

PROGRAM TO PROGRAM ARTICULATION AGREEMENT

University of Wisconsin-Stevens Point (UWSP)
 College of Professional Studies
 School of Health Promotion and Human Development
 and
 Mid-State Technical College (MSTC)
 Health & Wellness Promotion Program

Effective Date: March 2020

MSTC Associate Degree: Associate Degree, Health & Wellness Promotion

UWSP Baccalaureate Degree: BS Health and Wellness Management (Online, Collaborative degree)

Purpose: This articulation agreement provides the opportunity for MSTC students who have completed the Health & Wellness Promotion Associate’s Degree, to be awarded the following equivalent credits upon entry to the UW/UWSP Health and Wellness Management Program.

Transfer Courses:

MSTC Courses	UWSP Equivalent courses
General Courses:	
10-801-136 English Composition 1 (3)	ENGL 101 Freshman English (3) (GEP: WC)
10-801-196 Oral/Interpersonal Comm (3) OR 10-801-198 Speech (3)	COMM Elective (3) (GEP: SS) OR COMM 101 Oral Communication (3) (GEP: OC)
10-809-198 Intro to Psychology (3)	PSYC 110 Intro to Psychology (3) (GEP: SS)
10-809-196 Intro to Sociology (3) OR 10-809-166 Intro to Ethics: Theory and Application (3) OR 10-809-172 Intro to Diversity Studies (3)	SOC 101 Intro to Sociology (3) (GEP: SS, USD) OR PHIL 101 Contemporary Moral Problems (3) (GEP: HU) OR EL (GEP: SS, USD)
10-806-177 Gen Anat. & Physiology (4)	BIOL EL (4) (GEP: NSC)
16 credits	16 credits
Occupational Courses:	
Course	Course
10-102-101 Intro to Business (3)	EL (3)
10-509-102 Human Body in Health and Disease (3)	HWM 300 Introduction to Human Health (3)
10-544-103 Healthy Aging (3)	EL (3)

10-546-100 Essential Concepts for H & W (3)	HWM 305 The Wellness Profession (3)
10-546-101 Nutrition for Health Living (3)	FN 151 Contemporary Nutrition (WLN) (2 credits granted)
10-546-102 Behavior Change for Wellness (3)	HWM 370 Understanding and Effecting Health Behavior Change (3)
10-546-103 Principles of Physical Conditioning (3)	EL (3)
10-546-104 Population Health & Wellness (3)	HWM 430 Population Health for Wellness Managers (3)
10-546-105 Program Development, Implementation, & Eval (3)	EL (3)
10-546-106 Health and Wellness Practicum (2)	EL (2)
10-546-107 Health Coaching for the Wellness Professional (3)	HWM 485 Health Coaching for Wellness Managers (3)
10-546-108 Group Fitness Instruction (3)	EL (3)
10-546-109 Youth Wellness (3)	EL (3)
10-564-110 Mental Wellness and Stress Management (3)	HWM 360 Stress, Dependencies and Addictions (3)
10-564-111 Wellness Marketing and Entrepreneurship (3)	HWM 385 Marketing and Communication for Wellness Mngrs. (3)
44 Credits	43 Credits granted

REQUIRED COURSES: (Total 57-78 Credits)

The following coursework will be required upon arrival at UWSP to obtain the Bachelor of Science Degree, Health and Wellness Management (Online, Collaborative degree):

- ENG 202 Sophomore English (WC) (3)
- COMM 101 (OC) (0-3) -- if 10-801-198 not taken
- Quantitative Literacy (QL) (3)
- Art (ART) (3)
- Historical Perspective (HIS) (3)
- Humanities (HU) (0-3) – depends on gen eds taken at MSTC
- Additional credits chosen from the five Investigation Level categories (2-8 credits), depending on gen eds taken at MSTC
- US Diversity (USD) (0-3) – can overlap with Investigation Level courses
- Global Awareness (0-3) – can overlap with Investigation Level courses
- Environmental Responsibility (0-3) – can overlap with Investigation Level courses

- HWM 310 Changes Across the Life Span (3)
- HWM 315 Workplace Wellness Program Management (3)
- HWM 320 Health and Medical Technology (3)
- HWM 325 Health Literacy (3)

HWM 335 Worksite Health Environment (3)
HWM 345 Physical Activity and Nutrition for Wellness Mngrs. (3)
HWM 350 Research and Statistics for Wellness Managers (3)
HWM 405 Survey of Info Technology in Wellness (3)
HWM 460 Leadership and Change Management in Health (3)
HWM 470 Assessment and Evaluation for Wellness Mngrs.(3)
HWM 480 Employee Benefits for Wellness Mngrs. (3)
HWM 493 Health and Wellness Mngmt. Fieldwork Prep (1)
HWM 494 Health and Wellness Mngmt. Fieldwork (3)
HWM 496 Health and Wellness Mngmt. Capstone (3)

****** UWSP University graduation requirements for a Bachelor of Science Degree will need to be completed: 40 credits at 300 and 400 level and 120 total minimum.***

Special Considerations:

1. Students are only eligible to participate in this agreement if transferring from MSTC and formally accepted into the UWSP Bachelor of Science Degree, Health and Wellness Management Program. This acceptance requires a formal application process on the part of the student.
2. The acceptance of credits applies only to this Program-to-Program Articulation and to students transferring within the terms of this agreement.
3. Students transferring must have at least a 2.0 GPA.
4. For acceptance of equivalent courses, MSTC courses must have been completed within the last 5 years. Beyond this period of time, course equivalents will be assessed on an individual basis.
5. The Agreement shall become effective on October 1, 2019 and shall automatically renew on each July 1, for an additional year, unless terminated through written notice by either Party to this Agreement.