

SESSION 3 continued

310

A New Type of History Course: How Backward Design and Innovative Writing Assignments Engaged Underprepared Students with Brett Barker from UW-Stevens Point at Wausau

In 2016 I offered a new course-- HIST 100: Introduction to Historical Thinking. Aimed at underprepared students, my approach was to use backward design and innovative writing assignments to engage at-risk students. Learn how I used a variety of assignments to build student reading and writing skills while also introducing them to the concepts and challenges at the heart of historical thinking.

650

Yoga for Busy Professionals with Sallie Scovill

The word *yoga* might sound intimidating to those new to the practice while regular practitioners might feel that just a few minutes each day might not be challenging or provide benefits. How can you learn to apply some of the principles of being present, mindful, setting intentions, connecting with yourself and others help you in your daily life? We will explore basic asanas (postures) that can be done anywhere, along with the other principles of yoga that can benefit our well-being. Just taking a few minutes each day to tune in, breathe, stretch, and be mindful can help reduce stress, increase focus, and benefit your overall well-being. These techniques are also appropriate to share with students to help them in developing skills of self-regulation, enhanced concentration for learning, and promoting well-being for both the instructor and student. This helps cultivate a yoga practice in a convenient, engaging and effective way with a low time commitment. Through the framework of Noticing, Mindful Choice, Practice, Reflection, Integration, you will learn how to empower your students and yourselves with increased self-awareness, the foundation for the development of skills of self-regulation and cognitive control. Absolutely no yoga experience is required. In fact, participants are encouraged to wear regular, comfortable clothing and flat-soled shoes to the workshop as we'll be simulating a classroom experience.

SESSION 4

316

Effective Methods of Searching for OER Materials with Steve Baule, Rebecca Graetz, and Jessica Cook from UW-Superior

This session will provide a summary of some of the most effective search techniques to limit searches to resources available for open use. The session will cover the use of delimited Google searches, several key OER repositories, and the Canvas Commons. The session will also provide a familiarization with several of the current online curatorial tools available to assist instructors and researchers in curating materials for their courses and research projects.

310

Active Learning to Empower Student Success and Creativity with Vera Klekovkina and Rebecca Stephens

During this roundtable discussion, Prof. Vera Klekovkina will explain how she implemented Prof. José Bowen's methodology of active learning, presented in his recent book *Teaching Naked: How Moving Technology Out of Your College Classroom Will Improve Student Learning* (2012). Her students from Foreign Language 381 - *Bad Chicks in Foreign Flicks: Women's Empowerment through Time and in Media* (Fall 2018) will showcase some of their poster and video projects on the course theme of empowerment. Prof. Rebecca Stephens will present an active learning assignment during which her students from WGS 105 - *Introduction to Women's and Gender Studies* (Fall 2018) were asked to locate a gender-neutral bathroom on the UWSP campus and test its accessibility for a physically disabled student. Some of their final posters and comments will be visually reproduced. In today's climate of fiscal hardship contrasted by a plethora of readily accessible information, how do we continue to teach and learn? Interdisciplinarity, collaboration, and resilience could be the answers.

650

Meditation for Beginners - Benefits, Techniques, and Strategies to Reduce Stress and Increase Energy with Sydney Bueno

Studies on meditation show that meditating for a few minutes per day has positive mental and health benefits. Meditation can reduce feelings of depression, anxiety, and anger while increasing energy. Strategies for starting a personal meditation practice, as well as, implementing stress-reducing breathing techniques in the classroom will be discussed. Attendees will be able to identify multiple ways to meditate and strategies to implement a personal meditation practice. The session will close with a short meditation practice.

23rd Annual UWSP Teaching Conference

Teaching Through Change

January 18, 2019 - Albertson Hall

AGENDA

9:30 - 10:00 a.m.

Check-in and Refreshments - 6th floor

Keynote Address:

10:00 - 10:45 a.m. - Room 650

Glendali Rodriguez

Associate Provost for Academic Affairs at UW-Stout

Maintaining Your Values through Significant Shifts in Higher Education

11:00 - 11:45 a.m.

Session 1

11:45 a.m. - 12:45 p.m.

Buffet Lunch - 6th floor

12:45 - 1:30 p.m.

Session 2

1:30 - 1:45 p.m.

Break

1:45 - 2:30 p.m.

Session 3

2:30 - 2:45 p.m.

Break

2:45 - 3:30 p.m.

Session 4



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SESSION SCHEDULE

Time	Room 316 Computer Lab	Room 310	Room 650	Room 403A
SESSION 1 11:00 - 11:45 a.m.	Bats! Authentic Data Driven Inquiry-based Learning with Christopher Yahnke	Coddling, Coping, or Connection: Trigger Warnings and the Classroom with Shanny Luft	Writing as Learning: Collaborating, Workshopping, and Discovering with Jill Stukenberg (UWSP at Wausau), Pat Dyjak, and Ross Tangedal	Chair Massage with Lori Thedens (Reservations at the check-in table)
11:45 a.m. - 12:45 p.m.	Buffet Lunch - 6 th floor			
SESSION 2 12:45 - 1:30 p.m.	Integrating Electronic Resources into Your Course with Terri Muraski and Mindy King	Personal Growth-Nobody Cares More about You Than You! with Todd Kuckkahn	Fostering Student and Faculty Resiliency through Collaborative Teaching with Jeff Kleiman, Laura Lee, and Julie Tharp from UWSP at Marshfield	Chair Massage with Lori Thedens (Reservations at the check-in table)
1:30 - 1:45 p.m.	Break			
SESSION 3 1:45 - 2:30 p.m.	BigInterview - Incorporating Virtual Practice Interviews into Your Curriculum with Sue Kissinger and Rhonda Sprague	A New Type of History Course: How Backward Design and Innovative Writing Assignments Engaged Underprepared Students with Brett Barker from UWSP at Wausau	Yoga for Busy Professionals with Sallie Scovill	Chair Massage with Lori Thedens (Reservations at the check-in table)
2:30 - 2:45 p.m.	Break			
SESSION 4 2:45 - 3:30 p.m.	Effective Methods of Searching for OER Materials with Steve Baule, Rebecca Graetz, and Jessica Cook from UW-Superior	Active Learning to Empower Student Success and Creativity (roundtable discussion) with Vera Klekavkina and Rebecca Stephens	Meditation for Beginners - Benefits, Techniques, and Strategies to Reduce Stress and Increase Energy with Sydney Bueno	Chair Massage with Lori Thedens (Reservations at the check-in table)

SESSION 1

316 Bats! Authentic Data Driven Inquiry-based Learning
with Christopher Yahnke

Ultrasonic microphones have been recording bats in Wisconsin since 2007 as part of the WDNR's Wisconsin Bat Program, a collaboration between bat biologists and citizen scientists. Much of the data has not been looked at by WDNR biologists. My students and I have been compiling data from long-term bat monitoring stations since 2007 and currently have a data set of nearly 400,000 bat calls from four locations throughout the state. Fifteen teams of five students in my mammalogy course used the data set to ask questions and test hypotheses on bat communities. The data set was also used as part of a bat curriculum I developed for state high school students. I will provide examples on how the data set can be used in authentic data driven inquiry-based learning.

310 Coddling, Coping, or Connection: Trigger Warnings and the Classroom
with Shanny Luft

A debate continues to rage across the country over whether trigger warnings are a method of making the classroom an inclusive space or whether trigger warnings infantilize students and erode their resiliency. The first half of this session will offer one model for how Shanny Luft, a professor of Religion in America, has approached the issue of trigger warnings in his classroom. The second half of the session will shift into a roundtable in which the audience is invited to share their own thoughts and experiences--positive or negative--with trigger warnings.

650 Writing as Learning: Collaborating, Workshopping, and Discovering
with Jill Stukenberg (UW-Stevens Point at Wausau), Pat Dyjak, and Ross Tangedal

This panel will invite attendees to think about how writing can engage students in their classrooms and be used as a tool for learning. The three panelists from the English Department will discuss approaches to assigning and using writing that can help teachers create active learning classrooms across the curriculum.

SESSION 2

316 Integrating Electronic Resources into Your Course
with Terri Muraski and Mindy King

Learn about integrating electronic resources - streaming video, electronic books, articles, etc. - into your course. We'll explore identifying and using both library licensed and open educational resources (OER) and the transition of E-reserve services from D2L to Canvas.

310 Personal Growth-Nobody Cares More About You Than You!
with Todd Kuckkahn

In a dynamic, sometimes negative, world, it is more critical than ever to focus on you. Not the narcissistic you, but the personal growth you. Everyone has 24 hours in a day, but how do you prioritize, communicate, grow in leadership with all of the distractions we face? Being busy is a lame excuse for creating resiliency in our lives.

650 Fostering Student and Faculty Resiliency through Collaborative Teaching
with Jeff Kleiman, Laura Lee, and Julie Tharp from UW-Stevens Point at Marshfield

Many approaches to higher-learning based collaborative teaching exist. Among these are the First-Year Experience and Learning Communities, which are among the ten recognized High Impact Practices (HIPs). These HIPs consistently emerge in the literature as promoting student engagement and increased skills for reading comprehension and writing, all of which strongly contribute to degree persistence. This panel and workshop will present different approaches to collaborative teaching; for more than 25 years, the branch campuses have practiced this curricular format to great success, improving student performances along with retention.

SESSION 3

316 BigInterview - Incorporating Virtual Practice Interviews into Your Curriculum
with Sue Kissinger and Rhonda Sprague

BigInterview is an online resource that the Academic and Career Advising Center subscribes to, which helps students master the art of interviewing. It contains thousands of interview questions with tips and sample answers to help students along this journey. There are also wonderful resources for faculty and staff to use including written curriculum and video tutorials. Learn how to create assignments in BigInterview to help your students perfect the art of interviewing before they graduate. Sue will show you all the features of BigInterview, and Rhonda will demonstrate how she effectively uses this platform in her capstone classes.

