

**PROGRAM TO PROGRAM ARTICULATION AGREEMENT**

University of Wisconsin-Stevens Point (UWSP)  
 College of Professional Studies  
 School of Health Promotion and Human Development  
 and  
 Mid-State Technical College (MSTC)  
 Health & Wellness Promotion Program

**Effective Date:** March 2020

**MSTC Associate Degree:** Associate Degree, Health & Wellness Promotion

**UWSP Baccalaureate Degree:** BS Health Promotion and Wellness

**Purpose:** This articulation agreement provides the opportunity for MSTC students who have completed the Health & Wellness Promotion program, to be awarded the following equivalent credits upon entry to the UWSP Health Promotion and Wellness Program.

**Transfer Courses:**

<b>MSTC Courses</b>	<b>UWSP Equivalent courses</b>
<b>General Courses:</b>	
10-801-136 English Composition 1 (3)	ENGL 101 Freshman English (3) (GEP: WC)
10-801-196 Oral/Interpersonal Comm (3) <b>OR</b> 10-801-198 Speech (3)	COMM Elective (3) (GEP: SS) <b>OR</b> COMM 101 Oral Communication (3) (GEP: OC)
10-809-198 Intro to Psychology (3)	PSYC 110 Intro to Psychology (3) (GEP: SS)
10-809-196 Intro to Sociology (3) <b>OR</b> 10-809-166 Intro to Ethics: Theory and Application (3) <b>OR</b> 10-809-172 Intro to Diversity Studies (3)	SOC 101 Intro to Sociology (3) (GEP: SS, USD) <b>OR</b> PHIL 101 Contemporary Moral Problems (3) (GEP: HU) <b>OR</b> EL (GEP: SS, USD)
10-806-177 Gen Anat. & Physiology (4)	BIOL EL (4) (GEP: NSC) ****
<b>16 credits</b>	<b>16 credits</b>
<b>Occupational Courses:</b>	
<b>Course</b>	<b>Course</b>
10-102-101 Intro to Business (3)	EL (3)
10-509-102 Human Body in Health and Disease (3)	EL (3)
10-544-103 Healthy Aging (3)	EL (3)
10-546-100 Essential Concepts for H & W (3)	EL (3)

10-546-101 Nutrition for Health Living (3)	FN 151 Contemporary Nutrition (WLN) (2 credits granted)
10-546-102 Behavior Change for Wellness (3)	HPW 304 Theories & Techniques of Behavior Change (3)
10-546-103 Principles of Physical Conditioning (3)	HPW 312 Exercise Physiology (3)
10-546-104 Population Health & Wellness (3)	HS 395 Epidemiology (3)
10-546-105 Program Development, Implementation, & Eval (3)	HPW 300 Program Design, Techniques & Resources (3)
10-546-106 Health and Wellness Practicum (2) <b>AND</b> 10-546-107 Health Coaching for the Wellness Professional (3)	HPW 430 Advanced Practicum in HPW #1 (3 credits granted)
10-546-108 Group Fitness Instruction (3)	EL (3)
10-546-109 Youth Wellness (3)	EL (3)
10-564-110 Mental Wellness and Stress Management (3)	HPW 320 Developing Stress Management Programs (3)
10-564-111 Wellness Marketing and Entrepreneurship (3)	HPW 410 Promoting & Marketing Wellness (3)
<b>44 Credits</b>	<b>41 Credits granted</b>

**REQUIRED COURSES: (Total 60-84 Credits) \*\*\***

The following coursework will be required upon arrival at UWSP to obtain the Bachelor of Science Degree, Health Promotion and Wellness:

ENG 202 Sophomore English (WC) (3)

COMM 101 (OC) (3) -- if 10-801-198 not taken

Art (ART) (3)

Historical Perspective (HP) (3)

Humanities (HU) (3) – if 10-809-166 not taken

US Diversity (USD) (3) – if 10-809-196 or 10-809-172 not taken

Global Awareness (GA) (0-3) – may be combined with another course used to satisfy another GEP requirements (e.g. ART, HP, etc.)

Environmental Responsibility (ER) (0-3) – may be combined with another course used to satisfy another other GEP requirements (e.g. ART, HP, etc.)

CHEM 101 Basic Chemistry (5) (GEP: NSC)

HD 265 Human Development (3)

FN 253 Intro to Nutrition & Nutrient Metabolism (3)

\*\*\*\* BIOL 101 General Biology (5)

\*\*\*\* BIOL 287 or 387 Essentials of Human Anatomy or Human Anatomy (4)

BIOL 385 Human Physiology (4)

HPW 102 Healthy American (GEP: WLN) (2)

HPW 110 Careers in HPW (1)

HPW 210 Principles and Philosophies of Health Promotion (3)  
HPW 290 Psychological Aspects of Health (3)  
\* MATH 255 Elementary Statistical Methods (QL) (4)  
HPW 301 Wellness Retreat for Pre-Professionals (1)  
HPW 420 Health Promotion Management (IS) (3)  
\*\* HPW 430 Advanced Practicum in HPW #2 in career area (3)  
HPW 445 The Health Promotion Professional (1)  
HPW 450 Internship (XL) (12)

*\* Will need to test in or take pre-requisite*

*\*\* CPR and First Aid Certification required for Practicum*

*\*\*\* UWSP University graduation requirements for a Bachelor of Science Degree will need to be completed: 40 credits at 300 and 400 level and 120 total minimum. Credits additional to those listed here may be required.*

### **Special Considerations:**

1. Students are only eligible to participate in this agreement if transferring from MSTC and formally accepted into the UWSP Bachelor of Science Degree, Health Promotion and Wellness Program. This acceptance requires a formal application process on the part of the student.
2. \*\*\*\* MSTC course 10-806-179: Advanced Anatomy and Physiology (4 credits) will be accepted in lieu of BIO 101, and 287 or 385 requirements.
3. The acceptance of credits applies only to this Program-to-Program Articulation and to students transferring within the terms of this agreement.
4. For acceptance of equivalent courses, MSTC courses must have been completed within the last 5 years. Beyond this period of time, course equivalents will be assessed on an individual basis.
5. The Agreement shall become effective on October 1, 2019 and shall automatically renew on each July 1, for an additional year, unless terminated through written notice by either Party to this Agreement.