

First-Year Seminars:

Fall 2016

Course Information & Instructor	Title	Course Description
FYS 101 (Section 01) Tues/Thurs 9:35-10:50 CCC 224 Nancy LoPatin-Lummis	The Band That Changed the World	This First-Year Seminar explores the phenomenon of The Beatles in Great Britain and the "British Invasion" which transformed U.S. social and cultural norms for young people. The story of how four lads from Liverpool, England, ushered in a revolution in music, popular culture, social and religious values, and business practice, and changed history is the topic of this First Year Seminar. The class will explore "Beatlemania" through a variety of materials from history, art, film, poetry, eastern religious studies, business practices, political engagement, and, of course, music, in order to fully understand how the Beatles were more than the greatest rock band ever, but one which truly "changed the world."
FYS 101 (Section 02) Mon/Wed 10:00-11:15 CCC 320 Dorothy DeBoer	Violence in America	Americans are tantalized and terrified by violence. We watch television shows about serial killers, cheer for violent sporting events, and spend billions of dollars on video games that engage players in reckless carnage. Yet, Americans fear violent crime and call for action when violence gets too close to their homes. This class will examine violence in American society and the various issues that surround our fascination with, and fear of, violence. This class will examine the history of violence in America, recent incidents, current violent trends, and the media portrayal of violence. It will also survey programs developed to decrease violence.

FYS 101 (Section 03) Mon/Wed/Fri 11:00-11:50 CCC 226 Mary Bowman	The Lord of the Rings: Three Journeys	As you begin your journey through college, why not draw inspiration from the characters in <i>The Lord of the Rings</i> , or from their creator? There is no university in Middle-earth, but there is plenty of decision-making, planning, learning, and growing (and problems caused by not doing those things), as well as dealing with unexpected obstacles and opportunities. Much of that is true for the writing of the book as well; Tolkien didn't have everything figured out at the beginning either. In this First-Year Seminar you'll learn about J. R. R. Tolkien's personal life and professional career, how those shaped his fiction, and how <i>The Lord of the Rings</i> came to be. You'll also build skills you'll need in college courses as you analyze and discuss the novel, research related topics, and write papers.
FYS 101 (Section 04) Mon/Wed/Fri 11:00-11:50 CCC 232 Robert Sirabian	Heroes, Villains, and Magic: The Worlds of David Copperfield and Harry Potter	This First Year Seminar is for Muggles who want to experience the adventurous, socially-aware, magical worlds of Charles Dickens's David Copperfield and J. K. Rowling's Harry Potter and the Sorcerer's Stone and Harry Potter and the Chamber of Secrets. We will compare and contrast novels, thinking about the parallels between the worlds of the novels and our own. Literature, after all, is an imaginative engagement of life. Films are the perfect complement to novels, so we will watch adaptations of the novels which will help us realize why these novels (and their authors) continue to have popularity and cultural power today. Reading about (and watching) David Copperfield and Harry Potter's adventures, you will have fun considering how you might be the heroes of your own lives as you begin your university adventure.
FYS 101 (Section 06) Mon/Wed/Fri 12:00-12:50 CCC 226 Mary Bowman	The Lord of the Rings: Three Journeys	See FYS 101 Section 03 for a course description

FYS 101 (Section 07)	Back from the Front:	For military veterans and current military service members only
Mon/Wed 12:25-13:40 CCC 114 David Chrisinger	Transitioning from Military to Civilian Life	In this course, we will take an interdisciplinary approach to studying the history of coming home from war. We will also learn to identify the unique and valuable skills you developed in the military and apply them in civilian settings.
FYS 101 (Section 08) Mon/Wed/Fri 13:00-13:50 CCC 232 Robert Sirabian	Heroes, Villains, and Magic: The Worlds of David Copperfield and Harry Potter	See FYS 101 Section 04 for a course description
FYS 101 (Section 09) SEM Tues 9:00-9:50 HEC 116 LAB Thurs 9:00-10:50 HEC 154 Johnny Johnson	Wilderness Leadership Orientation	In this class, students will re-visit their experiences from their Pathways to Point trip and process how they can apply the experiential lessons they learned to their college life. Discussions and active learning strategies will focus on communication, problem solving, group dynamics, and teamwork, and how each of those is relevant to success in college. Students will explore campus involvement opportunities, identify student resources available to them, and connect with other students and faculty. Ultimately, the students will gain the knowledge to create a holistic college experience.
FYS 101 (Section 10) SEM Tues 10:00-10:50 HEC 116 LAB Thurs 9:00-10:50 HEC 154 Johnny Johnson	Wilderness Leadership Orientation	See FYS 101 Section 09 for a course description

FYS 101 (Section 11) Mon/Wed 10:00-11:15 HEC 101 Tom Journell	Raising the Wellness Bar	In this FYS course we will examine how our personal wellness practices are impacted by where we live, learn, work and play. Wellness is a function of more than genetics and making healthy lifestyle choices (e.g., regular physical activity, healthy eating patterns, managing stress, avoiding smoking and drugs, getting enough sleep, practicing safe sex). The choices we make are shaped by the choices we have available to us. Wellness starts in our families, in our schools and workplaces, in our playgrounds and parks, and in the air we breathe and the water we drink. Some neighborhoods do not offer the tools and opportunities for individuals to pursue paths to better health. We will explore strategies and policies that give all Americans an opportunity to choose good health and wellness.
FYS 101 (Section 12) Tues/Thurs 11:00-12:15 HEC 119 Diane Gilbert	Don't Worry, Be Happy	Are you concerned about academic expectations being higher than they were in high school? Is it going to be challenging to manage your time, money and independence? Have you heard that there are social and relationship pressures and expectations in college? If you answered yes to any of these questions, you are not alone! The majority of freshman experience at least some stress as they transition to college. The good news is not all stress is bad! In this course you will discover why it is important to recognize what causes stress, how to eliminate certain stressors and effectively manage others. We will explore campus resources that can be utilized to decrease stress and optimize your academic and co-curricular experience. The real fun begins when we actively engage in stress management and coping techniques including the power of changing our perception. In today's world most of our stress comes from the way we think. So, don't worry, be happy! Come with an open mind and a positive attitude and you will leave with skills and knowledge to manage stress in college and in life.
FYS 101 (Section 13)	What Sports Teaches Us About the World	The world of sports offers us stories that touch on every aspect of life. Sports literature gives us a way to learn about the world and learn life

Mon/Wed 9:35-10:50 CCC 206 Jake Wozniak		lessons. When something happens in our country or the world, there is a sports story that can help to tell the bigger story. In this course, we will use books, book excerpts, short stories, magazines and documentaries to learn about the world of sports as well as the world outside of sports. Students will examine and discuss subjects such as leadership, motivation, overcoming adversity, moral issues, cultural issues and sports place in our culture as well as in other cultures.
FYS 101 (Section 14) Tues/Thurs 9:35-10:50 CCC 232 Jake Wozniak	What Sports Teaches Us About the World	See FYS 101 Section 13 for a course description
FYS 102 (Section 01) Mon/Wed/Fri 9:00-9:50 CCC 324 Jennifer Collins	Culture Shock: Andean Explorations	Beginning college is a bit like traveling to a foreign country; it is exciting and new but can also be disconcerting and intimidating. In a word, you are pulled out of your comfort zone. In this course you will have the opportunity to reflect on your own first year experience as we together explore and learn about the Andean cultures of Latin America. With a focus on Ecuador, Peru, and Bolivia, we will study the early history of this region that was marked by the Inca Empire and the Spanish Conquest; we will learn about the multiple ethnic and cultural groups that live in the Andes as well as the region's dramatic geography; and we will explore a few important current issues, such as the environmental impacts of oil extraction, human rights, etc. From guineas pigs to snow-capped volcanoes, to marimba music, there is much to learn and marvel at in the Andes, and in the process of exploring this region you will also learn some things about yourself and about how to succeed in college.

FYS 102 (Section 02) Mon/Wed 9:35-10:50 CCC 231 Taylor Easum	Students, the '60s and '70s, and Southeast Asia	What would make you march in the streets? Students in America and abroad have long played an important role beyond the classroom. In the 1960s, campuses around America erupted in protest over America's war in Vietnam. In places like Thailand in the 1970s and China in the 1980s, students have risked their lives for political change. In this seminar, we will explore the vibrant and transformative history of student protests, many of which occurred right here in Wisconsin.
FYS 102 (Section 03) Mon/Wed/Fri 10:00-10:50 CCC 324 Jennifer Collins	Culture Shock: Andean Explorations	See FYS 102 Section 01 for a course description.
FYS 102 (Section 4) Tues/Thurs 11:00-12:15 CCC 322 Ismaila Odogba	Witchcraft and Society	Do witches have the power to perform supernatural feats? Can they really cast spells? Is there a logical explanation for these seemingly mystic acts? Why are witches predominantly women and the aged? Witchcraft and the belief in witches has long ceased to be a source of concern in Western society but it remains an active and vital image in the consciousness of people in other parts of the world. This course examines the origin of witchcraft, the practice of witchcraft, and the persecution of witches. Through the rational analysis that scholarship offers, students will gain a better understanding of the prejudices that serve as the basis for generally accepted attitudes and assumptions towards those considered different by mainstream society.
FYS 102 (Section 05) Tues/Thurs 11:00-12:15 CCC 231	Samurai to Hello Kitty: "Pop" Images of Japan	In this course, we will play with, examine, and challenge global "pop" images of samurai, Hello Kitty, geisha, and anime characters that sell Japanese culture as historically warrior-based, sexualized, or "cute." We will study an exciting variety of materials from original 18th century "erotic" woodblock prints to contemporary anime, toys, films, and

Valerie Barske		multi-media advertisements. Weaving together methods from History, Anthropology, and Asian Studies, students will learn how to analyze images, to question racial stereotypes, and to complicate worldwide consumer practices. Beyond the classroom, students will gain the unique opportunity to co-organize and host a public screening of the famous Miyazaki Hayao film "Spirited Away" (2001), a 15th anniversary celebration for this iconic animated masterpiece.
FYS 102 (Section 06) Tues/Thurs 12:35-13:50 CCC 231 Valerie Barske	Samurai to Hello Kitty: "Pop" Images of Japan	See FYS 102 Section 05 for a course description.
FYS 104 (Section 01) Tues/Thurs 9:35-10:50 CCC 238 Dave Barbier	Sustainability: Changing Today for a Better Tomorrow	In this course we will look at sustainability issues through the lens of the Triple Bottom Line: People, Planet, and Profit. We will spend time looking at real examples of how sustainability initiatives and efforts are infiltrating all aspects of our culture. We will also spend time reading and discussing past societies that have proven to be sustainable and those that have not so that we can apply our understanding of those successes to today and learn what we should avoid in our efforts to create a more sustainable global culture.

For more information about UW-Stevens Point's First-Year Seminars, please visit: http://www.uwsp.edu/AcadAff/pages/FYS/default.aspx.