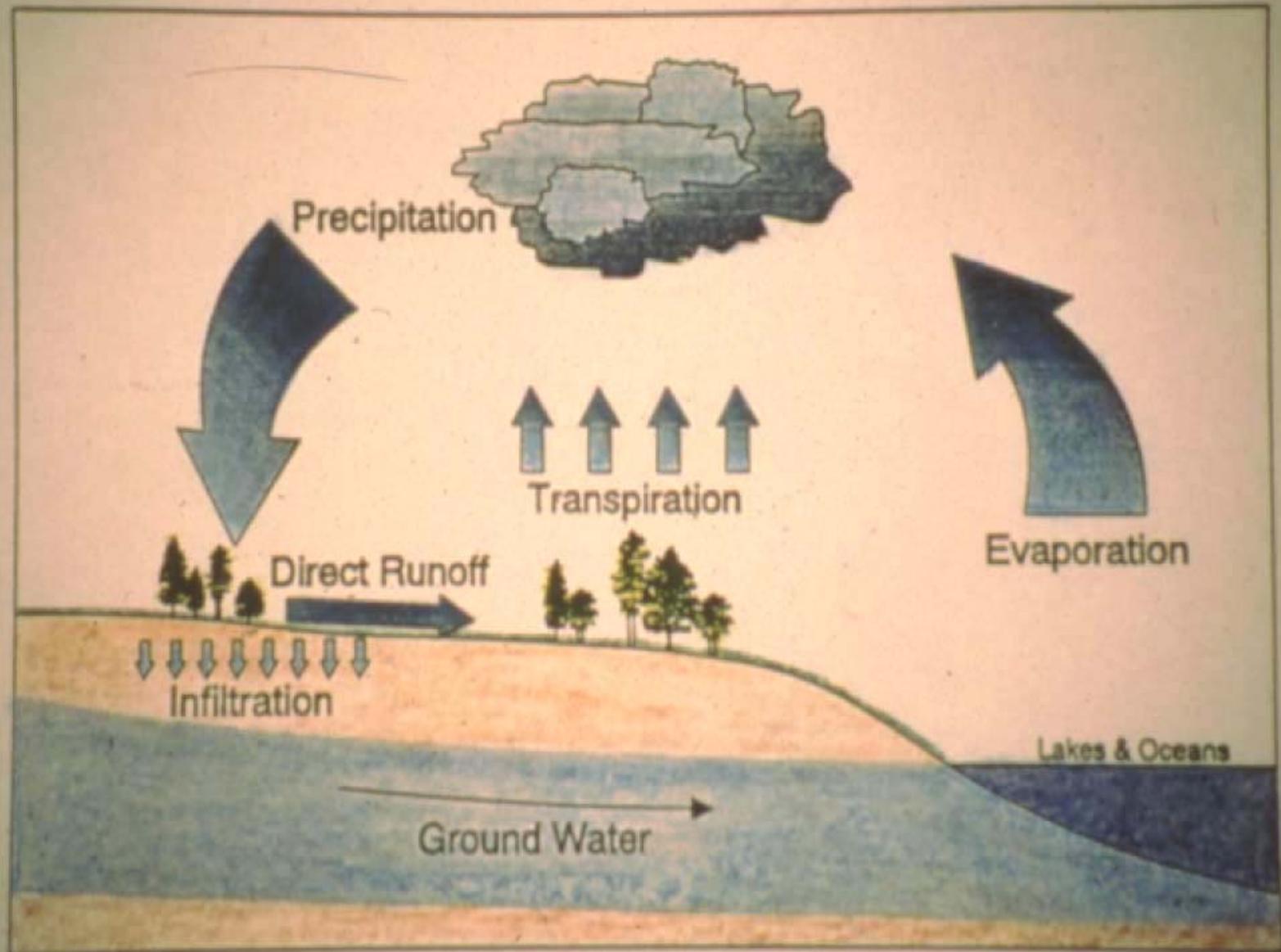








The Hydrologic Cycle



The Runoff Management Rules

Presentation by the
Wisconsin Department of Natural Resources



Post-Construction Performance Standards - Peak Runoff

- Reduce peak runoff discharge rates, MEP, as compared to pre-development conditions for the 2 – year, 24 hour design storm.



Post Construction Infiltration Performance Standards

By design, infiltrate sufficient runoff volume so that the post-development average annual infiltration volume shall be a portion of pre-development infiltration volume.

Residential

90% (1% Cap)

Non-residential

60% (2% Cap)

The Problem: Conventional Site Design

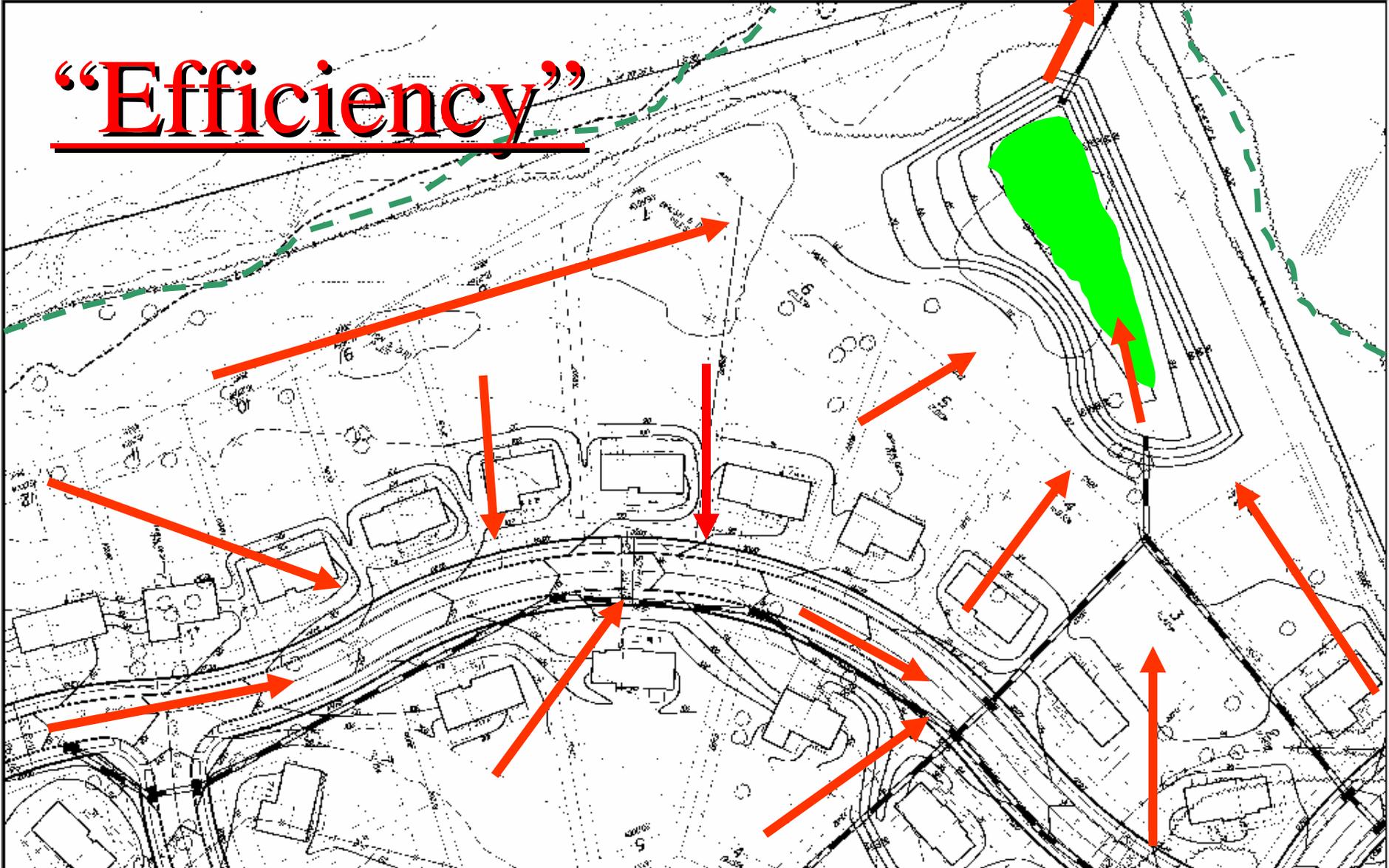
**Collect
Concentrate
Convey
Centralized
Control**



Good Drainage Paradigm

Conventional Pipe and Pond Centralized Control

“Efficiency”



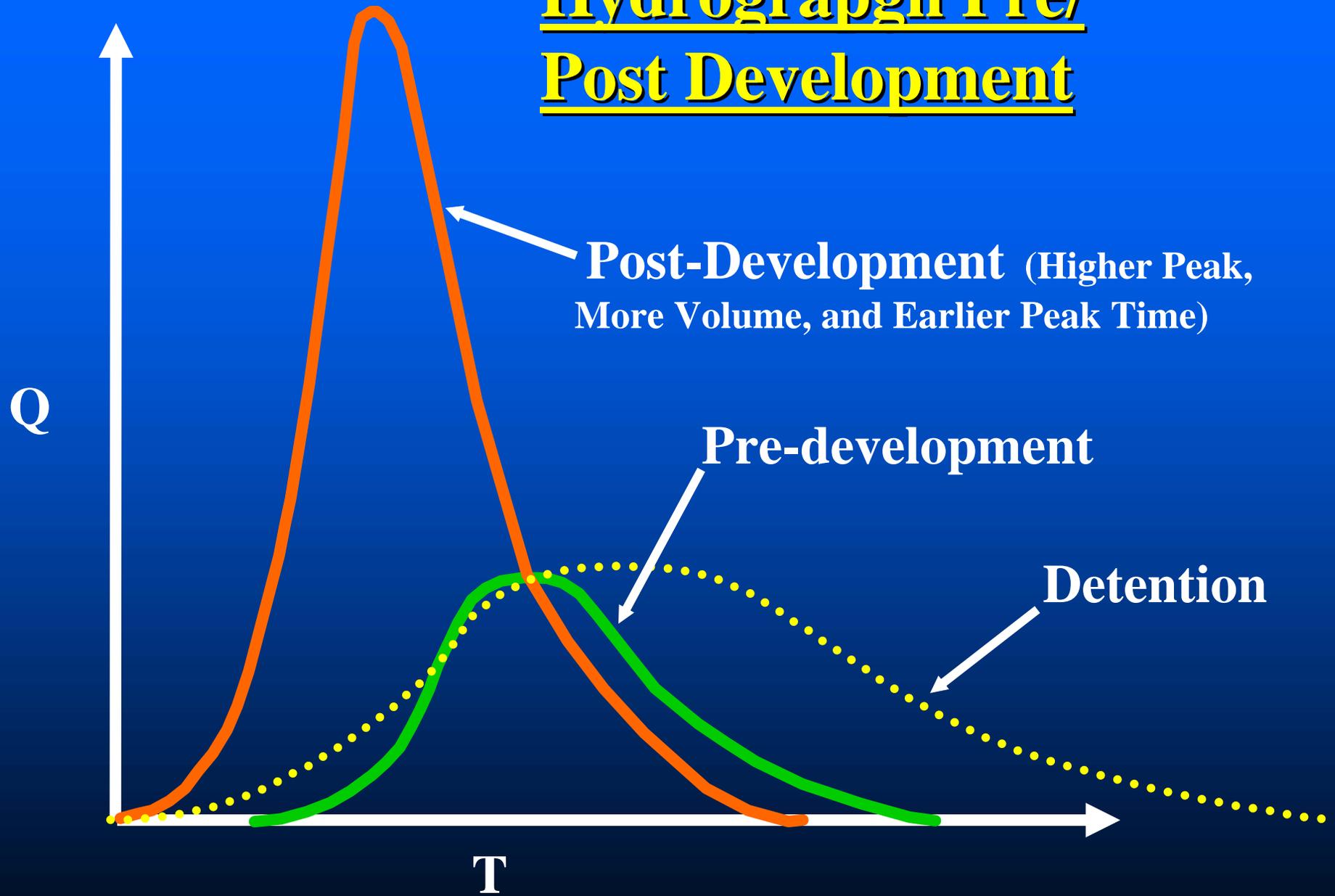


Distributed Small-scale Controls



Maintaining Natural Hydrology Functions

Hydrograph Pre/ Post Development









Partnership
for Rain
Gardens





Maplewood, Minnesota (near St. Paul)

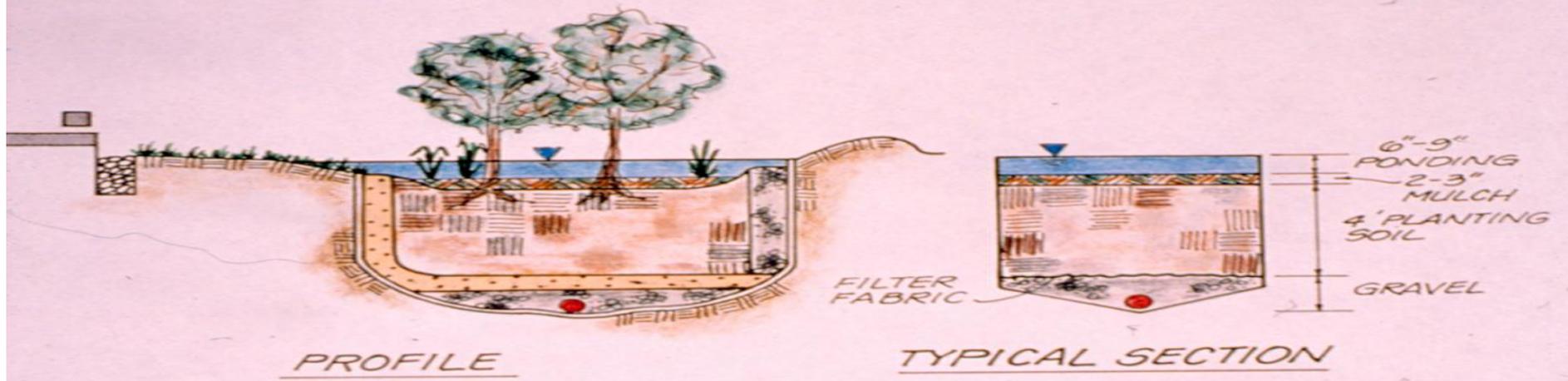
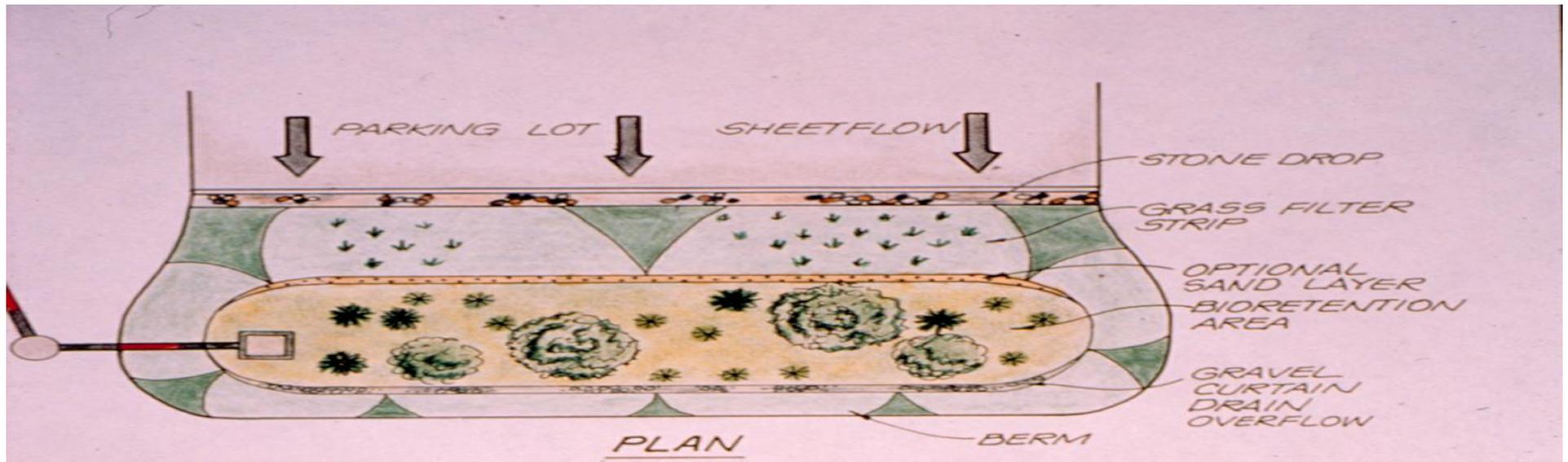
Rain gardens installed by city as part of street replacement project











BIORETENTION FILTER





BIORETENTION

% POLLUTANT REMOVAL

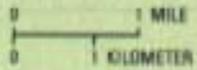
	Cu	Pb	Zn	P	TKN	NH4	NO3
Upper	90	93	87	0	37	54	-97
Middle	93	99	98	73	60	86	-194
Lower	93	99	99	81	68	79	23
Field	97	96	95	65	52	92	16

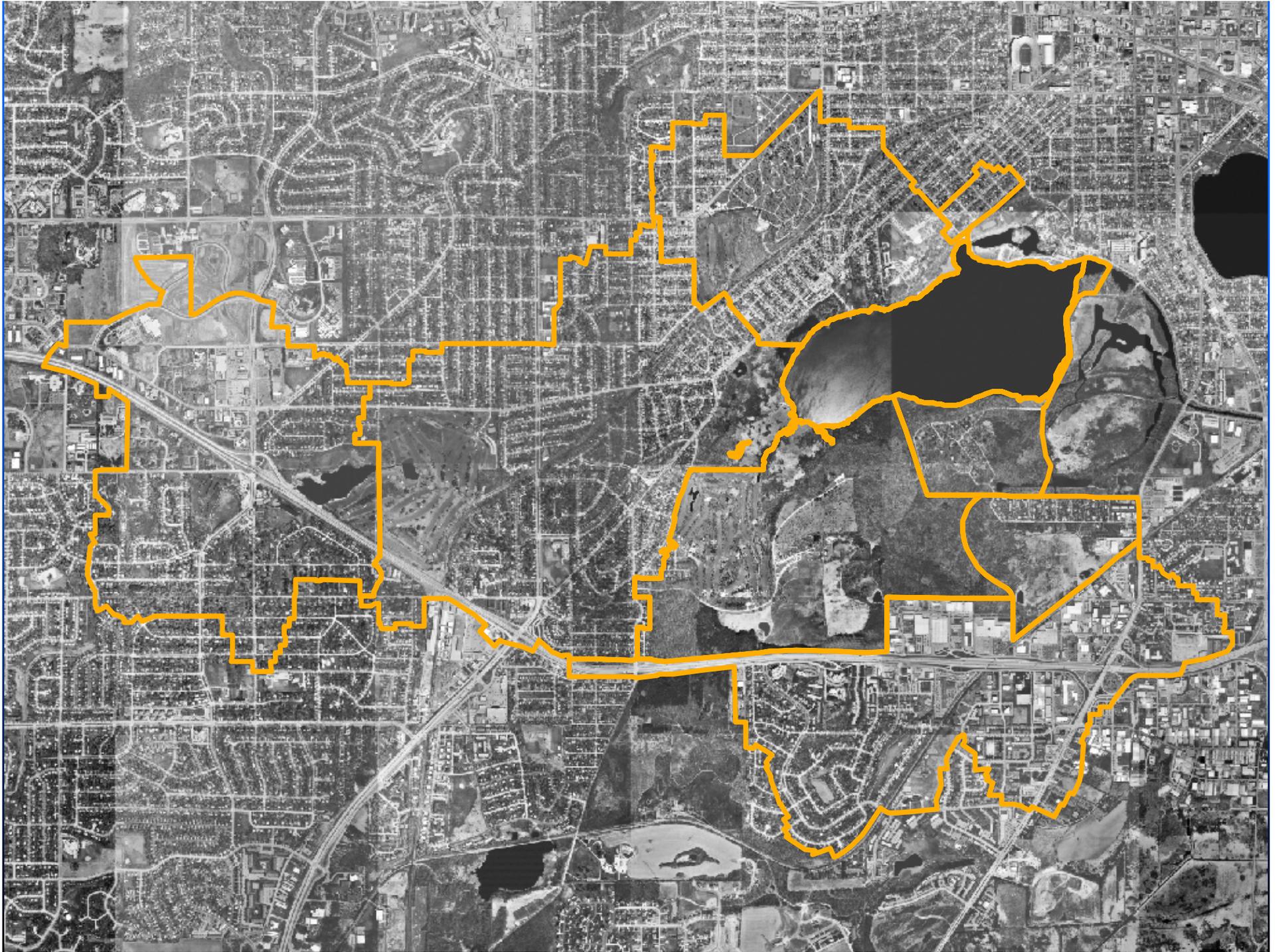
Dr. Allen Davis, University of Maryland



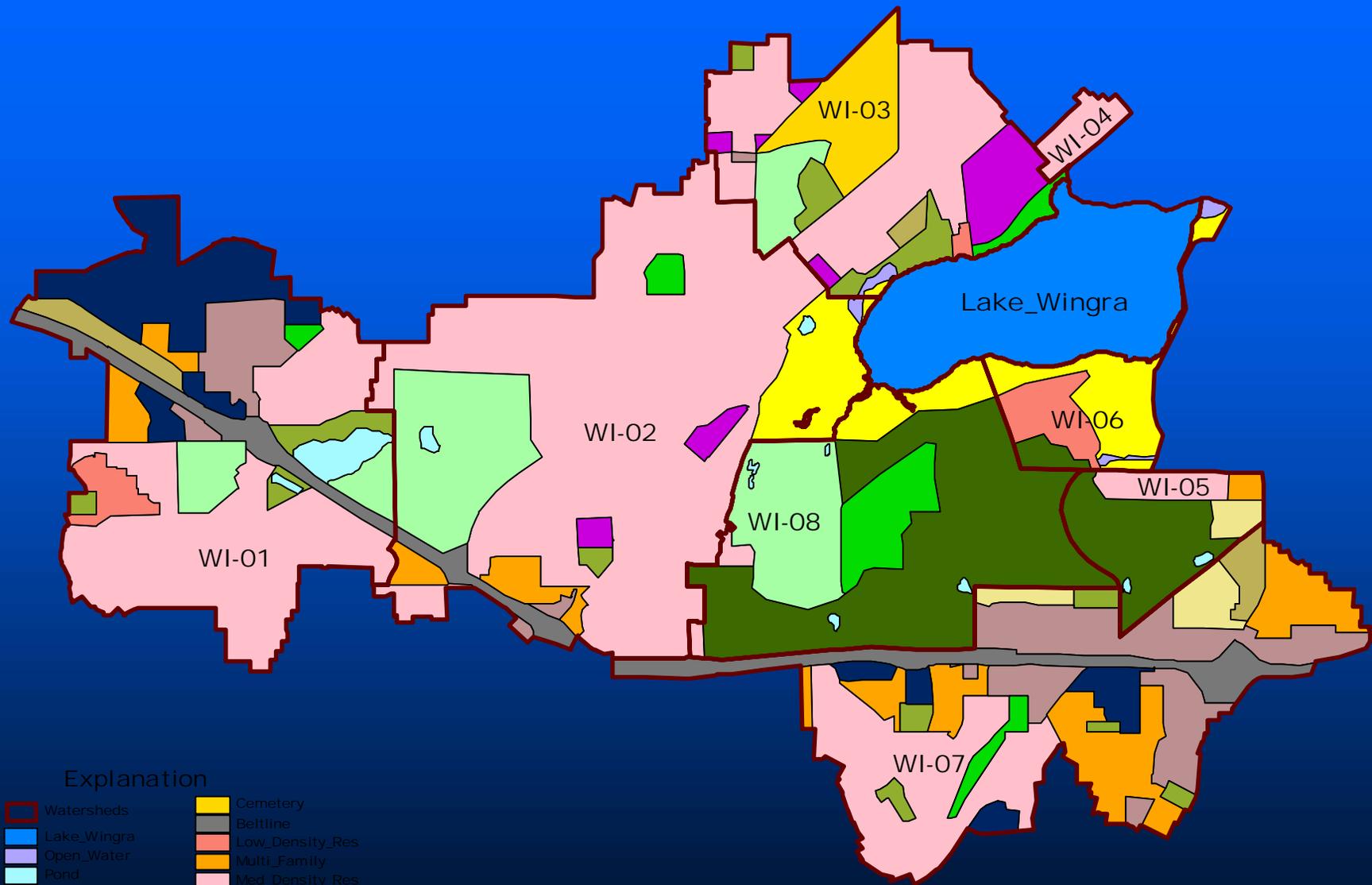
EXPLANATION

- ① Monroe Basin
- ② Harper Basin
- ③ Lakeland Basin Outfall





Landuse in the Lake Wingra Watershed



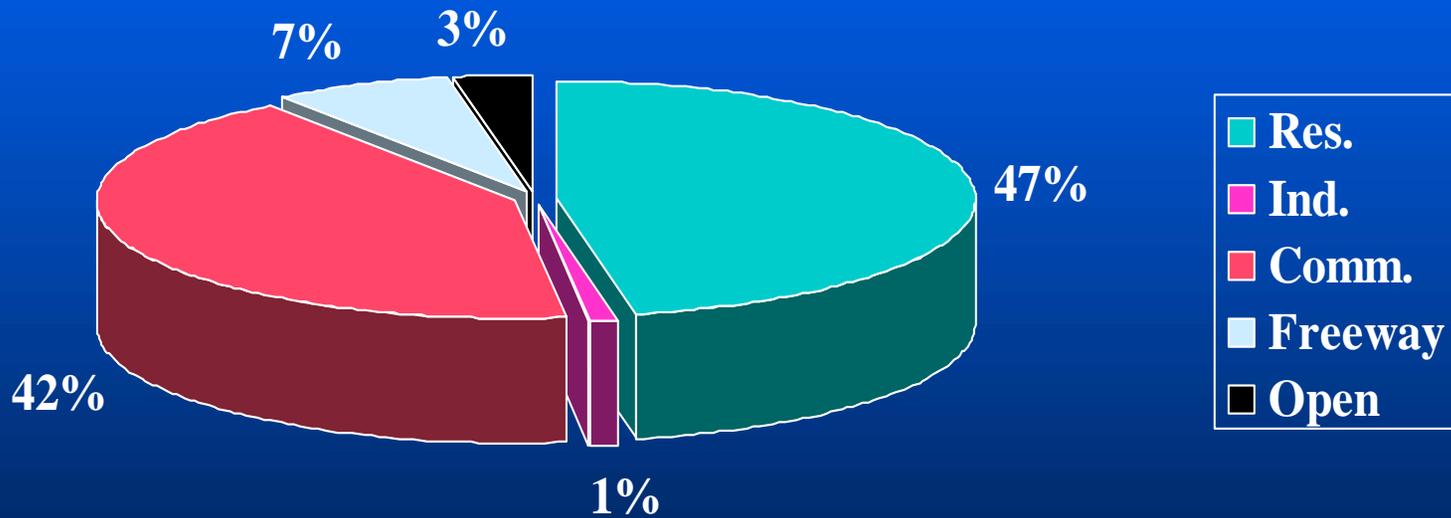
Explanation

- | | |
|-----------------|------------------|
| Watersheds | Cemetery |
| Lake_Wingra | Beltline |
| Open_Water | Low_Density_Res |
| Pond | Multi_Family |
| Wetland | Med_Density_Res |
| Undeveloped | Institutional |
| Park | Strip_Commercial |
| Large_Landscape | Shopping_Center |
| Golf_Course | Office_Park |
| | Light_Industrial |





% Runoff Volume by Landuse for 4 Subwatersheds

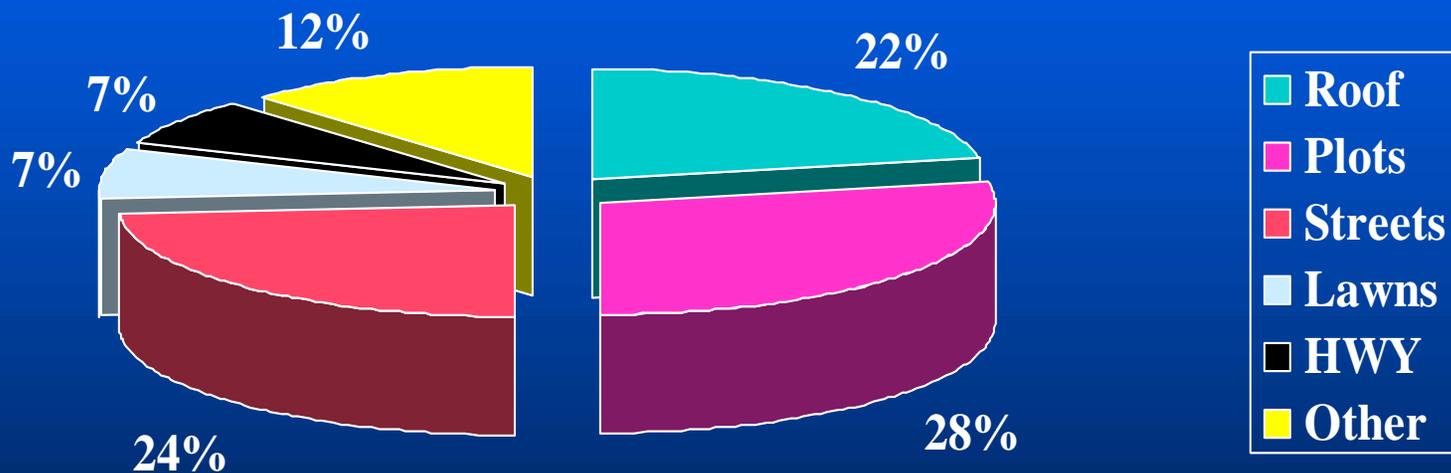


A scenic view of a lake with a rocky shoreline, bare trees, and a clear blue sky. The foreground shows a rocky bank with several leafless trees. The middle ground features a sandy beach and a small inlet of water. The background shows a calm lake extending to a distant shoreline under a clear blue sky.

**Bioretention in Residential
Right-of-way = 34%
Reduction in Annual Runoff**



% Annual Runoff Volumes from Source Areas in 4 Subwatersheds

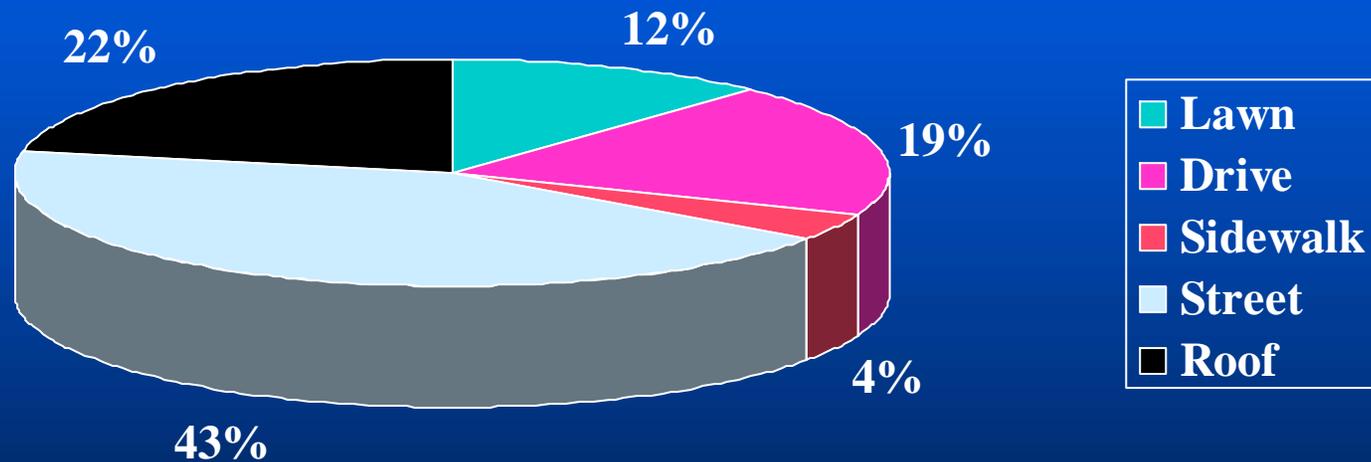




**Rain Gardens on Residential
Lawns = 15% Reduction in
Annual Runoff**

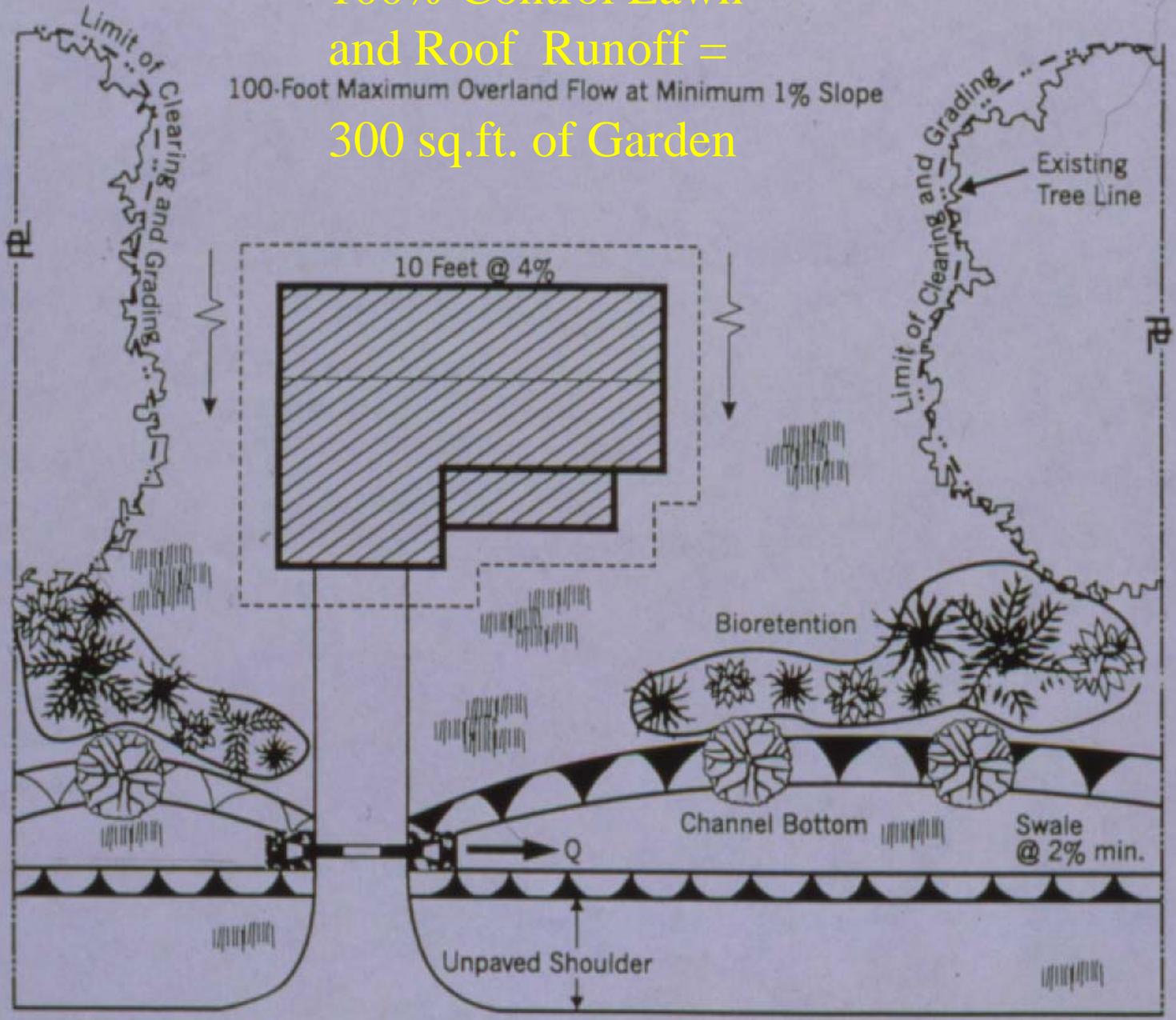


Sources of Annual Runoff Volume in Medium Density Residential



100% Control Lawn
and Roof Runoff =
300 sq.ft. of Garden

100-Foot Maximum Overland Flow at Minimum 1% Slope















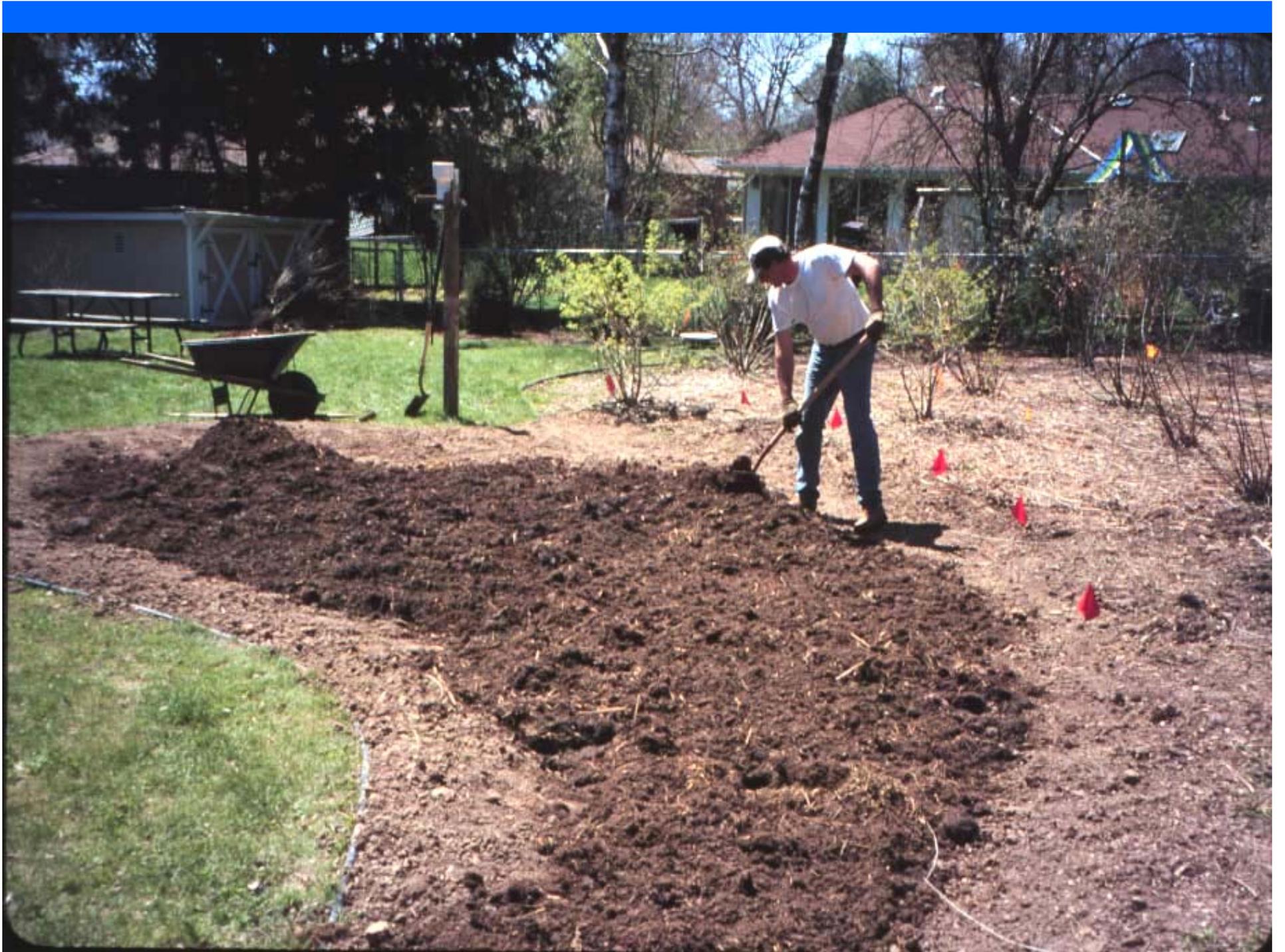




























Plant List for Backyard Rain Gardens

Shade Garden

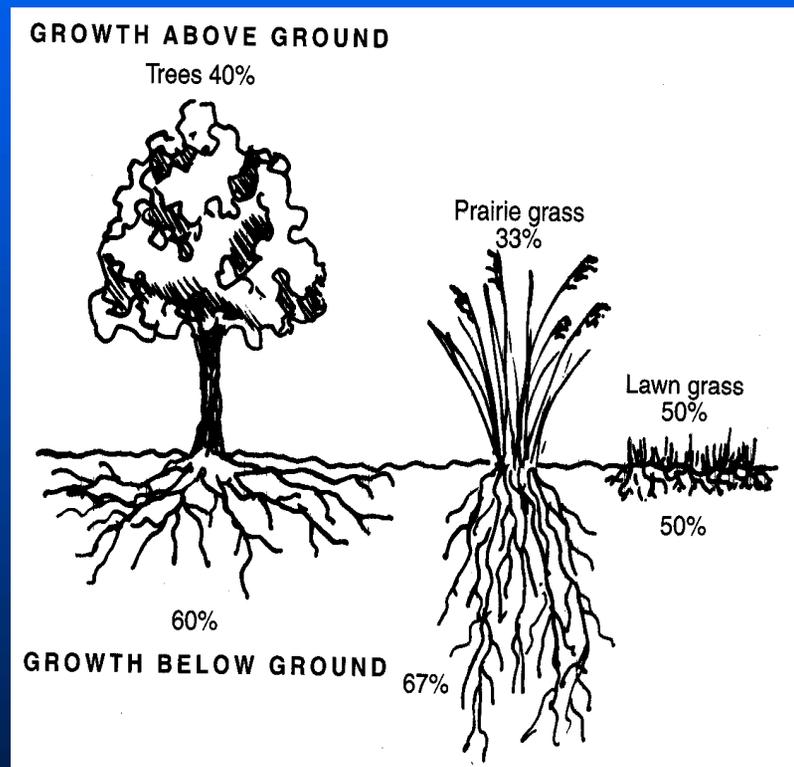
- Jacobs Ladder
- Celandine Poppy
- Short's Aster
- Zig-Zag Goldenrod

Middle & Big Garden

- Blue Flag Iris
- Purple Cone Flower

- Shooting Star
- Sweet Black-eyed Su.
- Smooth Penstemon
- Heartleaf Blue Aster
- Ohio Goldenrod
- Fire Pink
- Silky Wild Rye
- Northern Sea Oats

Value of Using Native Plants



- Deeper roots – absorbs more water
- Uses no fertilizer
- Uses little or no pesticides
- Easy maintenance after first year
- Does not require watering in droughts after establishment















Lake Delton, Wisconsin

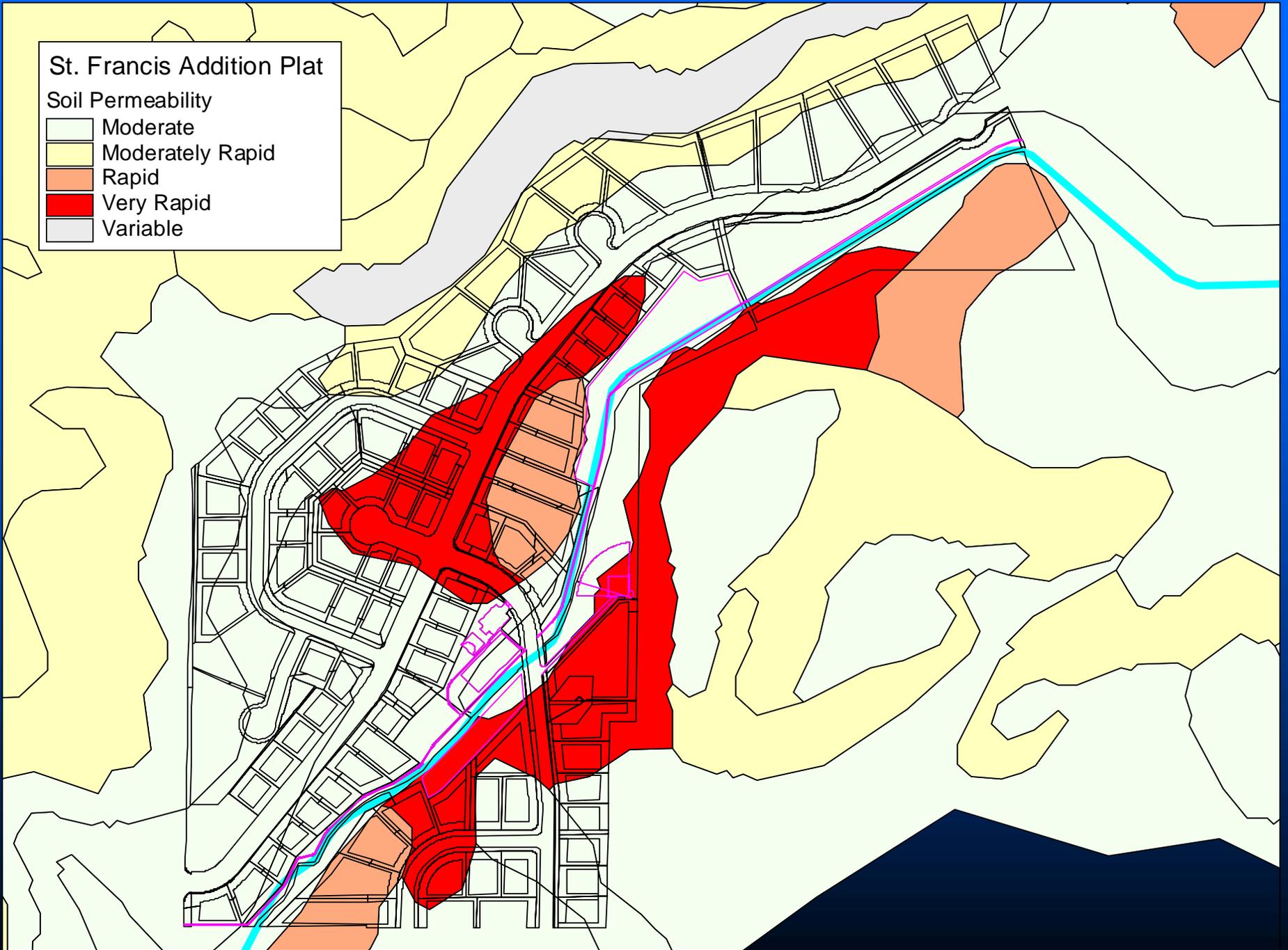




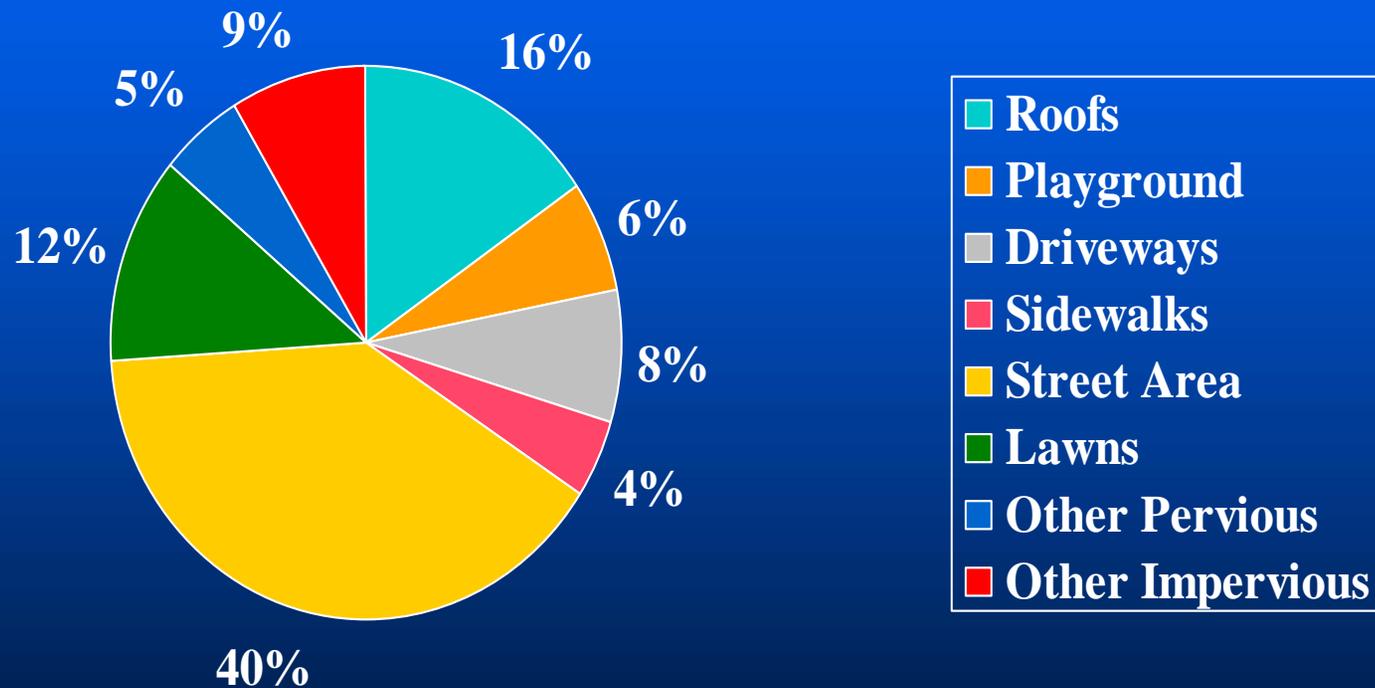
St. Francis Addition Plat

Soil Permeability

- Moderate
- Moderately Rapid
- Rapid
- Very Rapid
- Variable



% Annual Runoff Volume by Source Area for St Francis



Elements of Low Impact Design for St. Francis Development

- Rain Gardens
- Infiltration Trenches in Street Boulevards
- Two Regional Infiltration Basins
- Reduce Street Width from 36 to 32 Feet
- Protection of Riparian Buffer

Steve Apfelbaum: Applied Ecological
Services









Infiltration Goals for Area 4 at St Francis

Type of Volume Calculation	Annual Infiltration Volume, inches	Annual Runoff, inches
Predevelopment	28.0	0.8
90% Goal	25.2	3.6
No Controls	24.4	4.4
Volume Change	0.8	0.8 (18% of post annual runoff)

Levels of Control for Each Infiltration Device in Area 4

Type of Practice	Additional Infiltration	Percent of 0.8 inches	% Change to Post Runoff
Rain Garden (1/house)	0	0	0
Infiltration Trenches	3.7	460%	84% (0.7" runoff)
Infiltration Basin	4.4	550%	98% (0.1" runoff)
Rain Garden (3/house & 60% of lawn)	0.5	62%	11% (3.9" runoff)



West Bend, WI







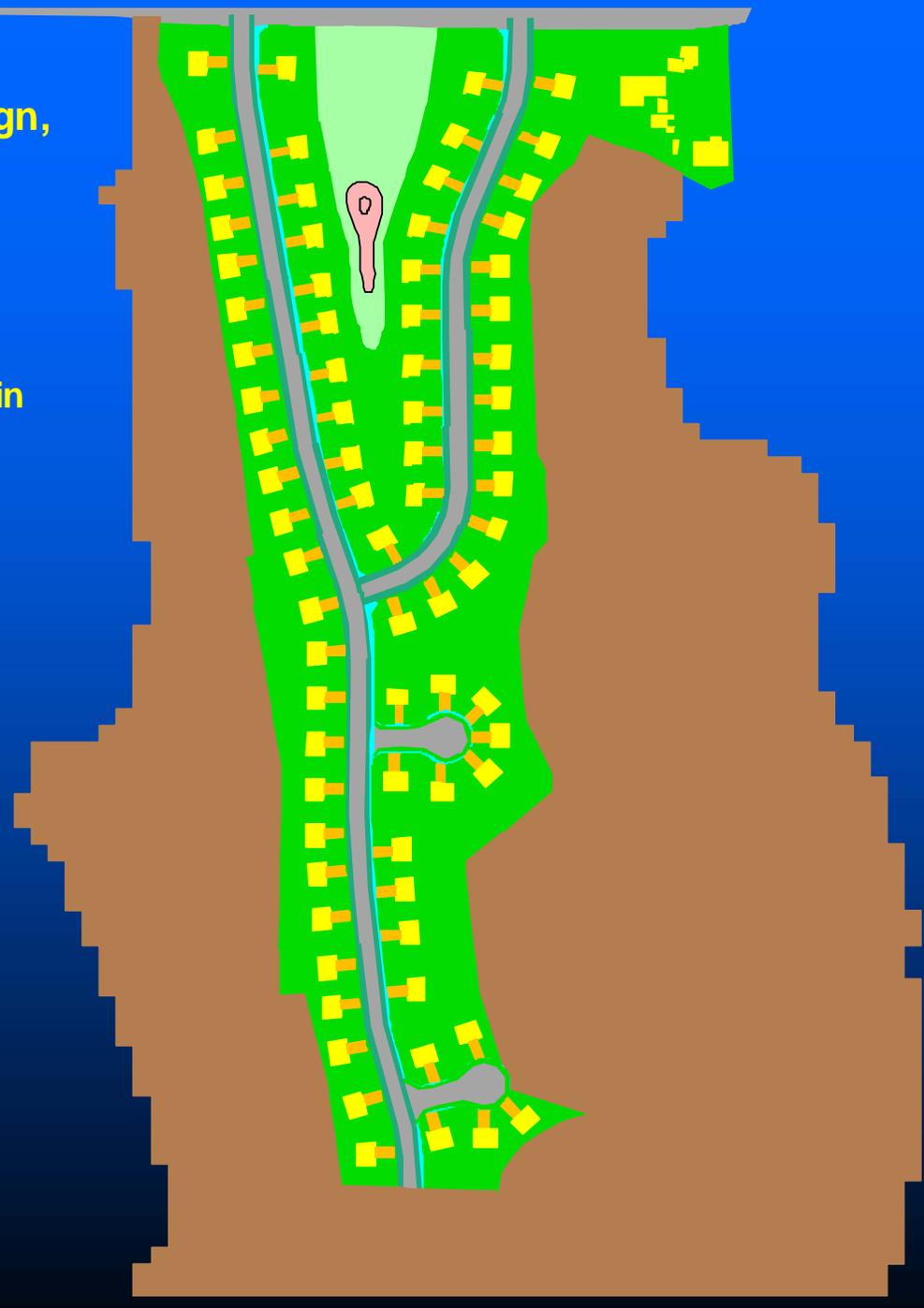
Cedar Hill Site Design, Crossplains WI

Explanation

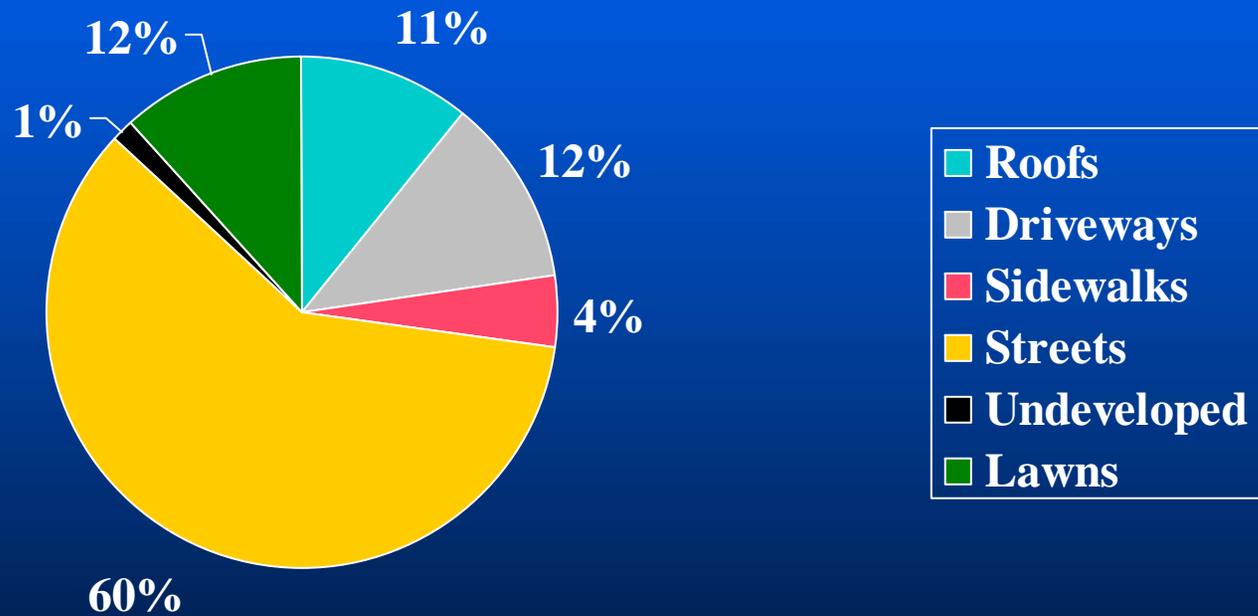
- Wetpond
- Infiltrations Basin
- Swales
- Sidewalk
- Driveway
- Houses
- Lawns
- Roadway
- Woodlot



500 0 500 1000 Feet



Percent Runoff Volume by Source Area for Cedar Hills



Elements of Low Impact Design for Cedar Hills Development

- Grass Swales
- Detention Pond
- Infiltration Basin
- Reduce Street Width (From 36 to 33 feet – park one side of street)



















Joyce Powers
CRM Ecosystems
& Prairie Ridge
Nursery



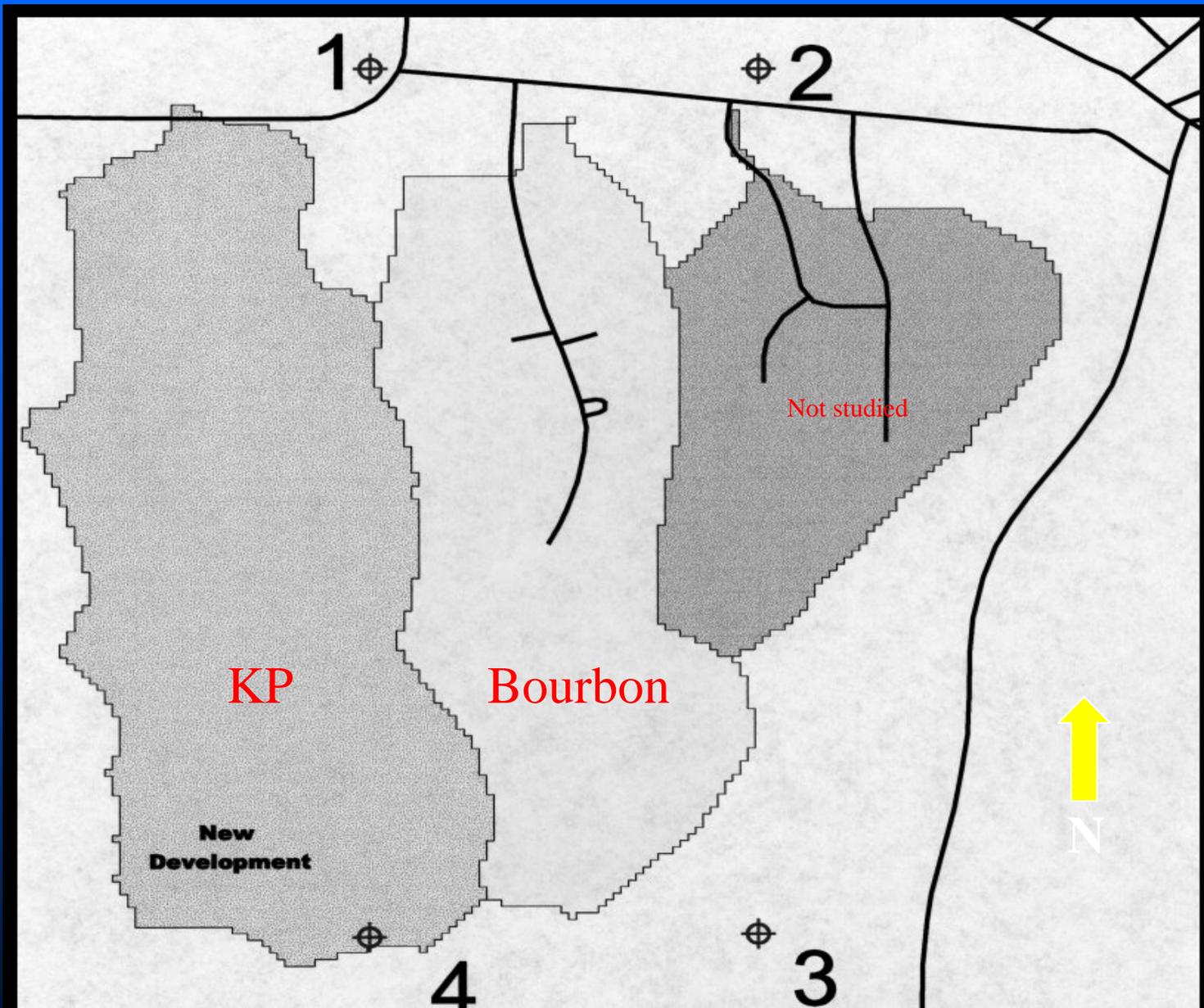
Prairie Nursery

Reductions Goals in Runoff Volume for Cedar Hills

Type of Volume Calculation	Annual Infiltration Volume, in.	Annual Runoff Volume, in.
<i>Pre-development</i>	28.0	0.8
<i>90% Goal</i>	25.2	3.6
<i>No Controls</i>	22.5	6.3
<i>Volume Change to Achieve 90%</i>	2.7	2.7 (43% of Postdevelop. Runoff)

Volume Reduction Estimates for Practices at Cedar Hills

<i>Type of Practice</i>	<i>Additional Infiltration, inches</i>	<i>% of 2.7 inch goal</i>	<i>% Reduction in Annual Postdev. Runoff</i>
33 foot wide streets	0.3	11%	5%
Grass Swales	0.7	26%	11%
Infiltration basin – proper size	1.7	63%	27%
Total	2.7	100%	43%
Infiltration basin – Actual size	4.6	170%	89% (0.7" runoff)



Bourbon





8/5/2000 15:40

Infiltration Basin Monitoring



- ISCO refrigerated water-quality sampler
- CS double-bubbler stage sensor
- Tipping-bucket rain gauge

- H-flume
- Temperature probe

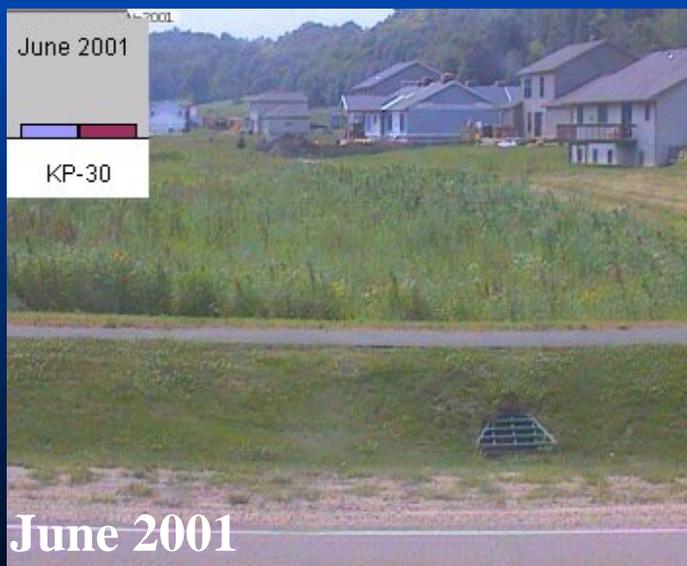
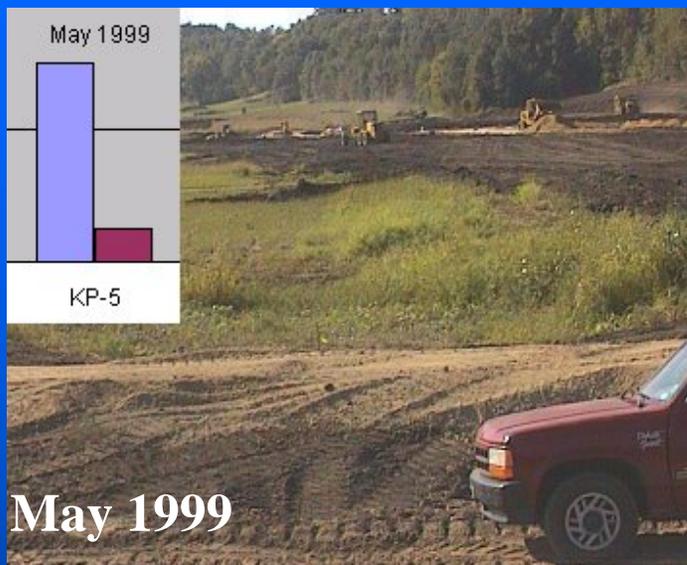


- Marsh-McBirney FLODAR system
 - measures stage, velocity and discharge

Visual Clues to TSS Concentration Variation

Blue = KP

Red = Bourbon



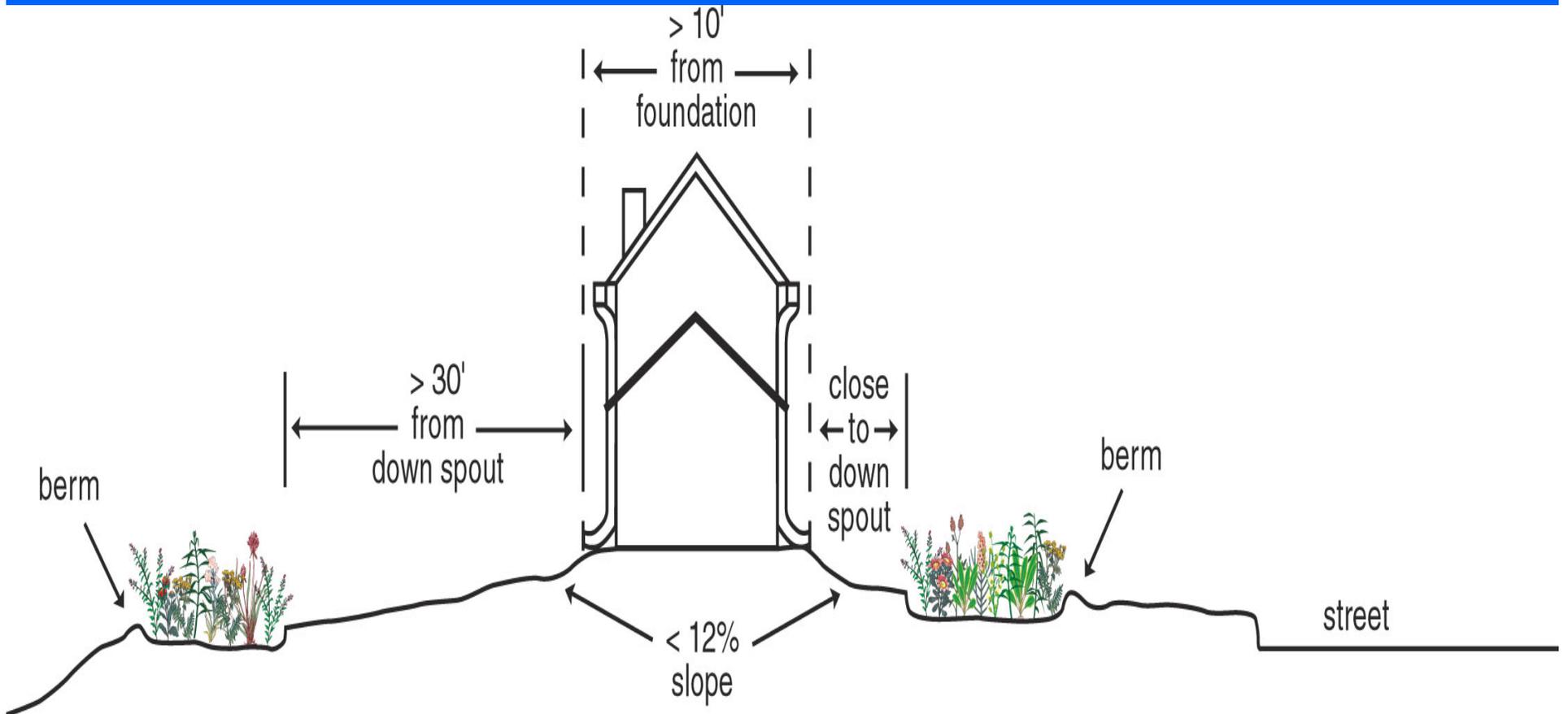
Performance of Low-Impact Design Based on Annual Precipitation

Water Year	Construction Phase	Rainfall (inches)	Volume Leaving Basin (inches)	Percent of Volume Retained (%)
1999	Pre	33.3	0.46	99%
2000	Active	33.9	4.27	87%
2001	Active	38.3	3.68	90%
2002	Active*	29.4	0.96	97%

* Site is approximately 75% built-out

Benefits of Rain Garden

- Help Protect and Restore Natural Hydrology of Your Watershed
- Trap Pollutants
- Attract Birds and Butterflies
- Attractive Addition to Property
- Enhance Beauty of City



How Big to Make the Rain Garden

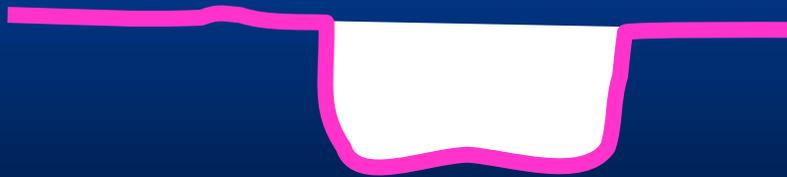
- How deep to make rain garden?
- What type of soil is at the site?
- What is the area draining to the rain garden?

Rain Garden Size: Any size will provide some benefit – most between 70 and 300 square feet



Rain Garden Depth

Balance Between Depth and Surface Area



- Minimize drain time
– less than 1 day.
- Minimize digging.
- Suggest depths
between 3 to 8 inches

Selection of Rain Garden Depth – Slope Very Important

- Slope $< 4\%$ = 3 to 5 inches deep.
- Slope of 5 to 7 % = 6 to 7 inches deep.
- Slope of 8 to 12 % = about 8 inches deep.
- Slope $> 12\%$ suggest another site.



Importance of Soil Type

Higher the Infiltration Rate the Smaller the Rain Garden Surface Area.

- Infiltration Rate of Sandy Soils: 2.5 in/hr
- Infiltration Rate of Silty Soils: 0.5 in/ hr
- Infiltration Rate of Clayey Soils: 0.3 in/hr

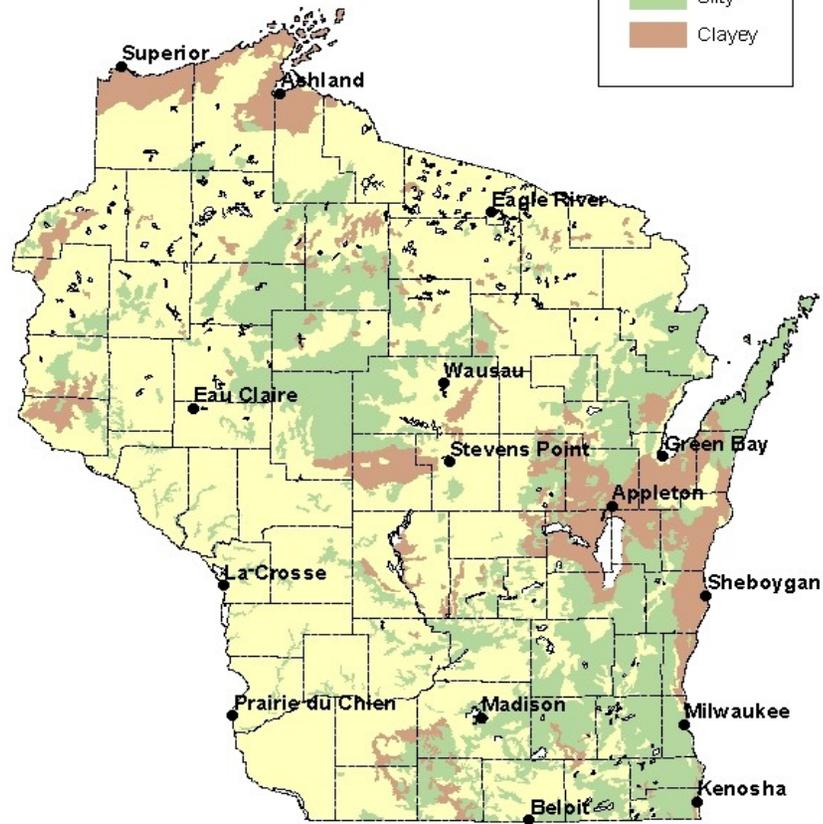
Determination of Soil Type

- Best method is to have soil analyzed.
- Use soil map – not too dependable because of possible disturbed soils in construction area.
- Use feel of soil.
- Do perk test – six inches deep

Wisconsin Soils

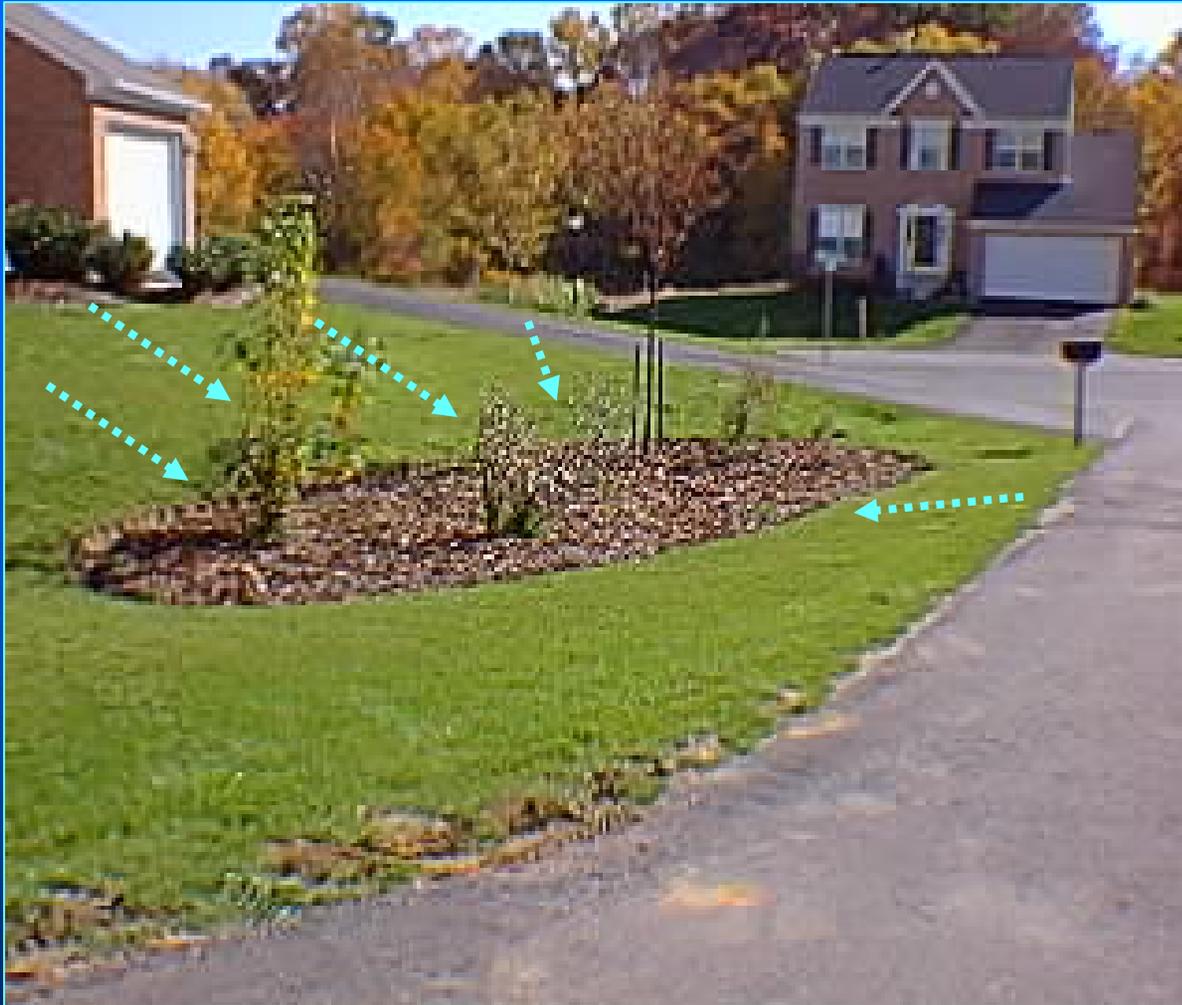
Legend

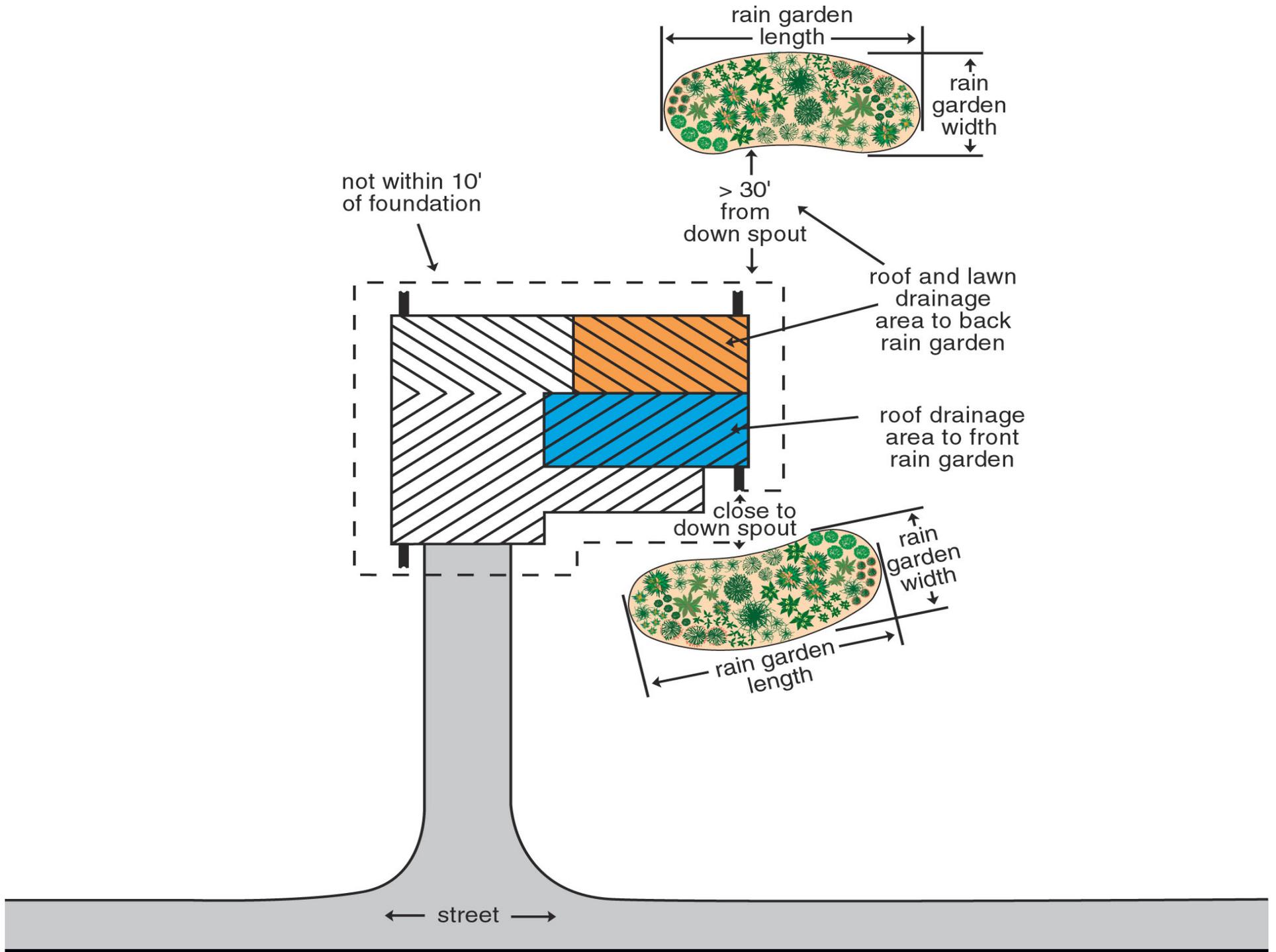
- Sandy
- Silty
- Clayey



Size of Drainage Area

Question: Is the
rain garden
treating rooftop
and lawn or just
rooftop runoff?





Calculation of Drainage Area

Size of Roof



Example Calculation

- Length = 100 feet
- Width = 20 feet
- $L \times W = 2000$ sq feet
- $2000 \text{ sq. ft.} / 4 = 500$ square feet

Size Factors for Rain Gardens Less Than 30 feet from Downspout – 100% Control

Type of Soil	3 to 5 Inches Deep	6 to 7 Inches Deep	8 Inches Deep
Sandy	0.19	0.15	0.08
Silty	0.34	0.25	0.16
Clayey	0.43	0.32	0.20

Garden Size Calculation for Silty Soils and 4 Inch Depth

Size of Rooftop Draining to Garden X Size Factor = Size of Garden

500 square feet X 0.34 = 170 square feet

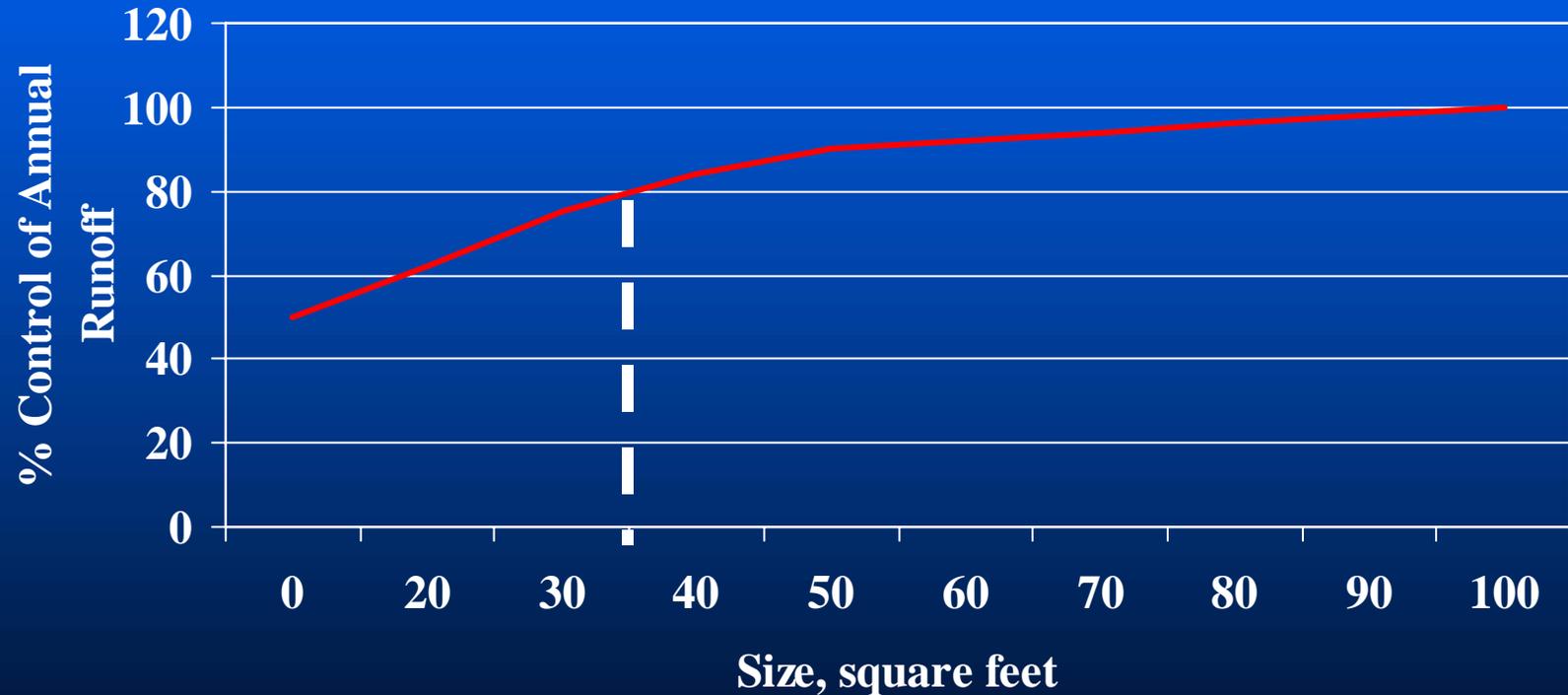
Shape = 10 feet X 17 feet

Size Factors for Rain Gardens More Than 30 Feet from Downspout – 100% Control

Soil Type	All Depths Between 3 and 8 inches
Sandy	0.03
Silty	0.06
Clayey	0.10

Variation in Rain Garden Size with Percent Reduction in Annual Runoff

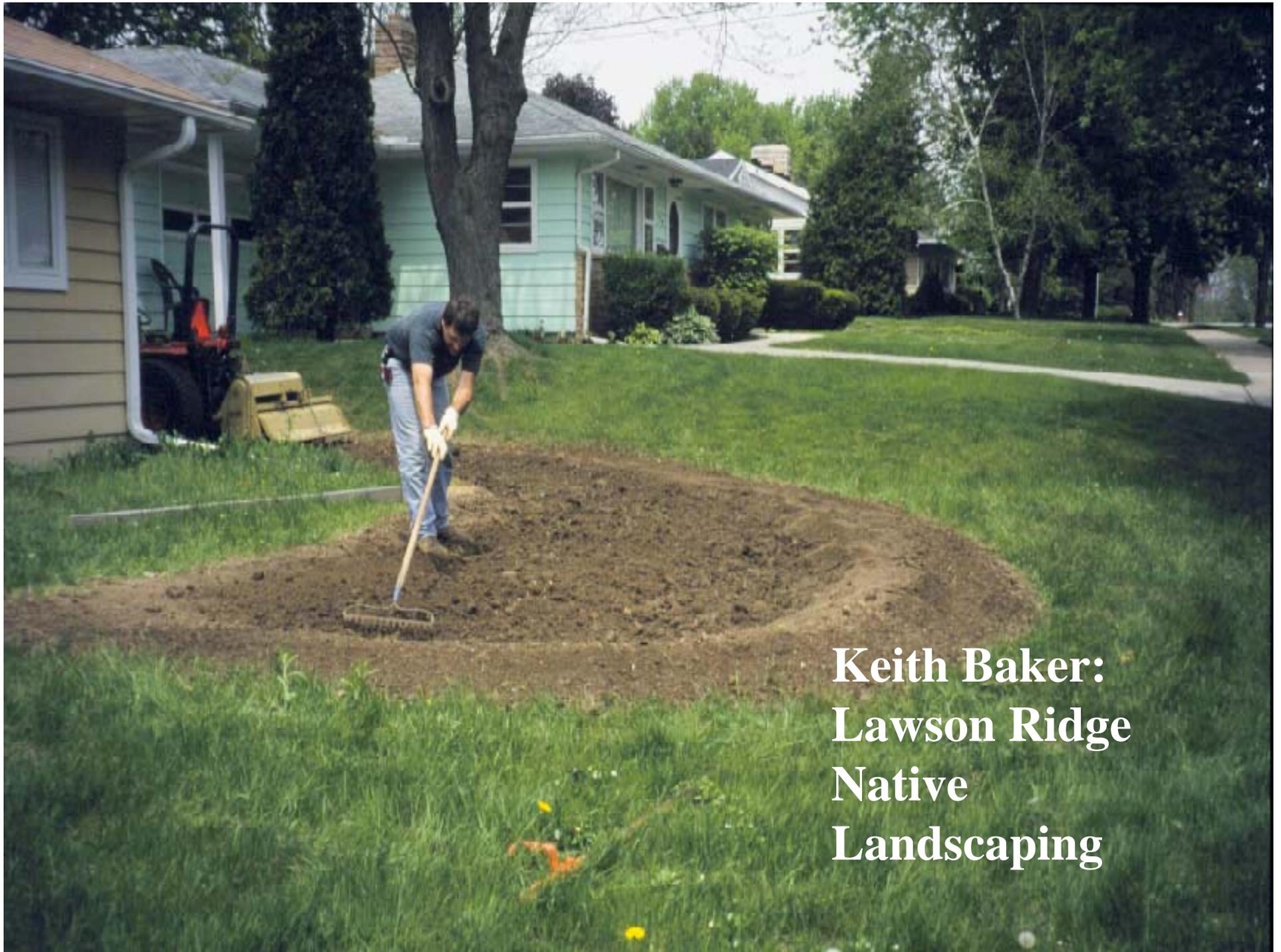
Size for >30 feet from Downspout and Silty Soils



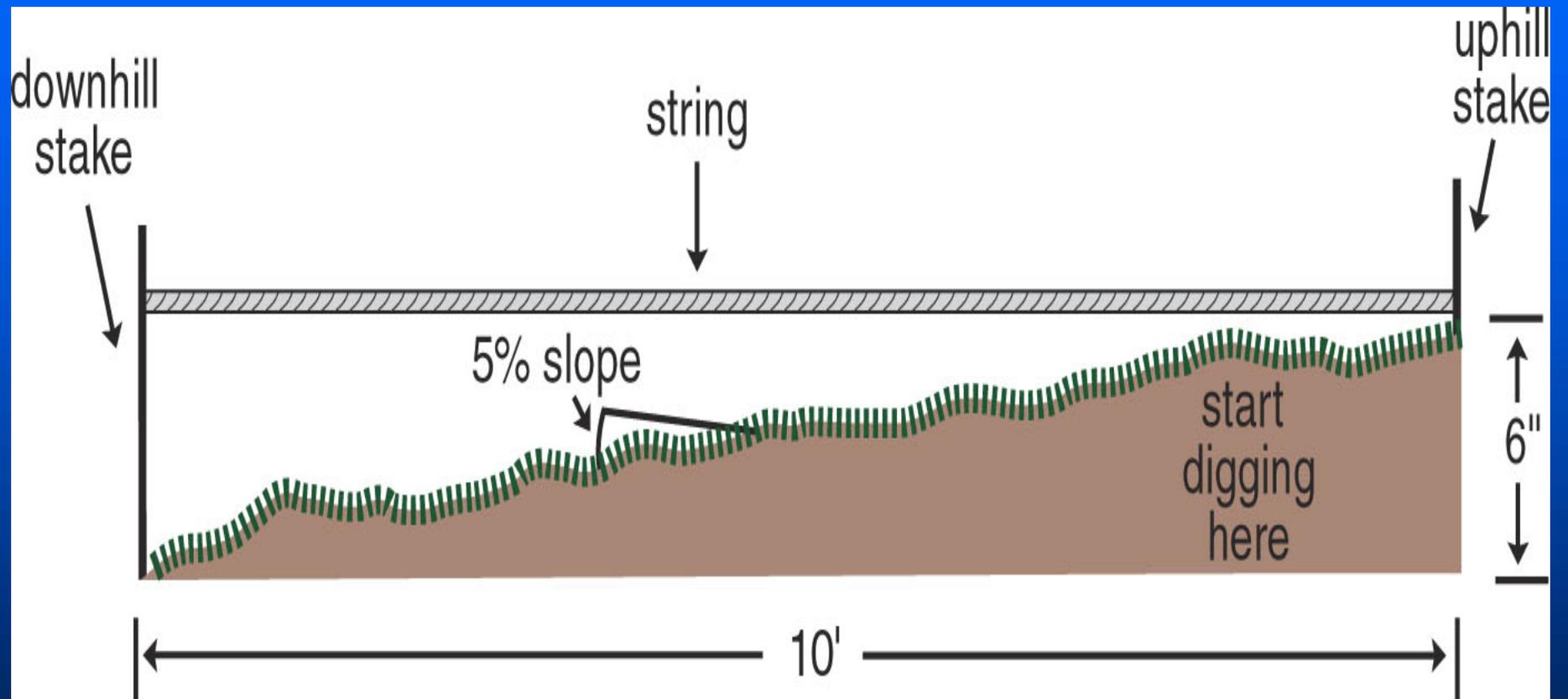


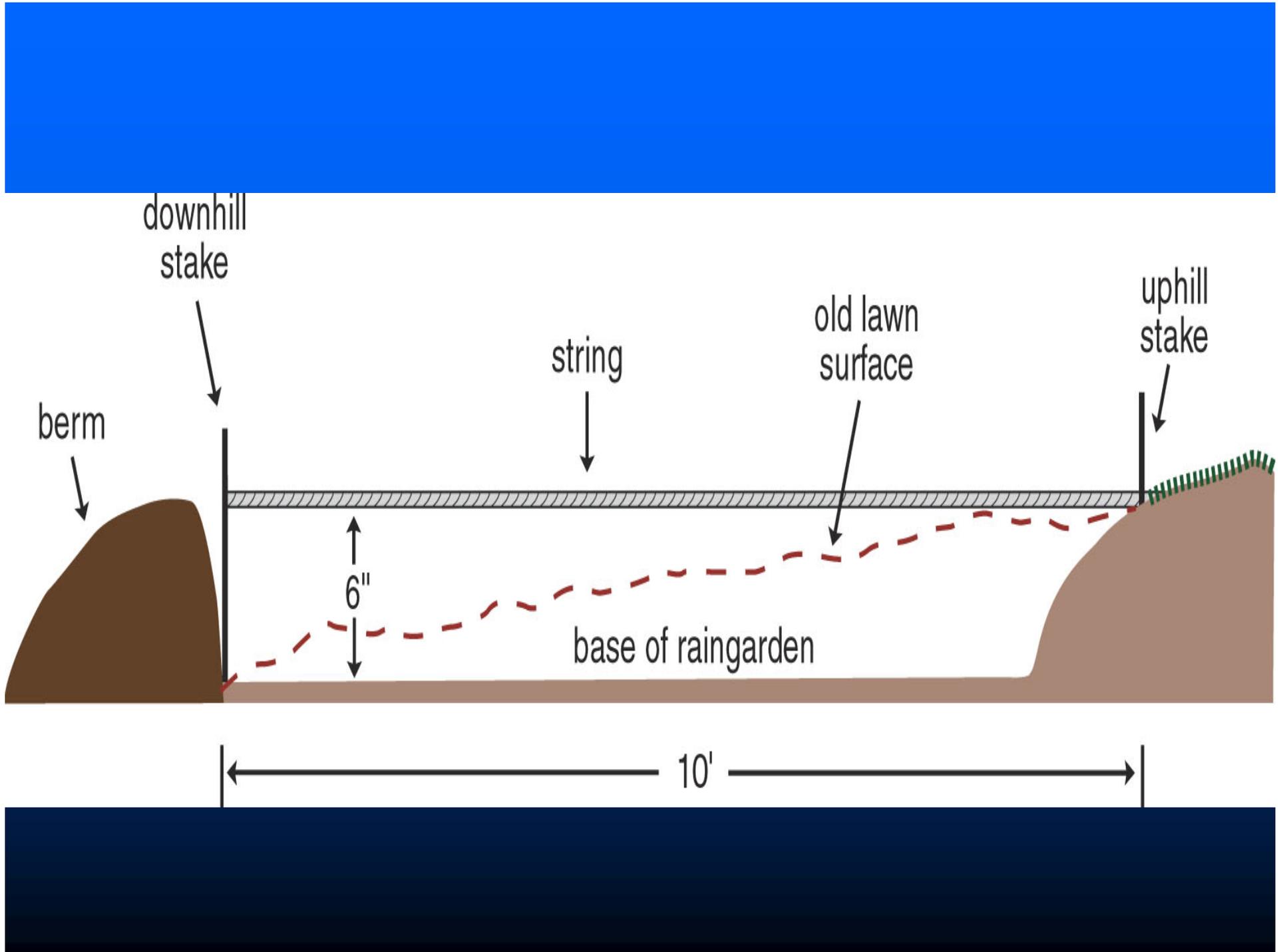
Size of Bannerman Rain Garden

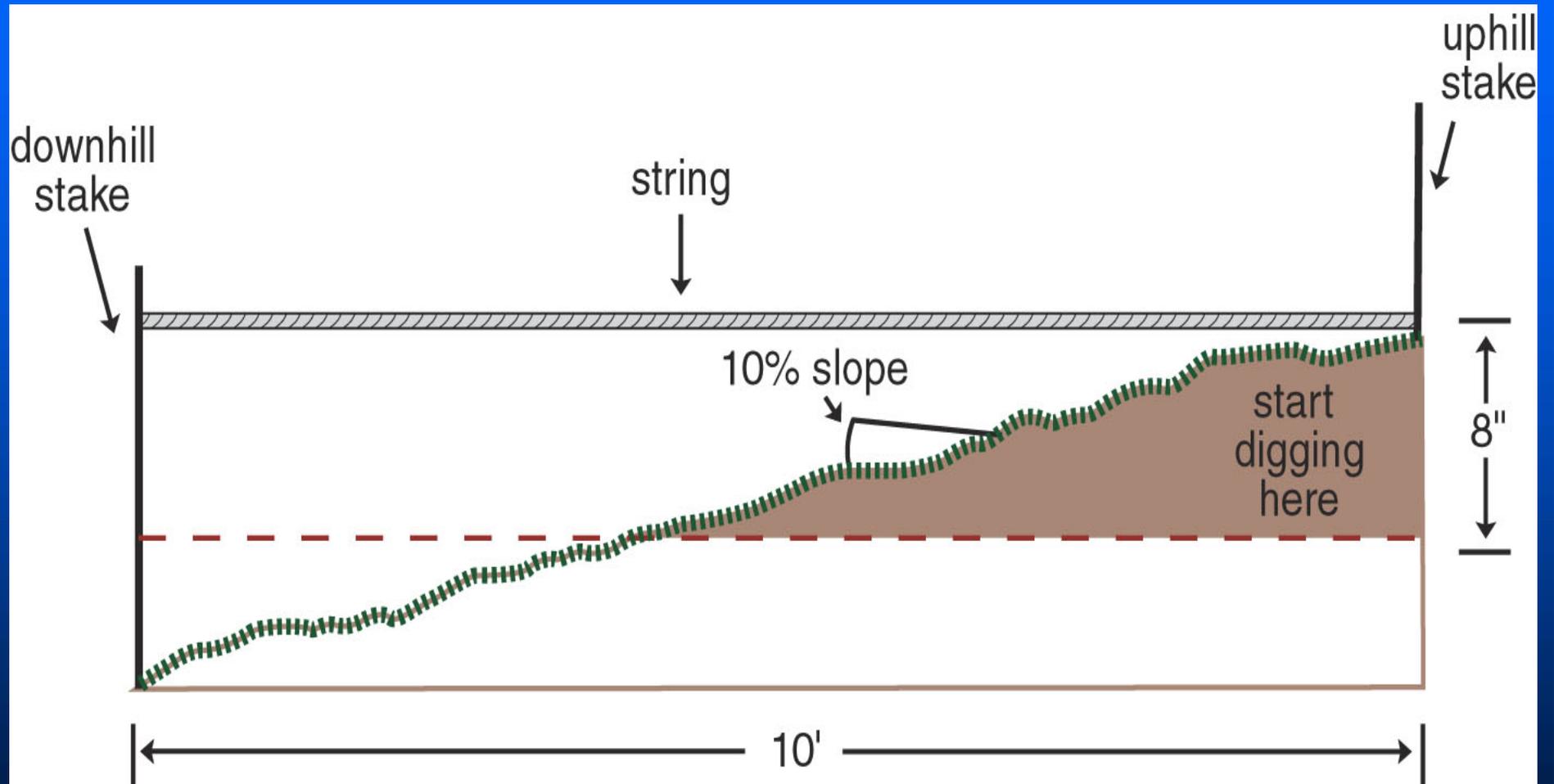
- Size = 180 square feet or 30% of roof area.
- Depth is about 3.5 inches.
- Volume of Garden is about 55 cubic feet or it holds about 400 gallons of water.
- Volume is equal to the runoff from a 1 inch rainfall. Controls 60% of annual roof runoff.
- Infiltration rate is about 2 inches/hour

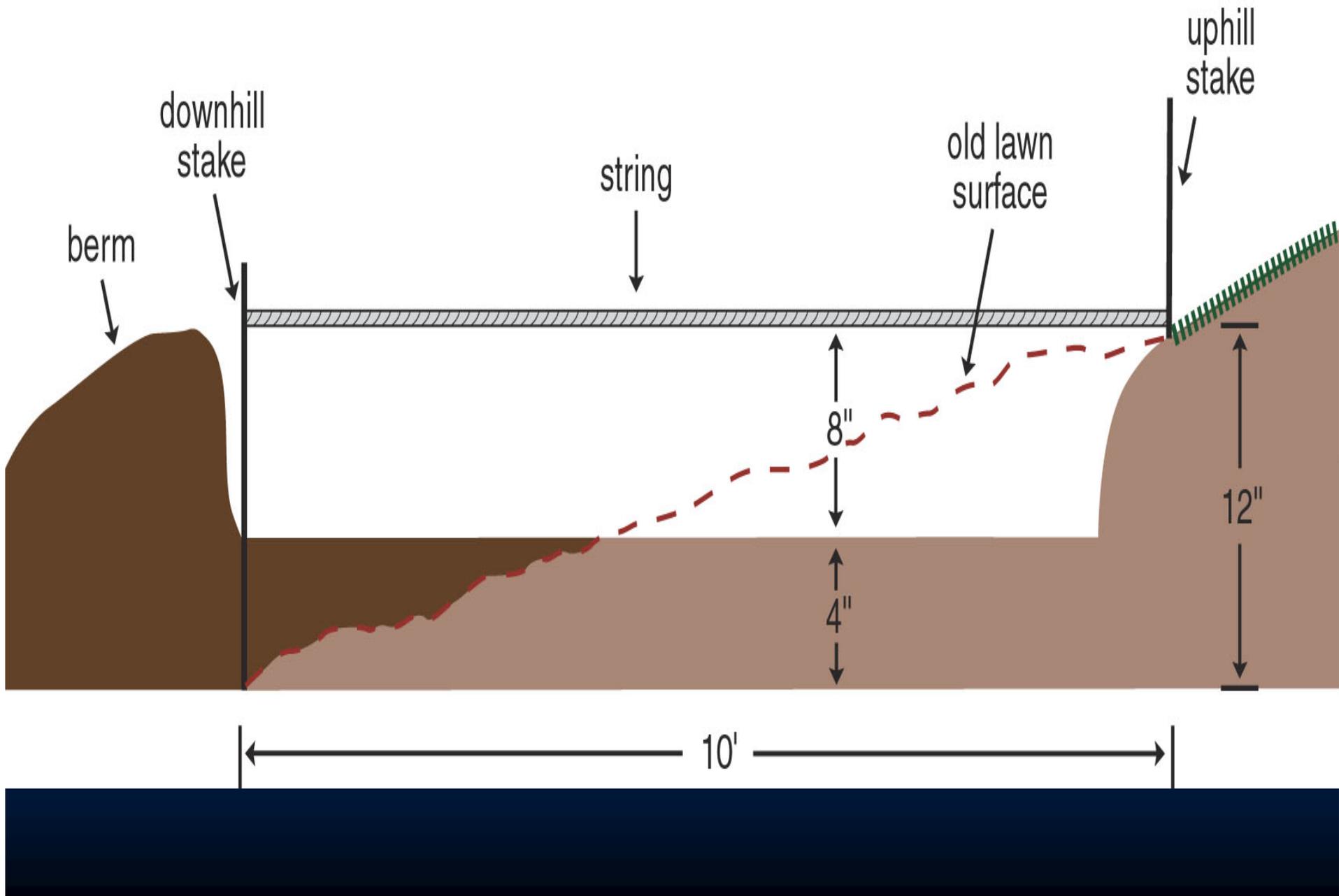


**Keith Baker:
Lawson Ridge
Native
Landscaping**











**Jennifer Baker
Prairie Nursery**



List of Plants in Bannerman Rain Garden

- Blue False Indigo
- Red Milkweed
- Nodding Pink Onion
- Prairie Blazing Star
- Sq. Stemmed Sticky Monkey
- Sweet Black-Eyed Susan
- Ohio Goldenrod
- Prairie Dropseed
- Early summer
- Summer
- Summer
- Summer
- Summer
- Fall
- Fall
- All



















Deep Tilling



Maintenance of Rain Gardens

- First year requires vigilant weeding.
- Some watering at first, especially plants on berm.
- Dead plant debris should be removed in the spring.

Cost of Rain Gardens

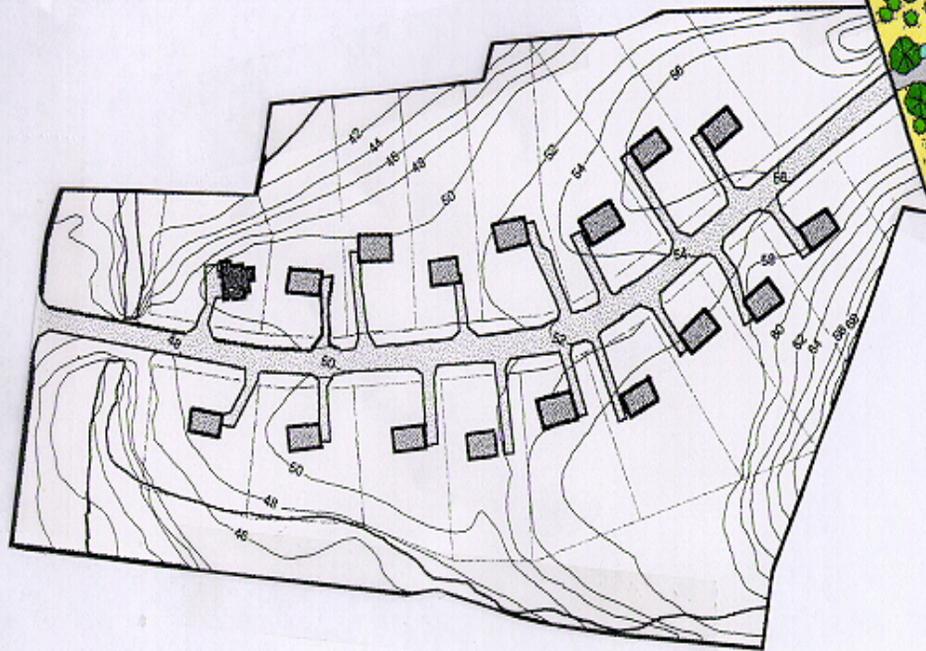
Cost of Landscape Contract in Dane County is about \$12 to \$15 per Square Foot. Includes Design, Construction, Plants, and Planting.







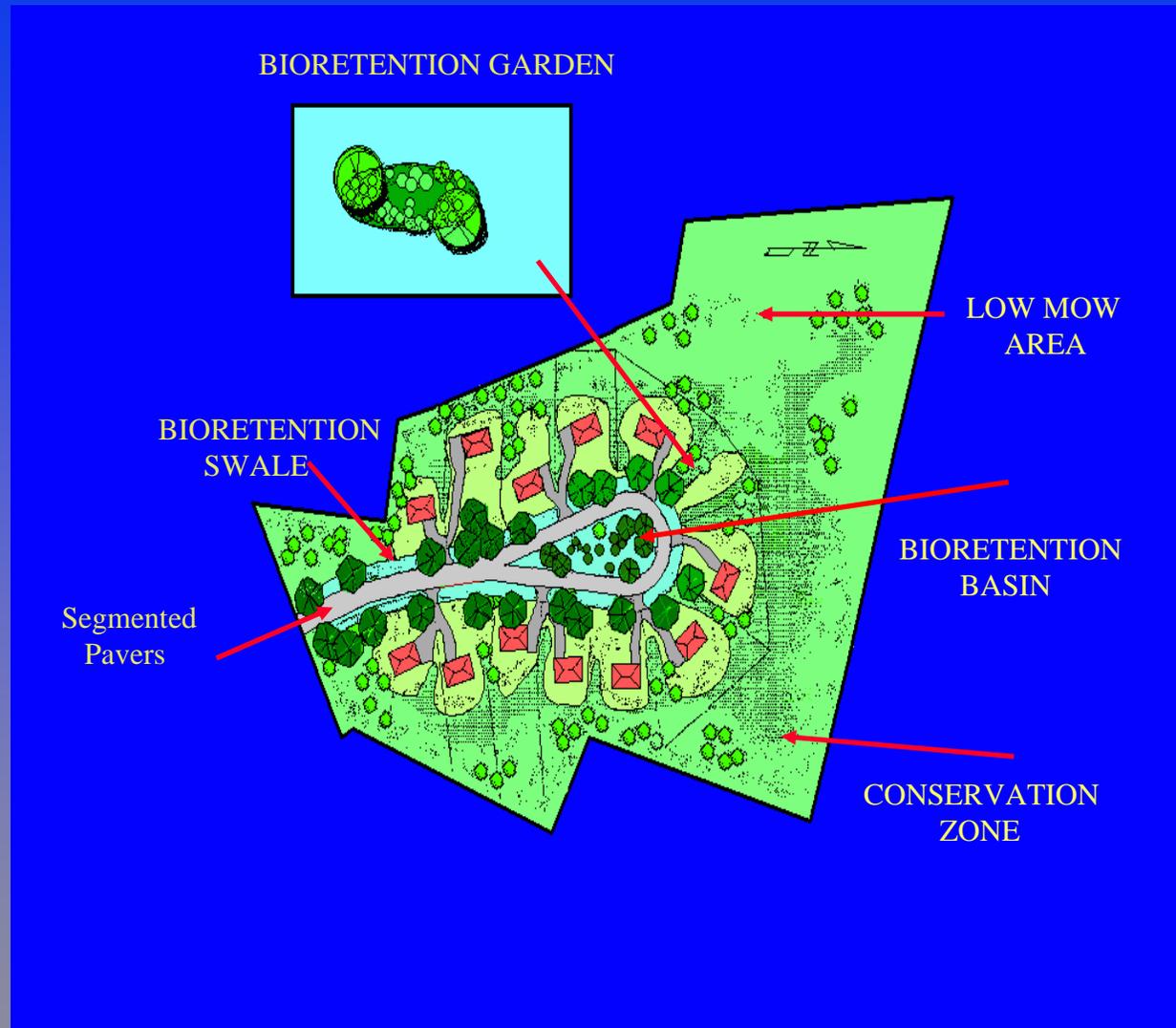
TRADITIONAL
SUBDIVISION



BMP
STUDY AREA

JORDAN COVE URBAN WATERSHED PROJECT
Waterford, Connecticut J. Alexopoulos & J. Clausen

This project is funded in part by the CT DEP through the US EPA
Nonpoint Source grant under § 319 of the Clean Water Act



BMP STUDY AREA

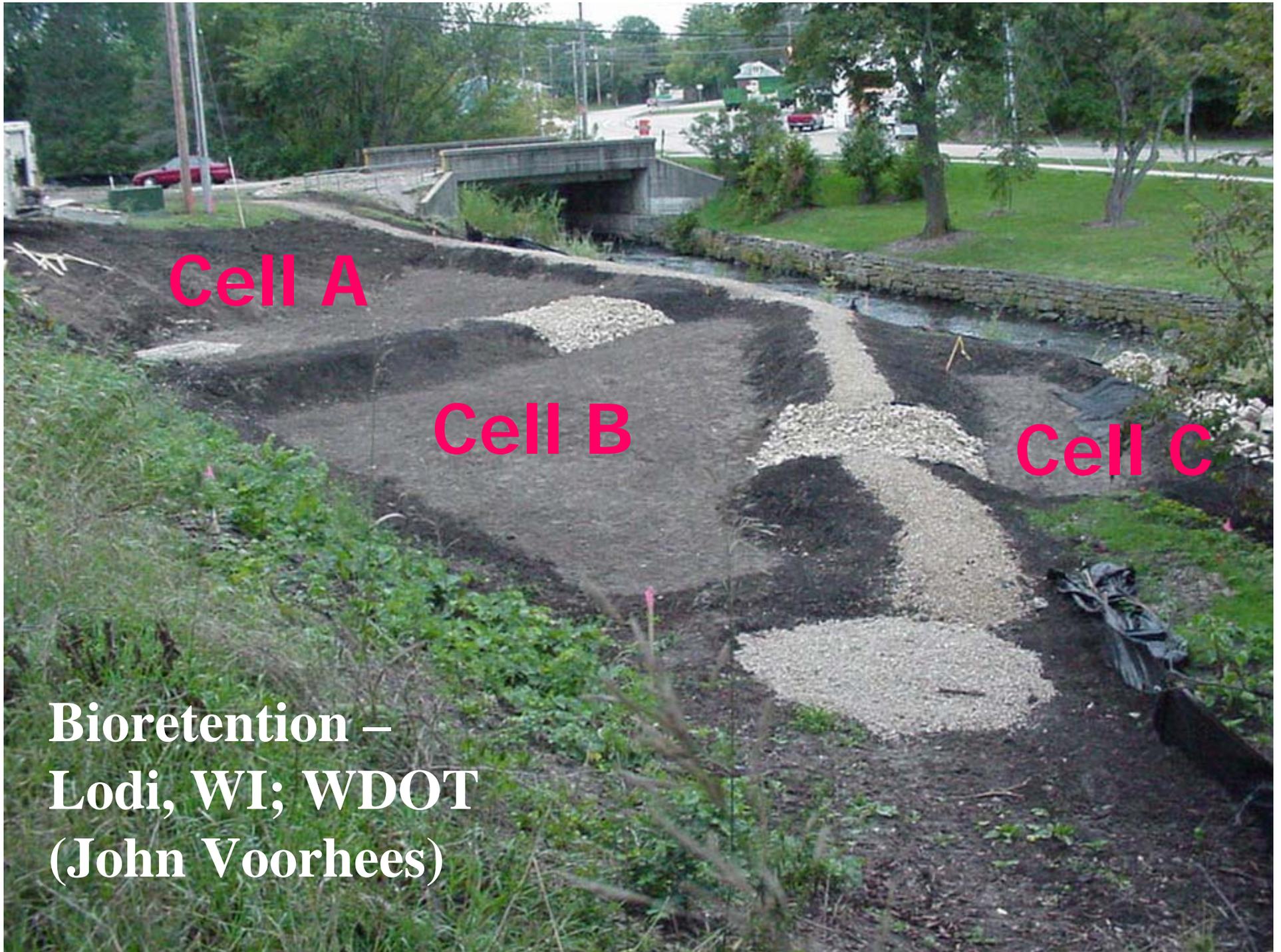
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 D. Gerwick, Engineering

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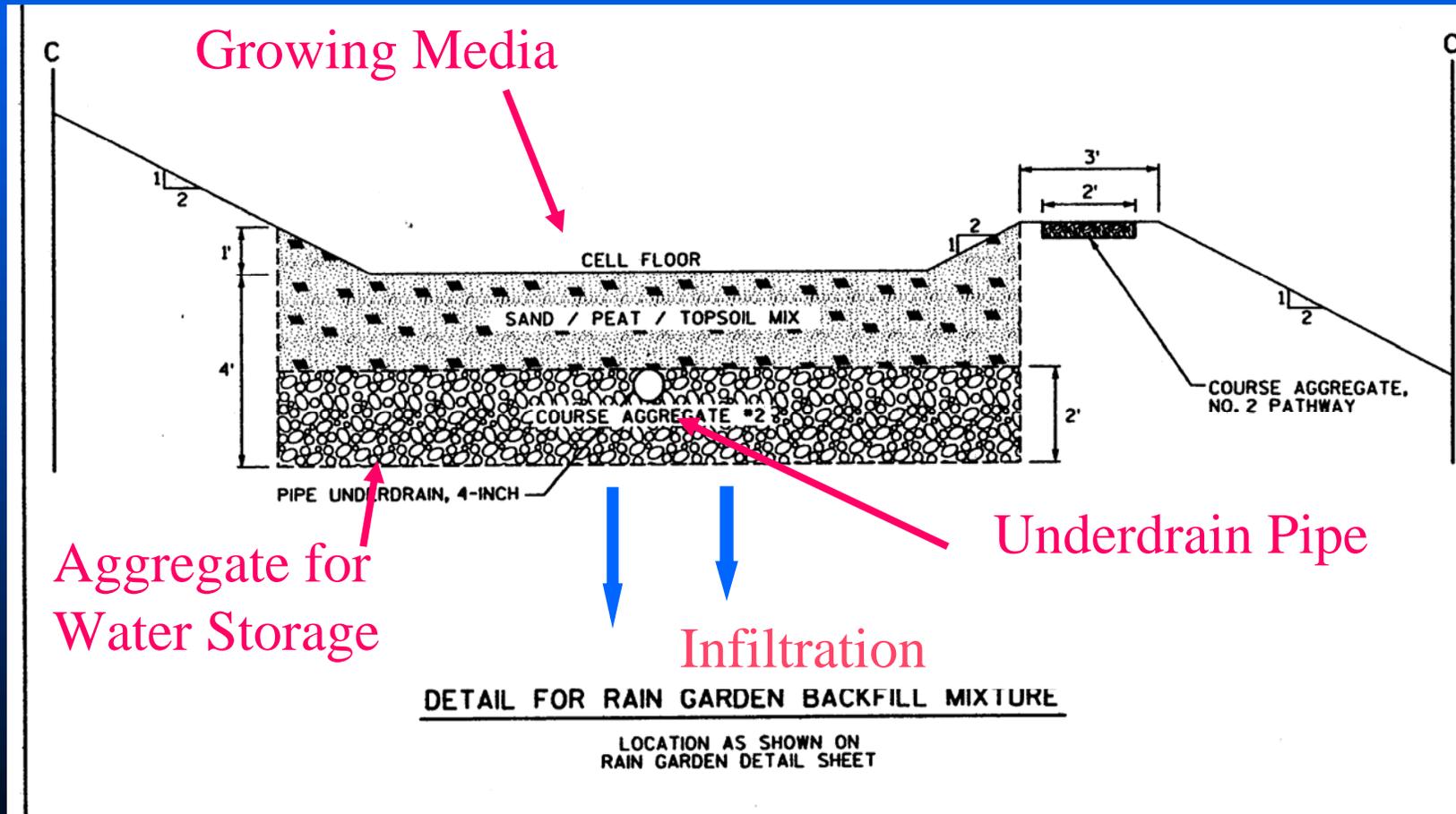






**Bioretention –
Lodi, WI; WDOT
(John Voorhees)**

Bioretention Design





Partnership for Rain Gardens

Partnership for Rain Gardens



Partnership for Rain Gardens





**Partnership for Rain
Gardens**



Rain Gardens At Work!
Rain gardens help absorb, store, and filter rainwater runoff from roofs, parking lots, and paved areas.
A Rain Garden Management Plan has been developed by the University of Minnesota Extension Service.
For more information, visit www.umn.edu/extension/raingardens
or call 1-800-851-9913.















