

University of Wisconsin-Stevens Point

College of Natural Resources Central Wisconsin Environmental Station 10186 County Road MM Amherst Junction, WI 54407 Phone: 715-346-2937 Fax: 715-346-2493 www.uwsp.edu/cwes

To: Summer Advisors – Summer 2016

RE: NRES 120: Orientation to Campus Life "Lead the Pack" Fall 1 credit course <u>NRES 120 fulfills students 1 credit wellness requirement</u>

Goals

The Lead the Pack Program uses the natural environment as a setting for individual growth, where students from any major direct their focus toward their social and academic futures. First-Year students gain a set of shared experiences to better prepare them for their transition to college. Through engagement with the outdoors, students develop a sense of self and enhance their peer relationships at the Central Wisconsin Environmental Station (CWES), a UW-Stevens Point field station.

Activities - August

Take part in team challenges including fire building, archery, GPS, canoeing, kayaking and spending time on our challenge course. All activities are at a beginner level (no experience necessary) and designed to create a sense of camaraderie and support among peers. Develop leadership skills, make friends, form lasting relationships and learn about college from current UWSP students while sitting around the campfire. CWES is a 200-acre teaching and learning center located 18 miles east of Stevens Point on glacial Sunset Lake. Since 1975, we have been an integral part of the University of Wisconsin-Stevens Point College of Natural Resources.

Dates Available

Session 1: July 31-August 2, 2016 Session 2: August 7-9, 2016 Session 3: August 9-11, 2016. There are 36 available spots per session

Academic Credit – September/October

Students will enroll in NRES 120: Orientation to Campus Life – Section 88, a onecredit course to follow through on the three-day adventure in their first semester. We will meet for six evening sessions scheduled for the first six Thursdays of the fall semester, September 8, 15, 22, 29 and October 6 and 13. Topics covered will include student involvement, residential life, student support resources, community service and recreation. This course will fulfill the 1 credit foundational wellness requirement of the GEP. Students may register online for NRES 120 only if they participate in a Summer 2016 Lead the Pack session.

Questions: Tom Quinn 715-346-2705 tquinn@uwsp.edu