

UWSP GROUP EXERCISE SPRING 2022

Dates of Operation

In-person classes at the Allen Center

Sunday, January 30 – Friday, May 13

Class schedule available Friday, January 28. Check SPIN for daily class promotions.

No Classes for Spring Break: Friday, March 18 – Sunday, March 27

Current UWSP student participation in Group Exercise is FREE.

Must present UWSP ID at Upper Level Allen Center for access.

Inquire in person: 110 Allen Center

Call 715-346-4711

Email: fitness.recreation@uwsp.edu

Visit Virtually: www.facebook.com/uwsphealthandfitness or
www.uwsp.edu/fitrec

See individual class promotions: www.spin.uwsp.edu



University Centers
University of Wisconsin-Stevens Point
Fitness and Recreation Programs