



Experiential learning is the synthesis of a hands-on experience with some relevant aspect of your university education. This synthesis of experience with learning takes place in the context of a structured reflection activity. The learning outcome for the UWSP General Education Program Experiential Learning requirement is to “reflect on the Experiential Learning Activity in order to gain further understanding of one’s university education, and an enhanced sense of one’s personal responsibility as a member of a larger community.”

Note: “Community” in this context is defined as any of the various on- or off-campus departments, units, or organizations with whom students might work to complete their ELA.

Regardless of which type of reflection you choose: written reflection, one-on-one interview, small group discussion, oral presentation, media presentation, journal, or some other method of reflection decided upon by you and your ELA mentor, the questions below are to help guide you in your reflection.

- What did you learn about the people in the community you worked with and their similarities or differences to you?
- How were you able to contribute to the goals of the community you worked with?
- What do you feel was your main contribution to the community you worked with?
- What did you learn during your ELA that enhanced your learning gained in the classroom?
- As a result of your ELA, describe how you practiced and improved on one or more of the following:

skills

oral and/or written communication  
listening  
critical thinking  
problem-solving  
organizational/interpersonal  
leadership  
teamwork  
computer literacy

characteristics

work ethic  
attention to detail  
initiative/motivation  
honesty/integrity  
flexibility/adaptability  
self-confidence

- What impact did your ELA have on your everyday life?
- What insights did you gain through your ELA that might assist you in your future career or in selecting a career?
- What did your activity teach you about community involvement, citizenship and civic responsibility?
- What is the relationship of your ELA to the “real world”?
- What was the most difficult part of your experience?
- If you were to start at the beginning of this ELA again, what would you do differently the second time around?