

NO PEANUT BUTTER, NUTS, HUMMUS, GREEN PEAS SERVED DUE TO ALLERGY IN CENTER

Menu Week 1



	Breakfast	Lunch	PM Snack
Monday	Cereal – Cheerios* Fresh Oranges Milk	Grilled Chicken Breast Apple Slices Steamed Green Peas Brown Rice Milk	Mixed Vegetables w/Ranch Milk
Tuesday	Biscuit Pears Milk	Baked Potato Topped w/Black Beans, Shredded Cheese Watermelon Wheat Dinner Roll* Milk	Wheat Bread* Thawed Blackberries
Wednesday	Vanilla Yogurt Thawed Strawberries Milk	Cheese or Sausage Pizza* Thawed Blueberries Steamed Carrots Cottage Cheese Milk	Rice Crispy Cereal Milk
Thursday	Bagel* Apple Sauce Cup Milk	Beef Marinara with Pasta* Peaches Steamed Corn Milk	Bananas & Milk
Friday	Hard Boiled Egg Fresh Apple Milk	Grilled Ham & Cheese Honeydew Roasted Cauliflower Milk	Turkey Roll Up on a Tortilla*

Unflavored Whole milk is served to children age 1

Unflavored Skim milk is served to children ages 2 and older

***Whole Grain, Items in Purple are local**

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Menu Week 2



	Breakfast	Lunch	PM Snack
Monday	Cottage Cheese Thawed Blackberries Milk	Chicken Sausage Thawed Strawberries Fresh Diced Potatoes Oatmeal Milk	Blueberry Muffin Milk
Tuesday	Rice Chex Cereal Fresh Oranges Milk	Penne* Chicken Alfredo Watermelon Steamed Broccoli Milk	Apple Slices Milk
Wednesday	Pita Bread Thawed Mixed Berries Milk	Hamburger on a Bun* Banana Roasted Root Vegetables Milk	Carrot Sticks w/Ranch Bagel*
Thursday	Strawberry Yogurt Pears Milk	Baked Chicken Tenders* Mandarin Oranges Steamed Green Peas Milk	Cheerios Milk
Friday	Wheat Bread* Thawed Blueberries Milk	Scalloped Potatoes w/ Ham Peaches Steamed Broccoli Wheat Dinner Roll* Milk	String Cheese Ritz Crackers

Unflavored Whole milk is served to children age 1

Unflavored Skim milk is served to children ages 2 and older

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Menu Week 3



	Breakfast	Lunch	Snack
Monday	Bagel* Applesauce Cup Milk	Turkey & Cheese on a Sub* Thawed Mixed Berries Steamed Carrots Milk	Pita Bread* Cheddar Cheese Slice
Tuesday	Wheat Flakes Cereal Bananas Milk	Baked Ham Pineapple Baked Sweet Potato Fries Wheat Dinner Roll* Milk	Vegetables w/Ranch Milk
Wednesday	Cottage Cheese Apple Slices Milk	Bean & Cheese Tortilla* Quesadilla Thawed Strawberries Steamed Corn Milk	Graham Crackers Vanilla Yogurt
Thursday	Biscuit Thawed Blackberries Milk	Sloppy Joe on a Bun* Fresh Apple Steamed Broccoli Milk	Ham and Cheese Tortilla* Roll-up
Friday	Hard Boiled Egg Watermelon Milk	Beef Tortilla* Tacos Pears California Blend Vegetables Milk	Wheat Bread* Fresh Orange

Unflavored Whole milk is served to children age 1

Unflavored Skim milk is served to children ages 2 and older

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